

Green Brook Gazette

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ISSUE 8 • APRIL 2014

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and Historic
Preservation
Committee and
The Green Brook
Historical Society
meeting:**

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MEDEXPRESS URGENT CARE OPENS IN GREEN BROOK

On April 9, 2014 MedExpress Urgent Care opened its Green Brook neighborhood medical center to provide high-quality, affordable health care. The event follows the Grand Opening of MedExpress in Watchung on February 7th.

MedExpress offers treatment for illness and injury, providing a one-stop option for unscheduled, time-sensitive care. A doctor-led, full medical team is on site 12 hours a day, seven days a week, with no appointment needed.

"We are excited to open our warm, welcoming center to the Green Brook community," said Paul LeGue, Area Manager. "We have a sound understanding of what patients need – to be treated with respect, to be listened to, to be understood– and to receive high-quality, professional medical treatment in a timely fashion."

With an X-ray suite and lab, the center can quickly diagnose and treat most healthcare needs. Services include:

- Treatment for cold/strep/flu, sprains, broken bones, burns, dehydration and cuts needing stitches
- Wellness care such as immunizations, flu shots and physicals
- Occupational health services including injury care and employer services such as screenings and physicals

Neighborhood medical centers like MedExpress play an important role in Green Brook's health care by collaborating with family practices, primary care physicians, specialists and area hospitals.

"We're here to help patients in case they can't see their primary providers or don't need true emergency treatment," said LeGue. "We make sure to coordinate care with other area health providers to ensure our patients receive the best possible follow-up care and outcomes."



(left, l-r)
MedExpress's
Greenbrook Front
Office Assistant
(FOA) Debra
Funderburk
hold's her
6 month old
granddaughter
Kairo with
daughter Soroya
Williams who is
FOA in the
Watchung center.



(above) The staff of the Green Brook
MedExpress welcomed members of the
community to an open house on April 8.



(left) Green Brook
MedExpress staff members,
Christopher Siedelhofer,
Center Manager; Patrick
Boccio, Mayor of Green
Brook, Shawn Ennis, Area
Manager and Paul LeGue,
Area Manager held a
ribbon-cutting ceremony.

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Community service organizations and sports teams are encouraged to submit news of upcoming events or highlights and photos on recent events.

Organizations
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content can
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FIFTH GRADERS PARTICIPATE IN D.A.R.E.

Thanks to the visionary leadership of the Township Committee, Administration, and Police Department, in February, the fifth grade students at the Green Brook Middle School began participating in the DARE (Drug Abuse Resistance Education) program for the first time in three years. As it was in years past, the DARE program is being delivered by beloved Green Brook Police Officer, Lawrence Goldstein. The mission of the program is to teach students good decision-making skills so as to help them lead safe and healthy lives free from violence, substance abuse, and other dangerous behaviors.

During DARE instruction, the students participate in ten lessons that discuss drugs, alcohol, tobacco use, and making good-life decisions, all of which are a part of the DARE America curriculum. However, Officer Goldstein, who has been in law enforcement for over 20 years and more than 15 in Green Brook, also implements elements of the DARE NJ curriculum, which was used in previous years. The lessons are structured in a manner that encourages students to ask questions and discuss various types of situations. "They are enjoying these lessons and look forward to this program each week," stated Linda Pollard, GBMS Principal, who went on to say: "The fifth grade team always thanks Officer Goldstein for

coming into our classrooms and for being a role model to our students." According to Officer Larry, as the students fondly refer to him, "The DARE program presents an opportunity for an authority figure, like a policeman, to bond with students." He elaborated by saying that the development of these bonds will hopefully enhance the self-esteem of each student and possibly deter them from experimenting with drugs, tobacco, or alcohol.

One of the aspects that he likes most about working with the students in Green Brook is the tremendous amount of positive feedback that he receives daily from them. In fact, he shared that former students of his who are now in high school and even college, periodically reach out to him in order to thank him and update him on how well they are doing.

"My students are thoroughly enjoying the DARE program, said Martha Powell," a 5th grade teacher at GBMS. "They are not intimidated by his presence, but instead look up to him as a role model and a friend," added Powell. In fact, one student in her class recently told her that DARE was cool, because an actual officer came in to talk to them about not doing drugs. In fact, all of her students expressed to her how thrilled they are to participate in DARE weekly with Officer Larry.



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Sciatica, Stenosis and Herniated Discs May Be to Blame for Pain and Numbness in Legs



What are patients saying?

"I have had neck pain and arm pain for seven years from several herniated discs in my spine. I have tried other chiropractic and physical therapy treatments with little success. I have completed the DRX treatment four weeks ago and I am symptom free. Thanks to Performance Rehab I have gotten my life back."

- Melissa Miller, Phillipsburg, NJ

Who is a candidate for treatment?

There are many types of symptoms that can be relieved including:

- Back/Neck pain
- Leg pain
- Chronic low back pain
- Sciatica
- Stenosis
- Neuropathy
- Herniated/Degenerated discs

"Hi, I am Dr. Spaggiola, clinic director of Performance Rehabilitation & Integrated Medicine, and if you suffer with back or neck pain, I invite you to try non-surgical Spinal Decompression. Did you know that 30 million Americans suffer from back pain every day? This pain affects everything that you do, from work to play and ultimately your quality of life. I am here to tell you that there is hope. You can get rid of your back pain and get your life back. At Performance Rehabilitation & Integrated Medicine, we have helped hundreds of back pain sufferers just like you. We only offer the most advanced non-surgical treatments. We are so confident that we can help eliminate your back pain, we are offering one free visit to see if treatment can help you. There is no obligation and the only thing you have to lose is your pain."

— Ron Spaggiola, DC

Why pain pills are NOT a long-term game plan

People often cover their pain by relying on prescription or even nonprescription pain pills. While this may work in the short term, the side effects can be alarming. How many people do you know are addicted to pain medications? How did the addiction start? The answer to this question is typically the same. Due to an injury, medications were prescribed which gave temporary relief and soon enough, the medication became necessary to function at all. Countless individuals have been innocently entangled with prescription pain pills while initially using them as prescribed.

Can time heal pain?

Yes, in some cases time can heal pain but that is not generally the case. At Performance Rehabilitation & Integrated Medicine we have treated too many people that have needlessly suffered for years with back and neck pain. They have also spent a fortune on everything from buying new mattresses to medications. It doesn't have to be that way. The doctors and staff at Performance Rehabilitation & Integrated Medicine have literally helped thousands of local residents relieve their pain without drugs or surgery.

Surgery should not be taken lightly

Some severe back injuries require surgery but most do not. At Performance Rehabilitation & Integrated Medicine, we believe that surgery should only be considered when all other options have been exhausted. If your back or neck pain is so severe that you are considering surgery we invite you to ask yourself this question: "If there is a long-term solution to back/neck pain that doesn't require surgery, is it worth an hour of my time to find out more?"

The Truth about Surgery

- Costs can exceed \$100,000
- Prescription pain medications will be introduced
- Surgery may not solve your pain problems
- Surgery can lead to even more surgery in the future
- Recovery time can be painful and prolonged
- Surgery cannot be undone if outcomes are not favorable
- Missed time away from work, family, friends
- Quality of life can be reduced

About Performance Rehabilitation & Integrated Medicine

The team of medical providers at Performance Rehabilitation & Integrated Medicine understand what individuals in pain are experiencing. Each has a deep commitment to your health and to you as a person. During your first visit you will receive personalized attention from a seasoned staff of medical doctors, physical therapists and acupuncturists. An analysis of your condition by the medical team in conjunction with a detailed treatment plan will be described in as much detail as possible. There is no pressure to accept treatment as the staff at Performance Rehabilitation & Integrated Medicine strives to create a relaxed environment by educating patients about their options. The ultimate decision maker is the patient.

What makes Performance Rehab's Approach so different?

The medical providers of Performance Rehabilitation & Integrated Medicine have made it their mission to treat patients without surgery or drugs. After years of study, training and trials, they have chosen only the most effective non-surgical options and have brought them together all under one roof.

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• **Specialists in Pain Management** — A medical specialty also known as Physical Medicine and Rehabilitation (PM&R). This methodology gives particular focus to non-surgical spinal treatment, sports injuries and Peripheral Neuropathy.

• **Cold Laser** — A comfortable, non-invasive procedure which is successful in treating chronic conditions without pain or discomfort to patients.

• **Physical Therapy** — A traditional treatment methodology aimed at the treatment and curing of certain ailments common to patients suffering with chronic or severe pain. Its primary aim is to bring back the patient to his/her normal self, free of any pain or suffering.

• **Acupuncture** — Through clinical trials, acupuncture has been proven effective in treating various medical conditions including back and neck pain and has been expanded into conventional medicine practices throughout the world.

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— Ron Spaggiola, DC (Clinic Director)

— Joseph Mejia, DO, F.A.A.P.M.R. (Medical Director)

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STUDENTS DISPLAY AT LOCAL GALLERY

By Eleanor Mathews

The work of local artists - students and faculty of Watchung Hills Regional High School - is now on display at the Watchung Arts Center until Saturday, April 26. The local gallery is open Tuesday, Wednesday, Thursday and Friday from noon till 5:00 p.m. and on Saturday, from 10 a.m. to 3:00 p.m. (See watchungarts.org for further information.) No admission charge.

The work of over fifty students is represented, as well as that of faculty members Vincent Colabella, Joan Thomson, Brian Dursee, Kate Griffin, Michelle Truskowski, Susan Boedeker and Steven Speeney.

Also represented in the show is the work of students who were awarded prizes in the duCret School of Art Annual High School Show: Brianna Wu and Lauren Spilker (digital illustration); Leah Rich (color pencil); Jessica Liao and Margot Novek (watercolor) and Christina Rolchigo (color photography).

Featured in the Gallery is photography of Justin Scalera, a junior at Watchung Hills, who has become a "specialist" in recording scenes of the effects of Hurricane Sandy on the New Jersey shore and has produced a book of images of the storm's aftermath. From its proceeds, he has donated \$9,000 to various agencies engaged in relief activities.

ROTARY BLOOD DRIVE

Submitted by William M. Robins

On March 29, 2014, the Dunellen-Green Brook Rotary Club hosted a Blood Drive on behalf of Blood Center of New Jersey. Kate Nordstrom, a senior administrator at the Abingdon Care and Rehabilitation Center in Green Brook and a recently joined member of the Club, kindly provided the facility's lunch

room for the drive. The Blood Center notified by postcard residents who lived within a five mile radius of Abingdon.

On the day of the event, almost all of our Club's members took turns at the reception table, or assisting in the blood donations. Many also gave blood.

Though it was a rainy Saturday, and we feared the weather would keep people away, over thirty-one people, including many members of our Club, gave blood. We were able to distribute literature about our Club and Rotary International and speak to many people about our Rotary experiences.

ROTARY CLUB HONORS 53 YEAR MEMBER

Bill Mundy was honored on April 3, 2014, for being a member of the Dunellen-Green Brook Rotary Club for 53 years. Fellow Club member Ken Mart has been a member since 1955.



(above, l-r) Ken Mart and Bill Mundy
Photo Credit: William M. Robins



(above, standing, l-r) Kate, Bill, Nereida, Mike, Joe, Jesse. (kneeling, l-r) Theresa, Daniel, Paul. Photo Credit: William M. Robins

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North Plainfield, NJ- Global Auto Mall, a well-known local automotive sales dealer, was hit by the first case of Spring fever this season. All the sun, and greenery has got them itching to clear their inventory and make way for new cars. With the huge surplus of brand new cars, trucks, minivans, hatchbacks and SUVs they've decided to have a Spring Fever Savings Frenzy with tons of discounts and a free 3 year maintenance plan with every purchase.

This special event will have hundreds of cars to choose from ranging from brand new models to pre-owned vehicles all priced to move quickly.



The Spring Fever Savings Frenzy will feature major brands including: Chevrolet, Hyundai, Jeep, Kia, Mitsubishi and a large variety of pre-owned makes and models.

This big event will be held at Global Automall's nearby North Plainfield location:

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GBMS STUDENT GOES TO STATE GEOGRAPHY BEE FINALS



In December and January, the students of Green Brook Middle School and thousands of other middle schools across the country participated in the National Geography Bee. Sanjeeth Rajaram met the challenge of the rigorous questions and became the GBMS Champion. His name is on the school's Geography Plaque along with past winners. He then took a written test to determine if he deserves to participate in the state finals. Hence, for the second year in a row, GBMS sent a student to participate in the state finals.

MINI-MODEL CONGRESS HELPS STUDENTS LEARN

Submitted by Green Brook Schools

The Green Brook Middle School 8th grade GATE class participated in the Mini-Model Congress program hosted by EIRC. The Mini-Model Congress program helps students understand the process of forming and passing laws, learn the roles of representatives in Congress, and discover the use of parliamentary procedure. Through weeks of practicing, the GATE students developed skills in research, argumentation, collaboration, and public speaking. Students showed off their debate skills at the Mini-Model Congress day on April 1st at the State House in Trenton. Green Brook Middle School had several students recognized for their achievements. The following students were recognized for their excellent debating skills; Allison Huresky, Carrie Zhang, Victoria Li, Michelle Yang, Divesh Kapadia, Jared Pincus, and Peter Wu. Amreeta Verma, Foram Vaidya, Sanjeeth Rajaram, and Michael Jiang received the Bill Award which recognized students who wrote well-written bills and debatable bills.

Amreeta Verma and Foram Vaidya also won the Passing of Bill Award; their bill was passed by a majority vote in the House of Representatives. Emma Gaffney, Deeba Shokrani, and Kevin Tan were acknowledged for their leadership role as chairs in both the Senate and the House of Representatives. Overall, the GATE class had a successful day at Mini Model Congress day and looks forward to attending next year.



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(above) Students from the Green Brook Middle School (GBMS) 8th Grade Gifted and Talented Social Studies class participated in the Mini-Model Congress program hosted by Educational Information and Resource Center (EIRC).

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BOYS BASKETBALL WINS CENTRAL JERSEY LEAGUE CHAMPIONSHIP

On February 16, 2014, in front of a capacity crowd in the Green Brook Middle School (GBMS) Gymnasium, the boys' basketball team captured the Central Jersey Junior Boys Basketball League regular season and league championship.

The team, which is coached by Mr. Schaeffer, a physical education teacher at the Irene E. Feldkirchner Elementary School, defeated Long Hill in the semifinal game by the score of 56-47 and then Middlesex in the championship game 54-36. AJ Kopacz, an 8th grader at GBMS, was named most outstanding player of the championship game for Green Brook. The team finished the season with an overall record of 20-1. They got off to a quick start this winter winning their first 8 games before losing a tough game to Valley View 53-46. During these first 8 games, the Bengals defeated their opponents by an average score of ten points a game. They also won some very difficult games against Valley View by 3 points, North Plain-field by five points, Deerfield by six points, and Middlesex by one point. After losing to Valley View, the

team won their final 12 games while averaging 55 points per game and holding their opponents to 38 points a game.

Members of the 2013-14 Championship Bengals Boys' Basketball Team included: Jake Stasil, Jack Szlosek, Zhaveae Thorne, AJ

Kopacz, Brandon Hylton, Luke Stasil, Anthony Carotenuto, Garvin Sabangen, Andrew Martins, Christian Baffige, Anthony Trecozzi, Reecie Kirchofer, Timothy Wamakima, Liam Larkin, and Alex Strehle. The team managers were Kentt Marino and Jude Tounsi.



C & H COMMISSION

Submitted by James Koch

"Driftway" - A sometimes private lane or narrow country road or drive. Often used to move cattle or sheep or goats or other animals from one location to another. We have just such a location in Green Brook. You can even see a street sign just off the top of Warrenville Road.

Originally went between Warrenville Road and the relatively new development of Scheurman Terrace. In my opinion, General George Washington, on a few occasions in late June 1777, set off from the Middlebrook Cantonment and rode along the top of the first Watchung along the driftway. Crossed Warrenville after checking for traffic and continued near the current Rock Road West until he reached his lookout position of Washington Rock. Unfortunately with no respect for history, the driftway went into decline.

There was a famous "Pig Farm" off the Driftway. But in the 1950's and the 1960's the area became a dumping ground for unwanted possessions and a disgrace to the area. Currently the driftway is blocked by the Top of the World development.

For more Green Brook history join us at the monthly meeting of the Green Brook Cultural and Historical Commission.

COMMUNITY UNITES TO WHITE-OUT BULLYING

On March 7th, students from Green Brook Middle School (GBMS) and the Irene E. Feldkirchner (IEF) Elementary School stood together in solidarity with the students from Watchung Hills Regional High School (WHRHS), Warren, Watchung, and Long Hill to say "No" to bullying or any other form of harassment or intimidation, as part of what is now known as "White-Out Bullying Day."

The concept of whiting-out bullying was created by the staff and students at WHRHS last year as part of their bully prevention program. It is a day of unity where participants wear white to stand up against bullying. "White-Out Against Bullying is a day where we, as a community filled with diversity and opportunities for hate, stand up to the bullies of the world and pledge to speak up, stand up, and stop hate." WHRHS students, Catherine Higgins and Engy Gadelemawla, went on to say that, "We want to remind children and adults alike of

the consequences of hateful words and actions, as well as encourage them to defend victims.

It is vital to encourage a community of unity, as we did last year, by spreading the message against bullying," concluded Higgins and Gadelemawla. In Green Brook, The White-out Bullying program was a district-wide initiative that involved the students at GBMS and IEF.

At the middle school, students prepared beautiful posters displaying anti-bullying messages. Students linked themes from the school's anti-bullying program to origami snowflake decorations around the school in a symbolic effort to "white-out" behaviors that contribute to bullying and hatred between people around the world. In the afternoon on the 7th, the students at GBMS participated in a pep rally and watched a faculty/student basketball game with a special half-time show in which several teachers participated in a hands-free donut eating contest.



(above) Students show their support by wearing white to stand up against bullying.



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FOUR HILLS WATCHUNG HILLS JUNIORS PROPOSED FOR 2014 GOVERNOR'S SCHOOLS

Watchung Post • Page 9 • September 2012

By Eleanor Mathews

The names of four Watchung Hills Regional High School juniors have been proposed for appointment to the 2014 Governor's School program, an elite summer residential experience that allows participants to enjoy college-level learning experience over a one-month period in the summer.

Katherine Mathison of Warren Township has been accepted into the Governor's School of Engineering & Technology, and Joseph Da, also of Warren, will attend the Governor's School in the Sciences. Also nominated by the Watchung Hills administration, but not as yet accepted, were Jason Regimbal (School of Engineering) and Sharon Liu (School of the Sciences), both of Warren.

The Governor's School of Engineering, which convenes from June 29 to July 25 at the Piscataway campus of Rutgers University, introduces participants to precepts of technology not usually found in high school curricula—more likely on the freshman/sophomore level of college. The Governor's School of the Sciences meets from July 13 to August 2 at Drew University, and, like the School of Engineering, covers scientific themes not usually addressed at the secondary school level, introduces students to speakers eminent in their fields, and undertakes meaningful field trips.

The Governor's School concept was developed by Gov. Tom Kean in 1983 to encourage and foster excellence in education for talented high school achievers. At its peak, the Governor's School concept embraced as well such entities as the School of Public Issues and the Future of New Jersey, the School on the Environment, the School of International Studies, the School of the Arts. (Budget constraints caused their eventual elimination.)

At each of the venues, students are introduced to new concepts, participate in hands-on research, work with peers with the same interests and become acquainted with experts in

their various fields.

The Governor's School concept has proved to be a good investment for the students who are chosen to participate and for New Jersey's growth as well.

(right, l-r) Four Watchung Hills Regional H.S. juniors were nominated for the 2014 Governor's Schools Jason Regimbal, Katherine Mathison, Sharon Liu, Joseph Da. Of this number, Mathison has been selected for the School of Engineering, and Da for the School of the Sciences. The selectees will spend three summer weeks doing advanced study on a college campus. Photo by Eleanor Mathews



MUCH ADO ABOUT NOTHING



(above) Earlier this month, the Green Brook Middle School Muses put on a student production of William Shakespeare's *Much Ado About Nothing*. The play is known as one of Shakespeare's best-loved comedies, filled with deception, trickery, and misunderstandings.

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GIOVINCO E-DISPOSAL LLC

COMMERCIAL / RESIDENTIAL
ELECTRONIC WASTE
REMOVAL AND DISPOSAL

Computers to cell phones
to medical equipment
and everything
in between.



908-229-4608

GiovincoEDisposal@gmail.com
NJ state licensed

RENNA MEDIA NEWSPAPER RATE SHEET

ADVERTISE IN ALL 58,000 NEWSPAPERS MAILED MONTHLY!

To place an ad call: **Joe Renna**

908-447-1295

joerenna@rennamedia.com

Fax: 908-709-9209

Publisher: Renna Media • Joe Renna 908-447-1295 • Fax: 908-709-9209 • joerenna@rennamedia.com

Zone 1 = 36,000 Printed / 33,000 Mailed



Qty: 6,000

4,600 mailed to homes and businesses.
1,400 dropped at distribution points.



Qty: 5,000

4,000 mailed to homes and businesses.
1,000 dropped at distribution points.



Qty: 3,500

Mailed to every household (2,710) and business (720) in Kenilworth.



Qty: 5,500

5,000 mailed to homes & businesses.
500 dropped at distribution points.



Qty: 6,500

Mailed to every home and business in Clark.



Qty: 9,500

Mailed to every home and business in Cranford.



Qty: 6,000

Mailed to every home and business in Warren.



Qty: 3,000

Mailed to every home and business in Watchung.



Qty: 3,500

Mailed to every home and business in Gillette, Millington and Stirling.



Qty: 6,500

Mailed to every home and business in North Plainfield 07060 zip code.



Qty: 3,000

Mailed to every home and business in Green Brook.



Qty: 3,000

Mailed to every home and business in Dunellen.

Back cover and front page banner reserved on first come first served basis.
Current advertiser has right of first refusal.

Units	Size	Non-Members*	Members*
1 BUSINESS CARD	3 1/4" x 2"	\$60	\$50
2 Units	3.25" x 4"	\$100	\$90
4 Units	6.5" x 4"	\$180	\$160
6 Units	10" x 4"	\$240	\$210
9 HALF PAGE	10" x 6"	\$320	\$280
12 Units	10" x 8"	\$360	\$320
18 FULL PAGE	10" x 13.5"	\$400	\$350
Back Cover	10" x 13.5"	\$600	\$500

RATE FOR SINGLE NEWSPAPER

RATE FOR ANY 3 NEWSPAPERS	RATE FOR ANY 6 NEWSPAPERS	RATE FOR ANY 9 NEWSPAPERS	RATE FOR ALL 12 NEWSPAPERS
\$150	\$300	\$450	\$600
\$250	\$500	\$750	\$1000
\$450	\$700	\$950	\$1100
\$600	\$900	\$1250	\$1400
\$750	\$1000	\$1350	\$1500
\$900	\$1200	\$1550	\$1800
\$1000	\$1400	\$1750	\$2000

FRONT PAGE BANNER 8.25" x 2" \$320

Artwork included in price.

Make Checks payable to Renna Media,
202 Walnut Avenue, Cranford, NJ 07016

*Discount for members of participating local Chamber of Commerce and Business Associations

PAY FOR 6 MONTHS AND GET 1 FREE

Visit www.superbuyritewine.com for more great savings!



**SPECIAL TASTING
EVERY FRIDAY &
SATURDAY 4-7 PM**

*We match
pricing!*

908-755-3815

**Lowest Prices
in town**

967 RT 22 West, North Plainfield, NJ 07060 (across from Bob's Furniture)
Hours: Mon-Wed: 10 to 9, Thurs to Sat: 10 to 10, Sun: 12 to 8



Wine of the Month
Monte Fresco 750m \$8.97



VALUE WINES

Black Box (All types - Box)	1.5L	\$20.99
CK Mondavi (All types)	1.5L	\$10.99
Robert Mondavi (All types, not Mascato & White Zin)	1.5L	\$10.99

750 ML WINES

14 Hands (Cabernet, Merlot, Chardonnay)	750ml	\$10.99
Altanuta (Pinot Grigio)	750ml	\$12.99
Oyster Bay (Sauvignon Blanc)	750ml	\$10.99
Robert Mondavi (Fume Blanc Napa)	750ml	\$10.99
Robert Mondavi (Merlot Napa)	750ml	\$15.99
Santa Rita (Reserva - All types)	750ml	\$10.99

10 WINES UNDER \$10

Beringer Founders' Estate (All types)	750ml	\$7.97
Cupcake (All types)	750ml	\$9.99
Chateau Ste Michelle (Riesling)	750ml	\$9.97
Grey Stone (Sauvignon Blanc)	750ml	\$7.99
Mark West (Pinot Noir)	750ml	\$9.99
Menage a Trois (Red, White, Mascato, Pinot Grigio)	750ml	\$9.99
Nobilo (Sauvignon Blanc)	750ml	\$9.97
Simply Naked (All types)	750ml	\$7.97
Sutter Homes (Bubbly Mascato - Pink & Regular)	750ml	\$5.99
Toasted Head (All types)	750ml	\$9.98



Prices Effective thru May 31, 2014. At some stores prices may vary, quantities may be limited and some products may not be on hand. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. All prices subject to sales tax.
We reserve the right to limit quantities. No further discount on sale items.

8 TAPS
\$1 OFF 32.oz
\$2 OFF 64.oz

Expiration: 5/31/14

**TAKE A DRIVE
COUPON**
\$5 OFF

With purchase of \$75 or more.

Expiration: 5/31/14

LIQUOR SPECIALS

Absolut Vodka	1.75L	\$32.99
Bacardi Gold & Silver	750ml	\$16.99
Canadian Club	1.75L	\$19.99
Exclusiv (All Flavors)	1.75L	\$19.99
Fireball	1.75L	\$19.99
Grey Goose Vodka	1.75L	\$56.99
Hennessy	750ml	\$29.99
Jack Daniels	1.75L	\$42.99
Johnnie Walker Black	1.75L	\$62.09
Johnnie Walker Platinum	1.75L	\$74.99
Johnnie Walker Red	1.75L	\$32.99
Jose Cuervo Gold	1.75L	\$34.99
Ketel One	750ml	\$24.99
Knob Creek	750ml	\$30.99
Macallan (12 years)	750ml	\$47.99
Pinnacle (All Flavors)	1.75L	\$19.99
Smirnoff Vodka	1.75L	\$19.99
Stoli (Wild Cherry)	1 L	\$14.97
Svedka Vodka	1.75L	\$19.99

BEER

Busch	30pk Cans	\$17.99
Coors Light	30pk Cans	\$21.99
Corona	24pk Loose Btls	\$26.99
Heineken	24pk Loose Btls	\$26.99
Keystone Light	30pk Cans	\$17.99
Miller Light	24pk Loose Btls	\$18.99
Sam Adams Boston Lager	12pk Loose Btls	\$15.99

**Your Craft
Beer
Headquarters**

CRAFT BEER

Clown Shoes Galactica	4pk	\$9.99
	Case	\$52.99
Dogfish Head 60 Minute	6pk	\$8.99
	Case	\$31.99
Dogfish Head 90 Minute	4pk	\$9.99
	Case	\$52.99
River Horse Summer Blonde	6pk	\$9.99
	Case	\$33.99

Fresh Fruit &

Vegetable Market

Freshly
baked
Portuguese
and
Italian bread
delivered daily!



Store Hours:

Mon-Sat: 9:00 am to 7:00 pm
Sun: 9:00 am to 5:00pm

**"We're Not
Just
Produce"**



**LARGE SELECTION
OF DOMESTIC AND
IMPORTED SPICES
FOR ALL OF YOUR
COOKING NEEDS...**

somersetfarms@verizon.net
somersetfarmsnj.com

908-757-7730 • 950 Route 22 East • North Plainfield, NJ

COUPON

FRESH SHRIMP

\$9⁹⁹ lb

GRB

By the pound only. Limit 1 lb per customer per coupon per day.
Not to be combined with other offer. Offers good thru 5/21/14.



FRESH FISH

Available Thursday
to Sunday

Filleted, Steaked,
Cleaned to your liking!

Top or Little Neck Clams

\$3⁹⁹ /dozen

COUPON

SALMON FILLET

\$7⁹⁹ lb

GRB

By the pound only. Limit 1 lb per customer per coupon per day.
Not to be combined with other offer. Offers good thru 5/21/14.



FRESH FRUIT OR VEGETABLE PLATTERS

Platters over stuffed with the best the season has to offer.
14 inch 24.99 • 16 inch 29.99 • 18 inch 39.99



**Perfect for
Special
Occasions!**



COUPON

BOAR'S HEAD CHICKEN BREAST

\$5⁹⁹ lb

GRB



Must purchase 1 lb. Limit 1 lb. per coupon. Coupon may not be combined
with other offers. Limit 1 offer and coupon per day. Offer expires 5/21/14.

COUPON

BOAR'S HEAD BABY SWISS

\$5⁹⁹ lb

GRB



Must purchase 1 lb. Limit 1 lb. per coupon. Coupon may not be combined
with other offers. Limit 1 offer and coupon per day. Offer expires 5/21/14.

COUPON

**\$2.00 OFF
your purchase of
\$20.00 OR MORE**



GRB

Excludes garden center and fish purchases. Limit 1 offer per customer
per day. Not to be combined with other offer. Offer expires 5/21/14.

COUPON

1/2 GALLON TREE RIPE ORANGE JUICE

2 FOR \$5⁰⁰

GRB



Coupon may not be combined with other offers.
Limit 1 offer and coupon per day. Offer expires 5/21/14.



**Large selection of
annuals, perennials,
herb plants, trees,
plant, shrubs
& much much more.**