

The PRIDE of North Plainfield



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ISSUE 49 • JULY 2016

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ROTARY CLUB SCHOLARSHIP AWARDS

The Rotary Club of Plainfield- North Plainfield recently presented scholarship awards to twenty-three graduating seniors at North Plainfield High School and at Plainfield High School.

The Rotary club awarded \$11,000 in scholarships to graduating seniors at North Plainfield High School, \$16,860 to seniors at Plainfield High School, and another \$11,000 through the Adele deLeeuw Scholarship Fund.

The local club sponsors its own F. S. Mathewson Rotary Scholarship, awarding a total of \$8,000 to students in the two high schools in its service area. "Eight scholarships were awarded in memory of Matty Mathewson, the first member of our club to serve as District Governor," said club president Ravenell Williams IV.

The Rotary club targets the Mathewson Scholarship award to members of the North Plainfield High School Interact Club, the youth service club of Rotary.

"Members of Interact work very hard on many service projects of their own, including highly successful blood drives, community youth activities, food bank support, and many others," said Mr. Williams. "The members also work at our Club's garden plots at the Giving Garden in Warren, helping us raise fresh vegetables for the hungry. They also help us raise money during the year for our scholarship program, giving rise to recognition of that hard work with these special scholarships."

The Mathewson Rotary Scholarships were presented to Brenda Okereke, Molly Appezzato, Marisol Hernandez, and Helen Pazmino Nunez. Brenda Okereke also received the Paul Henry Memorial Scholarship, a late member of the Rotary Club. The award was presented by Paul's widow, Joan Henry, and their two sons.

Three North Plainfield high school students both current and former graduates received a total of \$7,500 in scholarships from the Adele DeLeeuw Scholarship Fund at a dinner held Wednesday, June 8th, at the Spain Inn in Piscataway. The scholarships are financed by a bequest from Adele DeLeeuw, longtime Plainfield resident, author of 75 books, journalist, and arts activist.

Brenda Okereke was the scholarship recipient from the graduating class of 2016. The Scholarship Fund also provided a continuing scholarship to college student Melody Njoku. This year's Adele DeLeeuw Senior Scholars, college students who were recognized as a scholarship recipient from the Fund for each of their four years in college included Charlotte Brockway. An additional nineteen students from area high schools received scholarships from the Fund.

The Club also awards scholarships on behalf of the Plainfield Foundation, a community-based non-profit that awards funding to benefit local community groups. This year, the Rotarians awarded \$4,000 from the Leo Albert Friese Scholarship Fund to North Plainfield High students Jasmine Chavez and John Hatala. The Friese Scholarships are awarded to graduating seniors who will pursue a major course of study in science.



(above, top, l-r) Christopher Silva (WHRHS),
Rebecca Mehorter (SPFHS),
Anthony Raphael (WHRHS),
Nicholas Ruzicka (SPFHS),
Cody Decker (SPFHS);
(middel, l-r) Stephanie Bohn (SPFHS),
Tyler Curtis (SPFHS),
Thomas Riccardi (SPFHS),
Nolan Berry (SPFHS);
(bottom, l-r) Charlotte Brockway (NPHS),
Emily London (SPFHS),
Melody Njoku (NPHS).

The Rotary Club of Plainfield-North Plainfield, founded in 1921, has served the community for over 95 years. Members are community and business leaders in the area who meet weekly on Wednesdays at 12:15 pm at Giovanna's Restaurant in Plainfield. Rotarians work on community service, vocational service, and international service projects throughout the year, with their main focus on community service in Plainfield and in North Plainfield.

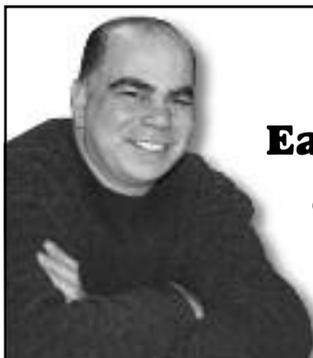
Contact Michael Townley, club secretary, at rotarypnp@verizon.net for additional information about the Rotary Club and its activities or to inquire about membership, or visit the Club's website at www.rotarypnp.org or its Facebook page at www.facebook.com/RotaryPNP.

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The Pride of North Plainfield is published by Renna Media. 6,500 newspapers are printed monthly and are mailed to every businesses and homes in North Plainfield, NJ using the 07060 zip code and are distributed for free pick-up throughout town.

Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

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NORTH PLAINFIELD OPTIMIST CLUB HOSTS 2016 OPTIMIST ATHLETE AWARDS

On June 6, 2016, the North Plainfield Optimist club honored some of our High School Athletes with dinner and recognition at Vermule Community Center. These Athletes were chosen by the coaches of all of the North Plainfield Varsity teams. The basis for these selections was the portrayal of positivity and optimism towards their team mates and coaches as well as in their own lives. Or more specifically they embodied the Optimist Creed.

This year the coaches chose: Rover Brito-Eusebio- Cross Country; Emily McGrath-Girls Tennis; Tiffany Mercuri-Varsity Cheerleading ;Jasmine Chavez- Girls Soccer; Jasmine Okolo-Field Hockey; Kevin Andrade- Boys Tennis; Jordan Sample- Girls Track and Field and Winter Track; Arthur Gilmore-Football; Ceisean Tucker-Grimes-Baseball; Nikita Forrester-Girls Basketball; Denilson Abreu-Boys Soccer; Kyle Funelas- Boys Track and Field; Eric Pettiford-Boys Basketball; Christian Velasco-Wrestling ;Molly Appezatto-Softball.

The Parents, Student Athletes and Coaches, were honored to have one of their own North Plainfield alumni and coaches, Mr. Jimmy DiPaolo spoke on the importance of optimism and teamwork in their lives now and for the future. He discussed his own challenges and how he overcame them and moved on to accomplish his own goals.

The North Plainfield Optimist Club is a service organization that focuses on the youth in our area. Other events recently held for students were our annual essay contest and our young orator

competition and new this year was our Super Hero lunch. The club hosts many fundraisers and other community based events throughout the year. If you would like to hear more about the North Plainfield Optimist Club, please contact Sandi Helck at 908-361-2152.

The Optimist Creed Promise yourself-

- To be so strong that nothing can disturb your peace of mind.*
- To talk health, happiness and prosperity to every person you meet.*
- To make all your friends feel that there is something in them.*
- To think only of the best, to work only for the best and expect only the best.*
- To be just as enthusiastic about the success of others as you are about your own.*
- To forget the mistakes of the past and press on to the greater achievements of the future.*
- To wear a cheerful countenance at all times and give every living creature you meet a smile.*
- To give so much time to the improvement of yourself that you have no time to criticize others.*
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.*

PROMOTE YOUR COMMUNITY EVENT

Community service organizations and sports teams are encouraged to submit news of upcoming events or highlights and photos on recent events.

Organizations who are interested in submitting content can email

editor@rennamedia.com or call 908-418-5586



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RECORDS BROKEN AT ROTARY TRACK AND FIELD MEET



Sun and smiles were the order of the day at the 89th Annual Rotary Track and Field Meet, held June 1st at the Hub Stine Athletic Complex in Plainfield.

The Rotary Club's meet has been held annually since 1924, with a three year break during World War 2 and several meets cancelled due to weather. Started as an organized meet for elementary school students, the meet shifted to the high school level to provide a friendly competition for area students. Later, when high schools began competing through a statewide system of athletic events, the Rotary meet shifted to the middle school grades.

Invitations went out to area schools in early May, with nearly 300 students registered for the Meet. Due to a scheduling snafu, two schools were unable to attend and one arrived late, after the coaches and athletes walked to the meet. "We were unable to wait for them to arrive and started the Meet on time," said Meet Director Michael Townley. "With buses scheduled for specific pick-up times, it was imperative that we stayed on schedule. The good news is that a number of the late arrivals were still able to compete in their scheduled events, winning twenty-five awards and even setting one new record."

Several of the judges were able to re-arrange the order of events to accommodate the late arrivals. One beneficiary of that juggling was Cadene Rose of Maxson Middle School. Cadene set a record in the long jump for twelve year old girls with a jump of 15' 3.5", breaking the previous record of 15' 2" held by Danielle Jensen of Valley View School that stood since 2004.

Another record-setting effort occurred in the high jump, where Vincent Rizzi of Valley View School cleared the crossbar at 5' 4", a full four inches over the record held since 2002 by Kenny Miller of Maxson Middle School.

"Over the years, we have had the privilege of hosting a number of young athletes who have gone on to set state and national records and win medals in Olympic competitions, including the late Milt Campbell, Olympic decathlon champion," said Meet Director Townley. "More recently, Nicole Sims and Kim Hicks were two outstanding athletes who achieved state championships in the shot put and went on to even more awards.

"But more important than hosting future greats

is our ability to give any interested student athlete the opportunity to compete against their peers, sometimes for the very first time. I have been doing this for over twenty-five years, and one of the joys of that long history is meeting young men and women who tell me that they competed in our meets when they were in high school or middle school. Even in their thirties and forties and older, their smiles are just as big as the day they competed at the Rotary Track and Field Meet."

Members of the Club and their friends offered their services as officials and judges for an afternoon of friendly, but determined competition by the young 12, 13 and 14 year-old athletes. They were supported by members of the Interact Club at North Plainfield High School who also filled key roles, such as judges, timers, and field event assistants. Interact is the youth-based service club sponsored by Rotary International.

"We are so grateful to our family members and friends and our Interact Club members who come out to help us with this youth service project," said Ravenell Williams, president of the Rotary Club. "There are so many positions to fill that we could not do it without their help. And our Interact members are just wonderful!"

Medals were awarded to first, second and third place finishers in all events except the relays, where ribbons were awarded to second and third place finishers. All participating schools took home medals or ribbons.

The Track and Field Meet was held at the Hub Stine Athletic Complex in Plainfield through the cooperation of the Plainfield Board of Education. "We have to commend the groundskeepers at Hub Stine for their help," said Tom Reedy, a Rotarian and the chief judge of the high jump events. "Every year they go above and beyond to prepare the fields for us and to help us bring in our materials and set up for the events. We sincerely appreciate their hard work." Coincidentally, the complex's namesake was a longtime member and secretary of the Rotary Club.

The Rotary Club of Plainfield-North Plainfield expects to offer the 90th Annual Track and Field Meet next year at the Plainfield site on the first Wednesday of June. The public is welcome and encouraged to attend and support the young athletes.

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DETECTIVE FOWLER CELEBRATES 20 YEAR ANNIVERSARY OF SERVICE

By: Julissa Ariel Ramirez

On June 16, 2016, Somerset students came together along with the police department to celebrate the end of this year's D.A.R.E Program along with the 20 year anniversary of Detective Fowler's service to North Plainfield.

Throughout the year, these students learned what it meant to be responsible and make good decisions when it comes to the use of drugs and alcohol. Many students thanked Detective Fowler as well as the rest of the officers for their assistance. "In the eighth weeks in D.A.R.E, I learned a lot. If you have a friend that smokes,

that can cause problems. If you hang around with kids that smoke, that is second hand smoke. I pledge to never join gangs, smoke or do drugs," said a D.A.R.E student. The group also discussed the different laws against tobacco, marijuana and alcohol as well as pledged not to do drugs or consume alcohol.

Mr. Saint-Rose, the Somerset School principal, also explained his appreciation for the D.A.R.E Program, "We really appreciate the insight and knowledge of the D.A.R.E Program and we appreciate the support of the important program.

You are given information that you will use beyond Somerset School where you can either take the positive or negative road. Make sure you understand the difficulties you can do to your own body. It is up to you to do the right thing."

The students' parents, faculty along with the rest of the community united to congratulate the students on their accomplishments and pledges to be the best they can be. The D.A.R.E Program will continue next year, to teach more students on how to be responsible and say no to gangs, drugs and alcohol.



(above) Drug Abuse Resistance Education (D.A.R.E.) is an international substance abuse prevention education program that seeks to prevent use of controlled drugs, membership in gangs, and violent behavior.

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NORTH PLAINFIELD BUSINESS ASSOCIATION

The North Plainfield Business Association was established in 1938 and is open to any local business. Standard membership is FREE and the benefits are invaluable. Members receive the opportunity to network and advertise their business on a monthly basis. Monthly meetings feature educational guest speakers from the worlds of marketing, advertising, finance and more. The NPBA offers mentoring, problem-solving, start-up services and liaison with borough offices. If you have a local business, large or small, the NPBA is right for you. Fill out this form for your FREE membership or join at a higher level for additional benefits. We look forward to seeing you at our next meeting – held the last Tuesday of every month at 7pm.

NPBA MONTHLY MEETING REPORT

Visit NPBA page at: www.facebook.com/NPBABusinessAssociation

The June meeting of the North Plainfield Business Association (NPBA) was held on Tuesday June 28, 2016 at the International Club & Sports Bar on Somerset Street. The meeting was sponsored by Avis Rent-a-Car, with Eddy's Kitchen providing the food and refreshments.

The guest speaker was Stan Robinson from SHR Marketing who made a great presentation about using LinkedIn. Stan will offer a free 30 minute remote consultation for any NPBA member.

The next meeting will be Tuesday July 26th, 7pm at Fabricland, 855 Route 22, North Plainfield. The sponsor will be Steve Randolph

of True Payroll. Guest speaker will be Susan Wilcox of Dynamic Marketing who will make a presentation on Constant Contact and Email marketing.

There will be no August meeting, but the group will meet again on September 27th.

Finally, NPBA membership remains free, so tell your friends. There are elevated membership levels of \$100-\$300 annually that include benefits and sponsorship opportunities.

Anyone interested in the NPBA can speak to Pete Eddy 908-256-1273, Danny Dominguez 908-447-2468, or Bruce Heyman 908-755-4700.

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(Spanish version available from Mr. Dominguez)



(above, l-r) Chamber President Bruce Heyman, Presenter Stan Robinson, sponsors from Avis Rent-A-Car Marlissa Giagliardi and Vinnie Stanson.



Photos from this and other events can be found online at rennamedia.com and on the *The Pride of North Plainfield* page on facebook.com

GRANTS TO HELP ADULT LITERACY AWARDED

Somerset County Library System of New Jersey has been awarded a \$99,084 grant from The New Jersey Department of Labor and Workforce Development to provide 84 adult community members with basic skills training through an Adult Literacy and Community Library Partnership Pilot Program.

SCLSNJ, in partnership with The New Jersey Department of Labor and Workforce Development, identified a need to provide adult basic skills training that would lead to greater employment opportunities and/or career advancement for NJ residents in need of jobs, as well as those in low-wage, lower-skilled occupations. According to the grant, "To effectively maintain sustainable employment, entry-level workers must be equipped with the skills necessary to meet the increasing demands of the workplace." With that in mind, the goal of the Adult Literacy and Community Library Partnership Program is to provide adults with educational opportunities to acquire and improve the literacy skills necessary to become self-sufficient and to participate effectively as productive workers, family members, and citizens.

In order to expertly provide these adult basic education classes, which will prepare students to take a high school equivalency exam, SCLSNJ will work closely with the Hunterdon-Somerset Title II Consortium, an organization that includes Hunterdon County Educational Services Commission, The Jointure, and Franklin Township Board of Education.

Designed to improve the English language proficiency and adult basic education skills of those adults who are unemployed, underemployed, or needing remedial instruction

in Somerset County and the surrounding area, the program will emphasize preparation for high school equivalency testing. Additionally, the program will promote life and workplace skills, family literacy, civics, digital literacy, and job readiness skills. English for speakers of other languages classes will focus on conversation, grammar, citizenship, and life skills.

The Adult Literacy and Community Library Partnership Pilot Program will take place at SCLSNJ's Bound Brook Memorial Library, Manville Library, and North Plainfield Memorial Library branches. A summer session and a fall session will be offered. Summer session dates and times are:

Tuesdays and Thursdays, July 5th-August 25th, 6-8:30 p.m. at SCLSNJ's Manville Library branch, located at 100 S. 10th Avenue in Manville. Registration and assessment will be held July 5, 6-8:30 p.m.

Tuesdays and Thursdays, July 5th-August 25th, 6-8:30 p.m. at SCLSNJ's Bound Brook Memorial Library branch, located at 402 E. High Street in Bound Brook. Registration and assessment will be held July 5, 6-8:30 p.m.

Mondays and Wednesdays, July 6th-September 12th (no class July 11), 6-8:30 p.m. at SCLSNJ's North Plainfield Memorial Library branch, located at 6 Rockview Avenue in North Plainfield. Registration and assessment will be held July 6, 6-8:30 p.m.

Fall session dates and times will be announced at a later date. All classes are free and participants ages 18 and over will be able to register the first day of class on a first come, first served basis.

For more information, email adulthoodliteracy@sclibnj.org or call 908-526-4016 ext. 188.

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WHAT WILL YOU LOOK LIKE IN 40 DAYS?



COMPARE

Today's **Most Popular** 3 Weight Loss Programs vs. **NUTRIMOST**

- | | | |
|---|---------------------------------|---|
| ✗ | State of the Art NRF Technology | ✓ |
| ✗ | Fat Burning | ✓ |
| ✗ | Targets Abdominal Fat | ✓ |
| ✗ | Resets Metabolism | ✓ |
| ✗ | Resets Weight Set Point | ✓ |
| ✗ | No Hunger | ✓ |
| ✗ | Doctor Supervised | ✓ |

TECHNOLOGY HAS GIVEN US THE ABILITY TO FIND OUT WHY YOU ARE STORING FAT AND HOW TO GET RID OF IT!

A "one-size-fits-all" weight loss program will only take you so far (and after many months of hunger and a boatload of cash).

Targeting your specific hormone makeup is the key to fast and effective weight loss. Our NRF Technology essentially takes your hormonal fingerprint to determine the exact ingredients you need to bring your body into an optimal state of fat burning. And beyond the initial weight loss, restoring balance with the system actually resets your metabolism and weight set point so that you **keep the weight off** after you lose it.

➔ **\$72⁰⁰** ➔
a \$99 value

BODY COMPOSITION ANALYSIS

A complete assessment and teaching of your current body composition in comparison to where you should be. This analysis includes your body fat percentage and mass, visceral fat rating, body water percentage, metabolic age and other important metrics.

& FAT LOSS CONSULTATION

A personally integrated session with a NRF Technology Specialist to discuss how this revolutionary technology can help you naturally detox and heal your body, restore balance to your hormones and neurotransmitters, and reset your metabolism.

CALL 908.279.7740 OR VISIT CENTRALJERSEYHEALTH.COM

LOSE 20-45lbs IN JUST 40 DAYS
GUARANTEED!

SIGNUP
REGISTER FOR A
CONSULTATION

