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ISSUE 24 • SEPTEMBER 2015

PRAYER VIGIL



Shrine of St. Joseph 1050 Long Hill Road Stirling, NJ 07980 September 11, 2015 7-8pm

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FIREFIGHTERS 18TH ANNUAL BICYCLE RACE IN STIRLING

2015 New Jersey Firefighter's Bicycle Race Results

The 18th annual NJ Firefighters Bicycle Race to raise funds for the St. Barnabas Hospital Burn Center Foundation was held on Sun., July 26, 2015 in downtown Stirling. It was another successful event with more than 50 firefighters racing, including 3 female firefighter riders. Each year this event, the only one of its kind in America, is hosted by the Stirling Volunteer Fire Co. whose members spent more than 200 hours to make this event a success. A large crowd of on-lookers cheered on the racers as they completed the two mile race in full firefighter turn-out gear (less boots because it is too difficult to keep boots on the pedals). The weather for the race was sunny and in the mid-80s with low humidity. After the race, Stirling firefighters hosted a picnic lunch in the air conditioned firehouse for the racers and their guests. After the meal, trophies were awarded to the winners by firefighter race chairman Frank Reilly and Burn Center Foundation director Kathy Conlon. Both thanked the racers and Stirling firefighters for participating in this unique fund raising event and they were given a well-deserved round of applause. Ms. Conlon told the group how important fund raising events such as this are to the successful operation of the non-profit Burn Center Foundation.

Oldest racer was Kenneth Larson, a fit 67 year old firefighter, from the Green Brook Fire EMS Dept. He finished 47th and was presented with the "Oldest Firefighter Racer Award", which he accepted with much fanfare.



(above) Stirling's Deputy Fire Chief Alex Gallo comes to a stop after finishing the race.



(above) First place winner, for the second year in a row, Dawher Castro of the Stirling Vol. Fire Co. shows his jubilation.

Stirling Vol. Fire Co. racers were Deputy Chief Alex Gallo and firefighters Dawher Castro, Travis Snyder, and Randy Wojeck. Castro was a bit under the weather the race day morning and almost didn't race, but when he was encouraged by his brother firefighters and he put on his turnout gear he felt better and went on to win the race to the cheers of all the firefighters, his wife, and the on-lookers.

For photos of the race go to Stirling's website: www.stirlingfd.com and click on the Facebook icon. The 2016 race will be held on Sunday, September 26. Please plan to attend and participate as a firefighter racer if possible. Information and registration information will be on this website next spring.



(above) The starting line seconds before the start of the 2 mile race.





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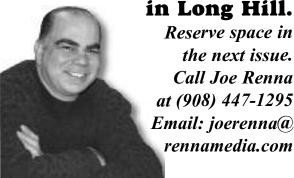
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Renna Media, LLC 202 Walnut Ave. Cranford, NJ 07016 Phone: 908-447-1295, Fax: 908-709-9209 Email: joerenna@rennamedia.com

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Reserve space in the next issue. Call Joe Renna at (908) 447-1295 Email: joerenna@ rennamedia.com

PROMOTE YOUR COMMUNITY EVENT

Community service organizations and sports teams are encouraged to submit news of upcoming events or highlights and photos on recent events.

Organizations who are interested in submitting content can email Lynn Sjurset lynn@rennamedia.com.



YOGA & WELLNESS TO BEGIN AGAIN IN GILLETTE ON SEPTEMBER 17TH

Yoga classes and wellness offerings begin again September 17th at 630 Valley Road in Gillette. Shari Czar of Infinite Heart Space will be guiding daytime yoga classes for beginners and experienced students. Classes are small allowing for personal attention to each student while variations are offered for the positions and stretches so that everyone can have a practice that feels comfortable for them.

Whether it is the opportunity to reduce stress; gain flexibility and balance; or just move the body, the yoga classes provide a relaxed, safe space to begin or continue your yoga practice. "I am excited to be teaching again at this location," said Shari Czar (RYT-200), Certified Yoga Instructor and Director of the Yoga Program. "When you walk in everyone is surprised how warm the space is. The mats allow for extra comfort when the practice is on the ground, and the mirrors offer a view into how you align your body. My goal is to help people relax in their lives and this space is perfect to work with small groups where I can focus on each person's goals and abilities."

In addition to yoga classes, Yoga Nidra, a form of deep relaxation is offered once a month on the weekend. Participants recline and relax while being guided on a journey in their mind. Yoga Nidra has been shown to improve health by lower



Shari Czar of Infinite Heart Space.

the heart rate; improving sleep; calm the nervous system; and decrease anxiety.

Additional wellness workshops and offerings, including small group and parties are offered throughout the year. For the month of September, yoga classes are 2-for-1 so bring a friend and you each pay half-price to attend a class. So whether you are interested in starting a yoga or wellness practice on your own, or with a friend, visit www.shariczar.com or call 908-963-6365 for more information.



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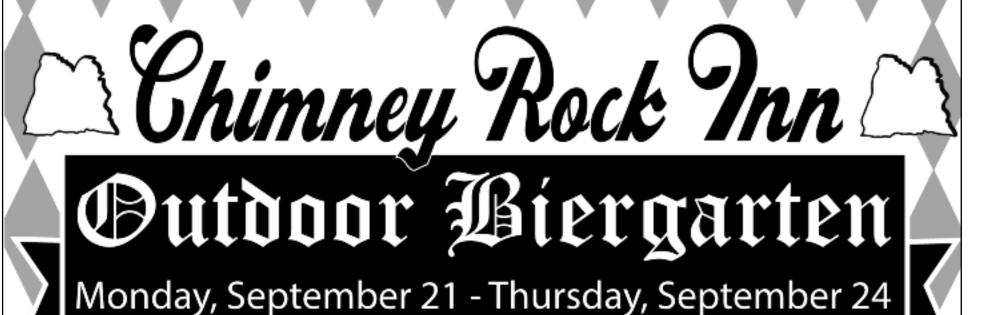
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Pickled Red Cabbage
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Black Forest Cake

RAISE THE STEIN

Samuel Adams National Stein Hoisting Competition

Wednesday, Sept. 23 7:00 - 9:00 pm Early Registration Required

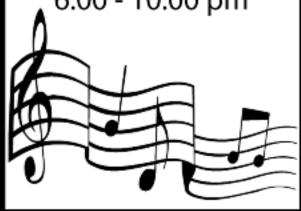


* Enter for your chance to compete in the finals on Jimmy Kimmel Live*

LIVE MUSIC

- DJ -Sept. 21 & Sept. 22 6:00 - 10:00 pm

Bavarski Polka Band Sept. 23 & Sept. 24
 6:00 - 10:00 pm



Gillette location only

342 Valley Road, Gillette NJ 07933 (908) 580-1100 www.chimneyrockinn.com



INFLATABLE FUN AT STIRLING LAKE

On Friday, July 31st, the Long Hill Township AGES 13 – 17: Recreation Advisory Committee hosted the First Annual Wibit Races at Stirling Lake. The Wibit, an inflatable obstacle course which was added to Stirling Lake in 2014, provided the backdrop for an evening of fun and competition. Participants of all ages were invited to participate and race against the clock, there were 66 participants in all. At the end of the evening, the results were as follows:

FASTEST MALE:

Noah Scanlon with a time of 13.25 seconds

FASTEST FEMALE:

Kat Noraev with a time of 13.81 seconds

AGES 8 & UNDER:

Gold Medal: Katelyn Johnstone Silver Medal: Damien Errickson Bronze Medal: Owen Lapetina

AGES 9-12:

Gold Medal: Elizabeth Noraev Silver Medal: Mead Briggs Bronze Medal: Nina DiNorscio



(above, l-r) Ages 13-17 Winners: Gino Florio, Kat Noraev, Connor Galloway.

Gold Medal: Kat Noraev Silver Medal: Connor Galloway Bronze Medal: Gino Florio

AGES 18-39:

Gold Medal: Noah Scanlon Silver Medal: Chris King Bronze Medal: Zach Scanlon

AGES 40+:

Gold Medal: Brad Cambell Silver Medal: David VanHoutte Bronze Medal: Brian Marino



(above) Ages 8 & Under Winners: L-R: Katelyn Johnstone, Owen Lapetina, Damien Errickson.



(above, l-r) Ages 9-12 Winners: Mead Briggs, Nina DiNorscio, Elizabeth Noraev.





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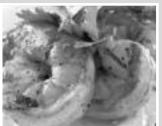
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Lunch 11am · 3:30pm	Dinner 3:30pm - 10:00pn
Adult\$7.99	Adult\$11.59
Kids 7-10\$5.99	Kids 7-10\$6.99
Kids 3-6\$3.99	Kids 3-6\$5.99
2 & UnderFREE!	2 & UnderFREE!

FRIDAY - SATURDAY

Lunch 11am	3:30pm	Dinner 3:30pn	n - 10:30pm
Adult	\$7.99	Adult	\$11.59
Kids 7-10	\$5.99	Kids 7-10	\$6.99
Kids 3-6	\$3.99	Kids 3-6	\$5.99
2 & Under		2 & Under	FREE!

SUNDAY ALL DAY DINNER 11am · 10pm

Adult	\$11.59
Kids 7-10	
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LONG HILL LIBRARY

Long Hill Township Library,
917 Valley Road, Gillette NJ 07933
Registration is required for most programs
and can be done in person,
by phone, (908) 647-2088 ext. 2,
or via email to childrens@longhilllibrary.org.
First priority for these programs
is given to Long Hill Township residents,
but non-residents are welcome
to join our waiting list.
For a complete listing of our programs please

visit our website http://longhilllibrary.org



RENNA MEDIA LAUNCHES 7 NEW NEWSPAPERS

Beginning in October 2015 Renna Media's family of monthly newspapers will grow from 12 to 18 publications. The towns of Westfield, Scotch Plains, Fanwood, Summit, Providence, Berkeley Heights, Mountainside will join Renna Media's existing newspapers and will deliver important information from the departments in town hall, along with news from the schools and libraries. Community organizations service encouraged to promote their events and celebrate their accomplishments free of charge. The goal of all our community newspapers is to have a positive influence on the economic development and overall well-being of the towns they serve.

Renna Media is a Cranford based business owned and operated by husband and wife team Joe and Tina Renna. Renna Media's family of 18 community newspapers are published in and around Union and Somerset counties with a total circulation of 100,000 newspapers mailed monthly. The publications are "hyper-local" in nature in that they contain information focused on each individual town and are direct mailed within those towns.

The concept of being hyper-local is to give local businesses a venue to promote events and services. Reaching local customers gives you the highest return for your advertising dollars. The newspapers are designed (black ink on newsprint) to keep the cost of an advertisement to as low as \$60. Inserts are also available. Regional businesses can take advantage of one low rate for advertising in multi publications.

Joe and Tina Renna, owners of Renna Media, LLC, have been publishing community newspapers since 1998 with the launch of Around About Peterstown, a regional newspaper about the Italian-American neighborhood in Elizabeth, NJ.

Renna Media sought to fill what they saw as a void in other communities and created newspapers that would give a venue to town administrations and non-profit organizations to promote upcoming events as well as to showcase the accomplishments of local residents and businesses.

For more information about Renna Media publications, please call 908-418-5586 or email: info@rennamedia.com. Visit us on-line at RennaMedia.com.



Summer Is Over And You Will Be Spending More Time At Home... MAKE SURE YOU ARE SAFE!

CHECKLIST FOR A SAFE HOME

☑ Have an electrician inspect your wiring

☑ Have your chimney cleaned

☑ Replace batteries in smoke detectors

Install security lightingInspect sump pump

☑ Make sure you don't have any plumbing leaks

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\$59 ELECTRICAL SAFETY INSPECTION

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Expires 12/31/15 941

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2015 FALL FEST ANTIQUE & CLASSIC CAR SHOW

Submitted by Evie Ernst, Car Show Director

On Sunday, October 4th, the 9th Annual Fall Fest Antique & Classic Car Show will be presented by the Long Hill Community Center and Watchung Mountain Chapter Antique & Automobile Club of America.

The show will take place on the grounds of Stirling Hotel, 227 Main Avenue, Stirling, 10 AM – 4:00 PM. Car registration opens at 9:00 AM, and closes at noon. Rain date is 10/11. In case of inclement weather call 908 647-0653 for recorded message. Pre-Registration is \$15.00 if received by 9/26/15 and Registration Day of Show is \$20.00.

Free soda and burger is offered to all show car entrants, compliments of owners, Dori and Tom Baldasarre, Stirling Hotel. Large trophies donated by President/CEO, Michael Schriner, Millington Savings Bank, will be awarded at 3:30 PM. There will also be 50/50 drawings with winning ticket drawn at noon and again at 3:15 PM. Judging is by people's choice and closes at 2:00 PM.

Our Raffle includes a 50" HDTV and other major prizes, donated by area merchants and businesses, which will be recognized and announced throughout the show. Drawing is at approximately at 3:00 PM. There is no need to be present to win.

Food will be available all day, outside in the grove, and also inside. DJ, Hot Rod Mike will entertain throughout the day with his popular music, while you view the large array of cars and trucks, ranging from antiques, to street rods, military foreign, fire & tow trucks. Vote for your favorite!

A free 50/50 ticket will be part of spectator's donation fee of \$2. (children free), located at entrance table.

To register your vehicle, download our flyer with registration form from our web site:

www.lhcommunitycenter,org, or for more info call Evie at 908 647-4038

or George at 908 403-7441.

Read the Long Hill Leader and view photos online at www.rennamedia.com and on facebook.com/LongHillLeader Feel free to "Like", "Tag" and "Share"



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HISTORICAL SOCIETY SEPTEMBER MEETING

Our September speaker is Joseph Macasek, President of the Roebling Chapter of the Society for Industrial Archaeology and President of the Canal Society of New Jersey. The topic is "Industrial Archaeology in NJ."

Industrial archaeologists explore the landscape for history stories and usually find them in places no one thought to look. We will look at several projects here in Morris County that have brought to light new information about little known aspects of local history.

All are welcome Thurs., Sept 10, 2015 at 7:30 pm Long Hill First Aid Squad Building, 949 Valley Road, Gillette. Information: 908-647-2111



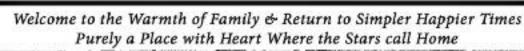
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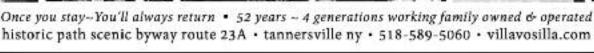












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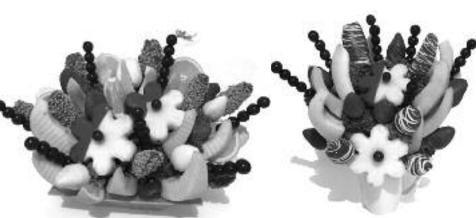
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Offer expires 10/15/15



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