# CRANFORD MONTHLYNJ

Published by Renna Media

Issue 21 • September 2015

THE CRANFORD WTC COMMITTEE

WILL BE HOSTING A COMMUNITY

9/11 MEMORIAL SERVICE

**TO BE HELD ON** 

SEPTEMBER 11TH 7 PM

AT MEMORIAL PARK
LOCATED ON
SPRINGFIELD AVENUE.

JUNIOR GIRL SCOUT TROOP EARN THEIR BRONZE AWARD

Submitted by Cranford Junior Girl Scout Troop 40071

Cranford Junior Girl Scout Troop 40071, based out of Orange Avenue School, made their Bronze Award presentation to the residents of Cranford Senior Housing in June. The program was called "Be Happy! Be Healthy! A Way for Juniors to Help Seniors!" The goal was to have fun educating our local seniors on three topics: Healthy eating, which included delicious samples of healthy snacks like hummus, fruit kebobs, and guacamole; a fun skit on keeping the mind sharp by exercising the brain, getting enough sleep, and keeping up an active social life; and finally, a presentation on the benefits of exercise which included a fantastic Chair Yoga Class taught by Rachel Cavanna.

In addition to the presentations, the Troop handed out recipe cards, a list of '10 Tips for Keeping Your Mind Fit", and a hand out sheet of yoga poses for the seniors to practice athome. Finally, everyone played Bingofor "healthy" prizes of word and number puzzle

books. Prizes included fresh flower arrangements from Flowers by Maggie, and locally donated gift certificates from Back to Nature Health Foods and Alluem Yoga.

Without doubt, both the Juniors and seniors had a fabulous afternoon.



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**EAGLE SCOUT PROJECT BENEFITS CENTENNIAL AVE POOL** 

In August Centennial Avenue pool became the beneficiary of an Eagle Scout project by Nicholas Riggins of Boy Scout Troop 80, which is sponsored by The First Presbyterian Church of Cranford. Nicholas, who is an incoming junior at Cranford High School, chose the pool for his project because he spends countless hours there swimming with the Jersey Gators, Cranford Gators, and his school varsity swim teams.



Ken Van Liew, Nick's Eagle coach guided him through the very detailed and involved process of writing the proposal, which had to be approved by the Patriots Path Council. His plan included rejuvenating a large flower bed and building four sets of picnic tables and benches to be placed in the shade at the back of the pool.

Nicholas reached out to Williams Nursery of Westfield for donations of flowers and plants. Plant supervisor Matthew Mitchell, who is also an Eagle Scout, helped him with plant selection and gave useful tips. To raise the money needed for supplies and materials, Nick reached out to his friends, family, neighbors, swim teammates, church community and many other people who knew and supported him for years during his scouting journey.

Nick guided and supervisedhis crew including scouts from troop 80, his friends from Cranford High School and his family members during several hot days in July and August. This achievement would not be possible without great leadership and guidance from all of Troop 80's leaders, parents and volunteers.

These are the remarkable young people who helped Nick to achieve his goal: Mario Lancilotti, John Rato, Jared Wilson, Todd Sweeney, Jimmy Sweeney, Jin Ko, Timothy Romero, Miles Hall, Dan Stryker, Dylan Cuprewich, Kevin MaCarthy, Andrew Noesner, Zach Kornberger, and Katherine Riggins.

OSTAL PATRON
SRANFORD, NJ 0701



## CRANFORD MONTHLYNJ

Cranford Monthly is published by Renna Media. 9,500 newspapers are printed monthly and mailed to every business and resident in Cranford.

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Clerk	.908-709-7210
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Downtown Business &	
Economic Development	.908-709-7208
Library	.908-709-7272
Engineer	.908-709-7218
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## **SEND US YOUR NEWS**

Did you or someone you know accomplish something amazing? We are interested in hearing about your latest achievement (accomplishment, honor, award, etc.). Do you have an event that you need help publicizing? Then send Cranford Monthly your news!

Call: 908-418-5586 Fax: 908-709-9209 Email: info@rennamedia.com



Reserve space in the next issue. Call Tina today at 908-418-5586 or email info@rennamedia.com

## **KNIGHTS OF COLUMBUS GOLF OUTING FRI, SEPT 18**

The Cranford Knights of Columbus Council assist veterans and first responders in need. 6226 will be holding its Seventh Annual Golf Outing on Friday, September 18th at Galloping Hill Golf Club in Kenilworth NJ. The main benefactors of the outing this year will be Contact We Care who is working with the Cranford Police Department to prevent teen suicide and the Gary Sinise Foundation who works closely with the Knights of Columbus nationally to help and

There will be a shotgun start at 1:00 p.m. The cost per golfer is \$135.00 which includes 18 holes of golf, all cart and green fees, prizes, lunch at Galloping Hill and dinner at the Kenilworth Knights of Columbus Hall. For additional information, please contact John Doolan, at 908-451-8947 or via E-mail at jdoolan@verizon.net or visit www.cranfordknights.org.

## **CHAMBER GOLF OUTING WED, SEPT 16**

On Wednesday, September 16, 2015 the Cranford Chamber of Commerce will host a golf outing which will be held at Beaver Brook Country Club in Annandale, New Jersey. This outing will benefit the Cranford High School Seniors Scholarship Fund.

The Chamber of Commerce is committed to provide Cranford Seniors graduating from high school with scholarships to help further their education. It is the Chamber's firm belief that by helping Cranford students achieve their educational goals, it will not only help the students and their families, but continue to benefit the town of Cranford as well.

The event will be a fun-filled day which will include lunch on the patio with cocktails and dinner to follow. There will also be many exciting raffle prizes and golf contest awards. The cost for golfers is \$175.00, or just come and join us for dinner \$50.00 per person.

This is your opportunity to enjoy a wonderful day with friends, while supporting the Scholarship Fund. The co-sponsor of this event is Two River Community Bank.

If you would like to participate in this event, please call the Chamber office at 908-272-6114 or visit www.cranford.com/chamber to register on line. We hope to see you at our event.



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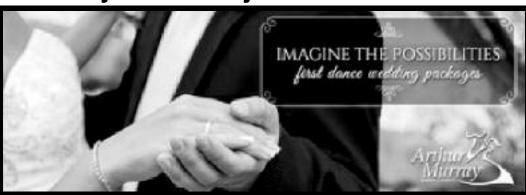
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## **7 THINGS YOU MUST KNOW BEFORE PUTTING** YOUR HOME UP FOR SALE

Cranford NJ - A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that fully three quarters of homesellers don't get what they want for their homes and become disillusioned and - worse - financially disadvantaged when they put their homes on the market.

As this report uncovers, most homesellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollar".

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## **CRANFORD SHARK FINNS HONORED BY NY GIANTS**

the field by the New York Giants during the August 29, 2015 Jets-Giants preseason game for being the top fundraising team in this year's NY Giants Snow Bowl flag football tournament, raising \$20,036 to benefit the Special Olympics

The Cranford Shark Finns were honored on New Jersey (SONJ). The team is named after Finn Morin, who was born in 2011 with Down syndrome and participates in the SONJ Young Athletes program in Cranford. The Shark Finns have raised over \$70,000 since 2012 on behalf of SONJ.



(above, front row, l-r) First row: Ted Burke, Matt Cannizzo, Finn Morin, Dermot McLeer (second row, l-r) Phil Morin, Ron Jones, Paul Zissler, Joe Agnone, John Theophilakos, Bob Tighe, Joe Asaro, Joe Buffalano. (not pictured) Chuck Walter, John Passaro, Tom Rizzuto, Joe Falso, Bob Clausen.



## Two Day Vehicle Event

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## **JUMBLE STORE HALLOWEEN COSTUME EXTRAVAGANZA**

Costume Extravaganza at The Jumble Store, 110 Walnut Ave in Cranford. The sale will run Fridav. September 25th from 4pm-8pm and September 26th from 10am-5pm. Look great while doing good in your community!

Thanks to a very generous donation from a local costume distributor, we have over 500

Join us for the 2nd Annual Halloween costumes for kids and adults! Almost all in their original packages. Most kids costumes between \$5 and \$15 and adult costumes between \$5 and \$25. Celebrate Halloween for low low prices! Like us – The Jumble Store – on Facebook and follow us on Twitter @JLEPjumblestore & Instagram - thejumblestorefor previews.

All proceeds support the Junior League of Elizabeth-Plainfield's Career Closet, which

The 42nd edition of the Cranford Community

Calendar is now available for purchase. Published

by the Cranford College Women's Club the

provides FREE business wear and accessories for women re-entering the workforce; Teen Closet, which provides FREE resume and college essay editing and FREE career wear for underserved HS seniors; and JLEP College Scholarships.

Visit www.jlepnj.org email information@jlepnj.org to learn more and get involved with the Junior League of Elizabeth-Plainfield.

## 2nd Annual Halloween Extravaganza

September 25 4pm 8pm & 26 10am-5pm

The Jumble Store 110 Walnut Ave. Cranford, NJ



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Cranford Specialist. Weichert Realtors Cranford Public Library. Cranford women with a degree from a four year college or university are invited tojoin the club which meets the second Monday of the month from October through May at the First Presbyterian Church on Springfield Avenue in Cranford at 7 PM with refreshments followed by

a guest speaker. All meetings are open to the public. To become a member contact President Arline McCloskey, 908-276-9298.



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CRANFORD COLLEGE WOMEN'S CLUB CALENDAR



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COLUMBUS WEEKEND EXTRAVAGANZA Oct 9-12

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## CRANFORD HISTORICAL SOCIETY

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## CRANE-PHILLIPS HOUSE MUSEUM SEPTEMBER PROGRAMS

124 NORTH UNION AVENUE CRANFORD, N.J. 07016

These programs are made possible by an operating support grant from the NJ Historical Commission

### **MUSEUM TOURS**

September Sunday 9/20 @ Crane-Phillips House 2-4pm

## **FALL STORY & CRAFTS:** "THE OX CART MAN"

**Sunday 9/27** @ Crane-Phillips House 2-4pm

## HISTORICAL SOCIETY **RE-ELECTS GERLACH**



At their June 22, 2015 Board Trustees meeting, the Cranford Historical Society elected to change its bylaws so they could re-elect Margaret Gerlach as President of Historical Cranford Society for the third 2-year consecutive

term. Gerlach, a life-long resident of Cranford joined the Society in 1996 and helped along with many members and volunteers for the "Lantern Light Ball" fundraiser. She was elected at that time to be the chairperson for volunteers and chaired many fundraising events. Some of the fundraising events she has been the chairperson of are: Annual Garage Sale, Holiday Boutique, Art Show, 50's & 60's...At the Hop Dance and the Wine and Cheese fundraiser. She will continue her efforts to raise money along with members and volunteers for the Society.

## **CRANFORD'S ANNUAL DUCKY DERBY RETURNS IN OCTOBER**

Hanson Park Conservancy's popular Rubber Ducky Derby is scheduled once again for Sunday, October 18th, 2015 at 4 pm. Tickets On race day, nearly one-thousand individually numbered rubber ducks will be released in the Rahway River at Sperry Park and tumble over the falls racing to the finish line at the North Union Ave Bridge. Numerous prizes for the fastest lucky duckies will be awarded. The top prize is a \$250.00 gift card.

Tickets can be purchased at two locations: Periwinkles, on North Union Avenue downtown Cranford, or the Cranford Canoe Club on Springfield Ave. Purchase a single Duck for \$5.00 or a flock of 5 ducks for \$20.00. Please secure your tickets early as ducks are limited and the race has been known to sell out.

All proceeds benefit Hanson Park maintenance and educational programs. If you have not yet walked throughh this lovely little park, please visit this hidden gem located at 38 Springfield Ave. Have you got your Ducky?



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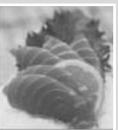
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Kids 3-6\$3.99	Kids 3-6\$5.99
2 & UnderFREE!	2 & UnderFREE!

#### FRIDAY - SATURDAY

Lunch 11am - 3:30pm	Dinner 3:30pm - 10:30pm
Adult\$7.99	Adult\$11.59
Kids 7-10\$5.99	Kids 7-10\$6.99
Kids 3-6\$3.99	Kids 3-6\$5.99
2 & UnderFREE!	2 & UnderFREE!

## SUNDAY ALL DAY DINNER 11am · 10pm

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## **SENIOR MONDAY MORNING MOVIES**

**Cranford Community Center** Audio Visual Room, 2nd Floor, starting at 11:15 am,

Cranford Resident's only. For additional information please call (908) 709-7283.

#### The Second Best Exotic Marigold Hotel

Monday, September 21, 2015 Drama, Starring: Judi Dench, Maggie Smith, Bill Nighy, Dev Patel, Celia Imrie

#### **The Longest Ride**

Monday, September 28, 2015 Romance/Drama: Britt Robertson, Scott Eastwood, Alan Alda, Jack Huston, Oona Chaplin



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(rain date, Sunday 9/27) 11 am to 9 pm — Wood Ave. at City Hall

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- VENDORS!
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- EATING CONTESTS! BEER TENT!
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**CRANFORD MONTHLY** • Page 11 • September 2015

Jeff Dunn's



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**753 Boulevard, Kenilworth NJ**Start this school year with better focus, better concentration & better discipline

**FREE Events all day!** 



11 am -Thai Kickboxing

11:30 am – Little Ninjas Class ages 4 thru 6

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1:30 pm – Kick Fit ages 12 through adult

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50/50 raffles - Prizes include: 1 Free 6-month membership 3 Free 6-week memberships T-Shirts & other prizes!

## **CRANFORD POLICE MARK ONE YEAR ANNIVERSARY OF NARCAN PROGRAM**

One year into a cutting edge program aimed at preventing overdose deaths, the Cranford Police Department reports that the program has been 100 percent successful in preventing overdose deaths in the township.

On July 1, 2014, as part of a county-wide program, all Cranford police officers were trained on the usage and administration of Narcan (generic name: naloxone). Front line police vehicles were equipped with naloxone dose packs used to reverse the effects of an extreme opioid overdose. Opiods include drugs such as heroin and many prescription pain killers.

Since the inception of the program, Cranford police officers have administered naloxone on nine separate occasions involving four different victims. All nine deployments resulted in successful reversal of the overdose symptoms, including one victim that was in cardiac arrest.

Cranford Police Chief James Wozniak believes that the Narcan program is a key resource in the community. "Unfortunately, Cranford is not immune to the statewide problem of drug use and addiction," he stated, "and coupled with aggressive enforcement and education, we now have another way to intercede and give someone a second chance at beating the addiction."

### **MARIA HOBBIE**

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## **CRANFORD FAMILY CARE SEEKING DONATIONS** TO REPLENISH THEIR FOOD PANTRY

Cranford Family Care is heading into their products. They have two freezers and a 80th year of service to the community. They offer temporary emergency assistance to qualified residents. The organization was incorporated in 1936 by local residents, houses of worship, organizations and clubs. Their mission is toassist individuals and families to become self sufficient, there is true concern for the dignity of the individual. They are a non-profit 501(c) 3 run by a Board of Directors.

They are grateful for the support of the community and most recently they received a \$10,000 donation from Cranford Rotary Club. Since January of this year Cranford Family Care was able to assist twenty-eight families in need.

Summertime is a challenging time to keep a food pantry stocked and at this time their food pantry is very low-- main needs are mac and cheese, sauce, peanut butter, jelly, coffee, sugar, canned milk, canned vegetables, baked beans, rice, instant mashed potatoes, tuna, mayo, ketchup, mustard, pickles, relish, cereal, cereal bars, snacks, juices, juice boxes, cake mixes, oil, paper products, detergents and personal

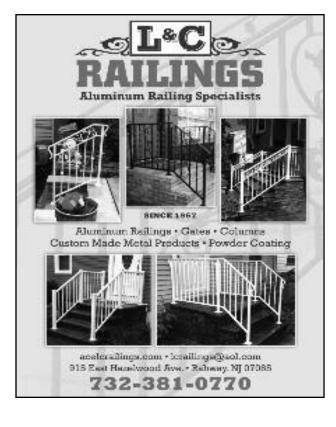
refrigerator.

They are happy to accept super market gift cards and monetary donations. And also offer "In Memory Cards" and "In Honor Cards" for people to remember their loved ones.

Kathleen Willis, Director of Cranford Family Care stated "Cranford Family Care is unique as we are the only agency of this type in Union County.We are able to offer these services with the help of donors. We hope you will consider our agency when thinking of donating toa charity."

They are located at 61 Myrtle Street, Cranford, NJ 07016. Hours are Monday - Friday 9:00am -4:00pm.

No appointment is necessary to make a donation, however it's advisable to call ahead to made sure someone is there. Nonperishable goods and gift cards to any supermarket can bedropped off during operating hours only. No items may be left in front of the building. Supermarket gift cards and checks made payable Cranford Family Care can be mailed. For more information please call 908-276-3530.





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family of monthly newspapers will grow from 12 to 18 publications. The towns of Westfield, Scotch Plains, Fanwood, Summit, New Providence, Berkeley Heights, and Mountainside will join Renna Media's existing newspapers and will deliver important information from the departments in town hall, along with news from the schools and libraries. service organizations Community encouraged to promote their events and celebrate their accomplishments free of charge. The goal of all our community newspapers is to

Beginning in October 2015 Renna Media's have a positive influence on the economic development and overall well-being of the towns they serve.

> Renna Media is a Cranford based business owned and operated by husband and wife team Joe and Tina Renna. Renna Media's family of 18 community newspapers are published in and around Union and Somerset counties with a total circulation of 100,000 newspapers mailed monthly. The publications are "hyper-local" in nature in that they contain information focused on each individual town and are direct mailed within those towns.

The concept of being hyper-local is to give local businesses a venue to promote events and services. Reaching local customers gives you the highest return for your advertising dollars. The newspapers are designed (black ink on newsprint) to keep the cost of an advertisement to as low as \$60. Inserts are also available. Regional businesses can take advantage of one low rate for advertising in multi publications.

Joe and Tina Renna, owners of Renna Media, LLC, have been publishing community newspapers since 1998 with the launch of Around About Peterstown, a regional newspaper about the Italian-American neighborhood in Elizabeth, NJ.

Renna Media sought to fill what they saw as a void in other communities and created newspapers that would give a venue to town administrations and non-profit organizations to promote upcoming events as well as to showcase the accomplishments of local residents and businesses.

For more information about Renna Media publications, please call 908-418-5586 or email: info@rennamedia.com. Visit us on-line at RennaMedia.com.





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#### INTIMIDATION

It's the first day of school, and I'm not so prepared, that summer is now over and I'm so very scared. As I approach the bus stop, I begin to think, "will the crowds be like oceans, will I start to sink?" Now I step onto the bus, and it isn't too bad, there aren't lots of people, and they all look kind of sad. Lots of people are depressed because they had so much fun, during summer (which was awesome, playing sports in the sun). It's a new game for me because I'm in middle school, will it be like elementary, will I be that cool? Also what will classes be like, will it be that tough, I hope that my report card doesn't turn out rough! At least I'll have my friends, because they'll always have my back, and what about trust? Well, that's a trait they don't lack. Now the bus is pulling up, and I think of this thought, "I bet other people feel this way, and they're also distraught! As I wait outside the door with all my classmates right beside me, I realize that beginnings are like this, and now I see! Everything in life can be intimidating now and then, but every fear does have a cure, and who can find it? You can!



## LEE ROSENTHA WINS WRITING COMPETITION



(above) Lee Rosenthal

Rosenthal. who is a middle schooler at Orange School Cranford won the New Jersey State Federation Women's Club (NJSFWC) Youth Writing Contest in the Poetry category (middle school category 6-8th

grade) for his poem entitled Intimidation. Lee had

previously won the contest at the local level and then was submitted for the state level.

Lee was encouraged to enter the contest by his 6th grade teacher, Elizabeth Chandler, who has her students submit poetry and short stories for the competition each year.

Lee has a love of writing. In fourth grade he received an honorable mention for a short play he wrote for Child's Play. He also writes comedy skits with his twin brother, Ryan. A performer by nature, Lee participated this summer in the Paper Mill Playhouse's Summer Conservatory and performed in the Paper Mill's New Voices Hooray for Hollywood concert.

(left) Lee Rosenthal state winning poem Intimidation

## PHILIP ENGEL, 2010 CHS GRAD ACCEPTS **POSITION AT EMORY UNIVERSITY**

High School and a 2014 graduate of DeSales University has been selected to the position of Assistant Sports Information Director at Emory University in Atlanta, Georgia. His duties will include being the primary media contact for the Men's and Women's Soccer teams, the Men's and Women's Swimming and Diving teams, and the Emory Baseball team.

Prior to this assignment, Philip worked at Union College in Schenectady, NY as the liaison for the Women's Hockey program, the Men's and Women's Lacrosse programs and the school's Baseball team. While in upstate New York, Philip also worked as a media consultant for the NCAA

Offer valid at Cranford Location only

Philip Engel, a 2010 graduate of Cranford Women's Basketball Regional Finals in Albany.

As an undergraduate, he worked as an intern at Lafayette College for their football, basketball and lacrosse teams. He also spent his summers with the Quakertown Blazers baseball team of the ACBL as their statistician.

After undergoing back surgery in the 8th grade, Philip was unable to play organized sports again but was afforded the opportunity to work with both the CHS football and basketball programs during his four hears in high school. This provided him with a chance to be part of the sports he loves and also led to his choice of study in college and the career path which he is now following.





Monday 12 noon - 11 pm Tuesday - Thursday 11:30 am - 11 pm Friday & Saturday 11:30 am - 12:30 am Sunday & Holidays

September 29 - Jimmy Buffett tribute artist Jimmy Maraventano.

October 5th - blood drive

All signing up to donate receives buy one get one free coupon.

October 6th and November 3rd - Bottoms Up! Hula and Dine class. \$40 includes pupu platter, first drink, one hour Hula class complete with leis and grass skirts, and buffet afterward, reservations in advance.

October 12 and December 15 - Elvis tribute artist Jim Barone. \$20 per person includes first drink, reservations in advance, mixed seating.

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## **CRANFORD LIBRARY**

Library Hours: Monday to Wednesday, 10 a.m. to 9 p.m.
Thursday and Friday, 10 a.m. to 5 p.m.- Saturday, 10 a.m. to 4 p.m.
Phone: 908-709-7272 • Email: library@cranfordnj.org • Web: cranford.com/library

## SEPTEMBER FAMILY PROGRAMS

#### **Therapy Dogs to Visit Library**

Tuesday, September 8th from 6:30-7:30 p.m. Young readers are invited to hone their skills by reading to therapy dogs at the Cranford Public Library! The dogs make a perfect, non-judgmental audience for children learning to read independently.

We're visited by the Therapy Dogs on the second Tuesday of each month between 6:30 and 7:30 p.m. Registration is required, call or stop by the Children's Department to reserve a spot.

#### **Dinosaur Parade**

Saturday, September 12 at 10:15 a.m.

Join the Dinosaur Parade! The Friends of the Cranford Public Library will be hosting a special Saturday morning Story Time, presented by seasoned storytellers Mary Ann Malloy and Carolyn Geeding.

Children ages 2-5 are invited to learn silly rhymes, sing fun songs, and hear some wild dinosaur stories!

This is a free program happening in the Cranford Community Center's A/V Room.

Registration is not required, just drop in!

#### **Sensory Story Time**

Tuesday, September 22ndat 6:30 p.m.

The Cranford Public Library
will be holding its first ever Sensory Story Time.

The interactive story time is for
all children ages 5-7;
we'll be sharing some stories and rhymes,
followed by free play at sensory activity stations.

This inclusive story time is happening in
the Library's Raddin Room.
Registration is required and begins on
September 8. Reserve a spot by phone (908-709-7272) or
in person in the Children's Department.
For a list of other upcoming programs, visit the library
Web page at cranford.com/library and click on the

Children's Department tab near the top of the page.

## CRANFORD PUBLIC LIBRARY 2015-2016 READERS' FORUM SESSIONS

The Readers' Forum, the lively book discussion group of the Cranford Public Library, will begin its 23nd year with a discussion of Great Expectations (1861) by Charles Dickens on Monday, September 28. Subsequent titles and dates are: Family Life (2014) by Akhil Sharma, October 26, 2015; The Invention of Wings (2014) by Sue Monk Kidd, November 23, 2015; The Storied Life of A.J. Fikry (2014) by Gabrielle Zevin, December 28, 2015; Everything I Never Told You (2014) by Celeste Ng, January 25, 2016; Lila (2014) by Marilynne Robinson, February 22, 2016; The Measure of a Man (2000) by Sidney Poitier, March 28, 2016; All the Light We Cannot See (2014) by Anthony Doerr, April 25, 2016; and In the Unlikely Event (2015) by Judy Blume, May 23, 2016.

All dates are Mondays. Sessions start at 7:00 p.m. and are held in the library's Fridlington Room. New members are welcome at any time. For more information, please call the library Reference Desk at 908-709-7272, extension 2102, or e-mail the library at library@cranfordnj.org. The Readers' Forum schedule is also listed under "Events & Programs" on the library's Web page at cranford.com/library.

#### **CRANFORD MONTHLY** • Page 15 • September 2015

# TONY OF TONY'S PIZZERIA IS RETIRING

After 32 years of being in business we wanted to give a heartfelt THANK YOU! to all our customers past and present. We have always been in awe of the way our customers have embraced and supported us.

We have shared so many special occasions with our customers, we felt like we were a part of your families.

Thank you for being part of our families' business and for being such a tremendous part of our lives. Tony's Café and Pizzeria will be closing its doors on Saturday, August 29th.

We wish you all the best life has to offer!

Tony, Jane, Erma, Carolyn, Tony and family



# Do you suffer from **Knee Pain?**

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In addition, we offer supportive care such as physical therapy, weight loss, nutritional counseling, corrective osteoarthritis bracing, and natural anti-inflammatory products to relieve knee pain naturally.



Dr. Scot Paris, MD using fluoroscopy during a knee injection.



## CRANFORD ROTARY GOLF OUTING BENEFITS CRANFORD FAMILY CARE

Close to one hundred golfers teed off at the 25th Annual Cranford Rotary Golf Tournament on July 27th at Echo Lake Country Club in Westfield. The Cranford Rotary presented a donation of \$10,000 to Cranford Family Care, the prime beneficiary of the event. Additional funds raised at the outing will support Rotary scholarships and other giving by the Cranford Rotary Charitable Fund, Inc.

ShopRite of Clark and Two River Community Bank were Corporate Sponsors. In addition to the

Cranford Rolary Class ALL STANDARD PROPERTY

(above l-r) Gene Matics, Treasurer of Cranford Rotary and Kathy Willis, Cranford Family Care

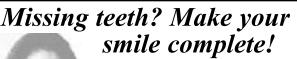
COLDINGL RESIDENTIAL BROKERAGE (908) 202-1702 CELL Elizabeth Bataille (908) 301-2046 DIRECT LINE Sales Associate (973) 387- 4457 EFAX (908) 233-5555 EXT: 117 OFFICE corporate sponsors, there were 20 other major sponsors, led by the Garlic Rose Bistro, sponsor of the \$100,000 Hole-in-One Shootout; Martin Jewelers, sponsor of the Rolex Watch hole-in-one prize; and JEC Consultants, sponsor of the \$10,000 hole-in-one prize. Additionally, over 110 other organizations and individuals sponsored holes or donated raffle prizes.

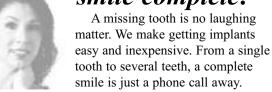
Golf prizes were presented at the after-golf reception that evening, including to Gary Soldo for the low gross score, Ed Hagen for low net score, and to 10 others for other low scores, closest to the pin and longest drives. There was also a putting contest for a \$5,000 prize and five golfers shot for a hole-in-one to win \$100,000.

Cranford Family Care Association was founded in 1936 and is a private, non-profit organization supported by the United Way, service organizations, religious institutions, professional groups and concerned citizens from the community. The mission of Cranford Family Care is to offer temporary, emergency assistance to qualified Cranford residents. The Association's aim is to return individuals and families to selfsufficiency with services offered without charge to the residents of Cranford.

The Cranford Rotary Charitable Fund, Inc. was created in 1996 with a focus on supporting education and to support the many other charitable efforts and projects of the Cranford Rotary Club, both locally, nationally and internationally.

The Rotary Club of Cranford, affiliated with Rotary International, was established in 1923 and serves the Cranford community through service projects, sponsorships and scholarships.Past beneficiaries of Rotary support include Cranford First Aid Squad, Cranford PAL, Cerebral Palsy League, Project Home, Cranford Fund for Educational Excellence, Children's Specialized Hospital, and Cranford United Way. The Cranford Rotary Club meets every Thursday morning at 7:45 am at the Cranford Community Center. Any businessperson or professional, active or retired, is cordially invited to attend a meeting to learn more about the club. For additional information, please contact Membership Chair Rich Feder at 908-500-4318.





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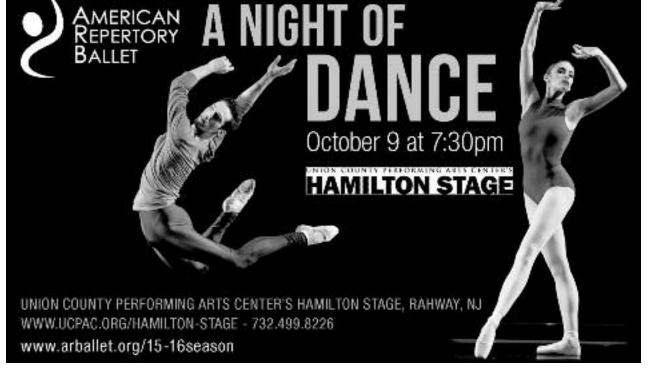
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- Empire Blue Cross Blue Shield and many more. Please call if you do not see your insurance plan listed.



## **TROOP 80 HAS AN ADVENTURE IN FLORIDA KEYS**

of eighteen scouts and two adults on the adventure of a lifetime to Florida Sea Base, the Boy Scouts' national high adventure facility in the Florida Keys.

The crew flew down to Florida in late July, starting their activities with an airboat ride in the Everglades before checking into Sea Base in Islamorada. After a day of preparation on base, including learning how to snorkel, they were transported down to Key West to board the Jolly II Rover, their home for the next week. The Jolly II Rover is an 80-foot schooner, complete with sleeping quarters, fishing gear, and a rope for swinging off the bow. The ship was crewed by Captain Rio, Chris "Cutthroat" Martin, and two staff members from Sea Base, Sabrina and Nate.

The crew set sail into the beautiful waters of the Keys, spending the week sailing, snorkeling, fishing, and swimming. Mid-week, the crew had shore leave in Key West where they toured the historic sites and visited the southernmost point in the continental US. It wasn't all fun and games, though. The scouts were also responsible for

Boy Scout Troop 80 in Cranford sent a crew keeping the schooner ship-shape and preparing all of the meals. Fortunately, they had lots of oranges aboard to stave off the dreaded scurvy.

> There were many highlights of the trip, including spotting sharks, huge conchs, and an amazing variety of spectacularly colored fish while snorkeling. Pods of dolphins swam around the bow of the boat on two occasions, and the crew enjoyed beautiful sunrises and sunsets and slept under the stars on the deck of the ship. They returned tanned and ready to start another exciting year of scouting.

> The crew was led by Shamus Garcia, and the other crew members were Trevor Aschmies, Brendan Aszklar, Frank Caldwell, Logan DesRochers, Jack Garcia, Tim Garcia, Garrett Kennedy, Zach Kornberger, Mark Lynch, Kevin McCarthy, Will O'Connor, Tim Romero, John Santulli, Rob Scheurer, Dan Stryker, Nick Stryker, and Roy James Walton.

> The adult advisors were John Aschmies and Roy Walton. A special thanks, as well, to Martha Garcia, who did a lot of the preparation and planning.



Cranford's Boy Scout Troop 80 visited Florida Sea Base, the Boy Scouts' national high adventure facility in the Florida Keys.



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For this month's Commander's Corner I am choosing to communicate two very tough topics to discuss. September is National Suicide Prevention Month as well as National POW/MIA day to be held on September 18th.

#### **SEPTEMBER IS NATIONAL**

#### **SUICIDE PREVENTION MONTH**

Currently on average 18-22 recently discharged or active duty veterans feel that there is no further way to deal with the internal casualty of war except for suicide. These rates are even higher for female Veterans. These veterans either do not know that there are services out there to help or they feel that no one will understand how they feel. There is nothing further from the truth. Many of us have felt the same way when we returned from a combat zone. These signs may mean someone is at risk for suicide. Risk is greater if a behavior is new or has increased and if it seems related to a painful event, loss, or change: Talking about wanting to die or to kill oneself; Looking for a way to kill oneself, such as searching online or buying a gun; Talking about feeling hopeless or having no reason to live; Talking about feeling trapped or unbearable pain; Talking about being a burden to others.

Suicide Is Preventable. Please call the number below if you know a Veteran who is in need of help. We need to stand together and help each other! Call the Lifeline at 1-800-273-TALK (8255). With Help Comes Hope.



#### NATIONAL POW/MIA DAY

September 18th in the National POW/MIA day of Remembrance. Cranford VFW and VFW District 5 will be holding a Remembrance Service at Memorial Park in Cranford on Saturday September 19th at 10 am. An open house atthe Post will follow. All are welcome. Some numbers are outlined below of our STILL MISSING Brothers and Sisters.

#### **WORLD WAR II**

Approximately 76,000 missing person cases remain from World War II. Of these, approximately 7,000 are MIA cases and approximately 69,000 are KIA-BNR. The number of World War II missing persons buried in graves marked as "Unknown" in U.S.

cemeteries at home or abroad is approximately 8,600. These unknowns represent approximately 11 percent of all missing persons from World War II.

#### **KOREAN WAR**

The remains of 8,177 U.S. Service Members were not recovered after the signing of the armistice in 1953. Approximately 5,960 are listed as MIA cases, while 2,217 are KIA-BNR or died in captivity. As of April 2012, 839 caskets of Korean War missing persons are buried in marked graves as "Unknown" in the National Memorial Cemetery of the Pacific. These unknowns represent 14 percent of all MIA cases from the Korean War.

#### **VIETNAM WAR**

As of April 2012, the remains of 1,681 missing persons have yet to be identified. There are no "unknown" missing persons from the Vietnam War.

#### **COLD WAR**

There are 125 missing person cases that have not been resolved. There are no "unknown" missing persons from the Cold War.





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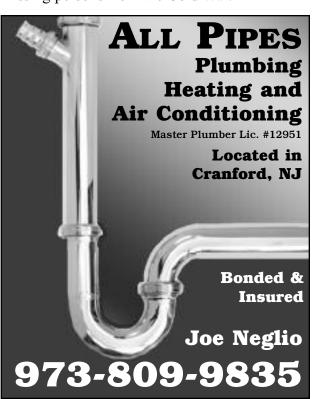
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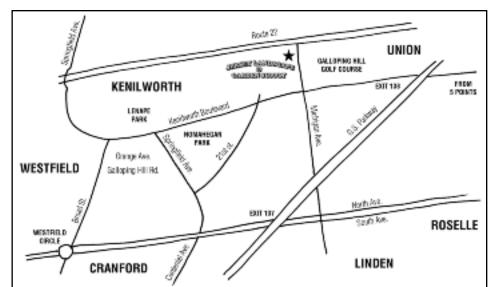
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<sup>3</sup> / <sub>4</sub> Pearl Pebble	\$82	
2-4 Pearl Pebble	\$82	
3/4 Arctic White	\$82	
3/8 Riverbed / Pea Gravel	\$56	
1 Riverbed	\$58	
2-4 Riverhed		

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1701 W. Edgar Rd. Linden, NJ 07036

FOR MORE INFORMATION,

PH: 908-862-8866 FAX: 908-862-8867

## OPEN 7 DAYS A WEEK

Sun. - Thur. 11am - 10pm Fri. - Sat. 11am - 10:30pm



PLEASE CALL









## **GIFT CERTIFICATES AVAILABLE!**

DINE-IN • BUFFET TO GO • GIFT CERTIFICATES

\* Must purchase a drink with meal. Dine in only. Coupon must be presented before payment. Limit 2 adults per coupon. Not valid with any other offer or holidays. Expires 10/15/15

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