

Watchung Post

Watchung's Hometown Newspaper

NJ

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ISSUE 11 • AUGUST 2013

WATCHUNG - WARREN ROTARY CLUB

Meets every Tuesday
at 12:15pm
at the Twin Brooks
Country Club,
600 Mountain
Boulevard,
Watchung, NJ.
For more information
about the club and
upcoming events,
please call
Bob Aznar at
(908) 755-8724.

SCOUT DAY AT BROOK HILL SWIM & TENNIS CLUB

On Tuesday, July 16, over 100 members of the Boy Scouts, Girl Scouts and Cub Scouting families of Watchung enjoyed a wonderful outdoor Scouting Event hosted by Brook Hill Swim & Tennis Club. Brook Hill provided the facilities for scouts and their families to swim and enjoy a family barbeque. After the event, all three organizations donated over 50 pounds of food and supplies from their cookout to Samaritan Homeless Interim Project (SHIP) in Somerville.

SHIP was founded by Tom O'Leary in 1984 to serve the needs of the underserved in Somerset County. Its clients are the homeless, near-homeless, working poor families, and individuals in Somerset County Regions who are not able to obtain assistance from government or other private agencies, and are therefore denied an opportunity to receive the basic humane assistance they need and deserve. Tom earned his Eagle Scout as a youth and has since helped many other Boy Scouts to earn theirs and Girl Scouts to earn their Gold Star through projects at SHIP.

(left) James Emanuel, of the Samaritan Homeless Interim Project (SHIP), receiving a food donation from Kurt Weber, of Cub Scout Pack 32, on behalf of the Girl Scouts, Boy Scouts, and Cub Scouts of Watchung. The Mobile Soup Kitchen behind them operates 5 nights a week and has run for 15 years with 100% donated food.



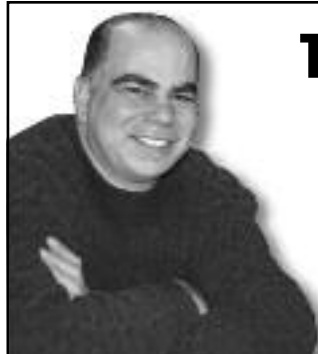
WATCHUNG SUMMER UNDER 11 TEAM ARE 2013 NEW PROVIDENCE GREEN LEAGUE DIVISION CHAMPIONS



(left, first row, l-r)
Nate Panza, Enzo Ruta,
Nicholas Policano,
Charlie Diana.
(second row, l-r)
Coach Peter Savulich,
Colin Savulich,
Anthony Motta,
Dylan Cooper.
(third row, l-r)
Ethan Marmolejos,
Aaron Marmolejos,
Jake Panza,
Will DiGiacomo,
Michael Motta.
(fourth row, l-r)
Coach John Motta,
Coach Greg Policano.
*(missing) Bryce Williams
and James Kelly.*

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Watchung Post is published by Renna Media. 3,000 newspapers are printed monthly and mailed to every business and home in Watchung, NJ and the balance are distributed for free pick-up throughout town.

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IRISH BUSINESS ASSOCIATION RETURNS TO TWIN BROOKS FOR 2013 GOLF OUTING

Continues busy year of spreading the Irish story

The Irish Business Association (IBA) of New Jersey is returning to Twin Brooks Country Club in Watchung for their 2013 Annual Golf Outing, to be held Thursday, September 19. The IBA held the event at Shackamaxon Country Club the last two years but opted to return to the rolling hills of Twin Brooks for 2013, according to Brian Reilly, president of the business group.

“We thought Twin Brooks and its green hills was more akin to the rolling countryside of Ireland and we think our guests will love the venue,” Reilly said.

The cost of the outing is \$225 per golfer and \$800 for a foursome. The day includes golf, lunch, a cocktail hour, dinner and door prizes. The IBA is co-hosting the outing with the Irish American Cultural Institute and half the proceeds will go to the institute.

To register, contact Bidisa Rai at the Gateway Regional Chamber of Commerce at 908.352.0900 or email her at orbdisarai@gatewaychamber.com. You may also visit www.gatewaychamber.com and click Events.

The golf outing marks the next event in a busy 2013 calendar for the IBA, according to Reilly. The group held its St. Patrick’s Day celebration in March, followed by its annual awards dinner in June. At that dinner Al Nunan, principal banker at Wells Fargo, was named Man of the Year for his past and present support of the IBA; Deirdre Shea, owner of the Shea-Jennings School of Irish Dance, was honored as Woman of the Year; and Paul Davis Restoration of Union and Essex Counties was named Company of the Year.

In July the IBA welcomed veteran Irish American entertainment writer Mike Farragher of the Irish Voice and author of the bestselling book, “This Is Your Brain on Shamrocks2: 50 Shades o’ Green.” Farragher read from his book and its precursor and spoke of how writing has made him more successful in business.

Next, the IBA will hold its September 17 meeting at Blackthorn Irish Pub & Restaurant in Kenilworth, where Farragher and the restaurant will hold a “Halfway to St. Patrick’s Day” event to support the Love/Hope/Strength Foundation, a music-centric cancer charity committed to increasing the bone marrow databases for cancer victims and their families. It will feature



(above) Mike Farragher, author of “This is Your Brain on Shamrocks” and “This is Your Brain on Shamrocks2” speaks at the Irish Business Association July meeting.

Farragher reading, singer/songwriter Patrick Clifford singing and Irish step dancer Keri Smith.

“The Irish Business Association is an association of New Jersey business professionals and business owners committed to promoting business relationships and personal interaction within the Irish-American business community in New Jersey, based on a shared heritage,” Reilly said.

“We do this through monthly networking meeting and special events that allow us to showcase the special nature of the Irish, one that encompasses a passion for our culture as well as a drive to be successful in our business lives. Those who join us find not only business opportunities but fun and camaraderie, as well.”

The IBA will hold their next meeting August 20 at Molly Maguire’s Irish Pub & Restaurant at 1085 Central Avenue in Clark from 6:00 p.m. to 8:00 p.m. Non-members are welcome. The cost is \$20 for members, \$30 for returning non-members and no charge for first-time non-members.

ABOUT THE IRISH BUSINESS ASSOCIATION

The Irish Business Association is an association of New Jersey business professionals and business owners launched in March 2008, committed to promoting business relationships and personal interaction within the Irish-American business community in New Jersey, based on a shared heritage. The IBA is part of the Gateway Regional Chamber of Commerce, the largest business association in the New York/Northern New Jersey Region, comprising 14 regional and local chambers. With 1,200 members, the Gateway Regional Chamber of Commerce has a 95 percent retention rate, the highest in the country.



(above) The Irish Business Association will return to Twin Brooks Country Club for its 2013 Annual Golf Outing being held Thursday, September 19.



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Either way, the coffee is on us. For a free consultation, please contact us and let us know if you prefer milk or cream.

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DIGGING INTO READING AND SO MUCH MORE!

SEPTEMBER IS LIBRARY CARD SIGN-UP MONTH

As you start shopping for back-to-school supplies, remember to visit the Watchung Library to sign up for the most important school supply of all - a library card.

September is Library Card Sign-up Month, a great time to remind everyone that a library card is the smartest card you can own. When it comes to achieving academic success, a library card provides access to a world of print and electronic resources.

Cardholders can use free databases, and look for information in library materials, newspaper and journal articles using one simple search tool. With the card, you can also get free passes to area museums and free music to download. Learning is a lifelong activity. Open the door to a world of free possibilities. Watchung Library invites every learner, regardless of age, to sign up for a library card today!

A NEW WAY TO SEARCH FOR INFORMATION

The Somerset County Library System has been working on a new way to search for information, and you are invited to try it out on the library's website, www.somerset.lib.nj.us.

Have you searched the library catalog and wished there was a way to include not only library materials, but also articles in magazines, newspapers, encyclopedias and biographical resources? Now it's possible to gather all that information at once.

This new search tool will bring results back to you in an easy to use display, allows you to view the article, and gives you the capability to limit your results by format, location, date and more.

For more information on how to find library materials and get full articles from newspapers and other databases, click on the library website's homepage banner for We can take you where Google can't go.

As part of the library's DIG INTO READING summer program, children have been learning about the earth beneath their feet, as well as some of the animals who live there.

During EARTHWORKS – presented by Rocket Ryan of Mad Science, children discovered the layers of the earth beneath their feet, created a volcano, experienced the difficulties of designing earthquake-proof buildings on moving tectonic plates, and saw fluorescent rocks shine in the dark.



(above) Mad Science-Aspiring Engineers.



(above) Looking at Fluorescent Rocks.



(above) Tectonic Plates in Action.

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DIGGING NJ WILDLIFE



Presented by Dove Environmental Education, and sponsored by the Mayor and Borough Council of Watchung, the Borough Clean Communities Committee, and with funds from the State of New Jersey Clean Communities Program. Children learned about wildlife in their neighborhood, why it's important not to litter, and how litter can harm wildlife.

DIG INTO SILLY SONGS

DIG INTO SILLY SONGS concert with Kurt Gallagher – There were plenty of silly words, unusual instruments and bubbles at this fun-filled event for the younger set.



READING-CAN YOU DIG IT?

During a concert by Patricia Shih on July 23rd, children explored different languages, stories and books, and were challenged to create rhyming lyrics for animal songs.



(above) Patricia Shih, Reading Can You Dig It Concert.

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6	10" x 4"	\$240	\$200
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12	10" x 8"	\$360	\$300
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Each newspaper has a corresponding website featuring an archive of past issues, photo albums, events calendar and advertising opportunities.

WATCHUNG LIBRARY PROGRAMS

Watchung Library is located at 12 Stirling Road in Watchung, behind the Watchung Arts Center. For complete program registration information, please check the online calendar (www.somerset.lib.nj.us, then go to Evenys/Programs for Watchung).

Program information is subject to change, so also look online for updated programs and additions.

Registration for September and October library programs begins Wednesday, August 21 at 10:00 AM

Programs are in Age Order:

Music & Movement with Mommy & Baby

Tuesday, September 24 at 10:30 AM

Ages: 0 to 9 Months with Caregiver

Presented by: Heather Pflug. Enjoy learning poses, singing techniques and mantras from yoga that can help both you and your baby bond, sleep better, and feel happier! Relax in a stress-free environment that will support the well-being of mommies and babies - and give you a chance to meet other new mothers.

Wompy's World of Musical Play

Friday, September 6 at either 10:00 AM or 11:00 AM

Ages: 6 months to 3 years with Caregiver

Come and enjoy Wompy's interactive, creative music program! You'll experience a charming blend of theater, puppetry and musical instruments, along with a different curriculum theme during each visit, making Wompy's truly unique. IMPORTANT: There is a session at 10:00 AM followed by a REPEAT of that session at 11:00 AM. You must choose one time.

Stories for Twos with Elaine

Friday, September 20 at 10:30 AM

Ages: 24 to 35 Months with Caregiver (Child MUST BE 24 MONTHS old when program begins)

Enjoy books, crafts, music, and more for the very young.

Much More Fun for Munchkins Storytime

Tuesday, September at 10:30 AM

Presented by: Mrs. Fine. Ages: 2 1/2 to 3 with Caregiver. Enjoy books, songs, fingerplays, flannelboard stories, puppets and crafts - of course!

Miss June's Room

Thursday, September 5 at 4:00 PM

Ages: 4 to 6. DON'T MISS Miss June! Relax and have fun making a project, hearing a story and enjoying a snack. Registration opens on August 21 at 10:00 AM.

Leisa's Lollipop Hour

Wednesday, September 25 from 4:15 PM to 5:15 PM

Ages: 5 to 8. A craft, snack and stories are waiting for you to enjoy! If you cannot attend, please remember to either respond to your email reminder or call the library.

Your response better enables us to prepare materials appropriately, and can give a child on the wait list the chance to be included.

Baking and Books with Doug

Tuesday, September 3 at 4:15 PM

Ages: 6 and up. Bake something delicious to eat and dig into some great stories!

Reader's Theater

Monday, September 16 at 7:00 PM

Ages: 7 to 10. Come and read several versions of a well known fairy tale, then we compare them and act one out!

LEGO Club

Monday, September 30 from 7:00 PM to 7:45 PM

Ages: For Grades 1 to 5. We've got lots of LEGO® pieces. We need kids to build stuff! If you like building with LEGO® pieces, come to our club!

Teen Action Group (TAG)

Wednesday, September 11 from 7:00 PM to 8:00 PM

Ages: For Grades 6 to 12. Your Library Wants You! Bring your ideas to help plan events, select materials and make the library work for teens! You may earn community service hours. New members are always welcome. This is the first meeting of the school year. Have a voice in what TAG will do!

City of Bones Celebration

Wednesday, September 4 from 7:00 PM to 8:30 PM

For Grades 6 to 12. Spend an evening in the shadowhunters world created by author Cassandra Clare. There will be City of Bones trivia, shadowhunter tattoos, good food, prizes and other fun!

LEGO® Club Volunteers

Monday, September 30 and from 6:30 pm to 8:15 pm

Ages: For Grades 7 and up. Teen helpers wanted for LEGO® Club! Earn community service hours for helping younger kids build their LEGO® creations. Only a few helpers are needed, so sign up now.

Nobody Owns the Sky: Four Fearless Female Flyers

Wednesday, September 18 at 7:00 PM

Ages: Adult. Presented by: Carol Simon Levin Before Amelia Earhart's famous exploits, female flyers had already proved that aviatrixes were every bit as brave and daring as their male counterparts. Flying in flimsy wood and canvas biplanes, Harriet Quimby, Katherine Stinson, Bessie Coleman and Elinor Smith awed and thrilled people on the ground -- executing audacious acrobatic aerial maneuvers, soloing across the English channel, setting records, barnstorming and buzzing beneath all four New York bridges. Undaunted by male skepticism, they were determined to show that anything that men could do, they could do better!

Inexplicably, these women's astonishing accomplishments have been largely forgotten. Come hear Carol Simon Levin bring colorful stories to life!

Sports Related Concussions: When Should I Worry?

Wednesday, September 25 at 7:00 PM

AGES: Adults. An Educational Presentation PROVIDED BY: The Speech and Audiology Department at JFK Medical Center in Edison, NJ. Do you have a child or know someone involved in sports? Has your child or someone you know suffered from a concussion? Do you know what to do if you suspect that someone has suffered from a concussion? Concussions are brain injuries and can leave lasting effects on attention, memory, mood, and the ability to participate in normal daily activities. There are between 1.6 and 3.8 million brain injuries that occur in sports each year, according to the Centers for Disease Control and Prevention. Of those injuries, 63,000 occur in high school athletes alone. Come learn more about concussion and the effects of brain injury related to sports head injuries. Discover how many concussions are too many and how to ensure that you know what to do if someone has suffered from a concussion. Learn more so that you may help spread the word about the dangers of concussion and 'when in doubt, sit it out'.

Watchung Writers Group

Thursdays from 10:30 AM to 12:30 PM

Ages: Adult. If you're interested in writing of any kind and want to improve your skills and share your experiences, The Watchung Writers Group would like to meet you. The aim of the Group is to stimulate better writing. We work toward this goal through critiquing, spontaneous writing and examining the various technical aspects of writing. We look forward to your participation in the writing group. Any question, contact Pat Rydberg at pattijeanr@aol.com.

Mah Jongg Club of Watchung

Mondays and Tuesdays from 1:00 PM to 4:00 PM

All Ages. The Monday Mah Jongg Club of Watchung meets every Monday from 1:00 to 4:00 at Watchung when the library is open. On either the third or fourth Monday of the month, Mah Jongg meets following the Tasty Bites and Books Book Club, at approximately 1:30 PM. The Tuesday Mah Jongg Club of Watchung meets most Tuesdays. Contact Melanie Novello at Novello1800@aol.com. No fee - All welcome!

Energy Meditation Class

Monday, September 23, 30 at 10:30 AM

Ages: Adult. Presented by: Patricia Barron. This seated meditation will be guided by the instructor with meditative music to circulate your energy and heal on a physical, mental and emotional basis. This class is based on principles of Chinese Medicine. It will inform you

how to quiet the mind by using the structure of your body and the focus on certain points on the body to become more mindful of the present moment. This practice will free up your energy so you will feel calm yet enlivened and rejuvenated. All meditations are done while seated on a chair so all are welcome to participate.

Book Discussion with the Watchung Group

Thursday, September 12 at 7:00 PM

Ages: Adult. We throw in books you would otherwise never read, but are worth reading!

The Eye of the Beast by Terry Adams

For a serial killer, his style is unique. No elaborate rituals. No predetermined victims. Just an instant, uncontrollable urge to kill. The grisly murder of Jeralee Underwood was the final crime in James Wood's lifetime career of armed robbery, kidnapping, rape, and murder. This is the true story of how a sociopath is bred, and what it takes to trap him at his own deadly game.

CURRENT BOOKS Book Club

Monday, September 9 at 7:30 PM

Ages: Adult. Current Books Book Club Second Monday of the Month at 7:30 PM (with exceptions for holidays) Mark your calendars!

The Black Count by Tom Reiss

General Alex Dumas is a man almost unknown today yet with a story that is strikingly familiar, because his son, the novelist Alexandre Dumas, used it to create some of the best loved heroes of literature. Hidden behind these swashbuckling adventures was an even more incredible secret: the real hero was the son of a black slave - who rose higher in the white world than any man of his race would before our own time.

Social Action Nonfiction Book Club

Thursday, September 19 at 7:00 PM

Ages: Adult. Third Thursday of the Month at 7:30 PM for books, 7:00 PM for films

FILM: No Impact Man

Colin Beavan decides on a grand experiment: to live one year with as little impact on the environment as possible.

The problem is, the project requires his wife and their young daughter to be fully on board. The family embarks on a year of no electricity, television, cars, toilet paper, elevators, or newspapers.

Tasty Bites and Books

Monday, September 16 from 12:00 PM to 1:15 PM

Ages: Adult. Bring a bag lunch and share your thoughts!

The Warmth of Other Suns

by Isabel Wilkerson. Pulitzer Prize-winning author Isabel Wilkerson chronicles one of the great untold stories of American history: the decades-long migration of black citizens who fled the South for northern and western cities, in search of a better life. With stunning historical detail, Wilkerson tells this story through the lives of three unique individuals.

NEIGHBORS & NEWCOMERS CLUB!

The Neighbors & Newcomers Club of Watchung Hills has been welcoming both new and existing residents from Warren, Watchung, Long Hill and Green Brook for over 35 years. Members receive a monthly newsletter highlighting the Club's activities and events for the month. The Club offers a variety of activities such as monthly meetings featuring guest speakers; special interest groups including Bunco, book club, day trips, knitting, fun in the kitchen; evening socials including game night, wine tasting, and candlelight dinners.

For additional information, please contact Laura Merizio at (908) 490-0140, or at ajmlam4@aol.com. Feel free to visit our website: www.nncwhnj.org.

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