

CRANFORD MONTHLY_{NJ}

Published by Renna Media

Issue 7 • July 2014

CRANFORD CHAMBER OF COMMERCE NETWORKING LUNCH

JULY 16TH

12 NOON

PAIRINGS

**10 Walnut Avenue
Cranford, NJ**

**Guest speaker will be
Dr Robert Felberg
of Overlook Hospital.**

**Members \$10.00
Guests \$15.00**

**RSVP TO THE CHAMBER
OFFICE BY PHONE:
(908) 272-6114
OR EMAIL:
CRANFORDCHAMBER@**

CRANFORD FAMILY CARE CELEBRATS 78 YEARS OF SERVICE

Following the last Cranford Family Care Board meeting of the season, before taking a break for the summer, board members and invited guests shared in the success of another year helping our community members in need.

With generous support from many, this year Cranford Family Care ensured that 58 families were able to stay in their homes by providing financial assistance for housing and utilities, among other basic survival needs. Through its Food Pantry, an even greater number of families were provided with food from the basics like cereal, condiments, and pasta to fresh meat and special holiday meals.

This was accomplished with major support from Project Home, the Cranford Jaycees, Cranford Rotary Club, and the United Way of Cranford, as well as donations from and volunteering by myriad scouting troops, religious congregations, organizations, schools, and individuals too numerous to name.

A special note of gratitude is extended to the Cerebral Palsy League of Cranford and Jardine Academy for our office and storage space partnership. This, and the help of many volunteers, ensures that the greatest percentage of donations goes directly to those in need. More than 92 cents

of every dollar contributed makes a difference in the lives of those in crisis.

Services for families in need will continue throughout the summer at 61 Myrtle Street in Cranford. Donations of food, particularly non-perishable food like mashed potatoes, rice and ready to serve side dishes, jam or jelly, coffee, mayonnaise, ketchup, pickles, relish, and powdered drink mixes such as iced tea and lemonade, are greatly appreciated during these less traditional months of giving. Please call 908-276-3530 before making a delivery to ensure someone is there to receive it; no items may be left in front of the building. And, of course, financial donations are always welcomed.

Founded in 1936 as a response to the Great Depression, Cranford Family Care's philosophy is one of neighbors helping neighbors. It provides short-term, emergency assistance to families living in Cranford. The most common form of assistance is help with rent, mortgage payments and utilities. Assistance can take the forms of monetary contribution or a donation of food from their pantry. Families seeking assistance from Cranford Family Care must prove residency in Cranford and fill out an application.

PRSR STD-A
US POSTAGE
PAID
Permit #1081
Newark, NJ

ECRWSS

*****ECRWSSDDM*****

**POSTAL PATRON
CRANFORD, NJ 07016**



(above) Cranford Family Care celebrated its 78th year of service at Hanson House on June 16, 2014.



GOT BUGS?

CALL US!

Complete Termite & Pest Control Since 1952

From ants to bed bugs and squirrels to mice-
and everything in between, we can help.

**ARNOLD'S
PEST CONTROL**

Business license #90966A

908-276-8062

ArnoldsPestControl.com

9 Quine Street, Cranford, NJ 07016

Cranford Monthly is published by Renna Media. 9,500 newspapers are printed monthly and mailed to every business and resident in Cranford.

Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

© 2014 Contents of this newspaper cannot be reproduced without written consent from Renna Media LLC.

IMPORTANT PHONE NUMBERS

Non-Emergency Police	908-272-2222
Non-Emergency Fire.....	908-709-7360
Non-Emergency First Aid.....	908-272-2222
Administrator	908-709-7205
Attorney	908-709-7200
Building and Construction.....	908-709-7213
Clerk.....	908-709-7210
Court Administrator	908-709-7242
Downtown Business & Economic Development	908-709-7208
Library	908-709-7272
Engineer	908-709-7218
Health Inspector.....	908-709-7238
Judge	908-709-7242
Prosecutor	908-709-7242
Public Defender	908-709-7242
Public Works	908-709-7217
Recreation & Parks	908-709-7283
Recycling	908-709-7299
Registrar.....	908-709-7238
Swim Pool.....	908-709-7260
Tax Assessor.....	908-709-7211
TV 35	908-709-3995

SEND US YOUR NEWS

Did you or someone you know accomplish something amazing? We are interested in hearing about your latest achievement (accomplishment, honor, award, etc.). Do you have an event that you need help publicizing? Then send Cranford Monthly your news!

Call: 908-418-5586

Fax: 908-709-9209

Email: info@rennamedia.com

CHAMBER CHATTER: 10 YEAR OLD CRANNIE TAKES A BOW

The Zerbini Family Circus sponsored by the Cranford Chamber of Commerce and Eye Level Learning Center of Cranford was in town for three days in June. The circus held a special presentation and introduced Crannie to the crowd. Crannie was born in a tent 10 years ago on the Hillside Avenue School property when the circus was in town.

Cranford police officers responded to reports of strange noises and sounds coming from the circus grounds and discovered one of the circus horses giving birth. The newborn was named Cranford, nickname "Crannie".



(above, l-r) Circus hands from the Cranford Chamber of Commerce standing behind 10-year-old Crannie.

MONTHLY LUNCHEON

The Cranford Chamber of Commerce held their 5th Networking Luncheon for 2014 at Atria Assisted Living, located at 10 Jackson Drive on June 18th. The guest speaker was Dr. Matthew Giangrante of the Vanguard Medical Group in Cranford. He spoke on the subject of shingles.

The next Chamber luncheon will be hosted by Pairings on July 16 at 12 noon. Guest speaker will be Dr. Robert Felberg of Overlook Hospital.

For more information on joining the Cranford Chamber call 908-272-6114.



(above, l-r) Cranford Chamber of Commerce officer James Miller of Garretson Financial with Susan Hickey of Atria Senior Living, host of the Chamber's June meeting, and guest speaker matthew Giangrante, M.D. of Vanguard Medical Group.

**Chamber Golf Outing has been rescheduled
due to weather will now be held
on Thursday August 7 at Suburban Golf Club.**

Advertising in this newspaper

**9,500 papers
are printed
monthly
and mailed
to every
household
and business
in Cranford.**



**Reserve space in the next issue.
Call Tina today at 908-418-5586
or email info@rennamedia.com**

Missing teeth? Make your smile complete!

A missing tooth is no laughing matter. We make getting implants easy and inexpensive. From a single tooth to several teeth, a complete smile is just a phone call away.

We work with all dental insurance plans.

*Se habla
español*

908-276-4116

Arthur F Haliczzer, DDS

108 N. Union Avenue • Cranford, NJ 07016

Member of Cranford Business Alliance.org

www.arthurfhaliczzerdds.com

SPECIAL OFFERS FOR NEW PATIENTS

- **FREE** Implant Consultation
- **Dental Implant: \$1,150** (reg. price \$2,150)
When abutment and crown are done at the same time.
- **Exam & Oral Cancer Screening**
- **Digital X-Ray, Cleaning: \$99***

Mention this ad.

**Unless gum disease is present.*





beyond
DANCE



Where Dance is Fun Again!

Register Now For Fall Classes!

**SUMMER CAMPS &
SUMMER DANCE INTENSIVE
STILL AVAILABLE**

**Ballet * Jazz * Tap * Lyrical * Hip-Hop * Pointe
Musical Theater * Creative Dance * Combo Classes
Competition Team * Yoga**

Register Today ONLINE at BeyondDanceNJ.com



908-272-2522

BeyondDanceNJ.com

Beyond Dance 123 N. Union Ave., Cranford, NJ

BIG FUN UNDER THE BIG TOP

Photos from The Zerbini Family Circus, June 24, 2014



KNEE PAIN RELIEF

If You Suffer From Knee Pain
Surgery Is No Longer Your Only Option!

Call For Your Risk-Free Consultation Today!

- Safe, natural and effective relief from knee osteoarthritis. No drugs, No surgery!
- FDA Approved Non-Surgical Alternative Now Available Locally
- Covered by most insurance including Medicare



Here's what our patients have to say...

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain."
— Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal."
— Perry O.

"After only four visits, I have absolutely no pain! The staff is 'top-notch.'"
— Quenton L.

njpainreliefcenter.com



Dr. Scot Paris, MD

732-827-0800

1043 Raritan Road • Clark, NJ 07066



PREMIER
OSTEOARTHRITIS
CENTERS OF NEW JERSEY

KNIGHTS OF COLUMBUS AWARDS SCHOLARSHIPS

CRANFORD MONTHLY • Page 5 • July 2014

The Cranford Knights of Columbus recently presented scholarships to 11 students at their general meeting. Annie Bryant and Sean Conheeney are co-winners of the Monsignor Louis Fimiani Award and other winners are Joseph Tobin, Carly Maucione, Catherine Miller, Kyle LaFronz, Anna Lee Gallo, Richard Larkin, Kerry Dugandzic, Rachel Zanfardino and Lucy Esposito.

The Council would like to thank the Scholarship Committee chaired by Wally Shackell along with Council Members Joe Stolte, Brian Egerton, Ed Schmidt, Bob Puhak,

Mike Beckley, Ed Bagniewski and John Doolan.

The Cranford Knights of Columbus is a Catholic mens' fraternal organization dedicated to our four core principles: Charity, Unity, Fraternity and Patriotism. The Cranford Council supports many worthy charities and civic causes locally, state-wide and nationally and is committed to being a viable part of our community. For information about joining the Cranford Council, please contact either our Grand Knight Joe Kilroy or our Membership Chair Pete Coates at 908-477-0486 or visit our web site, www.cranfordknights.org.



(above) Cranford Knights of Columbus scholarship winners with Grand Knight Joe Kilroy, Chaplain Monsignor Timothy Shugrue and members of the committee.

SAVE THE DATE



Kenilworth Silver Card Association is pleased to announce that we will hold our Annual Event on October 9, 2014. The event will begin at 6:00pm and once again will be held at the Garlic Rose of Cranford. More information to follow.

STRAIGHT LINE

RESTORATION & CONSTRUCTION

Straightline Restoration & Construction is a residential and small commercial renovation and restoration contractor. We specialize in the renovation and restoration of older homes and buildings.

908 380 2819

straightlinenj@gmail.com

2 North Union Avenue, P.O. Box 1726
Cranford, New Jersey 07016

www.njrenovationcontractor.com

License No. 13VH07905600

CENTRAL & DUCTLESS AC IS COOL... THIS IS NOT!



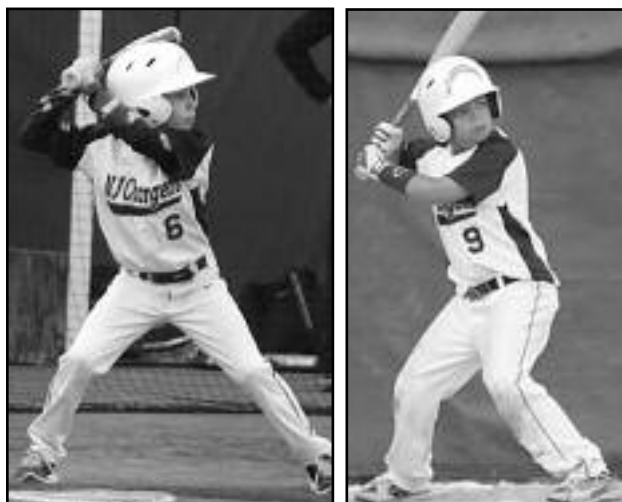
Let **Weltman Home Services** help you beat the heat with big savings on the installation of a Central or Ductless AC System!
CALL NOW FOR A FREE ESTIMATE!
888.450.0319
WeltmanHomeServices.com

CENTRAL OR DUCTLESS AC INSTALLATION
SUMMER SAVINGS
\$500 OFF
ON COMPLETE DUCTED OR DUCTLESS AC SYSTEM, CONDENSER & FAN COIL.
Does not apply to previous installations. Offer cannot be combined. Coupon expires 7/31/14

INSTALL NOW & SAVE BIG!
0% APR FINANCING
60 MONTHS TO PAY
0% SPR Financing with 60 Months to Pay. Financing through 3rd party provider or qualifying systems only.

Weltman
HOME SERVICES
PLUMBING • HEATING • ELECTRIC • AIR
Service You Can Trust Since 1962.

D. Weltman Plumbing Lic. #6440
G. Nowicki Elec. Lic. # 6808
HIC #13VH0498800



(above) Lucca Limeira - Age 9 - Cranford
Joseph DiGrado Jr. - Age 10 - Kenilworth

LOCAL BALLPLAYERS TO JOIN TEAM USA-LABC IN THE DOMINICAN REPUBLIC AT THE 2014 LATIN AMERICAN BASEBALL CLASSIC

This summer Joe DiGrado, Age: 10 (Kenilworth, NJ) and Lucca Limeira, Age: 9 (Cranford, NJ) will head to the Dominican Republic as they have been selected to play for the 2014 9U/10U USA-LABC baseball team. Team USA-LABC is selected through 22 national tryout events held across the country. The team will compete in the Latin American Baseball Classic August 6th -12th in the Dominican Republic and will be coached by former MLB stars, current college coaches, and nationally acclaimed baseball coaches.

Now running over 25 years, the Latin American Baseball Classic is one of Latin America's biggest baseball tournaments which has annually drawn teams from Dominican Republic, Venezuela, Puerto Rico, Aruba, British Virgin Islands, Canada, Mexico, and more. Games are played at various locations in Santo Domingo and Boca Chica, including Baseball City, a complex of MLB academies where more than 1,600 prospects ages 16 to 20 live and train.

Giving is a big part of the humanitarian and cultural aspect of the Latin American Baseball Classic experience. In conjunction with their corporate partners, players will be taking down bats, baseballs, equipment, donated clothing, school supplies and trinkets to give to the Latin players whom desperately need such items.

In Season, both play club baseball for the NJ Chargers 10U Baseball Organization. The NJ Chargers 10U and 11U teams compete both

locally and nationally year round. This season the NJ Chargers schedule includes tournaments at Sports At the Beach in Delaware, Wide World of Sports, Orlando, FL and the Ripken Experience, Aberdeen, MD. Joe DiGrado also plays for his Local Kenilworth Little League while Lucca Limeira plays in the Cranford Youth Baseball Organization.

Joe DiGrado is a pitcher and middle infielder. Lucca is outstanding catcher/outfielder. Both work extremely hard competing year round and train tirelessly during the off season at the DBAT Baseball Training Facility and Game Changer Gym located in Mountainside, NJ. In their spare time Joe D enjoys playing basketball, Wiffle Ball and listening to his favorite band "Journey". Lucca enjoys wrestling, Brazilian jiu jitsu and riding his bike.

Competing in the 2014 Latin Baseball Classic will truly be a "once in a lifetime" experience and opportunity to play for their country and represent their towns and NJ Youth Baseball. We wish them both the best of luck as they try to bring home a title!!! Go USA!!!!

Both players have setup a gift donation page. All gifts will go towards covering the cost of shipped items being donated, airfare, travel fees and lodging.

Joseph DiGrado Jr. -
gofundme.com/JoeDTeamUSALABC#
Lucca Limeira -
gofundme.com/LuccaLTeamUSALABC

HELP WANTED

MARKETING SUPPORT
10-15 hours/week - Flexible schedule
Able to work from home.

Responsibilities: Internet Market Research, Mailings, Data Entry, Emailings

Company provides sales training and consulting to clients.

Background: College Education, Must be Computer and Internet Literate, Marketing Experience a plus

Compensation: \$17.50/hr.
plus Bonuses based on results

Check our website at:
www.urgencybasedselling.net

Please send your resume to:
ANDY@BOMBADILLLC.COM

Meet Meryl Kahan, M.D., F.A.C.O.G.



the newest member of our elite staff at **The Rubino OB/GYN Group**.

Dr. Kahan received her doctorate at State University of New York-Upstate Medical University College of Medicine, her residency at Thomas Jefferson University Hospital and her undergrad at Brandeis University. Dr. Kahan has received multiple distinctions and awards for her approach to medicine. She has authored several presentations on solutions to gynecological conditions.

Dr. Kahan's exceptional training and patient-centered approach is a great asset to our practice. She sees patients in **West Orange, Summit and Clark** offices.

Please join us in welcoming Dr. Kahan to the practice and taking advantage of her extended office hours.

The Rubino OB/GYN Group offers the most advanced, non-invasive solutions to women's health issues.

Offices in West Orange, Summit, Clark and Bayonne, NJ

973-315-1177 / **www.RubinoOBGYN.com**



CRANFORD 12U ADVANCE TO STATE TOURNAMENT

CRANFORD MONTHLY • Page 7 • July 2014

The Cranford 12u baseball team captured their fourth District title on June 26 in Westfield with a 6-5 win in extra innings against Millburn to advance to the State Tournament.



(above, front row, l-r) Nick Black, Will Robinson, Pat Walsh and Max Wischusen.
(middle row, l-r) Coach Rich Wischusen, Chris Guiditta, Jack Jarosz, Evan Kanterman,
Jake DeClerico and Connor Katz, (back row, l-r) Coach Rob Kanterman, Jeremy Ruka,
Michael Murphy, Andrew Toto, Coach Jim Ruka, Coach Mike Katz.

7 THINGS YOU MUST KNOW BEFORE PUTTING YOUR HOME UP FOR SALE

Cranford NJ - A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market.

The fact of the matter is that fully three quarters of homesellers don't get what they want for their homes and become disillusioned and - worse - financially disadvantaged when they put their homes on the market.

As this report uncovers, most homesellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollar".

To order a FREE Special Report, visit www.njhomesellermistakes.com or to hear a brief recorded message about how to order your FREE copy of this report call toll-free 1-888-243-5861 and enter 1000. You can call any time, 24 hours a day, 7 days a week.

Get your free special report NOW to find out how you can get the most money for your home.

*This report is courtesy of All Towne Realty Realtor.
Not intended to solicit buyers or sellers
currently under contract. Copyright © 2014.*

When others couldn't help...

TRINITAS healed my wound!



TRINITAS

Center for Wound Healing & Hyperbaric Medicine

(908) 994-5480 • www.WoundHealingCenter.org

Dittrick's Wine & Liquors
Wine, Spirits & Beer
WE DELIVER



2 North Ave., Garwood, NJ • 908-789-0525

**CRANFORD TAXI
& Limousine Service**

- Corporate Transportation
- Minivans Available
- 24-7 Airport Service

Affordable luxury transportation you can count on!

**908-276-7474
877-580-8294**
cranfordtaxi@yahoo.com

Special Fares to NYC, Cruse Terminals, Metropark & Penn Station

LOWEST PRICES / GREAT SERVICE
CRANFORD: NEWARK: \$35 / LGA/JFK: \$95

We accept all competitor's Coupons

\$4 OFF
Any Trip To
Newark Airport
With coupon. Not valid with other offers. Expires 7-31-14.

\$8 OFF
Any Trip to JFK or LGA.
\$4 off for One Way
With coupon. Not valid with other offers. Expires 7-31-14.

**The Cranford Chamber of Commerce
Proudly Presents The....**

2014

CRANFORD CAR SHOWS

May 8, June 12, July 10, August 14

FREE
~REGISTRATION~
~GIVEAWAYS~

Open to the Public!
Kids Hula Hoop Contest!
People's Choice Trophy!
Many Other Awards!

Location and Times
Car Show Entrance at Alden St. & North Ave.
Car Registration ~ 5:00 pm
Car Show ~ 5:30 pm - 9:00 pm
Awards ~ 8:30 pm

For Information, directions, or weather status please call
Bob Hoeffler ~ (908) 272-6114



**Century 21
SUPREME REALTY**

*The Global Power of Century 21
Combined with the Expertise of
Our Staff of Local Professionals!*

Find Out What Your Property Is Worth
in Today's Real Estate Market.
Call Us Today for a Free Market Evaluation!

908-272-8337

- Aggressive Marketing
- Maximum Exposure
- Local Market Expertise
- Staging Assistance
- Estate Sale Services

~ We Can Handle All the Details! ~

Each Office is Independently Owned and Operated

YOUR FULL SERVICE REAL ESTATE BROKERAGE
Residential & Commercial Sales & Rentals
Single & Multi-Family Homes,
Condos, Townhouses, New Construction Homes

**Call Us Today For Your Free
Market Analysis!**

Do You Own A Home You Need to Sell Fast?
Ask about our Direct Purchase Program



WE BUY HOUSES!!

- Hassle Free Sale
- All Cash Offers
- "As-Is" Condition
- Cash Out Today!

New Listing: 6 Algonquin Dr



- 4 Bedroom • 2.5 Bath

New Construction on existing foundation, has just been finished. Custom kitchen, master suite, finished basement, so many more features. Call us for more info!

Janusz "Tom" Minkina 908.906.2521

www.Century21Supreme.com

107 South Avenue West, Cranford, NJ 07016
908-272-8337

RECREATION AND PARKS DEPARTMENT SUMMER 2014 PROGRAMS

Register at the Cranford Community Center or online at register.communitypass.net/cranford.

For more details on these programs, please go to our website www.cranford.com/rec, or call the Recreation Department at (908) 709-7283.

The Cranford Recreation and Parks Department is pleased to announce there are still openings in our Summer 2014 programs. Registration is for Cranford Residents only and can be done in person and on-line.

PRE SCHOOL AND KINDER PROGRAMS

- Science Matters and Summer Arts and Crafts (ages 5-6 only).

YOUTH PROGRAMS

- Basketball Clinic, Golf for Juniors, Junior Rock – Intro to Rock Instruments, Keyboard 101, Guitar 101, Beginning to Rock – Intro to Rock Camp, Science Matters, Camp of Wizardry, Sky Explorers Summer Camp, Pre-Engineering with LEGO, Engineering FUNDamentals with LEGO, Project Runway Camp, Lights!Camera!Kids!Action!, Junior Scientists, Creative Kids, Groovy Girls, LAX Academy Lacrosse Camp, Field Hockey Camp, Volleyball Camp, Parisi Speed Camp, Tennis Clinic, Tennis Instruction and Town Tennis.

ADULT PROGRAMS

(all programs are for adults age 18+)

- Adult Beginner/Intermediate Tennis, Body Barre – Mondays and Wednesdays, Makeup Education for Real Women (July 23rd), Pilates, Yoga (Mondays and Wednesdays), and Zumba.

THE SENIOR PAINTING CLASS:

Oil, Pastel and Pencil held at the Cranford Community Center, meets on Tuesdays, 9:30am – 11:30am. Beginners as well as experienced artists are welcome.

SENIORS SHOW ART

Members of the Cranford Recreation & Parks Department Senior Art Class were recognized for their artwork at the 2014 Union County Senior Citizens Art Exhibit held on June 11, 2014. Gerald Phillips received 3rd place for his drawing, Duck-Sound Side, and Honorable Mentions were given to Rhea Brown for her pastel, Low Tide, and Mildred Lubas for her pastel, Pretty Puppy.

FARMER'S MARKET OPEN EVERY THURSDAY FROM 2 PM TO 7 PM

A cornucopia of seasonally fresh fruits, vegetables and specialty products will soon be available for local residents to harvest at a weekly Cranford Farm's Market beginning Thursday, July 3, from 2-7 pm.

The inaugural weekly market, taking place every Thursday 2-7 pm from July 3rd through October is located in Municipal Lot 1 at the corner of Springfield and North Union Avenues.

The market is sponsored by the Cranford Community Connection and will feature locally sourced New Jersey farm fresh produce, along with pickles and humus, fresh cheese and a variety of food goods. Participating vendors will include New Jersey farmers and specialty food producers as well as Cranford businesses.

The Cranford Community Connection is a newly formed committee that brings together members from different organizations to promote community spirit and involvement. Among the groups involved are the Chamber of Commerce, Centennial Village Group and Downtown Management Group. Proceeds from the Farmer's Market will be used to help fund a rain garden in Cranford.

ACT NOW!
0 MONEY DOWN,
0% INTEREST, AND
0 PAYMENTS
UNTIL 2015

Since 1953, your friends, families, and neighbors have trusted Joe Percario General Contracting with all of their home remodeling needs.

Call for your
Free Design Consultation
908-245-1071
Visit our website at
www.Doyouknowjoe.com



License number 13VH01740900

Do you know Joe?



We are General Contractors specializing in Total Home Remodeling
Restorations • Renovations • Roofing • Siding • Windows • Kitchens • Decks
• Doors • Basements • Bathrooms • Additions • Porticos and much more!"



BEFORE



AFTER



FULLY INSURED

MICKEY O'BRIEN NEW CRANFORD ROTARY CLUB PRESIDENT



Michael S. ("Mickey") O'Brien was installed as the 92nd President of the Rotary Club of Cranford at a dinner on June 11. His term began on July 1.

Mickey has been a Rotarian since 2012. No stranger to the Rotary motto "Service

Above Self", he has also been with the Knights of Columbus since 1996, where he has served in various capacities, including Grand Knight of Msgr. Watterson Council 1711 in Westfield in 2000-2001. He and his family were twice awarded "Family of the Year".

Mickey has been a Field Agent for the Knights of Columbus since 2010, offering Life Insurance, Retirement Annuities, Disability Income Insurance and Long Term Care protection to its members in Cranford as well as

other K of C councils in the Union and Essex counties. He has been serving as President of the New Jersey chapter of the National Association of Fraternal Insurance Counselors ("NAFIC") since 2013. He was previously in laboratory sciences for the pharmaceutical and health care industries for over 30 years.

Other Rotary officers for 2014-15 are Maureen Strazdon, President-Elect; John Apisa, Secretary; Gene Matics, Treasurer; and Rich Feder, Immediate Past-President.

The Rotary Club of Cranford was established in 1923 and serves the Cranford community

through service projects, sponsorships and scholarships. Past beneficiaries of Rotary support include Cranford Project Home, Cranford Family Care, Cranford Fund for Educational Excellence, Cranford United Way, Cranford Historical Society, Cranford PAL and the Rotary International Foundation. The Cranford Rotary Club meets every Thursday morning at 7:45 am at the Cranford Community Center. Any business or professional, active or retired, is cordially invited to attend meetings. For additional information, please contact Membership Chair Mike Flynn at 908 272-2827.

ROTARY PRESENTS VOCATIONAL AWARDS

On June 19, Cranford Rotary honored two outstanding citizens for their service to the Cranford community. Andrew Stratton was awarded the Edward Coe Vocational Award, and Barbara Murphy was given the Vincent F. Sarnowski Award.

Lt. Stratton, recommended for the Award by Chief Len Dolan, is a 16-year veteran of the Cranford Fire Department. During his tenure, Stratton has committed himself to fire safety education not only in Cranford but throughout New Jersey. Lt. Stratton asked that a donation of \$250 be made on his behalf to the Atlantic Regional Firefighters Burn Foundation. The Edward M. Coe Award is given to a member of the uniformed services on a rotating basis, as suggested by the Cranford Rotary and recommendation of the appropriate Municipal Chief or other Cranford Official. Dr. Coe was a

member of the Cranford Rotary from 1949 until his death in 1997. He was past President of the Rotary and a founding member of the Cranford First Aid Squad.

Ms. Murphy, who grew up in Cranford, was recommended for the Sarnowski Award by Superintendent of Schools Dr. Gayle Carrick. Ms. Murphy has taught 3rd and 4th grades at Livingston and Walnut Avenue Schools for over 40 years.

The Cranford Rotary will make a donation of \$250 on her behalf to the Cranford High School Class of 1967 Scholarship Fund. The Vincent F. Sarnowski award is given to a Cranford "Teacher of the Year" as recommended by the Cranford school system. Mr. Sarnowski was Superintendent of the Cranford Public Schools until 1973 and was a Past President of the Cranford Rotary Club.

KENILWORTH ANIMAL HOSPITAL



Mon - Sat: 9:00am - 8:00pm

908-245-8776

741 Boulevard, Kenilworth, New Jersey
kenilworthanimalhospital.com

IS YOUR LIFE AS YOU WANT IT TO BE?

Associates in Psychotherapy P.A.

Maxine Brooks Lehrer, Ph. D. NJ Lic. #1090

Arnold Curtis Lehrer, Ed. D. NJ Lic. #925

Clinical Psychologists

Hours by appointment

Services: Individual, Group and Couples Therapy

Drs. Arnold and Maxine Lehrer has written many articles about issues that touch upon some real or imagined experience in life. Some of the articles are "Unconscious", "Awareness", "Worthiness", "Finding Goodness", "Respect", "Pleasure", "Fantasy", "Intentions vs. History", "Anger", "Blame", "Depression", "Grief and Mourning", "Anxiety", "Stress", "Marriage", "Living", "Love", "Separation", "Getting Over a Crisis", and "Pedophilia".

Drs. Arnold and Maxine Lehrer encourages you to read their articles listed found on their website. If the articles stimulate you to think or feel about yourself or people that are important to you, please feel free to discuss this with either Dr. Arnold or Dr. Maxine at (908) 654-3677.

UNCONSCIOUS

Although many people realize we unconsciously push thoughts, feelings and actions away from consciousness, for too many people the notion of being able to bring our hidden mental processes to light in a way that adds control to their lives remains a mystery.

When learning an activity we can consciously recall things when they are in the first stage of being learned, but when an activity is really "learned" many aspects of it will go into the unconscious - much as a computer storing information which is not visible on the screen; for example when learning to use a typewriter (or keyboard) we can at first name the keys of one row in sequence; the conscious order of the keys is no longer necessary and we use the keys "automatically" or unconsciously, rather than consciously thinking where to find that key we need. If we kept everything in our conscious mind about even simple things, we would be like a 1,000 legged creature trying to recall and move all legs - the result would certainly be paralysis, and paralysis is what occurs in most of us to one degree or another.

Not only do activities become unconscious, so also do feelings and attitudes. These are learned in our earliest years, even months of life. Whatever events and feelings that were frequently expressed form patterns that surround us and become an emotional climate, or sort of culture that we as young children have to assume is "the world." In order to adjust or cope with our environment we all then form our own patterns of thinking, feeling and behaving as adjustive reactions to the emotional "outside." If our family emotional "climate" is benign, that is, nurturing and supportive of growth, that fortunate individual will be able to grow emotionally. New experiences with the outside world will be used to build knowledge, skills, interest and good emotional attachments to others. If, as is the case with most of us, (our

2129 Meadow View Road

Scotch Plains, NJ 07076

(908) 654-4118 (908) 654-3677

www.IsYourLifeAsYouWantItToBe.com



human history of misfortunes being what it was) relatively few parents can give their offspring this kind of upbringing. When negative, irrational patterns predominate in the family the child develops patterns of defense in order to tolerate those negative influences as best they can. These defenses in response are also negative and are patterns of thinking, feeling and behaving which inhibit growth. In other words, they learn maladaptive behavior.

Some learnings relate directly to ourselves and some to others; and they connect to each other. A bright person who has internalized a notion that he/she is stupid will express this attitude toward self by not trying to learn things which are well within their ability to learn. In relating to people they may hide their brightness from others, thus expressing their need to maintain the unconscious self-perception they grew up with - "I am stupid." This learned perception which is hurtful was in reaction to being treated as though the person was stupid. The trying to hide brightness from others can be learned by early leaning that intelligence is not valued and even may be met with disapproval. Both patterns are certainly inhibiting to growth of that person.

As stated above, we cannot function at all without many things being stored unconsciously but when that reservoir of feelings, ideas and attitudes is benign we can learn from the world and adjust to different objective and emotional environments from those which we knew as children. For such lucky people life may sometimes be objectively difficult, but dealing with it will not be fraught with handicaps from within which do not allow us to think clearly and perceive accurately our objective world-and thus be able to have feelings that are relevant to the situation rather than feeling "the sky is falling" to an ordinary occurrence.

Interpersonal Psychoanalytic Psychotherapy is one of the therapies that work at trying to help you to help yourself gently and kindly into being more positive in the world that you live in.



(above, l-r) Max Glazer, Kelly Schoustra, Rachel Zanfardino, AnnaLee Gallo, Anastasia Caulfield, Thomas Lee Philip, and Elizabeth Hopta. Kerry Dugandzic is not pictured.

“The education and well-being of Cranford’s youth is one of the most important priorities of the Cranford Rotary” Richard Feder, Rotary’s President, told the eight recipients of scholarship grants from the Rotary Club on June 12. In presenting scholarships to graduating Cranford seniors, Steven Lieberman, Chair of the Rotary Scholarship Committee, said “every year I am more and more impressed by the service projects these students accomplished during their high school careers”.

The Cranford High School students selected to receive Rotary Scholarships based on their involvement in their school and in the community are Kerry Dugandzic, AnnaLee Gallo, Max Glazer, Elizabeth Hopta, and Thomas Lee Philip. Anastasia Caulfield received the Rotary Leadership Scholarship. Kelly Schoustra and Rachel Zanfardino received Interact Scholarships.

Kerry will be attending Connecticut College, majoring in international relations and journalism, having raised funds for refugee

students around the world and money in support of the fight against sex-trafficking in other nations. AnnaLee is a member of Cranford Rotary’s Interact Club, has worked in Nicaragua, and hopes to become a neo-natal nurse practitioner after graduating from Fairfield University. Elizabeth, who will be studying Womans Studies and English at Pennsylvania State University, has helped abused women. Thomas is attending The College of William & Mary to concentrate on International Relations and Economics, with the goal to helping people outside the United States. Max has made four trips to help the people of New Orleans recover from Hurricane Katrina and will be studying architecture and chemical engineering at Washington University in Saint Louis.

Anastasia was awarded Rotary’s Leadership Award, and will be attending Ramapo College to major in international studies. Anastasia’s many leadership activities included the steering committee of the Cranford High School Peer Counselor Program, club officer of the Woods

Tech Club, and three years on Student Council.

Two students who were members of Cranford High School’s Interact Club, the high school arm of Rotary, were given scholarships. Kelly will major in business at Clemson University, and Rachel will attend Fairfield University. Among the activities the Club participated in are visits to the Children’s Specialized Hospital in Mountainside, and joining in bake and candy sales, and Relay for Life, for the American Cancer Society.

Scholarship awardees, each of whom will receive \$3,000 towards their college education. The scholarships are underwritten by the Cranford Rotary Scholarship Foundation, with funds collected from the annual Cranford Rotary Golf tournament.

The Rotary Club of Cranford was established in 1923 and serves the Cranford community through service projects, sponsorships and scholarships. Close to \$250,000 in scholarship funds have been awarded over the last twenty years. Past beneficiaries of other Rotary support include Cranford Project Home, Cranford Family Care, Cranford Fund for Educational Excellence, Cranford United Way, Cranford Historical Society, Cranford PAL and the Rotary International Foundation. The Cranford Rotary Club meets every Thursday morning at 7:45 am at the Cranford Community Center. Any business or professional, active or retired, is cordially invited to attend our meeting. For additional information, please contact Membership Chair Mike Flynn at 908 272-2827.

Rotary is a worldwide organization of more than 1.2 million business, professional, and community leaders. Members, known as Rotarians, provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Clubs are nonpolitical, nonreligious, and open to all cultures, races, and creeds. As signified by the motto “Service Above Self”, Rotary’s main objective is service — in the community, in the workplace, and throughout the world.

SCHIELKE INSURANCE AGENCY, INC. home of *njdriver.com*

Serving Cranford residents for over 13 years, we work with only the finest companies in order to be your ONE-STOP SHOP for all your insurance needs: Home, Auto, Renter’s coverage.

Call us or stop in today for a free competitive quote!



SIA

SCHIELKE INSURANCE AGENCY
www.schielkeinsurance.com



MetLife

PROGRESSIVE



108B Walnut Avenue • Cranford, NJ 07016
Phone. 908-931-9030 • Fax. 908-931-9040

njdriver.com
YOUR INSURANCE CONNECTION

CRANE'S FORD DAR INSTALLS OFFICERS



(above, l-r) Crane's Ford chapter of the Daughters of the American Revolution new officers Chapter Regent Mary Leonard and Chapter Vice-Regent Betsy Vary.

At their June meeting held at the Merchants and Drovers Tavern Museum in Rahway the Crane's Ford chapter of the Daughters of the American Revolution held an installation of officers. Installed as Chapter Regent was Mary Leonard of Roselle Park and Chapter Vice-Regent was Betsy Vary of Plainfield.

The Crane's Ford chapter was organized in 1944 in Cranford and is one of 48 DAR chapters in NJ. Their meetings are held monthly from October to June.

The Daughters of the American Revolution is a volunteer service organization dedicated to historic preservation, education and patriotism. For membership in the DAR a woman must prove her lineal descent from a patriot of the American Revolution. DAR volunteers are always willing to provide guidance and assistance with your search for ancestors. The Crane's Ford chapter Registrar, Patty Campanelli, can be reached by e-mail at patushkat@aol.com for more information on membership.

Linden Cultural Committee & Mystic Vision Players
present

ALL SHOOK UP

Music Direction by
David Regner

Choreography by
Melanie Jefferson

Directed by
Howard M. Whitmore

July 18, 19, 24, 25 & 26 at 8:00pm

July 20 at 3:00pm

Linden HS Auditorium

121 W. St Georges Ave

Tickets \$15 Adults

\$12 Students UNDER 18

Call 908-925-7619

to reserve your tickets today!

Authentic Middle Eastern Cuisine

Old City
Cafe & Grill

Dine In
Take-Out
Free Delivery
Within Our Zone

B.Y.O.B.

Catering
Available



OPEN DAILY
Sunday - Thursday
11:30am - 9:00pm
Friday - Saturday
11:30am - 9:30pm



(908) 276-2701

www.OldCityCafeAndGrill.Com

20 North Union Ave., Cranford, NJ

WEI'S



BUFFET

Celebrating our 10 Year Anniversary
Newly renovated featuring International Cuisine:

- Full Bar
- Hibachi Grill
- Sushi
- Raw Bar
- Dessert, Ice Cream, Frozen Yogurt.
- Salad
- Soups
- Meat
- Seafood

Let us Cater you next event!

Accepting reservations for birthdays,
baby showers, holiday parties,
business meetings, and any other occasion.

Private party room seating 90 people

Full service bar • TV • FREE WiFi!

(908) 620-1888

711 East 1st Ave., Roselle, NJ

**ALL YOU
CAN EAT**

**WE OFFER
TAKE OUT
BUFFET**

HOURS

Monday	11:00 - 10:00
Tuesday	11:00 - 10:00
Wednesday	11:00 - 10:00
Thursday	11:00 - 10:00
Friday	11:00 - 10:30
Saturday	11:30 - 10:30
Sunday	12:00 - 9:00

**\$3.00 OFF FOR 2
ADULT LUNCH BUFFET**

With this coupon.
Cannot be combined
with other offers.
Expires July 31, 2014

**\$ 5.00 OFF FOR 2
ADULT DINNER BUFFET**

With this coupon.
Cannot be combined
with other offers.
Expires July 31, 2014

CRANFORD HS 2014 GRADUATION PHOTOS

Submitted by Lori Fleissner Photography, lorifleissner@mac.com • www.getdigitized.net





The Best Chicken in New Jersey

“Don Alex”

Restaurant

“The authentic Peruvian kitchen with original flavor”

Celebrating the
GRAND OPENING
of our
Kenilworth Location!



LIVE MUSIC
Fri & Sat
6 pm - 9 pm
Kenilworth Location

BYOB

We Host Private Parties & Corporate Events!
www.Donalexrestaurant.com
908-349-8060
625 NORTH MICHIGAN AVE. KENILWORTH

Visit our other locations: In UNION at 1988 Morris Ave. • In ELIZABETH at 356 Rahway Ave.

\$2 OFF
ANY PURCHASE
 Of \$20 or more
“Don Alex” Restaurant
Limit 1 per customer. Cannot be combined with other offers or discounts. Exp. 8-10-14

\$5 OFF
ANY PURCHASE
 Of \$50 or more
“Don Alex” Restaurant
Limit 1 per customer. Cannot be combined with other offers or discounts. Exp. 8-10-14



CERVANTES
RESTAURANT & BAR

OUTDOOR
PATIO
NOW OPEN

DINING - TAPAS - FULL BAR
- LIVE ENTERTAINMENT -
(908) 276-3664
 24 NORTH AVENUE EAST • CRANFORD, NJ
[FACEBOOK.COM/CERVANTESOFSPAIN](https://www.facebook.com/cervantesofspain)

Lun Wah

Chinese & Polynesian

Restaurant & Tiki Bar



\$5 OFF
ANY PURCHASE
OF \$25 OR MORE
Can't be combined with any other offer.
Dine in only. Expires 8/15/14.

DINE IN OR TAKE OUT

908-245-0656
 587 Raritan Road • Roselle, NJ 07203
 (Corner of Wood Ave. and Raritan Rd.)

Monday	12 noon – 11 pm
Tuesday & Thursday	11:30 am – 11 pm
Friday & Saturday	11:30 am – 12:30 am
Sunday & Holidays	12:30 pm – 11 pm

We Deliver! (908) 709-9000



28 Eastman St. • Cranford, NJ

OPEN FOR LUNCH & DINNER
 Wraps, Panini's, Subs, Salads,
 Soups & Entrees

View Menu / Order On-Line
VinnysPizzaAndPasta.net

Catering for all occasions.

ATLANTIC BEACH MOVES TO LARGER SPACE



Atlantic Beach Soap Company's new location located at 102 North Union Avenue in downtown Cranford will offer an expanded line of handcrafted soaps, bath & body as well as decorative home furnishings. Besides the expanded lines of current products that Atlantic Beach has traditionally offered, owner Shaun Vancielief will be rolling out a full line of distinctive soy based candles, lotions and body bars. All of the products are formulated using only the finest natural ingredients and are very affordable as attested to by many of Shaun's longtime customers.

While the bath, body and home lines have expanded, Atlantic Beach will host in-store parties and product demonstrations catering to small groups who wish to shop and socialize with friends. The events include "Ladies Night Out" and similar events that can be scheduled in advance. Over the years, Atlantic Beach Soap Company has been an active supporter of local and New Jersey community and civic organizations that in turn helped build the shop's growing customer base, thus necessitating the move to a larger facility.

Shaun and the staff creates beautiful gift baskets for any occasion on very short notice. Many customers also choose to incorporate both the bath & body products in gift packages that include small home accent items, "the gift possibilities are endless" said Shaun.

For more information call Atlantic Beach Soap Company at 908-272-7595.

Atlantic Beach Soap Co

102 B N. Union Ave. • Cranford, NJ
(908) 272-7595

www.atlanticbeachsoapco.com



"Only the finest natural ingredients"
Handcrafted Soap, Bath Salts,
Lotions and Accessories

Tuesday, Wednesday, Friday 11 - 6 • Thursday 11 - 7
Saturday 10 - 5 • Closed Sunday & Monday.

All Major Credit Cards Accepted

Follow us on Facebook

www.facebook.com/AtlanticBeachSoapCo

NEW PARKING PAY STATIONS INSTALLED THROUGHOUT DOWNTOWN

Submitted by: Cranford Police Department

As part of an ongoing effort to make parking in Cranford more convenient for visitors and shoppers, the Cranford Police Department unveiled a new system of pay stations throughout the downtown area on June 30, 2014. The system became operational at 5:30am and it will replace many of the curbside meters, as well as the previous system of payment kiosks.

Forty-six of the new terminals have been installed; more than double the number of stations operated under the previous system. Although the parking stations are designed to be user friendly, members of the Cranford Police Traffic Division will be situated in or near the municipal parking lots to assist with the transition and answer any questions.

According to Cranford Police Lieutenant Edward Davenport, visitors to the downtown area will have multiple options when accessing the pay stations. "Although the machines will

always accept cash and credit cards," he said, "frequent users have the option of using the mPay2Park smartphone app to pay or renew a parking fee without ever touching the terminal." Also, within 4-6 weeks, the Township anticipates selling reloadable smart cards to frequent users who prefer that method.

Cranford Police Chief James Wozniak stressed that although the equipment has changed, the rates have not. "This project will make parking in Cranford a more uniform process," he stated, "but the added convenience does not mean higher fees or changing parking regulations."

The new network of pay stations was developed by Digital Payment Technologies. It was installed and will be maintained by Integrated Technical Systems of Parsippany NJ in cooperation with the Cranford Police Department.

AUXILIARY POLICE OFFICER GRADUATION

The John H. Stamler Police Academy municipalities within Union County. on May 13, 2014 in Scotch Plains.



(above, l-r) Cranford officers Sgt. Russ Albert; Cranford graduates (wearing white gloves) Timothy Lisowski, Anthony DeMeo, Briana Hall; Officer Ken Novak; Lt. Anthony Matusawicz; and Captain Ralph Gregson (center).

MARANO & SONS



AUTO SALES Inc.

Buying & Selling
Used Cars & Trucks Since 1955

Family owned and operated
for over 35 years.

Over 150 pre owned
vehicles in stock!!!

SUV & Trucks

507-13 South Ave., Garwood, NJ 07027
908-789-1551 • Fax 908-789-2744

Cars & Specialty Vehicles

150 South Ave., Garwood, NJ 07027
908-789-0555 • Fax 908-789-1792

VISIT OUR WEBSITE: www.maranosonsauto.com

CRANFORD SENIOR TALENT SHOW WOWS CLARK CROWD

Cranford Senior Housing consists of two adjacent apartment buildings connected by a large social center and is operated by fifteen volunteer members of the Cranford Housing Board. Their mission is to provide quality affordable housing to low and moderate income seniors in a safe and stimulating environment with the support services to enable them to age in place. They offer a full array of activities and services including exercise classes, health and wellness education, musical entertainment,



(above) Mike Agolia brought down the house with his comedic talent. Including the jokes: You know you're getting old "When you go to an antique auction and two people bid on you."... "When you still chase women, but you don't know why."... "When your friends compliment you on your new alligator shoes, and you're barefoot."



(above) Ballerinas Mike Agolia, Joe Yorey and Frank Drahos.

parties, special events and an annual talent show performed by residents.

Under the direction of Activities Director Sharon Malkowski and Cindy Rabinowitz, rehearsals for the show begin in January and continue twice weekly. In the spring the group travels to various Union County venues to perform. In 2014 the group performed eight shows, including one in June for the Clark Recreation Senior Citizens Group.

The Cranford Housing Board has won numerous awards and has been recognized as a "National Community of Quality" by the National Affordable Housing Management Association. For further information please call (908) 272-9180.



(above) Rose sang "Won't you come home Bill Bailey"



(above) Barbara Ragione, Wonda Smith and Ruth Robinson performed a country line dance.



(above) Nick Ruggiano and Nancy DePalma performed a ballroom dance.



ANGELO & ASSOCIATES

CERTIFIED PUBLIC ACCOUNTANTS

Serving the Public since 1984

- Full Service Accounting
- Estate and Inheritance Tax Returns
- Individual and Business Tax Returns
- Financial Planning
- Free Initial Consultation

18 BRANT AVENUE
CLARK, NJ 07066
732-382-2272

445 BRICK BLVD, SUITE 304
BRICK, NJ 08723
732-262-1619

AngeloCPAfirm.com



Broker/Owner:
Michelle David



Associate/Owner:
Paul Campanelli

**CALL FOR A FREE
COMPARABLE MARKET ANALYSIS**

We hold your hand the entire way...

Buying, Selling, Investing & very experienced in Short Sales

908-276-MAXX (6299)
600 Boulevard in Kenilworth, NJ 07033

EYES ON YOU

FAMILY EYECARE AND OPTICAL

1535 Irving Street, Rahway, NJ
732-388-3900
www.primaryecp.com/eyesonyou

- Glaucoma Testing and Cataract Evaluations
- Treatment and Management of Ocular Disease
- Variety of Eyewear including Designer Brands
- Comprehensive Eye Examinations
- Contact Lens Examinations
- Variety of Contact lenses
- Eyeglass Repairs

Dr. M. Williams
Optometric Physician
Lic# 270A00565300/270M00062400

- Our Office Hours:**
Mon: 10am to 6pm
Tues: 10am to 6pm
Wed: Closed
Thur: 10am to 6pm
Fri: 10am to 6pm
Sat: 9am to 2pm
Sun: Closed
Late appointments are available by request.

INSURANCES:

• Oxford	• Medicare	• NVA
• VSP	• Medicaid	• Block Vision
• Aetna	• Qualcare	• Superior Vision
• Avesis	• Davis Vision	• Optum Health Vision
• Blue Cross Blue Shield of NJ	• United Health Care	
• Vision Benefits of America		
• Empire Blue Cross Blue Shield and many more.		

Please call if you do not see your insurance plan listed.

GIRLS CRANFORD LAX VS FAIR LAWN MAY 12, 2014

Feature photos from occhi images, Sports, Events, Families • Find photos of local events and sports by Jim Occi at www.jimocci.com



Offering Residential Garbage Collection
Cranford, NJ

JERZEE CARTING

973.424.9642

Fax: 973.424.9643 Email: jerzeecarting@aol.com

BYOB

Il Gabbiano

An Italian Bistro

CranfordBistro.com

PARTIES & CATERING AVAILABLE

10 SOUTH AVE, CRANFORD, NJ 07016 (908) 497-1990

Call for a FREE Estimate

908-889-6584

CAFFREY

TREE & LANDSCAPE

www.CaffreyTree.com

Quality Service • Family Owned
& Operated for Over 35 years

Established in 1978

- Pruning
- Firewood
- Stump Grinding
- Storm Damage
- Removal
- Topsoil/Seed/Sod
- Organic Lawn Care
- Deer & Tick Control
- Landscaping
- Hardscapes (Patios, Walkways, etc.)
- In House Landscape Designer
- Plant Health Care/Feeding

LAWN-GEVITY LLC

"Keep Your Property Looking Young"

Call Today
908.654.LAWN

LANDSCAPE DESIGN
INSTALLATION • MAINTENANCE • PATIOS • WALKS • DRIVEWAYS • RETAINING WALLS

LAWN MAINTENANCE
FERTILIZATION PROGRAMS • AERATION • OVER SEEDING

IRRIGATION SYSTEMS
DESIGN INSTALLATION • MAINTENANCE • DRAINAGE • GRADING

SPRING AND FALL CLEAN-UPS

Custom & Unique Landscaping
for Your Home

Designing & Building All Year
Walkways & Patio Needs

20 Years
Experience

FULLY LICENSED
& INSURED

FULL SERVICE DIGITAL PRINTING

Budget Print

70 WESTFIELD AVENUE
CLARK, NJ 07066

- Printing
- Copying
- Blue Prints
- Graphic Design
- Giant Posters
- Magnetic Signs
- Vinyl Signs
- Vehicle Graphics
- Logo Design
- T-Shirt Graphics
- Newsletters
- Invitations
- Business Forms
- Business Cards
- Much More!

We offer personalized
service with on-line
convenience.

Email Rob at
info@budgetprintnj.net
or Call
732-574-1330
Fax: 732-574-1330

www.budgetprintnj.net

CORPORATE AND COMMERCIAL

Organic Lawn Care

The Organic material we are applying
is a non-poisonous food grade product
that's safe for everyone, and the environment.
Some of the benefits of this Organic product are:

- Safe for family and pets
- Increases strength of lawn
- Decreases weeds
- Decreases insects and disease
- Increase root development
and drought resistance

Member **FULLY INSURED**
New Jersey Licensed

TCIA ISA AMERICAN EXPRESS DISCOVER VISA MasterCard

Local. Trustworthy. Insurance.

T I C

The Insurance Centers

Donald F. LaPenna Associates, Inc.

• AUTO • HOME • RENTERS • LIFE • HEALTH • TRAVEL • TRUCK • BUSINESS • PROPERTY

(855) 467-2877
INSCTRS.com

100 Walnut Ave, Suite 503
Clark, NJ 07066

MetLife Auto & Home®

Relax. You've got the Combo Policy
Package from MetLife Auto & Home.®

You've got convenience, coverage and money-saving
discounts on your auto and home insurance with
MetLife Auto Home's Combo Policy Package. One
annual package, one bill, one effective date — plus a
multi-policy discount that save you money! Call today
to learn more about our Combo Policy Package.

For more information please contact your
Smart Choice Representative or
visit www.smartchoiceagents.com.

MetLife Auto & Home is a brand of Metropolitan Property and Casualty Insurance Company and its affiliates: Metropolitan Casualty Insurance Company, Metropolitan Direct Property and Casualty Insurance Company, Metropolitan General Insurance Company, Metropolitan Surety Property and Casualty Insurance Company, Metropolitan Life Insurance Company, and Metropolitan Life Insurance Company of New York, all with administrative offices in New York, NY. Coverage, limits and amounts are available in most states to those who qualify. See policy for restrictions. (0012000000) (01/15/04) (01/15/04) (01/15/04)

CENTER FOR DANCE EDUCATION

Dance in an environment known for its artistic vibrancy, professionalism, positive reinforcement & most of all, fun & friendship!



CDE dancers grow & succeed through performing, not competing.

Offering Classical Ballet/Pointe, Modern, Jazz, Lyrical, Tap, Variations, Hip Hop & Yoga



CDE's faculty is comprised of highly educated teachers including BFA/MA degrees in Dance, pro Ballet/Modern dancers, SYTYCD Cast, Rockettes, MTV, NJ Nets/Devils dancers & more!

Photos from Dance Collage 2014

Summer @CDE

Dance Camp:

Ballet, Jazz, Modern, Lyrical, Hip Hop, Stretch, Cheer Funk, Rockettes class, Arts & Crafts and more!

Monday-Friday

9am-1pm

Ages 6-8, 9-11

July 7-11

Kinder Summer Program

Ballet, Jazz, Hip Hop, Lyrical

Ages 4 1/2 - 5 1/2

July 14-18 10am-12pm

Dance Intensive

Evening Classes Monday-Thursday July 7th-24th

Intermediate/Advanced dancers ages 13 & up

5:30-8:30pm

Ballet/Pointe, Modern, Lyrical, Jazz



Fall Registration in July
Fall Classes begin September 8th

...BEYOND EXPECTATIONS

Directors: Evy Zavolas Wallis & Christina Zavolas Manousos

CDE 75 Bartell Place Clark, NJ 732-388-6088

www.centerfordanceeducation.com

CLASSIC COACH LIMOUSINE 908-419-9088
908-276-8722



classiccoachlimo@comcast.net

Providing luxury limousine service within the Union County Community for over 28 years.

SPECIALS FOR JULY & AUGUST:

AIRPORT SERVICE
CRANFORD TO NEWARK A/P
FOR ONLY \$46.00
(One way service. Doesn't include tax, gratuities.)

NIGHT OUT ON THE TOWN
(3) HOUR MINIMUM
FOR ONLY \$159.00
STRETCH LIMOUSINE.
(Doesn't include tax, gratuities.)

BE FIT & HEALTHY TOGETHER

SPIN FAMILY FITNESS CLASSES

Get The Kids Moving Too!!

Mom & Me Fitness Classes: Toning, Cardio, Party Time, Games, Sports & more...

Also, Zumba Fitness & High Intensity Interval Training (HIIT)

Take Action

753 Boulevard Kenilworth, NJ
(908) 262-5596
www.spinonnetwodone.com

Open now
Mon - Fri 6:00am - 11:00pm
Sat & Sun 12:00pm - 11:00pm

Like us on: Facebook, Twitter, Google+, YouTube, LinkedIn

HELP WANTED

PRINTING PRESS OPERATORS
- FULL OR PART TIME -

Heidelberg 25" Offset • Hamada 665 - 2 Color
A.B. Dick 360 or 9850

Current working experience required.

CALL FOR APPOINTMENT.
908-241-3060

B&W PRINTING COMPANY • KENILWORTH, NJ

 **Kathleen Gwaldis**
27 Years of Experience

cell: (908) 400-8409
www.kathleengwaldis.com

Cranford Real Estate Specialist
FREE MARKET ANALYSIS

 Realtor Associate - Weichert President's Club
185 Elm Street, Westfield NJ, 07090
Office: (908) 654-6560, x 162

ALL PIPES
Plumbing
Heating and
Air Conditioning

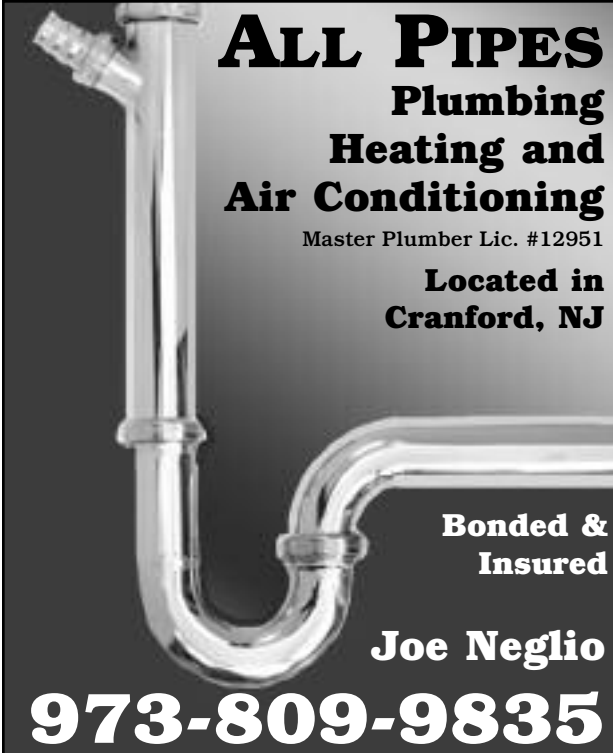
Master Plumber Lic. #12951

Located in
Cranford, NJ

Bonded & Insured

Joe Neglio

973-809-9835



OBLACHINSKI COMMITS TO GEORGETOWN

Johnny Oblachinski heads off to the nation's capital to play football for Georgetown University, taking with him nine varsity letters and a bushel full of memories gained from a career of participating on championship teams.

Oblachinski's varsity career began with helping the Cranford football team win its first state title in 2011 and ended with a third straight section title in baseball in 2014. In between were two state baseball titles including starting for the 2013 Cougars, the state's number 1 team, accounting for a school record seven touchdowns in the opening round of the 2013 football state tournament and helping the

basketball team capture a four overtime thriller en route to winning the Cougar Christmas Tournament.

"It's been a great ride. I consider myself fortunate to have played for such great coaches, been teammates to so many great athletes and been supported by great fans," said Oblachinski, who will be studying Finance and Economics at Georgetown's McDonough School of Business.

While Oblachinski's career was chock full of highlights, his final one was the chance to see his freshman brother Brian make his Cougar debut in baseball after he was moved up to varsity late in the season.



Excerpt from article by David Lazarus, Fanwood, NJ, lazarusd@yahoo.com

Blog: <http://njrunning.blogspot.com>, Twitter: @lazmaniac

Facebook: <https://www.facebook.com/lazarusdand> photo submitted

DUN-RITE
SIDING

ROOFING
ADDITIONS
DOORS/WINDOWS
DECKS/GUTTERS

908-709-0101

L&K Sedan & Taxi Service
ALL METRO AIRPORTS PIERS NYC THEATERS

Kenilworth 908-276-4444
Cranford 908-276-4441
Union/Springfield 908-688-0668
Roselle Park 908-276-6696

Toll Free 877-276-8294 (Taxi)
www.lktaxiservice.com
E-Mail: lk sedan@yahoo.com
Open 24 Hours 7 Days a Week

L&C
RAILINGS

732-572-7871
Acelcrailings.com

Visit Our Showroom • Shop at Home Service
Serving New Jersey & Staten Island Since 1967

Maintenance Free Aluminum Railings




Custom Designs and Colors
915 East Hazelwood Avenue • Rahway, NJ

AAA ALLCAR
AUTO SALVAGE

WANTED:
ALL CARS & TRUCKS: JUNK OR NOT

Late Model Foreign & American New & Used Auto & Truck Parts:

- Motors • Transmission
- Auto Glass • Computers
- Tail Lights • Doors
- Fenders • AC Compressors

Junk Tow Away
Fast Pick Up
24 HR Service

732-381-2646
Night Towing 732-496-1633
1 Dudley Ct. & Rt. 1 South, Avenel, NJ
Across from Sansone Auto Mall.

10% OFF ALL AC COMPRESSORS
With this ad. Expires 8/10/14.

JERSEY LANDSCAPE & GARDEN SUPPLY

Hours:

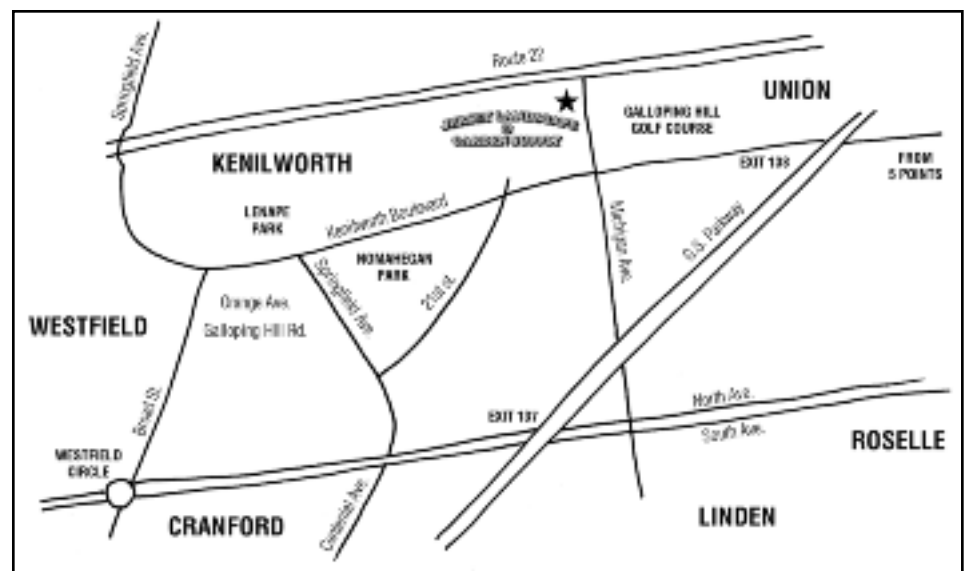
Mon – Sat: 7:30 am – 5 pm
Closed Sunday

908-688-8333

**SERVICING LANDSCAPERS,
MASONS & HOME OWNERS**

528 N. Michigan Ave. Kenilworth, NJ

Largest Display of
Cambridge Pavers
in Union County



See above display and others at www.cambridgepavers.com

SOIL

Prices
per yard

Black Topsoil	\$32
Jersey Brown Soil	\$32

MULCH

Black Dyed	\$30
Brown Dyed	\$30
Red Dyed	\$30
Hardwood	\$20
Play Ground	\$32

QUARRY BASE MATERIALS

Concrete Sand	\$42
¾ Clean Stone	\$38
Stone Dust	\$34
QP	\$34

DECORATIVE STONE

3/8 Red Stone	\$66
¾ Red Stone	\$64
¾ Pearl Pebble	\$80
2-4 Pearl Pebble	\$80
3/4 Arctic White	\$82
¾ Riverbed	\$56
1 ½ Riverbed	\$58
2-4 Riverbed	\$58

**We accommodate
the trade
as well as the
do-it-yourselfers!
We are always
ready to assist.**

HARDSCAPE

Cement



Concrete
Block



Brick



Curbing



Belgium
Block
Diamond
Blades



Limestone
Treads



Polymeric Sand
Paver Sealer
Paver Cleaner

**FREE
Same Day Delivery
5-Yards or more**

DRAINAGE

Pipe • Catch Basins

LAWN & GARDEN



Grass – Seed
Fertilizers
Peat Moss

TOOLS

Mason Tools • Shovels • Rakers



Iron Tool Co.



HIBACHI GRILL

supreme buffet

Serving
LOBSTER or CRAB LEGS
with other Special Items
Every Holiday

For more information, please call

908-490-1600

Fax: 908-490-1601



Large Parking Lot to
Accommodate our Customers

10% DISCOUNT
Seniors 60+, Military,
Police, College Students
Hibachi Grill Supreme Buffet (Show ID)

www.hibachigrillandbuffetnj.com

BLUE STAR SHOPPING CENTER

1701 U.S. Highway 22 West • Watchung



MONDAY - THURSDAY

Lunch 11am - 3:30pm

Adult\$7.39
Kids 7-10.....\$5.39
Kids 3-6.....\$3.39
2 & Under.....FREE!

Dinner 3:30pm - 9:30pm

Adult\$10.99
Kids 7-10.....\$6.99
Kids 3-6.....\$5.99
2 & Under.....FREE!

FRIDAY - SATURDAY

Lunch 11am - 3:30pm

Adult\$7.99
Kids 7-10.....\$5.99
Kids 3-6.....\$3.99
2 & Under.....FREE!

Dinner 3:30pm - 9:30pm

Adult\$10.99
Kids 7-10.....\$6.99
Kids 3-6.....\$5.99
2 & Under.....FREE!

SUNDAY ALL DAY DINNER

11am - 10pm

Adult.....\$10.99
Kids 7-10\$6.99
Kids 3-6\$5.99
2 & UnderFREE!

GIFT CERTIFICATES AVAILABLE

SUSHI

Fantastic range of freshly prepared sushi.
Most selection and top quality among all competitors.
It is far from the typical "buffet quality" sushi.
At HIBACHI, you don't sacrifice taste for price.

BUFFET

Elegant, modern, fresh, executed with care and confidence. HIBACHI Grill Supreme Buffet brings together 250+ of fresh-made Asian dishes in eleven buffet bars.

HIBACHI

Choose your favorite ingredients from dozens of seafood, meats and vegetables. Watch our chef preparing them in our special hibachi sauce to create a full-flavored dish.

ASK US ABOUT CATERING YOUR NEXT EVENT!

We have a large party room available for birthday parties, office meetings & weddings.

\$125 OFF
ADULT BUFFET

With purchase of a beverage per person
Watchung • 908-490-1600
Cash Only. Limit 4. Not valid with any other
offers or discounts. Expires 7/31/14.

\$250 OFF
2 ADULT BUFFETS

With purchase of a beverage per person
Watchung • 908-490-1600
Cash Only. Limit 4. Not valid with any other
offers or discounts. Expires 7/31/14.

\$10 OFF
ANY ONE PARTY

Of \$100 or more. Monday - Thursday Only.
Watchung • 908-490-1600
Cash Only. Limit 4. Not valid with any other
offers or discounts. Expires 7/31/14.

\$500 OFF
4 ADULT BUFFETS

With purchase of a beverage per person
Watchung • 908-490-1600
Cash Only. Limit 4. Not valid with any other
offers or discounts. Expires 7/31/14.