

# WARREN MONTHLY<sub>NJ</sub>

WARREN'S HOMETOWN NEWSPAPER

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ISSUE 20 • SEPTEMBER 2014

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TOWNSHIP  
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FACEBOOK PAGE.**

## NEW STAFF JOIN WARREN TOWNSHIP SCHOOLS

As the end of August saw returning teachers busily setting up their classrooms, the district hosted its annual New Teacher Induction Program (NTIP) to help staff get acclimated to the school community, and have access to important information prior to school starting. Together, Principal of Angelo L. Tomaso School, Kathy Bond, and Principal of Mt. Horeb School, Scott Cook, organized a comprehensive and engaging program.

Made up of teachers, paraprofessionals and CST members, the group began with the introduction of the entire Administrative team. "The NTIP embodies the district's brand in that we have selected highly qualified professionals, who value the educational process, and strive not only to meet, but to exceed expectations. I am confident that our new staff members will benefit from the collaboration and support of the Administrators and returning staff," said Dr. Tami Crader, Superintendent of Schools.

New hires toured the community of Warren Township and learned about updated legislation such as anti-bullying and

HIB law. There were also training sessions in the area of technology, as well as presentations made by the Curriculum Department. The group discussed a variety of educational resources, and topics such as classroom management, student motivation, and planning engaging lessons.

Some new faces throughout the district are as follows:

At Angelo L. Tomaso School, Johanna Burkhardt, and Josephine Maccagnan were hired as Paraprofessionals. Christine Barbera will be a Special Education Teacher at ALT.

In addition to the newly hired Principal, Jeff Heaney, joining Woodland School's team are Paraprofessionals Kaitlyn Brown, Lucia Raphael and Tanna Sheneman. Kate Zaleski will be the Library Media Specialist there as well.

At Warren Middle School, Lori Vigliotti will be an addition to the Special Education team. Working to serve the District are Director of Special Services, Candie Hengemuhle, Speech Teacher Suzanne Aldrich, Social Worker Kristen Maudsley, Transportation Driver Roberta Snead and Bus Monitor Lauralee Dupper.

## NINE NEW TEACHERS AT WATCHUNG HILLS REGIONAL HS

*Back to School Night is at 6 p.m., Thursday, Oct. 9. Back to School Day is at 7:30 a.m., Monday, Oct. 13.*

Nine new teachers have been added to the faculty at Watching Hills Regional High School for the 2014-2015 school year. In addition, former Supervisor of English and English teacher Mary Ellen Phelan has been named Director of Curriculum and Instruction.

New Teachers: Marlene Stoto has been added to the English Department faculty, and has been named Supervisor of English.

Three additional new teachers have been added to the English Department faculty. They are: Jeffrey Wasserman, Kristen Keefe, and Vanessa Phillips.

Two new teachers have been added to the Arts Department faculty: They are: Gillian Crisman, who also coach girls junior varsity soccer, and Caitlyn Barrows.

Rebecca Brown has been added in the faculty of the Social Studies Department. Cassie Oleszkiewicz was appointed to the Child Study Team. She is also coach of the junior varsity field hockey team at Watchung Hills.

Alines Ciriaco has been added to the faculty of the World Language Department.



*(above) Nine new teachers have been added to the faculty at Watching Hills Regional High School for the 2014-2015 school year. They are joined by newly appointed Director of Curriculum and Instruction and former English Department Supervisor Mary Ellen Phelan. (seated, l-r) Kristen Keefe, Mary Ellen Phelan, Jeffrey Wasserman, and Cassie Oleszkiewicz; (standing, l-r) Marlene Stoto, Vanessa Phillips, Rebecca Brown, Caitlyn Barrows, Gillian Crisman, and Alines Ciraco.*

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## WARREN TOWNSHIP SCHOOLS ON FACEBOOK

Over the past nine months, Warren Township Schools has been enhancing communications. Many parents and community members have chosen to "Like" the Warren Township Board of Education Facebook page, which celebrates the school district. Their facebook page is geared towards sharing important district information by school, as well as eBlasted information that pertains to the district as a whole. The goal has been to incorporate events as they happen at ALT, Central, Mt. Horeb, Woodland, and Warren Middle, as well as alert the community to events that are coming up in the schools or at local spots like the public library. So "Like" them on Facebook and see what they have done to enhance communications. You can also visit their updated website at [www.warrentboe.org](http://www.warrentboe.org)! If you have any questions or comments, please call their Communications Coordinator at 908-753-5300 (ext 5711).



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## BACK-TO-SCHOOL NIGHT MARK YOUR CALENDARS!

Back-to-School Night presentations will be held this month in all of the Warren Township schools. Warren Middle School will hold Gr. 6 on September 9th and Gr. 7/8 on September 11th. Central School and Mt. Horeb School will hold their Back-to-School Nights on September 17th. ALT School and Woodland School events will be held on September 18th.

## PARENTS WELCOME!

In September, Warren Township Schools' Technology Coaches will present an overview of the standard district digital resources available for students to use at home. Additionally, there will be a Chromebooks-Grade 5 parent workshop presented by Curriculum Supervisors about the 1:1 initiative and use of Google Drive. In October, a PARCC Assessment overview will be offered. Planned for November, Nancy Schultz, from Conquer Math, will present on Mathematics and the Common Core.

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## PROMOTE YOUR COMMUNITY EVENT

Community service organizations and sports teams are encouraged to submit news of upcoming events or highlights and photos on recent events.

Organizations who are interested in submitting content can email Lynn Sjurset at [lynn@rennamedia.com](mailto:lynn@rennamedia.com).



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Did you know that over 100 million Americans suffer from knee and joint pain? In fact, this pain accounts for one fourth of all visits to primary care physicians and half of all anti-inflammatory drug prescriptions. If you suffer from any degree of knee or joint pain, Drs. Mejia & Spiaggia of **Performance Rehabilitation & Integrated Medicine** personally invite you to regain control of your life by scheduling a **FREE** step one consultation with their staff. Call now. You deserve to live pain free!



## Who is a good candidate for this treatment?

- Have you been diagnosed with osteoarthritis?
- Do you wake up with knee, shoulder, or joint pain?
- Does your knee, shoulder, or joint pain keep you from certain activities?
- Have you been told you need a knee replacement?
- Are you active and sometimes suffer from sore knees or joints?
- Do you take medications for knee or joint pain?
- Do you have difficulty going up and down stairs due to knee pain?
- Are you considering surgery to alleviate knee pain?
- Does your knee ever feel like it is "giving out" or unstable?
- Has a recent car accident caused you a knee or joint injury?

If you answered **yes** to any of these questions, call now to schedule a **FREE** step one consultation.

## Is surgery the answer?

If you have knee pain and are worried, concerned, or afraid of the possibility of surgery, you're not alone. Most likely, you've heard stories about knee surgery and the outcome not being good. You may also know someone who had surgery and their knee was never the same. You don't want the next unnecessary and preventable knee surgery story to be about you, but the pain is not going away and your life is being altered because of it. You may have tried getting information on the Internet about the best course of action for you to take, but there's so much conflicting advice that you're scratching your head about who you can believe and trust. If you are considering surgery, you owe it to yourself to schedule a **FREE** step one consultation with **Performance Rehabilitation & Integrated Medicine** first.

## What else is available to treat knee pain?

Drs. Mejia & Spiaggia and their staff have taken years to carefully develop a customized treatment program for those suffering with knee and joint pain. This new treatment protocol utilizes the latest high-tech FDA approved solution available combined with cold laser technology, physical therapy, acupuncture and joint stabilization. The patient's lifestyle is also taken into consideration as stretches, exercising, and lifestyle skills are taught for a lifelong approach to relieving pain.

## How does this treatment work?

Utilizing cutting-edge high definition computer guidance, the doctors and staff are able to

pinpoint problem areas with precision and accuracy. A viscosupplement injection is delivered and the healing process starts. Viscosupplementation has been shown to relieve pain in many patients who have not responded to other non-surgical methods by bonding with naturally occurring joint fluid to create a lubricating and cushioning layer. It also reduces pain, inflammation, and swelling of the joint. Little to no discomfort is noticed and many patients feel the effects within days.

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— Ron Spiaggia, DC - Clinic Director  
Joseph Mejia, DO, F.A.A.P.M.&R. - Medical Director

## What are patients saying?

*"My life has changed for the the better since treatment. I no longer take medication or have down days where I just cannot get out of bed because of the pain. I've started riding my bike again with my husband and he is more happy because he has his riding partner back."*

— Vicki M.



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Over a span of six months the Elements Massage of Warren has donated more than \$4000 to local charities. This is a continuing effort to stretch positive healing beyond their doors. During the month of August the company is setting aside a fixed portion of all proceeds for donation to the Center for Great Expectations in Somerset, NJ, a residential treatment center that houses, treats, and helps the homeless, pregnant, and parenting women as well as their adolescent and young children in tow.

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## SENIORS CELEBRATE HAWAII STATEHOOD

Hawaii was the 50th state to be admitted to the Union and some historians say that it wasn't until Pearl Harbor was attacked in 1941 that people on the U.S. mainland fully recognized the importance of Hawaii to the rest of the country. Attendees celebrated Hawaii's Statehood at Warrenbrook Senior Center on Monday, August 11th (usually celebrated, in Hawaii, the third Friday in August) with Yasmine, a professional Hula Dancer. Yasmine danced several hula dances and then instructed attendees how to do the hand movements and told the story that is conveyed (told) with each movement.

In addition to hula dancing, the attendees viewed a special picture display of the attack on Pearl Harbor. The display brought back memories to many attendees and several shared their experiences when they visited the USS Arizona Memorial.



(above, l-r) Alice Frieday, from Warren, Yasmine (hula dancer) and Ida White, from North Plainfield.



(above, l-r) Attendees learning how to do a hula dance – Lenora Kelley, from Basking Ridge, Sue Chitre, from Watchung, Saroj Mehta, from Warren and Ron Dialej, from Warren (in the background)

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Submitted by Warren Recreation Commission

Although all the musicians at the "So You Think You Can Sing" summer concerts were terrific, one stood out. Mike Lefton and Wildlife had it all: Stage presence, talent and sound. They had the audience shouting for more. Because of this, The Warren Recreation Commission chose Mike Lefton and Wildlife as the final winner of the "So You Think You Can Sing" competition.

Saying that, we really want the other musicians to know that they are also very talented. We hope they come back and sing again for us soon, we had such a great time.

We covered three nights of five wonderful acts. They ranged from age 8 to 65, from soloists to bands. The other musicians were Joe Cerisano, Alyssa Rose Puccio, Vito Truglio, Glass Cow, Alexandria Angelini, Barbra

Lawson, White Oleander4, Rachel Schezer, Boxed Wine, Simran George, Joy Schreck, A Thousand Times Over, Billy Bauer & Chris Lorenzetti and Lethal Affection.

Mike Lefton & Wildlife has been invited to perform under the pavilion at the Annual Yuletide Bonfire Festival & Fireworks on January 17 (snow date Jan. 24) from 5pm-8. You may also see a few others performing near the carousel the same night. This is a free event for all, so come on out and enjoy the festivities. If you are a business or non-profit, donations and sponsorship is encouraged. Volunteers are needed to plan and help the night of. Watch our website at [www.warrennj.org/recreation](http://www.warrennj.org/recreation) on how to volunteer and sponsor this event or call 908-753-8000 ext 270.



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**BOY SCOUT TROOP 228 AT WORK AND PLAY**



(above) Boy Scouts from Troop 228 who attended the Watchung Hills Elks Lodge's Annual Flag Day service on June 14, 2014: Back Row (L-R): Josh Guerin, Glenn Guerin, Timothy Osifchin, Karthik Irakam, Brady Pilsbury, Bobby Fippinger, Max Micheller. Front Row (L-R): Jeffrey Osifchin, Dylan Black, Luke Vieira, and Matthew Spaulding,



(above) Boys (and parents) from Troop 228 assisting Ross Warlick with his Eagle project at Hofheimer Grotto on June 15, 2014: Standing in back: Margareta Warlick (mom), Steve Warlick (dad), Rob Pilsbury. Sitting (L-R): Ross Warlick (Eagle candidate), Alex Duncan, Wesley Lukas, and Max Micheller.

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(above) Troop 228 boys and adult leaders leaving for their annual week-long summer troop camping trip at Sabattis, in upstate NY on July 5, 2014.

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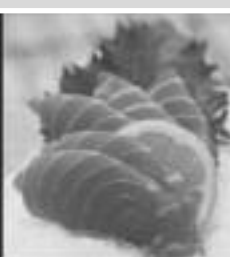
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