

The PRIDE of North Plainfield

FREE

Endorsed by
NPBA



North Plainfield's Hometown Newspaper

Published by Renna Media On-line at RennaMedia.com

ISSUE 20 • JANUARY 2014

**North Plainfield
SENIOR CITIZENS
GROUP
meets
EVERY TUESDAY
at 10:30 am
at the
COMMUNITY
CENTER
located at
614 Greenbrook Rd
North Plainfield.
Senior Citizen Bus is
available to all North
Plainfield Seniors.
To arrange to ride the
bus and for more info,
call 908-753-0707.**

AMERICA'S OLDEST TEACHER LIVES IN NORTH PLAINFIELD

On Friday, January 10, 2014, The Sundance School celebrated the 100th birthday of teacher Agnes "Granny" Zhelesnik --America's oldest working teacher --with a special student ceremony hosted in her honor.

Agnes Zhelesnik, affectionately referred to as "Granny" by her students and colleagues, is the full-time home economics teacher at The Sundance School (preschool - 5th grade) in town. Born in 1914, Granny joined The Sundance School in 1996 at age 81 following a lifetime as a homemaker, it was her first paying job since the 1930's. Today she works 35 hours each week teaching Home Ec., giving after-school cooking & sewing lessons, and making costumes for school plays. Granny's daughter, also named Agnes, has taught at The Sundance School for 32 years and counting.

Surrounded by her students, family, friends, and faculty, Granny was honored with a proclamation by Mayor Michael Giordano Jr.; a 100th birthday cake presentation and performance by Sundance School alumni and Broadway star Lucas Schultz (A Christmas Story, The Musical); a special student tribute and performance of Granny's favorite production, The Little Mermaid, Jr.; and a special surprise birthday message from President Barack Obama!

For almost 40 years, The Sundance School has provided a unique educational experience for preschoolers through fifth grade. Their mission is to help children grow emotionally, socially, intellectually, physically and creatively. In addition to core curriculum, students have



"STAR" potential, with the opportunity to learn through the arts, and participate in two shows every year. The Sundance Schools follows the traditional academic school year but also offers extended day programs as well as school and summer vacation camps. For more information about The Sundance School, visit www.thesundanceschool.com. The Sundance School is located at 401 Greenbrook Road. Photo credit: The Sundance School

VICTORIAN HOUSE TOUR NOT STOPPED BY SNOW STORM

On Saturday, December 14th, from 2 to 7 P.M. the Washington Park Historic Association sponsored a "Victorian Christmas House Tour and Art Exhibit". All of the homes were located in the North Plainfield Washington Park Historic District and many still have their original architectural features.

The tour started at The Church of the Holy Cross located at 40 Mercer Ave. The church is an excellent example of Carpenter Gothic Architecture. Local artist had some of their original work on display in the homes.

After the tour, participants were invited to a wine and chocolate tasting, donated by local merchants at Super Buy Rite Liquor store located on Rt. 22 West.

Coordinator, Frank D'Amore Sr said, "We had a great time presenting the tour. We would have liked better weather but that we can't control. We have been presenting these tours for more than 30 years, this is the first time we had foul weather. This prompted us to have an alternate tour date in case of weather conditions for next time."

After more than 10 years of work by Washington Park volunteers, the Washington Park Historic District was listed in the State and National Registers of Historic Places on April 9, 1987. The Washington Park Historic association is dedicated to the preservation, restoration, rehabilitation and protection of our Historic District.



PRSRT STD-A
US POSTAGE
PAID
Permit #1081
Newark, NJ

POSTAL CUSTOMER



Pelican
Ski, Pool & Patio Shops
ROUTE 22 • WHITEHOUSE
908-534-2534

**ADDITIONAL
20%-50% OFF
ALL JACKETS, PANTS,
GLOVES, SELECTED
SKIS & SNOWBOARDS**

Great Savings Throughout the Store

**ONE FREE SKI OR
SNOWBOARD DAILY
RENTAL COMPLETE
WITH BOOTS**

With this ad. \$10 deposit
and credit card required.
Expires 3/15/14. You may
pick up rental day before
and return the day after your trip.

**Come Early!
HUGE SELECTION**

You'll get everything you need to take advantage of an awesome season!

The PRIDE of North Plainfield

The Pride of North Plainfield is published by Renna Media. 6,500 newspapers are printed monthly and are mailed to every businesses and homes in North Plainfield, NJ using the 07060 zip code and are distributed for free pick-up throughout town.

Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

©2014. Contents of this newspaper cannot be reproduced without written consent from Renna Media.

Renna Media welcomes the comments and concerns of its readers put into writing and sent via phone, fax or email to:

Renna Media, LLC
 Publisher: Joe Renna
 202 Walnut Ave. Cranford, NJ 07016
 Phone: 908-447-1295
 Fax: 908-709-9209
 Email: joerenna@rennamedia.com

ADVERTISING & PRESS RELEASES

Inquiries concerning advertising and submissions of press releases can be made to Renna Media LLC via phone, fax or email to:

Contact: Mollie Helck
 Email: mollie@rennamedia.com
 Phone: 908-858-4012 • Fax: 908-709-9209

EXCERPTS STATE OF THE BOROUGH ADDRESS

Mayor Michael Giordano, January 13, 2014, North Plainfield, New Jersey

2014 ANNUAL BUDGET

We have much to be thankful for this year, especially the absence of another hurricane! Last year at this time we were still recovering from Super Storm Sandy. We can all take pride in how we came together to help our neighbors in need, and in our professional staff who worked to protect and restore our community. The storm taught us valuable lessons on emergency planning and we are grateful for the many agencies at the Federal, State and County level that have supported us throughout our recovery effort. They have also provided resources and funding to ensure we are even better prepared for the future.

INFRASTRUCTURE PROJECTS AND COMMUNITY FACILITIES

The past several years have been very active ones in making investments in our community facilities and infrastructure. Historically low borrowing costs and very competitive construction prices have allowed us to make significant capital improvements:

Sewer Improvements, Roadway Improvements, Community Facilities, and Municipal Complex.

PLANNING INITIATIVES

This year will see the completion of our long awaited new Master Plan. This effort was lead by our Planning Board Chair Tom Fagan. The Master Plan will establish a way forward in the Borough and will encourage future development and redevelopment in a responsible manner. The new Master Plan will encourage initiatives for energy conservation and will identify certain areas of the Borough for further redevelopment initiatives. Once the Master Plan is completed I will be seeking Council's authorization to pursue additional studies in these targeted areas.

NEW BUSINESS

Despite the economy, we have been fortunate to continue welcoming new businesses to North Plainfield. In addition to the "Grand Opening" of Costco this year, a few of these include: The

Tile Shop, The Brook (Corner of Grove and Greenbrook Road), Marino's Foreign Car Auto Repair (Opened in Raceway on Rte 22), Eddy's Kitchen on Somerset Street, Kasia's Deli (formerly Pat's Deli), 25 Burgers on Somerset Street, Maribel Fabian Hair Salon, and a Women's Accessory Shop on Greenbrook Road across from Vitelli Village.

PUBLIC WORKS

In the aftermath of Super Storm Sandy, our Public Works Director Jim Rodino continues his efforts in securing funding to upgrade many of our systems. We have acquired a generator for the borough garage which will provide fuel for emergency vehicles, and most importantly has provided uninterruptible power supply to our radio station. We are also in the process of securing funding from FEMA for a generator for the Vermeule Community Center. Our flood alarm system has been upgraded to a wireless digitalized system minimizing the possibility of a break in service. Clean-up continues from the debris left behind in our brooks and streams

SHARED SERVICES AGREEMENTS

In the past year we continued our successful shared services agreement with Watchung and Green Brook for our court operations. Our Municipal Administrators recently met and have recommended continuation of the agreement in its current form.

COMMUNICATION

This year we made some important advances in communication. In the beginning of the year we re-launched our website - www.northplainfield.org - to make it more user-friendly and comprehensive. We also partnered with the North Plainfield Business Association to produce a new monthly newspaper - The Pride of North Plainfield. We also started a Borough Facebook page this year as another avenue to provide information to our residents.

Best wishes to all for a happy, healthy and prosperous 2014!

Michael Giordano, Jr., Mayor

COMMON INTERESTS
 With An Eye Toward Our Future



Robert J. Goellner, CFP, ChFC, CLU
 Financial Planner
 rgoellner@sagepointadvisor.com

SagePoint Financial, Inc. 732.906.3300
 61 Pearl Street • Metuchen, NJ 08840 Fax: 732.906.3302

*Securities and investment advisory services offered through SagePoint Financial, Inc., member FINRA/SIPC and a registered investment advisor. Insurance services offered by Robert Goellner as a licensed agent independent of SagePoint Financial, Inc. Common Interests is not affiliated with SagePoint Financial, Inc. or registered as a broker-dealer or investment advisor.

ADVERTISE IN THIS NEWSPAPER
 6,500 are printed and mailed to every home and businesses in North Plainfield 07060 zip code.



Reserve space in the next issue. Call Mollie today at 908-858-4012 or email info@rennamedia.com

"Very Reasonable Prices"

Adela's Accessories Fashion Jewelry; Handbags & More

Necklace & Earrings Sets together at \$14.99

Handbags from \$24.99

Hats at \$9.99 Scarves at \$9.99.



facebook.com/AdelasAccessories 908-205-8200
 26 GreenBrook Road, North Plainfield, NJ 07060

New FDA Approved Treatment Proven to Relieve Knee Pain

TREATMENT COVERED BY MOST MAJOR HEALTH INSURANCE PLANS – INCLUDING MEDICARE

Did you know that over 100 million Americans suffer from knee and joint pain? In fact, this pain accounts for one fourth of all visits to primary care physicians and half of all anti-inflammatory drug prescriptions. If you suffer from any degree of knee or joint pain Drs. Mejia & Spiaggia of Performance Rehabilitation & Integrated Medicine personally invite you to regain control of your life by scheduling a FREE step one consultation with their staff. Call now. You deserve to live pain free!



Who is a good candidate for this treatment?

- Have you been diagnosed with osteoarthritis?
- Do you wake up with knee, shoulder, or joint pain?
- Does your knee, shoulder, or joint pain keep you from certain activities?
- Have you been told you need a knee replacement?
- Are you active and sometimes suffer from sore knees or joints?
- Do you take medications for knee or joint pain?
- Do you have difficulty going up and down stairs due to knee pain?
- Are you considering surgery to alleviate knee pain?
- Does your knee ever feel like it is "giving way" or unstable?
- Has a recent car accident caused you a knee or joint injury?

If you answered yes to any of these questions, call now to schedule a FREE step one consultation.

Is surgery the answer?

If you have knee pain and are worried, concerned, or afraid of the possibility of surgery, you're not alone. Most likely, you've heard stories about knee surgery and the outcome not being good. You may also know someone who had surgery and their knee was never the same. You don't want the next unnecessary and preventable knee surgery story to be about you, but the pain is not going away and your life is being altered because of it. You may have tried getting information on the Internet about the best course of action for you to take, but there's so much conflicting advice that you're scratching your head about who you can believe and trust. If you are considering surgery, you owe it to yourself to schedule a FREE step one consultation with Performance Rehabilitation & Integrated Medicine first.

What else is available to treat knee pain?

Drs. Mejia & Spiaggia and their staff have taken years to carefully develop a customized treatment program for those suffering with knee and joint pain. This new treatment protocol utilizes the latest high-tech FDA approved solution available combined with cold laser technology, physical therapy, acupuncture and joint mobilization & stimulation. The patient's lifestyle is also taken into consideration as stretches, exercising, and lifestyle skills are taught for a lifelong approach to relieving pain.

How does this treatment work?

Utilizing dye and a cutting-edge live motion x-ray machine, the doctors and staff are able to pinpoint

problem areas with precision and accuracy. A viscosupplement injection is delivered and the healing process starts. Viscosupplementation has been shown to relieve pain in many patients who have not responded to other non-surgical methods by bonding with naturally occurring joint fluid to create a lubricating and cushioning layer. It also reduces pain, inflammation, and swelling of the joint. Little to no discomfort is noticed and many patients feel the effects within days.

FREE STEP ONE CONSULTATION

*"We are so confident that you will find healing and relief at our office that we are offering you a **Free step one evaluation and consultation**. We will personally review a full health analysis questionnaire, evaluate your condition and determine how we can help you. There are no strings attached and you have no obligation. Don't live with pain, fear and doubt any longer. Pick up the phone and take control of your life right now. You have nothing to lose but your pain. Time slots fill quickly so call today to secure your free step one consultation."*

— Ron Spiaggia, DC - Clinic Director
Joseph Mejia, DO, F.A.A.P.M.&R. - Medical Director

What are patients saying?

"My life has changed for the the better since treatment. I no longer take medication or have down days where I just cannot get out of bed because of the pain. I've started riding my bike again with my husband and he is more happy because he has his riding partner back."

— Vicki M.



CALL TODAY TO SCHEDULE YOUR FREE STEP ONE CONSULTATION



459 Watchung Avenue, Watchung, NJ 07069
www.performancerehabnj.com

908-731-5687

Most insurances accepted including Medicare

STUDENTS RECOGNIZED BY ROTARY

RECREATION SPRING SIGN UPS ARE COMING!

Baseball/Softball/T-ball and Coach pitch sign ups will begin on February 11th, 12th and 13th. Registration will be at Vermuele Community Center from 7-9 pm. Adult Volleyball, Basketball and Softball registration will be at the same time. Mark your calendar!

For more information, please go to www.np-recreation.com



DIAL CAR & LIMOUSINE NJ
North Plainfield
908-477-9522 • 908-447-7370
\$ 5.00 OFF ANY RIDE

Serving Middlesex County for over 75 Years

BINSKY HOME
AIR CONDITIONING PLUMBING HEATING

Ask About Our Healthy Home Agreements & Free Plumbing Inspections

Mention this ad and receive **10% Off** any repair service
Coupon Code: 10-NP expires 2/28/14

732.369.0400
www.binskyhome.com
Have a healthy, comfortable home.

The Rotary Club of Plainfield-North Plainfield presented Student of the Month Certificates of Achievement to four students from North Plainfield High School at a luncheon in their honor on January 8th at Giovanna's Restaurant in Plainfield.

Nancy Bahnasy (September), Christina Forrester (October), Ana Rodriguez (November), and Jawana Wilson (December) were selected by their Interact Club adviser, Alexandra Pereira, in recognition of their years of service to Interact and their academic achievements and extracurricular activities. Each of the recipients has worked diligently with Interact on the club's many activities, including food drives, blood drives, community events for children, helping the Rotary Club with its scholarship fundraisers, and many more.

Each of the four recipients spoke extemporaneously at the meeting, giving an overview of their academic achievements, their

involvement in the Interact Club, and the ways that they have benefited from their education at North Plainfield High School.

Each of the students received a framed certificate that read, in part, "In recognition of your commitment to attain high academic achievement through activities that develop good citizenship at North Plainfield High School." The students were accompanied by Alexandra Pereira, Interact Club adviser and Spanish language teacher at the North Plainfield Middle School.

The Rotary Club meets every Wednesday at 12:15 PM at Giovanna's Restaurant in Plainfield. Anyone interested in serving the community is welcome to attend a luncheon meeting as guest of the Club to learn more about their service opportunities.

More information is available from the Club's website at www.RotaryPNP.org or by phone at 908-822-1441.



(above, front row, l-r) Ana Rodriguez; Alexandra Pereira, Interact Club adviser; and Christina Forrester (back row, l-r) Nancy Bahnasy; Jawana Wilson; and Superintendent of Schools Marilyn Birnbaum pose after the students received their Student of the Month certificates at a Rotary Club luncheon in their honor on January 8th at Giovanna's Restaurant.

GARBAGE SERVICE
908-753-5272
RESIDENTIAL & COMMERCIAL
www.marlin disposal.com
Located in North Plainfield

#1 Choice for Garbage Service in North Plainfield

MARLIN
Owned by David & Michael Dellipoli,
Proudly Serving North Plainfield for over 60 years.

K A B SYSTEMS

Now open- The first exclusive Point of Sale equipment store is now open in North Plainfield, NJ

- Plug and Play Pre-configured POS system
- Printers, Scanners, Cash drawers
- Receipt paper, Labels, Cables and connectors
- Installation and training
- FREE Life-time phone support

(800) 522-2408

Take your store online with ECOMMERCE

27-C Greenbrook Road, North Plainfield, NJ 07060 www.kabsystems.com

PRESBYTERIAN WELCOME PROGRAM COMES TO NORTH PLAINFIELD

The Watchung Avenue Presbyterian church will host its second worship and study event offered by the organization Presbyterian Welcome. The program will explore what Scripture says - and what it does not say - concerning LGBTQ persons. It will examine biblical texts that reference the idea that the divine message of love is deep, wide, and inclusive.

The leader of the session will be Reverend John Russell Stanger who is Minister for Advocacy and Education at Presbyterian

Welcome in New York City. John Russel holds a Master of Divinity from Austin Presbyterian Theological Seminary. His mission is "to help reconcile the rift between our sexuality, our gender identity, and our faith". His writings can be found at PluckPresby.com

The program date is February 16th. There will be worship service at 10:00 am, a brunch at 11:00 and the study will begin at 12:00 noon. Everyone is invited, youth and adults. Watchung Avenue Presbyterian Church is located at 170 Watchung Avenue.

NORTH PLAINFIELD FACULTY AND STAFF PLAY BASKETBALL FUN-RAISER GAME

The North Plainfield Faculty and Staff recently converged on the court to play a great game of basketball at the high school gymnasium.

Spectators were treated to a very competitive game that brought two district-player teams out of the classroom to raise funds for the boys' high school program. Ms. Lagina Womach opened this event with her rendition of the Star Spangled Banner.

"Given the many new state mandates and new evaluation system, this was a wonderful stress-reducer for our staff while being a great fundraiser for the boys' basketball team", said Superintendent Marilyn Birnbaum, coach of the Maroon team.

The Maroon team, with player-coach Reginald Sainte-Rose, principal of Somerset School and Boys' High School head basketball coach, ended the first half of play down 24 - 14. Down by only 10 at the start of the 3rd quarter, the White team kept the pressure on by posting a score of 27 - 19.

The capacity-filled gymnasium of spectators and players were entertained by the Middle School Boys Choir and the North Plainfield High School Cheerleaders. D.J. "Chino" (Raul Noriega) provided continuous music throughout

the night and Kona-Ice provided cool refreshments.

The White team, coached by Assistant Superintendent Bob Rich, continued their strong play in the 4th quarter.

"It was great to see our district staff giving up time to raise money for our basketball program", proclaimed Mr. Rich.

The White team prevailed at the end by posting a final score of 43 - 32. "It was a hard fought game and in the end the Maroon team came up a bit short", said Mr. Sainte-Rose. "But we all had a lot of fun".

Mr. Sainte-Rose added that, "Tonight's event accomplished two goals. First, we raised money for our Boys' Basketball Program and most importantly, we had a chance to come together as a district community to show North Plainfield school district spirit and pride".

North Plainfield Graphics and La Strada Restaurant provided sponsorship of the event, and their continuous commitment to community events is greatly appreciated.

A special thank you goes out to Janeann Dickerson, Martha Barrett, Mary Castro, Paula Della Fortuna, Laurie Pfundheller, Donna Patton for their assistance in this event, as well as to the families of North Plainfield.



Welcoming Everyone
Celebrating Diversity
Following Jesus

**WATCHUNG AVENUE
PRESBYTERIAN CHURCH**
*We are known for our openness,
warmth and congeniality. Come, give us a try!*

170 Watchung Avenue North Plainfield, NJ
Rev. Shannan Vance-O'Campo
908-755-2781 www.wapc.net

*Wishes you
Buon Appetito!*

La Strada
Ristorante and Pizza
Eat-in / Takeout Menu / We Deliver

Bringing you the very best Italian dishes.
It is our pleasure to serve you.
Feel free to bring your own beer or wine.
Call Ahead for Fast Pickup

(\$2.00 OFF any large pizza)
(We accept our competitor's coupons!)

**393 Somerset St. (Somerset Square)
North Plainfield, NJ** **(908) 561-7676**
Fax (908) 561-7678



Eddy's KITCHEN
BAGELS SANDWICHES
GOURMET DELI

SUPER BOWL CATERING!
Plan ahead - Call Today
Catering for all occasions!

Open 7 days
Mon-Fri 6AM-3PM
Weekends 7AM-2PM

908-205-0531
Fax 908-205-0898
525 Somerset Street
North Plainfield, NJ 07060
eddyskitchenllc@gmail.com

Affordable & Dignified
Cremation Services of New Jersey

866.486.4100

Michael L. Castoral, Mgr.
NJ Lic. No. 4305

PRE-ARRANGEMENT
Simple Arrangements can be completed by telephone, fax, or e-mail and paid for with a credit card.

AFFORDABLE OPTIONS
Affordable & Dignified Cremation Services of New Jersey, LLC provides a complete, simple cremation service at a reasonable price.

2456 Plainfield Avenue South Plainfield, NJ 07080

INCA
Maya
RESTAURANT
PERUVIAN CUISINE

Open 7 Days a Week!
Abierto los 7 dias
Lunes a Viernes (Mon to Fri)
11:30 am a 8:30 pm
Sábado (Sat) 10:30 am a 9 pm
Domingo (Sun) 10:30 am a 8:30 pm

908.757-0470
27B Green Brook Rd, North Plainfield NJ

\$10 OFF ENTREE
when you purchase a entree.
Dine in only. Expiration date of 5/15/2014.
Not to be combined with any other offers.

NORTH PLAINFIELD PUBLIC LIBRARY

6 Rockview Avenue, North Plainfield, NJ 07060 • (908) 755-7909 • www.sclsnj.org

Hours: Mon, Tues, Wed and Thurs: 9:30-9, Fri and Sat: 9:30-5

LIBRARY RECEIVES DÍA FAMILY BOOK CLUB GRANT

The North Plainfield Library, a branch of the Somerset County Library System, received a \$2,000 mini-grant from the Association of Library Services for Children (ALSC) to create a multicultural family book club in celebration of "El día de los niños."

The North Plainfield Memorial Library has created a series of Spanish/English, bi-lingual programs to promote a love of books and reading to children. The Family Book Club will stimulate discussions of family, community, language, culture, and values for children in kindergarten through second grade using the following six books:

- Chrysanthemum/Crisantemo by Kevin Henkes
- Scaredy Squirrel/La Ardilla Miedosa by Mélanie Watt
- Marisol McDonald Doesn't Match/Marisol McDonald No Combina by Monica Brown,
- Hairs/Pelitos by Sandra Cisneros, I Love Saturdays y domingos by Alma Flor Ada
- Gracias/Thanks by Pat Mora.

Each of these books will be provided free to participants while supplies last. The introductory program will take place on Tuesday, February 18 at 6:30 pm in the Library's Program Room. All programs are free and registration is required.

The North Plainfield Library, a branch of the

Somerset County Library System, is open Monday-Saturday. Hours of operation are Monday through Thursday from 9:30am to 9pm and Friday and Saturday from 9:30am to 5pm.

El día de los niños/El día de los libros (Children's Day/Book Day), is a nationally recognized initiative and celebration of children, families, and reading that culminates yearly on April 30. The celebration emphasizes the importance of literacy for children of all backgrounds. Día was founded in 1996 by children's book author Pat Mora, who proposed conceptually linking the existing Children's Day with literacy. The founding partner of Día is REFORMA, the National Association to Promote Literacy and Information Services to Latinos and the spanish-speaking.

The mini-grants are part of ALSC's Everyone Reads @ your library grant, generously funded by the Dollar General Literacy Foundation, leading up to Día's 18th anniversary. For more information, visit <http://dia.ala.org>.

Patrons with further questions can call SCLS at (908) 755-7909 or visit the website at <http://www.sclsnj.org>. The Somerset County Library System has branches in Bridgewater, Bound Brook, Hillsborough, Manville, at the Mary Jacobs Library in Rocky Hill, North Plainfield, Peapack & Gladstone, Somerville, Warren Township and Watchung.

RENNA MEDIA MAILS 58,000 NEWSPAPERS TO 12 TOWNS EVERY MONTH

Reserve space in the next issue.
Call Mollie today at 908-858-4012
or email mollie@rennamedia.com

AFFORDABLE SINGING & PIANO LESSONS

All Ages & Levels

www.WatchungMusicLessons.com

(917) 572-4592



ATTENTION: FULL-TIME BARBER WANTED

SHOP LOCATED IN STIRLING
EXCELLENT COMMISSION RATE
TUES. - FRI. 9-6, SAT. 7-5

CALL 732 762-9637

CPAP TIRED OF UNCOMFORTABLE CPAP MASKS?

See one of our respiratory sleep specialists for a comfortable solution

Largest selection of CPAP masks on display heads

CALL FOR A FREE APPOINTMENT: 1 800-851-0610

Medicare, Medicaid and most insurance accepted.
*Physicians prescription required. M-F 9-5

www.mdrespiratory.com

Mike Poulis & Kevin Doyle are the new owners of Signarama at 1030 Rt 22 East in North Plainfield across from Siperstein's Paints.



Custom Signs, Banners, Window & Vehicle Graphics

A veteran owned company

CHILDREN'S PROGRAMS

AFTER SCHOOL MOVIE (Grades K-5)

Thursday, February 6th at 3:30 - 5:30 p.m.

Despicable Me 2.

Join us for a snack and relax after class with a fun movie. No Registration.

VALENTINE'S DAY PARTY (Grades K-5)

Tuesday, February 11th at 3:30 - 4:30 p.m.

Come to the library and check out our Valentine's Day Party! Fun, treats, stories and prizes. No Registration.

STAYING WARM (Grades 1-5)

Thursday, February 13th at 3:30 - 4:30 p.m.

Registration begins January 30.

This fun workshop will explore how animals, including humans, can stay warm in the coldest months of the year.

We will take a close look at various animals' furs and birds' feathers using a dissecting scope. Presented by the Somerset County Park Commission.

EXPLORE THE WORLD OF HYDROGELS (Grades K-3)

Tuesday, February 18th at 3:30 - 4:30 p.m.

Registration begins February 4.

Come and learn all about hydrogel polymers and how they are used. Presented by the Somerset County 4-H.

ANANSI AND THE MOSS-COVERED ROCK (Ages 3-9)

Thursday, February 20th at 3:30 - 4:30 p.m.

Registration begins February 6.

This exciting hybrid program is part touring play, part interactive workshop. Especially designed for families with children ages 3-9 years, this PLAY-SHOP is the story of the trickster spider of African folklore, Anansi, as he plays a joke on his animal friends. The audience-participants will play the sound effect of the moss-covered rock. The Youth Stages actor-educator will keep families laughing as she plays the various animals in the story: spider, lion, elephant, zebra, giraffe, hippopotamus, rhinoceros, and little bush deer!

TEEN PROGRAMS

GAME DAY (Grades 6-12)

February 3rd, 10th, and 24th at 3:30 - 5:00 p.m.

Join us for a fun afternoon of playing a variety of board, card, and video games. No registration required.

RETRO DAY (Grades 6-12)

Wednesday, February 5th at 3:30 - 5:00 p.m.

Relive your favorite childhood memories as we play with legos, use a giant parachute, and do other retro activities. No registration required

ANTI-VALENTINE'S DAY PARTY (Grades 6-12)

Wednesday, February 12th at 3:30 - 5:00 p.m.

Registration begins January 29.

Come and uncelebrate Valentine's Day as we write break up letters and play gloomy games.

BALLOON ANIMAL MAKING WORKSHOP (Grades 6-12)

Wednesday, February 26th at 3:30 - 5:00 p.m.

Registration begins February 12.

Come and learn how make fun balloon animals.

ADULT PROGRAMS

Basic Yoga

Saturday, February 8th at 10:30 a.m.

Valentine's Day Baking

Thursday, February 6th at 6:30 p.m.

Google Drive Spreadsheets

Monday, February 10th at 6:30 p.m.

Latin Dance Lessons: Salsa

Saturday, February 15th at 11:30 a.m.

Keyboarding & Mouse Basics (in Spanish)

Monday, February 17th at 7:00 p.m.

Celebrate our state's 325th anniversary!

Saturday, February 22th at 2:00 p.m.

PCs vs Macs (in Spanish)

Monday, February 27th at 7:00 p.m.

FIRE DEPARTMENT WILL HOST THEIR 11TH ANNUAL ST. BALDRICK'S DAY EVENT • SAT., MARCH 22, 2014 • 1PM FIRE HEADQUARTERS, 8 LINCOLN PLACE

St. Baldrick's Day is a family-friendly event where volunteer Shavees have their heads shaved as a sign of solidarity with kids whom lose their hair to cancer treatment. They solicit donations in exchange for the sacrifice of the hair; raising funds and awareness for the St. Baldrick's Foundation. It is not uncommon to shave more than 100 Shavees at the North Plainfield event!

The St. Baldrick's Foundation uses the money raised to fund meaningful science aimed squarely at conquering childhood cancer. Events like North Plainfield's generate 100% of the revenue that the St. Baldrick's Foundation uses to fund the clinical trials, fellowships and research grants made annually and consistently.

Last year 82% of the money raised went directly to Childhood cancer research.

The 2013 event in North Plainfield raised over \$117,000 for the St. Baldrick's Foundation and since 2004 North Plainfield has brought more than a half-million dollars to the cause.

Please join us in Fire Headquarters this year and be witness to this amazing event. We will be recognizing Team Quinn; a group of children from Bridgewater, NJ who have rallied around a classmate as he battles cancer and in turn raised awareness of kids cancer challenges and victories.

Learn more about the St. Baldrick's Foundation and our event at; stbaldricks.org/events/mypage/24/2014

new jersey 350

innovation • diversity • liberty

This year marks New Jersey's 350th anniversary and the North Plainfield library is celebrating by presenting a free program called "Timeline New Jersey" with NJ photographer, author and advocate of state pride, Walter Choroszewski. This lecture will take you on a pictorial history of the Garden State from the primeval dawn of the Highlands through the Ice Age, meeting the first people and early explorers along the way. Choroszewski will follow our state's history through the colonial and revolutionary periods into the present. Come celebrate the events and many firsts that make New Jersey special on Saturday, February 22 starting at 2:00 p.m. at the library, located at 6 Rockview Avenue. You may reach the library by calling 908-755-7909 or visiting the website, www.sclsnj.org. For more NJ anniversary events visit <http://officialnj350.com/>.



NEW OFFICERS WELCOMED

North Plainfield Police Chief William Parenti announced the hiring of several new members of the North Plainfield Police Department in various positions, and wanted to introduce them to the community.

Special Police Officer Steinhauser graduated from the Monmouth County Police Academy Class II session in December of 2013. He is also a North Plainfield Parking Enforcement Officer. Laura DiNardo-Smith has been hired as a Parking Enforcement Officer and has previous experience as a Special Class 1 Officer and dispatcher with an Ocean County municipal police department. Officer Romasz, a nine year veteran of the NPPD is currently assigned as a Patrol Field Training Officer. Anmol Deol has been hired as the Police Records Clerk in the Records Division; she has previous administrative experience with a state law enforcement agency. MichealEdward Jean-Baptist graduated from the John H Stampler Police Academy in Union County in December

of 2013; he has previous experience with the Military Police in the Marine Corps.



(above, l-r) Class II Special Police Officer-Parking Enforcement Officer Francis Steinhauser; Parking Enforcement Officer Laura DiNardo-Smith; Police Officer Sabrina Romasz; Records Clerk Anmol Deol; and Police Officer MichaelEdward Jean-Baptist.

Call for a FREE Estimate

908-889-6584

CAFFREY

TREE LANDSCAPE

www.CaffreyTree.com

Quality Service • Family Owned
& Operated for Over 35 years
Established in 1978

- Pruning
- Firewood
- Stump Grinding
- Storm Damage Removal
- Topsoil/Seed/Sod
- Organic Lawn Care
- Deer & Tick Control
- Landscaping
- Hardscapes (Patios, Walkways, etc.)
- In House Landscape Designer
- Plant Health Care/Feeding

PREVENT THE WINTER STORMS FROM DAMAGING YOUR LANDSCAPE:

Call us for a free evaluation for Deadwood Pruning and Winterizing your property.

Also keep warm this winter with our seasoned Firewood!!

Best wishes for a peaceful holiday season.

Member

FULLY INSURED



New Jersey Licensed

Fresh Fruit &

Vegetable Market

Freshly
baked
Portuguese
and
Italian bread
delivered daily!



Store Hours:

Mon-Sat: 9:00 am to 7:00 pm
Sun: 9:00 am to 5:00pm

**“We’re Not
Just
Produce”**



**LARGE SELECTION
OF DOMESTIC AND
IMPORTED SPICES
FOR ALL OF YOUR
COOKING NEEDS...**

somersetfarms@verizon.net
somersetfarmsnj.com

908-757-7730 • 950 Route 22 East • North Plainfield, NJ

COUPON



FRESH SHRIMP
\$8.99 lb

NPF

By the pound only. Limit 1 lb per customer per coupon per day.
Not to be combined with other offer. Offers good thru 2/16/14.

FRESH FISH
Available Thursday
to Sunday
Filleted, Steaked,
Cleaned to your liking!

**Little Neck or
Top CLAMS**
\$3.99 /dozen

COUPON



Talapia Fillet
\$5.99 lb (farm raised)

NPF

By the pound only. Limit 1 lb per customer per coupon per day.
Not to be combined with other offer. Offers good thru 2/16/14.

FRESH FRUIT OR VEGETABLE PLATTERS
Platters over stuffed with the best the season has to offer.
14 inch 24.99 • 16 inch 29.99 • 18 inch 39.99



**Perfect for
Special
Occasions!**



COUPON



**Boar's Head
Honey Maple
Ham or
Turkey Breast**
\$5.99 lb

NPF

Must purchase 1 lb. Limit 1 lb. per coupon. Coupon may not be combined
with other offers. Limit 1 offer and coupon per day. Offer expires 2/16/14.

COUPON



**BOAR'S HEAD
BABY SWISS
CHEESE**
\$5.99 lb

NPF

Must purchase 1 lb. Limit 1 lb. per coupon. Coupon may not be combined
with other offers. Limit 1 offer and coupon per day. Offer expires 2/16/14.

COUPON

**\$2.00 OFF
your purchase of
\$20.00 OR MORE**



NPF

Excludes garden center and fish purchases. Limit 1 offer per customer
per day. Not to be combined with other offer. Offer expires 2/16/14.

**WHOLE, 2%, 1%,
OR SKIM MILK
\$3.49 GALLON**

**TREE RIPE
ORANGE JUICE
2 1/2 GALLONS
\$5.00**