

Watchung Post

Watchung's Hometown Newspaper

NJ

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WATCHUNG - WARREN ROTARY CLUB

Meets every Tuesday
at 12:15pm
at the Twin Brooks
Country Club,
600 Mountain
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DAN IS THE THIRD EAGLE SCOUT IN THE KENNY FAMILY

On Saturday, June 20, 2013 the Eagle Court of Honor for Daniel Kenny of Troop 235 took place in North Plainfield's Vermeule Center. Congressman Leonard Lance and the Honorable Michael Giordano, Jr., Mayor of North Plainfield presented special commendations. As a resident of Hunterdon County, Congressman Lance spoke of his own family ties to North Plainfield – his father was a teacher at North Plainfield High School in the 1930's – and compared this to the Kenny family's experience as both Hunterdon County residents and a strong Eagle family in North Plainfield. Dan is the third Eagle Scout in the Kenny family, following in the footsteps of his older brothers, Mark and Ryan. Their mother, Maria was a Den Leader in Pack 149 in Middlesex until all the boys graduated to Troop 235 where their father, Tim, has been Committee Chairman since 2000. Even after moving to Readington in 2004, the family remained in the North Plainfield troop.

Mark became Eagle and graduated from St. Joseph HS in Metuchen in 2007, received a BA in Film and Video from Drexel University in 2011, has a Production Assistant credit on Star Trek Into Darkness and is currently working in the Art department of the next Star Wars film. Mark's Eagle project was to refurbish a gazebo and build and install bird houses in Middlesex Park.

Ryan was awarded Eagle Scout in 2011, graduated early from Hunterdon Central in January 2012 and is living with his brother Mark in LA while he attends NY Film Academy at its Burbank, CA campus. Ryan's Eagle project was to resolve an erosion issue and beautify the area on the slope between the entrance to the North Plainfield Library and the parking lot, as well as to replace the railroad ties at the



(above, l-r) Kenny Eagle Family:
Mark, Tim, Daniel, Maria, Ryan.

bottom of the slope with a block curb. He fund raised over \$3,000 from local residents, community organizations and businesses.

Dan was awarded Eagle Scout this year, graduated from Hunterdon Central on Friday, June 19 and will be attending Roanoke College in Salem, VA in the fall, majoring in Creative Writing. His goal is to work for DC Comics. Dan's Eagle Project was to dig 2 dry wells behind Vermeule Mansion in North Plainfield, where 4 drain spouts were diverting rain water onto the sidewalk and into the parking lot, causing dangerous conditions – especially in the winter. After digging the wells and diverting the down spouts underground with perforated drain pipe, 5 ½ tons of stone were used to fill the wells and cover the drain pipes. Then 3 tons of farm clean soil covered the area where 14 boxwoods were planted and grass see was spread.

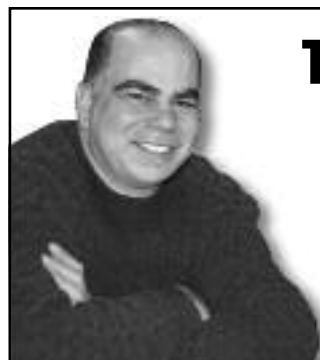
QUARTERLY DRUG DISPOSAL PROGRAM PLANNED AT WARRENBROOK

Consortiums Gathered Unused Medications in Somerset County Warrenbrook Center

In an effort to prevent prescription drug abuse, the Somerset County Department of Human Services through funding by the New Jersey Governor's Council on Alcoholism and Drug Abuse (GCADA) collaborated with the Somerset County Sheriff's Office, EMPOWER Somerset and Safe Communities Coalition and with the cooperation of the Office on Aging and Disability Services held a program on July 8, 2013 at the Warrenbrook Senior Center to collect expired and unused prescription drugs. The Sheriff's office collected the unused prescriptions and

returned them to the Sheriff's collection box for destruction. In addition, the Somerset County Retired Nurses Society and Single Senior Women's Group presented a "rap" skit about the harmful effects of prescription medication abuse.

The Sheriff's Office is coordinating a quarterly drop-off date and time at the Warrenbrook center where the public could drop off their expired or unused prescription drugs in a portable collection box. An officer would return the items for safe disposal at the Sheriff's Office. The exact dates are still to be determined.



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Discounted rates for advertising in this newspaper are offered to members of the Somerset Hills Business Network call Joe Renna at 908-447-1295 for more information about placing an ad. The group which is part of the Gateway Regional Chamber of Commerce is offering a special recession rate of just \$100 for new members! Call or email Kate Conroy at 908-352-0900, or kateconroy@gatewaychamber.com for the special application and grow your business!

WATCHUNG ATHLETES COMPETE IN TRIATHLON

On June 30, 2013, the Patanella's Doc & Sok Sprint Triathlon was held at Watchung Lake. The event was limited to the first 400 participants and was sanctioned by the USA Triathlon Organization. The contestants had to swim 1/3 mile, bike for 10 miles and run 5k (3.1 miles). Awards were given to the Top 3 overall male and female contestants, 3 deep in 5 year age groups, plus the Top 3 Clydesdale males over 200 lbs. The famous Patanella Push up and Sit Up contest followed the race and was open to

all racers! The event included family fun, food, raffles and DJ music!

The overall winner was Kevin Portmann, age 27, with a time of 54:44.

Ray Churchill, 46, of Watchung finished 9th for males between ages 46 and 49 with a time of 12 1:17:34.31. David Chemidlin, also of Watchung finished 6th for males between the ages of 55 and 59 with a time of 11 1:32:19.57.

Results can be found at compuscore.com/cs2013/june/doksok.htm.



(above, l-r) Joe Cina, Adam Wexler, Gary Greves, Andrew Hartstill.

Photos by Jen Pote

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EAGLE SCOUT INSPIRES HEAVENLY DEED

The highest rank a Boy Scout can achieve is Eagle Scout. To reach this rank, the Scout must demonstrate what he has learned through his Scouting experience and what has become part of his character: Leadership, the ability to convert a vision to reality, and dedication to helping others.

This is proven through his "Eagle Scout Service Project" – an undertaking of significant effort that will improve the lives of others in his community and have lasting value. When Eagle Scout Freddie Hayeck of Watchung set out to plan and develop his Eagle Project, he knew he wanted to do something different and with a long-lasting impact for his beneficiary. His brother, Tony, had already earned Eagle Scout rank the previous year.

With the help of his fellow Scouts, leaders, and family he lead the combined effort of Two troops – BSA Troop 32 from Watchung and BSA Troop 33 from Fanwood – Scotch Plains to design, build and established a chicken coop for the Augustinian Recollect Nuns in Belvidere NJ, to help the Nuns become self-sufficient while providing them with a healthy diet of rich, tasty eggs, this undertaking took over 450 hours.

The Augustinian Recollect Nuns is a Catholic Order that can be found in Spain, Mexico, the United States, Africa, and in the Philippines. They are established in two Councils or

Federations, one based in Spain and the other in Mexico. Though members of a Council, each monastery of Nuns is autonomous, having a prioress at the head of each community. The religious members of the Monastery of the Immaculate Conception are part of the Mexican Federation. These Nuns were located in Irvington NJ for the last 8 years; last summer the moved to an 80 acre monastery located in Belvidere, New Jersey. These orders of Nuns maintain their contemplative way of life though the making of liturgical vestments (some are hand painted) and linens, baking, catering, and repair of religious statuary. The life of an Augustinian Recollect Nun is one of prayer, sacrifice, adoration, study, and manual labor. They rely on donations and on themselves without any economic support from the Archdiocese. Therefore the construction of the chicken coop has alleviated some of the daily economic burden they face to buy eggs.

Through the generous support from The Knights of Columbus Council #14675 in Watchung, The Saint Mary's Church- Stony Hill, Houston Lumber and numerous private donors, Freddie's vision materialized as a sound structure that houses several dozen chickens. The chicken run is strong enough to guard from predators, even the coyotes that roam the property!



(above) Eagle Scout Freddie Hayeck with Augustinian Recollect Nuns in Belvidere, New Jersey

WATCHUNG-WARREN ROTARY CLUB
 Meets every Tuesday at 12:15pm
 at the Twin Brooks County Club,
 600 Mountain Boulevard, Watchung, NJ.
 For more information about the club and
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WATCHUNG SENIORS CLUB
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 Regular meetings on the
 Second Wednesday of each month:
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DIGGING INTO READING, HERBS AND ANIMALS!



(above) **HAPPY READERS:** Originally from Watchung, Doris Stine and her granddaughter Anna Importico of Warren, stop by Watchung Library to pick up more great books for summer reading.



(above) **MONITOR LIZARD IN THE HOUSE:** As part of the library's DIG INTO READING summer, children attending the *THEY CAME FROM BENEATH THE EARTH* program presented by Bill Boesenberg of Snakes-n-Scales and Turtle Tales, were introduced to several unusual animals that live or hide underground. These included a tarantula, tortoise, legless lizard, toad, salamander, monitor lizard and yellow anaconda. Pictured is a monitor lizard, which the children were able to touch.

Children can "Dig into Reading" at the Watchung Library this summer and a whole lot more. This summer reading club combines reading with other related interactive programs. During a SCENTSATIONAL HERBS program presented by Maria Rossi of the Environmental Education Center of the Somerset County Park Commission, children smelled and tasted a variety of herbs in iced tea and a cheese spread, transplanted a rosemary plant to take home, and then helped to weed the Herb Garden, which was planted by Brownie Troop 65631 earlier in the summer.

Rosemary plants that the children received were donated by the Garden Club of Watchung, as were the Growums Gardens that were raffled off as prizes during the program.

In addition each week, the library is featuring an underground animal. Ants, foxes and snakes have been introduced. Badgers, rabbits, skunks, moles and worms are yet to come. Children can

learn about, and sometimes possibly see, the underground creature of the week. In addition to unearthing interesting facts about each creature, children can make a craft and select from a variety of stories and informational books about the animal. Children who read eight books about underground animals this summer will win a plush Burrow Buddy Bunny of their very own.

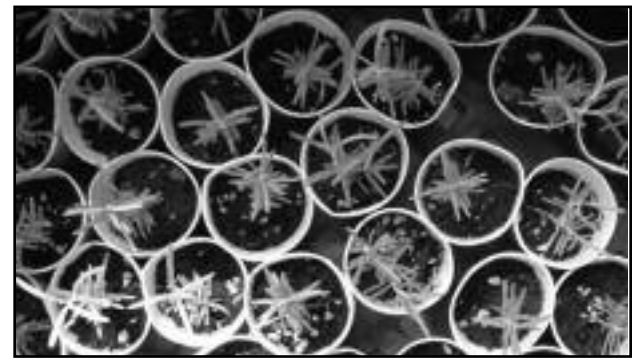
The Philadelphia Zoo brought several live animals and animal artifacts to introduce readers to amazing world of underground creatures. Other animals included a legless lizard, a rabbit and a burrowing owl (for those of you who read *Hoot* by Carl Hiaasen).



(above) *Children Help Weed Watchung Library's Herb Garden.*



(above) Adinah Greene (left) of the Philadelphia Zoo's Zoo on Wheels introduces Calee Goldstein of Watchung to Pinky the Armadillo, one of the animals who live beneath our feet.



(above) **FLORA AND FAUNA NEWS:** Thanks to the Garden Club of Watchung, children are leaving the library with a free rosemary herb to plant at home. Pictured here are the aspiring sprouts. It is amazing to see how these herbs have grown!



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Any questions, email Matt Buglovsky (mrbsbaseballcamp@yahoo.com)

WATCHUNG LIBRARY PROGRAMS

Watchung Library is located at 12 Stirling Road in Watchung, behind the Watchung Arts Center.

For complete program registration information, please check the online calendar (www.somerset.lib.nj.us, then go to Evenys/Programs for Watchung).

Program information is subject to change, so also look online for updated programs and additions.

Dig into Silly Songs Concert with Mr. Kurt Gallagher

Tuesday, July 30 at 11:00 AM

Ages: 2 and Up. Kurt Gallagher keeps his young audiences moving, giggling and making music as they stomp, slap, clap & flap along to his interactive music. A few lucky audience members will be invited to join Kurt on stage to sing! You'll hear playful songs and see several instruments demonstrated. Children and parents will leave with a smile on their faces, a story worth remembering, and a song in their hearts.

Stories for Twos with Elaine

Monday, July 22 at 10:30 AM

Ages: 24 to 35 Months with Caregiver (Child MUST BE 24 MONTHS old when program begins) Enjoy books, crafts, music, and more for the very young.

Reading! Can You Dig It?

Tuesday, July 23 at 11:00 AM

Ages: 4 and up. Let award-winning singer-songwriter Patricia Shih dig into the steps of learning how to read and love books! You'll hear songs about understanding and speaking language, storytelling, visiting a library, and finally writing a book of one's own. All audience-participation songs enchant and excite with sing-along, movement, sign language, dancing, games and prizes, and much more! Presented by Patricia Shih.

Earthworks

Wednesday, July 31 at 11:00 AM

Presented by: Mad Science. Ages: 6 to 12 You'll discover what the earth is composed of and how various forces combine to create rocks and minerals. Explore what's inside an ordinary-looking piece of rock to discover the beauty that lies beneath its surface. Then learn about the forces that create earthquakes, the natural faults in the earth's crust and what makes volcanoes EXPLODE!

Cookie Review Days!

Fridays in July

Ages: For all who would like to write a review Write a review about a book you've read on a Cookie Review card, and get a cookie or other treats while supplies last. Raffle tickets will be given for reviews.

Fizzing Rocks

Monday, July 22 at 7:00 PM

Ages: 7 to 10. What kids wouldn't love magic rocks that have treasures hidden inside? Discover the science behind magic treasure rocks!

Rock & Roll: The Dirt on Soil!

Wednesday, July 24 at 11:00 AM

Presented by: The Morris Museum. For Grades 1 to 4. Discover the world down under your feet! Explore the formation of soil through natural earth processes of weathering and erosion. Learn why soil and its conservation are important. You'll see various samples of amazing rocks and minerals. This program is made possible by The Garden Club of Watchung.

Teen Readers Roundtable

Tuesday, July 9, 23, from 7:00 PM to 8:00 PM

Ages: For Grades 6 to 12. Need a suggestion for something to read? Discovered a great book? Discovered a horrible book? Share what you know with other readers. The Teen Librarian will share what she knows about some new books and the prize books.

Project Runway: Apocalypse Style

Wednesday, July 31 from 7:00 PM to 8:30 PM

Ages: For Grades 6 to 12. The Setup: the apocalypse has happened but there are a few survivors living underground, using whatever supplies they can find on the surface. The Question: what happens to fashion? Teams will choose from the supplies provided and create an outfit for a team member to wear 'on the runway'. Prizes will be awarded in various categories. Will you create 'The Look' for the end of the world?

Beads Become Bracelets

Thursday, July 25 from 7:00 PM to 8:30 PM

Ages: For Grades 6 to 12. Start with beautiful beads and create a unique bracelet of your own, with help from jewelry maker and artist Eva Sienkiewicz.

Stories for Twos with Elaine

Monday, August 19 at 10:30 AM

Ages: 24 to 35 Months with Caregiver (Child MUST BE 24 MONTHS old when program begins). Enjoy books, crafts, music, and more for the very young.

Much More Fun for Munchkins Storytime

Tuesday, August 27 at 11:30 AM

Presented by: Mrs. Fine. Ages: 2 1/2 to 3 with Caregiver Enjoy books, songs, fingerplays, flannel-board stories, puppets and crafts - of course!

Family Night with Elephant and Piggie

Thursday, August 8 at 6:30 PM

Ages: 3 to 5. Read some Elephant and Piggie stories together, enjoy some facts, fingerplays and songs featuring that funny pair of friends.

Miss June's Room

Thursday, August 1 at 11:00 AM

Ages: 4 to 6. Don't miss MISS JUNE! Relax and have fun making a project, hearing a story and enjoying a snack.

Yucky Worms!

Tuesday, August 6 at 10:00 AM

Presented by: Youth Stages Ages: 4 to 6 Enjoy this participatory story where grandma and her grandchild are in the garden together. You'll learn some scientific facts about planting and gardening activities as well as about worms, moles, and birds. Creative drama is an improvisational, non-exhibitional form of drama, where participants are guided by a leader to imagine, enact, and reflect on experiences real and imagined.

Leisa's Lollipop Hour

Wednesday, August 14 at 10:00 AM

Ages: 5 to 8. A craft, a snack, and stories, usually based on holiday or special theme - Join us!

Bubble Worms

Tuesday, August 13 from 5:30 PM to 7:00 PM

(Rain Date: Monday, August 19)

Ages: 4 and up. Outdoor Fun: This is a drop in program where we will be using recycled bottles, socks, and dish detergent to create sock bubble worms.

Diary of a Worm

Tuesday, August 6 at 11:00 AM

Ages: 7 to 9. Presented by: Youth Stages This funny day-by-day guide to the life of a worm will be our script for acting. We will learn how to scare humans, walk upside down, and eat our homework! Participants will be guided to use their imaginations!

Dig into Reading Movie: The Secret Garden

Wednesday, August 21 at 1:30 PM

Ages: Children through Adults (Children under the age of 12 must be accompanied by an adult)

Mary Lennox is an orphan sent to live in her reclusive uncle's forbidding mansion filled with secrets, including a crippled cousin she didn't know she had. She discovers a neglected garden and is determined to bring it back to life.

Cookie Review Days!

Fridays in August

Ages: For all who would like to write a review Write a review about a book you've read on a Cookie Review card, and get a cookie or other treats while supplies last. Raffle tickets will be given for reviews when the treats run out.

Crazy Game Show Mash-up .

Wednesday, August 7 from 7:00 PM to 8:30 PM

Ages: For Grades 6 to 12. We've jumbled ideas from TV game shows into a crazy version of our own. Can you win it? Of course there will be prizes for this one.

Teen Readers Roundtable

Tuesday, Aug 6, 20 from 7:00 PM to 8:00 PM

Ages: For Grades 6 to 12. Need a suggestion for something to read? Discovered a great book? Discovered a horrible book? Share what you know with other readers. The Teen Librarian will share what she knows about some new books and the prize books.

Beneath the Surface - Movie Night

Wednesday, August 28 from 6:00 PM to 8:00 PM

Ages: For Grades 6 to 12. Many movies go on a journey through the earth. We'll gather a selection and vote on which one to see! We'll be using some PG13 rated movies, so this program is recommended for students age 13 and up.

Groundbreaker Movie: Brassed Off

Wednesday, August 14 at 7:00 PM

Ages: Adult. Can you recognize the stars from British films and television in this movie? If you're a fan of Downton Abbey, Ballykissangel and Poirot, you'll find some familiar, though slightly younger faces here.

From the coal mines of Britain, comes a story of hope.

Based on a true story, Brassed Off is about a small Yorkshire mining town threatened with being shut down, and the only hope for the town's men is to enter their Grimley Colliery Brass Band into a national competition.

When Gloria (Tara Fitzgerald) appears carrying her flugelhorn, she's mocked for being a woman, but quickly revives the band's interest in competing.

In joining the band she puts her relationship with her childhood sweetheart Andy (Ewan McGregor) on the line. The movie reflects both the struggles and the hopes resulting from the closing of the mines in Britain during the Thatcher government. Rated: R

Rated: R

Energy Meditation Class

Monday, Aug 5, 12 at 10:15 AM

Ages: Adult. Presented by: Patricia Barron This seated meditation will be guided by the instructor with meditative music to circulate your energy on a physical, mental and emotional basis. This class is based on principles of Chinese Medicine. It will teach you how to quiet the mind by using the structure of your body, and your focus on certain parts of your body, to become more mindful of the present moment. This practice will free up your energy so you will feel calm yet enlivened and rejuvenated. All meditations on done while seated on a chair so all are welcome to participate.

Mah Jongg Club of Watchung

All Ages. The Monday Mah Jongg Club of Watchung meets every Monday from 1:00 to 4:00 PM at Watchung when the library is open. On either the third or fourth Monday of the month (depending on holidays), Mah Jongg meets following the Tasty Bites and Books Book Club, at approximately 1:30 PM. The Tuesday Mah Jongg Club of Watchung meets most Tuesdays. Contact Melanie Novello at Novello1800@aol.com, for more information, or to be placed on the distribution list to receive e-vites for both clubs. No fee - All welcome!

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Watercolor Paint Class 9:00-11:30 Living Well Yoga and Meditation 10:30 Zumba Gold 10:45-11:30	Bingo 10:00 Free Ballroom Dance Lessons 12:30-1:30 Ballroom Dancing 1:00-3:00 Bridge 1:00-3:00	Oil Painting 9:00 Healthy Bones 10:00 Chair Exercises 10:45 Zumba Gold 11:30-12:15 Free Ballroom Dance Lessons 12:30-1:30 Ballroom Dancing 1:00-3:00	Watercolor Paint Class 9:00-11:30 Bingo 10:00 	Healthy Bones 10:00 Brains and Games 10:30
Watercolor Paint Class 9:00-11:30 A Touch of Sinatra 10:30 Zumba Gold 10:45-11:30	Bingo 10:00 Free Ballroom Dance Lessons 12:30-1:30 Ballroom Dancing 1:00-3:00	Oil Painting 9:00 Healthy Bones 10:00 Chair Exercises 10:45 Blood Pressure Check 10:30 Zumba Gold 11:30-12:15 Free Ballroom Dance Lessons 12:30-1:30 Ballroom Dancing 1:00-3:00	Watercolor Paint Class 9:00-11:30 Bingo 10:00	Healthy Bones 10:00 Ancient Greece Morris Museum 10:30
Watercolor Paint Class 9:00-11:30 Lunch and a Movie Les Miserables 10:00 Zumba Gold 10:45-11:30	Bingo 10:00 Free Ballroom Dance Lessons 12:30-1:30 Ballroom Dancing 1:00-3:00	Oil Painting 9:00 Healthy Bones 10:00 Cholesterol Health Screening 10:30 Chair Exercises 10:45 Zumba Gold 11:30-12:15 Free Ballroom Dance Lessons 12:30-1:30 Ballroom Dancing 1:00-3:00	Watercolor Paint Class 9:00-11:30 Bingo 10:00 Internet On-line Safety 11:10	Healthy Bones 10:00 Art 4 All Make a Terracotta Bud Vase 10:15
Watercolor Paint Class 9:00-11:30 Fall Prevention 10:30 Zumba Gold 10:45-11:30	Bingo 10:00 Free Ballroom Dance Lessons 12:30-1:30 Ballroom Dancing 1:00-3:00 	Oil Painting 9:00 Healthy Bones 10:00 Zumba Gold 11:30-12:15 Chair Exercises 10:45 Free Ballroom Dance Lessons 12:30-1:30 Ballroom Dancing 1:00-3:00	Watercolor Paint Class 9:00-11:30 Bingo 10:00 	Healthy Bones 10:00 You and Perception 10:30

Somerset County Senior Centers... for Lifelong Enrichment: Wellness, Learning and Recreational Programs/Events & Community Service Projects. Enjoy a Delicious & Healthy Lunch for a suggested contribution of \$2.00 or more...People under age 60 must pay full price of \$6.50. Please call Lorraine at 908-753-9440 before 10:00 am at least one business day ahead to make your lunch reservations. Transportation is available for those who do not drive.

NEIGHBORS & NEWCOMERS CLUB!

The Neighbors & Newcomers Club of Watchung Hills has been welcoming both new and existing residents from Warren, Watchung, Long Hill and Green Brook for over 35 years. Members receive a monthly newsletter highlighting the Club's activities and events for the month. The Club offers a variety of activities such as monthly meetings featuring guest speakers; special interest groups including Bunco, book club, day trips, knitting, fun in the kitchen; evening socials including game night, wine tasting, and candlelight dinners.

For additional information, please contact Laura Merizio at (908) 490-0140, or at ajmlam4@aol.com. Feel free to visit our website: www.nncwhnj.org.

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