# The PRIDE of North Plainfield



North Plainfield's Hometown Newspaper

Published by Renna Media On-line at RennaMedia.com

**ISSUE 23 • APRIL 2014** 

#### **North Plainfield** SENIOR CITIZENS **GROUP** meets **EVERY TUESDAY** at 10:30 am at the COMMUNITY **CENTER** located at 614 Greenbrook Rd North Plainfield. Senior Citizen Bus is available to all North Plainfield Seniors. To arrange to ride the

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### RESIDENT DONATES TIME TO BARNABAS HEALTH HOSPICE

North Plainfield resident Virginia Wentworth knows firsthand the value of hospice – not only to the individual receiving care, but also to those acting as caregivers. That's why she became a volunteer with Barnabas Health Hospice and Palliative Care Center in West Orange.

"I was so appreciative of the excellent care for my husband – and for me – from Barnabas Health Hospice during the last year of his life. I wanted to 'give back,' particularly as volunteers had done for us," says Virginia, adding that although neither she nor her husband needed to use the volunteer service very often, she felt reassurance knowing people were available to step in and help. "My husband loved to tell stories about his time in the U.S. Navy, so it was comforting to know that even if I couldn't be there to sit with him, he still had companionship."

"I know from experience that being the caregiver for someone who is terminally ill can be a lonely situation. It's helpful to have support – from the nurses and volunteers and also the fact that you can call 24-hours-a-day, sevendays-a-week, even in the middle of the night, and someone will be there to talk you through something or send assistance," says Virginia, who visited her first patient after Christmas and now spends time with four patients who live in nursing homes.

Often, people ask Virginia how she handles the difficulties that may be associated with working with terminally ill patients. "I get a lot of satisfaction in helping someone who has no one else to help them at a time in their life when they need it most. It's nice to walk into the room of a patient who may look distant or withdrawn and to see them smile and show some kind of recognition," says Virginia. "Most of the people I visit do not have family, so I step in to fill that role."

Virginia is no stranger to public service – she previously served as a social worker for what is now Child Protection and Permanency, formerly the Division of Youth and Family Services. She spent the majority of her career in education teaching all grades, 1-12, and ending her career as a high school vice principal. She earned an undergraduate degree in sociology and psychology from Douglass Residential College of Rutgers University in New Brunswick, NJ. Virginia holds a teaching certificate from Kean University, and earned a master's degree in counseling from New Jersey City University.

In addition to volunteering, Virginia finds the time to

pursue other hobbies. A sewing enthusiast, Virginia turned her passion for sewing needlework into a home-based business called Sewing for the Family. She also teaches sewing classes at the Adult School of the Chathams, Madison and Florham Park, and serves as secretary of both the New Jersey Chapter of the Association of Sewing and Design Professionals, and the New Jersey Chapter of the American Sewing Guild. She also enjoys spending time with her four children and six grandchildren.

For information about volunteer opportunities at Barnabas Health Hospice and Palliative Care Center, please call 973-322-4800.



(above) North
Plainfield resident
and volunteer with
Barnabas Health
Hospice and Palliative
Care Center
in West Orange.

# I CAN FOUNDATION TARGETS NORTH PLAINFIELD

Each year The I Can Foundation takes the time to award a scholarship to a graduating high school senior and also honor members of the community that exemplify and uphold the foundation's core values: Principles 4 Life: Spirituality, Family, Education and Recreation. Ms. Lauren Ryan and the staff of North Plainfield Memorial Library were recipients of the 2012 Community Service Award.

We would like to hear from the community and consider your nominations for our 2014 Principles 4 Life Awards. Please think about an individual or organization that exemplifies any one of our 4 Principles and send us their name along with a brief description of why you are nominating them and how we can reach them for further information. Send the nomination to: info@theicf3.org by May 15, 2014. Scholarship applications are also due by May 15, 2014. The I Can Foundation is a 501 c 3 non-profit organization whose mission is to "Empower Our Youth to New Levels of Success" and their target area is North Plainfield. For more information about The I Can Foundation, please visit their website at www.theicf3.org.

# **CALL TODAY TO ADVERTISE - ADS AS LOW AS \$50**

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# The PRIDE of North Plainfield

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Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

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# **SOMERSET HILLS SCHOOL CELEBRATES OPENING** OF NEW SCHOOL IN NORTH PLAINFIELD

On Wednesday, April 9, 2014, Somerset Hills School officially cut the ribbon on their new school facility in North Plainfield.

Previously located on a sprawling campus in Warren, Somerset Hills was looking for a modern, up-to-date instructional space in a traditional school setting, said Ryan Kimmins, the executive director of the Somerset Hills School.

"Making this move was one of the best decisions we could have made and will ensure Somerset Hills continues to provide an excellent education to future generations of students," Kimmins said. "Everyone at the school is excited about the opportunity to participate in everything the wonderful community of North Plainfield has to offer."

The school is located on Westervelt Avenue in a building that previously housed the McCauley School, which was originally built in 1930 as the St. Joseph School by the parish of St. Joseph. The current owners, the Sisters of Mercy, recently completed extensive renovations to bring the facility up to modern standards.

"All of our students have successfully made the transition and are thrilled to attend school in a traditional school building," said Principal Maria Torres.

Mayor Michael Giordano said he is glad such a highly regarded school has decided to call North Plainfield home.

"I want to welcome Somerset Hills to our community," Giordano said. "The school building has been part of North Plainfield's history since 1930 and I'm happy that it is continuing to function as a school in our community."

Somerset Hills is a day school for out-ofdistrict placed students ages 6 - 21. Classifications include behavioral / social / emotional disabilities, ADHD/ADD, Aspergers / Autistic Spectrum, Specific Learning Differences and Dyslexia.

Somerset Hills provides an emotionally supportive environment in which students can learn at their own pace, according to their individual strengths and needs. The students are provided with the strategies needed for learning the necessary skills in all academic areas.

Academic areas are aligned with the Core Content Standards. The therapeutic academic environment encourages each student to become an active participant in the education process, fostering healthy coping and pro-social skills, increased self-esteem, and motivation toward academic and social success.



(above) Ryan Kimmins (right), executive director of Somerset Hills School, and North Plainfield Mayor Michael Giordano (left), cut the ribbon at the Somerset Hills Schools in North Plainfield as principal Maria Torres looks on. Two juniors at the school are holding the ribbon.

# **PROMOTE YOUR COMMUNITY EVENT**

Community service organizations and sports teams are encouraged to submit news of upcoming events or highlights and photos on recent events.

**Organizations** who are interested in submitting content can email Lynn Sjurset lynn@rennamedia.com.





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# Sciatica, Stenosis and Herniated Discs May Be to Blame for Pain and Numbness in Legs



What are patients saying?

"I have had neck pain and arm pain for seven years from several hemiated discs in my spine. I have tried other chiropractic and physical therapy treatments with little success. I have completed the DRX treatment four weeks ago and I am symptom free. Thanks to Performance Rehab I have gotten my life back."

Melissa Miller, Phillipsburg, NJ

### Who is a candidate for treatment?

There are many types of symptoms that can be relieved including:

- Back/Neck pain
- Leg pain
- Chronic low back pain
  - Sciatica

- Stenosis
- Neuropathy
- Herniated/Degenerated discs

"Hi, I am Dr. Spiaggia, clinic director of Performance Rehabilitation & Integrated Medicine, and if you suffer with back or neck pain, I invite you to try non-surgical Spinal Decompression. Did you know that 30 million Americans suffer from back pain every day? This pain affects everything that you do, from work to play and ultimately your quality of life, i am here to tell you that there is hope. You can get rid of your back pain and get your life back. At Performance Rehabilitation & Integrated Medicine, we have helped hundreds of back pain sufferers just like you. We only affer the most advanced nonsurgical treatments. We are so confident that we can help eliminate your back pain, we are offering one free visit to see if treatment can help you. There is no obligation and the only thing you have to lose is your pain."

- Ron Spiaggia, DC

#### Why pain pills are NOT a long-term game plan

eople often cover their pain by relying on prescription or even nonprescription pain pills. While this may work in the short term, the side effects can be alarming. How many people became necessary to function at all. Countless individuals while initially using them as prescribed.

#### Can time heal pain?

Yes, in some cases time can heal pain but that is not generally the case. At Performance Rehabilitation & Integrated Medicine we have treated too many people that have needlessly suffered for years with back and neck pain. They have also spent a fortune on everything from buying new mattresses to medications. It doesn't have to be that way. The doctors and staff at Performance Rehabilitation & Integrated Medicine have literally helped thousands of local residents relieve their pain without drugs or surgery.

#### Surgery should not be taken lightly

Some severe back injuries require surgery but most do not. At Performance Rehabilitation & Integrated Medicine, we believe that surgery should only be considered when all other options have been exhausted. If your back or neck pain is so severe: that you are considering surgery we invite you to ask yourself this question: "If there is a long-term solution to back/neck pain that doesn't require surgery, is it worth an hour of my time to find out more?"

#### The Truth about Surgery

- Costs can exceed \$100,000
- · Prescription pain medications will be introduced
- · Surgery may not solve your pain problems
- Surgery can lead to even more surgery in the luture.
- Recovery time can be painful and prolonged
- · Surgery cannot be undone if outcomes are not favorable Missed time away from work, family, friends
- · Duality of life can be reduced

#### **About Performance Rehabilitation** & Integrated Medicine

The team of medical providers at Performance Rehabilitation & Integrated Medicine understand what individuals in pain are do you know are addicted to pain medications? How did the attention from a seasoned staff of medical doctors, physical therapists gave temporary relief and soon enough, the medication much detail as possible. There is no pressure to accept treatment as has been expended into conventional medicine practices throughout the world. the staff at Performance Rehabilitation & Integrated Medicine strives have been innocently entangled with prescription pain pills to create a relaxed environment by educating patients about their FREE No Obligation Consultation options. The ultimate decision maker is the patient.

#### What makes Performance Rehab's Approach so different?

or drugs. After years of study, training and trials, they have chosen one consultation." only the most effective non-surgical options and have brought them.

- Non-Surgical Spinal Decompression decompression is an FDA cleared technology that can relieve disc hemiations, sciatioa, stenosis and general pain and numbness in the back, neck, legs and feet. Non-surgical spinal decompression does this by using advanced technology to control treatment duration, distraction/angle, intensity, and relaxation of the spine, thus creating a vacuum effect which pulls the disc. back into its normal position and brings in a fresh blood supply to promote healing. The treatment is gentle and scothing, with no discomfort to the
- Specialists in Pain Management A medical specialty also known. as Physical Medicine and Rehabilitation (PM&R). This methodology gives particular focus to non-surgical spinal treatment, sports injuries and Peripheral
- Cold Lasor A comfortable, non-invasive procedure which is successful. in treating chronic conditions without pain or discomfort to patients
- . Physical Therapy A traditional treatment methodology aimed at the experiencing. Each has a deep commitment to your health and to treatment and curing of certain aliments common to patients suffering with you as a person. During your first visit you will receive personalized chronic or severe pain. Its primary aim is to bring back the patient to his/her. normal self, free of any pain or suffering.
- addiction start? The answer to this question is typically the land acupuncturists. An analysis of your condition by the medical team. Acupuncture Through clinical trials, acupuncture has been proven same. Due to an injury, medications were prescribed which in conjunction with a detailed treatment plan will be described in as leffective in treating various medical conditions including back and neck pain and

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> Ron Spiaggia, DC (Clinic Director) Joseph Mejie, DO, EA.A.P.M.&R. (Medical Director).

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# SUPERINTENDENT BIRNBAUM RECEIVES AWARD FROM ROTARY CLUB

The Rotary Club of Plainfield-North to the children and families in North Plainfield. Plainfield presented Dr. Marilyn E. Birnbaum, retiring superintendent of schools in North Plainfield, with its 2014 Service Above Self Award, at the club's 15th Annual Wine Tasting Dinner. The event was held at Giovanna's Restaurant in Plainfield on March 25, 2014.

After receiving the award, Dr. Birnbaum spoke of her love of and her appreciation for Rotary and all that it means to her. "I didn't know what to expect when I first joined Rotary nineteen years ago, but I soon learned what a great group of people I was joining" said Dr. Birnbaum. "We are like a family. "We get together to enjoy each other's company, to work on our projects, to spend an hour or so away from work each week. When our friend and member Bob Young died alone last year, people in the Club just stepped in and did what any family would do for their loved one. It was a very moving and emotional time for all of us."

Over one hundred people purchased tickets for the annual event, and a number of others sent donations to the Club's scholarship fund in honor of Dr. Birnbaum, along with complimentary and congratulatory messages.

A special gift of \$1,000 was donated by VIP Honda to fund the "Dr. Marilyn E. Birnbaum Scholarship" for a graduating senior this year. General Manager Adam Kuczynski gave the scholarship donation in recognition of Dr. Birnbaum's long and successful forty-three year career in education, all of which was dedicated

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Between ticket sales, Silent Auction items, and donations, the Club raised over \$4,800 for the scholarship program. Rotary International's

Polio Plus, a multi-year effort to eradicate polio from the world, received a \$225 check after the dinner, thanks to the contributions stuffed into the Club's "Polio Piggies," two piggy banks that were passed from table to table.

In addition to Dr. Birnbaum's award, the Club presented an honorary membership to Janet Townley. Janet is the wife of the club's secretary/treasurer, Michael Townley, and is actively involved in every club project and activity. Janet also received a Paul Harris Fellow Award from her husband. The Paul Harris Fellow is the highest award that a Club or individual can present in recognition of exemplary "Service Above Self."

The Wine Tasting Dinner was also a fundraiser for the Rotary club's scholarship program. "We award \$6,000 each year to graduating seniors from North Plainfield and from Plainfield high schools," said Ms. Mary Forbes, club president. "The dinner was a great way for people to not only recognize Marilyn's

(above) Dr. Marilyn E. Birnbaum and Michael Townley pose with the 2013-2014 Service Above Self Award that the Rotary Club presented to Dr. Birnbaum.

many achievements, her dedication, and her pending retirement, but to also enjoy a delicious, five course dinner with fine wines accompanying each course."

The five course dinner was provided by Giovanna's, and included hot hors d'ouevres; appetizers of Penne Pasta Filetto DiPomodoro, Buratta cheese with prosciutto, roasted red peppers, and tomato; Veal Saltimbocca; Shrimp Française; and mini dessert trays.

Wines were provided by Berkeley Wines in Berkeley Heights, and included Gloria Ferrer Sonoma Brut NV, Sant'Agata Barbera d'Asti, Capestrano Passerina form Marche, Fattore le Poggette Rosso "Collito", and Cesani Vincenzo Vernaccia di San Gimignano.

For more information about the Rotary Club of Plainfield-North Plainfield, visit their website at www.RotaryPNP.org. The club meets every Wednesday at 12:15 PM at Giovanna's Restaurant, 1462 South Avenue in Plainfield. Anyone interested in learning more about Rotary and the club is invited to attend a meeting as a guest of the Club.



(above, l-r) Tom Reedy and Michael Townley pose with Janet Townley after she received her honorary membership in the Rotary Club of Plainfield-North Plainfield. Janet also received a Paul Harris Fellow Award for her years of support for the club and its service projects.





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# SPRING FEVER SAVINGS FRENZY HITS LOCAL DEALER

# Hundreds of Cars Marked Down to Clear Inventory

North Plainfield, NJ- Global Auto Mall, a well-known local automotive sales dealer, was hit by the first case of Spring fever this season. All the sun, and greenery has got them itching to clear their inventory and make way for new cars. With the huge surplus of brand new cars, trucks, minivans, hatchbacks and SUVS they've decided to have a Spring Fever Savings Frenzy with tons of discounts and a free 3 year maintenance plan with every purchase.

This special event will have hundreds of cars to choose from ranging from brand new models to pre-owned vehicles all priced to move quickly.

The Spring Fever Savings Frenzy will feature major brands including: Hyundai, Jeep, Chevrolet, Mistubishi and a large variety of preowned makes and models.

This big event will be held at Global Automall's nearby North Plainfield location:

Global Automall, 1099 Rt 22 West, North Plainfield, NJ 07060. or Call: 1-866-645-4337 for easy directions.

The Global Auto Mall friendly and experienced Sales team has been successfully helping their customers for over 35 years without games or hokey gimmicks. They pride themselves on having the benefits of a big selection like large dealership combined with the family friendly relaxed buying



environment of the local small customer. Their financing office is dealership. Global's General Sales Manager, Rich Locurto, says, "Our prices are already great and with the added specials it won't be hard to find a great price on the vehicle you want."

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prepared to work with any customer's budget.

The Spring Fever Savings Frenzy is scheduled for a limited time only. Once it's over, it's over! Hurry in to Global Automall today and drive home with the vehicle you've always wanted at a price you'll love. For further information 1-866-645-4337, please or visit www.globalautomall.com.

# PROJECT RUNWAY **WINNER TO APPEAR IN FABRICLAND MAY 4TH**

On Sunday, May 4th at 2 p.m., New York fashion designer Irina Shabayeva - the winner of Project Runway's Season 6 - will make an appearance at Project Fabricland, the sewing competition and fashion show based on the popular TV series. The event, which will take place at North Plainfield High School, 34 Wilson Avenue in North Plainfield, will feature twenty-three aspiring young New Jersey fashion designers ages 12 to 18.

All the participants have taken advanced sewing classes at the Sewing School at Fabricland in preparation for this event. Gift certificate prizes totaling \$1,500 will be awarded to the winners in four different age categories.

For this year's 12-week course challenge -"Animal Inspiration" – each contestant chose an existing pattern, adapted it and created a garment inspired by a selected animal. In addition, several students participated in "From Head to Hem" – a 20-week challenge in which they each re-designed a single fashion look with two accessories.

Ticket sales to Project Fabricland's Fashion Show will benefit the Plainfield Area Humane Society – a non-profit organization that runs a shelter to care for and rehabilitate stray and abandoned animals. Tickets are \$8. in advance and \$12. at the door. Tickets may be bought at the store, 855 Route 22 in North Plainfield or online at fabricland.com. For more information, call 908-755-4700 ext. 140.



(left) Irina Shabayeva, the winner of Season 6 Project Runway, will appear at Project Fabricland on May 4th at the North Plainfield High School at 2 p.m.

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# THIRD GENERATION FABRICLAND **CELEBRATES ITS 80TH ANNIVERSARY**

fourth generation family member at the helm ofthe prestigious Kravet Inc. textile company, will join Fabricland's third generation owner Bruce Heyman to celebrate the North Plainfield's store's 80th anniversary in business.

The store, which was founded in 1934 by Heyman's grandfather, Philip, has been an integral part of the community for many years – catering to a cross-section of customers from around the state. In the past decade, the independent retailer has maintained its sewing and dress fabrics departments, but has morphed into a home furnishings company that provides custom and ready-made window fashions under the brand of Metropolitan Window Fashions.

To honor its 80th year in business, Heyman and Kravet will be on hand to hear a Proclamation read by North Plainfield Mayor, Michael Giordano Jr. at 6:45 p.m. Immediately following this ceremony, Mr. Kravet will present a free Decorating Seminar from 7 - 8 p.m.

His program, "Emerging Trends in Fabrics and Design", will highlight the newest collections from Kravet's growing list of top designer licensees including Diane Von Furstenberg, Oscar de la Renta, Sarah Richardson, Barclay Butera, David Easton and David Hicks. Mr. Kravet will show these collections and discuss the signature styles that each designer brings to the home. Door prizes will be given out to every attendee.

Scott Kravet heads up the design team and has

On Thursday, April 24, Scott Kravet, the been a guiding force behind the brand. Established in 1916, Kravet Inc. is a fifth generation family business that distributes fabrics, furniture, wall coverings, trimmings, carpeting and accessories.

> To register for the Kravet "Emerging Trends" seminar on April 24 at 7 p.m. at Fabricland, 855 Route 22 in North Plainfield, NJ please visit windowfashions.com or call 908-755-4700.



(above, left) Fabricland's third generation owner Bruce Heyman.



(above) Scott Kravet, Director of Design for Kravet Inc., will be on hand to present a free Decorating Seminar at Fabricland on Thursday evening, April 24th.

# **NPCCR NEXT MEETING ON MAY 1ST**

The next Meeting of the North Plainfield North Plainfield Recreation Department. Citizens for Community Rights (NPCCR) will be Thursday, May 1st at 7:00 P.M. at the North Plainfield Community Center, 614 Greenbrook Road at Clinton Avenue. Our guest speaker will be Dennis Passe of the

If you have any questions about the availability of the Recreation Departments programs,

bring those questions to this meeting. All are welcome at our meetings.



# FIREFIGHTERS JOIN IN CHARITABLE EFFORTS

Submitted by The North Plainfield Fire Department

On March 22, 2014 the North Plainfield firefighters hosted their 11th St. Baldrick's Day head-shaving event. Borough fire headquarters welcomed more than 120 volunteer Shavee's from throughout the state and their supporters on the mild spring day raising over \$100,000 for the St. Baldrick's Foundation; whose mission is to raise funds and awareness and conquer kids cancers. By shaving their heads they stand in solidarity with kids who are bald as a result of their treatment.

Also in attendance as event V.I.P.s was Team Quinn from Martinsville, NJ; a group of elementary and intermediate school kids who joined together to support 5 year old Quinn Knapp who was diagnosed with cancer in August. They sell bracelets to support Quinn's family and raise awareness of kids like him. North Plainfield Firefighters awarded each member a symbolic medal in recognition of their efforts.

Mat Hannon, a 7-year-old cancer survivor was in attendance as a Shavee with the South Plainfield Fire Department Team. Born with

Ewings Sarcoma Matt had a 30% chance of living 5 years. He defeated cancer and is healthy today.

The event was enhanced with a silent auction organized by Woodbridge firefighter Chuck Mangione and his wife; presenting more than 20 donated gifts and services collected from local businesses and sale of custom made t-shirts by the North Plainfield firefighters; both raising more than \$1,300.00 for the St. Baldrick's Foundation.

Donations can still be made online at

stbaldricks.org/events/northplainfieldfire11

Or by check made out to;

The St. Baldrick's Foundation, with "North Plainfield, NJ Fire E24" on the memo line. Drop off at fire headquarters attention Captain Beattie.

The North Plainfield Professional Firefighters IAFF Local 2983 and Fire Officers IAFF Local 2983 are grateful for the opportunity to host the annual event that has quickly become tradition in our community.







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Our Home . . . Our Community . . . Our Responsibility . . .

# BOROUGH OF NORTH PLAINFIELD 2014 CLEAN COMMUNITY DAY

Saturday, May 3rd - 9:00 AM to 1:00 PM

You are invited to take part in our Eighth Annual Clean Community Day sponsored by the North Plainfield Forum and the Borough of North Plainfield. This day will be an opportunity to meet neighbors, make friends and work together to clean several areas in our community in commemoration of Earth Day.

The day will begin with registration at 8:30 AM at the North Plainfield Community Center (614 Greenbrook Road) and then move to the areas to be cleaned. Residents are welcome to organize a crew or come on their own. All civic groups and organizations are encouraged to participate! Children are welcome and encouraged to take part in Clean Community Day, but must be at least 7 years old to participate and accompanied by an adult.

Those helping are asked to wear appropriate work shoes or boots, and gloves. Bring a rake if possible! Other supplies will be provided by the borough. T-shirts will be given to volunteers at registration.

A picnic style lunch will be served to all volunteers on the Community Center Side Lawn at the end of the work day!

For more information, please call the Mayor's Office @ (908) 769-2902

# **SHOWING SCOUT PRIDE**



(above) Scouts from Den 6 Pack 135 showing off their scout pride at the spring beltloop bonaza at Winnebago Scout Reserve.

# **COUNTY RESIDENTS CAN HELP "CURB HUNGER"**

You can help "curb hunger" in your community! For the 20th consecutive year, the Somerset County Board of Freeholders, the county Recycling Center, county and municipal public works crews, the Food Bank Network of Somerset County and Curbing Hunger Inc. are conducting the Curbing Hunger food drive throughout Somerset County. Orange plastic bags are distributed to all households in May – look for one tied to the handle of your recycling bucket. Or, you can use any plastic grocery bag – just mark it with the word "Food." Please place canned food donations in the bags and leave them at the curb on your regularly scheduled recycling collection days from June

You can help "curb hunger" in your 2-27. This gives every household two ammunity! For the 20th consecutive year, the opportunities to donate. The food is distributed to the Food Bank Network and to other food punty Recycling Center, county and municipal pantries in the county.

The "most needed" list includes Parmalat milk, canned meat and fish, "meals-in-a-can" such as pasta, stews and meaty soups, canned tomato sauce, canned fruits, and peanut butter and jelly in plastic jars. Perishables and food in glass containers cannot be accepted.

Anyone wishing to make a monetary donation may send a check payable to Curbing Hunger, Inc. at P.O. Box 202, Basking Ridge, NJ 07920. There also is an online donation option at www.CurbingHunger2014.org

# **SENIOR BUS SCHEDULE**

The North Plainfield Senior Citizen
Bus is available to all North Plainfield
Seniors. To arrange to ride the bus and
for more information, please call
908-753-0707.

#### The following is the bus schedule:

**Monday:** Shop Rite

**Tuesday:** North Plainfield Senior Citizens Club

Wednesday: Stop and Shop & Wal Mart

**Friday:** Sears and Somerset Farms

The bus starts picking up passengers

at about 9:00 A.M. Please call at least 24 hours before you need the bus.

If you like this newspaper, thank an advertiser.

# VERMEULE MANSION SPRING YARD SALE

The Friends of Vermeule Mansion (FOVM) announce their annual Spring Yard Sale which will be held on Saturday, April 26, 2014, from 9:30 am to 3:30 pm on the grounds of the Vermeule Mansion, at the corner of 614 Greenbrook Road and Clinton Avenue. A rain date is scheduled for Sunday, April 27th, same time.

Cost for a 10' x 10' space is \$10 if paid by April 16th, \$15 for spaces reserved and paid for after April 16th. No refunds will be given. No tables or chairs will be provided, and no food items may be sold by vendors. Sellers may set up at 8 am, and sign-in at the driveway. All vendors must vacate the property by 4:30 pm, and take remaining unsold items and trash with them.

Food and drink will be offered for sale by the FOVM throughout the day. For more information, an application and reserve a space for the day, call Peggy Glicklich at 732-868-6940 or Mary Forbes at 908-755-8198.



### NORTH PLAINFIELD PUBLIC LIBRARY

6 Rockview Avenue, North Plainfield, NJ 07060 • (908) 755-7909 • www.sclsnj.org Hours: Mon, Tues, Wed and Thurs: 9:30-9, Fri and Sat: 9:30-5

# **CELEBRATE DÍA WITH BILINGUAL AUTHOR**



Library will celebrating El día de los niños/El día de los libros (Children's Day/Book Day), commonly known as Día, on April 30, 2014. Día is a nationally recognized initiative and celebration of children, families, and reading.

Join local children's book author, Alidis Vicente, for some salsa music & dancing as you try to figure out who's the culprit of her latest bilingual chapter book, The Missing Chancleta & Other Top Secret Cases. Learn more about Alidis as you enjoy a Q&A of what it's like to be a bilingual author. The program, for children ages 8-12, will be on

The North Plainfield registration begins April 16.

The North Plainfield Library, a branch of the Somerset County Library System, is open Monday-Saturday. Hours of operation are Monday through Thursday from 9:30am to 9pm and Friday and Saturday from 9:30am to 5pm.

Día was founded in 1996 by children's book author Pat Mora, who proposed conceptually linking the existing Children's Day with literacy. The founding partner of Día is REFORMA, the National Association to Promote Literacy and Information Services to Latinos and the spanishspeaking.

Patrons with further questions can call SCLS at (908) 755-7909 or visit the website at http://www.sclsnj.org. The Somerset County Library System has branches in Bridgewater, Bound Brook, Hillsborough, Manville, at the Mary Jacobs Library in Rocky Hill, North Plainfield, Peapack & Gladstone, Somerville, Warren Township and Watchung.

#### **MOVING KIDDOS (Ages 8 months to 3 years)**

Wednesday, April 30 at 3:30pm in the Library's

Program Room. The program is free and

Mondays at 10:00 - 10:30 a.m. May 5, May 19

Sing a song, jump around and make a small craft with Miss Mona. No Registration.

#### STORY & CRAFT (Ages 3-5)

Tuesdays at 10-10:30 a.m. May 6, 13, and 27. Have fun at Miss Nancy's Storytime! We will read fun stories and compete complete a great craft! No Registration.

#### **TODDLER TIME (Ages 18 months to 3 years)**

Wednesdays at 10:00 - 10:30 a.m. repeated at 11:00 - 11:30 a.m. May 7 through 28.

Sing songs and read a story. We will also do an easy crafts suitable for little hands! No Registration.

#### **SHAKE, RATTLE & ROLL STORYTIME** (Ages 6 months to 4 years)

Friday, June 13 at 11—11:30 a.m.

Get ready to move to the groove and shake to the beat at this storytime with Miss Jessica. No Registration

#### SINGIN' WITH MISS JESSIE (Suggested ages birth to 4)

Saturday, May at 11 - 11:30 a.m. Join Miss Jessie for some toe-tapping fun songs and movement! Registration begins April 19.

#### MISS MONA'S CRAFT CORNER (Grades K-2)

Thursday, May 8 at 3:30—4:30 p.m. Join us afterschool and create your own crazy craft creation! Registration begins April 24.

#### **DIA FAMILY BOOK CLUB (Grades K-2)**

Tuesday, May 13, 27 and Tuesday, June 24 at 6:30 - 7:45 p.m.

Celebrate diversity and join the DIA Family Book Club. During each meeting, participants and their parents/ caregivers will read a story, make a craft, and snack on tasty treats! Registration begins April 29, May 13, and June 10.

#### **SILK SPINNERS (Grades 1-5)**

Thursday, May 15 at 3:30 - 4:30 p.m.

Silk is spun by a surprising diversity of animals, not just spiders! Join a Naturalist and learn which arthropods spin silk and how they use it. Presented by Somerset County Parks Commission. Registration begins May 1.

#### PROGRAMS FOR MAY

**GAME DAY (Grades 6-12)** 

Mondays May 5, 12, and 19 at 3:30-5:00 Join us for a fun afternoon of playing a variety of board, card, and video games. No registration required.

#### **SPRING PARTY (Grades 6-12)**

Thursday, May 1 at 3:30-5:00 pm Come and celebrate the spring with an afternoon of games and snacks. Registration begins April 23.

#### **TEEN CRAFT: DUCT TAPE FLOWER PENS (Grades 6-12)**

Wednesday, May 7 at 3:30-5:00 pm Come and learn how to make your own duct tape flower pens Registration begins April 30.

#### **CARTOONING WORKSHOP (Grades 6-12)**

Wednesday, May 14 at 3:30-5:00 pm Learn how to draw some awesome cartoon characters. No registration required.

#### **RETRO DAY (Grades 6-12)**

Wednesday, May 21 at 3:30-5:00 pm Come and feel like a kid again as well we play with legos, the parachute, and do other kiddie actives. No registration required.

#### **TEEN COOKING- CANDY SUSHI (Grades 6-12)**

Wednesday, May 28 at 3:30-5:00 pm Join us as we make our own candy sushi out of rice krispie treats, fruit roll ups, and Swedish fish. Registration begins May 14.

#### **LEGO CLUB (Grades K-5)**

Thursday, May 29 at 3:30 - 4:30 p.m. Come, have fun, and build your own crazy Lego creation! No Registration.

#### **AFTER SCHOOL MOVIE (Grades K-5)**

Thursday, May 22 at 3:30 - 5:00 p.m. Frozen (rated PG) Join us after school and relax with a movie and some snacks! No Registration

#### ADULT PROGRAMS

Thursday, April 24 @ 6:30 pm

**Volunteer Information Session with the Literacy** 

**Volunteers of Somerset County** 

Saturday, April 26 @ 11:00 am

**Introduction to Yoga** 

Thursday, May 8 @ 1:00 pm

**Book Discussion: Book Discussion:** 

**Conquistadora by Esmeralda Santiago** 

Monday, May 12 @ 7:00 pm **Using Microsoft Word Online** 

# OMMON INTERESTS

With An Eye Toward Our Future



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joerenna@rennamedia.com

Fax: 908-709-9209

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#### Zone 1 = 36,000 Printed / 33,000 Mailed



Qty: 6,000
4,600 mailed to homes
and businesses.
1,400 dropped at
distribution points.



Qty: 5,000
4,000 mailed to homes
and businesses.
1,000 dropped at
distribution points.



Qty: 3,500 Mailed to every household (2,710) and business (720) in Kenilworth.



Qty: 5,500 5,000 mailed to homes & businesses. 500 dropped at distribution points.



Qty: 6,500 Mailed to every home and business in Clark.



Qty: 9,500 Mailed to every home and business in Cranford.

RATE FOR

#### Zone 2 = 25,000 Printed and Mailed



Qty: 6,000 Mailed to every home and business in Warren.



Qty: 3,000 Mailed to every home and business in Watchung.



Qty: 3,500
Mailed to every
home and business
in Gillette, Millington
and Stirling.



Qty: 6,500

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RATE FOR



Qty: 3,000 Mailed to every home and business in Green Brook.

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Qty: 3,000 Mailed to every home and business in Dunellen.

RATE FOR

on first come first served basis.  Current advertiser has right of first refusal.			SINGLE NEWSPAPER		ANY 3	ANY 6	ANY 9	ALL 12
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Units	_	Size	Members*	Members*				
1	BUSINESS CARD	31/4" x 2"	\$60	\$50	\$150	\$300	\$450	\$600
2	Units	3.25" x 4"	\$100	\$90	\$250	\$500	\$750	\$1000
4	Units	6.5" x 4"	\$180	\$160	\$450	\$700	\$950	\$1100
6	Units	10" x 4"	\$240	\$210	\$600	\$900	\$1250	\$1400
9	HALF PAGE	10" x 6"	\$320	\$280	\$750	\$1000	\$1350	\$1500
12	Units	10" x 8"	\$360	\$320	\$900	\$1200	\$1550	\$1800
18	FULL PAGE	10"x13.5"	\$400	\$350	\$1000	\$1400	\$1750	\$2000

FRONT PAGE BANNER 8.25" x 2"

Back Cover

Back cover and front page banner reserved

\$320

\$600

Artwork included in price.

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10"x13.5"

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\$500

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Lowest Prices in town

967 RT 22 West, North Plainfield, NJ 07060 (across from Bob's Furniture)

Hours: Mon-Wed: 10 to 9, Thurs to Sat: 10 to 10, Sun: 12 to 8



# Wine of the Month

Monte Fresco 750m \$8.97

#### **VALUE WINES**

111202 1111120		
Black Box (All types - Box)	1.5L	\$20.99
CK Mondavi (All types)		
Robert Mondavi (All types, not Mascato & White Zin)		·



750 ML WINES				
<b>14 Hands</b> (Cabernet, Merlot, Chardonnay)	750ml	\$10.99		
Altanuta (Pinot Grigio)	750ml	\$12.99		
Oyster Bay (Sauvignon Blanc)	750ml	\$10.99		
Robert Mondavi (Fume Blanc Napa)	750ml	\$10.99		
Robert Mondavi (Merlot Napa)	750ml	\$15.99		
Santa Rita (Reserva - All types)		_		

10 WINES UNDER \$10				
Beringer Founders' Estate (All types)	750ml	\$7.97		
Cupcake (All types)	750ml	\$9.99		
Chateau Ste Michelle (Riesling)				
Grey Stone (Sauvignon Blanc)	750ml	\$7.99		
Mark West (Pinot Noir)	750ml	\$9.99		
Menage a Trois (Red, White, Mascato, Pinot Grigio)				
Nobilo (Sauvignon Blanc)				
Simply Naked (All types)				
Sutter Homes (Bubbly Mascato - Pink & Regular)				
Toasted Head (All types)				

Prices Effective thru May 31, 2014. At some stores prices may vary, quantities may be limited and some products may not be on hand. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. All prices subject to sales tax.

We reserve the right to limit quantities. No further discount on sale items.

8 TAPS

\$1 OFF 32.0z

\$2 OFF 64.0z



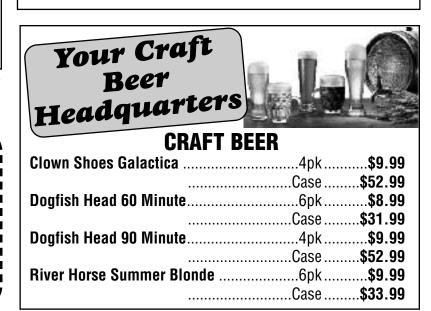
Expiration: 5/31/14

# TAKE A DRIVE COUPON \$5 OFF

With purchase of \$75 or more.
Expiration: 5/31/14

200	LIQUOR SPECIALS			
1	Absolut Vodka	1.75L	\$32.99	
100	Bacardi Gold & Silver	750ml	\$16.99	
VIDEOUS .	Canadian Club	1.75L	\$19.99	
SCHOOL S	Exclusiv (All Flavors)	1.75L	\$19.99	
	Fireball	1.75L	\$19.99	
-	Grey Goose Vodka	1.75L	\$56.99	
48	Hennessy	750ml	\$29.99	
-	Jack Daniels	1.75L	\$42.99	
_	Johnnie Walker Black	1.75L	\$62.09	
	Johnnie Walker Platinum	1.75L	\$74.99	
S-SECON	Johnnie Walker Red	1.75L	\$32.99	
	Jose Cuervo Gold	1.75L	\$34.99	
-	Ketel One	750ml	\$24.99	
	Knob Creek			
	Macallan (12 years)	750ml	\$47.99	
16.30	Pinnacle (All Flavors)	1.75L	\$19.99	
SHEW	Smirnoff Vodka	1.75L	\$19.99	

В	EER	
Busch	30pk Cans	\$17.99
Coors Light	30pk Cans	\$21.99
Corona	24pk Loose Btls	\$26.99
Heineken	24pk Loose Btls	\$26.99
Keystone Light	30pk Cans	\$17.99
Miller Light	24pk Loose Btls	\$18.99
Sam Adams Boston Lager	12pk Loose Btls	\$15.99





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# COUPON

FRESH SHRIMP

By the pound only. Limit 1 lb per customer per coupon per day. Not to be combined with other offer. Offers good thru 5/21/14

FRESH FISH Available Thursday to Sunday

Filleted, Steaked, Cleaned to your liking!

Top or Little **Neck Clams \$799** /dozen



SALMON FILLET **\$**799 NPF

By the pound only. Limit 1 lb per customer per coupon per day. Not to be combined with other offer. Offers good thru 5/21/14

lb

#### FRESH FRUIT OR VEGETABLE PLATTERS

Platters over stuffed with the best the season has to offer. 14 inch 24.99 • 16 inch 29.99 • 18 inch 39.99



Perfect for **Special** Occasions!



#### COUPON

**BOAR'S HEAD** CHICKEN BREAST



Must purchase 1 lb. Limit 1 lb. per coupon. Coupon may not be combined

#### COUPON

**BOAR'S HEAD BABY SWISS** 



Must purchase 1 lb. Limit 1 lb. per coupon. Coupon may not be combined with other offers. Limit 1 offer and coupon per day. Offer expires 5/21/14.

# COUPON

\$2.00 OFF your purchase of **\$20.00 OR MORE** 



per day. Not to be combined with other offer. Offer expires 5/21/14.

COUPON

with other offers. Limit 1 offer and coupon per day. Offer expires 5/21/14.



1/2 GALLON TREE RIPE ORANGE JUICE

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NPF

Coupon may not be combined with other offers Limit 1 offer and coupon per day. Offer expires 5/21/14

Large selection of annuals, perenniels, herb plants, trees, plant, shrubs s much much more.