

# Scotch Plains NJ

## WHAT'S HAPPENING MONTHLY

Published by Renna Media

Issue 4 • January 2016

### THE COLLEGE CLUB OF FANWOOD SCOTCH PLAINS MEETING

**JANUARY 18TH**

speaker will be

**Mark Di Ionno**

Star Ledger Columnist

Meetings are held at

**THE CHELSEA**

295 South Avenue

Fanwood.

Refreshments start at

7:30pm

and the speaker

will begin at

7:45pm.

The meetings are

**FREE** and

open to the public.

## THE CHELSEA HOSTING COMMUNITY EVENTS

The Chelsea at Fanwood is planning an exciting calendar of events to host in the New Year that will be open to the public and business community. They are no stranger when it comes to community events. In fact, one of their recent December gatherings was a free networking event held on December 16 at their Fanwood location. It was well attended by local businesses and many new introductions were made with the intent of future business to ensue. Light refreshments were served. The event was co-sponsored by The Law Firm of Benjamin D. Eckman.

The Chelsea is located at 295 South Avenue, Fanwood, NJ. If you are interested in finding out more about The Chelsea's upcoming events, please contact Danielle Fisher, Director of Community Relations by phone at 908-654-5200 or feel free to visit their website at [www.chelseaseniorliving.com](http://www.chelseaseniorliving.com).



*(left, l-r) Danielle Fisher, The Chelsea's Director of Community Relations along with Ben Eckman, Attorney and co-sponsor of the networking event.*



Photos of this and other events can be found at [www.rennamedia.com](http://www.rennamedia.com) and on the Fanwood Post Facebook page. Feel free to "Like", "Tag", and "Share".

## CHELSEA TO HOST "GO RED FOR WOMEN'S HEALTH" EVENT

The Chelsea at Fanwood assisted living residence, along with Fanwood-based safety training company Little Hearts, Big World, will sponsor the 2016 Go Red for Women's Health event on Friday, February 5, 6:30 PM to 9:00 PM. The event will be held at the Chelsea, 295 South Avenue, Fanwood.

Go Red is a national campaign of the American Heart Association to raise awareness of women's heart health, focusing on recognizing symptoms of heart attack in women and promoting a healthy lifestyle.

"We're so busy working and taking care of our families that

we don't take great care of ourselves," said Melissa Padulsky, owner of Little Hearts, Big World, which teaches CPR, first aid, safety for baby sitters and other occupational safety courses.

"The Go Red campaign reminds everyone that women need to eat healthy, exercise and be vigilant of risk factors for cardiovascular disease, just as men do."

The February 5th event will feature local vendors, free chair massages, free blood pressure screenings, light food, a raffle and giveaways.

### CALL TODAY TO ADVERTISE IN THE NEXT ISSUE

Call Tina today to reserve the space in this or other Renna Media publications.

**Each month 9,400 newspapers are printed  
mailed free to every home and business in Scotch Plains.**

*Reserve space in the next issue. Call Tina today  
at 908-418-5586 or email [info@rennamedia.com](mailto:info@rennamedia.com)*



PRSR STD  
U.S. POSTAGE  
PAID  
PHILA PA 191  
PERMIT NO. 7575

ECRWSS

\*\*\*\*\*ECRWSEDDM\*\*\*\*\*  
**POSTAL PATRON  
SCOTCH PLAINS, NJ 07076**

## SPFHS TEACHER RELEASES FOURTH BOOK

Scotch Plains Monthly is published by Renna Media. 9,500 newspapers are printed monthly and mailed to every business and resident in Scotch Plains.

Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

© 2016 Contents of this newspaper cannot be reproduced without written consent from Renna Media LLC.

### PROMOTE YOUR COMMUNITY EVENT

*Community service organizations, schools and sports teams are encouraged to submit news of upcoming events or highlights and photos from recent events.*

**Organizations who are interested in submitting content, please email Lori Theiss at [lori@rennamedia.com](mailto:lori@rennamedia.com)**

*Scotch Plains Monthly is online at [www.rennamedia.com](http://www.rennamedia.com) like us on [facebook.com/Scotch Plains Monthly](https://www.facebook.com/ScotchPlainsMonthly)*

Author Gwyn English Nielsen, teacher of English and communications at Scotch Plains-Fanwood High School and resident of Scotch Plains, recently released her fourth book in print: *From Footlights to Flashlights: Ten conceptual plays that reach and teach teens*. The anthology is a collection of character-building plays, each focusing on a specific theme related to a challenge that adolescents often experience in today's society.

*From Footlights to Flashlights* contains one-act pieces that could be referred to as "morality plays" as each teaches a message, a moral. Themes include good vs. evil, identity, peer pressure, romantic love, inequity, manners, miscommunication, sexism, grief, and tolerance—all relevant given today's ever-changing, moral and ethical climate. Nielsen's previous works for children, *Serendipity* and *The Dream Catcher* and *Torey the Turkey Goes Skiing* are also didactic in content.

Nielsen started penning the one acts fifteen years ago when she was teaching theater at a local summer camp. Gradually, she began to produce and direct the short plays. Four of the ten she produced and directed while a teacher at Terrill Middle School. Her students performed them at Park Middle, Terrill Middle, and at Scotch Plains-Fanwood High School to rave reviews. After writing six more, she decided to put all ten together in the anthology so that other teachers of drama/English would be able to produce them as school assemblies for no royalty fees. "For me, it's always about the message and not about the money. As a society, we are moving away from traditional values, turning inward. It's time to return to existential soul-searching and to what is truly important in life," suggests Nielsen. She also admits that some of the plays are autobiographical in content. "All authors draw from their own lives. Fortunately, I've had a fascinating one so far so that my plays tend to be on the avant-garde side. Scenic elements are sparse and the staging is often unorthodox. Consequently, no one needs a big budget to produce them."



Recently in mid-October, the book was featured at the Frankfurt International Book Fair in Frankfurt, Germany, which is the world's largest. *From Footlights to Flashlights* will also be featured at the AASL's (American Association of School Librarians) seventeenth national conference and exhibition in Columbus, Ohio, November 5-8.

Locally, Gwyn English Nielsen and a collection of student actors will present scenes from the book at the Mountainside Library (Saturday, March 5 from 2 to 3 p.m.). The book is available for purchase on-line via Amazon and Barnes and Noble.com and as a special order in stores.

### Advertise in this newspaper



**9,400 papers are printed monthly and mailed to every household and business in Scotch Plains.**

*Reserve space in the next issue. Call Tina today at 908-418-5586 or email [info@rennamedia.com](mailto:info@rennamedia.com)*



**Wish your Employer offered Credit Union membership as a FREE benefit?**

We're a place that gets to know you – your hopes, dreams and aspirations – so that you can achieve your financial goals. You're serious about your financial future. We're serious about helping you get there.

**If your business is looking to provide your employees with a reliable Credit Union, please call us today!**

*"Your Dream. Our Purpose."*

**Aspire**  
FEDERAL CREDIT UNION

888.322.3732  
[www.aspirefcu.org](http://www.aspirefcu.org)

# WHAT WILL YOU LOOK LIKE IN 40 DAYS?



## COMPARE

Today's **Most Popular** 3 Weight Loss Programs vs. **NUTRIMOST**

- |   |                                 |   |
|---|---------------------------------|---|
| ✗ | State of the Art NRF Technology | ✓ |
| ✗ | Fat Burning                     | ✓ |
| ✗ | Targets Abdominal Fat           | ✓ |
| ✗ | Resets Metabolism               | ✓ |
| ✗ | Resets Weight Set Point         | ✓ |
| ✗ | No Hunger                       | ✓ |
| ✗ | Doctor Supervised               | ✓ |

## TECHNOLOGY HAS GIVEN US THE ABILITY TO FIND OUT WHY YOU ARE STORING FAT AND HOW TO GET RID OF IT!

A "one-size-fits-all" weight loss program will only take you so far (and after many months of hunger and a boatload of cash).

**Targeting your specific hormone makeup** is the key to fast and effective weight loss. Our NRF Technology essentially takes your hormonal fingerprint to determine the exact ingredients you need to bring your body into an optimal state of fat burning. And beyond the initial weight loss, restoring balance with the system actually resets your metabolism and weight set point so that you **keep the weight off** after you lose it.

➔ **\$72<sup>00</sup>** ➔  
a \$99 value

### BODY COMPOSITION ANALYSIS

A complete assessment and teaching of your current body composition in comparison to where you should be. This analysis includes your body fat percentage and mass, visceral fat rating, body water percentage, metabolic age and other important metrics.

### & FAT LOSS CONSULTATION

A personally integrated session with a NRF Technology Specialist to discuss how this revolutionary technology can help you naturally detox and heal your body, restore balance to your hormones and neurotransmitters, and reset your metabolism.

**CALL 908.279.7740 OR VISIT CENTRALJERSEYHEALTH.COM**

LOSE 20-45lbs IN JUST 40 DAYS  
**GUARANTEED!**

**SIGNUP REGISTER FOR A CONSULTATION**



# CLASSIC ISRAEL DOCUMENTARY FILM FESTIVAL

The Israel Support Committee of Central New Jersey is sponsoring a documentary film festival in January 2016. Three Academy Award documentaries will be screened at three local synagogues. This festival will be free and open to the public. Light refreshments will be served. To register and obtain additional information contact Conrad Nadell at conradwho@gmail.com or 908-531-8228. The documentary films will include:

## SUN - JAN 10 AT 2:30 PM "THE LONG WAY HOME"

Temple Beth O'r/Beth Torah  
111 Valley Road in Clark

This film describes the plight of the Holocaust survivors as they worked their way through the refugee camps trying to locate family and to reach Palestine to form a Jewish Homeland.

## SUN - JAN 24 AT 3 PM "IN OUR OWN HANDS"

Temple Emanu-El  
756 East Broad St. Westfield

This film traces the history of the "Jewish Brigade", the only all-Jewish fighting unit in WWII. After the war they helped smuggle Holocaust survivors to Palestine, participated in Israel's War of Independence and became the nucleus of the Israeli army.

## SUN - JAN 31ST AT 2:30 PM "INTO THE ARMS OF STRANGERS"

Congregation Beth Israel

18 Cliffwood Street Scotch Plains

This presents the story of the "Kindertransport", how parents sent tens of thousands of children away from German-held land to strangers in Great Britain.

The Israel Support Committee of Central New Jersey consists of representatives from Congregation Beth Israel (Scotch Plains), Temple Emanu-El (Westfield), Temple Shalom (Scotch Plains), Temple Beth O'r/Beth Torah (Clark), Temple Beth El/Mekor Chayim (Cranford), Temple Beth Ahm Yisrael (Springfield), and Congregation Anshe Chesed (Linden). The mission of this committee is to disseminate information about issues affecting Israel and provide support for the State of Israel.

## 11 CRITICAL HOME INSPECTION TRAPS TO BE AWARE OF WEEKS BEFORE LISTING YOUR HOME FOR SALE

Scotch Plains NJ - According to industry experts, there are over 33 physical problems that will come under scrutiny during a home inspection when your home is for sale. A new report has been prepared which identifies the eleven most common of these problems, and what you should know about them before you list your home for sale.

Whether you own an old home or a brand new one, there are a number of things that can fall short of requirements during a home inspection. If not identified and dealt with, any of these 11 items could cost you dearly in terms of repair. That's why it's critical that you read this report before you list your home. If you wait until the building inspector flags these issues for you, you will almost certainly experience costly delays in the close of your home sale or, worse, turn prospective buyers away altogether. In most cases, you can make a reasonable pre-inspection yourself if you know what you're looking for, and knowing what you're looking for can help you prevent little problems from growing into costly and unmanageable ones.

To help homesellers deal with this issue before their homes are listed, a free report entitled "11 Things You Need to Know to Pass Your Home Inspection" has been compiled which explains the issues involved.

To order a FREE Special Report, visit [www.njhomeinspectiontraps.com](http://www.njhomeinspectiontraps.com) or to hear a brief recorded message about how to order your FREE copy of this report call toll-free 1-888-243-5861 and enter 1003.

You can call any time, 24 hours a day, 7 days a week. Get your free special report NOW to learn how to ensure a home inspection doesn't cost you the sale of your home.

*This report is courtesy of All Towne Realty Realtor. Not intended to solicit buyers or sellers currently under contract. Copyright © 2014*

### CHRIS PAINTING

- Painting
- Drywall repair & spackling

**Free Estimate**

**848-218-6419**

### Al's Carpentry Home Improvements

25 Years in Business

Albino Carvalho

Bathrooms - Basements - Decks - Tile - Additions  
Doors/Windows - Molding - Dry Walling  
- Sheetrock - Kitchens - Plumbing - Electrical  
- Interior & Exterior Painting

Call: 908.451.2230

alscarpentry11@aol.com

# Don't Get Caught Without Power

**\$500 OFF**  
Generac Standby Generator and Installation

EDISON HEATING & COOLING • 866-832-1969

With this coupon. Some restrictions apply. Not valid with any other offers. Expires 1/30/16.

**PRE-WINTER SAVINGS**

Celebrating 28 yrs. of excellence

24/7  
Emergency  
Service

No  
Interest  
Financing  
Available

100%  
Money Back  
Guarantee  
Call for  
Details

**\$1,000 OFF**  
any combined purchase of High Efficiency Furnace & Air Conditioner

EDISON HEATING & COOLING • 866-832-1969

With this coupon. Some restrictions apply. Not valid with any other offers. Expires 1/30/16.

**HEATING & COOLING HOME COMFORT EXPERTS**  
EdisonHVAC.com

**Avoid Breakdowns**

**\$79**

39 point furnace tune-up and safety inspection. (Reg. \$149)

EDISON HEATING & COOLING • 866-832-1969

With this coupon. Some restrictions apply. Not valid with any other offers. Expires 1/30/16.

**REBATES AVAILABLE UP TO \$7,000**

IN TOTAL SAVINGS on new system installations

**\$500 OFF**  
any purchase of Furnace, Boiler, or Air Conditioner

EDISON HEATING & COOLING • 866-832-1969

With this coupon. Some restrictions apply. Not valid with any other offers. Expires 1/30/16.

**\$25 OFF** Any Repair \$250 or More

**\$50 OFF** Any Repair \$500 or More

EDISON HEATING & COOLING • 866-832-1969

With this coupon. Some restrictions apply. Not valid with any other offers. Expires 1/30/16.

**As Low As \$89 PER MONTH**

**New Heating & Cooling Systems**

EDISON HEATING & COOLING • 866-832-1969

With this coupon. Some restrictions apply. Not valid with any other offers. Expires 1/30/16.

**FREE ESTIMATE** On New Equipment

**866-832-1969**

## SO MUCH BIGGER THAN A BOX - OPERATION CHRISTMAS CHILD

Juliette Rose, a resident of Scotch Plains and first grader at Trivium Academy of New Jersey, participated in a worthy cause that will touch the heart and life of a child thousands of miles away. As part of her community service at her school, she donated her time filling up a box with toys, hygiene products and school supplies; items most American children may take for granted and certainly would not expect to find under their Christmas tree. In an interview with Jill Parasine, a volunteer with the North Central New Jersey Area Team of Operation Christmas Child for the past five years, she shared a memorable moment from one recipient of an Operation Christmas Child box. "Alex, a Rwandan boy, received a comb which he carried for years and cherished because he felt such pride in having one of his own," said Parasine. "He later volunteered for OCC as a young man to give back and to help others understand how their gift can impact the life of a child in another country. Even a small gift, such as a toothbrush, could be an extraordinary item to children in some countries where families share one toothbrush."

Before packing the boxes with donated items, students watched a video at school explaining the collection process and how each of their boxes will carry great joy and meaning to another child. The kids were delighted to learn that the boxes can be delivered by canoe, camel, truck, donkey, and even by elephant.

Since 1993, Samaritan's Purse, a Christian Humanitarian aid organization, founded by Rev. Franklin Graham, Rev. Billy Graham's son, has collected and delivered more than 124 million

gift-filled shoe boxes to children in more than 150 countries and territories through Operation Christmas Child. In 2015, Operation Christmas Child hopes to collect enough shoe box gifts to reach another 11 million children. Shoebox gifts are collected in the U.S., Australia, Finland, Germany, Japan, New Zealand, Canada, Spain and the U.K.

Operation Christmas Child shoeboxes are delivered to children around the

world. Samaritan's Purse not only delivers the boxes to children, they also invite the children to attend a 12-part Bible study, entitled "The Greatest Journey" in their language at their level. It ends with a lively graduation ceremony and a gift of a Bible in their language.

Trivium Academy of New Jersey is an accredited private Classical Christian school, located in South Plainfield, New Jersey. To learn more, visit <http://www.triviumacademynj.org>.



# WELTMAN HOME SERVICES

Wishes You a Very Happy New Year!

**\$50 OFF**

ANY SERVICE WE OFFER

This Coupon never expires. One coupon per transaction. 516

**\$100 OFF**

ANY WATER HEATER

This Coupon never expires. One coupon per transaction. 116

**\$89**

DRAIN CLEANING - ANY DRAIN, ANY TIME!

1 Year Guarantee!

This Coupon never expires. One coupon per transaction. 316

**\$0 DOWN**

**\$89 ON NEW SYSTEMS**

Where applicable



**PLUMBING • HEATING • ELECTRIC • AIR**

**844-806-2791**

**WeltmanHomeServices.com**



*Service You Can Trust Since 1962.*

D. Weltman Plumbing Lic. #6440  
G. Nowicki Elec. #6808  
Elec. Bus. Permit #6808-A  
HIC#13VH04948800 HVAC #1228

**SNOWRIDERS!** THINK SNOW!!

**BLOW OUT SALE!**

**50% OFF**

ONE DAILY SKI or SNOWBOARD RENTAL

ADDITIONAL 20%-50% off ALL JACKETS, PANTS, GLOVES, SELECTED SKIS & SNOWBOARDS

Great Savings Throughout The Store!

Pelican's Got Skis! Skates X-Country Skis

WE TAKE TRADE-IN'S ON SKATES!

**Pelican** Ski, Boot & Piste Shops

ROUTE 22 • WHITEHOUSE 908-534-2534

SRIS • BOARDS DISCOUNT COUPONS ON OUR WEBSITE

FREE LIFT TICKETS SEASON RESTAURANTS Pelicanshops.com

**DIGITAL FORENSIC CERTIFICATION COURSE**

**40 Hours Basic through Advanced Instruction on Computer & Cell Phone Forensics**

**Dates: Jan. 25 through Jan. 29, 2016**

Classes held in Union, New Jersey 07083

**\$1,999.00 per Student**

Classes Limited to 10 Students

- Students will learn the legal and technical aspects of being a digital forensic expert witness.
- Students will learn to build a digital forensic lab and identify the tools needed to accomplish a full forensic review.
- Students will learn the digital forensic process as well as the technology that underlies their findings.
- Students will learn to forensically image hard drives and cell phones using a variety of tools and conduct an analysis of these devices to recover potential evidence.
- Students will receive a certification and course graduation certificate upon successful completion of all requirements.

*John Lucich is the HTCN Academy Director and has been performing computer forensics for over 24 years. John is a retired state law enforcement officer from the New Jersey Attorney General's Office, Organized Crime & Racketeering Bureau and a 14 year cyber crimes instructor at Sea Girt, NJ for the State Attorney General's Academy. John is also a technical expert for Fox News and CNN news networks and has made numerous TV appearances over the past seven years. He is currently the CEO & forensic lab director for eForensix, a computer forensic consulting company who has been engaged in notable cases throughout the United States.*



Signup today by calling **(877) 482-6674**

or visit us online at [www.htcn.org](http://www.htcn.org)

**3rd Annual 2016 White Castle**

**Munsee District Boy Scout Chess Tournament**

**Saturday, February 27, 2016**  
10:00 am to 2:00 pm  
Sign-in/setup starts at 9:00 am

**Cranford Community Center**  
220 Walnut Avenue, Cranford, NJ • 908.709.7283

Open to all registered Boy Scouts/Venturers/Explorers.  
Limited to 40 players who must know how to play chess. Registration is \$6  
Use Patriots' Path Council Munsee District Double Knot link to register on-line  
at [ppbsa.doubleknot.com](http://ppbsa.doubleknot.com)  
Email Jim Parlapiano [jim.parlapiano@hotmail.com](mailto:jim.parlapiano@hotmail.com) for more info.

Trophies awarded to 1st, 2nd and 3rd place finishers.  
Commemorative ribbons for all participants.  
Lunch will be provided by White Castle for all players.  
This tournament meets the 6a requirement for earning a Chess merit badge.

Event Sponsored by **White Castle** Event coordinated by **RENNAMEDIA.COM**

BOY SCOUTS OF AMERICA PATRIOTS' PATH COUNCIL [WhiteCastle.com](http://WhiteCastle.com)

**ANGELO & ASSOCIATES**  
CERTIFIED PUBLIC ACCOUNTANTS

Serving the Public since 1984

- Individual and Business Tax Returns
- Full Service Accounting
- Estate and Inheritance Tax Returns
- Financial Planning

732-382-2272  
18 BRANT AVENUE CLARK, NJ 07066  
[AngeloCPAfirm.com](http://AngeloCPAfirm.com)

**REDDINGTON TREE SERVICE**  
"We're Climbing to the Top"

**20% OFF ALL SERVICES**  
Owner supervised work site  
Offer expires December 31, 2015

**Call Today!**  
**908-322-8691**

## NOTES IN THE COATS

Congregation Beth Israel in Scotch Plains collected approximately 75 winter coats, which were donated to the non-profit community-based organization, Jersey Cares, for distribution to men, women and children in need throughout the state.

Volunteers from the synagogue's Social Action Committee conducted a month-long coat drive collection and seventh-grade Religious School

students helped with the out reach project on December 2 by sorting and bagging coats. The students also wrote warm greetings and drew uplifting pictures to be left as "a note in the coat" in the pockets of outerwear going to children. Congregation Beth Israel's Social Action Committee sponsors a wide range of activities throughout the year to help people in need in Scotch Plains and surrounding communities.



Melissa Romelli, Director  
**908-233-9570**

Call Monday-Friday Between 9:00-2:00  
for Information and Tour Dates

**www.wesleyhall.org**

1 East Broad St. • Westfield, NJ 07090

- Morning and Afternoon Sessions
- 2-1/2 years old through 4+
- Full Day Kindergarten
- Afternoon Enrichment Classes
- Lunch Bunch and Playcare

**FF**   
**HANDYMAN SERVICES**  
**Fernando Ferrer**  
European Experience  
Ceramic Work, Carpentry, Painting  
**(201) 428-4477**

**CENTER STAGE**  
**MUSIC LESSONS**  
2014 US HWY 22 East, Scotch Plains, NJ  
908 288 7494  
voice • guitar • violin • piano  
bass • cello • drums • ukulele  
banjo • sax • clarinet  
www.centerstagemusicnj.com  
centerstagemusicnj@hotmail.com  
Center Stage Music Lessons

**INVENTORY CLEARANCE**  
*La Marqu e Fur Salon*  


**High Tech Family Dentistry**  
Celebrating Our 20th Year in Westfield  
  
Arthur G. Scheiner, DMD  
Suzanne Lorino, DMD  
**VOTED NJ TOP DENTISTS**  
We offer CEREC Technology (Single Visit Porcelain Onlays and Crowns) BOTOX and Dermal Fillers  
Dr. Suzanne Lorino provides BOTOX and Dermal Fillers and is accredited by the American Academy of Facial Esthetics.  
**330 East Broad Street, Westfield NJ**  
**908-789-3034**  
www.westfielddentist.com • www.njdentist.com

**FOR SENIORS: The Residences at Warren**  
  
**The perfect home for you!**  
**BEAUTIFUL. AFFORDABLE. AVAILABLE NOW!**  
Enjoy all the comforts of your own home without all the worries!  
• Independent and Supportive Living units for seniors age 62+  
• Income: \$18,000- \$58,800  
• Private, spacious room with full bath, in single-level home  
• Shared great room, dining room, den, porch and hobby room  
• Food preparation and housekeeping included!  
• Additional support services available  
  
To learn more call 908-526-8130 or visit www.CHChousing.org

**The Ultimate Fur Image for Women of Fashion who insist upon Quality and Value**  
  
**SALE**  
**ON ALL-STORE FUR COATS, JACKETS AND ALL REVERSIBLE RAINWEAR**  
**1721 East 2nd Street**  
**Scotch Plains NJ 07076**  
**908.322.1414**

## SPF HIGH SCHOOL REGION II HONOR CHOIRS

Scotch Plains-Fanwood High School is pleased to announce that twenty students have been accepted into the Central Jersey Music Educators Association's (CJME) 2016 Region II Honors Choir. This is quite an accomplishment to have been selected from a field of more than 400 talented students from across central New Jersey.

Women's Choir:  
 Lauren Barth,  
 Rachella Carlino,  
 Phoebe Collins,  
 Amelia Graham,  
 Katie Lamendola.

Mixed Choir:                      Allan Romero,  
 Janay Armbrister,                Claudia Sahaj,  
 Peter Canevari,                    Matt Schuman,  
 Paulie Cherubini,                Audrey Smith,  
 John DeMarco,                    Kevin Sonpar,  
 Victoria Domiciano,            Josh Venick,  
 Ethan Graham,                    Zoe Verrico,  
 Shannon McCreesh,            Melody Weigel.



## SPF HS ANNOUNCES NATIONAL HISPANIC RECOGNITION STUDENT

Gabriela MacPherson, a senior at Scotch Plains-Fanwood High School has been recognized as a Scholar in the College Board's 2015-16 National Hispanic Recognition Program. Gabriela's exceptional academic achievements demonstrated by her strong performance on the PSAT/NMSQT qualifying test identified her as an outstanding student among Hispanic and Latino students who took the test.

The National Hispanic Recognition Program is a College Board program that provides national recognition of the exceptional academic achievements of Hispanic high school students and identifies academically well prepared Hispanic high school students.



## SPF STUDENTS ACCEPTED INTO SYMPHONIC BAND

Scotch Plains-Fanwood High School is pleased to announce that three of our talented student musicians have been accepted into the Central Jersey Music Educators Symphonic Band: Mary Catherin Stoval, 1st Chair French Horn; Kevin Sonpar, 1st Chair Trombone; and Daniel Zheng, TOP 20.

These students will represent our music program at Montgomery High School this January under the direction of a Westchester University faculty member. They will also have the unique opportunity to meet and perform with other exceptionally talented high school musicians from our area.



**Jakes TRADING POST**  
 2090 Oak Tree Road  
 Edison, NJ 08820  
 732-548-4600

**BUY • SELL • TRADE**

WE BUY GOLD, STERLING SILVER, FASHION ACCESSORIES, I-PHONES, DIAMONDS, GIFT CARDS, ANTIQUES, TOOLS, WATCHES, COLLECTIBLES, COINS, APPLIANCES (NEW), TOOLS AND MORE...

*Inside Cash for Gold*

\*All sales subject to inspection of items.

**Lun Wah Restaurant & Tiki Bar**

**CHINESE & POLYNESIAN**

**\$6 LUNCH MENU**

**\$5 OFF ANY PURCHASE OF \$25 OR MORE**  
Can't be combined with any other offer. Dine in only. Expires 2/15/16.

**908-245-0656**  
 587 Raritan Road • Roselle, NJ 07203  
 (Corner of Wood Ave. and Raritan Rd.)

**DINE IN OR TAKE OUT**

Monday  
 12 noon – 11 pm  
 Tuesday & Thursday  
 11:30 am – 11 pm  
 Friday & Saturday  
 11:30 am – 12:30 am  
 Sunday & Holidays  
 12:30 pm – 11 pm

• Mon-Thurs 6am-10pm  
 • Fri 6am-11pm  
 • Sat 7am-11pm  
 • Sun 7am-10pm

**Mara's CAFE & BAKERY**

*Make Every Day Delicious!*

**250 South Ave. Fanwood 908-322-4422**  
 (Directly across from the Fanwood Train Station)  
[www.marascafe.com/fanwood](http://www.marascafe.com/fanwood)

**10% FRIENDS AND FAMILY CARD 10%**  
 Simply Present This Certificate for  
**10% OFF**  
**YOUR ENTIRE CHECK**  
 Excluding whole pies and cakes.

**10%** Not redeemable for cash. May not be combined with any other offer. Not valid towards whole cakes/pies. Not valid on holidays **10%**

## ALEX & ANI IN WESTFIELD 'CHARMS' UNION COUNTY FOSTER KIDS

An unexpected collaboration may just rescue throngs of spouses and significant others from what-to-give-my-love woes this Valentine's Day. Breathe easy, folks: CASA of Union County and jeweler Alex & Ani in Westfield have a way for you to woo — and help foster children in your own community at the same time. If that doesn't score bonus points with your one-and-only, what will?

CASA of Union County, a non-profit that recruits, trains, supervises and supports community members to advocate for abused, neglected or abandoned children in foster care, will receive 15 percent of sales between 6 and 8 p.m. Monday, February 1, 2016, at a "Charmed by Charity" soiree in the popular jeweler's Westfield shop at 200 East Broad Street. Shoppers enjoy light refreshments and Alex & Ani's (+) energy punch, while CASA staffers on hand can offer more about the CASA experience and the need in our own community.

Known for its made-in-the-USA, stackable bangle bracelets with meaningful charms, customers are encouraged to bring friends and loved ones along, and each find just the right combination of sentimental arm candy to gift to loved ones, teachers and graduates in June, birthdays and anniversaries anytime or, of course, simply keep and enjoy themselves.

(Shhh. We won't tell.)

There are nearly 600 Union County children in foster care through no fault of their own, and each has a case pending in family court in Elizabeth. After completion of 30 hours of training in Westfield, CASAs are sworn in by a Union County judge and empowered by court order to speak to all parties in the child's life - foster parents, teachers, doctors, therapists and more. CASAs meet with their foster youth regularly and participate in quarterly court hearings to ensure the youth's needs are met and their best interests remain priority.

CASA currently has volunteers to serve just approximately one-quarter of the county's foster youth; its goal is to provide one advocate for every foster child. There are myriad ways to help make that a reality, and bringing friends, family and colleagues to shop the Alex & Ani event is an easy way, as all proceeds go toward funding trainings for members of the community to become sworn advocates and the voice for a foster child.

For event information, contact Gretchen at (908) 527-7047 or [gboger@casaoofunioncounty.org](mailto:gboger@casaoofunioncounty.org).

For details on becoming a CASA, contact Lisa at [lporis@casaoofunioncounty.org](mailto:lporis@casaoofunioncounty.org) or (908) 527-7048.

## ADVOCATES NEEDED FOR AREA FOSTER YOUTH UNION COUNTY TEENS FACE AGING-OUT ALONE

Marla was 15 when she and her mom came to New Jersey from El Salvador. She was promised housing with her sister and brother-in-law, food and the chance to attend school. However, when Marla arrived, she was forced to work long hours at a restaurant strip club and not allowed school. After Marla's brother-in-law sexually abused her, Marla told her mom, who kicked her out of the house. Scared and alone, the teen moved in with her boyfriend, who made her work two jobs to pay for rent and food. Dreams of school seemed impossible now. Just when Marla thought it couldn't get worse, she became pregnant and her boyfriend beat her until she lost the baby. A co-worker let Marla stay with her but called the state when she couldn't help anymore. Marla, still just 15, then began a journey in foster care.

Each year, nearly 23,000 youth age out nationally; 450 right here in New Jersey. Data shows these kids often lack the necessary skills to live independently, resulting in 40 percent being homeless, 55 percent unemployed, 1 in 4 suffering with post-traumatic stress, 60 percent arrested and 71 percent experiencing unplanned pregnancies. These youth are twice as likely than non-foster kids to not earn a high school diploma or GED, and 25 percent earn a two- or four-year degree by the age of 24.

Will you be the voice for one of the nearly 600 Union County youth, ages 0-21, in foster

care through no fault of their own? CASAs are sworn in by a judge and court-empowered to speak to all parties: foster parents, teachers, doctors, therapists and more. CASAs incorporate their findings — as well as observations from regular visits with the youth — into reports for the judge. They participate in quarterly court hearings and work to ensure the youth's time in care is as short as possible and their best interests remain priority.

Join CASA's next training class, which kicks off Tuesday, March 1, 2016. CASA advocates for youth age 0-21. Those interested in working with youth 14-21 also undergo specialized Fostering Futures training, designed to equip volunteers with tools to guide teens toward a successful future on their own.

Learn more at information sessions in Westfield or Elizabeth:

6 p.m. Wednesdays,  
Jan. 13, Jan. 25, Feb. 9, and Feb. 22  
at the County Clerk's Building,  
300 North Avenue East, in Westfield;  
and 10 a.m. Fridays,

Jan. 15, Jan. 29, Feb. 12 and Feb. 26  
at the CASA office,

1143-45 E. Jersey St., 2nd Floor, in Elizabeth.

Contact Lisa at (908) 527-7048 or [lporis@casaoofunioncounty.org](mailto:lporis@casaoofunioncounty.org) to RSVP for any information session, for the March 2016 training schedule, or any questions on CASA.

**THE JCC OF CENTRAL NJ  
IS COSPONSORING A  
CAREGIVERS SYMPOSIUM  
WITH THE CENTER FOR HOPE  
HOSPICE & PALLIATIVE CARE  
TUESDAY**

**FEBRUARY 9, 2016**

*(in case of Inclement Weather February 23)*

**6:00 – 9:30 PM**

**ADULT STEPS IN THE  
AGING PROCESS:  
Navigating the Transition**

Are you at a loss about the best residential option for yourself or your aging parent? Professional panelists will address your questions about "Living In Place," Independent Living, Senior Adult Day Care, Assisted Living, Long Term Care and Hospice and Palliative Care. Get concrete information you can use to make educated, compassionate decisions. Ample opportunity to get your questions answered!

**Panel:**

**Deanna Butters,**

Spend-A-Day Coordinator, SAGE Eldercare

**Bridget Martorelli,**

Director of Community Outreach, Center for Hope Hospice & Palliative Care

**Dale Ofei-Ayisi,**

MA/LCSA, Coordinator of Community Services, COPSA Geriatric Services, Rutgers University UBHS

Representative from Jewish Family Service of Central New Jersey

**Dinner will be provided.**

**Price: FREE but registration due by  
Wednesday, February 3.**

**Register on-line: [www.jccnj.org](http://www.jccnj.org)  
or by calling 908-889-8800 EXT. 318**

**Contact: Debra Judd Email: [djudd@jccnj.org](mailto:djudd@jccnj.org)**

## BUSINESS PHOTOGRAPHY



- EVENTS
- PORTRAITS
- PRODUCTS
- BUILDINGS & INTERIORS

**DeHANES  
PHOTOGRAPHY**

[mark.dehanes@verizon.net](mailto:mark.dehanes@verizon.net)

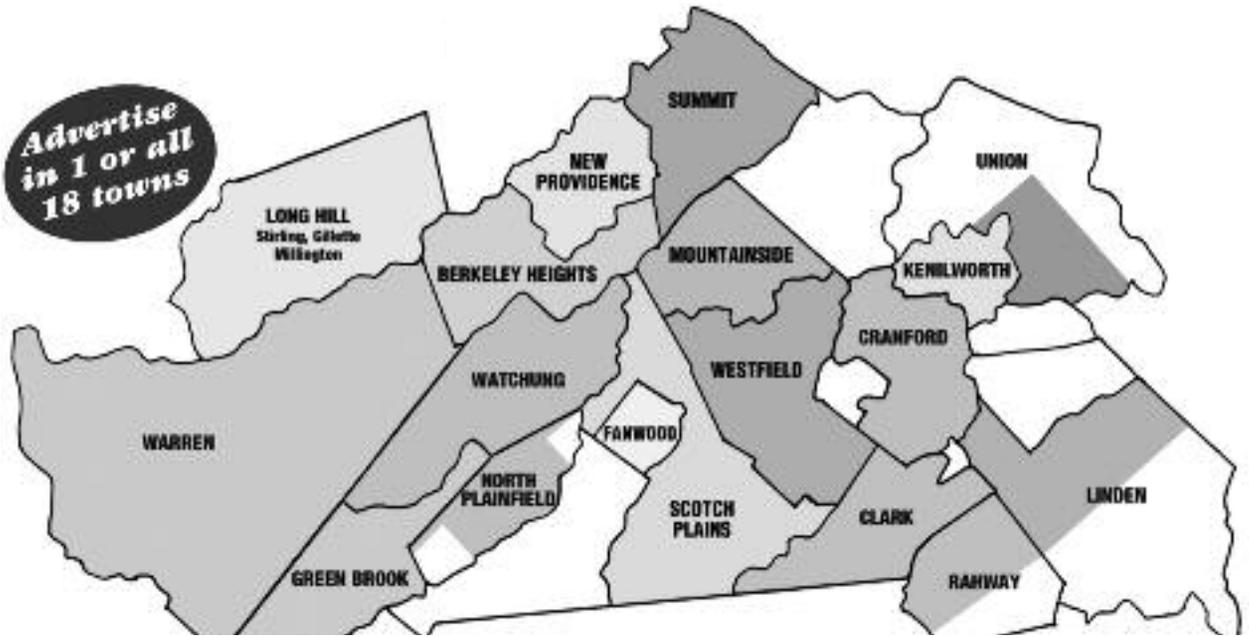
**908-403-8362**

[www.dehanesphotography.com](http://www.dehanesphotography.com)

**RENNA MEDIA  
NEWSPAPER RATE SHEET**

**WE MAIL  
100,000  
NEWSPAPERS  
MONTHLY!**

To place an ad call:  
Tina Renna at 908-418-5586  
or Joe Renna at 908-447-1295  
email: info@RennaMedia.com  
Fax: 908-709-9209



**Qty: 4,800**  
Mailed to every home and business.  
Zip: 07922



**Qty: 6,500**  
Mailed to every home and business.  
Zip: 07066



**Qty: 9,800**  
Mailed to every home and business.  
Zip: 07016



**Qty: 3,000**  
Mailed to every home and business.  
Zip: 07023



**Qty: 3,000**  
Mailed to every home and business.  
Zip: 08812



**Qty: 3,600**  
Mailed to every home and business.  
Zip: 07033



**Qty: 6,500**  
5,400 mailed to homes and businesses.  
Zip: 07036



**Qty: 3,600**  
Mailed to every home and business in Gillette, Millington and Stirling.  
Zips: 07933, 07964, 07980



**Qty: 2,800**  
Mailed to every home and business.  
Zip: 07092



**Qty: 4,700**  
Mailed to every home and business.  
Zip: 07974



**Qty: 6,500**  
Mailed to every home and business in 07060.  
Zip: 07060



**Qty: 5,500**  
4,100 mailed to homes and businesses.  
Zip: 07065



**Qty: 9,500**  
Mailed to every home and business.  
Zip: 07076



**Qty: 9,600**  
Mailed to every home and business.  
Zip: 07901



**Qty: 5,500**  
5,000 mailed to homes and businesses.  
Zip: 07083



**Qty: 6,200**  
Mailed to every home and business.  
Zip: 07059



**Qty: 3,000**  
Mailed to every home and business.  
Zip: 07069



**Qty: 11,800**  
Mailed to every home and business.  
Zip: 07090

**Past issues can be found at RennaMedia.com**

Artwork included in ad price.

Units	Size	RATE FOR ANY 1 NEWSPAPER	RATE FOR ANY 3 NEWSPAPERS	RATE FOR ANY 6 NEWSPAPERS	RATE FOR ANY 9 NEWSPAPERS	RATE FOR ANY 12 NEWSPAPERS	RATE FOR ANY 15 NEWSPAPERS	RATE FOR ALL 18 NEWSPAPERS
1 Unit - Business card	3.25" x 2"	\$60	\$150	\$250	\$340	\$400	\$450	\$500
2 Units	3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800
4 Units	6.5" x 4"	\$180	\$450	\$700	\$950	\$1100	\$1300	\$1500
6 Units	10" x 4"	\$240	\$600	\$900	\$1250	\$1400	\$1650	\$1900
9 HALF PAGE	10" x 6"	\$320	\$800	\$1000	\$1350	\$1500	\$1800	\$2100
12 Units	10" x 8"	\$360	\$900	\$1200	\$1550	\$1800	\$2150	\$2500
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1750	\$2000	\$2400	\$2800

**FRONT PAGE BANNER** 8.25" x 2" **\$320**  
**BACK COVER** 10" x 14" **\$600**

**PAY FOR 6 MONTHS AND GET 1 FREE**

Back cover and front page banner reserved on first come, first served basis.  
Current advertiser has right of first refusal.

Make Checks payable to Renna Media, 202 Walnut Avenue, Cranford, NJ 07016

FREE  
WiFi  
AVAILABLE

# HIBACHI GRILL

## supreme buffet

Serving  
**LOBSTER or CRAB LEGS**  
with other Special Items  
Every Holiday

For more information, please call

**908-490-1600**

Fax: 908-490-1601

[www.hibachigrillandbuffetnj.com](http://www.hibachigrillandbuffetnj.com)

**BLUE STAR SHOPPING CENTER**



Large Parking Lot to Accommodate our Customers

10% DISCOUNT  
Seniors 60+, Military,  
Police, College Students  
Hibachi Grill Supreme Buffet (Show ID)

**1701 U.S. Highway 22 West • Watchung**



**MONDAY - THURSDAY**

<b>Lunch 11am - 3:30pm</b>	<b>Dinner 3:30pm - 10:00pm</b>
Adult .....\$7.99	Adult .....\$11.59
Kids 7-10.....\$5.99	Kids 7-10.....\$6.99
Kids 3-6.....\$3.99	Kids 3-6.....\$5.99
2 & Under.....FREE!	2 & Under.....FREE!

**FRIDAY - SATURDAY**

<b>Lunch 11am - 3:30pm</b>	<b>Dinner 3:30pm - 10:30pm</b>
Adult .....\$7.99	Adult .....\$11.59
Kids 7-10.....\$5.99	Kids 7-10.....\$6.99
Kids 3-6.....\$3.99	Kids 3-6.....\$5.99
2 & Under.....FREE!	2 & Under.....FREE!

**SUNDAY ALL DAY DINNER**

**11am - 10pm**

Adult.....\$11.59
Kids 7-10 .....\$6.99
Kids 3-6 .....\$5.99
2 & Under .....FREE!

**GIFT CERTIFICATES AVAILABLE**

## SUSHI

**Fantastic range of freshly prepared sushi.**  
**Most selection and top quality among all competitors.**  
**It is far from the typical "buffet quality" sushi.**  
**At HIBACHI, you don't sacrifice taste for price.**

## BUFFET

**Elegant, modern, fresh, executed with care and confidence. HIBACHI Grill Supreme Buffet brings together 250+ of fresh-made Asian dishes in eleven buffet bars.**

## HIBACHI

**Choose your favorite ingredients from dozens of seafood, meats and vegetables. Watch our chef preparing them in our special hibachi sauce to create a full-flavored dish.**

**ASK US ABOUT CATERING YOUR NEXT EVENT!**

**We have a large party room available for birthday parties, office meetings & weddings.**

**\$125 OFF**  
**ADULT BUFFET**

With purchase of a beverage per person  
Watchung • 908-490-1600  
Cash Only. Limit 4. Not valid with any other offers or discounts. Expires 2/10/16.

**\$250 OFF**  
**2 ADULT BUFFETS**

With purchase of a beverage per person  
Watchung • 908-490-1600  
Cash Only. Limit 4. Not valid with any other offers or discounts. Expires 2/10/16.

**\$10 OFF**  
**ANY ONE PARTY**

Of \$100 or more. Monday - Thursday Only.  
Watchung • 908-490-1600  
Cash Only. Limit 4. Not valid with any other offers or discounts. Expires 2/10/16.

**\$500 OFF**  
**4 ADULT BUFFETS**

With purchase of a beverage per person  
Watchung • 908-490-1600  
Cash Only. Limit 4. Not valid with any other offers or discounts. Expires 2/10/16.

# Fresh Fruit &

# Vegetable Market

Freshly baked Portuguese and Italian bread delivered daily!

somersetfarms@verizon.net  
somersetfarmsnj.com

**908-757-7730**

**950 Route 22 East • North Plainfield, NJ**



**Store Hours:** Mon-Sat: 9:00 am to 7:00 pm  
Sun: 9:00 am to 5:00pm

**“We’re Not Just Produce”**



**Your  
One-stop  
Party  
Place**

## FRESH FRUIT OR VEGETABLE PLATTERS

Platters over stuffed with the best the season has to offer.



- 14 inch 24.99
- 16 inch 29.99
- 18 inch 39.99



**Perfect for Special Occasions!**

### COUPON

#### FRESH SHRIMP

**\$9<sup>99</sup>** SCO1  
**lb** 16/20 size

By the pound only. Limit 1 lb per customer per coupon per day. Not to be combined with other offer. Offers good thru 2/15/16.

#### FRESH FISH

**Available Thursday to Sunday**

*Filleted, Steaked,  
Cleaned to your liking!*

### COUPON

#### FRESH COD

**\$5<sup>99</sup>** SCO1  
**lb**

By the pound only. Limit 1 lb per customer per coupon per day. Not to be combined with other offer. Offers good thru 2/15/16.

### COUPON

#### BOAR'S HEAD HAM

**\$6<sup>99</sup>** SCO1  
**lb**

Must purchase 1 lb. Limit 1 lb. per coupon. Coupon may not be combined with other offers. Limit 1 offer and coupon per day. Offer expires 2/15/16.

### COUPON

#### SICURRO MILD SLICING PROVOLONE

**\$5<sup>99</sup>** SCO1  
**lb**

Must purchase 1 lb. Limit 1 lb. per coupon. Coupon may not be combined with other offers. Limit 1 offer and coupon per day. Offer expires 2/15/16.

### COUPON

**\$1.00 OFF your purchase of \$20.00 OR MORE**



Excludes garden center and fish purchases. Limit 1 offer per customer per day. Not to be combined with other offer. Offer expires 2/15/16.

## SUPER PARTY TREATS

**3ft - 6ft freshly baked Italian bread with Boars Head and Danielle cold cuts.**

*Place your order today!*

#### TOUCHDOWN - 54.99

Ham, Salami, Pepperoni, Lettuce, Tomato

#### FIELD GOAL - 54.99

Turkey, Swiss, Lettuce, Tomato

#### THE "REF" - 59.99

Proscuitto, Mozzarella, Roasted Peppers



**• Veggie Platters • Fruit Platters • Cheese Platters • Antipasto Platters**

**Call Today To Order! 908-757-7730 • 950 Route 22 East North Plainfield**

Open 7 Days Daily 9am-7pm / Sunday 9am-5pm



*Fresh Fruit Arrangements &  
Chocolate Covered Strawberries*

#### PERFECT GIFT FOR

- Birthdays • Thank You
- Get Well
- Deepest Sympathy
- I Love You
- Centerpieces

PERFECT DESSERT ADD ON

**Available For  
Pick Up Or Delivery**

#### Football Special Chocolate Covered Strawberries



**\$24.99  
BOX OF 12**

**Strawberry Touchdown  
Special - Pick up only**

**\$5 OFF**

**YOUR  
FRUITFUL  
CREATION  
\$39.99  
OR MORE**



SCO1  
Offer expires 2/15/16.