

**THE UNION TOWNSHIP CHAMBER OF COMMERCE**  
*proudly presents*  
**MAYOR'S DAY 5K RUN/WALK**  
**SATURDAY SEPT 20**  
 Check-in 8:30 am  
 Race Start 10:00 am  
**UNION HIGH SCHOOL**  
  
 Register at  
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## UNION HIGH SCHOOL JUNIOR ROTC WINS NATIONAL TITLE

Union High School Junior ROTC "Maroon Guard" won its first Army Nationals title in the Armed category at Louisville, KY this spring. After two years of finishing in second place Union achieved its goal of placing first in the country. Maroon Guard Commanders C/Maj. Daryll Henson, C/CSM Tiago Teixeira, C/SGM Aaron Magras and C/ISG Vincent Francis trained the team to be razor sharp in four events: Inspection, Regulation, Color Guard and Exhibition (fancy) drill. Months of practice and drill paid off when Union placed 2nd in Inspection, 4th in Regulation, 2nd in Color Guard, and had a very strong finish in exhibition. Union's total score secured a 1st Place overall in the Armed category and earned Union Junior ROTC top honors over forty other competing schools.

The Army Nationals is the largest and finest Army-only competition held anywhere. Only the best JROTC programs are selected to attend the competition. The event is designed to host roughly 1,000 cadets and instructors and showcases many of the finest drill programs in the world of Army JROTC drill. There are four team events and the scores for each are combined for an overall winner.

The Unit Inspection event involves cadets and a Cadet Commander standing inspection in front of four event judges who will look for any and every



Photo by Union Township Public Schools

imperfection. Both Regulation and Color Guard drills are comprised of graded, memorized movements performed in sequence for judge evaluation. The Exhibition Drill allows units to perform both unarmed and armed movements left to the imagination of the drill team. This is a military competition with military judges therefore the displays require precision military movements and formations in this championship event.

Junior ROTC is designed to teach high school students the value of citizenship, leadership, service to the community, and personal responsibility, while instilling in them self-esteem, teamwork and self-discipline.

## 5K RUN/WALK KICKS OFF FESTIVAL ON THE GREEN, SEPT. 20TH

Kicking off the Mayor's Day events will be the Union Chamber of Commerce's 5K Run/Walk with race registration at 8:30 a.m. and a race time of 10 a.m. The 5K Run/Walk will start and finish on Cooke Drive (senior parking lot) at Union High School along a USATF certified course. Participants will receive an event T-shirt and gift bag. Prizes will be awarded for various categories.

A Kid's Run for grades K through five will begin at 9 a.m., with registration from 8-8:45 a.m.; no pre-registration.

The cost is \$5. To register for the Run/Walk, log onto [register.compuscore.com/mayorday5k](http://register.compuscore.com/mayorday5k). For more information, contact James Masterson at the Union Chamber of Commerce, 908-688-2777

A portion of the proceeds will benefit Aiden Khi Shanklin born with Global Development Delay, a delay in development in more than two areas in children from birth to age 18. Aiden has also been diagnosed with several other conditions such as moderate Spastic Cerebral Palsy, a condition in which the muscles continually contract making his limbs stiff, tight and rigid. Another condition is Sensory processing Disorder which causes certain sounds, textures, and even sunlight to be unbearable at times.



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## SATURDAY, SEPTEMBER 20<sup>th</sup>

12-5:30PM

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# EVENTS CELEBRATE NJ'S 350TH ANNIVERSARY

*Spirit of UNION* • Page 3 • September 2014

The Union Township Historical Society will host Richard King, a railroad historian with particular expertise in short and obscure rail lines, on Sunday, September 21, at 2:30 pm, at the Caldwell Parsonage, 909 Caldwell Avenue, Union. King will give a presentation on the Rahway Valley Railroad—only 11.8 miles long—which operated in Union from 1904 until its abandonment in 1992. His book, *Just a Short Line: The Story of the Rahway Valley Railroad (Volume 1: History of the Line, 1897-1950)*, will be released in August. For more info about the Rahway Valley Railroad, log onto [www.trainweb.org/rahwavvalley](http://www.trainweb.org/rahwavvalley), and for details of King's upcoming publication please visit [www.garbelypublishing.com](http://www.garbelypublishing.com).

On Sunday, September 28, members of the UTHS and guests will hike the third and final leg of the Victory Trail (from Connecticut Farms Presbyterian Church to Springfield Presbyterian Church), which traces the route followed by British and Hessian forces in their failed attempt to capture George Washington and his men in Morristown in June 1780.

Two hundred members of the Brigade of the American Revolution will reenact the Battle of Connecticut Farms on Saturday, October 18. Sponsored by the Historical Society, the "fighting" will take place where it actually occurred historically (on June 7, 1780)—in front of Connecticut Farms Presbyterian Church, 888 Stuyvesant Avenue, Union. (That encounter, coupled with the Battle of Springfield, 16 days later, prevented British and Hessian forces from capturing George Washington and his troops in Morristown.)

On Sunday, November 16, at 2:30 pm, the UTHS will welcome Maureen Wlodarczyk—author, columnist, genealogist, speaker, and blogger (whose website is [www.past-forward.com](http://www.past-forward.com)). Maureen's latest book, *Jersey! Then . . . Again*, is a collection of 36 episodes of New Jersey historic people and events—suffragettes, boxers, hurricanes, gangs, hot air balloonists, con artists, politicians, inventors, women in the war effort, military heroes, and more. Her program will relate how it all happened in New Jersey.

For more information please visit either of the UTHS' two websites: [www.unionhistory.org](http://www.unionhistory.org) or [www.uniontwphistoricalsociety.webs.com](http://www.uniontwphistoricalsociety.webs.com) or call Barbara La Mort at 908-687-0048.



## Come Join The Excitement!

**Four Battles – Plenty of action both days**

**Saturday, Oct 18<sup>th</sup>:**  
 10:30: Battle of Springfield | Meisel Ave Park, Springfield  
 2:30: Battle of Connecticut Farms | Connecticut Farms Presbyterian Church, Union.

**Sunday, Oct 19<sup>th</sup>:**  
 11:00: Attack on Elizabethtown | Union Square on Elizabeth Ave, Elizabeth  
 2:00: Liberty Hall Museum | Kean University, Union

The Final Invasion of New Jersey - 1780, with its four epic battles were true turning points of the Revolutionary War.

Come relive the history of Union County!

**October 18<sup>th</sup> & 19<sup>th</sup>**  
 Visit [GoElizabethtownNJ.com/350](http://GoElizabethtownNJ.com/350) for more information.

Presented by:

Proud Elizabethtown 350 sponsors:

(left) Richard King with locomotive No. 16 of the Rahway Valley Railroad. Built in 1951, it was the first diesel locomotive owned by the railroad, the first step in replacing steam locomotives on the line.

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## 11 CRITICAL HOME INSPECTION TRAPS TO BE AWARE OF WEEKS BEFORE LISTING YOUR HOME FOR SALE

Union NJ - According to industry experts, there are over 33 physical problems that will come under scrutiny during a home inspection when your home is for sale. A new report has been prepared which identifies the eleven most common of these problems, and what you should know about them before you list your home for sale.

Whether you own an old home or a brand new one, there are a number of things that can fall short of requirements during a home inspection. If not identified and dealt with, any of these 11 items could cost you dearly in terms of repair. That's why it's critical that you read this report before you list your home. If you wait until the building inspector flags these issues for you, you will almost certainly experience costly delays in the close of your home sale or, worse, turn prospective buyers away altogether. In most cases, you can make a reasonable pre-inspection yourself if you know what you're looking for, and knowing what you're looking for can help you prevent little problems from growing into costly and unmanageable ones.

To help homesellers deal with this issue before their homes are listed, a free report entitled "11 Things You Need to Know to Pass Your Home Inspection" has been compiled which explains the issues involved.

To order a FREE Special Report, visit [www.njhomeinspectiontraps.com](http://www.njhomeinspectiontraps.com) or to hear a brief recorded message about how to order your FREE copy of this report call toll-free 1-888-243-5861 and enter 1003. You can call any time, 24 hours a day, 7 days a week.

Get your free special report NOW to learn how to ensure a home inspection doesn't cost you the sale of your home.


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# BREAST CANCER AWARENESS & MARCH

**10:45AM** – March from First Baptist Church lot on Hilton Av  
down Springfield Av to Stiles St ending at the  
**VAUXHALL BRANCH LIBRARY**

**12:00PM – 2:00PM** – Planned Program to follow

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## SATURDAY, OCTOBER 11, 2014

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**AT THE**  
**VAUXHALL BRANCH LIBRARY**  
123 Hilton Avenue, Vauxhall, NJ

*Information ~ Discussion ~ Light Refreshments*

**For More Information: (908) 578-5920**

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Deborah Cross-Walker, President – [njdiva1@gmail.com](mailto:njdiva1@gmail.com)



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The Union Recreation Department  
will once again be sponsoring the annual  
**HALLOWEEN WINDOW PAINTING  
AND COSTUME CONTEST**

These events are open to  
Union residents only.

The registration deadline for the  
Window Painting Contest is Oct. 8, 2014.  
Window assignments and paint will be given  
out to participants at the Recreation  
Department on  
Thurs., October 9th from 4:30 to 8:00 PM.  
The contest is open to grades 5 thru 12.

**THE HALLOWEEN PARADE  
& COSTUME CONTEST**

will take place on

Sunday, October 26, 2014.

Registration in person is required.

There are 4 divisions; Toddler to 3 yrs,  
Pre K&K, Grades 1&2 and Grades 3&4.

The Parade starts at Stuyvesant  
& Axton Avenues at 1:30 PM sharp.

In the event of rain the parade will be  
cancelled and the Costume Contest  
will take place at Connecticut Farms School  
at 2:00 PM.

Please visit our new and improved website  
at [www.uniontownship.com/147/recreation](http://www.uniontownship.com/147/recreation)  
for more information and to obtain  
registration forms.

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make an appointment! You don't have to do it all  
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**TOWNSHIP OF UNION  
GARDEN CLUB MEETING**

The Township of Union Garden Club  
meets Wednesday, October 1, 7:00 pm  
in the Bonnel Room of Town Hall,  
Morris Avenue.

Our guest speaker will do a presentation  
on aeroponic gardening and nutrition.  
Visitors are welcome to come to the meeting  
to enjoy the speaker and refreshments.  
Learn about the newly formed Community  
Gardens and our cookbooks for sale.

**FLEA MARKET  
SEPTEMBER 20TH**

Grace Lutheran Church  
2222 Vauxhall Road, Union  
will hold a flea market on

Saturday, September 20, 8 a.m. to 3 p.m.,  
outside on the church grounds.

The rain date is Saturday, September 27.  
Vendor spaces are \$25.

Reservation forms for spaces may be picked  
up at the church, downloaded at  
[www.gracelutherannj.org](http://www.gracelutherannj.org).

or one will be mailed or e-mailed to you.  
Call the church office at (908) 686-3965  
or e-mail the church office at  
[gracelu4u@yahoo.com](mailto:gracelu4u@yahoo.com).

The congregation will have a rummage sale  
inside its fellowship hall, as well as various  
sale tables, along with a bake sale.  
Refreshments will also be available.

**EAR INFECTIONS?**

- Does your child suffer with ear infections?
- Does giving him or her antibiotic after antibiotic  
only to have their ear infections return concern you?
- Would you be interested in learning a way to optimize your  
child's immune system without drugs?
- Are you tired of your child waking up at night with pain?

**GET YOUR ANSWERS AT THE UPCOMING  
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Clark Public Library, Thursday September 18 at 6:30 PM.  
Call 908-497-9440 for details.

Ear Infections and Antibiotics - The Truth Every Parent Should Know  
Special Guest Speaker: Dr. Jim Garabo, DC



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## TRINITAS ANNOUNCES FREE HEALTH EDUCATION SEMINARS

As Fall Gears Up, Trinitas Announces a Variety of Free Health Education Seminars for the Public

With tie-ins to annual health care observances and men's health concerns, Trinitas Regional Medical Center has planned free seminar programs to inform and educate the community.

The public is invited to attend the first of these seminars on Wed. Sept. 10, 5:30 pm – 7:00 pm. Podiatrists Ayesha Mohiuddin, DPM, and Aqsa Siddiqui, DPM will present "Treat Your Feet Well: The ABC's of Better Foot Health." The program will take place at the Trinitas Center of Regional Education (CORE) located at 1164 Elizabeth Ave., in Elizabeth. Free of charge, the program includes a light dinner. To register for this seminar, call 908 994 – 8939.

Later in the month, in observance of Prostate Cancer Awareness Month, Trinitas will host a program of interest to both men and women. On Mon. Sept. 22, 5:30 – 7:00 pm, urologist Dr. Brett Opell will present "What Every Man Should Know about Prostate Health." This program, again free of charge, will also take place at the Trinitas Center of Regional Education (CORE) located at 1164 Elizabeth Ave., in Elizabeth. A light dinner is also included. Those interested are urged to call 908 994 – 4MEN (4636) to register.

In October, a second seminar relating to men's health concerns will take place on Tues., Oct. 7, 5:30 pm to 7:30 pm. Urologist and surgeon Dr. Alan Krieger will encourage the audience to take "A Closer Look at Men's Health." This event will take place at The Gateway Family YMCA, 1000 Galloping Hill Road, in Union. To register for this free event that will include a light dinner, call 908 994 – 4636 (4MEN).

## LINDEN'S SEPTEMBER TO REMEMBER

### Street Festival Classic Car & Motorcycle Show



## Saturday, September 27

(rain date, Sunday 9/28)

### 11 am to 10 pm — Wood Ave. at City Hall

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- **EATING CONTESTS!**
- **BEER TENT!**
- **CLASSIC + CUSTOM CARS!**
- **FOOD!**

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For more information on Linden events, visit  
[www.linden-nj.org](http://www.linden-nj.org)



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## AT THE SALEM ROADHOUSE CAFÉ

SATURDAY, SEPTEMBER 13 7:30 P.M. Doors open at 7:00



### BELL BOTTOM BLUES

Show opener  
featuring

**RICH KUBICZ**



The Bell Bottom Blues is a dynamic musical act paying tribute to the music of the legendary Eric Clapton. Clapton's work in such legendary bands as Cream, Blind Faith, Derek & the Dominoes, Delaney and Bonnie, and the Beatles are showcased. The band's repertoire includes some of Clapton's best known work. They are able to capture the vocal and instrumental genius that is the essence of a Clapton performance.



You wouldn't think that a coffeehouse tucked away in a church basement would become the local hotbed of musical talent, but that's just what has happened with the SALEM ROADHOUSE CAFÉ over the past six years. Musicians simply love the place, and when musicians love a place they play their hearts out for the audience. It's a coffeehouse, not a bar. The Roadhouse serves coffee and tea, and a selection of hot and cold snacks and desserts all included in the admission. The audience and the performers are within touching distance of each other — it's a very intimate musical experience, and it brings out the best in the performers. The sound system and professional stage lighting ensure an enjoyable experience. And there's art. The Roadhouse presents original art work on display and for purchase at the ROADHOUSE FINE ARTS GALLERY. Show proceeds benefit local NJ charities. See the Roadhouse on Union TV Channel 34's "Union After Dark" music series.

Roadhouse shows are featured on UNIONTV COMCAST & FIOS cable channel 34's "After Dark" music series. Come and be part of the fun and excitement of a TV show

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**SEPTEMBER 17**

**1/2 way to**

### St. Patrick's Day Party

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## BOYS & GIRLS CLUBS & FRENCH'S FOOD SPEND DAY AT YANKEE STADIUM



100 members of Boys & Girls Clubs of Union County spent a day at Yankee Stadium on August 21 and enjoyed a great day at the ball park, thanks to French's Food Group. French's Food Group generously donated 100 Yankee tickets, transportation, shirts, gifts and meal vouchers for youth from our Union, Elizabeth and Plainfield Clubs. It was the perfect day for a baseball game and everyone enjoyed themselves.

"Thank you to French's Food Group for giving our youth a day they will not forget at Yankee Stadium. Everyone had a great time," said Russell Triolo, Chief Executive Officer.

Our members arrived early to watch batting practice and The New York Yankees play a strong game against the Houston Astros, which they won 3-0. It was a thrilling day for all. Thank you, too, to our Board Member Fred Shahrooz-Scampato for making the connection with French's Food Group.

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# AFTER SCHOOL PROGRAM REGISTRATION OPEN AT BOYS & GIRLS CLUBS OF UNION COUNTY

Registration is open for after school programs at Boys & Girls Clubs of Union County! We are accepting registration for programs at our 6 locations: Union, Elizabeth, Plainfield, Roselle, Hillside and Linden. Programs for ages 5-18 begin Monday September 8th and include Educational Enrichment, Performance Art, SMART Moves, Teen Leadership, Career Development, and Digital Arts and technology. Swim lessons, including water safety, are available at our Union Club Aquatics Center and our Tidal Wave Swim Team practice will begin September 15. Teen Programs for ages 12-16 include Career Education/Exploration, cooperative challenges, team-building exercises, community service projects and leadership training.

"Our After-School programs are diverse and educational, providing interactive learning and enrichment," said Russell Triolo, Chief Executive Officer. "For nearly 60 years, Boys & Girls Clubs of Union County has provided youth with a voice and open door to support, trained, professional mentors, and programs designed to develop young people into productive, well-rounded adults."

After-School programs are available Monday through Friday, from 2:30 PM - 6:30PM. Visit our website: [www.bgcuc.org](http://www.bgcuc.org) for information or call us: Union & Hillside 908-687-2697 x 0. We look forward to another exciting, educational and fun school year program with youth from Union County.

## BOYS & GIRLS CLUBS OF UNION COUNTY OFFERS SELF-DEFENSE KARATE & SAFETY AWARENESS

Boys & Girls Clubs of Union County, Union Club, is offering Self-Defense Karate and Safety Awareness classes in the fall. Registration is Saturday September 20 from 9:00 AM to 11:00 AM in person at the Union Club only - 1050 Jeanette Avenue, Union (no telephone registration). Classes begin Saturday September 27 and end Saturday December 20, 2014. Class times vary depending on age and level. Cost is \$9.00 per lesson. You may pay as you go or pay in full and receive a free lesson. There is a one-time registration fee of \$10.00. Please call 973-284-5650 for more information.

"Karate is one of our most popular classes at Boys & Girls Clubs of Union County," said Russell Triolo, Chief Executive Officer. "We are happy to offer this important skills training to our members and the community."

This program is designed to enhance self-esteem, self-discipline & safety awareness. A black-belt instructor teaches beginning,

intermediate, and advanced techniques for self-defense. Self-discipline and defense, rather than aggressiveness are emphasized throughout the course. Weekly safety focus classes include stranger safety, fire safety, and home safety. A uniform is highly recommended. Uniforms are available at the first class and throughout the course. All uniforms come with a white belt and are fitted for size.

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## UNION TOWNSHIP HISTORICAL SOCIETY MEETINGS

The Union Township Historical Society meetings are held in the Reverend James and Hannah Caldwell Parsonage, 909 Caldwell Avenue, Union, New Jersey: officers and trustees, 1:30; general membership, 2:00; programs and speakers, 2:30 pm.

Schedule of Activities and Programs for the Fall

- Sunday, September 15, 2013: Sid Frank—"Death of the Fighting Parson"
- Sunday, September 30 2012: Part II of Victory Walk (tentative) —Colonial Road to Connecticut Farms Presbyterian Church
- Saturday and Sunday, October 19 and 20, 2013: "Four Centuries in a Weekend"
- Saturday, October 19, 2013: New Jersey Paranormal Presentation
- Sunday, November 17, 2013: Arthur Lefkowitz—"NJ in the American Revolution"
- Sunday, December 15, 2013: Christmas Party

Please check our website for further details  
[www.unionhistory.org](http://www.unionhistory.org).



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## ATLANTIC BEACH SOAP COMPANY'S GRAND RE-OPENING SAT, SEPT 20

Cranford's Atlantic Beach Soap Company® will be ushering in the fall season with the Grand Re-Opening of the largest soap shop in New Jersey. Since moving to the expanded showroom in July which is directly across the street from their original Cranford location, the staff has been busy setting up unique displays and building their product lines. Atlantic Beach Soap Company® features a wide range of handcrafted soaps, bath & body as well as decorative home furnishings. Beside the expanded lines of the products that Atlantic Beach has traditionally offered, owner Shaun Vanclief has rolled out a full line of distinctive soy based candles, lotions and body bars.

Additionally, a full line of men's grooming accessories has been added to the lineup, essentially there is something for everyone at Atlantic Beach Soap Company®.

While the bath, body and home lines have expanded, Atlantic Beach Soap Company® will continue to host in-store parties and product demonstrations catering to small groups who wish to shop and socialize with family and friends. Shaun suggests that you stop by and book your event well in advance. The shop will continue their Thursday evening, complimentary warm soy lotion hand massages for the ladies from 6PM to 8PM.

All of the products available at the Atlantic Beach Soap Company® shop make wonderful gifts.

The shop is located at 102B N Union Avenue, Cranford, New Jersey and is just a very short walk from the Cranford train station and plenty of on and off street parking is available. For more information call Atlantic Beach Soap Company® at 908-272-7595.

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Call 732-396-0606 or visit [jasonsfriendsfoundation.org](http://jasonsfriendsfoundation.org) for more information.

To register, please complete the form below and mail to  
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Phone: 908.851.5450 • E-mail: [UnionPL@uplnj.org](mailto:UnionPL@uplnj.org)

**LIBRARY HOURS:** Mon – Thurs: 10 a.m. to 9 p.m. / Fri: 9 a.m. to 5 p.m. / Sat: 9 a.m. to 5 p.m.

### VAUXHALL BRANCH LIBRARY

123 Hilton Ave. • Vauxhall, NJ 07088 • Phone: 908.851.5451

**LIBRARY HOURS:** Mon: 1 p.m. to 8 p.m. / Tue & Thurs: 10:30 a.m. to 5:30 p.m.

/ Wed: 10:30 a.m. to 8 p.m. / Friday: Closed / Saturday: 10 a.m. to 5 p.m.

### CHILDREN'S DEPARTMENT THE MAIN LIBRARY

*No registration required.*

#### **Saturday Storytime and Craft Program**

Saturdays, September 13th and 27th at 11:00am.

Children of all ages and their caregivers are welcome.

#### **Bedtime Storytime**

Mondays, September 15th, 22nd and 29th at 7:00pm.

Come in your pajamas for songs, stories and games

Children of all ages and their caregivers are invited.

#### **Mother Goose Time**

Tuesdays, Sept. 16th, 23rd and 30th at 10:30am.

for children 1 ½ - 2 ½ and their caregivers,

#### **Preschool Storytime**

Thursdays, September 18th and 25th at 10:30am.

for children 3 ½ through Kindergarten

#### **Library Lego Club**

Thursday, September 25th from 3:30pm to 5:00pm.

The Union Public Library has started a Library Lego

Club for children ages 5 through 12. This is an opportunity for kids to get creative and build anything they choose. The library will provide the Legos, while the kids provide the imagination! All materials must stay at the library so bring your camera to document your creations. Caregivers are asked to stay in the library and are welcome to assist. We are also looking for donations of gently used or new Legos for this program.

Please call or email Mary Pritting, Head of Children's Services, at [mpritting@uplnj.org](mailto:mpritting@uplnj.org) or 908.851.5450 x3 for further information.

### CHILDREN'S DEPARTMENT VAUXHALL BRANCH

*Signup is required..*

#### **Afternoon School Books – to- Movies**

September 5th at 3:00pm.

“Willy Wonka and the Chocolate Factory”,

Children of all ages are welcome to attend.

#### **Bedtime Storytime**

Monday, September 8th at 7:00pm.

for children of all ages and their caregivers

#### **“Library Card Holder” School-Age Craft Program**

Thursday, September 11th at 3:30pm.

This program is for children, grades 1 and up, and their caregivers. Space is limited. Signup is required.

#### **“Milk Carton Light” Storytime and Craft Program**

Tuesday, September 16th at 11:00am.

for children, ages 3-5, and their caregivers

Space is limited. Signup is required.

#### **Our After School Movie Presentation of,**

**“Muppets Most Wanted”,**

Thursday, September 18th at 3:00pm.

Children of all ages are welcome to attend.

#### **After School Game Day**

Thursday, September 25th at 2:00pm.

for children in grades 1 through 6 and their caregivers

Space is limited. Signup is required.

#### **Our Preschool Game Day**

Tuesday, September 30th at 11:00am.

Children, ages 3 – 5, and their caregivers are invited to attend. Space is limited. Signup is required.

*Spirit of UNION* • Page 11 • September 2014

## SUICIDE PREVENTION HOTLINE TRAINING FOR VOLUNTEER LISTENERS BEGINNING WEDNESDAY, SEPTEMBER 10TH

Suicide prevention hotline and trainer CONTACT We Care will be offering its next round of training for volunteer listeners beginning Wednesday, Sept. 10, at 7:00 p.m. at the First Baptist Church of Westfield, 170 Elm Street. The training program meets once weekly for 12 weeks.

Volunteers undergo 50 hours of instruction in empathetic and nonjudgmental active listening and mental health issues and go through a two-day intensive session on suicide intervention called ASIST, or Applied Suicide Intervention Skills Training. There is a fee for materials of \$75 and volunteers are asked to commit to eight hours on the lines per month for a at least one year.

Anyone interested in becoming a volunteer listener or texter at CONTACT We Care and wanting to register for the training should contact Fasano at 908.301.1899 or [sue.fasano@contactwecare.org](mailto:sue.fasano@contactwecare.org).

CONTACT We Care serves Central and Northern New Jersey and is a primary responder to calls to the national suicide prevention line (1-800-273-TALK or 1-800-SUICIDE) that originate in New Jersey. Callers also reach CONTACT by dialing 908-232-2880 or texting “CWC” to 839863.

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**Dinner 3:30pm - 9:30pm**

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Kids 3-6.....\$5.99  
2 & Under.....FREE!

### FRIDAY - SATURDAY

**Lunch 11am - 3:30pm**

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Kids 7-10.....\$5.99  
Kids 3-6.....\$3.99  
2 & Under.....FREE!

**Dinner 3:30pm - 9:30pm**

Adult .....\$10.99  
Kids 7-10.....\$6.99  
Kids 3-6.....\$5.99  
2 & Under.....FREE!

### SUNDAY ALL DAY DINNER

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