

Spirit of UNION NJ

FREE

UNION'S HOMETOWN NEWSPAPER

Union's Hometown Newspaper

Issue 7 • July 2011

Township of Union will end this year's **FREE SUMMER CONCERT SERIES** on **JULY 21** featuring **FABULOUS GREASE BAND** at 7:30 PM at **BIERTUEMPFEL PARK**

INVENTORS GO UNDEFEATED

The Union Suffragettes Girls Softball Inventors Team, sponsored by Cafe Z Restaurant, were undefeated this season winning all 8 games to come in first place. To celebrate Café Z hosted a party for the team.

At the first game of the season Coach Alex told the girls to hold up their pointer finger indicating that they would be number 1 by seasons end, and they did it! Individual players were also recognized: MVP Ashley Inghilleri – Pitcher; Batting Champ Isabel Santiago; Home Run Champs Sydney Santiago and Gianna Casella; Most Improved Theresa Lewchick.



(above, front row, l-r) Ashley Ovalle, Annie Langan, Briana Pavano, Theresa Lewchuck, Grace Caraglia, Kimberly Cruz. (middle row) Isabel Santiago, Ashley Inghilleri, Tamia Henry, Chauncei Walker, Sydney Santiago, Kylie Queen. (Not pictured Gianna Casella). (back row) Asst. Coach Alex Cruz Jr., Head Coach Alex Cruz & Asst. Coach Candido Santiago.

GALLOPING HILL CRUISERS MONDAY NIGHT CRUISE FOR A CAUSE FEATURES A LUAU



The Galloping Hill Cruisers held a Luau on Monday, July 11. Trophies were awarded for best dressed cars and people. Monday Night Cruise for a cause will take place on Monday nights until October 24, 2011 at the Galloping Hill Inn located at 325 Chestnut St., Five Points Union from 6:00 p.m. to 9:00 p.m.

Admission is free, there is music, games, door prizes. Great food and beverages are available for sale. Proceeds will benefit New Jersey Institute for Disabilities.

JACKIE ROMEO WINS 1ST PLACE IN SOAP BOX DERBY - AGAIN!



(above) First Place winner Jackie Romeo (on left.) and Second Place winner Jonathan Shultz (on right) is pictured holding their trophies. Other participants gather round to show their support. Standing behind them (from left to right) Deputy Mayor Clifton People Jr., Committeeman Manny Figueiredo and Committeeman Anthony Terrezza.

Photo album of Soap Box Derby and other Union events can be found at www.SpritofUnion.com

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TOWNSHIP MEETING DATES & EVENTS

TOWNSHIP COMMITTEE -

The Township Committee meets on the second and fourth Tuesday of each month at 7:30 p.m. at the Municipal Building except in August. The meetings can also be viewed on TV Channel 34 as well as on-line. The station maintains a page with links to meetings on the Township website. Dates and times can be confirmed by visiting the meetings page at www.uniontownship.com

BOARD OF EDUCATION -

Regular Sessions (with the exception of the August regular meeting) will be held in the Library at Union High School, North Third Street, Union, New Jersey. Formal action will be taken at these meetings and may be taken at any special meetings called by the Board of Education.

Please call 908-851-6400 for schedule of meetings.

ZONING BOARD -

The Zoning Board of Adjustment meets every Wednesday of each month at 7:30 p.m. the Municipal Building.

PLANNING BOARD

The regular monthly meetings of the Planning Board are held on the fourth Thursday of each month (except where noted) at 7:00 P.M., in the Main Meeting Room of the Municipal Building, 1976 Morris Avenue, Union, New Jersey 07083.

MUNICIPAL DRUG ALLIANCE -

Meets every 4th Wednesday of the month (except June, July, and August) at 6:00 p.m. in the Bonnel Room of the Municipal Building.

THE UNION GARDEN CLUB

The Union Garden Club will meet on Wednesday, August 3rd in the Bonnell Room of the Municipal Building at 7:00pm. Guests are welcome to attend up to 3 meetings free of charge. Annual membership is \$10.00.

Refreshments are served.

For more information please visit www.uniongardenclub.org

DOO-WOP LUNCHEON

Deborah Hospital, Park Union Chapter is hosting a Doo-Wop Luncheon featuring The Cameos on Sunday, August 21, 2011. Doors will open at 11:00 a.m., luncheon is from 12:00 – 5 p.m. at the Emeralds Irish Pub/Restaurant located at 304 Route 22 West in Springfield, NJ. The cost is \$55.00 per person. All proceeds go to Deborah Hospital. For more information or for tickets please call 908-451-0004 or 908-851-9185

SUMMER BIKE NIGHT AT UNION ELKS CLUB ON AUGUST 8TH

The Union Elks Motorcycle Club will host a family friendly event on Aug. 8th featuring a D.J. from 6 p.m. – 9 p.m. Food and beverages will be available for purchase. The Elks Lodge is located at 281 Chestnut Street in Union.

SpiritofUnion.com

The website features up to date articles, a calendar of events, archives of Spirit of Union and photo albums of events.

Spirit of Union is published by Renna Media. Five thousand newspapers are printed monthly and mailed free to every business in Union and distributed free at distribution sites throughout town. Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

Advertising in this newspaper

Each month 5,000 newspapers are printed and 3,000 are mailed free to every business in Union with the balance being distributed free throughout town.



Reserve your space in the next issue. Call Tina today at 908-418-5586 or email info@rennamedia.com



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2011 NATIONAL NIGHT OUT

Neighborhoods throughout Union are being invited to join forces with thousands of communities nationwide for the "27th Annual National Night Out." National Night Out, which is sponsored by the National Association of Town Watch and locally by the Union Police Department, involves over 9,400 communities from all 50 states, U.S. territories, Canadian cities and U.S. Military bases.

The Township of Union Police Department would like to cordially invite all residents in the Township to National Night Out Against Crime, on Tuesday, August 2, 2011, at Police Headquarters, from 5 p.m. til 10 p.m. We welcome you all to join us for a night filled with live DJ entertainment, attractions, and snacks and beverages. The attractions include a "DUNK A COP," sponsored by Ray Catena of Union & Union PBA # 69, Face Painters, sponsored by FOP Lodge # 35, a "Bounce House," sponsored by Special Improvement District. Enjoy all this while getting to interact with your local public service employees to fight against the war on crime, violence, gangs, drugs and alcohol.

Parking will be available at Burnet Middle School, 1000 Caldwell Avenue.

The Township of Union Police Department's

Crime Prevention Unit has sent letters and registration forms to all Civic Associations and Block Watch Groups within the Township, advising them of this event and requesting their participation. National Night Out is designed to: (1) Heighten crime and drug prevention awareness; (2) Generate support for, and participation in, local anticrime efforts; (2) Strengthen neighborhood spirit and police-community partnerships; and (3) Send a message to criminals letting them know neighborhoods are organized and fighting back.

In addition to the evening neighborhood activities, on August 2nd between 10 am and 2pm, the Union Police Department will be providing Child I.D. cards, complete with fingerprint and photograph. The sponsor and location for the I.D. Cards will be the Investors Savings Bank, located at 977-979 Stuyvesant Ave, at Union Center. The Union County Police Department will be providing child seat installation checks during the hours of 10am and 2pm, at the Investors Savings Bank. Seat belt checks will be conducted in the municipal lot in the rear of Investors Savings (along side the Main Library). This portion of National Night Out is being sponsored by Investors Savings Bank.

Anyone interested in participating in National Night Out or receiving additional information should contact the Township of Union Police Department's Community Policing/Crime Prevention Unit at 851-5252.



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COLUMBIETTES SUPPORT CHARITIES



(above, l-r) Gina Zangari, Vice President of Columbiettes; Stephen Bell, Matt Bell, Marlene Bell and Billy Malone, Chairman Camp Fatima of NJ.

The Union Columbiettes, which was formed in 2009, is a Women's charitable organization affiliated with the Union Knights of Columbus. The organization held a Tricky Tray on April 9 to benefit various charities.

On June 14, the Columbiettes distributed \$11,000 to the charities selected at an event held at the Union Knights of Columbus which is located at 1034 Jeanette Avenue, Union.

The following amounts were donated to the respective charities: Columbian Club \$1,000, Knights of Columbus Council 4504 \$1,000, Columbian Swim Club \$1,000, Camp Fatima \$3,000.00, Ryan Bell Memorial Playground Fund \$3,000, Team Zoey Progeria Foundation \$1,000, Benefit of Hope Hospice \$1,000, Union Food Pantry \$1,000.

UNION COUNTY COLLEGE'S INDUSTRY-BUSINESS INSTITUTE OFFERS NEW INTRODUCTION TO LOGISTICS CLASS FOR TLD AND RELATED INDUSTRIES

Transportation, Logistics and Distribution industries grew faster than any other business sector in New Jersey since the 2008 economic downturn. The Industry-Business Institute (IBI) at Union County College is offering a new Introduction to Logistics course to meet the demand for highly skilled workers and managers in these fields. Who should take this course? Prospective employees, existing managers and supervisors and other professionals.

HERE ARE THE HIGHLIGHTS:

Participants learn math specific to the industry (including the metric system), practice their map reading skills and test their knowledge of world geography. Communication skills, customer service, team building and logistics vocabulary are all part of this curriculum. Industry specific documentation, such as airway bills, export forms and commercial invoices are introduced as well as MFP and TMS software.

Course consists of 48 hours of instruction, scheduled for two three hour sessions per week

for eight (8) weeks and will be held at the Dr. Thomas H. Brown Center on Union County College's Elizabeth campus, 40 W. Jersey Street, Elizabeth, NJ 07202. Interested students may register for an afternoon session or an evening session.

This training is offered free through a NJBIA (New Jersey Business Industry Association) Grant. Call Lisa Hiscano for details on eligibility at 908-965-2358. Or, email her at Hiscano@ucc.edu.

SCHEDULE OF COURSE OFFERINGS:

Tuesdays/Thursdays-

September 20 through November 3

Session 3: Afternoon session: 2:30 – 5:30 pm

Session 4: Evening session: 6:30-9:30

Visit the IBI at www.ucc.edu and click on Business and Community to find our link to info and registration forms. Or become a fan of IBI on Facebook to keep up to date on our latest training offerings.



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ELKS CLUB FLAG DAY CELEBRATION

The Union Community came together on Flag Day, June 14th, to participate in a Flag Day celebration hosted by the Union Elks Club. The ceremony included the history of our flag, and culminated in a flag burning.

The United States Flag Code outlines certain guidelines for the use, display, and disposal of the flag. When a flag is so tattered that it can no longer serve as a symbol of the United States, it should be destroyed in a dignified manner, preferably by burning.

(below) The Elks Club's Boy Scout Troop 63 and Cub Scout Pack 163 along Washington School Brownies Troup 322 participated in the Club's annual Flag Day celebration.



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LIBRARY HOURS: Monday – Thursday: 10 a.m. to 9 p.m. / Friday: 9 a.m. to 5 p.m. / Saturday: 9 a.m. to 5 p.m.

INTERNATIONAL FILM FESTIVAL / SUMMER 2011

To be Screened at the Union Public Library Through August 9th.

Six countries are represented in the program: France, Belgium, South Korea, England, South Africa, and Australia.

The films will be screened twice, with show times beginning at 2:00 P.M. and at 6:30 P.M. on successive Tuesdays. Admission to the series is free.

Mademoiselle Chambon

Tuesday, July 19th @ (2 & 6:30 PM)
(France, 2009) Drama. 101 mins. (Not Rated)

Mao's Last Dancer

Tuesday, July 26th @ (2 & 6:30 PM)
(Australia, 2009) Drama. 117 minutes (Not Rated)

The Way Home

Tuesday, August 2nd @ (2 & 6:30 PM)
(South Korea, 2002) Drama. 80 mins. (PG Rated)

The Concert

Tuesday, August 9th @ (2 & 6:30 PM)
(Belgium, 2009) Drama. 107 mins. (PG-13 Rated)

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Thursday: 10:30 a.m. to 5:30 p.m.
Friday: Closed
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THE CHILDREN'S DEPARTMENT

Vauxhall Branch

Bedtime Storytime

Mondays, August 1st, 8th, 15th, 22nd and 29th at 7:00pm.

for children of all ages and their caregivers
No registration required.

Preschool Storytime and Craft Program

Tuesday, July 19th & August 2nd at 11:00am.
Preschoolers, ages 4 and 5, and their caregivers are welcome to attend. No registration required.

"Tales from Down Under" Storytime and Craft Program

Thursday, August 4th at 2:00pm.
Children of all ages are invited to attend.
Space is limited. Signup is required.

"Cool" Movie Program

Fridays, July 22nd and August 5th, 12th and 19th at 2:00pm.
for children of all ages and their caregivers.
No signup required.

"Noodlehead" Storytime and Craft program

Thursday, July 21st at 2:00pm.
for children in grades 1 through 6.
Space is limited. Signup is required.

"Don't Bug Me" Craft program

Tuesday, July 26th at 10:30am.
for children of all ages and their caregivers.
Space is limited. Signup is required.

"Monster Tales from Around the World"

Storytime and Craft Program

Thursday, July 28th at 2:00pm.
This program is for children in grades 3 through 6.
Space is limited. Signup is required.

"Around the World with Presley and Melody" musical performance

Friday, July 29th at 2:00pm.
Children of all ages are invited to attend.
Space is limited. Signup is required.

"No Passport Needed" Storytime and Craft Program

Thursday, August 9th at 2:00pm.
Children in grades 3 through 6 are invited to attend.
Space is limited. Signup is required.

"Tales from the East" Storytime and Craft Program

Thursday, August 11th at 2:00pm.
Children in grades 2 through 6 are invited to attend.
Space is limited. Signup is required.

Preschool Bingo

Tuesday, August 16th at 10:30am.
for children, ages 3 – 5 and their caregivers
No registration required.

Library Bingo

Tuesday, August 16th at 2:00pm.
for children in grades 1 through 6.
No registration required.

"Under the Oceans" Storytime and Craft Program

Thursday, August 18th at 2:00pm.
Children in grades 1 through 6 are invited to attend.
Space is limited. Signup is required.



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SENIOR EXPERT SHARES LIFE-AFFIRMING MESSAGE

“Life is an Adventure, so Stay Engaged and Active”

Elizabeth, New Jersey The Auxiliary of Trinitas Regional Medical Center welcomed Richard “Rick” Stone, Executive Director of the Senior Citizens Council of Union County, who shared his more than three decades of knowledge of senior health and societal issues with an audience at Trinitas recently. Dr. Stone, whose PhD is in life-span developmental psychology from West Virginia University, informed the audience that there is increasing knowledge of older citizens thanks to a variety of factors, including the growing study of gerontology.

“Thirty or 40 years ago, there was plenty of information about young people but very little was known about the health and wellbeing of people as they aged,” Dr. Stone explained. “Better health care and better nutrition are helping people live longer now as we see growing numbers of people in their 80’s and 90’s and those who are 100 years old or older.”

It’s important to maintain a positive attitude. “Some people go into a panic when they see the first signs of aging and the health issues they may have as they get older,” the psychologist noted. “Simply put, life can be an adventure. As people get older they should never stop doing what they have done their whole lives simply because they are older.” Dr. Stone cited the work of Maggie Kuhn, founder of the Gray Panthers in the 1970s, stressing, “She believed that too many people accepted stereotypes about what it meant to be ‘old.’ She worked hard to change that view and, decades later, we’re still

reaping the benefits of her progressive thinking.”

Dr. Stone recommended that older people remain active, engage with younger people, keep up with lifelong hobbies and interests, and consider retiring to an area where public transportation, culture and entertainment are readily available instead of more remote suburbs. He further emphasized that society overall needs to refocus on the potential of aging, instead of the debilitating aspects of becoming older.

He reminded the audience that volunteering energizes older people. “It’s better to think about ‘giving back’ to society rather than concentrating on ‘getting’ services and entitlements.”

Continuing its tradition of volunteerism, community health education and commitment to the mission of Trinitas Regional Medical Center, the Auxiliary is a committed group of volunteers who dedicate their time and energy to a variety of events and programs. The Auxiliary of Trinitas Regional Medical Center fosters interest among its members and throughout the community in the work of Trinitas, provides and encourages volunteer service for and in the hospital, and sponsors and conducts fundraising activities for the benefit of the hospital. The Auxiliary also offers educational programs on health-related subjects for the community. For more information about the Auxiliary, its programs, and how to become a member, call 908 994 - 8988.



(above, l-r) Sam Rodriguez of Elizabeth spoke with Dr. Rick Stone following the psychologist’s talk at Trinitas Regional Medical Center. Stone accepted an invitation from the Auxiliary of Trinitas Regional Medical Center to address an audience about increasing societal awareness of senior health and life issues.

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