

The PRIDE of North Plainfield



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North Plainfield's Hometown Newspaper

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NORTH PLAINFIELD GIRL SCOUTS IN FULL SWING

Submitted by Kim Carter, N. Plainfield Girl Scout Community

Now that the school year has begun, the Girl Scouts of North Plainfield are in full swing. Girl Scout Junior Troop 65942 kicked off the year by earning their First Aid badge. They had a discussion panel with NPDF and EMS workers led by the Fire Captain. The troop had an awesome time and thanked Deputy Chief Frank D'amore Jr. for his assistance.

November is a busy month and a time of year when our scouts focus on others and their community. Starting with Veteran's Day, troops 65937 and 65133 are in charge of gathering representatives from all our troops in honoring our local veterans during both separate ceremonies.

Every year, our local Girl Scout troops are responsible for putting together Thanksgiving food baskets for some of our North Plainfield families. Each troop is assigned one or two families and everyone pitches in to help our neighbors. In addition, Senior Troops 65133 and 65937 will be hosting a Free Community Thanksgiving Dinner for North Plainfield Residents on Saturday, November 22nd from 2 pm to 5pm at Watchung Avenue Presbyterian Church, 170 Watchung Avenue, North Plainfield. Last year's feast was such a great success with over 150 meals served



(above) Girl Scout Junior Troop 65942 earn their First Aid badge with the help of the Fire Department and EMS workers.

that the girls enthusiastically wanted to make it a tradition. This dinner is a wonderful opportunity for our 9th and 10th grade girls to address a need in our community, learn about the teamwork that goes into planning and hosting a successful event, bringing the community together and helping others. The younger girl scouts make the desserts and the decorations for a warm inviting atmosphere. This event is made possible by the generous donations from local businesses and organizations.

For more information, email our2girlscouttroops@gmail.com

If you missed the Open House in October and have someone who is interested in joining Girl Scouts, please go to <http://www.npgirlscouts.scoutlander.com>

EDUCATION FOUNDATION SUPPORTS ROBOTICS PROGRAM

Submitted by Robert Goellner, President

The Education Foundation is pleased to announce its support of the school system's budding 7th & 8th Grade Robotics Program and is looking forward to assisting in the development of a North Plainfield Schools' Robotic Competition Team in 2015. This is an exciting new venture for the Foundation and the school system.

The Robotics Program allows students to work as young scientists and engineers, getting them immersed in STEM curriculum activities that promote creative problem-solving, communication and teamwork skills. The Lego Space Challenge Activity Pack will be used, and specifically, the EV-3 Mindstorms® unit. This program is actually based on real world problems which come from various NASA mission engineering

projects. It involves nine Learning Missions, one Basics of Gears project and three Research Projects.

Students will be offered the opportunity to develop their own creative problem solving ability as the challenges are presented to them. The goal is to focus on artificial intelligence and in the end create a machine that thinks for itself.

The STEM curriculum (Science, Technology, Engineering & Math) is a District-wide effort to introduce engineering and creative problem solving; first with Robotics, then in terms of Bio-Medical engineering and ultimately with 3-D Printing and Design.

The Education Foundation is very pleased to be involved with this program, especially as it meets the criteria of our Mission Statement, "to support innovative forms of education."

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The Pride of North Plainfield is published by Renna Media. 6,500 newspapers are printed monthly and are mailed to every businesses and homes in North Plainfield, NJ using the 07060 zip code and are distributed for free pick-up throughout town.

Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

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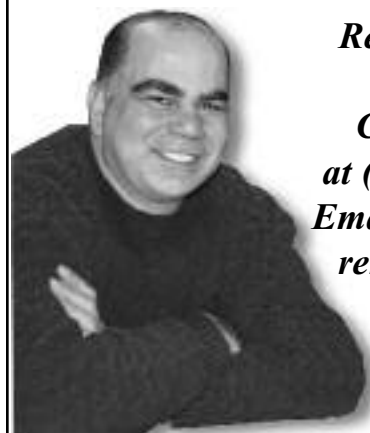
Community service organizations and sports teams are encouraged to submit news of upcoming events or highlights and photos on recent events.

Organizations who are interested in submitting content can email Lynn Sjurset at lynn@rennamedia.com.



ADVERTISE IN THIS NEWSPAPER

Each month 6,500 newspapers are mailed to every home and business in the North Plainfield 07060 zip code.



Reserve space in the next issue.
 Call Joe Renna at (908) 447-1295
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STREET CLEANING PARKING REGULATIONS

North Plainfield Police Department

Mayor Michael Giordano, Business Administrator David Hollod and Chief William Parenti announce that the Street Cleaning parking ordinance is about to go into effect. New parking restriction signs have been installed and will be unveiled on October 29, 2014. Chief Parenti stated that after the signs are uncovered, the Police Department will begin an education period for about two weeks followed by strict enforcement.

The Borough Council developed the ordinance #13-02 to amend section 7-3.5, after listening to several residents complain that cars

parked on the street were interfering with the efficiency of the street sweeper and or snow plows, Mayor Giordano stated. Business Administrator Hollod said the regulations were designed with two important goals. First, to minimize inconvenience to the public and second to permit the street sweeper and snow plows unobstructed access to clear the roads for our residents. The Ordinance provides for no more than one period of parking prohibition on each side of the street during the week and will not affect all streets in the Borough. The fine for the violation is \$27.00.

NEXT NPCCR MEETING ON SENIOR TAX FREEZE

The speaker at the Thursday, November 13 meeting of the North Plainfield Citizens for Community Rights (NPCCR), will be from the N.J. Dept. of the Treasury, Division of Taxation. The subject will be the "Senior Tax Freeze." If you or someone you know is age 65 or over and is a property owner, you may be eligible for the Senior Tax Freeze. The representative from the N.J. Dept. of Treasury will give you all of the information you need concerning your eligibility and the application procedure. Bring your questions. If you have friends from other municipalities, they are welcome to attend this meeting as this is a state wide program. We meet at the North Plainfield Community Center 614 Greenbrook Rd. at Clinton Ave. 7:00 PM

COME TO THE ANNUAL HOLIDAY BOUTIQUE AT HOLY CROSS

The Church of the Holy Cross, 40 Mercer Ave., NP, is having its annual Holiday Boutique on Sat., Nov. 22 from 9-3. As always, there will be a wonderful variety of handmade crafts and specialty items from vendors near and far. The Country Kitchen will offer homemade soup, made-to-order sandwiches, and other assorted goodies. Enjoy something else that Holy Cross is noted for: a bake sale! As if all this weren't enough, you can also take a guided tour through this beautiful, historic landmark.

If you are interested in being a vendor, or if you have any questions, email eventsathc@gmail.com

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(above, l-r) Dori Ellis and Sadie Crovo

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Sciatica, Stenosis and Herniated Discs May Be to Blame for Pain and Numbness in Legs



What are patients saying?

"I have had neck pain and arm pain for seven years from several herniated discs in my spine. I have tried other chiropractic and physical therapy treatments with little success. I have completed the DRX treatment four weeks ago and I am symptom free. Thanks to Performance Rehab I have gotten my life back."

- Melissa Miller, Phillipsburg, NJ

Who is a candidate for treatment?

There are many types of symptoms that can be relieved including:

- Back/Neck pain
- Leg pain
- Chronic low back pain
- Sciatica
- Stenosis
- Neuropathy
- Herniated/Degenerated discs

"Hi, I am Dr. Spaggiola, clinic director of Performance Rehabilitation & Integrated Medicine, and if you suffer with back or neck pain, I invite you to try non-surgical Spinal Decompression. Did you know that 30 million Americans suffer from back pain every day? This pain affects everything that you do, from work to play and ultimately your quality of life. I am here to tell you that there is hope. You can get rid of your back pain and get your life back. At Performance Rehabilitation & Integrated Medicine, we have helped hundreds of back pain sufferers just like you. We only offer the most advanced non-surgical treatments. We are so confident that we can help eliminate your back pain, we are offering one free visit to see if treatment can help you. There is no obligation and the only thing you have to lose is your pain."

— Ron Spaggiola, DC

Why pain pills are NOT a long-term game plan

People often cover their pain by relying on prescription or even nonprescription pain pills. While this may work in the short term, the side effects can be alarming. How many people do you know are addicted to pain medications? How did the addiction start? The answer to this question is typically the same. Due to an injury, medications were prescribed which gave temporary relief and soon enough, the medication became necessary to function at all. Countless individuals have been innocently entangled with prescription pain pills while initially using them as prescribed.

Can time heal pain?

Yes, in some cases time can heal pain but that is not generally the case. At Performance Rehabilitation & Integrated Medicine we have treated too many people that have needlessly suffered for years with back and neck pain. They have also spent a fortune on everything from buying new mattresses to medications. It doesn't have to be that way. The doctors and staff at Performance Rehabilitation & Integrated Medicine have literally helped thousands of local residents relieve their pain without drugs or surgery.

Surgery should not be taken lightly

Some severe back injuries require surgery but most do not. At Performance Rehabilitation & Integrated Medicine, we believe that surgery should only be considered when all other options have been exhausted. If your back or neck pain is so severe that you are considering surgery we invite you to ask yourself this question: "If there is a long-term solution to back/neck pain that doesn't require surgery, is it worth an hour of my time to find out more?"

The Truth about Surgery

- Costs can exceed \$100,000
- Prescription pain medications will be intradiscal
- Surgery may not solve your pain problems
- Surgery can lead to even more surgery in the future
- Recovery time can be painful and prolonged
- Surgery cannot be undone if outcomes are not favorable
- Missed time away from work, family, friends
- Quality of life can be reduced

About Performance Rehabilitation & Integrated Medicine

The team of medical providers at Performance Rehabilitation & Integrated Medicine understand what individuals in pain are experiencing. Each has a deep commitment to your health and to you as a person. During your first visit you will receive personalized attention from a seasoned staff of medical doctors, physical therapists and acupuncturists. An analysis of your condition by the medical team in conjunction with a detailed treatment plan will be described in as much detail as possible. There is no pressure to accept treatment as the staff at Performance Rehabilitation & Integrated Medicine strives to create a relaxed environment by educating patients about their options. The ultimate decision maker is the patient.

What makes Performance Rehab's Approach so different?

The medical providers of Performance Rehabilitation & Integrated Medicine have made it their mission to treat patients without surgery or drugs. After years of study, training and trials, they have chosen only the most effective non-surgical options and have brought them together all under one roof.

• **Non-Surgical Spinal Decompression** — Non-surgical spinal decompression is an FDA cleared technology that can relieve disc herniations, sciatica, stenosis and general pain and numbness in the back, neck, legs and feet. Non-surgical spinal decompression does this by using advanced technology to control treatment duration, distraction/angle, intensity, and relaxation of the spine, thus creating a vacuum effect which pulls the disc back into its normal position and brings in a fresh blood supply to promote healing. The treatment is gentle and soothing, with no discomfort to the patient.

• **Specialists in Pain Management** — A medical specialty also known as Physical Medicine and Rehabilitation (PM&R). This methodology gives particular focus to non-surgical orthopedic treatment, sports injuries and Peripheral Neuropathy.

• **Cold Laser** — A comfortable, non-invasive procedure which is successful in treating chronic conditions without pain or discomfort to patients.

• **Physical Therapy** — A traditional treatment methodology aimed at the treatment and curing of certain ailments common to patients suffering with chronic or severe pain. Its primary aim is to bring back the patient to his/her normal self, free of any pain or suffering.

• **Acupuncture** — Through clinical trials, acupuncture has been proven effective in treating various medical conditions including back and neck pain and has been expanded into conventional medicine practices throughout the world.

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— Ron Spaggiola, DC (Clinic Director)

— Joseph Mejia, DO, F.A.A.P.M.B.R. (Medical Director)

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A NOVEL NOVEMBER AT LIBRARY

Somerset County Library System of New Jersey (SCLSNJ) is challenging patrons of all ages to write a novel – or 50,000 words in 30 days – during the month of November to celebrate National Novel Writing Month (NaNoWriMo). It can't be done, you say? It can: since 2006, over 100 NaNoWriMo novels have been released by traditional publishing houses, including Sara Gruen's *Water for Elephants* and Rainbow Rowell's *Fangirl*. And it certainly can be done with SCLSNJ's support along the way: SCLSNJ will be offering a number of NaNoWriMo-inspired programs throughout the month.

The First Annual SCLSNJ Author Day will be held at SCLSNJ's Hillsborough Library branch on Saturday, November 15, 1-4pm. Meet over 30 authors from a wide variety of genres including romance, horror, mystery, science fiction and fantasy, young adult, children's, local history, business and poetry. Selected authors will also be reading from their books throughout the day. Authors participating in the event include: K. Edwin Fritz, Christina Paul, Charles H. Johnson, Laine Sutton Johnson, Mary Ellen

Springsteen, Anabelle Bryant, Janet R. Stafford, H.E. Goodhue, Jeff Markowitz, Linda J. Barth, Walter Choroszewski, Nicole Zoltack, J.C. Vogard, Sreyashi Ghosh, Mary SanGiovanni, Scott Goriscak, Ruth A. Casie, Nicole S. Patrick, Jeannette Brown, Edith G. Tolchin, Chris Redding, Brian McKinley, Andy Rane, L.G. O'Connor, Frank Wander, Kathi Kurz, Stacey Wilk, Kit Grindstaff, Yvonne Ventresca, Rachelle Burk, Moreen DuFermont, David Pincus, Lita Harris, Emma Kaye, Zana Etter, and Charlotte Bennardo. Registration is not required and all ages are welcome. For more information: <http://somerset.evanced.info/signup/EventDetails.aspx?EventId=4488&lib=1001>

On Tuesday, November 18, 7-8 pm, SCLSNJ's North Plainfield Memorial Library branch, located at 6 Rockview Avenue, will host A Discussion with Rosie Genova, author of *The Italian Kitchen Mysteries*. Rosie will be talking about what inspired her to become a novelist, the writing process, writing under a pseudonym, how living in New Jersey may influence her work, and about her new book, *The Wedding Soup Murder*. For more information,



(above, l-r) Bryan Thomson, Katie Bojanek and Alana Danois

<http://somerset.evanced.info/signup/EventDetails.aspx?EventId=13397&lib=1004>

Somerset County Library System of New Jersey (SCLSNJ) partners with you to connect, to explore, to share and to discover. Together we enrich lives, expand knowledge and strengthen communities. SCLSNJ branches can be found in Bridgewater, Bound Brook, Hillsborough, Manville, at the Mary Jacobs Library in Rocky Hill, North Plainfield, Peapack & Gladstone, Somerville, Warren Township and Watchung. Visit SCLSNJ.org for further information about library services offered at SCLSNJ.

KIDS TEACHING KIDS

The North Plainfield Early Childhood Development classes have begun a new and exciting school year. If you, or someone you know is a North Plainfield resident, and has a 3 - 4 year old child, this special program will benefit you and your child in several ways. The philosophy of the program is based on individualized instruction. Studies have shown that young children learn more quickly when taught by an older child. Three days a week high school students are taught by Mrs. Gurpreet Kaur regarding how children learn and the ways to effectively deliver information. Then on Wednesdays and Thursdays preschool children are invited into the classroom to socialize with the high school students under the direction of

Mrs. Kaur. The classroom atmosphere is relaxed, family-like and provides a safe environment.

There is no charge for this special program. The first session meets in the morning on Wednesdays and Thursdays from 8:45 to 10:45; the afternoon session meets from 12:30 to 1:45.

For further information email the teacher, Mrs. Kaur at: gurpreet_kaur@nplainfield.org


Or call the department secretary, Maryann Thorpey at: (908) 769-6000 ext. 3102.

(right) Diana Sefchik, Supervisor of World Languages (left) and Gurpreet Kaur, teacher of Child Development (right) with preschoolers enrolled in the North Plainfield Early Childhood Development Program.



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SOMERSET COUNTY FREEHOLDERS TURNS OVER PROPERTY TO BOROUGH OF NORTH PLAINFIELD

Somerset County Freeholder Peter Palmer formally welcomed Mayor Michael Giordano and members of the North Plainfield Borough Council to take ownership of the county-owned North Plainfield public works garage located at 29 Dupont Street on Wednesday afternoon.

“Somerset County is proud of its great relationship with North Plainfield, and we’re happy to contribute this garage to the North

Plainfield Department of Public Works,” said Freeholder Palmer.

The Borough of North Plainfield plans to expand its public works facility, which currently occupies a space next door to the county facility.

To stay up to date with Somerset County events and information, sign up for free email alerts at www.co.somerset.nj.us/subscribe.html or follow us on Facebook and Twitter.



(above) Freeholder Peter Palmer (center) joins (from left) North Plainfield Public Works Director Jim Rodino, Somerset County Public Works Director Paul McCall, Mayor Michael Giordano, North Plainfield Councilwoman Mary Forbes and Councilman Frank Righetti at Wednesday’s key turnover ceremony.

BOY SCOUTS ATTEND ANNUAL CAMPING AT ROUND VALLEY

Submitted by Tom Ventriglia



(above) North Plainfield Boy Scout Troop 235 & Venturing Crew 885 attend the annual Boy Scout District Camping at Round Valley, earlier this month. For more information on scouting go to www.scouting.org or www.BeAScout.org.



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NPF JR. CANUCKS COMMIT TO KEEPING STUDENT IN ATHLETES

Submitted by Willie Vick

In its second year of existence, the North Plainfield Jr. Canucks (NPJC) set plans, milestones, and goals into motion early before the 2014 football season to see kids enjoy living, learning, growing, and prospering in a community that supports them.

This year, NPJC began its 2014 summer football Organized Team Activities (OTA's) with a Cheer team, two Flag (K-2nd grade) teams, Pee Wee (3rd & 4th grade) team, JV (5th & 6th grade) team, and Varsity (7th & 8th grade) team. Kids were extremely excited about going through basic conditioning and football drills that allowed them to run, jump, pass, catch, and have fun with newly formed teammates and coaches. As parents watched their kids from the sidelines, kids showed everyone they were eager to learn the fundamentals of football / cheer in preparation of the upcoming football season. "Positive Energy" was the NPJC's mantra as kids gave effort to enhancing unknown skills and awakened muscles that aren't normally used during summer break.

In an organized parent meeting before the first day of school, NPJC informed parents of its support and stance on high academic standards and their commitment to seeing educational achievement in each student-athlete. "Students come first before the Athlete," mentioned Beatrice Adewole, NPJC's Board Member VP. Each student must comply with NPJC's Student-Athlete Code of Conduct in which participants must hand in a bi-weekly "Academic Status Check" form signed by both teacher and parent during the season. NPJC Board Members all agree that directing students to focus on academic goals and achievements in the classroom allow them the opportunity to play and be successful on the field.

Success on the field has come for all the North Plainfield Jr. Canucks team this football season. Both Varsity and JV teams have each rallied off seven consecutive wins and secured top seed positioning in playoffs.

PeeWee and Flag teams really enjoy team friendships, learning, and playing in games as well. The Cheer team is preparing for its first competition meet on Oct 26th. Board members, coaches, and Jr. Canuck families are looking forward to continued bonding and growth for the student-athletes. The ultimate benefit, of course, is that children of the community embrace more academic success, engage the organized sports experience, and build a strong sense of citizenship.

The North Plainfield Jr. Canucks Varsity and JV Red teams with an 8-0 record will appear in their first Jr. Skyland Football Conference (JSFC) Patriot Division Championship game.

To see season game scores, standings, and upcoming schedule, visit npjrcanucks.org. Also like North Plainfield Jr. Canucks on Facebook.



A TRIBUTE TO GINNY

Submitted by Kim Carter

The Girl Scouts of North Plainfield want to thank Virginia Mayer-Brown, or known by those close to her as Ginny. When most people think of Girl Scouts, usually the first thing that comes to mind is a girl knocking on your door wanting to sell a box (or two or five) of Girl Scout cookies, but Girl Scouts is so much more than that. It's about building positive self-esteem, confidence in your own abilities, and friendships that can last a lifetime.

Ginny has been an exceptional leader and inspiration for not only the girls but to all volunteers with whom she has supported over the past 12 years as North Plainfield's Community Leader. Along with Ginny, Collette DeChard, our Asst. Community Manager, aka "Ginny's right-hand" will also become less involved, making room for the next generation of Super Leaders this fall. To give you an idea of how much she will be missed, her day-to-day tasks have been spread out to more than 8 different leaders.

Like many of us, Ginny became involved with Girl Scouts as a Leader of her daughter's troop. When they entered their high school years and took on more responsibility, Ginny stepped up and expanded her volunteer role. Thankfully, she took on the daunting job of managing our troops and all the less exciting behind the scenes tasks that are involved. A stickler for detail and deadlines, Ginny has helped to run the more than 15 troops from East to West in our 2.8 square mile borough. For many leaders, without

Ginny's guidance, I'm not sure how many would have taken on the leadership role. Although her daughter has long since completed her Girl Scout journey, Ginny takes new troops under her wing each year until a parent feels confident to become that troop's leader. She has been instrumental in keeping a tradition alive that teaches honesty, fairness, respect, courage, strength, consideration and caring for yourself, others and the world around us. We are thankful that she will continue to help form new troops.

Over the years, she has enjoyed watching the troops bond and discover new skills, as well as contribute positive change to the North Plainfield area—every year, the community has organized a food drive, Thanksgiving baskets, holiday bowling, participation in our town's clean-up & parades, candy & nut sales, a Science Fair, a Brownie Sleepover, a Valentine's Day dance, a weekend trip to Camp Hoover, an end of year pool party, and much more. Each troop is responsible for coming up with their own activities and community service and Ginny has helped with those decisions.

While gathering information for this article, a fellow leader, Gail Walaski, told me "I have 4 large scrapbooks with hundreds of pictures, but she only appears in the corner of two. This is not because she wasn't around, but rather that she always puts herself in the background and features the girls of North Plainfield. Because she does a multitude of things unobtrusively, we have often been guilty of taking her for granted."

In an era where everyone is consumed with taking selfies, I found that I had the same problem surfing through thousands of electronic pics, but finally came across this snapshot submitted. Gail adds "A tough act to follow, North Plainfield Girl Scouts will always be grateful for Ginny's tireless efforts and unflagging devotion."

Thank you Ginny Mayer-Brown for leading our girls and mentoring our leaders, for your commitment to our community, your friendship, and knowledge of scouting.

Registration is underway for the new school year. For more information on joining Girl Scouts go to npgirlscouts.scoutlander.com/



During the 2009 Camp Hoover trip, Ginny explains to some of the newer girl scouts the technique on how to start a fire, while the older troops were busy setting up the next activities and Camp Sing-along.

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Kids 3-6.....\$3.39	Kids 3-6.....\$5.99
2 & Under.....FREE!	2 & Under.....FREE!

FRIDAY - SATURDAY

Lunch 11am - 3:30pm	Dinner 3:30pm - 9:30pm
Adult\$7.99	Adult\$10.99
Kids 7-10.....\$5.99	Kids 7-10.....\$6.99
Kids 3-6.....\$3.99	Kids 3-6.....\$5.99
2 & Under.....FREE!	2 & Under.....FREE!

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Cash Only. Limit 4. Not valid with any other offers or discounts. Expires 12/10/14.

\$250 OFF
2 ADULT BUFFETS

With purchase of a beverage per person
Watchung • 908-490-1600
Cash Only. Limit 4. Not valid with any other offers or discounts. Expires 12/10/14.

\$10 OFF
ANY ONE PARTY

Of \$100 or more. Monday - Thursday Only.
Watchung • 908-490-1600
Cash Only. Limit 4. Not valid with any other offers or discounts. Expires 12/10/14.

\$500 OFF
4 ADULT BUFFETS

With purchase of a beverage per person
Watchung • 908-490-1600
Cash Only. Limit 4. Not valid with any other offers or discounts. Expires 12/10/14.

Fresh Fruit &

Vegetable Market

Freshly
baked
Portuguese
and
Italian bread
delivered daily!



Store Hours:
Mon-Sat: 9:00 am to 7:00 pm
Sun: 9:00 am to 5:00pm

**"We're Not
Just
Produce"**



somersetfarms@verizon.net
somersetfarmsnj.com

**Happy Holidays
from our family
to yours.**

908-757-7730 • 950 Route 22 East • North Plainfield, NJ

COUPON



FRESH SHRIMP

\$9⁹⁹ lb

NPF11

By the pound only. Limit 1 lb per customer per coupon per day.
Not to be combined with other offer. Offers good thru 11/30/14.

FRESH FISH

Available Thursday
to Sunday

Filleted, Steaked,
Cleaned to your liking!

**Top or Little
Neck Clams**

\$3⁹⁹ /dozen

COUPON



FRESH COD FILLET

\$5⁹⁹ lb

NPF11

By the pound only. Limit 1 lb per customer per coupon per day.
Not to be combined with other offer. Offers good thru 11/30/14.

FRESH FRUIT OR VEGETABLE PLATTERS

Platters over stuffed with the best the season has to offer.
14 inch 24.99 • 16 inch 29.99 • 18 inch 39.99



**Perfect for
Special
Occasions!**



COUPON

**Boar's Head
Genoa Salami**

\$5⁹⁹ lb



NPF11

Must purchase 1 lb. Limit 1 lb. per coupon. Coupon may not be combined
with other offers. Limit 1 offer and coupon per day. Offer expires 11/30/14.

COUPON

Fresh Mozzarella

\$5⁹⁹ lb



NPF11

Must purchase 1 lb. Limit 1 lb. per coupon. Coupon may not be combined
with other offers. Limit 1 offer and coupon per day. Offer expires 11/30/14.

COUPON

**\$2.00 OFF
your purchase of
\$20.00 OR MORE**



NPF11

Excludes garden center and fish purchases. Limit 1 offer per customer
per day. Not to be combined with other offer. Offer expires 11/30/14.



**FRUIT & GIFT
BASKETS
MADE TO
ORDER!**

**ORDER
YOURS TODAY!**

**HOLIDAY ITEMS
NOW IN STOCK!**

Panettone,
Torrone, Masticoli, Almond Paste
Dried Fruits, Nuts, Spices,
and much much more!!

**FRESHLY CUT
XMAS TREES
WREATHS,
AND GRAVE
COVERS ARE
ON THEIR
WAY....**

