

# The PRIDE of North Plainfield



North Plainfield's Hometown Newspaper

Published by Renna Media On-line at [ThePrideofNorthPlainfield.com](http://ThePrideofNorthPlainfield.com)

ISSUE 15 • AUGUST 2013

**SENIOR  
PICNIC**  
Saturday  
**SEPT 28th**  
12:00 – 4:00 PM  
**VERMEULE  
COMMUNITY  
CENTER**  
Open to all  
North Plainfield  
Residents  
Age 55 and Older

## NORTH PLAINFIELD FAMILIES HOST INTERNATIONAL STUDENTS

By Mollie Helck

In July, North Plainfield and a few surrounding towns, had the honor of hosting eleven international students and two chaperones in their homes. The students, who arrived on July 8th and stayed for three weeks, came from France, Italy, Spain and Switzerland. Host families provided them with room and board and welcomed them with a big warm American welcome!

The students were sponsored by Academic Adventures in America, a non-profit agency headquartered in Summit. Our students were part of a larger group who were hosted by families in Summit, Middletown and Easton, PA. During their three week stay here, they traveled to New York City, Princeton University, Long Branch Beach, Jersey Gardens Mall and spent a weekend visiting Philadelphia, Baltimore and Washington, D.C. where they visited historical monuments, museums and the White House.

During their stay, the students attended class, taught by Marie Burke, on instruction in conversational English and American culture. Once again, Saint Joseph's Parish House kindly allowed the use of their conference room. The students were given homework to complete with their host families and acted out skits during



class to practice their English.

As part of their experience in North Plainfield, the students were given a tour of downtown North Plainfield, the Fire Department and Police Station. The students were very impressed with all that North Plainfield has to offer and were very sad to leave.

All host families involved found the experience to be extremely rewarding, some families hosting for the 2nd or 3rd year in a row! Sandi Helck, who hosted 3 students this year, remarked how she loves welcoming students each summer and believes she gets as much out of the experience as the students.

Many friendships were made, and many tears were shed as the families said goodbye to their students.

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## SUPER BUY RITE WINES AND LIQUOR OF NORTH PLAINFIELD WILL HOST NETWORKING EVENT FOR BUSINESS ASSOCIATION



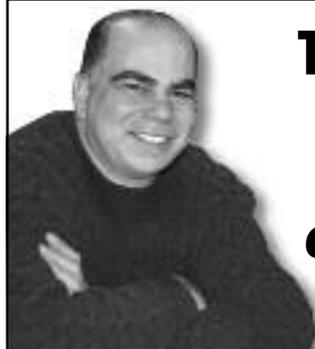
*Todos los negocios estan  
bienvenidos a participar  
sin ningun cargo.*

*The North Plainfield Business Association  
will hold its next networking event on*

*Thursday, September 12, 2013 from 6:00 pm to 8:00 pm.  
at Super Buy Rite Wines and Liquor of North Plainfield  
located at 967 Route 22 West, North Plainfield*

*The event is free for any business, member or non-member.  
Food will be furnished by local restaurants, delis and bakeries.*

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## THIS SPACE IS NOW AVAILABLE FOR ADVERTISING!!!

*Reserve space in the next issue. Call Joe Renna at (908) 447-1295*

**Each month this newspaper is mailed to  
6,500 homes and businesses in North Plainfield**

*Email: [joerenna@rennamedia.com](mailto:joerenna@rennamedia.com)*

# The PRIDE of North Plainfield

The Pride of North Plainfield is published by Renna Media. 6,500 newspapers are printed monthly and are mailed to businesses and homes in North Plainfield, NJ and are distributed for free pick-up throughout town.

Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

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## Message from the President

### SEPTEMBER CHAMBER EVENT AT SUPER BUY RITE LIQUORS

I hope everyone had a good summer, however, for those of us who are self-employed, it means no vacations, it's only hotter weather and were still working.

The next Business meeting will be held at Super Buy Rite Liquors on Rt 22 West next to Gertrude Hawk Chocolate. Manager Peter Patel is gracious enough to ask wineries to come and let us taste and buy wine from them. This is a FREE event and open to all businesses not only members of the Business Association. Food will be furnished by local restaurants, delis and bakeries. We would like a head count so we can order enough food. We ask you RSVP to me either by e-mail at peplastics@gmail.com or my office phone 908-757-1909.

We will be inviting members from the Tri-County Chamber of Commerce to join us. So bring lots of business cards and buy some wine.

For those who asked about my business development; Eddy's Kitchen has set a tentative opening date for Sept 1.

After 2 months of being closed we hope to be open September 1. We have transformed our deli into a comfortable place to come and enjoy home cooked food. Everything has been replaced. New 4 burner stove, 36" griddle, cheese melter tray and two 30" ovens. A commercial deep fryer and another bain marie.

We have all new mahogany stained furniture and table tops made by the Amish. Our 10 ft coffee bar will include Organic coffee, healthy sweeteners and Almond milk. We also redecorated the restroom. Ashley, Laura, Tami and I went for the WOW effect. Everything was thrown out, remodeled and redecorated. Even our staff is made up of very experienced local people. We hope you come and enjoy our deli as much as much as we did creating it.

Thank you,

*Peter Eddy*

President

Contact NPBA c/o P&E Plastic Fabrication Co.,  
 24 Craig Place, North Plainfield, NJ 07060  
 Eddy@peplastics@gmail.com or call 908-757-1909

*The NPBA's mission is to promote the economic, professional and civic welfare of North Plainfield. It will provide an opportunity for all types of local businesses to band together and promote commerce in our town. The Business Association will work closely with North Plainfield's government (and with trade organizations throughout Somerset County and NJ) to ensure our local business interests are protected. There is strength in numbers: member businesses will take advantage of shared marketing costs, as well as a rich community of neighbors to help them network and get their brand out in the market.*

## NEW MEMBERS

North Plainfield Business Association

### Camp-Out Inc.

Nikki Scott 908-757-1700  
 nicoleelizabeth5@Yahoo.com

### Farmers Insurance Group

Michael Nelson 908-912-6522  
 mnelson@farmersagent.com

### Goutmet Goodies

Rachel Gwyn 908-279-5065  
 chocolateffewench@yahoo.com

### Joshua's Closet

Sandi Helck 908-756-8356  
 arhelck@verizon.net

### PC Express 24/7

Herman Carmona 908-917-8303  
 hermancarmona@hotmail.com

### Word Processing Diva

Colleen Carpenter 908-756-3040  
 wordpdiva@gmail.com



## North Plainfield Business Association

*"Working for You"*

### MEMBERSHIP APPLICATION

Company \_\_\_\_\_ Website \_\_\_\_\_

Contact \_\_\_\_\_ Type of business \_\_\_\_\_

Address \_\_\_\_\_

Membership: \$45 \_\_\_ Check \_\_\_ Cash

Phone \_\_\_\_\_ Date of Application \_\_\_\_\_

Fax \_\_\_\_\_ Pay to the order of NPBA

Email: \_\_\_\_\_ Mail to: NPBA c/o P&E Plastic Fabrication Co.  
 24 Craig Place, North Plainfield, NJ 07060

Contact Peter Eddy at 908-757-1909

# JIHAD WOMACK DELIVERS NORTH PLAINFIELD HIGH SCHOOL VALEDICTORIAN SPEECH

Did you know that the human body replaces 98% of its atoms each year? I wonder what happens to the other 2 percent... Or that a group of giraffes is called a tower? Did you know that stressed backwards spells desserts, which makes it perfectly okay to eat something sweet in times of stress! I know these facts seem a bit random, and you may be wondering why on Earth I am telling you them. The process of gaining knowledge, using it to learn more about ourselves is our goal as we mature into the people we all want to be. Doing so will allow you to redefine yourself as the knowledge is all around us.



Jihad Womack, Class of 2013

We can grow and mature from it... if we choose to. After today, we are all embarking on different journeys; whether it is to continue to college, a trade school, the military, or right into a career, keep trying to increase your knowledge as much as possible.

Before we all embark on our journeys, there is something important I want all of us to do: Reflect. Reflect upon some of the good times we have had at NPHS: the Volley cheese tournament that the Elites won; our beautiful and fun senior prom at the Stone House; going from getting booed at our first Pep Rally to winning first place during the hall decorating contest as "Snow Day Seniors", and many more events, which if I kept listing every wonderful thing our class has done, I'd be up here until tomorrow, so I'll spare you! But even importantly, I would like us to do something else. Reflect inwardly and examine yourself--are you the young woman or young man that you've

always wanted to be? If so, how can you keep applying yourself in such a way that you continue to be that young woman or man. If not, how can you grow and mature so that you do

become the young man or woman that you have always envisioned yourself to be? For some of us, it may take these next two months to figure this out. It may take your freshman year of college or the beginning of your military pursuit. Or it may take the next few years to figure out who you want to be as a person. Quite frankly, learning and growing is a lifetime pursuit.

I know that many of us are nervous for our futures, because we are not quite sure what to expect in life. And that is okay. However, I also know that each and every single one of us is capable of overcoming our fears about the next phase of our lives because we all have the ambition and determination to succeed. We are Canucks.

I know it is pretty hot out here, so I'm going to wrap things up by leaving some advice: Remain resolute to your path in life and always seek knowledge. Mistakes are normal and all right, as long as you reflect upon them. Do make sure to learn from them too. We have looked in the mirror. We have seen a Canuck. As we move on, we need to reflect upon ourselves to make sure that we live up to the values that have been instilled in us.

I know everyone has a bright future ahead of them, and I am so glad that I got to experience high school with you all.

Congratulations Class of 2013--we did it! Thank you.

# HOW CAN A SPARKLY DRESS CURE CANCER?

By Mollie Helck



How can a sparkly dress cure cancer you may ask...when the dress is part of a yard sale held by Joshua's Closet. Joshua's Closet is a family run non-profit organization made as a way to honor the life of Joshua James Johnson Helck, and give back to the Cancer Institute of New Jersey for the amazing care he received prior to his passing in 2007 as well as raise funds for cancer research. Led by Joshua's mother Sandi Helck and sisters, Joshua's Closet collects donated items such as clothing, linens, and plastic toys and sells them at yard sales or to A&E Clothing Corporation, which in turn pays 17 cents per pound. All monies raised is then donated to the Cancer Institute of New Jersey Foundation. Since 2009, the non-profit has donated more than \$6,000 to support cancer research.

For more information on donating items or area yard sales, go to [joshuascloset.webs.com](http://joshuascloset.webs.com) or email [joshuascloset@live.com](mailto:joshuascloset@live.com).

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## NEW BOY SCOUTS VENTURING CREW

The North Plainfield Elks and the Boy Scouts of America Patriot's Path Council are proud to announce the creation of a new Boy Scouts of America Venturing Crew here in North Plainfield.

Do you like to squeeze every last drop of adventure out of life? Enjoy exploring new and far-off places? How 'bout hanging out with your closest friends? Well then, you'll LOVE Venturing. From experiencing the thrill of zip lining and the accomplishment of rock climbing, to the heart-pounding charge of whitewater rafting, you'll have the time of your life with your best friends in Venturing.

If you're ready to travel to new places, meet new friends, and go on high-adventure excursions, then Venturing is the place for you.

It's a coed program for teens and young adults ages 14-20 (or 13 and have completed the eighth grade) who are just like you.

The new crew is forming up and is looking for both scouts and scout advisers (adults). This is a high adventure program that is youth led. We are always looking for new members. They will be joining the other Boy Scout Units here, Pack 135 West End School, Pack 17 East End School, Troop 235 West End School and Troop 17 Watchung Avenue Presbyterian Church.

If you would like further info you can go to [www.BeAScout.org](http://www.BeAScout.org) or [www.scouting.org/Youth/ContinueAdventure/Venturing.aspx](http://www.scouting.org/Youth/ContinueAdventure/Venturing.aspx)

For info on this crew directly, please call Tom Ventriglia at 908-412-0847 or email at [ThomasVentriglia@gmail.com](mailto:ThomasVentriglia@gmail.com).

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# NATIONAL NIGHT OUT

The North Plainfield Police Department's tenth annual Emergency Vehicle Expo and PBA cookout was held to commemorate National Night Out on Tuesday, August 6, in the municipal parking lot across from Borough hall.

The Police Department had a variety of police vehicles on display as well as the Somerset County Prosecutor's Office Emergency Response Team's armored truck known as the Bear. The North Plainfield Fire Department also held a static display of the Department's

apparatus. Patrolman Benevolent Association local 85 donated funding for a barbeque cookout along with frozen ices. Area vendors also participated such as Safeguard Document Shredding from Manalapan, New Jersey, which accepted paper documents from borough residents from shredding at no cost to the Borough.

Chief Parenti said about 350 residents showed up and were able to meet their public safety officials in a relaxed and informal setting.



(above, l-r) Detective Michael Innella, Lieutenant Gerry Clyne, Sergeant Brian Rosko, Chief William Parenti, Mr. Jose Igleias of Safeguard Document Shredding, Captain Brian Tufaro.

# NORTH PLAINFIELD SENIORS GO WESTERN

The North Plainfield Seniors' Club Paper, "News and Views" will be celebrating its 7th birthday on Tuesday, September 10, 2013 with a special program and luncheon.

The Western-themed program will feature the Pettet Family who will sing Country/Western songs. The program will begin at 11:00 am. Luncheon will be served at 12 noon.

Seats are limited! NO TICKETS WILL BE SOLD AT THE DOOR AND NO ONE UNDER THE AGE OF 21 WILL BE ADMITTED. All reservations must be in by September 1st.

For further information or to purchase a ticket for this event please contact Eleanor at (908) 756-7417.

## WESTERN ROUND-UP

**TUESDAY, SEPTEMBER 10, 2013**

Program – 11:00 AM

Luncheon – 12 Noon

Menu Options (Choose One)

#1) 3 Chickens Fingers w/2 Onion Rings

#2) Chili w/2 Onion Rings

Lunch includes choice of toppings, choice of beverage, and cake for dessert.

Cost of Ticket: \$5.00

Special Permit# 14000821. No One Under 21 Permitted. No Tickets Sales at Door

Name: \_\_\_\_\_

Menu Choice: \_\_\_\_\_

Amount Paid: \_\_\_\_\_

Date Paid: \_\_\_\_\_

Drop form at Community Center  
614 Greenbrook Road, North Plainfield.

## SENIOR CITIZENS HAPPENINGS

The North Plainfield Senior Citizens group meets every Tuesday at 10:30 am at the Community Center located at 614 Greenbrook Road, North Plainfield.

The Group also sponsors a bus trip to the Golden Nugget Casino in Atlantic City the second Wednesday of each month. For reservations call Elsie at 908-755-9347. For more information regarding membership and transportation call Frank 908-757-6353.

## SENIOR BUS SCHEDULE

The North Plainfield Senior Citizen Bus is available to all North Plainfield Seniors. To arrange to ride the bus and for more information, please call 908-753-0707.

The following is the bus schedule:

**Monday:** Shop Rite

**Tuesday:** North Plainfield Senior Citizens Club

**Wednesday:** Stop and Shop & Wal Mart

**Friday:** Sears and Somerset Farms

The bus starts picking up passengers at about 9:00 A.M.

Please call at least 24 hours before you need the bus.

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## INDIVIDUAL NEWSPAPERS

Units	Size	Non-Members*	Members*
1	Business card 3 1/4" x 2"	\$60	\$50
2	3.25" x 4"	\$100	\$90
4	6.5" x 4"	\$180	\$160
6	10" x 4"	\$240	\$200
9	Half Page 10" x 6"	\$320	\$260
12	10" x 8"	\$360	\$300
18	Full Page 10"x13.5"	\$400	\$350
	Back Cover 10"x13.5"	\$500	\$450

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 and business (720)  
 in Kenilworth.



**Qty: 5,000**  
 4,000 mailed to  
 homes & businesses.  
 1,000 dropped at  
 ditribution points.



**Qty: 6,500**  
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 and business (500)  
 in Clark.

*Each newspaper has a corresponding website featuring an archive of past issues, photo albums, events calendar and advertising opportunities.*

## FARMER'S MARKET PRODUCE FEATURED AT LIBRARY COOKING PROGRAM

Things really got cooking at the North Plainfield Library on July 17. Paul Alirangues, Volunteer Manager of the North Plainfield Farmer's Market, demonstrated his mad culinary skills and love of healthy food for an enthusiastic audience.

Paul started out by making an eggplant caponata appetizer sampled on bread. Next, he whipped up a frittata chock full of vegetables, including summer squash, bell pepper, roasted onion, fresh garlic, and topped off with fresh New Jersey mozzarella. Paul rounded out the summer meal with a tasty peach cobbler. A very happy crowd sampled each dish and couldn't say enough good things about Paul and his cooking.

You may request the recipes by emailing Selwa Shamy at [sshamy@sclibnj.org](mailto:sshamy@sclibnj.org) and write Farmer's Market Cooking Recipes in the subject line. The Farmer's Market takes place Saturdays 9:00 a.m. to 2:00 p.m. across from Borough Hall, 263 Somerset St.

For more upcoming library programs visit the Somerset County Library System website at [www.sclsnj.org](http://www.sclsnj.org). You may also keep up with local happenings by liking the North Plainfield Library and Farmer's Market on Facebook.



(above) Paul Alirangues, Volunteer Manager of the North Plainfield Farmer's Market, shows off the vegetable frittata he created with local fresh ingredients at Library program.

## NORTH PLAINFIELD FARMERS MARKET VOUCHERS AVAILABLE FOR OLDER ADULTS

Eligible seniors can obtain \$20 worth of vouchers to buy New Jersey fresh produce such as fruits, vegetables and herbs. These free vouchers can be used at participating farmer's markets in Somerset County.

People interested in applying may visit the North Plainfield Municipal Building at 263 Somerset Street, North Plainfield, NJ. or call (908) 769-2900 for more information.

## UPCOMING PARKS AND RECREATION EVENTS

Vermeule Community Center located at 614 Greenbrook Road, North Plainfield NJ

Please check our website and Facebook for updates pertaining to all of our events.

If anyone has any questions, please feel free to call the recreation office at 908-756-0247

or go to: [www.np-recreation.com](http://www.np-recreation.com)

## SIGNUPS FOR YOUTH SOCCER, ARCHERY, AND FIELD HOCKEY, ADULT ARCHERY, ZUMBA, BADMINTON AND BASKETBALL

September 11th, 12th and 13th from 7pm to 9pm

and Saturday, September 14th from 9am to noon.

All signups will take place at the Vermeule Community Center located at 614 Greenbrook Road.

- Registration fees are \$40 per program for Youth Soccer, Archery and Field Hockey and Adult Archery and Adult Basketball.
- Zumba and Badminton registration fees are \$20.
- There is a \$30 registration fee for out of town residents.

Participants in all other adult programs must reside in or work for the borough of North Plainfield.

## ANNUAL COACHES APPRECIATION BBQ

All recreation coaches are invited to our annual appreciation BBQ.

Sunday, September 21th

12 – 4pm

at the Vermeule property

614 Greenbrook Road.

## FIELD HOCKEY THIS FALL.

This new program will be offered to all North Plainfield girls from 3rd to 6th grade. The instructional program will be offered on Saturday afternoons from 2-4 at Fromm Field (93 Greenbrook Road). The field hockey players will receive a shirt and need shin guards.

Players interested in both Soccer and Field Hockey may do both. Soccer games are played in the morning. Cost for each program is \$40.

## NORTH PLAINFIELD PUBLIC LIBRARY

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(908) 755-7909 • [www.sclsnj.org](http://www.sclsnj.org)

Hours: Mon, Tues, Wed and Thurs: 9:30-9, Fri and Sat: 9:30-5

## UPCOMING EVENTS

### CHILDREN EVENTS

#### MORNING PLAYDATE

(Ages 18 months to 3 years)

Wednesday, September 4 at 10—10:30 a.m.

Bring your child to the library for a play-date! There will be toys, along with games to play and books to read!

Caregivers must be present.

No Registration

#### CAMOUFLAGE FOR KIDS

(Grades 3-5)

Tuesday, September 10 at 3:30—4:30 p.m.

Come and learn how butterflies use camouflage to hide from predators. Then get ready to camouflage your own paper butterfly and play a game!

Registration begins August 27.

#### SINGIN' WITH MISS JESSIE

(Suggested for ages birth to 4)

Saturday, September 14 at 11—11:30 a.m.

Registration begins August 31. Join Miss Jessie for some toe-tapping fun songs and movement!

#### LEGO CLUB

(Grades K-5)

Thursday, September 19 at 3:30—4:45 p.m.

Come, have fun, and build your own crazy Lego creation! No registration.

## TEEN PROGRAMS

### POP CULTURE TRIVIA CONTEST

(Grades 6-12)

Wednesday, September 11 at 3:30- 5:00 pm

Do you know everything about TV, movies, and music?

Come test your knowledge for a chance to win prizes!

No registration required.

#### GAME DAY

(Grades 6-12)

Mondays, September 16, 23, 30,

Come and join us for a fun afternoon of playing a variety of board, card, and video games.

No registration required.

#### CARTOONING WORKSHOP

(Grades 6-12)

Wednesday, September 18 at 3:30- 5:00 pm

Come and learn how to draw some fun cartoon characters, no experience needed!

Registration begins September 4.

#### MOVIE AFTERNOON

(Grades 6-12)

Wednesday, September 25

Movies to be announced. No registration required.

**REGISTER NOW!** Fall Semester 2013  
**908.757.7171** F/T and P/T Career & Class-At-A-Time

**duCRET School of Art** 1030 Central Ave. Plainfield, NJ  
 908-757-7171 www.ducret.edu

**Major In Fine Art / Graphic Design / Illustration**  
 Classes in Computer Art, Web Design, Photography & Video, Drawing, Jewelry Design, Digital Painting, Oil, Acrylic, Pastel, Children's Book Illustration, The Business of Art, Ceramics, Etc.

# Fresh Fruit &

# Vegetable Market

Freshly  
baked  
Portuguese  
and  
Italian bread  
delivered daily!



**Store Hours:**  
Mon-Sat: 9:00 am  
to 7:00 pm  
Sun: 9:00 am  
to 5:00pm

**"We're Not  
Just  
Produce"**



**Your  
#1 Spot for  
Jersey Fresh  
Produce**

**908-757-7730**

somersetfarms@verizon.net • somersetfarmsnj.com

**950 Route 22 East • North Plainfield, NJ**

**FRESH FISH**  
Available Thursday  
to Sunday  
Filletted, Steaked,  
Cleaned to your liking!

**Little Neck or  
Top CLAMS**  
GREAT FOR THE GRILL!  
**\$3<sup>99</sup>**  
/dozen

**NOW IN STOCK . . .**

**Jersey Fresh  
Canning Tomatoes**  
**\$16.99 box.**

**Place your orders today!!!!**

**COUPON**



**FRESH SHRIMP**  
**\$8<sup>99</sup>** lb

NPF

By the pound only. Limit 1 lb per customer per coupon per day.  
Not to be combined with other offer. Offers good thru 9/23/13.

**COUPON**



**Fresh Cod Fillet**  
**\$5<sup>99</sup>** lb

NPF

By the pound only. Limit 1 lb per customer per coupon per day.  
Not to be combined with other offer. Offers good thru 9/23/13.

**FRESH FRUIT OR  
VEGETABLE PLATTERS**

Platters over stuffed with  
the best the season has to offer.

14 inch 24.99 • 16 inch 29.99 • 18 inch 39.99



Perfect for  
BBQs and  
Special  
Occasions!



**COUPON**



**Boar's Head  
Imported ham**  
**\$6<sup>99</sup>** lb

NPF

Must purchase 1 lb. Limit 1 lb. per coupon. Coupon may not be combined  
with other offers. Limit 1 offer and coupon per day. Offer expires 9/23/13.

**COUPON**



**Hormel  
American  
Cheese**  
**\$3<sup>99</sup>** lb

NPF

Must purchase 1 lb. Limit 1 lb. per coupon. Coupon may not be combined  
with other offers. Limit 1 offer and coupon per day. Offer expires 9/23/13.

**COUPON**

**\$1.00 OFF  
your purchase of  
\$20.00 OR MORE**



NPF

Excludes garden center and fish purchases. Limit 1 offer per customer  
per day. Not to be combined with other offer. Offer expires 9/23/13.