

LIFE *in* LINDEN

FREE

Linden Chamber of Commerce is an affiliate of Gateway Regional Chamber of Commerce.

Distributed as a community service by the Linden Chamber of Commerce.

Issue 18 • May 2011

**NEXT CHAMBER
MEETING
MAY 24
8:30 am**

**Linden Emergency
Medical Services,
12 N. Stiles St.**

**LINDEN'S AMERICAN
LEGION POST 102
MONTHLY PANCAKE
BREAKFAST**

will be served between
8:30 am & 12:30 pm

SUN, MAY 15

*A special is
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**The all you can eat
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American Self Storage is the newest addition to the Linden self storage community. For over 25 years, American has been serving residents with 12 facilities in Jersey City, Hoboken, Union City, other parts of New Jersey and New York.

Richard P. Monteforte, American Self Storage's Chief Operating Officer likes to compare self storage to the opening line of the Charles Dickens novel *A Tale of Two Cities*, "It Was The Best Of Times; It Was The Worst Of Times". On occasion, we may have had the need to use a self storage facility. In "The Best Of Times" we may be moving into a new house and storing belongings while it is being completed, a newly married couple may be consolidating two households and store excess furniture, retirees may be downsizing and plan to travel, a student graduating from college is starting a new and exciting phase of their life. These are just some of the happy times in a person's life when we at American Self Storage can help meet all storage needs. During "The Worst of Times" with the death of a loved one, a divorce, a house fire, a foreclosure, and other unfortunate and unexpected life situations; we may



be in need of additional storage space quickly. American Self Storage advisors are trained to evaluate the need and be both empathic and sympathetic during traumatic times.

Their newest self storage facility at 1051 Edward Street in Linden, New Jersey has all that the self storage user could need. They can be reached by phone at (908) 523-7333 and on line at www.americanselfstorage.com.

LINDEN TRACK CHAMPS



In Lindens Tri-Meet with Elizabeth and Plainfield, Linden High School Track and Field Shot Put, Andrew Frazier placed 1st, Bryce Scott placed 2nd, and Austin Frank placed 3rd.



Photos by Chris Hudak, Linden Public Schools

(above) Jonathan Petit-Homme of Linden High Track and Field came in 1st place in the 400 hurdles and 1st place in the 800 meter run.

Advertising in this newspaper

Each month this newspaper is mailed to every home and business in Kenilworth.

Reserve space in the next issue.

Call Tina today at 908-418-5586

or email info@rennamedia.com



A WEALTH OF LINDEN INFORMATION ONLINE

The next time you need to know what's going on in town, or to look for a municipal phone number, or who to speak to regarding city services check Linden's website.

linden-nj.org

Find the Linden Chamber website through the "Affiliates" link on: **gatewaychamber.com**

Renna Media
202 walnut Avenue, Cranford, NJ 07016

LIFEⁱⁿ LINDEN

Life in Linden is published by Renna Media in cooperation with the Linden Chamber of Commerce, an affiliate of the Gateway Regional Chamber of Commerce.

Five thousand newspapers are printed monthly and distributed free at distribution sites throughout Linden.

Although great care has been taken to ensure the information contained within is accurate, Linden Chamber of Commerce assumes no liability for errors or omissions.



Gateway Regional Chamber of Commerce
P.O. Box 300 • Elizabeth, NJ 07207-0300

Vice President: Kate Conroy
kateconroy@gatewaychamber.com
908-352-0900

Linden Chamber of Commerce
Co-Chairs: Janet Miller, Cox Printers
and Courtney Villani, Villani Bus
Vice Chair: Angie Tsirkas, Northfield Bank
Treas.: Linda Hundley, LJ Engraving & Signs

LINDEN CITY COUNCIL

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Richard J. Gerbounka

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Robert J. Sadowski, 6th Ward

Jack Sheehy, 7th Ward

Michele Yamakaitis, 8th Ward

Robert Frazier, 9th Ward

Rich Puschel, 10th Ward

IMPORTANT PHONE NUMBERS

Emergency	911
Non-Emergency Police	908-474-8500
Non-Emergency Fire	908-474-4550
Mayor's Office	908-474-8493
Board of Health	908-474-8409
City Clerk	908-474-8452
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Engineering	908-474-8470
Municipal Attorney	908-474-8468
Municipal Court	908-474-8546
Planning Board	908-474-8453
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TOWNSHIP MEETING DATES

LINDEN CITY COUNCIL MEETING DATES

Conference meetings will be held in the Council Office. Regular meetings will be held in the Council Chambers, LindenCity Hall.

Conference meeting: May 16, 6:00 p.m.

Prior to Council Meeting:

May 17, 6:00 p.m. to 7:00 p.m.

Council Meeting: May 17, 7:00 p.m.

PLANNING BOARD

Meetings are held the second Tuesday of each month at 7:00 p.m. in the Planning Room, City Hall, Linden, New Jersey.

ENVIRONMENTAL COMMISSION

Meetings are held at City Hall, normally on the first Wednesday of each month at 7 pm.

All meetings are open to the public.

LINDEN BOARD OF EDUCATION

Please call for schedule:

908-486-2800

RENT LEVELING BOARD

Meetings are held the third Wednesday of each month at 7:30 pm in the Planning Board Room at City Hall.

GATEWAY CHAMBER EVENTS

For additional event information call the Chamber at 908-352-0900 or visit www.gatewaychamber.com

8:00 AM MAY 10

VETERANS BUSINESS ASSOCIATION

Perkins of Green Brook, 297 Rt. 22 East, Green Brook

8:30 AM MAY 11

KENILWORTH CHAMBER MEETING

Visit our website for meeting location

6:00 PM MAY 11

NJ REAL ESTATE SOCIAL NETWORK MEETING

The Westwood, 438 North Avenue, Garwood

8:00 AM MAY 12

HOT LAW! BREAKFAST SEMINAR

"Litigation Avoidance & Insurance Coverage"

presented by Steven Beckelman, Commercial

Litigator and Steve Weisman, Specialist

Kenilworth Inn, Boulevard & S. 31st Street

8:30 AM MAY 13

LOCAL & COUNTY AFFAIRS COMMITTEE

Garwood Municipal Building,

403 South Avenue, Garwood

6:00 PM MAY 17

IRISH BUSINESS ASSOC. NETWORKING EVENT

Molly Maguire's Irish Pub, & Restaurant,

1085 Central Avenue, Clark

8:00 AM MAY 18

EMPLOYEE LEGISLATIVE COMM. MEETING

Kenilworth Inn, Boulevard & 31st Street

11:45 AM MAY 19

ASSOC. OF BUSINESS WOMEN LUNCHEON

Garden Restaurant, 943 Magie Avenue, Union

8:30 AM MAY 24

LINDEN CHAMBER MEETING

Linden Emergency Medical Services,

12 North Stiles Street, Linden

8:30 AM MAY 25

CLARK CHAMBER GROUP

Clark Nursing & Rehabilitation Center, 1213

Westfield Avenue, Clark

8:00 AM MAY 27

SOMERSET HILLS BUSINESS NETWORK

Olde Mill Inn, 225 Route 202, Basking Ridge

ADVERTISING & PRESS RELEASES

Inquiries concerning advertising and submissions of press releases can be made via email or fax to:

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Email: TinaRenna@RennaMedia.com

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THE DAY TO HONOR OUR VETERANS WHO MADE A SUPREME SACRIFICE FOR OUR NATION

By Ron Stefanowicz, President Linden Veteran's Council

Memorial Day is a day unlike any other. Since 1868, we have come together in our communities to place flowers and flags on graves of our fallen heroes and come together in services to honor those who have paid the ultimate price in the name of freedom.

For whether a war is popular or not, the sacrifice is the same for the more than one million men and women who died in service of this nation in wars and conflicts since 1775.

Americans must remember that freedom is not free. It is only possible because our fallen heroes have paid its high price. Let us not lose focus of what Memorial Day means; it is a day to remember.

To all our fallen heroes on this coming Memorial Day, we are in their debt and we thank them. May God bless them and our great nation.

We invite all Linden residents and businesses to join this year's Memorial Day activities to honor our patriotic veterans who have made a supreme sacrifice for our country.

The Linden Veterans Council and its members, the American Legion, Post 102, Veterans of Foreign Wars, Post 1397, Vietnam Veterans, Chapter 779, Marine League, Martin Danoski Post, Catholic War Veterans, Post 497 and Polish Legion of American Veterans, Post 91, invite resident's participation in Linden's Memorial Day programs.

If you have a family member or friends who rests in a Linden Cemetery you can join the Veterans, LHS ROTC, Girl Scouts and other

residents to place an American Flag on Veteran's graves. Veteran Grave Site Flag Placements will take place on Saturday, May 22nd. Everyone who would like to participate in flag placement will assemble at American Legion Hall, 112 W. Elizabeth Ave. at 9:15 AM, leave for cemeteries at 10:00 a.m. Sharp. Return to American Legion Hall on Elizabeth Ave. 12:00 noon. Refreshments will be served following Veteran's Grave Flag Placement service. Annually there are over 2,500 flags placed on Linden Veteran's graves.

Placing memorial wreaths ceremony on City of Linden Veterans Monuments will take place on Monday, May 30th. All Veterans, LHS ROTC and Linden Residents will assemble at American Legion, Post 102, at 112 E. Elizabeth Ave. The 2011 Memorial Day Wreath placement ceremonies will be hosted by Linden Marine League, Martin Danoski Post.

The following time schedule could vary by a few minutes. Residents are invited to meet the Veteran's entourage at a specific Monument listed to the right or to join the Veteran's escorted entourage from the American Legion Hall to visit all the City Monuments.

All veterans are invited to join their fellow veterans in honoring those veterans who have made the ultimate sacrifice for their country. Call 908-862-9721 if you need additional Information.

MEMORIAL DAY MONUMENT VISIT SCHEDULE

- 8:30 - Assemble at Linden American Legion, Post # 102
- 9:10 - St. Theresa Church, Catholic War Veterans Monument
- 9:20 - Veterans Memorial Park, S. Wood Ave., All Veterans Monument
- 9:30 - Melnyk Park, 11th Street, Marine League and Local Neighborhood Veterans Monument
- 9:45 - Rosedale Cemetery, Route 1, Veterans Circle
- 10:10 - 8th Ward Monument, Park & Grier Ave, All Veterans Monument
- 10:20 - Rosehill Cemetery, Linden Ave., Veterans Circle, All Veterans Monument
- 10:30 - Farawell Park, Ziegler Ave, Marine League and Local Neighborhood Veterans Monument
- 10:45 - School #1, Curtis & Gibbons Street, All Veterans Monument
- 11:00 - Wilson Park, Summit Terr., Purple Heart and Local Neighborhood Veterans Monument
- 11:15 - Knosky Park, Stiles & Elm St., Marine League and Local Neighborhood Veterans Monument
- 11:30 - Linden City Hall, N. Wood Ave. WW 2, Korea & Vietnam Monuments
- 11:40 - VFW # 1397, Pennsylvania Railroad Ave., VFW Monument and All Veterans
- 11:50 - Return to AL Post 102, 112 W. Eliz. Ave., AL Monument and All Veterans.

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Jimmy Carter Benefit Run



Event Date - Saturday, May 28th, 2011
Rain Date - Saturday, June 11th, 2011

Meet up 9am Kickstands up @ 11am
 Memorial Park, S Wood Avenue, Linden, NJ
 Distance Run 50-60 Miles
 Bike Run Registration \$20
 (Includes Bike Run, Food, Beverages and Music)
 Admission for Park Entrance \$10
 Park Event 9am - 6pm
 DJ & Vendors On Site
 For more info contact
 President of Latino Peace Officer Association Union County Chapter
 Angel Padilla (C) 908-943-7357 (E) apadill9@aol.com



Latino Peace Officers Association Union County NJ Chapter
 240 West Linden Avenue, Linden, New Jersey 07036
 E-mail: apadill9@aol.com • Website: WWW.LPOANJ.ORG

To Whom It May Concern:

The LPOANJ Union County Chapter is organizing a benefit for Jimmy Carter. Jimmy is a Linden, New Jersey Police Officer. Last year should have been one of his happiest years for him with his recent engagement to his long time girlfriend Leslie, instead he was given, what would be anyone's worst fear, the news that he had cancer.

Jimmy has gone through numerous surgeries and many hospital stays. He is currently on disability and it is unknown when he will be returning to work. He and his fiancée have been fighting their hardest battle so far. It is an exhausting illness and we are asking for your help in assisting them through their fight. All the proceeds from this event will be donated to Jimmy and his fiancée so that they can focus on beating his illness and not the financial burden it brings.

We are organizing a Jimmy Carter Benefit Motorcycle Run on May 28th, 2011. We have reserved the Memorial Field in Linden, New Jersey. LPOANJ Union County Chapter would like to ask those who are able to donate to please do so. We are in need of food, beverages, paper products and other items to make this a successful benefit.

Please contact me on my cell phone number listed above if you would like to donate, be part of our benefit or have any questions. Any checks should be made payable to Latino Peace Officers Association.

On behalf of Jimmy Carter, his fiancée Leslie, and the LPOANJ Union County Chapter we would like to thank you in advance for your help and donations.

Thank you,

Angel Padilla
 LPOANJ Union County Chapter President

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DORIS J. HENEL NAMED 2011 OUTSTANDING SENIOR CITIZEN OF THE YEAR

Doris J. Henel a lifetime Linden resident has been chosen as the City of Linden's 35th Annual Outstanding Senior Citizen of the Year. This award is bestowed annually by the Linden Department of Public Property and Community Services upon the Senior Citizen who displayed the most exceptional service to the Community and his/her fellow seniors during the year.

Doris Mellor Henel was born on October 28, 1924 in the City of Linden. She is a proud graduate of School #8, Linden Junior High and Linden High School, Class of 1942. She was an active participant in various clubs and organizations throughout her high school years.

After graduation, Doris attended classes on the Newark campus of Rutgers University, and found employment as an office worker with Lawrence Engineering off of Stiles Street in the 10th Ward of the Sunnyside Section of Linden. At the completion of World War II, Doris met Albert Henel, a casual acquaintance in high school and a fellow life long resident of Linden, who was returning home from the War. He was a Staff Sergeant in the United States Air Force. They soon fell in love and were married on May 8, 1948. Doris and Al became the proud parents of Thomas, John, Bill and Jeanne and grandparents of Matthew, Tessa, Zachary, Andrew and twins: Celina and Alexander. Sadly, Albert passed away in 1999.

After marriage, Doris transformed from a stay at home mom to an accomplished volunteer and hasn't stopped since. From her work with the various PTA's in the schools her children attended to her 40 plus years of volunteering



with Girl Scouting in Linden and the Washington Rock Girl Scout Council of which she was President for three years and the recipient of the Emerald Award, the highest award given by the Council for Volunteer Community Service. Doris was the Worthy Matron of Emmaus Chapter #183, Order of the Eastern Star and is a 63 year member of the United Methodist Church of Linden where she has chaired various committees and groups from the Board of Trustees, the Finance Committee, the United Methodist Women, to Chairwoman in charge of the Linden Kiwanis Club Luncheons for the 35 years the organization held its meetings at the church. She has been the church secretary for the past 43 years, and was awarded Layperson of the Year by the United Methodist Northern New Jersey Conference in 1996. Additionally, Doris has been an active Community Volunteer serving as President of the Linden Committee of Concerns in the 1960's which promoted race relations to ease conflicts between the races, first President of the 9th

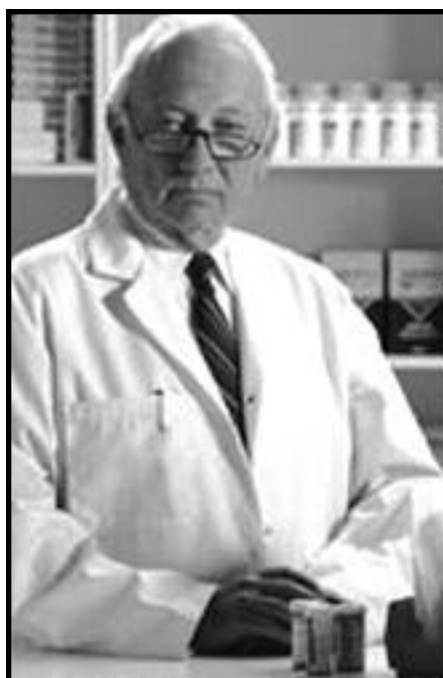
Ward Citizen's Club, a founding member of the Linden Coalition for Political Action Committee, Chairwoman of various Food Basket and Christmas Toy Drives for needy Linden families, a member of her high school reunion committee since graduation, and has held various positions with the Linden Library Board including a three year stint as President. She has recently been reappointed to the Board and is currently their First Vice President. She is an active member of the Linden Citizen's Association.

All Linden residents are invited to attend the celebration honoring Doris J. Henel as Linden's Outstanding Senior Citizen of the Year. Please join us on Friday, May 20, 2011 at the John T. Gregorio Recreation Center at 1:00pm. Refreshments will be served. For further information, please call the Linden Department of Public Property and Community Services at 908-474-8600.

FREE JOB TRAINING

Project Ready will be accepting applications for its free six week job preparedness program on Tuesday, May 17 at 9:30 sharp. Applicants should be prepared to stay until 1:30PM. Basic computer skills will be taught including Microsoft Word, Excel and navigating the internet as well as resume writing and interview techniques. Project Ready is located within St. Joseph Social Service Center at 118 Division St. in Elizabeth.

For information please call (908) 353-1045 or visit www.stjosephelizabeth.org



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LINDEN INDUSTRIAL ASSOCIATION 76TH ANNUAL MEETING

The Linden Industrial Association recently held its 76th annual meeting at Big Stash's Restaurant in Linden. The meeting was attended by LIA members, Linden businesses, business organizations and elected officials. The officers were re-elected to serve another year President- Andrea Martone (Safety-Kleen Systems, Inc.) 1st Vice President Liz Garcia (Infinium USA L.P.) 2nd Vice President Wayne Cromwell (General Magnaplate), Secretary James K. Estabrook and Treasurer, Eileen Williams (Lindabury, McCormick, Estabrook & Cooper, P.C).

The purposes of the LIA are to promote the mutual interests of industries located or having interests in the City of Linden or surrounding municipalities and for such other beneficial purposes as may from time to time be recommended by the Board of Trustees.

Guest Speakers included Richard J. Gerbounka, Mayor City of Linden and Mr. Lauren H. Moore, Director of the Office of Business Advocacy for the New Jersey Business Action Center.

According to their website, www.state.nj.us/njbusiness/bac, the NJ Business Action Center believes Economic Development in New Jersey requires a new course in order to create the optimum conditions for business growth and job creation in the State. Governor Christie recognized the need for change and consolidated all State economic development activities under the leadership of Lieutenant Governor Kim Guadagno, creating the New Jersey Business Action Center (BAC) in the Department of State.

The New Jersey Business Action Center plays a key role in helping grow, retain and attract business to the State. The center serves as a "one-

stop" shop for business. The team at the Center works to encourage entrepreneurship by supporting New Jersey's businesses of all sizes, supporting global competitiveness of New Jersey companies, as well as to promote the State's attractiveness as a vacation destination and business investment location nationally and internationally.



(above, l-r) Liz Garcia of Infinium USA L.P. presented Joseph Barbanel & Harry N. Bockus, Jr. of Solar Compounds Corp. with the 2011 LIA "Business and Community Contribution Award".

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ALLERGIC REACTIONS AND EMERGENCIES Submitted by Andrew T. Caruso, EMT - Linden EMS

The body's immune system contains white blood cells which produce antibodies. When the body is exposed to an antigen, a complex set of reactions begins. The white blood cells produce an antibody specific to that antigen. This is called "sensitization." The job of the antibodies is to detect and destroy substances that cause disease and sickness. The antibodies promote production and release of chemicals and hormones called "mediators." One well-known mediator is Histamine. Mediators have effects on tissue and organs in addition to activating more white blood cell defenders. It is these effects that cause the symptoms of an allergic

reaction; also known as "anaphylaxis." If the release of the mediators is sudden or extensive, the allergic reaction may also be sudden and severe.

Your allergic reactions are unique to you. For example, your body may have learned to be allergic to poison ivy from repeated exposure. Most people are aware of their particular allergy triggers and reactions.

Certain foods, vaccines and medications, latex rubber, shellfish, dust, pollen, insect bites/stings, mold, animal dander, and poison ivy are common allergens.

Bee stings, fire ant stings, penicillin, seafood and peanuts are known for causing dramatic reactions that can be serious and involve the whole body. In some cases, these severe reactions cause symptoms that require immediate medical care.

Unfortunately, the specific allergen often cannot be identified unless you have had a similar reaction in the past. There is no prevention for allergies other than not being exposed to begin with.

Allergies and the tendency to have allergic reactions run in some families. You may have allergies even if they do not run in your family. Many people who have one trigger tend to have other triggers as well.

People with certain medical conditions such as: sensitive skin, severe allergic reactions in the past, frequent infections, asthma and other respiratory problems are more likely to have allergic reactions than those without these problems.

Typical symptoms of allergic reactions are: sneezing, difficulty breathing, wheezing, cramps, itching, hives, vomiting, edema (swelling), and anxiety. Check with your physician about other symptoms that you might experience.

Some of these symptoms are little more than an annoyance that will go away, but extra caution must be paid to the symptoms that affect breathing. Any sign of trouble breathing should result in an immediate call to 9-1-1. While it might not seem so critical because at first the breathing problem is manageable, it could easily progress with swelling of the airway and suffocation. Your local EMS providers carry medication that will reverse your allergic reaction, but a trip to the hospital is still warranted.

Simple, over-the-counter medications such as Benadryl (diphenhydramine), Allegra (fexofenadine), Alavert (loratadine) or other antihistamines can help minor reactions such as hives, itching, rash, etc. People experiencing what they suspect to be allergic reactions for the first time should contact a physician before using any medications. People with known allergies might be prescribed an "Epi-Pen" or other automated device that injects epinephrine into the patient's leg. While this can be painful, it could save your life, and if you are prescribed it, carry it with you at all times. Critical medication such as this does no good when left at home.

As always, when in doubt, activate the 9-1-1 system and EMS will come to assist you.

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LINDEN OFFICER LEADS COUNTY IN DWI ARRESTS

Linden Police Officer Gavin Sheehan was recently recognized as being the leader in impaired driving arrests in Union County for 2010. He was invited to attend the “New Jersey Remembers” ceremony which was held at the Trenton War Memorial on April 27, 2022 in Trenton, NJ.

This event brought further awareness to the tragedies associated with impaired driving and to commemorate the lives lost as a result of an impaired driver. The ceremony included a procession, where family members carried a photo of their loved ones they had lost, along with a candle. Both the candle and photo were placed on a table, where they were displayed throughout the ceremony, which also included remarks from invited law enforcement and traffic safety officials which included NJ State Police Superintendent Colonel Rick Fuentes and NJ Attorney General Paula T. Dow.

Officer Sheehan was an escort in the procession as well as a recipient of a certificate presented by the New Jersey Attorney General as being the leader last year in impaired driving arrests in Union County.



(above, l-r) Linden officers Vincenzo Wegrzynek, the leader in drunk driving arrests in the City of Linden in 2009 stands next to Off. Gavin Sheehan, the leader in drunk driving arrests in Union County for 2010.

VETERAN OFFICERS PROMOTED

On March 30th, officers were promoted in a ceremony at Linden City Hall in front of an audience filled with family, friends, and colleagues. Lieutenant Clark is a 20 year veteran and will serve in the Patrol Division as a shift commander. Sgt. Fernandez is an 11 year veteran of the department and will serve in the Patrol Division as a shift supervisor.



(above, l-r) Lieutenant Jeffrey Clark, Acting Chief James M. Schulhafer, Sergeant Airan Fernandez.

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EARTH DAY BRINGS TOGETHER INDUSTRY AND AGRICULTURE IN LINDEN

Community is alive and well in Linden, NJ, if the events on Earth Day at General Magnaplate and Magnalube are anything to go by.

On April 21st the two industrial companies built a raised bed garden so all employees will be able to share in the harvest this summer and fall. However, what is truly unique about this endeavor is that a local farm will provide the seedlings (and expertise) while an employee donated the compost from her compost garden at home.

For over 40 years, Earth Day-April 22-has inspired and mobilized individuals and organizations worldwide to demonstrate their commitment to environmental protection and sustainability. Candi Aversenti, CEO of General Magnaplate, and Luke Saunders, President of Magnalube, purchased the materials for the beds and some soil. The seedlings were provided by Ralston Farm - a Mendham farm run by Bennett Haynes who is starting off his first season farming independently, and runs a local CSA (Community Supported Agriculture) for

residents to buy local, seasonal food directly from a farmer.

"We've always celebrated Earth Day and placed a great emphasis on recycling and the environment, but this year is something truly special," reports Candi Aversenti, CEO of General Magnaplate. "The collaboration of industrial companies, a local farmer and an employee who is donating her own compost, shows that there is a real sense of community and a real passion for caring about the environment." "All of our employees will be

involved and we are hoping for sunshine on April 21st as we'll all be out raking, digging and sowing seeds with some expert direction from Bennett Haynes. And this isn't just for the benefit of the environment, all of those employees involved in helping out will literally be able to reap the fruits of the labor come harvest time." Luke Saunders, President of Magnalube, added, "We are proud to play such an active role in this event and as a small thank you to Bennett we even lubed his tractor with one of our industrial lubricant products!"



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EPICOR LINDEN PRESENTATION

Japan's Fukushima Nuclear Plant earthquake and tsunami accident and the aftermath were the focus of a presentation made by Philip D'Angelo, Vice President of JoDAN Technologies, at the Linden Public Library in April. JoDAN Technologies is a Pennsylvania technology consulting firm that provides process chemistry and water treatment consulting to electric utilities as well as commercial and industrial clients in the US and abroad.

The event was sponsored by Epicor, Inc. a Linden company founded in 1972 by the late Joseph A. Levendusky, the inventor of the powdered ion exchange resin process. Epicor remains a leading manufacturer of powdered ion exchange resins and resin/fiber mixtures, supplying the highest quality bead and powdered ion exchange resins to the electric utility industry for use in both nuclear and fossil fueled power plants.



(above) Philip D'Angelo



(above) Linden Mayor Richard Gerbounka and Epicor President Rose Bussiculo

ConocoPhillips & Infineum

Bowl-A-Thon 2011

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Have fun with co-workers, family & friends
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**Tuesday
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4:30 to 6:30 pm**

Two games of bowling,
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Opportunity To Win Prizes!!

Jersey Lanes
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Bowling teams are formed and asked to collect donations* prior to the event.
To sign-up a team and for more information visit: www.janjevents.org
Click on Events and scroll down and click on Infineum and ConocoPhillips Bowl-A-Thon

Questions? Contact
Lisa Barra: 908-523-6933 (ConocoPhillips)
or
Lois Bass: 908-474-7869 (Infineum)

*Proceeds will support the JA High School Heroes Program in the Linden and Rahway communities

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TAILGATER

4 PIZZA'S UP TO 2 TOPPINGS EACH,

50 BUFFALO WINGS,

CELERY,

RANCH DRESSING

AND CHOICE OF HOUSE OR CAESAR SALAD:

FEEDS 10 TO 15 PEOPLE.....\$100.00

EXECUTIVE TAILGATER

4 PIZZA'S WITH UP TO 2 TOPPINGS EACH,

MUSSELS MARINARA,

GARLIC BREAD,

50 WINGS,

CELERY, RANCH DRESSING

AND CHOICE OF HOUSE OR CAESAR SALAD:

FEEDS 10 TO 15 PEOPLE.....\$135.00

PARTY PACKAGE

5 PIZZA'S ANY STYLE,

CHOICE OF MUSSELS OR CLAMS (Drunken or Zuppa),

GARLIC BREAD,

50 WINGS, :

HOTSY TOTSY SHRIMP

AND CHOICE OF HOUSE OR CAESAR SALAD:

FEEDS 15 TO 20 PEOPLE.....\$175.00

ANTI PASTA, COLD SALADS

CEASAR SALAD: HALF TRAY.....\$15.00 / FULL TRAY.....\$30.00

GARDEN SALAD WITH OUR FAMOUS HOUSE DRESSING:

HALF TRAY.....\$15.00 / FULL TRAY.....\$30.00

ANTIPASTA SALAD: HALF TRAY.....\$40.00 / FULL TRAY.....\$70.00

COLE SLAW: HALF TRAY.....\$15.00 / FULL TRAY.....\$30.00

POTATO OR MACARONI SALAD:

HALF TRAY.....\$15.00 / FULL TRAY.....\$30.00

SUBS

3 TO 6 FOOT ITALIAN SUB OR

BUILD YOUR OWN 3 TO 6 FOOT SUB:

\$14.95 PER FOOT

HOT PASTA TRAYS

PENNE ALA VODKA PLAIN: HALF.....\$35.00 / FULL.....\$65.00

PENNE ALA VODKA W/ SHRIMP OR SCALLOPS:

HALF.....\$65.00 / FULL.....\$95.00

BAKED ZITI:

HALF.....\$40.00 / FULL.....\$70.00

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HALF.....\$35.00 / FULL.....\$65.00

POTATO & CHEESE PIEROGIS:

HALF.....\$35.00 / FULL.....\$65.00

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HALF.....\$35.00 / FULL.....\$65.00

HOT CHICKEN TRAYS

CHICKEN FRANCAISE:

HALF.....\$50.00 / FULL.....\$85.00

CHICKEN MARSALA:

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BONELESS BBQ WINGS:

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HOT SPECIALTY TRAYS

EGGPLANT PARMIGIANA:

HALF.....\$35.00 / FULL.....\$65.00

MEATBALLS:

HALF.....\$35.00 / FULL.....\$65.00

SAUSAGE & PEPPERS:

HALF.....\$40.00 / FULL.....\$70.00

KIELBASI & SAUERKRAUT:

HALF.....\$35.00 / FULL.....\$65.00

ROAST BEEF & GRAVY:

HALF.....\$50.00 / FULL.....\$85.00

ROAST PORK & GRAVY (FRESH HAM):

HALF.....\$50.00

FULL.....\$85.00

HOME FRIED POTATO'S, PEPPERS AND ONIONS:

HALF.....\$20.00

FULL.....\$40.00

HOT VEAL TRAYS

VEAL FRANCAISE:

HALF.....\$70.00 / FULL.....\$100.00

VEAL MARSALA:

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VEAL PARMIGIANA:

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HOT SEAFOOD TRAYS

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HALF.....\$50.00 / FULL.....\$ 85.00

DRUNKEN CLAMS:

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ZUPPA DE CLAMS:

HALF.....\$50.00 / FULL.....\$ 85.00:

HOTSY TOTSY SHRIMP:

HALF.....\$80.00 / FULL.....\$110.00

ZUPPA DE PESCE:

HALF.....\$85.00 / FULL.....\$125.00

(shrimp, scallops, clams, mussels and calamari)

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HALF.....\$85.00 / FULL.....\$125.00

SHRIMP & CHORIZO:

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2 PLAIN PIES.....\$16.99
Wacky Wednesdays
WINGS.....\$.75

ALSO: 2 LARGE PIES AND BUFFALO WINGS.....\$23.99

Thursday Clam & Corona Night
\$3 BOTTLES OF CORONA

DOZEN CLAMS ON THE HALF SHELL.....\$6.99

Friday, Saturday & Sunday Specials
THE BIG RICK.....\$29.99

Dozen Drunken Clams, Dozen Zuppa De Clams (can sub Mussels),
Cheese Pizza, Pitcher of domestic beer and bowl of Salad
served family style with our own delicious house dressing

IN HOUSE FAMILY SPECIAL.....\$29.99

2 Large Cheese Pizzas, 2 baskets homemade Potato Chips, Choice of
Chicken Fingers or Buffalo Fingers, Pitcher of Soda and bowl of Salad
Served family style with our own delicious house salad dressing

18% Gratuity added for parties of 6 or more.

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System to 19 different choices of
Domestic, Imported and Craft Beers!

FAVORITES

Loaded Potato Skins, chili, cheddar, bacon, raw onion and sour cream	\$7.95
Fish & Chips w/ Fries, lemon and tartar	\$10.95
Fried Calamari w/ marinara sauce	\$9.95
Buffalo Calamari w/ bleu cheese and celery	\$9.95
Fried Shrimp platter w/cocktail sauce, lemon & Fries	\$11.95
Buffalo Shrimp w/ bleu cheese	\$9.95
Hotsy Totsy Shrimp w/garlic bread	\$9.95
Mozzarella Sticks w/ marinara sauce	\$6.95
Beer Battered Onion Rings w/ranch	\$6.95
Chili Cheese Fries, swimming in chili and cheddar	\$5.95
Disco Fries w/cheese & brown gravy	\$5.95
French Fries	\$3.50
Basket of Homemade Potato Chips	\$3.95
Garlic Knots w/marinara sauce	\$3.50
Drunken Shrimp, dozen shrimp in our drunken sauce	\$15.95
**** extra bleu cheese, ranch or cheddar sauce .75.	

SOUPS & SALADS

16 oz. Baked Potato Soup topped with Bacon & Cheddar	\$3.95
Crock of French Onion Soup	\$3.95
16 oz. Crock of Chili topped with cheddar and raw onion	\$5.95
Caesar Salad	\$7.95
w/ grilled chicken	\$9.95
w/ buffalo Chicken	\$9.95
w/ grilled shrimp	\$11.95
Home Style House Salad with our delicious	
House dressing added to any entrée or Pizza	\$4.95 by itself \$7.95
Linwood Greed Salad	\$7.95

CLAM BAR

Linwood Drunken Clams (dozen)	\$11.95
Zuppa Di clams (dozen)	\$10.95
Steamed Clams (dozen)	\$10.95
Clams Casino (half dozen)	\$7.95
New Zealand Green Shell Mussels Marinara (dozen)	\$10.95
Clams on the Half Shell (dozen) w/ cocktail sauce & Lemon	\$10.95

WINGS, WINGERS & FINGERS

Jumbo Buffalo Wings - Hot, Medium or Mild w/Celery and Bleu Cheese	\$8.95
Wingers - Boneless Chicken Breast Strips, Lightly Dusted and Fried, Served Hot, Medium or Mild w/ Bleu Cheese, Celery & Carrots	\$8.95
Chicken Fingers served w/ Fries & Choice of Honey Mustard or BBQ sauce	\$9.95
Buffalo Chicken Fingers served Hot, Medium or Mild w/ Fries & Bleu Cheese	\$9.95

BRICK OVEN THIN CRUST PIZZA	12"	16"
Plain Cheese Pizza	\$8.50	\$11.50
White Pizza w/Ricotta, Mozzarella & Fresh Garlic	\$10.95	\$14.95
Marinara Pie (Spicy, Garlincy & Cheesy)	\$9.50	\$12.50
Additional topping \$2.00 ½ toppings \$1.00		
Choices are Extra Cheese, Pepperoni, Sausage, Meatballs, Bacon, Ham, Tomatoes, Onion, Peppers, Mushrooms, Broccoli, Sautéed Spinach, Black Olives, Fresh Garlic and Anchovies.		
Plain Slice (\$.50 per additional topping)		\$2.25

SPECIALTY GOURMET PIZZA	12"	16"
The Lone Cowboy - Buffalo Chicken & Bleu Cheese	\$12.95	\$16.50
The Lone Cowgirl, BBQ Chicken & Mozzarella Cheese	\$12.95	\$15.95
The Heart Attack - Pepperoni, Sausage, Meatballs & Bacon	\$12.95	\$17.50
Chicken Parmigiana Pie	\$12.95	\$15.95
Philly Cheese Steak Pizza - Peppers & Onions	\$12.95	\$17.50
The Aloha - Pineapple and Ham	\$11.95	\$14.95
Pizza Melanzana - Eggplant Parmigiana & Ricotta Cheese	\$11.95	\$14.95
Nonna's Pizza - Fresh Tomato, Basil, Garlic & Mozzarella	\$11.95	\$14.95
Hold on Special, Pepperoni, Hot Peppers & Black Olives	\$11.95	\$14.95
Bambino Special, Grilled Chicken, Roasted Peppers and Sautéed Onions	\$11.95	\$15.95
The Big Bubba, with Grilled Chicken, Bacon and Ranch Dressing	\$11.95	\$15.95
Chef Dave's Super Pie w/Peppers, Onions, Pepperoni, Sausage & Mushrooms	\$12.95	\$17.00
Vegetarian Super Pie w/ Peppers, Onions, Mushrooms, Broccoli and Spinach	\$12.95	\$17.00
Linwood Hotsy Totsy Shrimp Pie with fresh garlic & basil...Get it hot, medium or mild	\$16.95	\$21.95

CALZONES

Plain Cheese Calzone	\$7.00
***\$1.50 per extra filling - choices are Ham, Pepperoni, Sausage, Meatball, Broccoli, Spinach, Onion, Peppers and Bacon.	

STROMBOLI

Plain Stromboli	\$7.95
Meatball Stromboli	\$8.95
Sausage Stromboli	\$8.95
Chicken Strom-oli	\$8.95
Ham, Salami & Capicola Stromboli	\$8.95
Cheese Steak Stromboli	\$8.95
Vegetarian - Peppers, Onions, Broccoli & Mushrooms Stromboli	\$8.95
Pepperoni Stromboli	\$8.95
***All come with Peppers, Onions, Mozzarella Cheese and Marinara Sauce.	

COLD SUBS

Ham, Salami, Cheese	\$8.95
Turkey & Cheese	\$8.95
Capicola, Genoa Salami & Provolone	\$8.95
Tuna	\$8.95
Roast Beef & Provolone	\$8.95
***All Subs topped with lettuce, tomato, onion, oil & vinegar and served with potato chips & pickle. Any sub on toasted garlic hoagie add \$1.00	

IN-HOUSE CUT FRIES!!!

HOT SUBS AND SANDWICHES

Jumbo Fried Fish Sandwich, topped with lettuce, tomato and tartar sauce	\$9.50
Linwood Meatloaf Sandwich, charbroiled and topped with sautéed onion, mushrooms and brown gravy	\$8.95
Italian Sausage Sub - smothered with onions, peppers, cheese & marinara sauce	\$8.95
Philly Cheesesteak - thinly sliced Ribeye smothered with onions, peppers, marinara sauce and cheese	\$8.95
Eggplant Parmigiana	\$8.95
Eggplant Supreme, breaded eggplant topped with salami, roasted red peppper, mozzarella, lettuce, tomato and balsamic vinegar	\$8.95
Meatball Parmigiana	\$8.95
The Big Bubba Sandwich - Grilled Chicken, Bacon, Ranch Dressing, lettuce and tomato	\$8.95
Beefeater - Roast Beef dipped in au jus & topped with melted cheddar cheese, sautéed onions & mushrooms	\$9.95
Roast Beef Thunderdunk, Roast Beef on a hard roll totally immersed in Au Jus our Knife and Fork Special	\$9.50
Chicken Bambino, breaded chicken breast topped w/breaded eggplant, salami, roasted red pepper, mozzarella and tomato sauce	\$8.95
The Jolly Rancher, Breaded Chicken Cutlet with bacon, lettuce, tomato, roasted red pepper, provolone cheese, and ranch dressing	\$8.95
French Dip w/ melted provolone & au jus	\$9.50
Chicken Parmigiana - breaded chicken breast topped with marinara sauce & melted mozzarella cheese	\$8.95
Grilled Chicken - topped with lettuce, tomato & mayo	\$8.95
Chicken Tuscany - Grilled Chicken topped with roasted red pepper, melted mozzarella, lettuce, tomato & balsamic vinegar	\$8.95
Grilled Cheese, Bacon & Tomato on rye	\$7.95
Taylor Ham & Cheese	\$7.95
All subs and sandwiches served with in-house cut fries and a pickle. *Try any sandwich on toasted garlic roll add \$1.00	

FLAME GRILLED BURGERS

The Star Ledger's Munch Mobile Choice for "Best Hamburger"! HAMBURGER w / lettuce, tomato and raw onion	\$8.50
CHEESEBURGER w / choice of American, Swiss, cheddar or mozzarella	\$8.95
THE BURSTIN BOBBIE, Jumbo hamburger stuffed with your choice of American, cheddar or mozzarella cheese and topped with dill pickles, fried onion, lettuce, tomato and raw onion. This is the cheesiest burger you will ever have, soon to be a Linwood Favorite.	\$8.95
THE JENNA-RATOR, 2 four ounce burgers layered with grilled Virginia ham, bacon, roasted red pepper, mushrooms, fried onion, lettuce, tomato, pickles, American, cheddar and provolone cheese	\$9.50
THE "DAMMIT BOY", The Jenna-Rator on Steroids! 3 four ounce burgers with all the toppings of the Jenna-Rator plus Roast Beef dipped in au jus, onion rings served on toasted garlic bread.	\$11.95
THE PORKY PIG, jumbo burger topped with grilled Virginia ham, bacon, pork roll, fried onions and American cheese	\$9.50
PIZZA BURGER topped w / marinara sauce and mozzarella	\$8.95
BACON CHEESE BURGER topped w/thick cut crispy bacon and melted cheddar	\$8.95
MUSHROOM SWISS BURGER topped with sautéed mushrooms and melted Swiss	\$8.95
JERSEY BURGER topped with Taylor ham and American cheese	\$8.95
CALIFORNIA BURGER topped with American cheese, roasted red pepper and mayo	\$8.95
YOSH' S SPECIALTY BURGER topped w / sautéed onions, sautéed mushrooms & Cheddar	\$8.95
CRISPY ONION BURGER topped w / lettuce, tomato and Crispy Fried Onions	\$8.95
Chili Cheese Burger, Our Jumbo Burger topped with Chili, Cheddar Cheese and Raw Onion	\$9.50
DOUBLE BEEF BURGER, Our Jumbo Burger topped with fresh Roast Beef dipped in au jus with American Cheese and sautéed onions	\$9.50
All Burgers served with in-house cut fries and a pickle. *Try any burger on toasted garlic roll add \$1.00	

Take the "Dammit Boy" Challenge. Finish an entire platter
in under 15 minutes and receive a "Dammit Boy" T-Shirt,
your picture on our wall permanently in the "Dammit Boy"
Hall of Fame and your choice Pint of Beer.

Re-connect with the Glory Days
Bring your childrento a place
like your parents brought you to.

"CLICK IT OR TICKET"

Linden Police officers will be cracking down on unbuckled motorists and passengers as part of the national "Click It or Ticket" campaign.

Running from May 23rd to June 5th, the annual initiative includes high-visibility law enforcement seat belt checkpoints and saturation patrols during the day and at night.

"Using a seat belt is the simplest way for a driver and his or her passengers to protect themselves when traveling," said Gary Poedubicky, Acting Director of the New Jersey Division of Highway Traffic Safety. "Motor vehicle occupants who buckle-up increase their chances of surviving a crash by as much as 75 percent."

For the second year in a row, the campaign will focus on rear seat passengers as well as the front seat passengers. New legislation that now requires adult rear seat passengers to be buckled up became law in 2010. Currently, adult back-seat belt use stands at only 27%. Furthermore, last year's front-seat belt usage rate in New Jersey rose for the 14th consecutive year to 93.73%.

During the 2010 "Click it or Ticket" campaign, 406 police agencies in New Jersey participated in the two-week initiative. As a result of the effort, law enforcement officers issued 35,671 seat belt citations. In Linden, officers issued 614 tickets.

"We're looking for 100 compliance rate for both front and back seat passengers," said Linden Police Traffic Bureau Commander Sergeant Michael Babulski. "Whether you are a front seat or rear seat passenger, wearing seat belts saves lives. It's that simple."

EMERGENCY RESPONSE SYSTEM

Since December of 1983, the City of Linden has administered the Linden Emergency Response System Program for the elderly, physically handicapped, medically disabled and the socially isolated of Linden. To date more than 600 Linden recipients have taken advantage of the 24 hour monitoring service and we presently serve approximately one hundred-fifty area residents.

The LERS unit is an easy to use wireless transmitter which becomes a 24 hour companion and a direct link to safeguarding one's health and safety. One press of the button is all it takes to notify the central station that an emergency

condition exists and within minutes, an ambulance and emergency personnel are at the scene. Besides having the transmitter and emergency help immediately, your medical profile is kept on file and is at the disposal of emergency personnel.

CAREGIVERS SUPPORT GROUP

The Caregivers Support Group meets at the Linden Public Library on the last Thursday of each month at 7 P.M. All caregivers are welcome to attend. For information, please call Carol Hohl at 908-355-4643 or email her at hohlcarol@yahoo.com

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PILATES & CARDIO CLASS

The Department of Public Property and Community Services announces Pilates & Cardio Exercise Classes for adults 18 years of age and older.

Pilates is mind-body exercise that trains several muscle groups at once, using smooth and continuous movements. It teaches body awareness and good posture, while improving flexibility and agility. Cardio is a whole body workout using kick boxing and high & low aerobics.

Classes will be held Tuesday evenings, June 21st and will continue through August 30th

6:30pm- 7:30pm. Half the class will be spent on Pilates and the other half, cardio. Please bring a mat or a towel.

Classes will take place at the JTG Recreation Center, 330 Helen Street, Linden. Cost of the program is \$40.00. Registration deadline is June 20, 2011. You can pay by check, money order or credit card only. No cash.

For more information, please call 908-474-8627, Register on line at www.linden-nj.org and click on Community Pass. Or register in person at JTG Recreation Center.

*If you like this newspaper,
thank and advertiser.*

SAVE THE DATE! SAVE THE DATE! SAVE THE DATE! SAVE THE DATE!

Linden Chamber of Commerce
*10th Annual Scholarship and
Business of the Year Awards Dinner*

JUNE 16, 2011

5:30 – 9:00



III AMICI RISTORANTE

1700 W. Elizabeth Avenue, Linden, NJ 07036

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(above) National German Exam Gold Medal winner Maria Cruz.

AND THE GOLD MEDAL GOES TO . . .

This year in January, Linden High school participated in the National German Exam. Students who are in German II-V take this test every year. The test focuses on listening and reading comprehension, and also incorporates structure and vocabulary. The test is scored by percentile rankings; the rank is calculated separately for each test level. A score in the 90th percentile or above is awarded a gold medal, 80th percentile or above is awarded a silver medal and 70th percentile or above is awarded a bronze medal. Our students scored very well, we had five medal winners overall. The level IV medal winners were senior, Emmanuel Lomba (bronze) and junior, Nicholas Faria (silver). The level II winners were freshmen Nicole Tarnowski (bronze) and Allyson Dixon (silver). The only gold medal winner this year was junior, Maria Cruz, on the level III exam.

Scoring at the 90th percentile, made Maria eligible to qualify for a three-week exchange to Germany, however, she is already planning to participate in the GAPP exchange program at LHS next year. Maria scored the highest in level III in LHS and out of 322 students who belong to the Central Jersey chapter of the American Association of Teachers of German (AATG) she ranked number 37. Last year Maria also tied for the highest score in level II with Damian Kwiatkowski. Maria plans to take IB German next year, which is the most challenging level of German offered at LHS. She hopes to major in German in college and study abroad in order to ultimately become a German teacher.

ST. THERESA CHURCH CELEBRATES JOHN PAUL II'S BEAUTIFICATION

On the day of the beatification ceremony held in Rome for Pope John Paul II, St. Theresa of the Child Jesus Church located in Linden, had a special ceremony of blessing and unveiling of a place of remembrance of bl. John Paul II. The bi-lingual ceremony included the blessing, Devine Mercy devotions and an artistic program. Cardinal Stanislaw Dziwisz gave the parish a zucchetto (small white skullcap) which was worn by the Pope and upon his beatification became a second class relic. A Second Class Relic is an item or piece of an item used by the Saint while on the body. This relic will now be displayed in the blessed place in St. Theresa Church.

St. Theresa Pastor, Rev. Msgr. Bronislaw Wielgus, traveled to Rome to attend the beatification ceremony.





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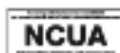


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SCHOOL NO. 9 HOSTS FAMILY SCIENCE NIGHT

Linden School No. 9 Family Science Night provides an evening of hands-on science activities. Students, parents and teachers work together to conduct simple inquiry-based science activities. Students may have to solve a problem, do an experiment just like an actual scientist, tackle an engineering challenge, conduct an investigation with their families and take notes in their journals. School No. 9 and all of Linden Public Schools Family Science Nights teaches the families in our communities about science in a different and fun way. The parents of the community have the opportunity to network with other parents in the community and spend time as a family.



(above) Giovanni Principato is making a careful analysis during his experiment.



(above) Students Joshua Calderone and Alivia Figueiredo are just amazed and in awe at the size of bubble that School No. 9 teacher Kathy Williams is blowing.

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SUMMER BASKETBALL LEAGUES FOR BOYS AND GIRLS AGE 11 THROUGH 18

Registration ends June 24. FEE: \$20.00

Register at: Community Center Building -
605 So. Wood Ave.

JTG Center - 330 Helen St.
or Linden Multi-Purpose Center
-1025 John St.

Or On Line at www.linden-nj.org

VOLUNTEER COACHES NEEDED!!!

ANTI-RABIES VACCINATIONS

Wednesday, May 11 – 5:00 - 7:00 pm at the
Fire House, 302 S. Wood Ave.. Free
vaccinations for dogs & cats owned by Linden
residents. For more information, call the Board
of Health at 908-474-8409. Fee: free.

SENIOR CRAFT CLASSES

Senior Craft Classes are also free to Linden
Seniors. Classes are held on Monday,
Wednesday and Thursday mornings from 10am
– 12pm at the JTG Recreation Center. Classes
are also held the 4th Tuesday of each month at
the 8th Ward Recreation Center, Bedle Place
from 12:30 – 2:30pm

HAVE LUNCH WITH FRIENDS

The JTG Recreation Center is a Union County
Nutrition Site where nutritious lunches are
served daily, Monday through Friday at noon for
anyone 60 years of age and older. A \$1.75
donation is suggested. Make your reservations
by calling Nate at 474-8629.

STUDENTS FOCUS ON FAMOUS WOMEN

Students at Linden School No. 1 learned
about famous women and created a powerpoint
regarding their person. The students presented
their discoveries at an assembly for the school.
Everyone came away with some new
information.



(above) Gabrielle Raymond and Chelsea Gil
spoke at an assembly about their famous
person, Oprah Winfrey.

“WITH COLORS FLYING AND DRUMS BEATING”

*A Commemoration of the
150th Anniversary of the Civil War*

On April 12, 2011, students at Linden High
School commemorated the 150th anniversary of
the American Civil War. Highlighted on this day
were various projects completed by students,
music and food from the period, as well as a
guest appearance by Lincoln impersonator,
Robert Costello. Student projects on display
included PowerPoint presentations, posters, 3D
models, original artwork, as well as projects
utilizing modern technology. The program
allowed students to share their research on
specific aspects of the Civil War.



(above) Robert Costello, dressed as President
Lincoln visited Linden High School to discuss
the Civil War.

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KIWANIS CLUB OF LINDEN MAY PROGRAMS

MAY 12

Guest Speaker

- Kiwanis Lt. Governor Gwenn Jones

MAY 19

Luncheon at School # 9

with K-Kids Annual Club Meeting

with Election of Officers for 2011-2012

For information about membership and/or attending Linden Kiwanis Club luncheon meetings, contact

Linden Kiwanis President, June Lazaro,
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PASTA FOR PENNIES DRIVE

During the month of February 2011, the 21st Century Community Learning Center has coordinated a Pasta for Pennies Drive to help support the Leukemia and Lymphoma Society of New Jersey.

The Pasta for Pennies Campaign is a service and philanthropy program that gives students a unique experience making a difference through teamwork working together to aid thousands of children and adults in the fight for blood cancers like leukemia. This is the sixth year that this event has been planned at Joseph E. Soehl Middle School. Over a three week period, change is collected from staff, students and families. Buckets were placed in each

homeroom class and students were asked to donate loose change for this good cause. Volunteer program students visited the homeroom classes to discuss these diseases and to inform the classes of this organization. The entire school generously donated over \$750 in support of the Leukemia and Lymphoma Society. The winning homeroom class was a seventh grade room led by Mrs. Urbanczyk. These students were awarded a catered Olive Garden luncheon during the school day as a recognition for their generosity. Our Soehl Middle School and 21st CCLC students realized that they can make a difference in the lives of others.



(above, front row, l-r) Soehl Middle School students Jonathan Berrios, Yasmin Sanchez, Sahil Gill, Patryk Zakrewski, Paulina Ramirez, Brian Orellana, Josiah King, Jese Roche, Karolina Belz, Mykal Grant, Eshther Ramos, Miss Nicole Campo (student teacher)
(aback row) Mrs. Christine Urbanczyk (Soehl Teacher) Brandon Peters, Marcus McClary.

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NATIONAL FAMILY RECREATION WEEK TO BE CELEBRATED IN LINDEN

June 1st to the 7th, each year, is National Family Recreation Week according to Al MacDonald, Director of Linden Public Property and Community Services Department. "The purpose of the week is to promote increased awareness of the values of recreation and play in building strong families," he said. The first Saturday in June has been designated as National Family Recreation Day, a day set aside to spend recreating with your family. The American Association of Physical Activity and Recreation encourages everyone to take advantage of the opportunities National Family Recreation Week and Day offer. Spend time with your families, relax, be active, be healthy and enjoy the many benefits of recreation.

Though the traditional definition and structural form of a family may have changed over the years, the need for having what a sense of family offers to an individual has not. There still remains the need for stability within a family setting and the importance of family in fulfilling human needs. An individual grows and benefits from the interaction and develops

an early sense of belonging within his/her family unit.

According to MacDonald, "Many character traits and interpersonal skills are developed within the family unit and are practiced and reinforced through recreational activities. Recreating together as a family fosters personal interactions teaching life skills such as problem solving, cooperation, compromise, coping skills, perseverance and positive attitude. Doing recreational and leisure activities as a family cultivates positive character development by encouraging responsibility, respect, honesty, loyalty, integrity, creativity and flexibility at the same time as having fun. In addition, an individual's lifelong leisure habits build on early experiences and lifestyle. Many adults continue to participate in recreational activities they were introduced to when a child or try a new sport or hobby after being inspired by a family member to try it. Traditions are created and passed on through processes like this," MacDonald went on to say.

The Linden Public Property and Community Services Department encourages all residents to recreate together as a family during National Family Recreation Week, in activities that promote physical, emotional, mental and social development. Get your family together, have some fun and make memories that will last a lifetime.

Here's some suggestions from Linden Recreation on what you and your family can do together as a unit during National Family Recreation Week:

JUNE 1 – COOPERATION!

- Build your own kite.
- Toss a Frisbee
- Play volleyball

JUNE 2 – ENJOY THE OUTDOORS!

- Go for a hike
- Peddle along local bike paths
- Go horseback riding

JUNE 3 – PLUNGE IN!

- Visit a local pool
- Find a nearby lake or swimming hole.
- Hit the beach

JUNE 4 – NATIONAL FAMILY RECREATION DAY

- Picnic in a park
- Go for a scenic drive
- Go camping

JUNE 5 – CAST OFF!

- Learn how to fish or teach someone else
- Hop on a charter boat
- Learn how to sail

JUNE 6 – HELP THE ENVIRONMENT!

- Plant a tree or shrub
- Pick up trash at a park
- Help maintain a local trail

JUNE 7 – PEOPLE POWERED BOATS!

- Go canoeing or tubing
- Take kayaking lessons
- Hit a park with paddle boats

WHATEVER YOU DO --- HAVE FUN!!!

For more information on Linden Recreation Programs, go to the City of Linden Website @ www.linden-nj.org and click onto Recreation, or call 908-474-8600 between the hours of 9am – 4pm Monday Through Friday. You may also check Comcast channel 36 or Fios channel 42.



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