Union's Hometown Newspaper

Issue 23 · November 2012

# TAX PLANNING STRATEGIES IS TOPIC OF UNION CHAMBER NETWORKING EVENT

Wednesday November 14, 2012 5:00p.m. to 7:00p.m. Ray Catena of Union, 2585 Route 22 West Union, N.J.

PRSRT STD US POSTAGE PAID PERMIT #149 CHERRY HILL NJ

## Renna Media, LLC 202 Walnut Avenue, Cranford, NJ 07016

## STUDENTS PARTICIPATE IN FIRST STUDENT GOVERNMENT DAY

The Township of Union hosted its First Ever Student Government Day recently. The primary goal of Student Government Day was on education, promoting local government by creating a unique hands-on experience for the leaders of tomorrow in this community. Twelve students representing Union High School's student council and elected officers began their day at 8:30 am when they arrived at Town Hall. Each were paired with a committee member and members of the administration to "shadow" for the day as they worked closely with their adult counter-parts to prepare questions and information to present at an official township meeting to be held later in the afternoon. The students were instructed to speak as committee members and essentially conduct the meeting themselves as the official members observed.

The Township Clerk Eileen Birch's protégé, senior class vice President, Jeny Eapen, initiated the Township Committee Meeting which was conducted in a friendlyprofessional manner. Acting in place of Mayor Joseph Florio, Senior and Student Council President, Allanah Bucu supervised the conference which addressed town matters from community events, construction codes, and financial adjustments to the proposal of an online township newsletter, which was approved on this day. The students examined propositions from the Police and Fire departments regarding public safety, including the potential addition of contemporary technology like bullet-proof vests for police officers and advanced fire detectors. Personal



(above) Mayor Florio in the Main Meeting room at Town Hall discussing the duties and responsibilities of the elected officials.

inquiries, for example, a local citizen's request for a private handicapped parking space and other local concerns were also brought to attention for review and voted on at this meeting. Additionally, the entire council recognized and congratulated Bed, Bath, and Beyond as the Business of the Month for October.

Doimnique Little, Sophomore Class President and apprentice to committeewoman, Suzette Cavadas, commented on the extraordinary value that this experience provided: "Nobody ever thinks about what goes on behind-the-scenes at Town Hall." Committeeman's Figueiredo student counterpart was Maria Avella, Junior Class President. Deputy Mayor Clifton People, Jr was "shadowed" by Damiola Sangobiyi, Senior Class President and Committeeman Anthony Terrezza was "shadowed" by Steven Oropeza, from the Freshman Class.

The students' final assignment is to write an essay expounding on how the opportunity to participate in Town Hall affairs has helped them become better informed about the workings of the local government and the duties and responsibilities of the elected officials.

### THIS SPACE IS NOW AVAILABLE FOR ADVERTISING!!!

Demand for advertising in this space has been high. It is now available on a first come first served basis. Call Tina today to reserve the space in this or other Renna Media publications. Each month 5,000 newspapers are printed and 4,000 are mailed free to businesses and residents with the balance being distributed free throughout town.

Reserve space in the next issue. Call Tina today at 908-418-5586 or email info@rennamedia.com



Spirit of Union is published by Renna Media. Five thousand newspapers are printed monthly and 4,000 are mailed free to businesses and residents in Union and distributed free at distribution sites throughout town.

Although great care has been taken to ensure the information contained within is accurate. Renna Media assumes no liability for errors or omissions.

> Tina & Joe Renna, Publishers 202 Walnut Ave., Cranford, NJ 07016 (908) 709-0530 Fax: (908) 709-9209

### SpiritofUnion.com

E-mail: info@rennamedia.com

The website features up to date articles, a calendar of events, archives of Spirit of Union Newspaper, photo albums, and advertisments. Businesses and residents are encouraged to submit items for publication through the site.

### Restoration Pharmacy LLC

- Nutritional Supplements
- MoneyGram Payment Center
- · Home Health Care Supplies
- Fax Copy
- · Most Insurance Accepted

Prescriptions filled in 5 minutes

**908-688-8866** • Fax: 908-688-7575 1385 Stuyvesant Avenue • Union NJ



#### CERTIFIED PUBLIC ACCOUNTANTS & CONSULTANTS

Store Hours

Mon-Fri 9am-8pm

Sat 10am-6pm

Providing Financial Security to Generations of Businesses

Accounting & Auditing Services Tax Planning & Preparation Estate & Trust Planning **Business Succession Planning** Sports & Entertainment Accounting Forensic & Investigative Accounting

20 Commerce Drive, Suite 301 Cranford, NJ 07016 P: (908) 272-6200 F: (908) 272-2416



WWW.FMRTL.COM

**Spirit of UNION** • Page 2 • November 2012

## **TAX PLANNING STRATEGIES IS TOPIC OF UNION CHAMBER NETWORKING EVENT**

Wednesday, November 14, 2012, 5:00 p.m. to 7:00 p.m. Ray Catena of Union, 2585 Route 22 West, Union, N.J.

It is time for business owners to be proactive when planning for their 2012 income tax planning strategies, and the Union Township Chamber of Commerce is offering that assistance at its upcoming networking event for November.

Union Chamber member Anthony Azevedo, CPA, of Pereira and Azevedo, a certified public accounting firm based in Newark, N.J., will be presenting strategies for businesses to minimize their tax liabilities.

"Major tax changes are scheduled for January 1, 2013," said James Masterson, chamber executive director. "It is important for our members to learn which changes will affect their bottom line, and find out how to implement effective strategies before year-end."

Admission is \$10 for Chamber members, \$15 for non-members.

Pre-registration is required by contacting the Chamber at 908-688-2777, or by emailing executivedirector@unionchamber.com.

The Union Township Chamber of Commerce is a professional association organized to unite, strengthen, represent and promote the growth and success of its member businesses.



## **VFW KELLY POST 2433 HONORED NATIONALLY**

The Michael A. Kelly Post 2433, Veterans of Foreign Wars, has recently been honored by both the Department of New Jersey and the National VFW organizations.

Because of a record keeping error at the state office, Leo Graf, Commander of the Post, was overlooked in 2011 at the ceremony recognizing All State Commanders. Although he and the Post had achieved or exceeded all the requirements for the honor, his name was inadvertently omitted and the prestigious white hat was not presented to him. Learning of this problem, Past State Commander Dennis Clark, who now serves as Adjutant and Senior Vice Commander of the Kelly Post, was able to resolve the issues, and made the presentation for the state at a recent Post meeting.

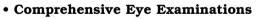
The Post was also recognized by the Department of New Jersey for its sponsorship in the Patriot's Pen Program. This is an essay contest for 6th, 7th and 8th grade students that challenge them to write essays on patriotic subjects. Scholarship funds are awarded to the winners.

The National VFW presented the Post with a National Recognition Award which reads "In recognition and praise for the many outstanding contributions made to America through sponsorship and promotion of local community program activities."

## EYES ON Y

**FAMILY EYECARE AND OPTICAL** 

1535 Irving Street, Rahway, NJ 732-388-3900 www.primarvecp.com/evesonvou



- Glaucoma Testing and Cataract Evaluations
- Treatment and Management of Ocular Disease
- Variety of Eyewear including Designer Brands
- Contact Lens Examinations
- Variety of Contact lenses
- Eyeglass Repairs

#### Dr. M. Williams

Optometric Physician Lic#. 27OA00565300/27OM00062400

INSURANCES: Please call if you do not see your insurance plan listed.

- Everned
- VSP
- Aetna
- Avesis
- Qualcare
- Block Vision Superior Vision

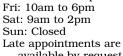
• Medicare

Medicaid

• Davis Vision • Oxford

NVA

- - Optum Health Vision (formerly Spectera).
  - United Health Care
  - Blue Cross Blue Shield of NJ
  - Vision Benefits of America
  - Empire Blue Cross Blue Shield and many more.



Our Office Hours:

Mon: 10am to 6pm

Tues: 10am to 6pm

Thur: 10am to 6pm

Wed: Closed

available by request.



## Coming Soon to Union Township

Union Township Office - 1313 Morris Avenue

Northfield Bank is proud to join the Union community with the planned opening of our branch location on the corner of Morris Avenue and Salem Road next to Walgreens.

With Free Checking, a competitive money market rate, and a mobile app for iPhone and Android devices, we have the products and services to meet your financial needs.

We're excited to be your new neighbor and look forward to meeting you soon!





## "REVOLUTIONARY ERA NJ PRIVATE" TO SPEAK AT CALDWELL PARSONAGE



Affected by the American Revolution" at the Caldwell Parsonage, 909 Caldwell Avenue, Union, on Sunday, November 18, 2012, at 2:30 p.m. His program will be part of the meeting of the Union Township Historical Society (UTHS), which will begin at 2 pm.

Mr. Abbott is a genealogist and living history reenactor with the 1st New Jersey Regiment of the Continental Line. He descends from John Ogden (1609-1682), one of the founders of Elizabethtown, New Jersey. Mr. Abbott's grandmother, Athalia Ogden Barker (1911-2007), was the 9th and last generation of her family to live in Elizabeth. His interest in the Jersey Line during the American Revolution was sparked by close family connections to a number of its officers, including Major Aaron Ogden (4th gr-grandfather), General Elias Dayton (6th gr-grandfather); Captain Jonathan Dayton (5th gr-grandfather), and Colonel Matthias Ogden (5th gr-uncle).

Tim has extensively researched the service records of these men and the 1st and 3rd New

Tim Abbott will present "The Elizabeth Area Jersey Regiments, to which they belonged, including a detailed examination of Sullivan's Staten Island Raid in August 1777, and the parts they played during Knyphausen's Connecticut Farms and Springfield Raids in June of 1780. For his talk, Tim will be dressed as a private soldier of the New Jersey Line and will cover many aspects of the Revolutionary War that affected the Elizabeth area, the Ogdens and Daytons, and the New Jersey Line. A graduate of Haverford College and Clark University, he lives in Northwest Connecticut and works for the Housatonic Valley Association.

> The public is cordially invited to attend the presentation. Refreshments will be served. Admission is free.

For more information, please call Barbara La Mort at 908-687-0048. Also, visit the UTHS's websites: www.unionhistory.org and www.uniontwphistoricalsociety.webs.com, as well as Tim Abbott's blog www.uniontwphistoricalsociety.webs.com.

**AVE MORE** SALES TAX

## **CELEBRATING OUR 63RD YEAR DISTRIBUTING COMPANY**



An Elizabeth Tradition since 1949

725 Rahway Ave - Elizabeth - 908-354-8533

Open Mon. & Thurs. 10 am 'Til 8 pm; Tues., Wed. & Fri. 10 am 'Til 6pm; Open Saturday 10 am 'Til 5 pm; closed Sunday's

We Accept: CASH AMERICAN VISA MasterCard DI/COVER and Personal Checks

**BIG SAVINGS** 

IN OUR BEDDING

#### APPLIANCES • BEDDING • ELECTRONICS • AUDIO & VISUAL

Not responsible for typographical errors. Bring us your best deal from any authorized dealer and we will gladly beat their offer on any item we carry.

WE CARRY A FULL SELECTION OF GAS GRILLS, REFRIGERATORS, WASHERS, DRYERS, RANGES, DISHWASHERS, BIG SCREEN TV'S AND BEDDING.

## \$25 OFF FOR UNION IDENTS & BUSINESSES

ONE PER CUSTOMER. CAN NOT BE COMBINED WITH ANY OTHER OFFER. MINIMUM PURCHASE OF \$299.00. MUST PRESENT THIS COUPON AT TIME OF PURCHASE. OFFER EXPIRES 12/17/12.

## NOW THANKS TO OVERLOOK MEDICAL CENTER, YOU CAN FIND THE LATEST MEDICAL EXPERTISE RIGHT IN YOUR OWN BACKYARD.



We're bringing many of our board-certified physicians to you in Union at Overlook Union Campus, 1000 Galloping Hill Road, conveniently located just one mile off the Garden State Parkway.

#### Services at Overlook Union Campus include:

- Free-standing emergency department with short wait times and high patient satisfaction.
- · State-of-the-art imaging center including a wide-body MRI and a low-dose CT.
- · Full-service outpatient lab services. No appointment necessary for most tests.
- Developmental Disabilities Center for adults with developmental disabilities.
- · Suburban Heart Group for clinical and interventional cardiology.

And more services yet to come. Almost all insurance plans accepted.

## Overlook Union Campus

1000 Galloping Hill Road, Union, NJ atlantichealth.org/unioncampus 1(888)4AH-DOCS



Overlook Medical Center

ATLANTIC HEALTH SYSTEM

## INVESTING STRATEGICALLY IN TODAY'S MARKET

A LECTURE AT
THE UNION PUBLIC LIBRARY

Financial Advisor, David Larkin will lecture on "Investing Strategically in Today's Market" at the Union Public Library on Tuesday, November 27, 2012, at 7:00 P.M.

Mr. Larkin is a Certified Financial Planner<sup>TM</sup>, a designation awarded by the Certified Financial

Planner Board of Standards. His focus with the Larkin Group at Merrill Lynch is to ensure client accounts are taking advantage of the latest changes in estate laws, and retirement strategies

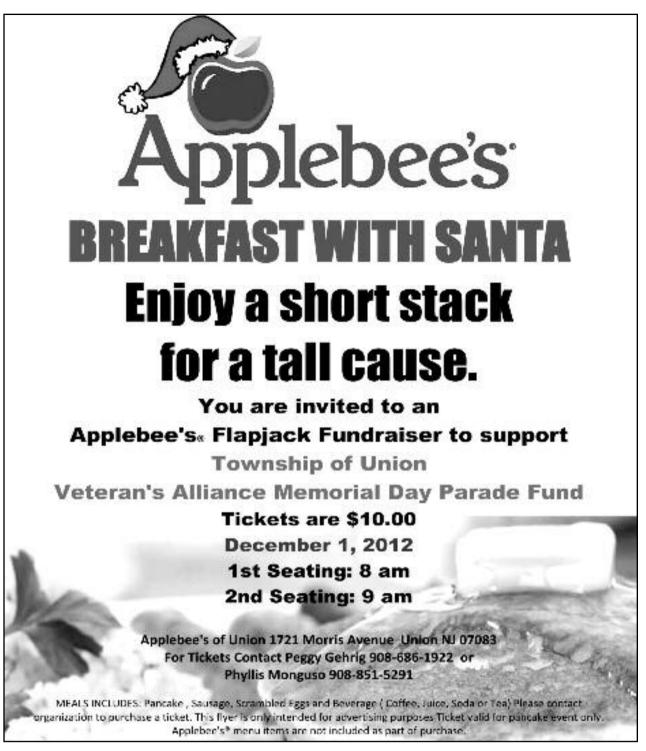
Prior to Joining Merrill Lynch, David spent several years working in the Boston area for Fidelity Investments. At Fidelity he was a product specialist and retirement consultant.

The public is invited to this admission-free event. The Union Public Library is located at 1980 Morris Avenue in Union, New Jersey. Call the library on (908) 851-5452 for further information.





**BREAKFAST MENU** 





With coupon. Expiration date 12/17/12.

#### **Spirit of UNION** • Page 7 • November 2012

## **RUN AROUND THE WORLD GOES THROUGH TOWN**

Submitted by: Tom Haggerty THS Multi media, LLC Kenilworth, http://thsav.com

I ran into this guy and he tells me he is running around the world trying to be the first to do so following the Guiness Book of World Records rules. His name is Tom Denniss and according to hiswebsite, tomsnextstep.com since starting in Sydney, Australia on December 31, 2011, he has run about 8000 miles.

This run is expected to take nearly two years, and will cover over 29,000 km. Tom will be raising funds for charity as part of the effort. In simple terms, the event will encompass running the equivalent of 700 marathons in 700 days.

Tom began in Sydney at the Opera House, and will be finishing at precisely the same place. He will be heading in a predominantly easterly direction around the world until he arrives back in Sydney. He will be running on every

I ran into this guy and he tells me he is continent other than Antarctica, and will be nning around the world trying to be the first to so following the Guiness Book of World latitudinal extremes, and crossing deserts.

He has a support crew accompanying him for the duration of his journey. His wife, Carmel is "driving the course" and chronicling the trip.

Guinness World Records has defined the criteria for officially achieving the world record for the "Fastest Circumnavigation of the Earth on Foot". The record is unclaimed to date. There are, however, a few other runners who are currently involved in similar runs.

As of mid October, 2012, He completed the New Zealand leg and most of the US, chalking up over 13,000 km, or more than 300 marathons. The North American leg will be the longest, and concluded in late October.



(above) Tom Denniss pauses in front of Connecticut Farms Church on Stuyvesant Avenue in Union on his run around the world.

## **KAWAMEEH MIDDLE SCHOOL CELEBRATES WEEK OF RESPECT 2012**

Submitted by: Jill Hall, Student Assistance Counselor

Kawameeh Middle School in Union, New Jersey celebrated a "Week of Respect" with a variety of activities designed to demonstrate respectful behavior, and support anti-bullying initiatives in the school. The theme of the week was "Walk a Mile in their shoes". A display of shoes was put up in the foyer of the school, and when the display is taken down, the shoes will be donated to a shelter in Newark.

The week began on October 1st with a "Paint your pinkies purple" event. Students painted their pinkies with purple nail polish – purple is our anti-bullying color. On Tuesday, which was

also LiveSTRONG Day, we wore yellow, and students and staff took a mile long fitness walk.

Wednesday was "wear purple Wednesday" and our students wore purple clothing. In addition, throughout the week, we had compliments printed up and displayed throughout the school. Students were encouraged to tear off one of the compliments and give them to their peers, or teachers, this demonstrated the power of a kind word to others.

On Thursday, we "shredded the hate." Students wrote out hateful words and phrases on

index cards during our advisory class. At lunchtime, students fed theses hateful words into a shredder in the cafeteria. We have displayed the shredded cards to show that we have eliminated hateful words from our vocabulary here at KMS.

The week culminated with a movie afternoon held on Friday after school as a respectful, bully free activity. Students wore baseball jerseys to show that we are all on the same team when it comes to respect. Our student body participated fully in all of our events, and feedback was very positive!





## **UNION PUBLIC LIBRARY**

1980 Morris Ave. • Union, NJ 07083
Phone: 908.851.5450
E-mail: UnionPL@uplnj.org
web: youseemore.com/UnionPL

**LIBRARY HOURS:** Mon – Thurs: 10 a.m. to 9 p.m. / Fri: 9 a.m. to 5 p.m. / Sat: 9 a.m. to 5 p.m.

### **VAUXHALL BRANCH LIBRARY**

123 Hilton Ave. • Vauxhall, NJ 07088 Phone: 908.851.5451

**LIBRARY HOURS:** Mon: 1 p.m. to 8 p.m. Tue & Thurs: 10:30 a.m. to 5:30 p.m.

Wed: 10:30 a.m. to 8 p.m. /

Friday: Closed / Saturday: 10 a.m. to 5 p.m.

#### **NOVEMBER FILM SCREENINGS**

The Union Public Library is screening a series of feature films with foreign locales beginning Tuesday, November 13, 2012 and continuing through November 27, 2012. The films will be shown on Tuesdays commencing at 2 PM. Admission to the programs is free.

The following movies comprise the series:

#### **A Separation**

November 13, 2012 @ 2 PM.

(2011) starring Peman Moadi and Leila Hatami. Winner of an Oscar for best foreign language film. Directed by Jodaeiye Nadar.

#### **Best Exotic Marigold Hotel**

November 20, 2012 @ 2 PM

(2011) starring Judi Dench, Maggie Smith and Tom Wilkinson

#### They Call It Myanmar: Lifting the Curtain

November 27, 2012 @ 2 PM

(2012) A documentary directed by Robert H. Lieberman

#### VAUXHALL BRANCH CHILDREN'S DEPARTMENT

#### **School-Age Craft Programs**

Thursday November 15th at 3:30pm.
This program is for children, grades 1 and up, and their caregivers. Space is limited. Signup is required.

#### **Preschool Craft Program**

Tuesday, November 13th at 11:00am. This program is for children, ages 3 – 5, and their caregivers. Space is limited. Signup is required.

#### "Your Toddler and You!"

Wednesday, November 14th at 11:00am. Children, 24 months of age and younger, are invited to visit the library with their caregivers to read stories, use the computers or check out a book. No signup required.

#### **Game Day Part 2**

Tuesday, November 20th at 3:30pm. for children, ages 3 – 5, and their caregivers will be held on Space is limited. Signup is required.

#### The film, "Toy Story"

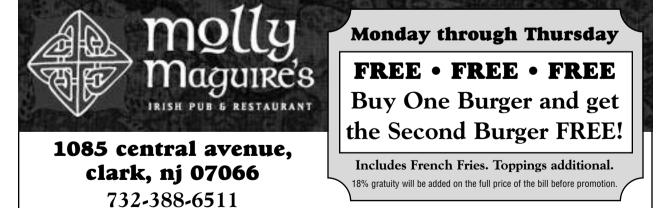
Disney Movie Matinee on Tuesday, November 27th at 10:45am.

Children of all ages and their caregivers are invited to attend. No registration required.

#### Our After School Movie Presentation of, "Madagascar 3: Europe's Most Wanted"

Thursday, November 29th at 3:30pm.
Children of all ages are welcome to attend.
No signup required.





#### **Monday through Friday**

#### Join us for Our Sunset Specials

From 3pm to 6pm. All inclusive. Choice of Soup or Salad. Choice of Entrée, Coffee or Tea and Dessert

\$14.95 per person

#### Sunday's Prime Rib Special

Includes
Choice of Soup or Salad
Prime Rib with Potato and Vegetable
Coffee or Tea and Dessert

Queen Cut: \$16.99 King Cut: \$19.99

#### MAIN LIBRARY CHILDREN'S DEPARTMENT

No registration required.

#### **Mother Goose Time**

Tuesdays, November 13th, 20th and 27th / 10:30am. for children 1 ½ - 2 ½ and their caregivers

#### **Preschool Storytime**

Wednesdays, November 14th, 21st and 28th / 10:30am.

for children 3 ½ through Kindergarten

#### **Toddler Time**

Thursdays, November 15th and 29th / 10:30am. for children 2 ½ - 3 ½ and their caregivers.

#### **Saturday Storytime and Craft Program**

Saturday, November 24th at 11:00am.

Children of all ages and their caregivers are welcome.

#### "Thanksgiving" Storytime and Craft Program

Monday, November 19th at 7:00pm.

Children of all ages and their caregivers are invited.

#### **Homeschooling Group**

Monday, November 19th at 10:30am.

This is a place to meet and share information and ideas with other homeschoolers and also become familiar with the Library and the resources we have to offer. Families are encouraged to bring their own board games to the meetings. Please call or email Mary Pritting at mpritting@uplnj.org or 908.851.5450 x3 for info.

#### The children's film, "E.T.: the Extra-Terrestrial"

Friday, November 23rd at 11:00am.

Children of all ages and their caregivers are invited.

#### Lego Club for children

Thursday, November 29th at 3:30pm.

ages 5 through 12. This is an opportunity for kids to get creative and build anything they choose. The library will provide the Legos, while the kids provide the imagination! Bring your camera.

## LEARNING FROM THE OBESITY EPIDEMIC - A TALK AT THE LIBRARY

Thursday, November 15, 2012 7 PM

Richard Perlmutter, a nutritionist and founder of Abington Nutrition Services, will give a talk entitled, "Learning From The Obesity Epidemic: What Not To Eat" at the Union Public Library on Thursday, November 15, 2012 at 7 PM.

Mr. Perlmutter has two college degrees related to food chemistry - a B.S. in Dairy Tchnology from the University of Illinois; and a M.S. in Food Science from Michigan State University. He has been employed in various positions, all in the food industry. Mr. Perlmutter is a member of the Academy of Nutrition and Dietetics and for several years he wrote a nutrition column for a community newspaper. Richard has conducted several courses on nutrition subjects.

## MAYORS COUNCIL RAHWAY RIVER WATERSHED FLOOD CONTROL APPROVES AGREEMENT FOR REGIONAL DETENTION BASIN

On October 24 at a special meeting at the Andrew Shehady, Maplewood Mayor Victor Rahway. Millburn Municipal Building, the seven Mayors representing their communities signed an Inter-local Agreement for the historic development of the South Mountain Regional Detention Basin, a storage project to reduce water elevations during peak storms in the Rahway River Watershed. The mayors of Millburn, Union, Springfield, Cranford, Kenilworth, Maplewood and Rahway and their governing boards approved the agreement and this is a major first step in seeing the project to the implementation stage.

Millburn Mayor Sandra Haimoff, Union Mayor Joe Florio, Springfield Mayor Ziad

DeLuca; Cranford Mayor David Robinson, Mayor Kathi Fiamingo and Mayor Rick Proctor joined together to work with the US Army Corps of Engineers and the State of New Jersey Department of Environmental Protection to focus on the development of a dry dam in the Mountain Reservation between Campbell's Mill Pond and Diamond Hill Pond. The Corps did hydrology assessments and determined preliminarily that water elevations during peak storm conditions during 100 year storms would be almost 3 feet lower in Millburn, Union and Springfield and 1.5 feet lower in Cranford and reduced elevations in

The inter local agreement will permit legal analysis and a work plan to be developed for the storage project. The project would be sited on property that sits on City of Orange property and the Mayors Council has begun meeting with the Mayor of Orange, Dwayne Warren and will soon meet with the City Of Orange City Council.

The storage project is one of several projects being evaluated to mitigate some of the worst case impacts of flooding such as what resulted from Irene. Estimates of over S75 million of damages including Impacted downtown districts; flooded municipal and school facilities; and hundreds of families.



(above) Millburn's Mayor Sandra Haimoff signs the agreement with (l-r) Millburn's attorney Kit Falcon, Maplewood Mayor Victor DeLuca, Kenilworth Mayor Kathi Fiamingo, Union Mayor Joe Florio, Cranford Deputy Mayor Andis Kalnins(for Mayor David Robinson), Rahway Mayor Mayor Rick Proctor and Springfield Mayor Ziad Andrew Shehady

Additional fee for Leather

OxvMagic 908-654-4242

With this coupon. Small furniture moving only

Expires 12/31/12

## **ACCIDENT REPORTS AVAILABLE ON-LINE**

The Township of Union Police Department has now implemented a new online program for obtaining copies of traffic accident reports. You will be able to access accident reports 24 hours a day, 7 days a week. Reports are available beginning with September 1st, 2012. If the report you are looking for is unavailable please call the Records Department at (908) 851-5090 Monday to Friday from 8:00am to 4:00pm. A report can be located by entering the report number or date of accident or by last name.

The link to access these reports is http://uniontwpnj.policereports.us/



Stairs and hallway extra.

OxyMagic 908-654-4242

Small furniture moving only

Expires 12/31/12

NO HIDDEN FEES

Stairs extra.

OxyMagic 908-654-4242

With this coupon.

Small furniture moving only.

Expires 12/31/12

#### Carpet • Tile & Grout • Upholstery • Oriental Rugs • Area Rugs

We Clean:

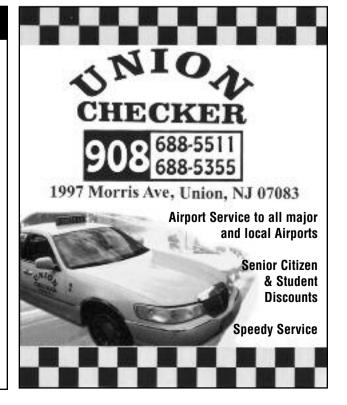
- Pet Stains Odor Removal Specialist
- 1 Hour Average Dry Time
- Deeper Cleaning than steam or chem Carpet dries soft, not hard or crunchy
- Non-toxic, safe for children & pets
- Deep stain removal process that eliminates stubborn stains

#### Tile & Grout Solutions OxyMagic also has a safe, effective product for cleaning tile and grout, so it can make virtually any surface

in your home look new again. **Upholstery Cleaning, Too** 

OxyMagic also offers outstanding upholstery cleaning using Aridex, the dry upholstery cleaning system. This foaming cleaning process is unique: there's not overwetting, never any shrinkage, and no sticky residue. It's completely safe for all fabrics and furniture, and it dries beautifully.

We also clean leather!



**Spirit of UNION •** Page 10 • November 2012

## TRINITAS HOSPITAL PROGRAMS

#### WOMEN'S HEART HEALTH SEMINAR: CARDIAC HEALTH FOR WOMEN

Wed., Nov., 14, 2012, 5:30 pm - 7:00 pm.

Sponsored by Trinitas Regional Medical Center. Speaker: Meherwan Joshi, MD, Cardiologist. CORE Building of Trinitas Regional Medical Center, 1164 Elizabeth Ave., Elizabeth (Enter parking lot from South Broad St., next to Fire House.) Light dinner will be served. Call (908) 994-8694 for further information and to register to attend.

## WORKSHOP: STRESS REDUCTION AND PAIN MANAGEMENT FOR CANCER PATIENTS "USING YOUR HANDS TO HELP YOURSELF"

Tues., Nov. 13, 11:00 am - 1:00 pm.

A new program for cancer patients and their families to learn self-help techniques using acupressure. Presenter: Sharon Kurtz, RN, BSN, CHt, Integrative Medicine/Holistic Nurse. Conference Room A, First Floor, Trinitas Comprehensive Cancer Center, 225 Williamson St., Elizabeth, NJ. Light refreshments will be served. To register, please call Sharon Kurtz at 908-994-8730.

#### **OPEN HOUSE ON SLEEP HEALTH:**

Wed., Nov. 15, 4:00 pm - 7:00 pm

Trinitas Regional Medical Center Comprehensive Sleep Disorders Center at Homewood Suites by Hilton in Cranford.

Learn about the benefits of having a supervised sleep study performed at the only hotel-based sleep center in the state. The Center's medical director is a board certified specialist in sleep medicine as well as internal medicine, pulmonary medicine and critical care medicine.

# FURNITURE CONN ION Tel: 908-241-0221 Hours: Mon - Fri 10am-7pm 721 Boulevard Sat 10am-6pm Sun 12pm-5pm Sun 12pm-5pm Discount Proces Fast Delivery Living Rooms & Bedrooms & Sofa Beds & Dining Rooms Youth & Mattresses & Futens & More

### **HAMILTON SCHOOL'S HEAVENLY HATS FOUNDATION**

On Thursday, October 25, 2012, Hamilton School held their Heavenly Hats Foundation event. This fundraiser donates new head wear to hospitals and patients all around the United States who lose their hair due to cancer treatments. The students were asked to donate \$1.00 for the privilege of wearing their favorite hat to school and watching their school custodian, Barry Loessel, have his head shaved.

This event was a great success exceeding the goal of \$200.00 and raised a total of \$410.10. All of the proceeds from this event will be used to pay for the cost of shipping the new head wear.

(below) Student

Council members

and Advisors.



(above) Making good on his promise school custodian Barry Loessel gets his hair clipped by Debra Murphy.



(above, l-r) Student Council Advisors and the school custodian. Lindsay Kolator, Barry Loessel, Gillian Pilone, and Cindy Pellis.



## PAUL'S CLEAN UP

Commercial Residenti All Types of Debris

Attics | Basements Houses | Interior Exterior | Demolition

Low Rates-Very Dependable

908-964-1554



## PAUL'S MASONRY

Steps | Sidewalks Driveways | Stucco Brick & Concrete Specialists

All Types of Repairs-Very Dependable

908-964-1554



## **UCEDC OFFERS STORM RECOVERY LOANS FOR IMPACTED UNION COUNTY SMALL BUSINESSES**

Fast turn-around for storm recovery loans

In response to the devastation facing small businesses in the aftermath of Hurricane Sandy, the Union County Economic Development Corporation is now prepared to expedite loan applications of up to \$15,000 to meet the poststorm recovery needs of small businesses.

The Union County Economic Development Corporation is committed to providing small business owners with a decision within two weeks of receiving a completed application. The loans carry no prepayment penalty, so you can

pay off your balance with insurance proceeds if you choose to do so.

For larger capital needs, the UCEDC continues to offer loans up to \$250,000 with conventional processing periods.

Those interested in applying for these programs, should call today at 908-527-1166 to speak with UCEDC loan officers – the offices are open and ready for your call. UCEDC is located at 75 Chestnut Street, Cranford, NJ 07016-2937.







## Do you have any real estate needs?

- Are you downsizing your business
- Looking for a new larger space to lease
- Planning on buying a new building
- Planning on putting your property on the market

I can help with all your needs Just call me, Bill Caruso at: 732.381.5910 or Cell 732.306.2810





732-572-7871

Serving New Jersey & Staten Island Since 1967

**Visit Our Showroom** Shop-at-Home Service



10% off any job over \$500.

**ALL CARS & TRUCKS: JUNK OR NOT** Late Model Foreign & American New & Used Auto & Truck Parts: Junk Tow Away • Motors • Transmission Fast Pick Up • Auto Glass • Computers • Tail Lights • Doors 24 HR Service • Fenders • AC Compressors 732-381-2646 Night Towing 732-496-1633 1 Dudley Ct. & Rt. 1 South, Avenel, NJ Across from Sansone Auto Mall. 10% OFF ALL AC COMPRESSORS With this ad. Expires 12/31/12.



## Look to Trinitas Comprehensive Cancer Center.

Being first with ground breaking technology is a hallmark of Trinitas Comprehensive Cancer Center, which was the first cancer center in New Jersey to provide patients with the Varian Trilogy radiation therapy system in 2005. Trilogy's ultra-precise robotics accurately tracks and adjusts for tumor movements at the moment of treatment, then targets cancer and neurological lesions with sub-millimeter accuracy. No other facility in New Jersey has more experience with Varian Trilogy than Trinitas.

Trinitas was also the first in New Jersey to offer women the new Accuboost radiotherapy technology – a highly effective, non-invasive treatment for breast cancer that is more accurate than standard breast radiotherapy. In addition, Trinitas is a leader in radiosurgery – which uses precisely-focused beams of radiation to treat tumors anywhere in the body.

Ground breaking technology, and the expertise to use it - that's the Trinitas Comprehensive Cancer Center.



#### TRINITAS COMPREHENSIVE CANCER CENTER

225 Williamson Street, Elizabeth, NJ 07202 • 908-994-8000 • www.TrinitasCancerCenter.org



TRINITAS CENTERS OF EXCELLENCE Behavioral Health • Cancer Care • Cardiology • Diabetes Management

Maternal & Child Health • Renal Services • School of Nursing • Senior Services

Sleep Disorders • Women's Services • Wound Healing & Hyperbaric Medicine

