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Rahway, NJ

THURSDAYS

12 P.M. - 7 P.M.

Through

Issue 62 • September 2015

RAHWAY BRANCH YMCA PARTNERS WITH JARDINE ACADEMY The Gateway Family YMCA - Rahway Branch Provides Specialized

Arts Programming. Lara Kennedy, Arts Director at The Gateway Family YMCA – Rahway Branch announced a partnership between the YMCA and Jardine Academy, with the YMCA providing specialized arts programming for the school. Jardine Academy is a school based from the Cerebral Palsy League in Cranford, NJ.The YMCA provided a 4 week specialized art program at the Rahway Branch, 1564 Irving Street, Rahway, NJ. "The program was a huge success, and we are hoping to continue to increase these types of collaborative programs here at the YMCA," stated Lara Kennedy, Arts Director.According to Rodger Koerber, Branch Executive Director, "The Gateway Family YMCA – Rahway Branch is excited to partner with local organizations and offer programs dedicated to the needs of the individuals they serve. Lara has extensive experience in the arts, including 11 years as an Arts Educator."

Through the collaboration, students were instructed on and participated in projects spanning the realm of visual arts, working hands-on to create artwork that is currently displayed in the Rahway Branch. The students created an acrylic painting based on the artworks of Sonia Delaunay. They looked at images of her work and modeled their paintings after her geometric style. They incorporated bold colors, geometric shapes and bold black outlines in order to replicate her style of painting. Students also made traditional arts and crafts for the summer to experience "summer camp"; They created a keychain, summer art pictures and name designs for their desks. The Gateway Family YMCA is a 501(c)(3) non-profit, health and community service organization of caring staff and volunteers dedicated to strengthening the foundations of community and stands For Youth Development, For Healthy Living and For Social Responsibility. The Rahwayinfo@tgfymca.org or 732-388-0057.



Gateway Family YMCA impacts the community by providing quality services to people of all ages, races, faith or incomes. The Y doesn't just strengthen bodies - it strengthens people, families and communities.For more information about community programs and services provided by The Gateway Family YMCA -Rahway Branch visit www.tgfymca.org or contact the Rahway Branch at

YMCA WELCOMES LARA KENNEDY, ARTS DIRECTOR

In August The Gateway Family YMCA - Rahway Branch announced the addition of Lara Kennedy in the position of Arts Director. According to Rodger Koerber, Branch Executive Director, "The Gateway Family YMCA – Rahway Branch is excited to officially welcome Lara Kennedy as our Arts Director.Lara brings an expansive breadth of knowledge and experience in Arts education ." Most recently, Lara was in the position of Arts Educator in private schools for children with special needs. Her previous experience includes 11 years as an arts educator.

Lara holds a Master's degree in Teaching: Art Education from Montclair State University and studied textile design at the Savannah College of Art and Design. When asked about her goals, Lara added, "We are designing a strong fall course selection in Arts programming.We have worked really hard to design a full range of offerings and I am really excited to expand our programs in Rahway."

The Rahway Branch recently completed a \$3.4 million renovation project, which included additional Arts program space as well as the construction of five Artist Lofts. The fall program session begins August 31st. The Gateway Family YMCA – Rahway Branch fall program guide includes a varying array of Arts programming for all ages and is available online at www.tgfymca.org.

(above) Lara Kennedy joins Rahwav Branch YMCA as Arts Director



November 19th U.S. POSTAGE PAID PHILA PA 191 ERMIT NO.7575 **PRSRT STD** ECRWSS





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ENTREPRENEURSHIP 101 THURS., SEPTEMBER 10 REGISTRATION DEADLINE

The UCEDC, a non-profit economic development corporation, will be offering a sixweek course titled "Entrepreneurship 101." The course will be held at the UCEDC located at 75 Chestnut Street, Cranford, NJ, on Wednesdays evenings, September 16 - October 28, 2015 from 6:00 - 9:00 pm. The cost is \$225.

This six-week course will help guide you through the early stages of the entrepreneurial process and will give you the tools to provide you with the best chance to turn your business idea into a success.

Benefits: Learn whether you have the traits to be a business owner and make your idea work Assess the feasibility of your particular business idea and ensure that it will provide the benefits you want from business ownership

Receive one-on-one mentoring for 12 months on successful completion of the class

Who should attend? Individuals contemplating starting a business, those looking for more information on assessing their ideas, early stage business owners looking to add more structure and understanding

Registration and payment due no later than Thursday, September 10 – please note that your place in the workshop will not be confirmed until payment is received.Pay via secure PayPal or by check, made payable to UCEDC.

Thanks to the support of the NJ Economic Development Authority, we're able to offer this program for a fraction of what it would normally cost.Class size will be limited to ensure that all participants can have enough individual attention. Participation at all classes, as well as weekly follow up with instructors, is mandatory. Participants may be asked by UCEDC to allow their stories and testimonials to be used for promotional purposes. UCEDC will also use our partnerships and relationships to connect graduates to appropriate resources to enhance their businesses.

THE RAHWAY PUBLIC LIBRARY

2 City Hall Plaza • Rahway, NJ 07065 (732)340-1551 • Fax: (732)340-0393

SEPTEMBER EVENTS

Check out Freegal! Freegal is a free music service that lets you stream music or download songs for free! All you need is your library card number and PIN

> **Friends Meeting:** Thursday, September 10 at 7:00pm.

The Friends of the Rahway Public Library will meet at the library at 7:00 pm on the second Thursday of each month.

Book Bingo:

Wednesday, September 16 at 1:00pm. Match up titles to win books and other prizes! This program is open to adults (age 18+). Everyone wins! One bingo board per person, per game.

Reader's Circle Book Group:

Wednesday, September 16 at 2:00pm. The Girls of Atomic City by Denise Kiernan.

TEEN EVENTS

Start the New School Year with a Superpower:

Monday, September 14 at 6:30pm. Library Technology 101: Learn about our databases, how to use internet sources wisely and more! Space is limited. Join us in our computer lab

Teen Movie Night:

Monday, September 21 at 6:00pm. Furious 7, Rated PG-13. All are welcome to attend.

CHILDREN'S EVENTS

Drop in craft: Saturday, September 12 all day. Stop by to make a craft. All ages.

Toddler Time:

Wednesdays at 10:30am 9/23 & 9/30. We will be talking, singing, reading, writing, and playing during this literacy readiness storytime. Age's birth - 4 with caregiver.

Disney BINGO:

Thursday, September 24 at 4:00pm.

Join us for a fun game of Disney BINGO! Prizes! Ages 4 and up.

Afternoon Movie:

Saturday, September 26 at 2:00pm.

Come to the library for an afternoon movie! Call the library for the title. All ages.

Lego Club:

Monday, September 28 at 6:30pm. Come to the library to make something out of Legos and put it on display! Ages 5+.

Advertising in this *newspaper* 5,000 papers are printed monthly and 4,000 mailed to every household and business in Rahway.

Reserve space in the next issue. Call Tina today at 908-418-5586 or email info@rennamedia.com



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RAHWAY GARDEN CLUB Join us at our next meeting Thursday, September 17th 7PM to 8:30 PM @ Rahway Public Library Discussion 'Our Garden Success and Lessons of 2015'

MEETING ARE FREE - OPEN TO THE PUBLIC - BRING A FRIEND





SUMMER CHANGES INTO AUTUMN

As summer turns into autumn, this is the perfect time to take notes of your summer garden and start planning for next year. Take a note pad and walk through your garden recording your favorite results as well as problems and disappointments.

Often problems occur when a plant is planted in the wrong place. A shade loving Hosta will burn its top leaves when it gets too much summer sun. On the other hand sun loving perennials will not flower well if they don't get enough sunlight. Many flowering perennials require six hours of sun a day to stay healthy and produce good flowers. This problem can be easily adjusted by simply moving these plants to a more suitable location. Record it now so you will be ready to replant them in April.

PROPAGATION BY DIVISION

Propagation by division is a quick way to multiply many perennials. Often plants require division it order to flower well. Daylilies are a great example. Dependable sun loving flowers for many years, you may notice them flowering less as time goes by. Dig up the root system and jiggle the root system apart. Then replant them about two feet apart and they will flourish again.

Hosta can be divided any time of the year, but I prefer to do it in early autumn. This way the new plants will come up looking beautiful in the spring. If divided in the spring the new plants will take all summer to fully recover and will not be as attractive. To divide Hosta lift them from the ground and cut the root ball with a sharp knife.

There is a wealth of information on when and how to divide your perennials. You can call Rutgers Cooperative Extension Garden Helpline of Union County at 908-654-9852 and they will tell or send you the information.



(above) President of The Rahway Garden Club, James Keane has been researching and answering garden questions since 1995. Visit 'Keane Gardener' blog at: keanegardener.blogspot.com

The Rahway Public Library has a good source of garden reference books with this information.

The internet is full of websites and even videos of how and when to propagate plants. As with everything on the internet choose your information well. Not all of it is dependable.

When you do divide and replant your plants be sure to supply the correct type of soil required. A Hosta will not do as well in poor sandy soil as it will in the recommended rich 'leafy' soil.

Safe & Happy Gardening, James









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MONDAY - THURSDAY

Lunch 11am • 3:30pm	Dinner 3:30pm - 10:00pm
Adult\$7.99	Adult\$11.59
Kids 7-10\$5.99	Kids 7-10\$6.99
Kids 3-6\$3.99	Kids 3-6\$5.99
2 & UnderFREE!	2 & UnderFREE!

FRIDAY - SATURDAY

Lunch 11am -	3:30pm	Dinner 3:30p	m • 10:30pn
Adult	\$7.99	Adult	\$11.59
Kids 7-10	\$5.99	Kids 7-10	\$6.99
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2 & Under			

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11 CRITICAL HOME INSPECTION TRAPS TO BE AWARE OF WEEKS BEFORE LISTING YOUR HOME FOR SALE

Rahway NJ - According to industry experts, there are over 33 physical problems that will come under scrutiny during a home inspection when your home is for sale. A new report has been prepared which identifies the eleven most common of these problems, and what you should know about them before you list your home for sale.

Whether you own an old home or a brand new one, there are a number of things that can fall short of requirements during a home inspection. If not identified and dealt with, any of these 11 items could cost you dearly in terms of repair. That's why it's critical that you read this report before you list your home. If you wait until the building inspector flags these issues for you, you will almost certainly experience costly delays in the close of your home sale or, worse, turn prospective buyers away altogether. In most cases, you can make a reasonable pre-inspection yourself if you know what you're looking for, and knowing what you're looking for can help you prevent little problems from growing into costly and unmanageable ones.

To help homesellers deal with this issue before their homes are listed, a free report entitled "11 Things You Need to Know to Pass Your Home Inspection" has been compiled which explains the issues involved.

To order a FREE Special Report, visit www.njhomeinspectiontraps.com or to hear a brief recorded message about how to order your FREE copy of this report call toll-free 1-888-243-5861 and enter 3000.

You can call any time, 24 hours a day, 7 days a week. Get your free special report NOW to learn how to ensure a home inspection doesn't cost you the sale of your home.

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ST. JOHN'S CELEBRATES 100TH ANNIVERSARY: RUSSIAN ORTHODOX CHURCH EXEMPLIFIES RELIGIOUS DIVERSITY IN RAHWAY

Submitted by Al Shipley, City Historian and Rahway Library Research Consultant

Nothing characterizes the ethnic and racial composition of a city more than the diversity of the religious communities represented in that place. From the early days of Rahway's history, religious groups have always been a vital part of the city, so much so that by the mid-1800s Rahway was noted to have been called "The City of Churches." Today, the term might still apply. Traditional denominations including Presbyterian. Baptist, Roman Catholic, Episcopal, Methodist, and Lutheran are among the more than twenty-four religious groups active in the city. Other religions that are part of the rich tapestry are African Methodist Episcopal, Byzantine Catholic, Eastern Orthodox, Agape, Spanish and Korean 7th Day Adventist, Oasis Christian, and Jehovah Witness. One church that might illustrate this ethnic diversity is St. John the Baptist Russian Orthodox Church which this month will be celebrating its 100th anniversary in Rahway.

St. John's was canonically established in 1915 by a diverse group of Slavic Orthodox Christians, many families coming from regions under the control of the Austro-Hungarian Empire in present day Slovakia, Ukraine, Poland, and Belarus. In 1915, the worshiping community purchased an old German Lutheran church, built in the 1850s, that was located on West Grand Avenue. The building became available after the Lutheran congregation moved into a new sanctuary on Campbell Street. The first liturgy in the Russian church was served on February 12, 1916 by Reverend Stephen Sipaida.

During the next several years, many Eastern European elements were added to the original 19th century congregational- styled structure to create a traditional Orthodox temple. In 1918 a cupola was added and three high quality bronze bells were purchased and hung in the tower. By 1931, a two- tier Iconostasis had been completed and a carved canopy was raised over the altar. More progress was made when land for a cemetery was purchased in 1916 and by the mid-



(above) St. John the Baptist Russian Orthodox Church will be celebrating its 100th anniversary in Rahway this month.

1920s a rectory was built on the corner of West Grand and Allen Street.

The women of the parish organized an Altar Guild in 1928 to aid the Priest and Church Board with the physical upkeep of the church and rectory. By the 1940s, a Sunday school was established with programs for both children and adults. It was during this time that English was introduced in the services for the benefit of the children and for those who were approaching the faith from the local community. Services are currently celebrated primarily in English, with some prayers and hymns in Church Slavonic.

By the late 1950s the one hundred year old structure was showing signs of its age and with the growing congregation bursting at the seams in the small church, a committee was formed to develop plans for a new sanctuary. Through a faithful commitment of stewardship, parish members labored long and hard and donated much to insure the success of their new church. Many fundraisers were held over the next decade including the popular pirohi making project which has endured the test of time and continues to the present. The result of the dedicated work the construction of the present was contemporary- styled temple which was completed in 1972. The most unique and recognizable feature of the church is the three onion-shaped domes which adorn the roof.

In 1985, a new modern rectory was built on the site of the old rectory which had been sold and moved onto the east side of Allen Street.

During the spring of 2003, over four acres of land adjacent to the church property was restored by the Union County Department of Parks and Recreation as a natural wetland and wildlife observation area. The park, now part of the Union County Parks system, is named in memory of Michael Bezega, a St. John's parishioner, who, while serving our country during the Vietnam War, was killed in action on June 22, 1970.

In preparation for the 100th anniversary, the church domes were refurbished and today glow in resplendent gold. According to Father Andrew Fetchina, pastor, "The domes may serve as a symbol of St. John's bright past and brilliant future which lies ahead in our congregation's "Life in Christ."



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ABREU FAMILY AND FLAMING PIT BBQ

Flaming Pit BBQ held their official Grand Opening on July 11, 2015. The family owned business, located at 1311 Madison Hill Road in Rahway, features a European and American cuisine and a charcoal pit. They serve organic meat.

Owner Marco Abreu is joined by his wife Sonia and daughters Maggy and Terry in the business. They not only work in Rahway, they chose to live here. The family is originally from Germany, they moved to Kearny, NJ in 2006. The family moved to Rahway from Kearny on August 1, 2015 and Maggy and Terry will be starting the school year here in Rahway.

Marco was born in Portugal. His family moved to Germany when he was six months old where his mom's father owned one of the oldest restaurants. Marco traveled the world a bit, working in restaurants in France, England, Switzerland and then returned to Germany where he met his wife Sonia while working at his family's restaurant. The entire family speaks 4 languages including English, German, Spanish and Portuguese. Their menu incorporates all of these cultures, and the atmosphere features the warmth of this close-knit, hard-working family.



(above, l-r) Marco, Sophia, Maggy and Terry.



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ANIMAL ADOPTION AT JERSEY FRESH MARKET EVERY THURSDAY

Story and Photo Submitted by the Rahway Chamber of Commerce

Best Friend is an all-volunteer, non-profit organization existing through donations received from caring people. Best Friend Dog and Animal Adoption, located in Cranford, is a small group of animal lovers dedicated to giving cats and dogs a second chance at life. Some of the animals may have been abused or neglected and some of them have been rescued from the pound just in time. More Information can be obtained by calling (908) 486-0230.



(above) Volunteer Suzanna Polhamus of Best Friend Dog and Animal Adoption sets up her pop-up tent each Thursday from noon till 6pm at Rahway's Jersey Fresh Market. The market is held downtown at Rahway's Train Station Plaza and runs through the fall. Suzanna's table sells attractive clothing and accessories. The proceeds help fund the charitable organization.



RAHWAY FIRE DEPARTMENT HONORS THEIR HEROES

The Rahway Fire department recently presented awards for three separate incidents which involved the saving of lives.

On June 19, 2014 Battalion Chief Clifford Schlosser Acting Captain Andrew Marchica, Firefighters Pete Fiore and James Thornton were dispatched to 230 E. Grand Ave. to help an unconscious female. Upon arrival the patient was



(above l-r) Firefighters Andrew Marchica and James Thornton

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not breathing. The Fire Fighters /EMT's Ave. (Korean United Methodist Church). There immediately began CPR used their defibrillator and a heart rhythm was established and a life was saved. These four firefighters received the Rahway Fire Department's Unit Award for their actions.

On March 5, 2015 Captain Michael Sandhorst, Firefighter / Emt's Keith Ferriaolo and Javier Gonzalez were dispatched on Eng # 3 to assist the First Aid Squad in gaining access to the residence. The dispatcher reported that the patient had extreme shortness of breath. The patient's condition rapidly declined and the Eng #3's crew was asked to assist in the removal of the patient. The patient coded and firefighters Ferriaolo and Gonzalez assisted the First Aid Squad and medics in CPR until a pulse was regained. Shortly after the patient again coded and CPR was re-initiated and a pulse was again re-gained. Firefighter Ferriaolo rode in the back of the ambulance and once again performed CPR on the patient to resume a pulse. Captain Sandhorst Firefighters Ferriaolo and Gonzalez received the Rahway Fire Department's Unit Award for their actions.

On April 5, 2015- Easter Sunday the duty crew was dispatched at 14:16 hours to 446 W. Grand was a reported roof collapse and fire with victims trapped. Upon arrival it was a chaotic scene with numerous victims injured and/or traumatized. A very large section of the ceiling had collapsed in the church sitting area. Arriving companies were ordered by Incident Commander Battalion Chief Daryl Rutter to do a primary search which was negative. What was initially thought to be smoke was extreme dust from the ceiling collapse. Advanced Life Support and Basic Life Support task forces established a triage unit in which 13 people went to RWJ Hospital and 1 patient was transported to University Hospital in Newark. Eng # 5 's crew Capt. William Kiger, Firefighters Keith Ferriaolo and Javier Gonzalez surveyed the area for additional hazards. Truck # 10's crew Acting Captain Scott McCarthy and Firefighter Gerald Vaughn secured the utilities and successfully shut off the electric and gas in the structure. Eng # 3's crew Acting Captain Richard Eger, firefighters Willard Jacobs and Jon Coyne established a water supply and stretched a hand line to the front door. For their heroic actions these Firefighters received the Rahway Fire Department's Unit Award.



(above l-r) Firefighters Willard Jacobs, Gerald Vaughn, Rich Eger, Javier Gonzalez, Captain Michael Sandhorst, and Battalion Chief Daryl Rutter. Photos by Rahway Fire Department



AMERICAN REPERTORY BALLET HOLDS AUDITIONS FOR RAHWAY STUDENTS TO PERFORM IN NUTCRACKER

American Repertory Ballet, New Jersey's top professional ballet company, is returning to Rahway, NJ this year with performances by its professional dancers at Hamilton Stage and Union County Performing Arts Center and with educational opportunities in the Rahway School District. This year, in addition to its School Time Matinees and residency opportunities, American Repertory Ballet is holding auditions for Rahway residents to perform alongside its professional dancers in Nutcracker on Saturday, November 21 at 2:00pm at Union County Performing Arts Center (UCPAC).

Children will have the opportunity to audition for the role of the mice in ARB's Nutcracker. They will be part of the famous battle scene in the ballet, where the main character Clara dreams that tiny mice in her living room grow giant and take on the army of toy soldiers and the Nutcracker prince. American Repertory Ballet will engage 6 students in grades K through 2. Selection is by audition only. The audition will be held Saturday, October 3, 2015 from 2:00pm until 4:00pm at Rahway High School. There is no cost to audition or participate (if selected), other than modest wardrobe/make-up fees.

The mission of American Repertory Ballet (ARB) is "to bring the joy, beauty, artistry and discipline of classical and contemporary dance to New Jersey and nationwide audiences through public performances and to dance students through artistic and educational programs." This year's "Community Mice Initiative" aims at fulfilling this mission in an immersive way that will expose children to a professional environment and challenge them to achieve performance goals.

"We are thrilled to bring this opportunity to the children of Rahway," says Lisa Beth Vettoso, Director of Educational and Community Programming. "Rahway is an incredibly supportive and artistic community, and the 'Community Mice Initiative' offers local children not only an exciting performance opportunity, but also a wonderful, immersive learning experience with role models in the arts."

In a continuing effort to reach all types of audiences, ARB will also offer its first Sensory Friendly performance of Nutcracker on Sunday, November



22 at 1:00pm at UCPAC.

Before Nutcracker season, the professional, international dancers of American Repertory Ballet will present A Night of Dance on October 9 at 7:30pm at Hamilton Stage. This is a great opportunity for families to see the company perform works beyond Nutcracker and to meet the artistic staff. On April 1, 2016 at 7:30pm, ARB will return to Hamilton Stage with Spring into Dance.

Summer Is Over And You Will Be Spending More Time At Home... MAKE SURE YOU ARE SAFE! **CHECKLIST FOR A SAFE HOME** FOR HOME A Have an electrician inspect your wiring SAFETY INSPECTION Have your chimney cleaned One coupon per transaction. One coupon per transaction. Not to be combined with any other offers. Must be present at time of service. Not to be combined with any other offers. Replace batteries in smoke detectors Must be present at time of service. Expires 12/31/15 9215 Expires 12/31/15 9415 Install security lighting -----_____ Inspect sump pump **ON OUTDOOR SECURITY** Make sure you don't have any

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JUMBLE STORE HALLOWEEN COSTUME EXTRAVAGANZA

Join us for the 2nd Annual Halloween Costume Extravaganza at The Jumble Store, 110 Walnut Ave in Cranford. The sale will run Friday, September 25th from 4pm-8pm and September 26th from 10am-5pm. Look great while doing good in your community!

YMCA TO OFFER FREE DIABETES WORKSHOPS

Quality Insights Quality Innovation Network will be offering some Free Diabetes Self-Management Workshops in Rahway that aim to improve health outcomes for people with diabetes in Union County. These workshops are free.

Created by the Stanford School of Medicine, free Diabetes Self-Management Workshops help individuals take control of their diabetes and change their life. Participants will learn about diabetes and its risks, the role of diet and exercise, how to deal with pain, fatigue and depression, how to effectively communicate with healthcare providers, managing medications, and much more. The six-week workshop will be offered at The Gateway Family YMCA -Rahway Branch (1564 Irving Street, Rahway, NJ 07065) each Thursday from September 17, 2015 to October 22, 2015. The scheduled time is 11:15 am to 1:45 pm and the exact dates are: 9/17, 9/24, 10/1, 10/8, 10/15, and 10/22. To receive more information or to register, anyone interested can contact Karen Hale, Outreach Coordinator, at (732) 238-5570 ext: 2032 or khale@hqsi.org. We regret that there can be no new attendees after the second session.

Thanks to a very generous donation from a local costume distributor, we have over 500 costumes for kids and adults! Almost all in their original packages. Most kids costumes between \$5 and \$15 and adult costumes between \$5 and \$25. Celebrate Halloween for low low prices! Like us – The Jumble Store – on Facebook and follow us on Twitter @JLEPjumblestore & Instagram - thejumblestorefor previews.

All proceeds support the Junior League of

Elizabeth-Plainfield's Career Closet, which provides FREE business wear and accessories for women re-entering the workforce; Teen Closet, which provides FREE resume and college essay editing and FREE career wear for underserved HS seniors; and JLEP College Scholarships.

Visit www.jlepnj.org or email information@jlepnj.org to learn more and get involved with the Junior League of Elizabeth-Plainfield.

YMCA HAS MORE CHOICES FOR BETTER HEALTH

The Gateway Family YMCA announces the expansion of health and wellness opportunities for members as part of a statewide membership reciprocity program. The statewide reciprocity program, titled "My Y, Your Y", provides Y members with access to over 50 participating YMCAs throughout New Jersey.

New Jersey YMCAs share a commitment to developing quality health and wellness opportunities for all and partnered to provide this unified membership reciprocity plan.

"By providing our members with more options to visit the YMCA facility that fits their life schedule, we hope to make it easier for our members to continue their health and wellness routines, provide more options to use their Y membership and lead a healthy life," stated Krystal R. Canady, CEO, The Gateway Family YMCA.

New Jersey YMCAs have been leveraging their collective impact through membership reciprocity since 2011, continually increasing wellness opportunities for members across the state. Through this program, YMCAs are providing increased accessibility to health and wellness resources at a member's own convenience, both locally and across the state. "My Y, Your Y" is an unprecedented step in strengthening the Ys impact on health and wellness in New Jersey," said Melynda A. Mileski, EVP/COO, The Gateway Family YMCA. A list of participating Ys is available on at www.tgfymca.org or www.njymca.org.

The unified New Jersey membership reciprocity plan is an addition to the national A.W.A.Y. (Always Welcome at YMCAs) program which allows access to YMCAs nationwide for a nominal fee.Similar reciprocity programs are in place in other regions of the Northeast.

For more information about programs and services provided by The Gateway Family YMCA, please visit www.tgfymca.org or contact the Elizabeth Branch 908-355-9622, Five Points Branch 908-688-9622, Rahway Branch 732-388-0057 or Wellness Center Branch 908-349-9622.



ARTS GUILD NEW JERSEY PRESENTS "NEXUS", AN INTERNATIONAL JURIED SHOW

Arts Guild New Jersey is pleased to present "Nexus", an International Juried exhibition. This exhibit will feature 35 artists from New Jersey, New York, Pennsylvania, Ohio, North Carolina, Maryland and Hawaii. The jurors for the Nexus show were Evonne M. Davis and Emma Wilcox, Directors of Gallery Aferro in Newark, New Jersey. The exhibition, which opens on September 13th and runs through October 8th, 2015 will have a free, public reception on Sunday, September 13th, 1-4 PM, at Arts Guild New Jersey, 1670 Irving Street, Rahway. Gallery Hours are Mon – Thurs: 10am-4pm, Fri: 10am to 2pm, Sat & Sun: 1-4pm or by appointment for groups of 10 or more. The exhibition is wheelchair accessible.

In the past, Arts Guild NJ presented NEXUS NEW JERSEY, a juried exhibition open only to artists living in New Jersey. The success of this exhibit led us to expand its scope to include submissions world-wide. While we have received submissions from other countries, only artists from the USA were ultimately selected by our jurors.

These years' selections are from Hawaii, Maryland, North Carolina, New York, New Jersey, Ohio, and Pennsylvania. The artists who were selected to participate in the NEXUS exhibition are Jamie & Joan Allen, Sarah Bass-Aspe, Alaine Becker, Ron Brown, Sean Carolan, Steadman Channer, Fred Cole, Eva Marie Fitzsimmons, Darlene Foster, Leonard Gabriel, Joan Ellen Gantz, Bennett Gewirtz, Inguna

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> For more information about this program and exhibit opportunities at Arts Guild New Jersey visit our website and join our mailing list or contact us at: info@agnj.org or by phone at (732) 381-7511.

> About Arts Guild New Jersey Arts Guild New Jersey is a non-profit center for the arts located in the downtown Arts District of Rahway. Each year, the Guild presents a series of fine art exhibitions and an art education program that includes studio art classes for adults, teens and children, an on-going series of intensive one-day workshops for adults, and a series of summer art workshops for teens and children. Arts Guild New Jersey is easily accessible from the Garden State Parkway, NJ Turnpike, Routes 1 & 9, Saint Georges Avenue (Route 27/35), and by train, via NJ Transit Northeast Corridor and Jersey Shore Lines. The exhibit program at Arts Guild New Jersey is made possible, in part, by funds from the New Jersey State Council on the Arts/Department of State, a Partner Agency of the National Endowment for the Arts. Sponsors of this program are RSI Bank, Rahway NJ and Phillips 66 Bayway Refinery, Linden NJ.

CONCERT FEATURES SHANICE WILLIAMS



(above) In addition to having Grammy winner Aaron Neville at the Summer Concert Series finale on Thursday August 26th, Rahway's own Shanice Williams performed. Shanice is a recent Rahway High School graduate and will be starring in NBC's, and possibly Broadway's, "The Wiz Live" as Dorothy.

Do you suffer from **Knee Pain**?

After only four visits, I have absolutely no pain! –Quenton L.



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We use a combination of precisely targeted Hyalgan injections (a gel-like natural substance that mimics natural joint fluid) with diagnostic fluoroscopy to make sure the area that needs to be treated is the exact spot where the injection goes. This is the most advanced method of pain relieving treatment, with **95% accuracy** and a very high success rate.

In addition, we offer supportive care such as physical therapy, weight loss, nutritional counseling, corrective osteoarthritis bracing, and natural anti-inflammatory products to relieve knee pain naturally.



Dr. Scot Paris, MD using fluoroscopy during a knee injection.



REGISTRATION IS OPEN FOR FALL CLASSES AT ARTS GUILD NJ IN RAHWAY

Registration is now open for Fall art classes for We do not recommend sending payment via mail sculptural pieces and holiday ornaments. adults, teens (ages 12-16), and children (ages 7-11) at Arts Guild New Jersey. Fall one-day Adult Workshop registration is also now open. Fall classes begin the week of September 29th, 2015, including several exciting new options, in addition to many familiar favorites. Classes meet once a week for eight weeks.

Adult classes, with both morning and evening options, include diverse and multi-level offerings in drawing, painting (oils, acrylics, and watercolor), and stained glass. Teen and kids classes meet after school or on Saturdays. Teen classes include drawing, oil painting, and Anime/Manga; and for kids, sculpture, drawing, pastel painting and cartooning.

For complete course descriptions and class schedules, access the online course catalog at www.agnj.org (Art Classes page) or call (732) 381-7511 to request a printed flyer. You will notice class locations specified next to each class description: either 1670 Irving for our traditional Arts Guild New Jersey building on Irving Street, or Senior Center Annex, 125 W. Milton Avenue, for the Annex space on Milton Avenue.

Registration is accepted online (www.agnj.org) where you can pay by credit card, in-person, or by mail. To register in person, visit the office at 1670 Irving Street in Rahway, Monday -Thursday, from 10:00 AM - 4:00 PM or Friday 10:00 AM - 1:00 PM (please use parking lot entrance). Cash and check payments are accepted in person or by mail; credit card payments are accepted online only. Payment must be received before the class begins to complete registration.



within one week of when classes begin.

All class space is limited, so early registration is encouraged to ensure enrollment. Members receive a \$15 discount on adult classes and a \$10 discount for kids and teens classes. To become a member, or to get more information on membership, visit www.agnj.org and click on the Membership link.

For more extensive information about Fall 2015 classes and workshops please see the following details:

Daytime adult classes include:

Art Appreciation *New (Tues.) exposes the student to a broad-ranged understanding of the visual arts field. The student's understanding of art is enhanced by studying the different periods/movements of history and the progression of art through history.

Expressive Watercolor (Wed.) an exploration of this colorful medium including the basics of color mixing, blending paint, and studies in light and shading to create vibrant paintings in your own personal style

Oil Painting: Basics & Beyond (Thurs.) a focus on composition/design, under-painting, color theory and color mixing, and the use of transparent glazes.

Evening adult classes include:

Drawing the Human Figure (Tues.) a class for artists who want to improve observational drawing skills and understand the basic anatomy and proportions of the human figure by working from a live model.

Watercolor (Wed.) teaches students to create vivid, original works of art with an emphasis on color, blending, composition, precision, form, light, shade and the use of brushes.

Painting with Oils or Acrylics (Wed.) is a study of technical, formal, and creative aspects of painting original artworks with oils from still life displays, landscape, and other inspirational sources.

Stained Glass (Thurs.) emphasize the skills of glass-cutting, foil wrapping, soldering and finishing techniques to make lampshades, stained glass window panels or even stained glass

Portrait Painting (Thurs.) focuses on capturing the likeness and personality of an individual by painting from photos, master copies and life in an intensive but fun approach.

Drawing Principles (Thurs.) a class for artists of every level to broaden understanding of visual organization, from concepts of form and color to more complex issues of perspective.

For adult classes, students are responsible for their own materials. Supply lists are distributed upon registration. Most evening classes run for 2.5 hours weekly, for eight weeks.

Teen classes at Arts Guild New Jersey include Drawing for Teens (Thurs), with a curriculum designed to build skills in drawing still life objects, portraiture, landscape, and abstraction with an emphasis on exploring the variety of ways that objects can be represented, and Japanese Anime/Manga Style Cartooning (Sat), where students learn the techniques of this popular cartooning and animation style to make their own comic art. All teen classes include materials. A new addition to the Fall, Oil Painting will provide students with instruction in all basic methods of oil painting in a format designed for teen students: Color/ Color Mixing, Design, Composition, Variety of techniques for painting: traditional and contemporary, Tonal studies, glazing, 'blocking In' etc.

Kids classes include: Sculpture for Kids (Tues), where students build three-dimensional objects out of cardboard, paper maché, wire, modeling clay and other materials; Drawing Exploration(Tues), which builds students' skills in drawing realistic and imaginary objects, people and landscapes, while tapping into their creativity and imagination and Cartooning (Sat), where students tell a simple story in pictures, creating a comic panel or comic strip page. A new addition for the Fall, Pastel Painting, is a class where students learn to create colorful artworks by drawing/ painting with soft and hard chalk pastels.

For all kids and teen classes, students in most cases are provided with materials. Most kids/teen classes run for 1.5 hours weekly for eight weeks.



AT-RISK YOUTH LEARN HOW TO DEFINE A BETTER FUTURE

Youth living within New Jersey's child welfare system may have experienced a hard past but today have the ability to define their future based on both their own choices and the resources the system makes available to them. That was the message delivered to more than 200 youth at the 2015 Annual Youth Conference held last week at L'Affaire Fine Catering in Mountainside.

The conference, sponsored by Community Access Unlimited (CAU), drew more than 150 youth from throughout the state's child welfare system as well as adults working to support them. CAU is a statewide Elizabeth-based nonprofit providing support programs and services to adults with disabilities as well as youth served under the Department of Children and Families (DCF) to enable them to live independently in the community, in areas including housing, vocational and life-skills training, education, advocacy and recreation.

Balign Johnson is a mentor, football coach and former correction officer and social worker who served as the keynote speaker. Johnson grew up in Cleveland, where his mother had two children by 17, was divorced by 21 and homeless with her children at 25. He told the audience he was surrounded by crime, drugs and prostitution and that the men and women of his neighborhood were not the sort of people he could see as role models.

Omar Anthony Carter, a former member of CAU, also spoke to the audience. He grew up in the Brick City section of Newark, was in foster care at 14 and experienced abuse, he told the audience. Today he works in security for global pharmaceutical company Allergan, is a singer, songwriter, dancer and actor and attends Kaplan University.

In addition to hearing the speakers, the youths

in attendance participated in a number of workshops on subjects including how to be a responsible adult; harassment, intimidation and bullying; safe sex and sexual exploitation; maximizing the benefits of interaction with their staffs within their programs; and aging out of the system. The theme of the conference was "Youth Rise. Despite Adversities."

"The purpose of the conference is for youth from throughout the state to learn how to maximize the benefits they can get from the support being offered them," said Tana Owens, director of residential services at CAU.

Sid Blanchard, executive director of CAU, said, "In order to meet the needs of youth we have to hear from them what their needs are. That's part of our philosophy or working with young people and people with disabilities at CAU. You can't put together proper supports without their input. It's what we call, 'Nothing about them without them.'"

ABOUT CAU

Community Access Unlimited (CAU), celebrating its 36th year of success in 2015, supports people with special needs in achieving real lives in the community.CAU provides support and gives a voice to adults and youth who traditionally have little support and no voice in society.CAU helps people with housing, life skills, employment, money management, socialization and civic activities.CAU also supports opportunities for advocacy through training in assertiveness, decision-making and civil rights.CAU serves more than 5,000 individuals each year.

For more information about CAU and its services, contact us by phone at 908.354.3040, online at www.caunj.org or by mail at 80 West Grand Street, Elizabeth, NJ 07202.

CHILD ADVOCATE TRAINING STARTS SEPTEMBER 29TH

CASA volunteers speak for foster children When removed from her parents' care, threeyear-old Alyssa was found underweight, dirty, and mostly grunted, cried or pointed to communicate; she even had been attempting to change her own diapers. When the foster mom tried to clean dirt from Alyssa's body and crust from her hair, the child was terrified of water. As words "autism spectrum" the and "developmental testing" were tossed around, the foster mom worked with Alyssa to improve communication and lessen tantrums, and introduced age-appropriate toys and books into her world.

Also about to enter Alyssa's world? Her CASA, the Court Appointed Special Advocate assigned by a Union County family court judge. Nearly 40 percent of children CASA of Union County has served this year alone entered care due to neglect, just like Alyssa, whose parents struggled with drug abuse. Armed with a court order, CASAs speak to all parties in the child's life: foster parents, doctors, caseworkers, therapists and teachers, and incorporate those findings, as well as observations from the CASA's own visits with the child, into reports for the judge. CASAs participate in court hearings and speak on the child's needs and best interests. For Alyssa, her CASA's advocacy included securing speech and occupational therapy, changed placement to a more age-appropriate special education class, and increased visitation with a caring grandparent.

Alyssa, now five, has tested out of specialneeds interventions and this fall will walk through the doors of a mainstream kindergarten classroom. She is a bright and enthusiastic child who loves horses — and her CASA.

Why don't you walk through the doors of the next CASA training sessions and be the voice to change the life of one of the 542 Union County children in foster care?

Evening classes kick off on Tuesday, September 29, 2015, include dinner and are held in Westfield. Contact Lisa at (908) 527-7048 or lporis@casaofunioncounty.org for a full training schedule and details on claiming a seat in this next CASA of Union County class.



(above) Tanya Johnson (center), senior assistant executive director of youth services at Community Access Unlimited, poses with members Dominique Black and Jonathan Kindle.



RENNA MEDIA LAUNCHES SEVEN NEW NEWSPAPERS

family of monthly newspapers will grow from 12 to 18 publications. The towns of Westfield, Scotch Plains, Fanwood, Summit, New Providence, Berkeley Heights, and Mountainside will join Renna Media's existing newspapers and will deliver important information from the departments in town hall, along with news from the schools and libraries. service Community organizations are encouraged to promote their events and celebrate their accomplishments free of charge. The goal of all our community newspapers is to

Beginning in October 2015 Renna Media's have a positive influence on the economic development and overall well-being of the towns they serve.

The concept of being hyper-local is to give

local businesses a venue to promote events and

services. Reaching local customers gives you

the highest return for your advertising dollars.

The newspapers are designed (black ink on

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to as low as \$60. Inserts are also available.

Regional businesses can take advantage of one

LLC, have been publishing community

newspapers since 1998 with the launch of

Joe and Tina Renna, owners of Renna Media,

low rate for advertising in multi publications.

Renna Media is a Cranford based business owned and operated by husband and wife team Joe and Tina Renna. Renna Media's family of 18 community newspapers are published in and around Union and Somerset counties with a total circulation of 100,000 newspapers mailed monthly. The publications are "hyper-local" in nature in that they contain information focused on each individual town and are direct mailed within those towns.

Around About Peterstown, a regional newspaper within those towns. about the Italian-American neighborhood in Elizabeth, NJ. Renna Media sought to fill what they saw as a void in other communities and created newspapers that would give a venue to town administrations and non-profit organizations to **Direct Mailed to** promote upcoming events as well as to showcase the accomplishments of local **Homes & Businesses** residents and businesses. For more information about Renna Media in 18 Towns! publications, please call 908-418-5586 or email: www.RennaMedia.com Email: info@rennamedia.com info@rennamedia.com. Visit us on-line at RennaMedia.com. Tina Renna 908-418-5586 🔹 Joe Renna 908-447-1295 **FULL COLOR INSERTS - PRINTING PRICES (Per 1,000)** 8 1/2" x 5" 11" x 17" 8 1/2" x 11" 8 1/2" x 11" 11" x 17" **POST CARDS** BROCHURES FLYERS MENUS TRI-FOLD Tri-fold to Half-fold to 3 3/4" x 8 1/2" Quarter-fold to 5.3/4" x 11" 8 1/2" x 5 1/2" Finish size 8 1/2" x 5 1/2" W/ COUPON 5" x 11" \$45 per M Up to 100,000 Full color / 2 sided 9pt stock / No bleed \$68 per M \$35 per M \$45 per M Up to 25,000 Up to 100,000 Up to 100,000 \$51 per M over 25,000 Minimum run 5,000 Full color /2 sided Full color /2 sided Full color /2 sided 60lb stock / No bleed 60lb stock / No bleed 60lb stock / No bleed **ARTWORK PRICE FOR FLYERS, BROCHURES AND MENUS STOCK DESIGN AND PRODUCTION \$600** Large library of stock layouts and images to choose from. Custom art and photography available at an hourly rate of \$120.

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Dab (16oz) cans		\$25.99
Dab (16oz) cans Heineken/Heineken Lite	24pk 24pk	\$25.99 \$21.99 \$25.99
Dab (16oz) cans	24pk 24pk	\$25.99 \$21.99 \$25.99
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Dab (16oz) cans Heineken/Heineken Lite Land Shark	24pk 24pk 24pk 24pk	\$25.99 \$21.99 \$25.99 \$22.99 \$26.99
Dab (16oz) cans Heineken/Heineken Lite Land Shark Lech (500ml)	24pk 24pk 24pk 24pk 20pk 30pk	\$25.99 \$21.99 \$25.99 \$22.99 \$26.99 \$17.99
Dab (16oz) cans Heineken/Heineken Lite Land Shark Lech (500ml) Pabst Blue Ribbon cans	24pk 24pk 24pk 20pk 30pk 24pk	\$25.99 \$21.99 \$25.99 \$22.99 \$26.99 \$17.99 \$28.99
Dab (16oz) cans Heineken/Heineken Lite Land Shark Lech (500ml) Pabst Blue Ribbon cans Pilsner Urquell	24pk 24pk 24pk 20pk 30pk 24pk 24pk	\$25.99 \$21.99 \$25.99 \$22.99 \$26.99 \$17.99 \$17.99 \$17.99
Dab (16oz) cans Heineken/Heineken Lite Land Shark Lech (500ml) Pabst Blue Ribbon cans Pilsner Urquell Sagres Beer	24pk 24pk 24pk 20pk 30pk 24pk 24pk 24pk 24pk	\$25.99 \$21.99 \$25.99 \$22.99 \$26.99 \$17.99 \$28.99 \$17.99 \$28.99 \$28.99
Dab (16oz) cans Heineken/Heineken Lite Land Shark Lech (500ml) Pabst Blue Ribbon cans Pilsner Urquell Sagres Beer Sam Adams Lager Stella Artois loose bottles	24pk 24pk 24pk 20pk 30pk 24pk 24pk 24pk 24pk 24pk	\$25.99 \$21.99 \$25.99 \$22.99 \$26.99 \$17.99 \$28.99 \$17.99 \$28.99 \$28.99 \$28.99 \$26.99
Dab (16oz) cans Heineken/Heineken Lite Land Shark Lech (500ml) Pabst Blue Ribbon cans Pilsner Urquell Sagres Beer Sam Adams Lager	24pk 24pk 24pk 20pk 30pk 24pk 24pk 24pk 24pk 24pk 24pk	\$25.99 \$21.99 \$25.99 \$22.99 \$26.99 \$17.99 \$28.99 \$17.99 \$28.99 \$28.99 \$28.99 \$28.99 \$28.99
Dab (16oz) cans Heineken/Heineken Lite Land Shark Lech (500ml) Pabst Blue Ribbon cans Pilsner Urquell Sagres Beer Sam Adams Lager Stella Artois loose bottles Super Bock	24pk 24pk 24pk 20pk 30pk 24pk 24pk 24pk 24pk 24pk 24pk 24pk 24pk	\$25.99 \$21.99 \$25.99 \$22.99 \$26.99 \$17.99 \$28.99 \$17.99 \$28.99 \$28.99 \$26.99 \$20.99 \$20.99 \$16.99
Dab (16oz) cans Heineken/Heineken Lite Land Shark Lech (500ml) Pabst Blue Ribbon cans Pilsner Urquell Sagres Beer Sam Adams Lager Stella Artois loose bottles Super Bock Tecate cans	24pk 24pk 24pk 20pk 30pk 24pk 24pk 24pk 24pk 24pk 24pk 24pk 24pk 24pk	\$25.99 \$21.99 \$25.99 \$22.99 \$26.99 \$17.99 \$28.99 \$17.99 \$28.99 \$28.99 \$28.99 \$28.99 \$28.99 \$28.99 \$28.99 \$28.99 \$28.99 \$28.99 \$28.99 \$28.99 \$28.99 \$28.99
Dab (16oz) cans Heineken/Heineken Lite Land Shark Lech (500ml) Pabst Blue Ribbon cans Pilsner Urquell Sagres Beer Sam Adams Lager Stella Artois loose bottles Super Bock Tecate cans Warka Radler (500ml) cans	24pk 24pk 24pk 20pk 30pk 24pk 24pk 24pk 24pk 24pk 24pk 24pk 24pk 24pk 24pk 24pk 24pk	\$25.99 \$21.99 \$25.99 \$22.99 \$26.99 \$17.99 \$28.99 \$17.99 \$28.99 \$29.99

"Cold or warm Beer = Same Price" "Visit the store for more In-Store Specials!"



ABC prices prevail other prices, limited to store inventory. Not responsible for typographical errors. Prices valid till September 30, 2015.



email: metroliguors@gmail.com

Hours: Mon. thru Sat. 9am - 10pm Sun. 12pm - 8pm



Witty's Fine Wine and Liquors 870 ST. GEORGES AVE. (RT. 27) RAHWAY, NJ 07065 732-381-6776 email: wittyswines@gmail.com

www.wittyswine.com

Hours: Mon. thru Wed. 9am - 9pm, Thur. - Sat. 9am - 10pm, Sun. 10am - 7pm

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WINE

Alamos Malbec	.750ml	\$ 7.99
Andre (All Types)	.750ml	. \$ 5.99
Apothic Red		
Arbor Mist Deserts		-
Avalon (Cabernet Sauvignon)		-
Barefoot All Types		-
Bartenura Moscato		-
Beringer White Zinfandel		•
Beringer White Zinfandel		
Black Box (All Types)		-
Blackstone (All Types except Chardonnay)		
Blackstone (All Types)		
Bogle (Chardonnay and Merlot)		-
Bolla		
Cakebread Napa Valley (Cabernet Sauvignon)		
Carlo Rossi (Chablis, Burgundy, Sangria, Blush)		
Carnivor (Cabernet Sauvignon)		-
Casal Garcia Vinho Verde		
Cavit (All Types)		
Chateau ste Michelle Columbia Valley Cabernet and Merlot	750ml	\$13.99
Chateau Ste. Michelle Columbia Valley Chardonnay	.750ml	\$ 9.99
Chateau Ste. Michelle Columbia Valley Riesling	.750ml	\$ 8.99
Clos du Bois Chardonnay	.1.5 L	\$18.99
Clos du Bois Cabernet, Merlot	.750m	\$13.99
Cockburns Ruby and Tawny Porto		-
Concha Y Toro Frontera		-
Coppola Diamond Cabernet Sauvignon, Merlot		
Coppola Diamond Chardonnay		
Corbett Canyon (All Types)		-
Cupcake (All types, except Prosecco and Moscato)		-
Don Perignon		
Dreaming Tree (All Types)		•
Eco Domani (Pinot Grigio)		
Fish Eye (All Types)		
Flip Flop (All Types)		
Franzia (Crisp White, Blush, Sangria, Chilable red)		
Freixenet		
Gato Negro (All Types)		
Gazela Vinho Verde		-
Ghost Pines (Merlot and Red Blend)		
J. Lohr Cabernet and Merlot		-
Kendall Jackson Vintners Chardonnay	.750ml	\$11.29
Kim Crawford (Sauvignon Blanc)	.750ml	\$13.99
Korbel (All Types except Natural and Organic)	.750ml	\$11.99
La Marca (Proseco)		
La Crema Sonoma Pinot Noir		
Liberty Creek (All Types)		

Louis Jadot Beaujolais	
Louis Jadot Beaujolais Villages	750ml \$ 10.99
Louis Jadot Pouilly Fuisse	
Luna di Luna (All Types)	1 .5L \$13.99
Mark West Pinot Noir	7 50ml \$ 9.39
Mark West Pinot Noir	1 .5L \$17.99
Martini & Rossi Asti	
Menage a Trois Red	7 50ml \$ 9.99
Merry Vale (Cabernet)	7 50ml \$49.99
Mezzacorona Pinot Grigio	1.5L \$12.99
Mi Amore Red	
Moet Imperial Champagne	75 0ml \$38.99
Noble Wine 337, 667	75 0ml \$10.99
Papi (All Types)	1. 5L \$10.99
Ravenswood (All Types)	
Real Sangria	1. 5L \$10.99
Rex Goliath (All Types)	
Robert Mondavi Private Select	
Robert Mondavi Private Select	
Rodney Strong Sonoma Cabernet & Merlot	
Rodney Strong Sonoma Cabernet & Merlot Rodney Strong Sonoma Chardonnay	
Rodney Strong Sonoma Cabernet & Merlot Rodney Strong Sonoma Chardonnay Rombauer Chardonnay	
Rodney Strong Sonoma Cabernet & Merlot Rodney Strong Sonoma Chardonnay	
Rodney Strong Sonoma Cabernet & Merlot Rodney Strong Sonoma Chardonnay Rombauer Chardonnay	
Rodney Strong Sonoma Cabernet & Merlot Rodney Strong Sonoma Chardonnay Rombauer Chardonnay Ruffino Chianti	
Rodney Strong Sonoma Cabernet & Merlot Rodney Strong Sonoma Chardonnay Rombauer Chardonnay Ruffino Chianti Ruffino Chianti	
Rodney Strong Sonoma Cabernet & Merlot Rodney Strong Sonoma Chardonnay Rombauer Chardonnay Ruffino Chianti Ruffino Chianti Ruffino Pinot Grigio Ruffino Chianti Gold Ruffino Tan label	
Rodney Strong Sonoma Cabernet & Merlot Rodney Strong Sonoma Chardonnay Rombauer Chardonnay Ruffino Chianti Ruffino Chianti Ruffino Pinot Grigio Ruffino Chianti Gold Ruffino Tan label Santa Margerita Pinot Grigio	
Rodney Strong Sonoma Cabernet & Merlot Rodney Strong Sonoma Chardonnay Rombauer Chardonnay Ruffino Chianti Ruffino Chianti Ruffino Pinot Grigio Ruffino Chianti Gold Ruffino Tan label Santa Margerita Pinot Grigio Senor Sangria (All Types)	
Rodney Strong Sonoma Cabernet & Merlot Rodney Strong Sonoma Chardonnay Rombauer Chardonnay Ruffino Chianti Ruffino Chianti Ruffino Chianti Ruffino Chianti Ruffino Chianti Ruffino Chianti Gold Ruffino Tan label Santa Margerita Pinot Grigio Senor Sangria (All Types) Silver Oak Alexander Valley Cabernet	
Rodney Strong Sonoma Cabernet & Merlot Rodney Strong Sonoma Chardonnay Rombauer Chardonnay Ruffino Chianti Ruffino Chianti Ruffino Pinot Grigio Ruffino Chianti Gold Ruffino Tan label Santa Margerita Pinot Grigio Senor Sangria (All Types) Silver Oak Alexander Valley Cabernet Simi Chardonnay	
Rodney Strong Sonoma Cabernet & Merlot Rodney Strong Sonoma Chardonnay Rombauer Chardonnay Ruffino Chianti Ruffino Chianti Ruffino Pinot Grigio Ruffino Chianti Gold Ruffino Tan label Santa Margerita Pinot Grigio Senor Sangria (All Types) Silver Oak Alexander Valley Cabernet Simi Chardonnay	
Rodney Strong Sonoma Cabernet & Merlot Rodney Strong Sonoma Chardonnay Rombauer Chardonnay Ruffino Chianti Ruffino Chianti Ruffino Chianti Ruffino Chianti Ruffino Chianti Gold Ruffino Tan label Santa Margerita Pinot Grigio Senor Sangria (All Types) Silver Oak Alexander Valley Cabernet Simi Chardonnay Sonoma Cutrer Chardonnay Sutter Home (All Types)	
Rodney Strong Sonoma Cabernet & Merlot Rodney Strong Sonoma Chardonnay Rombauer Chardonnay Ruffino Chianti Ruffino Chianti Ruffino Pinot Grigio Ruffino Chianti Gold Ruffino Tan label Santa Margerita Pinot Grigio Senor Sangria (All Types) Silver Oak Alexander Valley Cabernet Simi Chardonnay Sutter Home (All Types) Woodbridge (All Types)	
Rodney Strong Sonoma Cabernet & Merlot Rodney Strong Sonoma Chardonnay Rombauer Chardonnay Ruffino Chianti Ruffino Chianti Ruffino Chianti Ruffino Chianti Ruffino Chianti Gold Ruffino Tan label Santa Margerita Pinot Grigio Senor Sangria (All Types) Silver Oak Alexander Valley Cabernet Simi Chardonnay Sonoma Cutrer Chardonnay Sutter Home (All Types)	

FALL SPECIALS



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