

# Watchung Post

Watchung's Hometown Newspaper

NJ

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ISSUE 6 • APRIL 2013

**SOMERSET HILLS  
BUSINESS NETWORK  
MEETING**

**FRIDAY  
APRIL 26, 2013  
8:00 AM - 10:00 AM**

**ROYCE BROOK GOLF  
& COUNTRY CLUB**  
201 Hamilton Road  
Hillsborough, NJ

**1st TIME GUESTS:  
FREE**

Cost: Members: \$5.00

**Guest Speaker:  
John Hadley  
JHACareers.com**

Topic: *The Influential  
Conversation -  
the ability to influence  
others to take action.*

## PLAY BALL! OPENING DAY FOR WATCHUNG'S LITTLE LEAGUE

The Watchung Little League celebrated their 2013 Opening Day with a parade around Watchung Lake on Saturday, April 13, 2013. This year's parade included all children participating in the Watchung Little League. Participants also included the Watchung Police Department, Fire Department and Rescue Squad. Everyone gathered at Mobus Field at 10:00 am. Then starting at 10:30AM the parade headed towards Stirling Road, circled Watchung Lake, and ended back on Ost Field. Following the parade was the Opening Day Ceremony at Ost Field to honor special guests Mary Mobus, wife of late Mayor Jerry Mobus, and to celebrate the first pitches opening the season. After the first pitches were thrown out, all members of the community were invited to join in several activities and games throughout the day. As always, there was plenty of food and snacks for all. This proved to be a special time to enjoy a game or two while spending time with friends and family!

Watchung's Little League is managed by volunteers. Gratitude, as well as the ongoing need for volunteers for both the Watchung Little League and the Borough of Watchung was highlighted by several speakers during opening ceremonies.



(above) Watchung resident and Volunteer Coach DJ Hunsigner offers a salute and praise for Watchung's late Mayor Jerry Mobus as Mobus' wife Mary and Mobus family members stand by her.



(above) Several Watchung Little League Volunteer Coaches and League Managers had a busy and splendid Opening Day.



(above) Warming up for their first game.  
(left) Watchung's Danielle Toscano, a Bayberry student, sings National Anthem

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## WATCHUNG BOROUGH MAYOR STEPHEN K. POTE

Since the passing of Watchung's "Beloved" Mayor Gerald "Jerry" Mobus on March 17, 2013, The Watchung Borough Council has rebuilt itself. On March 28, 2013, Stephen K. Pote was appointed as Watchung Borough Mayor to fill the unexpired term of Mayor Mobus which runs until December 31, 2014. Mayor Pote served as a member of the Council

since 2005. During his tenure on the Council, he has served as liaison to the Historical Committee and Rescue Squad, and served on the Administration and Finance Committee, Laws and Ordinance Committee, and most recently, as Police Commissioner. He was nominated as Council President on January 1, 2013 and served in that capacity until his appointment as Mayor.

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Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

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Discounted rates for advertising in this newspaper are offered to members of the Somerset Hills Business Network call Joe Renna at 908-447-1295

for more information about placing an ad.

The group which is part of the Gateway Regional Chamber of Commerce is offering a special recession rate of just \$100

for new members!

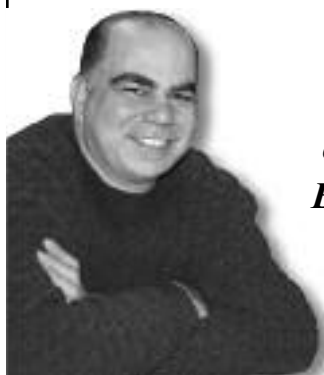
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Reserve space in the next issue.

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## NEIGHBORS & NEWCOMERS CLUB!

The Neighbors & Newcomers Club of Watchung Hills has been welcoming both new and existing residents from Warren, Watchung, Long Hill and Green Brook for over 35 years. Members receive a monthly newsletter highlighting the Club's activities and events for the month. The Club offers a variety of activities such as monthly meetings featuring guest speakers; special interest groups including Bunco, book club, day trips, knitting, fun in the kitchen; evening socials including game night, wine tasting, and candlelight dinners.

For additional information, please contact Laura Merizio at (908) 490-0140, or at [ajmlam4@aol.com](mailto:ajmlam4@aol.com). Feel free to visit our website: [www.nncwhnj.org](http://www.nncwhnj.org).

## WATCHUNG SENIORS CLUB

For Watchung residents  
(55 years of age and older)

Regular meetings on the  
Second Wednesday of each month:  
11:00 AM

Firemen's Exempt Hall  
(lower level, handicap accessible)  
57 Mountain Boulevard, Watchung, NJ  
From September to June.

Refreshments served, guest speakers, trips,  
pizza parties, and an annual picnic in June.  
Come join us! For more information,  
call Grace Bell at (908) 756-8446  
or Ruth Allen at (908) 756-9365.

## WATCHUNG-WARREN ROTARY CLUB

Meets every Tuesday at 12:15pm  
at the Twin Brooks County Club,  
600 Mountain Boulevard, Watchung, NJ.  
For more information about the club and  
upcoming events, please call Bob Aznar at  
(908) 755-8724.

## SOMERSET HILLS BUSINESS NETWORK MEETING

FRIDAY, APRIL 26, 2013

8:00 AM - 10:00 AM

## ROYCE BROOK GOLF & COUNTRY CLUB

201 Hamilton Road, Hillsborough, NJ

1st TIME GUESTS: FREE

Cost: Members: \$5.00

Guest Speaker: John Hadley [JHACareers.com](http://JHACareers.com)

Topic: *The Influential Conversation - the ability to influence others to take action.*

## THE INFLUENTIAL CONVERSATION

Critical to business owners' and executives' success is the ability to influence others to take action. To do this, you need to dig deep into areas that motivate that other person, and guide the discussion appropriately.

Join the Somerset Hills Business Network on Friday, April 26th, as one of our long term members, John Hadley ([www.JHACareers.com](http://www.JHACareers.com)) shares with us a model for conducting truly influential conversions that will let you have:

- More rewarding networking conversations
- Meetings with prospects that motivate them to take action
- Job interviews that set you apart from all other candidates

John has coached 100's of job seekers 1-on-1, and is sought after to speak on career search and marketing topics. He teaches job seekers who are frustrated with their search, strategies and skills to tap into the 'hidden' job market and land the job and pay they deserve. He also works with executives who want to be recognized as influential leaders. His free Career Tips email newsletter is read each month by over 9,000 subscribers; check it out at [www.JHACareers.com/Newsletter.htm](http://www.JHACareers.com/Newsletter.htm).

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# WATCHUNG HILLS REGIONAL HIGH SCHOOL MILITARY SEARCH BEGINS...

Watchung Hills Regional High School is in search of graduates who serve or have served in the U.S. Military from 1957 to recent years. A group of local parents, Gail Tafaro of Watchung and Bonnie Plotkin and Ronnie Liebowitz of Warren are spearheading this endeavor.

Watchung Hills Regional High School is dedicating a Wall Plaque to honor those who have served our country. A committee has been formed to acknowledge the servicemen and women from our communities. The committee hopes that local residents can help search for those graduates that have served.

New Jersey residents know the extraordinary service that the National Guard has provided our state in recent months and our military services that have served our country at home and abroad. The men and women in uniform selflessly give their time, energies, and too often their lives so that our freedom is protected. After 55 years, the high school will be honoring our past, current and future generations with a ceremony the week of October 28, 2013 at the high school theatre in

recognition of Veterans' Day. The ceremony will include speakers, WHRHS Band, and a dedication of a wall plaque honoring our military. There will also be a "sign in" dedication book that will provide a record of our graduates who served. This book will be a part of the school archives. We want all our graduates who served to be remembered in this book.

If you know of anyone who is such a graduate or you are such a graduate, please log onto whrhs.org and go to the link: Graduates-Military Recognition and sign-in. If you have any questions, please contact Terry MacConnell at WHRHS. Information will be available through the high school website and papers.

We look forward to hearing from the residents of our communities who can help us in our search. More details will be made available about our dedication ceremony as we get closer to the event. Let's all come together and honor our parents, spouses, brothers, sisters, sons, daughters and friends who have so willingly served our country.

**WATCHUNG RECREATION'S  
ANNUAL  
COMMUNITY PICNIC**

**SATURDAY, MAY 18TH, 2013**  
(RAIN DATE MAY 19TH)

**12:00 NOON – 3:00PM**

**MOBUS FIELD**

*Please join the Watchung Recreation Commission for a fun day of activities for the entire family. Serving refreshments, hot dogs, pizza, Italian ice, popsicles and more! Demonstrations, music and games throughout the day. Giant inflatable jumpers, train rides and ponies!*

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**for more information.**

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# MAY PROGRAMS AT WATCHUNG LIBRARY

Watchung Library is located at 12 Stirling Road in Watchung, behind the Watchung Arts Center.

For complete program registration information, please check the online calendar ([www.somerset.lib.nj.us](http://www.somerset.lib.nj.us), then go to Evenys/Programs for Watchung).

Program information is subject to change, so also look online for updated programs and additions.

## Programs are in Age Order

### Music to Move By with Ann Wild

Wednesday, May 8 and May 22 at 10am OR 11am

Ages: Birth through age 4 with Caregiver

Don't miss Ann - there will be music, rhythms and fun for everyone! There is a session at 10am followed by a repeat of session at 11am. You must choose one time.

### MUSIC IS MAGIC! Music for Special Needs Kids

Thursday, May 9 at 4:30 PM

Ages: Birth through age 5 with Caregiver

This program is designed to provide an accepting and stimulating musical environment for special needs children. Using guitar, song, movement, shaky eggs, scarves and drums, Ann creates a musical environment where children can enjoy music-making.

### Wompy's World of Musical Play

Wednesday, May 29 at 10:30 AM

Ages: 6 months to 3 years with Caregiver

Come and enjoy Wompy's interactive, creative music program! Wompy's originated in England. You'll experience a charming blend of theater, puppetry and musical instruments, along with a different curriculum theme during each visit, making Wompy's truly unique.

### Sing-Sign-Dance with Nina Music

Thursday, May 16 at 11:00 AM

Ages: 2 and up with Caregiver. Sing-Sign-Dance is the mantra of award-winning children's musician, Nina Music. Nina incorporates sign language and directional movement into her music for a uniquely high energy and fun performance. You'll enjoy singing and dancing to the groovy songs on her CD, Shake, Shake, Shake.

### Stories for Twos with Elaine

Monday, April 22 and Friday, May 17 at 10:30 AM

Ages: 24 to 35 Months with Caregiver

(Child must be 24 months old when program begins)

Enjoy books, crafts, music, and more for the very young.

### Much More Fun for Munchkins Storytime

Tuesday, May 7 at 10:30 AM

Presented by: Mrs. Fine. Age: 2 1/2 to 3 with Caregiver

Enjoy books, songs, fingerplays, flannelboard stories, puppets and crafts - of course!

### Growing with Nature Storytime

Tuesday, May 21 at 10:30 AM

Presented by: Carole Johnson Ages: 3 and 4 with Caregiver (Must be 3 at time of sign-up) Enjoy nature-inspired stories and activities for imaginative young sprouts. This month's theme: Waking up with Flowers

## Miss June's Room

Thursday, May 2 at 4:00 PM

Ages: 4 to 6 DON'T MISS MISS JUNE!

Relax and have fun making a project, hearing a story and enjoying a snack. Please note new time!

### The Friends of the Watchung Library, and the Somerset County Library System present:

### The Philadelphia Zoo on Wheels Beneath Our Feet

June 26 at 11:00 AM at the Watchung Arts Center

Ages: 4 and up. Who's down there? Kick off this summer's Dig into Reading club by meeting some of the creatures who live beneath your feet! You'll also meet a zoo expert from the Philadelphia Zoo and enjoy an interactive, educational and engaging experience with a few of the zoo's most fascinating underground animals.

### Leisa's Lollipop Hour

Wednesday, May 15 from 4:15 PM to 5:15 PM

Ages 6 to 9 (New age group - Must be 6 or older at time of sign-up) A craft, a snack, and stories, usually based on holiday or special theme - Join us!

### LEGO® Club

Monday, April 22 and May 20 from 7:00 to 8:00 PM

Ages: For Grades 1 to 5. We've got lots of LEGO® pieces. We need kids to build stuff! If you like building with LEGO® pieces, come to our club!

### LEGO® Club Volunteers

Monday, April 22 and May 20 - 6:30 PM to 8:15 PM

Ages: For Grades 7 and up. Teen helpers needed for LEGO® Club! Earn community services hours for helping younger kids build their LEGO® creations. Only a few helpers are needed, so sign up now. Registration required.

### Movie Night Experiment

Wednesday, May 22 from 6:30 PM to 8:30 PM

Ages: For Grades 5 to 12. Volunteers are needed for a movie viewing experiment. What is it exactly? That's classified! You have to participate to find out. Volunteers will be provided with snacks, water and other incentives. Registration is requested, but walk-in volunteers will be accepted.

### Teen Action Group (TAG)

Wednesday, May 1 from 7:30 PM to 8:30 PM

Ages: Grades 6 to 12. Your Library Wants You! Bring your ideas to help plan events, select books, and make the library work for teens! You may earn community service hours. Snacks are provided.

New members are always welcome!

### Sports Related Concussions: When Should I Worry?

Tuesday, May 7 at 7:00 PM

AGES: Adults. An Educational Presentation

PROVIDED BY: The Speech and Audiology Department at JFK Medical Center in Edison, NJ

Do you have a child or know someone involved in sports? Has your child or someone you know suffered from a concussion? Do you know what to do if you suspect that someone has suffered from a concussion?

Concussions are brain injuries and can leave lasting effects on attention, memory, mood, and the ability to participate in normal daily activities. There are between 1.6 and 3.8 million brain injuries that occur in sports each year, according to the Centers for Disease Control and Prevention. Of those injuries, 63,000 occur in high school athletes alone.

Come learn more about concussion and the effects of brain injury related to sports head injuries. Discover how many concussions are too many and how to ensure that you know what to do if someone has suffered from a concussion. Learn more so that you may help spread the word about the dangers of concussion and 'when in doubt, sit it out'.

## Vegan Baking with Alana

Wednesday, May 29 from 6:30 PM to 8:30 PM

Adult, and Ages 12 and up Accompanied by an Adult Presented by: Alana Danois. Join Alana, North Plainfield Library's resident baker, as she demonstrates how to bake oatmeal-raisin cookies without the use of any animal products. Bring a container to take home the extras!

## Introduction to Qigong

Monday, May 6, 13, 20 from 10:30 AM - 11:30 AM

Ages: Adult. Presented by: Patricia Barron

Qigong is an ancient gentle practice which includes coordinating slow movements with breathing to cultivate the flow of energy of 'qi' (pronounced 'chi') in a graceful, fluid dance similar to tai chi. It promotes longevity, stress reduction, inner peace, improved health and balance through movement and mind-body connection.

## Watchung Writers Group

Ages: Adult. If you're interested in writing of any kind and want to improve your skills and share your experiences, The Watchung Writers Group would like to meet you. The aim of the Group is to stimulate better writing. We look forward to your participation in the writing group.

## Mah Jongg Club of Watchung

All Ages. The Monday Mah Jongg Club of Watchung meets every Monday from 1:00 to 4:00 at Watchung when the library is open. On either the third or fourth Monday of the month (depending on holidays), Mah Jongg meets following the Tasty Bites and Books Book Club, at approximately 1:30 PM. The Tuesday Mah Jongg Club of Watchung meets most Tuesdays. Contact Melanie Novello at [Novello1800@aol.com](mailto:Novello1800@aol.com), for more information, or to be placed on the distribution list to receive invites for both clubs. No fee - All welcome!

## Book Discussion with the Watchung Group

Thursday, May 9:

Ages: Adul. Second Thursday of the Month at 7:00 PM. We throw in books you would otherwise never read, but are worth reading! Drop-ins are always welcome

Keeper of Lost Causes by Jussi Adler-Olsen  
Chief detective Carl Morck, recovering from what he thought was a career-destroying gunshot wound, is relegated to cold cases and becomes immersed in the five-year disappearance of a politician.

## CURRENT BOOKS Book Club

Monday, May 13:

Ages: Adult. Current Books Book Club Second Monday of the Month at 7:30 PM (with exceptions for holidays)

Salvage of the Bones by Jesmyn Ward

Enduring a hardscrabble existence as the children of alcoholic and absent parents, four siblings from a coastal Mississippi town prepare their meager stores for the arrival of Hurricane Katrina while struggling with such challenges as a teen pregnancy and a dying litter of pups.

## Social Action Nonfiction Book Club

Thursday, May 16:

Ages: Adult. Third Thursday of the Month at 7:00 PM.

FILM: American Kids - The Inner City

When the odds for serving life are against you, the odds for success can seem impossible. Viewers will go on a journey through underground America to expose the harsh realities lived by youth in the inner city.

## Tasty Bites and Books

Monday, May 20 - Begins at 12:00 noon

Ages: Adult. Bring a bag lunch and share your thoughts!

Defending Jacob by William Landry

When his 14-year-old son is charged with the murder of a fellow student, assistant district attorney Andy Barber is torn between loyalty and justice as facts come to light that lead.

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## HOLI SPRING CELEBRATION AT LIBRARY!

Children and adults welcomed spring with a song and dance at Watchung Library as Seema Moondra of ENJOY-EXPLORE INDIA invited them to celebrate HOLI - the Festival of Colors. Holi is a time to let bygones be bygones. Participants made a friendship craft of painted butterflies -colorful and bright to celebrate life. Holi is a festival that is celebrated with great enthusiasm all over India in many different ways. The colorful festival gives an opportunity for people to renew friendships and build new relationships. It is a time to rejoice in the

bounties of nature, honor farmers and their cattle, and enjoy the blossoming of the Earth. During Holi, people play with colored powder, dance to fun songs, engage in spring cleaning, light bonfires and hold family get-togethers to celebrate life! Children and adults wore colorful scarves and learned Indian folk dance moves to welcome spring.



(above) Holi Folk Dancing w/ Seema Moondra



(above) Holi Dancers:  
Ausorie Guillot and Rebeccah Neuberger

## WATCHUNG SIBLINGS FINISH SKI SEASON

People interested in alpine skiing and ski racing can enter the program through several different venues at Mountain Creek. For very young children, there are "on snow" ski training programs for children as young as 4 years old. Recreational programs are offered for kids up to age 12 and above. Formal race programs can start for kids as young as age 7 who also have adequate downhill ski experience plus the right ski and safety equipment. Alpine race programs continue for athletes through high school at

Mountain Creek. Plus, the mountain hosts additional races for college and adult athletes as well.

For those interested in learning more about Mountain Creek Ski Racing they can search at [winter.mountaincreek.com](http://winter.mountaincreek.com). Other regional ski areas offering competitive ski racing programs within an hour or two drive from Watchung are Camp Gaw, Mahwah, NJ; Hidden Valley, Vernon, NJ; Mount Peter, Warwick, NY and Tuxedo Ridge, Tuxedo Ridge, NY.



(above) Michael Tyler, age 9, and his sister Jennifer, age 10, of Watchung, NJ competing in a March 2013 NY/NJ Regional Giant Slalom Race.

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9	Half Page 10" x 6"	\$320	\$260
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# WARRENBROOK SENIOR CENTER MEMBERS INVOLVED IN OPERATION SHOEBOX

*Special Community Service Project – April 8 until May 17, 2013*

The Warrenbrook Senior Center members will be collecting food and personal hygiene items and donating them to Operation Shoebox. When selecting food and personal hygiene items to donate, please keep in mind that aerosol products cannot be shipped overseas, items must be in their original packaging and when in doubt, think small.

It is easier to ship smaller packaged items than large, economy size. The boxes will be sent to U.S. soldiers and Marines serving in Iraq and Afghanistan.

Items may be dropped off at the center, Monday through Friday, 9:00 am to 2:00 pm.



*(above, l-r) Mr. Valentin Soliven of Watchung and Mrs. Elsie DeCroke of Warren.*

## WARRENBROOK SENIOR CENTER

Warrenbrook Golf Course  
500 Warrenville Road, Warren  
(908) 753-9440

[www.co.somerset.nj.us](http://www.co.somerset.nj.us)

Open 9am - 3pm  
Monday through Friday

The Warrenbrook Senior Center offers a variety of educational, recreational and entertaining activities, including wellness programs and health screenings, for active adults 60+ years of age. The facility is fully accessible to individuals with disabilities.

## SENIOR ART PROGRAM

Using tempera paints, Warrenbrook attendees painted sunsets with silhouette trees and other natural forms. The participants used paint sponges and brushes to complete their painting.

The program was made possible, in part, by funds from the New Jersey State Council on the Arts/Department of State, a Partner Agency of the National Endowment for the Arts, and administered by the Somerset County Cultural & Heritage Commission through the State/County Partnership Local Arts Program.



*(above) Mr. Valentin and Mrs. Nita Soliven from Watchung.*

## WARRENBROOK SENIOR CENTER MAY EVENTS

### Move To Get F.I.T.

Tuesday, May 7 - 11:00 am

Cynthia Kusorbor, MPH, CHES, Somerset County Department of Health ~ This is an educational HealthEase workshop that will provide information that will empower attendees to lead a healthier lifestyle. Attendees will learn the benefits of exercise and how to develop the best strategy for beginning and/or maintaining an exercise program.

Specific information and exercises will be suggested to improve one's current health.

### Knit 'N Crochet Circle

Wednesday, May 8 - 10:30 am

This group knits and crochets items that are donated to service organizations such as the Lyons VA Hospital in Basking Ridge and the Raritan Pregnancy Aid and Information Center in Raritan. The hand-made items are created at the center and/or at the member's home. Last year, the group donated over 100 items and this year their goal is to exceed that number. The group is always looking for new members and for yarn donation.

The group meets the second and fourth Wednesdays of the month.

### Advocacy: For Yourself and Others

Monday, May 13 - 10:30 am

James W. McCracken, M.H.A. New Jersey Ombudsman for the Institutionalized Elderly - James W. McCracken will discuss a wide variety of topics affecting senior citizens including: signs of elder abuse, resources for combating elder abuse, volunteer opportunities with the Ombudsman's office, advance care planning for senior

citizens and the availability of home and community-based services for frail elderly individuals. McCracken will emphasize the importance of empowering seniors to advocate for supports and services that will meet their individual needs.

### LUNCH AND LEARN OPPORTUNITY

Thursday, May 16 - 11:45 pm

Artistic Director of the Discovery Orchestra, George Marriner Maull will walk us through the musical blueprint of "Jupiter, the Bringer of Jollity." Together we will explore the music of Gustav Holst's "The Planets." Holst seemed to consider The Planets a progression of life. Perhaps "Jupiter" represents the "prime" of life, even with the overplayed central melody, which was later arranged to the words of "I vow to thee, my country." The Stravinskyan white-note bustle of the joyous opening bars of Jupiter brings in a feeling of happiness, abundance and even mirth. The high spirits are interrupted by startling brass fanfares in F-sharp major which herald the andante maestoso section, probably one of the most famous aspirational melodies in the world. This song was chosen by Prince William to be played during Princess Diana's funeral because it was one of her favorite hymns from school.

The cost is \$5.00 for attendees 60 and above and \$10.00 for attendees under 60. Advance reservations are required by Tuesday, May 14. A menu choice of boneless chicken breast with country gravy or macaroni and cheese with garden peas is required when you make your reservation.

# SPRING CLEANING!???

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**COUPON**  
**Boar's Head  
Imported Ham**  
**\$5<sup>99</sup>** lb  
  
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**COUPON**  
**Belgiosio Slicing  
Provolone Cheese**  
**\$4<sup>99</sup>** lb  
  
WAT  
Must purchase 1 lb. Limit 1 lb. per coupon. Coupon may not be combined with other offers. Limit 1 offer and coupon per day. Offer expires 5/20/13.

**COUPON**  
**Boar's Head  
Genoa Salami**  
**\$5<sup>99</sup>** lb  
  
WAT  
Must purchase 1 lb. Limit 1 lb. per coupon. Coupon may not be combined with other offers. Limit 1 offer and coupon per day. Offer expires 5/20/13.

**COUPON**  
**Boar's Head  
Mustard**  
**99¢**  
9 oz Jar  
  
NPF  
Must purchase 1 lb. Limit 1 lb. per coupon. Coupon may not be combined with other offers. Limit 1 offer and coupon per day. Offer expires 5/20/13.