

BUSINESS + LIFE KENILWORTH

KENILWORTH CHAMBER OF COMMERCE



Issue #76

April 2014

The Kenilworth Chamber of Commerce is an affiliate of the Gateway Regional Chamber of Commerce.

KENILWORTH CHAMBER MEETING

WED. APR 9

8:30 AM

OSWALD J.
NITSCHKE
HOUSE

49 S. 21ST STREET

KENILWORTH, NJ

Hosted by Shirley
Maxwell,
Kenilworth
Historical Society

THE HONORABLE KATHI F. FIAMINGO WAS SWORN IN AS JUDGE OF THE TAX COURT OF NEW JERSEY

Kathi Fiamingo has been a life-long resident of Kenilworth and has a long history of public service to the community which began as a member on the Board of Education in 1994 and culminated with her serving as Mayor from 2008 – 2014. When asked what inspired her passion for public service she replied “I felt that I could give something back to the community that had given so much to me.”

Kathi is a first-generation American, her parents, Jack and Katherine (nee Spilingesi) immigrated from Calabria Italy as children, her mom from Brunello and her Dad from Spilinga. Both their families settled in Newark, NJ. After they married, the Fiamingos bought a home in Irvington, NJ and in 1953 they moved with their growing family, they went on to have eight children, to Kenilworth where Kathi’s mom had family living at the time, including one of her brothers. Kathi was born in 1954. She attended St. Theresa’s grammar school and David Brearley Regional high school. She went on to earn a Bachelor of Arts, Cum Laude - from Seton Hall University and a Juris Doctor, Cum Laude – Seton Hall Law School. She also holds a Masters in Law (Taxation) from New York University School of Law.

During her swearing in ceremony Kathi stated “My parents would be very happy today, not just for me, but for all their children for what we’ve all achieved because of their parenting which taught us the importance of education, family and giving back.”

All speakers at the ceremony lauded Kathi for her dedicated community service, work ethic, love and compassion for family, friends and community. Speakers included State Senator Thomas Kean, Jr.; Reverend Joseph Bejgrowtiz of Saint Theresa’s Church; Philip Morin, Chairman, Union County Republican Committee; and longtime friends John DeSimone, Hon. Karen Smith, Esq., and John Iacofano, Esq.

Prior to being elected Mayor of the Borough of Kenilworth in 2008,



(above, l-r) On April 1, 2014, the Oath of Office was given by Presiding Judge of Tax Court Patrick DeAlmeida with John DeSimone holding the Bible for Judge Fiamingo.

Kathi served as a Council member and Finance Committee Chairwoman from 2001-2003 and 2007. She served as president of the Kenilworth Borough Council in 2007. She served on the Board of Education from 1994-1999 and served as the Board’s president in 1999.

In her professional life, Kathi was a Tax Attorney – Partner with the law firm of Iacofano & Fiamingo and an adjunct professor at Seton Hall University Graduate Business Program. She also served as the Chairperson, Kenilworth Republican Municipal Committee from 2002- 2004 and as Vice Chair, Republican Committee of Union County from 2006-2014.

Kathi Fiamingo has resigned as Mayor of the Borough of Kenilworth. As Council President, Scott Klinder automatically became Acting Mayor. At the April 9th, 2014 Borough Council meeting the council will elect the new Mayor from among its members. The mayor’s seat will then be placed on the ballot of the 2014 General Election to be held in November. The winner of the election will serve the remainder of Kathi Fiamingo’s term, which expires Dec. 31, 2015.



(above, l-r) Kathi Fiamingo’s brothers, James, Joseph and Frank, helped in the ceremonial robing of Judge Fiamingo.

PRSRT STD-A
US POSTAGE
PAID
Permit #1081
Newark, NJ

POSTAL CUSTOMER



THIS SPACE IS NOW AVAILABLE FOR ADVERTISING!!!

Demand for advertising in this space has been high. It is now available on a first come first served basis. Call Tina today to reserve the space in this or other Renna Media publications.

**Each month this newspaper is mailed
to every home and business in Kenilworth**

Reserve space in the next issue. Call Tina today at 908-418-5586

or email info@rennamedia.com

BUSINESS + LIFE KENILWORTH

KCoC • Page 2 • April 2014

Kenilworth Business Life is published by Renna Media.

Over three thousand newspapers are printed monthly and distributed free to every home and business in Kenilworth.

Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions. Renna Media welcomes the comments and concerns of its readers put into writing and sent to:

Tina & Joe Renna, Publishers
202 Walnut Ave., Cranford, NJ 07016
(908) 418-5586
Fax: (908) 709-9209
E-mail: info@rennamedia.com



P.O. Box 300 • Elizabeth, NJ 07207-0300
908-352-0900 • 908-352-0865 Fax
Email us at info@gatewaychamber.com

Vice President: Kate Conroy
kateconroy@gatewaychamber.com

Kenilworth Chamber of Commerce Chairwoman
Isabel Munoz: 908-259-1020
Kenilworth@access-store.com

BOROUGH PHONE NUMBERS

Emergency911
Police Department276-1700
Fire Prevention276-8935
Borough Clerk276-9090
Tax Office276-5800
Board of Health276-2740
Building Inspector276-5802
Public Works276-5073
Library276-2451
Senior Center272-7743
Kenilworth Board of Education276-5936
www.kenilworthschools.org

© 2014 Contents of this newsletter cannot be reproduced without written consent from Renna Media.

ADVERTISING & PRESS RELEASES

Inquiries concerning advertising and submissions of press releases can be made to Renna Media LLC via phone, fax or email to:

TINA RENNA
Email: TinaRenna@RennaMedia.com
Phone: 908-418-5586 • Fax: 908-709-9209

HEARING SOCIETY SCHOLARSHIP AVAILABLE

The Hearing Society is pleased to announce that it is currently accepting applications to its Sarah H. McGhee Memorial Scholarship fund for the school year 2014-2015. These scholarships provide financial assistance to high school students who have documented hearing loss and have been accepted into accredited two-year colleges or vocational schools (\$2,000) or four-year colleges or universities (\$4,000). A special characteristic of these awards is that they are renewable for one to three years providing the student maintains satisfactory grades.

Application forms are available on request by contacting Mrs. P. Hanigan, Scholarship Chairperson, 1213 Wyoming Avenue, Mountainside, NJ 07092, or by calling her at 908 233 4512 (voice). Applications must be submitted no later than May 16, 2014.

The Hearing Society is a not-for-profit organization that has served people with hearing impairments in Union County since 1932. The society also sponsors a class in speech (lip) reading at the First Baptist Church in Westfield,

and welcomes interested people from the area to attend. For more information about the Society, contact Alice Knecht, 908 688 8241 (voice), or online at alirobkn@aol.com.

Recreation Department Annual EASTER EGG HUNT APRIL 12TH, 2013

11:00 A.M.

**HARDING SCHOOL FIELDS
BLVD, KENILWORTH**

Rain date of April 13.

*There will be events following the Egg Hunt
Check the Recreation Department
web site for information.*

**Canned foods and nonperishable items
will be collected at the Easter Egg Hunt
to replenish the local food bank
for the Easter holiday.**

*Please stop by, bring a food item,
and watch the kids scramble for eggs.*

Roselle Park Summer Camp

"A Great Camp Makes a Great Summer"

June 23 – August 15, 2014 – 8 am to 6 pm

7:30 AM Drop off available!

K-8 Camp and Pre-school Camp

Fun and educational activities for all, in a pleasant learning environment!!

Programs & Clinics for 2014

Softball, Tennis, Baseball, Basketball, Soccer

Register for any 2 clinics & get the 3rd free!!

Also offered **5-week Reading & Writing / Math Program**
from July 9th – August 8th – 3 days a week

Swim Lessons Available

from June 23rd – August 8th

ACTIVITIES INCLUDE: Computer Instruction, Musical Theatre, Dance, Sports Activities, Games Science Labs, Arts & Crafts, Drawing and Painting, Newspaper, contests, Swim Lessons, Baton Twirling, Cheerleading, and MUCH MORE!!
Fun and educational activities for all, in a pleasant learning environment!!

Open Registration Nights: April 15 & May 15

6 pm to 8 pm at Roselle Park High School Student Cafeteria

Check our website: www.rpsd.org

- Great Facilities

- Excellent Staff

- Affordable Prices

• Choice of 3 to 5 Days
Per Week

• Full or Half Day
Schedules Available

• Convenient Weekly
Registration

To enroll Call:

(908) 241-2851

Email: summercamp@rpsd.org

Budget Print

70 WESTFIELD AVENUE
CLARK, NJ 07066

Phone: 732.574.1330

Fax: 732.574.0083

E-mail: robcbgi@aol.com

- Printing
- Copying
- Blue Prints
- Graphic Design
- Giant Posters
- Magnetic Signs
- Vinyl Signs
- Vehicle Graphics
- Logo Design
- T-Shirt Graphics
- Newsletters
- Invitations
- Business Forms
- Business Cards
- Much More!

RECEIVE A **VISA**
\$100 Gift Card



WITH PURCHASE OF
\$1000 OR MORE AT
BUDGET PRINT LLC
BY APRIL 30, 2014

LIMIT ONE GIFT CARD PER CUSTOMER. MAY NOT BE REPRODUCED.
\$1000.00 OR MORE MUST BE ON ONE INVOICE. GIFT CARD WILL BE
ISSUED UPON PAYMENT IN FULL OF THE QUALIFYING INVOICE.

RECEIVE A **VISA**
\$50 Gift Card



WITH PURCHASE OF
\$500 OR MORE AT
BUDGET PRINT LLC
BY APRIL 30, 2014

LIMIT ONE GIFT CARD PER CUSTOMER. MAY NOT BE REPRODUCED.
\$500.00 OR MORE MUST BE ON ONE INVOICE. GIFT CARD WILL BE
ISSUED UPON PAYMENT IN FULL OF THE QUALIFYING INVOICE.

Advertorial

Advertorial

Advertorial

Advertorial

Advertorial

HARSH WINTER WEATHER LEAVES LOCAL AUTO DEALER OVERSTOCKED

Hundreds of Cars Marked Down to Clear Inventory

North Plainfield, NJ- Global Auto Mall, a well-known local automotive sales dealer, has more than just snow piling up. The recent rough weather has left them with a huge surplus of brand new cars, trucks, SUVs that need to be sold. A Snow Emergency Sales Event is being held to clear out their inventory to make room for new shipments.

This special event will have hundreds of cars to choose from ranging from brand new models to pre-owned vehicles all priced to move quickly.

The Snow Emergency Sales Event will feature major brands including: Chevrolet, Hyundai, Jeep, Kia, Mitsubishi and a large variety of over 250 pre-owned makes and models.

This big event will be held at:
Global Auto Mall, 1099 Rt 22 West,
North Plainfield, NJ 07060 or Call:
1-866-645-4337 for easy directions.

The Global Auto Mall Sales team is prepared to move as much inventory as possible to manage this overstock and are offering great deals on their entire inventory to Local Residents like



yourself only. Global's General Sales Manager, Rich Locurto, says, "Our prices are already great and with the added specials it won't be hard to find a great price on the vehicle you want."

CREDIT PROBLEMS ARE NEVER A PROBLEM!

Credit problems are never a problem at Global Auto Mall. All are welcome to call in for information or visit during

this event. A Global financing expert is onsite and available to work out a great loan and financing plans for every customer. Their financing office is prepared to work with any customer's budget.

The Snow Emergency Sales Event is scheduled for a limited time only. Once it's over, it's over! Hurry in to Global Auto Mall today and drive home with the vehicle you've always wanted at a price you'll love. For further information please call anytime at 1-866-645-4337, or visit **www.globalautomall.com**.

UNION COUNTY SAINT PATRICK'S DAY PARADE GRAND MARSHAL BOBBY JEANS



(above) Bobby Jeans with Grandson, Declan



(above) Bobby Jeans' Granddaughters, McKenna and Emerson



(right, l-r) Bobby Jeans' daughter Stacie and son Bobby Jr.

Kenilworth's Robert E. "Bobby" Jeans Sr., was Grand Marshal of the 18th Annual Union County Saint Patrick's Day Parade held on Saturday, March 15th on Morris Avenue in Union.



(above) Grandson, Declan

ACT NOW!
0 MONEY DOWN,
0% INTEREST, AND
0 PAYMENTS
UNTIL 2015

Since 1953, your friends, families, and neighbors have trusted Joe Percario General Contracting with all of their home remodeling needs.



License number 13VH01740900

Call for your
Free Design Consultation
908-245-1071
Visit our website at
www.Doyouknowjoe.com

Do you know Joe?



We are General Contractors specializing in Total Home Remodeling
Restorations • Renovations • Roofing • Siding • Windows • Kitchens • Decks
• Doors • Basements • Bathrooms • Additions • Porticos and much more!"



BEFORE



AFTER



FULLY INSURED



(above) 18th Annual Union County Saint Patrick's Day Parade committee.



(above, l-r) Bobby and Mayor of Shannon Ireland and Chief of Staff Jerry Dobbins



(above) Bobby with military personnel - Parade was in honor of veterans and military.



(above, l-r) Kenilworth Mayor Kathi Fiamingo and Bobby Jeans.



Named by Physicians as a **Top Hospital**
in *Inside Jersey Magazine*

Breast Cancer • Heart Failure
High Risk Pregnancy • Prostate Cancer
Cleanliness of Patient Rooms • Doctor Communication
Top Hospital Overall

CASTLE
CONNOLLY
MEDICAL LTD.



UPDATE ON PARCC

Submitted by Tiffany Moutis, Assistant Superintendent of Schools

Register now for
Gymnastics and Tumbling Classes!
SUMMER CAMP:
Recreational and Intensive Tumbling.



lympika
GYMNASTICS

250 Sheffield St • Mountainside, NJ 07092
(908) 514-0449
www.olympikagymnastics.com
Facebook/olympikagymnastics

*Birthday
Parties for
Boys and Girls*

**\$10
OFF**
with this ad!

There has lately been a lot of news about the Partnership for Assessment of Readiness for College and Careers (PARCC) assessment and Common Core standards. New Jersey adopted the new national Common Core Standards last year, and all of the state's school districts were expected to align curricula with these new standards in 2014-2015.

Harding and Brearley curricula comprehensively support the Common Core in Language Arts and Math and our textbook resources (GoMath, Reading Street, Algebra I, etc.) are Common-Core based. In other words, your children have been learning the skills and concepts established by the Common Core Standards since September 2013. The PARCC assessment will determine student ability to apply the new skills they've learned and explain the topics they are expected to understand.

To effectively prepare our students for the PARCC, the school district is one of several in

New Jersey that was chosen to pilot test this spring. Teachers in both schools have been trained to administer the PARCC, which will be computer-based. Students will be expected to select responses to test questions on the computer and write narratives using computer keyboards when replying to open-ended questions. The district will learn how to better prepare students to take PARCC on the computer thanks to its field testing of the assessment.

Do know that PARCC will be implemented in lieu of the NJASK starting in 2014-2015, Dr. Taylor and I have already conducted an "audit" of our assessment program and have "weeded out" the unnecessary tests we've previously given the kids so we can put more instructional time back in the hands of our teachers. I believe we are close to providing the right balance between assessment implementation and instruction.

**L&C
RAILINGS**
732-572-7871
Acelcrailings.com

**Visit Our
Showroom**
•
**Shop
at Home
Service**
Serving New
Jersey & Staten
Island Since 1967

Maintenance Free Aluminum Railings



Custom Designs and Colors
915 East Hazelwood Avenue • Rahway, NJ

ITS GRAVY...NOT SAUCE!! RETURNS TO KENILWORTH'S VFW South 21st Street April 25th Friday Evening • 4:30 to 8:00pm

The cost is \$10.00 per ticket help support

David Brearley Middle School's 8th grade students (Project Graduation).

Homemade Gravy made by our very own Chef Sal Candarella will be served along with great meatballs, pasta, salad, bread, butter, coffee, tea and tons of Desserts!!!

Call for your tickets now Darlene @ 908-931-1353.



Fusion's FUN-TASTIC Summer!

With seven weeks of camps and classes,
there's something for everyone!



Theme Camps for
ages 3-5!

- *Pretty Princesses
- *Under the Sea
- *Disney Junior
- *Fun and Games
- *Safari Adventure
- *Movie Madness

Evening Classes for
ages 2 and Up!



**Don't miss the fun -
REGISTER NOW!!!**

Fusion Dance Centre
753 Boulevard, Kenilworth
908-620-1000

www.fusiondancecentre.com

Dance Intensive begins June 17th
Camps and classes run July 7th-August 22nd
NEW! Hip Hop Intensive-ages 12 & up

Theme Camps for
ages 6-10!

- *Rock Star Camp
- *Broadway Camp
- *Movie Madness
- *Divas Rule
- *Hip Hop 'til You Drop
- *'Tween Scene

Dance Intensive for
ages 13 & up



DE OLIVEIRA ATHLETIC SCHOLARSHIP TO PLAY SOCCER AT ADELPHI UNIVERSITY

Submitted by Vincent McGowan, Head Coach Boys Soccer, David Brearley High School

On behalf of David Brearley High School, the athletic department and especially the boys varsity soccer team, I would like to congratulate Federico De Oliveira who officially signed an athletic scholarship to play soccer at Adelphi University next fall. I would also like to congratulate Freddy's Parents and family as anyone who knows them, knows just how close knit the entire family is. Indeed, this is a special moment for David Brearley, for the De Oliveira family and most importantly for Freddy.

Freddy's road to get here has been a long one. His journey took him literally around the world, from his birth in Elizabeth, to moving back home to his roots in Portugal, to several stops along the way (even a try with a pro club junior team), and finally back home to NJ in Kenilworth.

I first had the pleasure of meeting Freddy last December when he enrolled at Brearley as a Junior. He quickly acclimated to Brearley and was well received by his new schoolmates and especially by his new teammates. In his short time at Brearley, Freddy managed to garner a huge following among his fellow students at school and also from the people of the community at large.

Freddy's time at Brearley was relatively short,

but it was filled with accomplishments. He set school a record for most goals in a season. He earned a plethora of individual honors including:

All Conference, All County, All State Group 1, All State Central NJ (all groups), and most impressively was named as one of the top 45 players in the state of NJ.

But the most important accomplishment that Freddy had was in reality a gift. He helped to give Brearley its first outright Group 1 State Championship in soccer (Brearley was Group 1co-Champs in 1990.) He scored 8 goals in the state tournament alone, had a hat trick in the state semifinals, and two goals in the State Finals. He also led his team to its second straight conference title and its best run in the Union County Tournament. I know that Freddy is more proud of helping the team win than of any individual honor he could have earned.

But Freddy's talents are not just on the soccer field. He is also a remarkable student. He has had a life-long goal of becoming a dentist. He has excelled in his science and math classes and is very excited about the opportunity to pursue this goal in college. In fact, after all of the success Freddy had this past fall, many, many colleges were contacting Freddy, including some of the top soccer programs in the



(above, l-r) Sister, Mother, Superintendent Dr. Scott Taylor, Freddy, Grandfather, Grandmother and Head Coach Vinny McGowan.

country. I asked Freddy if he had any desire to pursue a pro-career and Freddy told me, "No, I just want to go to college and have fun playing soccer and concentrate on my academic and career goals." I thought this was one of the most mature statements from a high school athlete that I have ever heard. It sums up everything Freddy is and everything he stands for perfectly.

As his coach and as his teacher, I could not be more proud of Freddy. I wish him the best in his future. I am confident that Adelphi is getting the better of the deal. Brearley's loss will be Adelphi's gain. On behalf of myself, the entire boys soccer coaching staff, and the school, congratulations Freddy! You have earned it.



Bagels - Danish - Muffins - Croissants

Fresh Fruit Display - Tossed House Salad - Caesar Salad

Omelette Station - Carving Station - Pasta Station

Eggs - Home Fried Potatoes - Bacon - French Toast - Pancakes

Vegetable Quiche - Tilapia Francaise - Chicken Rollatini

Sliced Steak Bordelaise - Penne Vodka

Assorted Cakes and Pies - Coffee and Tea

Mimosas and Bloody Marys

Seatings From 11AM - 2PM

Adults \$29.95 / Children 5-12 \$15.95 / Under 5 Free

(Prices do not include tax and gratuity)



**KENILWORTH
INN**



110 Brand New Guest Rooms (As of April 1, 2014)
Complimentary Daily Continental Breakfast
Complimentary Airport Transportation
Functions For Up To 200 Guests
Under New Management



**KENILWORTH
INN**

60 South 31st Street - Kenilworth, NJ 07033

Exit 138 off The Garden State Parkway

908-241-4100 or 800-775-3645

www.Kenilworthinn.com

ROBERT HERBERT IS KENILWORTH'S NEWEST EAGLE SCOUT



(above) Robert Tomas Herbert earned the rank of Eagle Scout, he installed a new vinyl tile floor at St. Theresa's School in Kenilworth.

An Eagle Scout Court of Honor was recently held for Robert Thomas Herbert. Robert is 14-years-old and the son of Robert R. Herbert and Barbara Herbert of Kenilworth. Robert is the 7th Kenilworth Eagle Scout from Troop 83. The Court of Honor was at the VFW in Kenilworth. There were many in attendance, including Senator Leonard Lance, Assemblyman Bramnick, Elizabeth Mayor Chris Bollwage and Kenilworth Mayor Kathi Fiamingo.

Robert completed his Eagle Scout requirements in just 3 years, he is believed to be the youngest Eagle Scout in NJ, other than the required 12 Eagle Merit Badges, Robert has earned an additional 30 Merit Badges.

Eagle Scout is the highest rank attainable in the Boy Scouting program of the Boy Scouts of America. Requirements include earning at least 21 merit badges and demonstrating Scout Spirit through the Boy Scout Oath and Law, service, and leadership. This includes an extensive

service project that the Scout plans, organizes, leads, and manages. Robert's project was installing a new vinyl tile floor at St. Theresa's School in Kenilworth where he attends the 8th grade this year.



(above) Robert Herbert with his parents Robert & Barbara

"FUN WITH FAMILY FINANCES" WORKSHOP

Atlantic Federal Credit Union will be hosting a free, informative financial workshop on April 12, 2014 from 10 a.m. to 11:30 a.m. A finance expert from GreenPath Debt Solutions will cover different points of view on spending and saving, building a budget, teaching your teens financial responsibility and ways to make your household happy.

The session will be held at 37 Market Street, Kenilworth, NJ on the 2nd floor. Light refreshments will be served. Please contact Atlantic Federal at carlag@atlfedcu.com or 908-245-1750 ext. 7512 to reserve your seat.

Atlantic Federal Credit Union offers remote deposit, free checking and free online banking with bill pay. Download their mobile app on your smart phone or visit their locations in Kenilworth, Elizabeth and Newark.



"Fun With Family Finances Workshop"

SATURDAY, APRIL 12, 2014

10:00am-11:30am

37 Market Street - Kenilworth Branch

Presented by



- How to start that all-important talk on money views.
- Points-of-view on spending and saving.
- Building an effective budget.
- Tips on teaching teens financial responsibility.

Don't miss this FREE 90-minute event!

Light refreshments will be served, seating is limited.

Please, no children under age 16.

Call 908-245-1750 ext. 7512 or

email: carlag@atlfedcu.com to reserve a seat.

www.atlfedcu.com

Kenilworth

37 Market Street
(across from A&P)

Newark

550 Broad Street
(corner of Broad & Lombardy)

Elizabeth

210 Williamson Street
(by Trinitas Hospital)

1-800-222-1329



WANTED:

ALL CARS & TRUCKS: JUNK OR NOT

Late Model Foreign & American New & Used
Auto & Truck Parts:

- Motors • Transmission
- Auto Glass • Computers
- Tail Lights • Doors
- Fenders • AC Compressors

Junk Tow Away

Fast Pick Up

24 HR Service

732-381-2646

Night Towing 732-496-1633

1 Dudley Ct. & Rt. 1 South, Avenel, NJ

Across from Sansone Auto Mall.

10% OFF ALL AC COMPRESSORS

With this ad. Expires 5/10/14.

Kenilworth American Legion Post 470 (238 No 14th Street)



is holding a
**USED CLOTHING
COLLECTION**

**Saturday – April 26th
8:00 am – 4:30 pm**



What we are collecting:

- ~ Wearable & usable clothing
(Men's Women's & Children's)
- ~ Shoes, belts and handbags
- ~ Linens



Please put clothing items in well tied plastic bags. Shoes must be placed in tied plastic bags separate from clothing.

4-H MASTER TREE STEWARD 4TH GRADE

Mr. Dean Talcott a 4-H Master Tree Steward visited Mrs. Fernandez's 4th grade classroom of Saint Theresa School in Kenilworth. Mr. Talcott discussed the different parts of a tree, how we should care for trees and how important trees are to our environment. He shared the process of getting sap from trees and turning it into maple syrup. The children learned about different types of trees that grow in our area of the country, as well as some amazing trees that grow in other parts of the country. Mr. Talcott did this through the use of photographs, real samples of trees, and by playing a game of Jeopardy with the class. The class enjoyed the program, and learned a lot about trees from Mr. Talcott.



(above, l-r) Studying the Beech Tree are Tyler Runfola, Joseph Grimaldi, Olivia Bergamotto and Joseph Kovacs.



Bring Us Your Car Loan

Give us 5 minutes.

We'll save you hundreds.



Call us and we'll tell you how many hundreds of dollars you can save by switching your bank or dealer vehicle loan to us. We'll handle the process over the phone and pay off your old loan.

We're a Credit Union. That's What We Do!

This special offer is valid only to April 30th.

Call 1-800-222-1329, option 3, today.

1-800-222-1329 / www.atlfedcu.com



Kenilworth

37 Market Street
(across from A&P)

Newark

550 Broad Street
(corner of Broad & Lombardy)

Elizabeth

210 Williamson Street
(by Trinitas Hospital)



(above) Distinguished herbalist, horticulturist and floral designer Lorraine Kiefer of Franklinville, N.J., will be the featured guest speaker at "Thyme for Tea," the Kenilworth Historical Society's April 26th annual Tea benefit for the local historic Oswald J. Nitschke House "living history" museum and cultural arts center. Kiefer will highlight the history, culture and benefits of herbs, particularly their use for tea. She also will discuss herbal tea gardening.

'THYME FOR TEA' EVENT TO BENEFIT KENILWORTH'S HISTORIC NITSCHKE HOUSE

On Saturday, April 26, the Kenilworth Historical Society will present "Thyme for Tea," an elegant afternoon Tea and program highlighting the history, culture and benefits of herbs, particularly their use for tea. In honor of this year's 350th anniversary of the founding of New Jersey, the "Garden State," special attention will be given to native plants.

The Tea, along with an enlightening and enjoyable presentation by distinguished herbalist, horticulturist and author Lorraine Kiefer, will begin at noon at the Kenilworth Gospel Chapel hall, 103 South 23rd Street, Kenilworth, where the ambience of an "indoor garden tearoom" is being created for the event. Admission is \$28. Advance reservations are required, as seating is limited.

In addition to providing an array of assorted teas, tea sandwiches, scones and desserts, the event will include a gift auction and door prizes. The featured program, "All About Herbs, From Garden to Table," will be presented by Lorraine

Kiefer, a professional horticulturist, garden writer and floral designer who specializes in herbs, native plants and the art of making natural arrangements, wreaths and other decorations from garden materials.

Kiefer will highlight the fascinating history and culture of herbs, their culinary and medicinal benefits, and their use for fragrance, decorating and, especially, for tea. She also will discuss herbal tea gardening. Special reference will be made to native plants as a tribute to this year's 350th anniversary of the founding of New Jersey, the "Garden State."

Kiefer is co-owner of Triple Oaks Nursery & Herb Garden in Franklinville, N.J. As a long-standing, distinguished member of the Herb Society of America, Kiefer was awarded the organization's Helen De Conway Little Medal of Honor in 2012 in recognition of her many valued contributions to the world of horticulture. Kiefer is founder and chairman of the South

(continued on page 11)

Marion & Jacobson
General Contractors
Bringing a Century of Craftsmanship Home

908-245-3030 Interior & Exterior Renovations

Slate	Kitchens
Copper	Bathrooms
Stonework	Roofing
Foundations	Gutters
Walkways	Chimneys
Decks	Windows
Patios	Doors
Additions	Siding

www.marionandjacobson.com

Licensed & Insured • Free Estimates
Emergency Repair Service Available

Kenilworth, NJ NJHIC# 13V1100052000

Missing teeth? Make your smile complete!



A missing tooth is no laughing matter. We make getting implants easy and inexpensive. From a single tooth to several teeth, a complete smile is just a phone call away.

We work with all dental insurance plans.

Se habla español.

908-276-4116

Arthur F Haliczzer, DDS

108 N. Union Avenue • Cranford, NJ 07016

SPECIAL OFFERS FOR NEW PATIENTS

- FREE Implant Consultation
- Dental Implant: \$1,150 (reg. price \$2,150)
- Exam & Oral Cancer Screening
- Digital X-Ray, Cleaning: \$99*

Mention this ad. *Unless gum disease is present.

HANDS OF LIFE MARTIAL ARTS

I CAN

WE CAN FOCUS.

SHARING

I will achieve my Goals!

BE KIND

Teamwork means working with others.

I am Strong!

FAMILY

I clean my room

I AM MARTIAL ARTS!

We use our words and not our hands.

We have Self-Control.

I am a Champion!

I am respectful to my parents.

COMMUNITY

6 week trial for \$149!

Call now to enroll your child in our Martial Arts/Character Development Training at Hands of Life Martial Arts!

908-232-1311

www.handsoflifemartialarts.com

SELF-DISCIPLINE

'THYME FOR TEA' (Continued)

Jersey Unit of the Herb Society of America and served on the Horticulture Committee of the National Herb Garden in Washington, D.C., where she volunteers regularly. Kiefer, who teaches classes and gives presentations about herbs throughout the region, has lectured at such prestigious venues as The Philadelphia International Flower Show. Kiefer co-authored the publication "Best Garden Plants for New Jersey" and was a contributing writer for the Brooklyn Botanical Gardens' book on fragrant plants and for the Herb Society of America's "Essential Guide to Growing and Cooking with Herbs." She also writes a weekly gardening column that appears in various regional newspapers.

Tickets for the "Thyme for Tea" event should be reserved and purchased by April 17, as seating is limited. For reservations/tickets, please call 908-709-0434, 908-709-0391 or visit Especially Yours Florist at 13 North 20th Street, Kenilworth.

Proceeds will benefit the Kenilworth Historical Society's "Give the House a Lift" Campaign to obtain a "lift" (elevator) for the newly restored and furnished historic Oswald J. Nitschke House (c. 1880) that will make all levels of the local "living history" museum and cultural arts center accessible to everyone.

The Kenilworth Historical Society is an independent, non-profit, tax-exempt, 501(c) (3) organization dedicated to the research, preservation and interpretation of the Oswald J. Nitschke House, local history and culture.

The Kenilworth Gospel Chapel is an independent community Bible church with a congregation of approximately 165 adults and children. The chapel was constructed in 1936 by a number of chapel members, including the family of local pioneer James Arthur, who built many homes in the area in the late 19th/early 20th centuries and founded the New Orange Park project.

ALICIA GAINS PUBLISHES PHOTO BOOK



Alicia Gains of Kenilworth recently published a book of photos of Kenilworth in her effort to earn her Girl Scout Gold Award. The Girl Scout Gold Award represents the highest achievement in Girl Scouting.

Alicia is a member of Girl Scout Troop 40407 and is a tenth grader at David Brearley high school. Alicia's project took her a year to complete and features photos depicting places in Kenilworth which she thought was important to capture the essence of the borough. Alicia donated a copy of the book to the Kenilworth Public Library and it is available for loan.



The Best Chicken in New Jersey

"Don Alex"

Restaurant

"The authentic Peruvian kitchen with original flavor"

Celebrating the
GRAND OPENING
of our
Kenilworth Location!



LIVE MUSIC
Fri & Sat
6 pm - 9 pm
Kenilworth Location

BYOB

We Host Private Parties & Corporate Events!
www.Donalexrestaurant.com **908-349-8060**
625 NORTH MICHIGAN AVE. KENILWORTH

Visit our other locations: In UNION at 1988 Morris Ave. • In ELIZABETH at 356 Rahway Ave.

\$2 OFF

ANY PURCHASE

Of \$20 or more

"Don Alex" Restaurant

Limit 1 per customer. Cannot be combined with other offers or discounts. Exp. 5-10-14

\$5 OFF

ANY PURCHASE

Of \$50 or more

"Don Alex" Restaurant

Limit 1 per customer. Cannot be combined with other offers or discounts. Exp. 5-10-14



CERVANTES
RESTAURANT & BAR

OUTDOOR PATIO DINING - TAPAS - FULL BAR
- LIVE ENTERTAINMENT -
(908) 276-3664
 24 NORTH AVENUE EAST • CRANFORD, NJ
[FACEBOOK.COM/CERVANTESOFSPAIN](https://www.facebook.com/cervantesofspain)

OPEN HOUSE

April 17th, 2014
Thursday
1pm to 7pm

Ask about our Scholarships!

Kenilworth
660 N. Michigan Ave.
(908)964-1330

Clifton
1595 Main St.
(973)772-4610

Paramus
615 Winters Ave.
(201)599-0880

Brick
268 Brick Blvd.
(732)920-3600

1-800-BE-CAPRI
www.CapriInstitute.com



Scholarships for our 1200 Hour Cosmetology or 900 Hour Barbering Program may not be combined with any other scholarships and will be awarded upon completion of the course within expected graduation date.

Clases de cosmetología en español en Kenilworth & Clifton

GENERAL GEORGE WASHINGTON PRAISES CONNECTICUT FARMS SOLDIERS DURING THE AMERICAN REVOLUTIONARY WAR

Chapter VII – By Friends of Black Brook Park

On June 7, 1780, Kenilworth was the location of the Battle of Connecticut Farms during the American Revolutionary War. The war that was fought declaring our independence from Britain to become the United States of America. This is how our country was founded.

Kenilworth was part of the colonial section of Elizabethtown, now known as Union County, NJ. Kenilworth was called Connecticut Farms back then because this section of Elizabethtown, which also included Union, NJ resembled Colonial Connecticut and had rich farmland. New Jersey was one of the thirteen original colonies ruled by Britain back then.

During the Battle of Connecticut Farms, General George Washington, who later became the first President of the United States and known as the “Father of Our Country” was the target of the British during this battle that took place in Kenilworth.

General George Washington had his winter headquarters at Morristown, NJ where he was stationed at that time with our troops. Five thousand British troops marched through Connecticut Farms from Elizabeth to get to Washington’s headquarters in Morristown to end the war with a British victory. During this battle the British were held back in Connecticut Farms and the battle stayed here. There was no movement passed our borders.

The British were held back from reaching Washington because of the alertness and quick action of the American soldiers and local militiamen, the warning beacon hill, Sayre Tin Kettle Hill, in today’s Kenilworth and Galloping Hill Road which went through today’s Kenilworth. It was the fastest road to get to Morristown by horse which was used to warn the American troops and Washington of the British advance through Connecticut Farms. Galloping Hill Golf Course in Kenilworth is named after this historical road.

The British never got out of Connecticut Farms, thanks to the resistance put up by the American Soldiers here. The British thought the march through Connecticut Farms would provide them with a surprise route to an easy victory for them. They were wrong. The Connecticut Farms American troop strategies and the show of force of one thousand five hundred American soldiers stunned the British soldiers. After all, they were five thousand British soldiers who were well trained and supplied. This strongest army in the world went up against the newest army in the world, ours, and lost. Our new army in hindsight, here at Connecticut Farms helped to shape our Country and prevented a British victory.

According to our Borough Historian of early history, Michael Yesenko, General George Washington himself wrote of the great impression he had of the soldiers of Connecticut Farms and the hard fight they put up in stopping the British from getting to him (which would

have ended the war with a British victory at Morristown). “Thanks to Mayor Fiamingo and Council for providing us with Mr. Yesenko”, states Dorothea Krihak who consults with Mr. Yesenko on this subject. “ Mayor Kathi Fiamingo and Mr. Yesenko are both honorary members of our group. It was a group effort to get this history to the residents of Kenilworth.”

The British retreated along today’s Springfield Road in Kenilworth to get back to Elizabeth. As they retreated they burned down Connecticut Farms, it’s buildings and homes, in anger for not having succeeded in ending the war with a British victory for them in this war that began in 1775.

Luckily, the Daniel Sayre house of today’s Kenilworth was not burned down. Daniel Sayre was a resident of Kenilworth in Connecticut Farm days. He was part of the militia during the American Revolutionary War. He and his homestead survived the war. It still stands today

in Kenilworth and can be seen while driving passed its address on 515 Springfield Road in Kenilworth next to Black Brook Park. The Sayre family were large land owners of that time in Elizabethtown (Union County, NJ). There is besides the Sayre Tin Kettle Hill beacon hill that was used here in Kenilworth during the war, a road bridge in Springfield, two streets in Union, a road in Summit and a road in Elizabeth, named after this family. Sayre Tin Kettle Hill was the closest beacon hill to where the British were stationed. It no longer exists today. The dirt was removed and transported to fill in marshes for a railroad out of town in the early 1900’s. The beacon hill was set up under General Washington’s orders. Our beacon hill strategically was the most important one because it was the first that would see the British on the move, from where 20,000 British troops were stationed.

(continued on page 13)



MICHELLE DAVID OF RE/MAX EARNS HALL OF FAME AWARD



Michelle David with RE/MAX Vision, has recently been presented with the RE/MAX Hall of Fame Award, which honors successful agents who have earned more than \$1 million in commissions during their careers with the company. In 2012, less than two percent of all RE/MAX Affiliates earned this prestigious award.

2013 NJAR®, SILVER LEVEL
Circle Of Excellence Sales Award
RE/MAX 100% Club

Broker/Owner: Michelle David 908-208-3775
CALL FOR A FREE COMPARABLE MARKET ANALYSIS

Mastapeter

FUNERAL HOMES INC.

Family owned and operated.

270 Route Nine
Bayville • NJ 08721
732•269•3100

Anthony P. Mastapeter
Owner/Manager
NJ Lic. No. 3365

400 Faitoute Avenue
Roselle Park • NJ 07204
908•245•1558

Arthur A. Mastapeter
Owner/Manager
NJ Lic. No. 2948

– HOUSE OF DANIEL SAYRE, A MILITIA SOLDIER AND LABELED A HERO, STILL STANDS TODAY IN KENILWORTH

(continued from page 12)

A musket, which is the rifle of choice during the war, was found in the rafters of the Daniel Sayre House in Kenilworth. This Daniel Sayre House is also known today as the Shallcross House and/or the Locorriere House. This house was built before the American Revolutionary War. It had a beehive oven, colonial mantels on its fireplaces, a carriage house on the property as well as a barn and sheds. This homestead had much land.

The Daniel Sayre House was built by his grandfather, also named Daniel Sayre. It is located on the northwest corner of Black Brook Park also on Springfield Road, which is a Union County Park. Some of the land from this homestead, was deeded to the County of Union today, to become part of Black Brook Park in Kenilworth. The home is presently owned by the Locorriere family of Kenilworth and is used for commercial business purposes. According to

Bob Woods, Honorary member of Friends of Black Brook Park and local historian. "The deed was presented to the County with the stipulation that it be kept an open-space park," states Ms. Krihak.

The official seal of Union County has been placed on the North 19th entrance to Black Brook Park which depicts Hannah Sayre Ogden Caldwell, also a member of this Sayre family, by the County of Union.

Marion Sayre Crane Shroeppe of today's Kenilworth was also a member of this Sayre family. Known as "Miss Marion", Marion Sayre Crane Shroeppe taught for years in Kenilworth public school as a volunteer puppeteer teacher, before her passing.

Dorothea Krihak, founder of Friends of Black Brook Park who has learned about the history of Black Brook Park since 2001 states "I contacted Ms. Schroepppe and informed her about Hannah Sayre Caldwell and Daniel Sayre. She was

extremely pleased and began researching her family ancestry. It was amazing to find out. Ms. Schroepppe gave me her family history so that I could inform the County of Union how special the Sayre Family is to Kenilworth and to bring it to the attention of Kenilworth. Marion Sayre Crane Schroepppe was actively involved in this. I hope this helps inform all who knew her of how much she wanted to let you know of her family's role in our history. Marion Schroepppe was also a Crane, the family who founded Cranford today.

Dorothea Krihak also states, "I am currently working on a book to include this history for distribution to the Borough Library Director, Superintendent of School and the Historical Society to serve as a permanent record of this great history of ours." It can also be found on the Kenilworth Web Site www.kenilworthborough.com under Friends of Black Brook Park.



Broker/Owner:
Michelle David

Associate/Owner:
Paul Campanelli

**CALL FOR A FREE
COMPARABLE MARKET ANALYSIS**

We hold your hand the entire way...

Buying, Selling, Investing & very experienced in Short Sales

908-276-MAXX (6299)
600 Boulevard in Kenilworth, NJ 07033





John Klein, Agent

www.newjerseysf.com
john@newjerseysf.com

For a quote call 908-967-6424
505 Boulevard, Kenilworth, NJ 07033-1603

D

**DiBella
Financial Group**

Serving your financial Needs
For Over 50 Years

- Tax Preparation
- Insurance
- Mortgages
- Purchase & Refinance Loans

(908) 686-7370
515 Springfield Road
Kenilworth, NJ 07033
Fax (908) 686-7470

Thomas DiBella
Joseph DiBella
Anthony DiBella

NYCB Liquid CD

10-MONTH CD	20-MONTH CD
0.55%	1.05%
APY ¹	APY ¹

- Minimum to open is \$2,500
- Minimum balance to earn the stated APYs is \$2,500

FLEXIBLE IN-BRANCH PENALTY-FREE WITHDRAWALS²
**EARN THE STATED APYs IF YOU HAVE, OR OPEN,
ANY INTEREST-BEARING CHECKING ACCOUNT**

2014 SAVINGS MISSION...SECURE A GREAT SAVINGS RATE!



myGSCB.com • (877) 786-6560

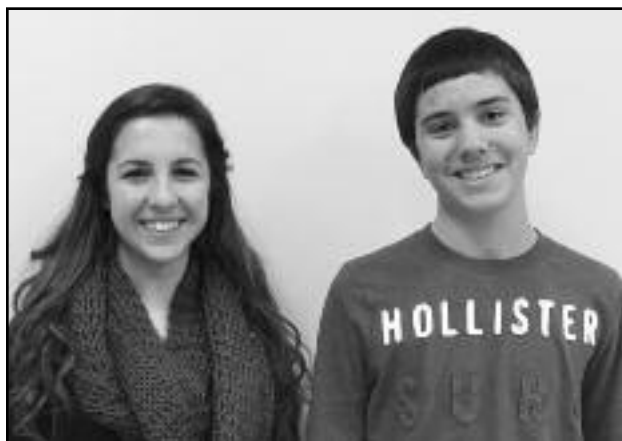
Garden State Community Bank

A Division of New York Community Bank • Member FDIC



¹Annual Percentage Yields (APYs) above are accurate as of date of publication and are subject to change without notice. The minimum balance to earn the stated APY for the 10-month or 20-month Liquid CD is \$2,500. The interest rate remains fixed until maturity. Fees could reduce earnings. In order to qualify for the stated APYs, you must either have or open any interest-bearing checking account. If you do not have an existing interest-bearing checking account with us and choose to open a new interest-bearing checking account, it must be opened on the same day that you open the CD and opened with new money not currently on deposit with the Bank. The CD must also be opened with new money not currently on deposit with the Bank. Advantage Banking customers who open one of these advertised CDs will receive the stated APYs and will not receive the additional APY increase as part of their Advantage Banking Relationship package. Please ask a Bank Representative for the full terms and conditions of the Liquid CD.
²A penalty may be imposed for withdrawals before maturity. The penalty will be waived if the withdrawal is made after the first six days of the account term or after the first six days following any partial withdrawal. Offer may be withdrawn at the discretion of the bank at any time. The bank is not responsible for typographical errors.

DAVID BREARLEY MIDDLE/HIGH SCHOOL STUDENT OF THE MONTH MARCH 2014



The David Brearley High School Student of the Month for March is senior Stephanie Cuccio. Stephanie is a high achieving student and a frequent member of the David Brearley Honor Roll. She is also Captain of the Fall, Winter, and Competition Cheerleading teams, the last winning the Group 1 Championship this past weekend. Stephanie was named to the NCA All American team in the summer of 2013 and was the DBHS representative at the Union County Snapple Bowl. Her dedication to the sport has resulted in her being chosen as the most hardworking cheerleader two years in a row. According to her coach, she is "an irreplaceable asset to her team and a born leader." Congratulations, Stephanie!

The middle school student of the month is John Matos. He is known by all of his teachers to be hardworking, thoughtful, creative and cooperative. He is also very respectful to all of his teachers and peers. John comes to class prepared and ready to learn. Teachers also feel he is very insightful and articulate when completing his assignments. Congratulations John on being the eighth grade middle school student of the month!

KENILWORTH FREE PUBLIC LIBRARY

Located at 548 Boulevard. Library website is www.kenilworthlibrary.org.
Registration for programs may be done in person at the library or by calling 908 276-2451.
The library's regular schedule of operation: Mon, Tues and Thurs: 10:00 AM to 9:00 PM,
Wed: 10:00 AM to 6:00 PM, Fri: 10:00 AM to 5:00 PM, Sat: 10:00 AM to 2:00 PM.
The Kenilworth Public Library is handicapped accessible.
facebook.com/kenilworthworth.public.library

Celebrate Arbor Day at the Kenilworth Public Library
J. Sterling Morton organized the first Arbor Day in 1872 in Nebraska where over one million trees were planted across the state. In 1884, New Jersey held its first official Arbor Day celebration. Arbor Day is officially celebrated on the last Friday in April.

An Early Arbor Day Celebration
Thursday, April 10th from 6:30 - 7:15pm
Children will have an opportunity to participate in this interactive event, as they learn about the importance of trees in our environment. This program will be presented by Rutgers Cooperative Extension 4-H of Union County agent Jim Nichnadowicz.

This program will take place during the regularly scheduled PJ Story Time session. Children already registered for the PJ Story Time session do not need to register again.

Children ages 4 and up who are not registered for the PJ Story Time program may register for this program. Kenilworth residents may begin to register one week prior to this program. Out of town residents may begin to register two days prior to this program. To register call the library at 908-276-2451 or visit 548 Boulevard.

SPRING READING PROGRAM

The Spring Reading Program at the Kenilworth Public Library is ongoing and concludes on Friday, May 16th. Children who were registered for the Winter 2014 reading club will be preregistered for the Spring session. Children must be registered in one of the following programs in order to participate in any other Kenilworth Public Library special event.

Mommy, Daddy & Me

a parent and child at-home reading program for children ages 2 to 5.

I Can Read

a reading program for children who are just starting to read on their own from ages 6 to 8.

Club Reads a Lot

a reading program for children ages 9 to 12.

Lap Sit for ages 0 to 23 months

Tuesdays from 10:30 to 10:50 am:
April 1, 8, 15, 22 & 29 and May 6 & 13.

Toddler Time for 2 year olds

Wednesdays from 10:30 to 10:50 am:
April 2, 9, 16, 23 & 30 and May 7 & 14.
Stories, puppets and music just right for young listeners will be introduced.

PJ Story Time for children ages 3 and up

Thursdays from 6:30 to 7:00 pm:
April 3, 10, 17 & 24 and May 1, 8 & 15.
Children are invited to wear their pajamas to this program, and bring along a stuffed animal, too.
PJ Story Time special events include: Arbor Day Celebration

Bingo for Young Children

Fridays from 3:30 to 4:00pm for children ages 3 and up: April 4 & 25 and May 9.
Games may include A-B-C Bingo, Number Bingo and Color & Shape Bingo. Parents must remain in the library during the program.

Bingo for Children Who Can Read

Fridays from 3:30 to 4:00pm in the Activity Room:
April 11 and May 2 & 16.
Games may include Book Bingo, USA Bingo, History Bingo and Kenilworth Bingo.
Parents do not participate in this program.

**The Kenilworth Community
United Methodist Church's
THRIFT SHOP
OPEN ON SATURDAYS
at 10 AM and closing at 3 PM.**
We have lots of newer items,
kitchen items, shoes, pocketbooks, books,
knick-knacks, and jewelry and more.
Come check us out every Saturday.



Kathleen Gwaldis
27 Years of Experience
cell: (908) 400-8409
www.kathleengwaldis.com
Kenilworth Real Estate Specialist
FREE MARKET ANALYSIS



Realtor Associate - Weichert President's Club
185 Elm Street, Westfield NJ, 07090
Office: (908) 654-6560, x 162

L&K Sedan & Taxi Service
ALL METRO AIRPORTS PIERS NYC THEATERS
Kenilworth 908-276-4444
Cranford 908-276-4441
Union/Springfield 908-688-0668
Roselle Park 908-276-6696

Toll Free 877-276-8294 (Taxi)
www.lktaxiservice.com
E-Mail: lk sedan@yahoo.com
Open 24 Hours 7 Days a Week

NEED SPACE? ACCESS CAN HELP!



908-259-1020
750 Boulevard • Kenilworth, NJ 07033
www.accessselfstorage.com



50% OFF FIRST MONTH
New customers only. Expires 5/10/14.

After helping countless local knee pain sufferers discover relief, local Doctor warns... **"If You Or A Loved One Are Scheduled For Knee Surgery Then, Read This Article Before It's Too Late!"**

There is a safe, non-surgical FDA cleared treatment now available locally that has been proven to effectively reduce and even eliminate knee pain... and the best part is It's Covered By Most Insurance Including Medicare!

Union County, New Jersey- A century ago the average American lived to about 50 years of age. Today we're living to nearly 80 years of age. While that fact alone is astonishing even more so is that today's population remains active well into their 70's and 80's. It is no longer uncommon to hear about a 70 year old playing tennis, or an 80 year old shooting a round of golf with friends. However for the estimated 50 million adults in the United States who have some form of arthritis, the image of an active lifestyle may seem all but a distant memory, until now...

A revolutionary new non-surgical treatment called Viscosupplementation (VS) Therapy is providing hope and relief for many knee pain sufferers. Offered locally by Northeast Spine & Wellness Center, this procedure is minimally invasive, requires no surgery, can provide immediate relief, and has little to no recovery time.

If you are experiencing any of the following symptoms in your knee or joints, chances are your pain is due to a condition called osteoarthritis, and you may be a candidate for care:

- **Pain:** Your joints may ache, or the pain may feel burning or sharp. For some people, the pain may come and go. Constant pain or pain while you sleep may be a sign that your arthritis is getting worse.
- **Stiffness:** When you have arthritis, getting up in the morning can be hard. Your joints may feel stiff and creaky for a short time, until you get moving. You may also get stiff from sitting.
- **Muscle weakness:** The muscles around the joint may get weaker. This often happens with knee arthritis.
- **Swelling:** Arthritis can cause swelling in joints, making them feel tender and sore.
- **Deformed joints:** Joints can start to look like they are the wrong shape.
- **Reduced range of motion and loss of use of the joint:** As your arthritis gets worse, you may not be able to fully flex, or extend your joints. Or you may not be able to use them at all.
- **Cracking and creaking:** Your joints may make crunching, creaking sounds.

If you are experiencing any of the above mentioned symptoms, don't worry, there is hope. Many that have undergone VS Therapy report these very symptoms, only to see them reduced or even eliminated after receiving care.

Until recently, the only advice for many suffering from knee and joint pain was to:

- Try exercising
- Try physical therapy
- Try pain pills
- Try muscle relaxants
- Try pain shots
- Try dangerous surgery

If you are tired of trying treatments that don't provide lasting relief, or if you are afraid to try any of these treatments, don't worry. If you have tried any of these treatments and experienced little to no relief, you may still be a candidate for Viscosupplementation Therapy. Call (732) 827-0800 and schedule a no cost screening today! *You have nothing to lose but your pain!*



According to the American Academy of Orthopaedic Surgeons (AAOS), there are about 270,000 knee replacement operations performed each year in the United States; this image depicts the procedure.

How does this therapy work?

Northeast Spine & Wellness Center uses high tech medical equipment and decades of experience to pinpoint problem areas with extreme accuracy. Viscosupplementation is then injected into the knee joint and bonds with naturally occurring joint fluid to create a lubricating and cushioning layer. This reduces pain, inflammation, and swelling of the joint. Most patients compare the treatment to getting a flu shot and report little pain or discomfort.

What is injected into the knee?

Hyaluronic acid (Hyalgan) is a natural substance extracted from rooster combs and purified to mimic the lubricating substance (synovial fluid) that occur naturally in the joint. In patients with osteoarthritis synovial fluid "dries up," allowing the cartilage of the joint to rub against itself and other surfaces causing pain, inflammation, and in most cases damage to the joint. Think of this treatment like oiling a squeaky door hinge. Once applied, the squeaking stops and the door moves more freely.

When will I feel results?

Most feel an immediate reduction in pain and return to normal activities in weeks.

Considering surgery?

People who suffer from knee pain typically try supplements or pain medications before seeking help from a doctor. When all else fails and the pain is too much, some feel surgery is the only option.

How do I know that this is right for me?

The American Academy of Rheumatology recommend the use of Hyalgan for treatment of osteoarthritis of the knee. At Northeast Spine & Wellness Center we will give you an honest and fair evaluation of your particular knee pain. To accommodate demand, we have opened our schedule to provide "no cost" screenings.

Real Patients, Real Stories, Real Relief!

"My knee feels great. I was a bit skeptical when I first read about the program in the paper but from the moment I walked through the door I knew that this program was going to be different. The entire atmosphere from the attitude of the staff to the office itself put me at ease. I had already had a total knee replacement and wanted to try something rather than go through another painful surgery. After completing the program my initial impression was correct. I can now dance again which I have not done in years, and my lifestyle is on its way back to normal."

- Elizabeth B.

Surgery is no longer your only option. Hope does exist, and this therapy has helped others like you.

So what are you waiting for? Pick up the phone and call us today to schedule your risk-free, no-obligation, screening at no cost to you. Since adding this medical breakthrough to our practice, the response has been overwhelming. So we've added extra lines to accommodate your calls. If our line is busy, or if you are re-directed to voice mail, please leave a message or call back. Living pain free and getting your life back is well worth the time and effort it might take to get a hold of us so that we can schedule your no-cost screening. So keep calling - help is only a phone call away... (732) 827-0800. While you are trying to reach us, please feel free to visit www.NESpineCenter.com where you can learn more about Viscosupplementation Therapy and how it may be the right solution to your knee pain.



Northeast Spine & Wellness Center
 Dr. Scot Paris, MD.
 (732) 827-0800

*Testimonial appearing in this advertisement represent typical outcomes which have been closely monitored. However, there is no guarantee that this procedure will work for everyone. At Optima Physical Medicine & Rehabilitation Centers we only accept patients that are candidates and who we truly believe we can help.

JERSEY LANDSCAPE & GARDEN SUPPLY

7 DAYS A WEEK

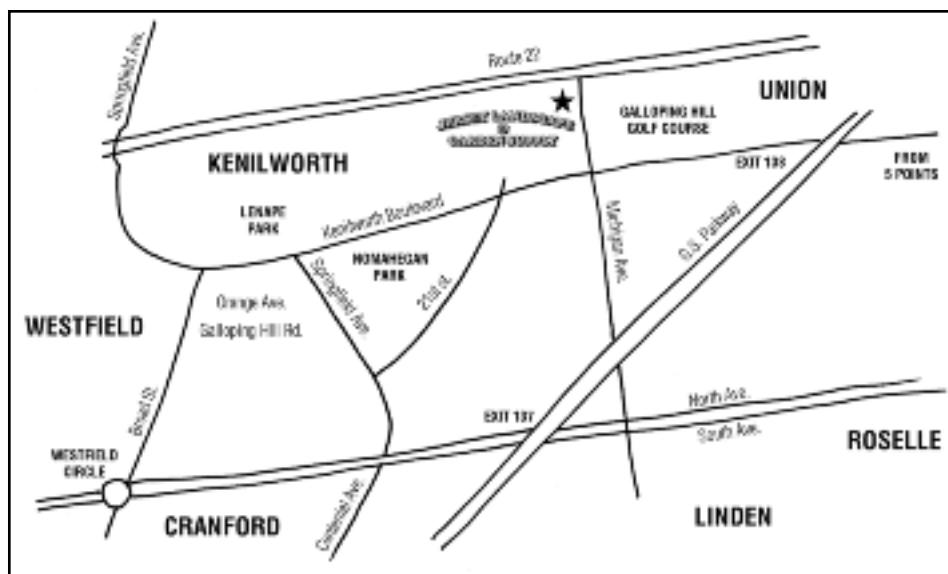
Hours: Monday – Saturday 7:30 am – 5 pm
Sunday 8:30 am – 3:00 pm

908-688-8333

**SERVICING LANDSCAPERS,
MASONS & HOME OWNERS**

528 N. Michigan Ave. Kenilworth, NJ

Largest Display of
Cambridge Pavers
in Union County



See above display and others at www.cambridgepavers.com

SOIL

Prices
per yard

Black Topsoil	\$32
Jersey Brown Soil	\$32

MULCH

Black Dyed	\$28
Brown Dyed	\$28
Red Dyed	\$28
Hardwood	\$20
Play Ground	\$32

QUARRY BASE MATERIALS

Concrete Sand	\$42
¾ Clean Stone	\$38
Stone Dust	\$34
QP	\$34

DECORATIVE STONE

3/8 Red Stone	\$66
¾ Red Stone	\$64
¾ Pearl Pebble	\$80
2-4 Pearl Pebble	\$80
3/4 Arctic White	\$82
¾ Riverbed	\$56
1 ½ Riverbed	\$58
2-4 Riverbed	\$58

**We accommodate
the trade
as well as the
do-it-yourselfers!
We are always
ready to assist.**

HARDSCAPE

Cement



Concrete
Block



Brick



Curbing



Belgium
Block
Diamond
Blades



Limestone
Treads



Polymeric Sand
Paver Sealer
Paver Cleaner

**FREE
Same Day Delivery
5-Yards or more**

DRAINAGE

Pipe • Catch Basins

LAWN & GARDEN



Grass – Seed
Fertilizers
Peat Moss

TOOLS

Mason Tools • Shovels • Rakers



Iron Tool Co.