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## TWP OF UNION'S MAN OF STEEL CHALLENGE

On June 27th several members of the Township of Union Police Department participated in the town's first "Man of Steel" challenge. This charity event was organized by members of the Union Police department and it was dedicated in the memory of Union Lt. Detective Robert Perez's son who recently passed away. All the proceeds collected went to the New Jersey Special Olympics.

This year's event was held at the new Club Metro on Morris Ave. in Union. Officers participating in this year's event were able to choose from two different physical challenges: 6 mile run / 20 mile bike (stationary) or 13.1 mile run / 50 mile bike (stationary).

After the officers completed the demanding event, they were invited to the Red Cadillac on Morris Ave. for a charity luncheon. The charity luncheon was a huge success and the restaurant was able to collect well over \$1,000 dollars.

Event organizer, Sgt Michael Boll stated, "I am extremely proud to be able to play a role in such a great charity and it was a great experience to test myself with such a difficult physical challenge!" Boll continued to say, "This year we were able to collect over \$3,000 dollars, and this will assist the New Jersey Special Olympics athletes in their training."

For over 15 years the Union Police Department has been collecting money and having officers volunteer for the New Jersey

Special Olympics. Union Police Director, Dan Zieser, states, "The Union Police Department has always been committed in helping the athletes of the New Jersey Special Olympics and our department will always do whatever it can to make a difference in some many lives."

This year's event was sponsored by the Union VFW, Burnet BBQ, New Product Concepts, PBA local 69, FOP lodge 35, Club Metro Gym, Red Cadillac, and Mountain Valley Sign Works.



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### THE CHILDREN'S DEPARTMENT MAIN LIBRARY

No registration required.

#### The Preschool Storytime and Craft program

Mondays, July 7th, 14th, 21st and 28th at 11:00am.

#### Bedtime Storytime

Mondays, July 7th, 14th, 21st and 28th at 7:00pm.

#### The Union Public Library Lego Club

Thursdays, July 3rd, 10th, 17th, 24th and 31st at 2:30pm.

#### "Guess the Smell" Contest to be held

Tuesday, July 8th at 11:00am

#### Come and make an "Animal Drum"

Wednesday, July 9th at 11:00am

#### Junior Olympics Party and Craft Program

Thursday, July 10th at 11:00am

#### Color and Shape Bingo,

Fridays, July 11th, 18th and 25th at 11:00am.

#### Book Bingo

Fridays, July 11th, 18th and 25th at 2:00pm.

#### "Carnival Day at the Library"

Tuesday, July 15th at 11:00am

#### Come and make a "Rocket Windsock"

Wednesday, July 16th at 11:00am

#### Our T-Shirt Decorating Workshop

Thursday, July 17th at 11:00am

#### Touch Test Contest

Tuesday, July 22nd at 11:00am

#### "Pirate Mobile"

Wednesday, July 23rd at 11:00am.

### "Volcanoes" Storytime Science Experiment Program

Thursday, July 24th at 11:00am

### "Do Some Crazy Dances" program

Tuesday, July 29th at 11:00am

### "Create with Clay" at our School-Age Craft program

Wednesday, July 30th at 11:00am

### THE CHILDREN'S DEPARTMENT VAUXHALL BRANCH

#### Bedtime Storytime

Monday, July 7th at 7:00pm

#### "Make a Thaumatrope" Summer Craft Program

Thursday, July 10th at 2:00pm

#### "Puzzle Me Friday: Fun and Games"

Friday, July 11th at 2:00pm

#### Game Day

Tuesday, July 15th at 11:00am.

#### Summer Afternoon Movie Matinee

Thursday, July 17th at 2:00pm

#### "Build It Up with Jenga Friday"

Friday, July 18th at 2:00pm

#### "Very Hungry Caterpillar" Preschool Program

Tuesday, July 22nd at 11:00am

#### "Checkers or Chess You Choose Friday"

Friday, July 25th at 2:00pm

#### "Curious George the Movie"

Tuesday, July 29th at 10:45am

#### "A Security and Surveillance Demonstration"

Thursday, July 31st at 2:00pm

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(above) Honorable Judge Cassidy and Dean and Samantha

## BURNET MIDDLE SCHOOL CELEBRATES LAW DAY

Eighth grade students from Burnet Middle School in Union, NJ visited the Union County Courthouse in Elizabeth, NJ on Friday, May 2, 2014 to celebrate Law Day. This year's theme for the poster contest was "American Democracy and the Rule of Law: Why every vote matters!"

Students who attended were Dean Burrell, Samantha Teoh, Toni Grant, Jelani Reid, Jordan Rivers, Sophia Ristova, Chris Bires, Ala Dorvil,

Lizzy Espinoza, Maria Fonseca, Adryana Jean Baptiste, Jonathan Mobisa, Sabrina Prevost, Dillon St. Bernard, Anaiya Wright, Markela Quin, Tiffany Ohena-Appiah, Spencer Nuzman, and Stacey Baffour-Danso. Advisors to the Contest Participants were Miss Joan Estis and Ms. Allison O'Neill.

In this year's Poster Contest, Dean Burrell and Samantha Teoh took First Place in the county. They each received \$50 as a prize.



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## DRIVERS, STUDENTS FOCUS ON SAFETY AT KEAN

CarFit is developed by AAA, AARP and the American Occupational Therapy Association and is designed to give a quick, yet comprehensive check on how well an older driver and their vehicle work together.

Kean occupational therapy faculty and 24 graduate occupational therapy students were on hand to complete the CarFit “check up.” The students were becoming registered as CarFit Technicians.

(left, l-r) Paula Brilliant of Springfield visits the Kean University CarFit program with Kean Assistant OT Professor Dr. Jennifer Gardner and students Michele Cordaro, Mackenzie Kruger, and Marissa Lorenzo.

Kean faculty and students went through a 12-point “check up” with each driver, including, but not limited to, the correct positioning of steering wheel and driver’s seat to prevent injury in case of airbag deployment; driver’s ability to easily reach and maneuver between pedals; and proper adjustment of mirrors to assist with lane changes and merging.

Kean University offers a Master of Science program in Occupational Therapy accredited by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA).

For more information on the two and a half year program, please visit [grad.kean.edu/ot](http://grad.kean.edu/ot).

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*Spirit of UNION* • Page 7 • July 2014

Do you want to know a secret? It won't be long 'til 50 years of Beatlemania are celebrated with a little help from your friends at the Union Elks!

A splendid time is guaranteed for all on Friday, July 18th, when the Elks hosts the ultimate party to commemorate when the Beatles first arrived on our shores (and changed our musical landscape forever) back in 1964.

They'll be hot dogs and fixins, homemade salads, prizes, games, some special surprises, and DJ Charlie "O" playing your favorites from the Fab Four as well as other British Invasion

bands and artists (the Who, Rolling Stones, Kinks, Dave Clark Five, Hollies, Herman's Hermits, Petula Clark, etc.).

Your ticket to ride for this once-in-a-lifetime event will be at 1964 prices: \$10.00 for 21 and over, and \$5.00 for those under 21, and are available at the Lodge on 281 Chestnut Street or by calling (908) 688-1583. All proceeds will be for the benefit of Mr. Kite as well as the various Elks charities.

So don't be a fool on the hill, get your tickets now before they're all gone, and you'll be feeling fine on July 18th!

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## 11 CRITICAL HOME INSPECTION TRAPS TO BE AWARE OF WEEKS BEFORE LISTING YOUR HOME FOR SALE

Union NJ - According to industry experts, there are over 33 physical problems that will come under scrutiny during a home inspection when your home is for sale. A new report has been prepared which identifies the eleven most common of these problems, and what you should know about them before you list your home for sale.

Whether you own an old home or a brand new one, there are a number of things that can fall short of requirements during a home inspection. If not identified and dealt with, any of these 11 items could cost you dearly in terms of repair. That's why it's critical that you read this report before you list your home. If you wait until the building inspector flags these issues for you, you will almost certainly experience costly delays in the close of your home sale or, worse, turn prospective buyers away altogether. In most cases, you can make a reasonable pre-inspection yourself if you know what you're looking for, and knowing what you're looking for can help you prevent little problems from growing into costly and unmanageable ones.

To help homesellers deal with this issue before their homes are listed, a free report entitled "11 Things You Need to Know to Pass Your Home Inspection" has been compiled which explains the issues involved.

To order a **FREE** Special Report, visit [www.njhomeinspectiontraps.com](http://www.njhomeinspectiontraps.com) or to hear a brief recorded message about how to order your **FREE** copy of this report call toll-free 1-888-243-5861 and enter 1003. You can call any time, 24 hours a day, 7 days a week.

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*This report is courtesy of All Towne Realty Realtor.*

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## Meet Meryl Kahan, M.D., F.A.C.O.G.



the newest member of our elite staff at **The Rubino OB/GYN Group**.

Dr. Kahan received her doctorate at State University of New York-Upstate Medical University College of Medicine, her residency at Thomas Jefferson University Hospital and her undergrad at Brandeis University. Dr. Kahan has received multiple distinctions and awards for her approach to medicine. She has authored several presentations on solutions to gynecological conditions.

Dr. Kahan's exceptional training and patient-centered approach is a great asset to our practice. She sees patients in **West Orange, Summit and Clark** offices.

Please join us in welcoming Dr. Kahan to the practice and taking advantage of her extended office hours.

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# THE GATEWAY FAMILY YMCA PRESENTS FREE FAMILY YOGA IN THE PARK

The Gateway Family YMCA will provide a free Family Yoga in the Park class every Friday evening at 6:00pm this summer in Bicentennial Park, located on Tucker Avenue in Union, NJ. Family Yoga is offered to the public for children ages 8 and above, every Friday beginning in June and continuing through the end of August.

“The Gateway Family YMCA strives to provide programs that bring families together in healthy activities,” stated Thomas Galuppo, Director of Healthy Living at The Gateway Family YMCA – Five Points Branch, “Family

Yoga in the Park combines a fun activity in a beautiful setting with lasting memories of family time.” The Y creates a positive environment for youth development, and family time is an important tool in this process. The decision to offer this program to the public speaks to the dedication and commitment that The Gateway Family YMCA feels for the greater Union community. “We are here to provide the community with the resources needed to address the most pressing social issues,” added Jessica Samolewicz, Associate Branch Executive Director, “By bringing people of all ages and backgrounds together we can provide support and promote positive change to the health of each individual family and collectively, the greater community.”

Quality family programs are at the heart of Y programs and services. The Five Points Branch, located at 201 Tucker Avenue in Union, specializes in programs and services that are dedicated to improve the lives of youth, teens, families and older adults. “The Five Points

Branch is here for the community, making sure everyone has the opportunity to learn, grow and thrive. We are joined together by a shared commitment to nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility,” added Danielle Cioffi, District Executive Director at The Gateway Family YMCA.

The Gateway Family YMCA, formerly The YMCA of Eastern Union County, is a 501(c)(3) non-profit, health and community service organization of caring staff and volunteers dedicated to strengthening the foundations of community. The Gateway Family YMCA impacts the community by providing quality services to people of all ages, races, faith or incomes. The Y doesn’t just strengthen bodies – it strengthens people, families and communities.

For more information on The Gateway Family YMCA or Family Yoga in the Park, please visit [www.tgfyymca.org](http://www.tgfyymca.org) or contact The Gateway Family YMCA - Five Points Branch at [fivepointsinfo@tgfyymca.org](mailto:fivepointsinfo@tgfyymca.org) 908-688-9622.

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## UNION UNITED SOCCER TEAM WINS MANALAPAN TOURNAMENT

The Union Soccer League "United" travel team had a very successful Memorial Day weekend as they captured the title at the

Manalapan Tournament. The team won all four of their matches, shutting out each of their opponents and scoring a total of 12 goals across

the matches. Victories were posted against clubs from Arsenal, Bayonne, Aberdeen and Manalapan.



(above, back row, l-r) Christopher Bernal, Stephen Filimonczuk, Cristian Avila, Nick Fernandes, Alex Brito, Joey Novoa, Gabriel Silveira, David Sobrosa, Coach Ramin (front row, l-r) David Hernandez, Cesar Mejia, Jason Sobrosa, John Rodrigues, Mateo Ginocchi, Michael Reyes, Freddy Velez, Missing from the photo are Gabriel Ferreira, Hugo Alvarez and Coach Bruce.

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## BROADWAY TRIBUTE

*Proceeds Help to Benefit the United Way of Greater Union County*

The name Arthur Murray is internationally known and world class when it comes to dance. "A Theatre Night, Broadway Tribute," a collaborative fundraising event by the Arthur Murray Dance Centers of New Jersey, will converge onto the stage of Wilkins Theatre at Kean University, Union, New Jersey, on August 9, 2014, at 7 pm.

Expect nothing less than show-stopping performances while supporting a local charity working to improve the lives of families in need. A portion of the proceeds from the event will benefit United Way of Greater Union County, an organization that has deep roots in supporting and servicing communities and, in particular, strengthening families.

The audience will see dance performances choreographed to music from popular Broadway shows. The dazzling singular sensational and adult-student formation dance routines, in full costume regalia that audiences have come to enjoy, will highlight countless hours of skills, technique and practice completed by the Arthur Murray students. This event has been a long-time in the making and the students, along with staff, are excited to pay tribute to the best of the "The Great White Way."

"We have always dreamt of showing off our skills in a larger venue. All our students are so excited to see their dreams come to life, and after working so hard, they are really good, I'm proud to say," said Jessica Robinson, Program Director of the Arthur Murray Dance Studio in Kenilworth, NJ. Robinson continued, "this is a once-in-a-lifetime opportunity for many of our students who will dance in front of a general audience as well as their family and friends."

"Tickets for the event are \$25 and can be purchased by contacting (908) 272-7955 or visiting [www.ArthurMurrayNewJersey.com](http://www.ArthurMurrayNewJersey.com)

For more information on United Way of Greater Union County visit [www.uwguc.org](http://www.uwguc.org)

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# KINDERGARTEN CLASSES VISIT THE TOWNSHIP OF UNION COMMUNITY GARDEN

Mrs. Marcy Musarra and Mrs. Debbie Moyer's kindergarten classes from Battle Hill Elementary School recently visited the Township of Union Community Garden located near their school at the Eleanor R. Erickson Park on Liberty Avenue in Union.

The children learned about growing vegetables and sharing the experience of a community garden. They learned about the healthy benefits of eating vegetables. They were delighted in touching and identifying various vegetables. They learned to identify various

vegetable seeds, how to compost, and how to care for plants.

The Township of Union Community Garden is a nonprofit membership organization of professionals, volunteers and supporters of community greening in our urban community. The annual fee is \$25.00 for a single 4" x 8" raised bed.

For more information or to register for a bed, visit us at [www.unioncommunitygarden.org](http://www.unioncommunitygarden.org), email us at [info@unioncommunitygarden.org](mailto:info@unioncommunitygarden.org) or call us at 908-347-7736.

*Spirit of UNION* • Page 11 • July 2014



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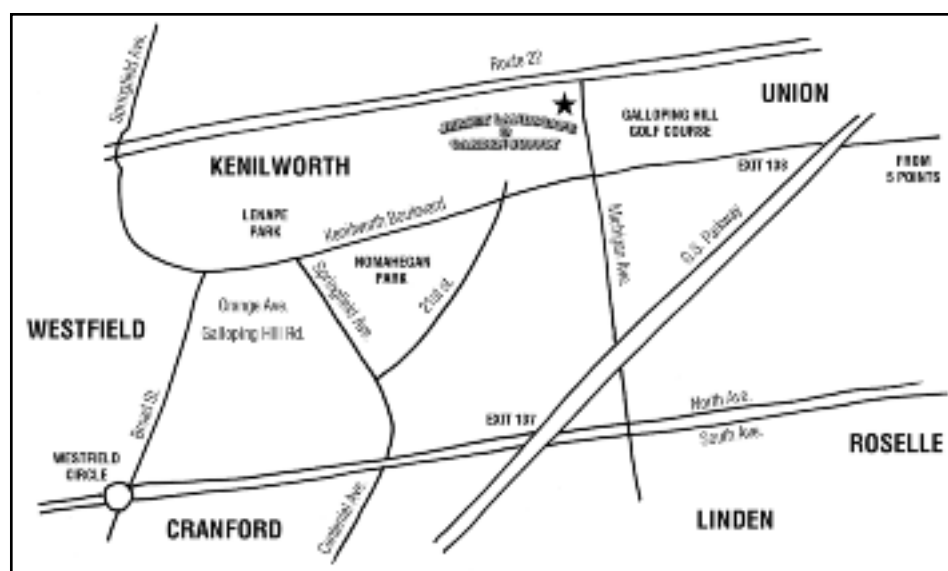
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