

Watchung Post

Watchung's Hometown Newspaper

NJ

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ISSUE 38 • JANUARY 2016

WATCHUNG WARREN ROTARY CLUB MEETING

JANUARY 6, 2016
12:15 pm

TWIN BROOKS COUNTRY CLUB

600 Mountain Blvd
Watchung, NJ 07069

For more information
about the club and
upcoming events, please
call Robert Aznar at
(908) 451-4002

97 SENIORS INDUCTED IN NATIONAL HONOR SOCIETY

Some 97 seniors inducted into the Watchung Hills Regional High School chapter of the National Honor Society, on Thursday, Dec. 3, in the school's Performing Arts Center.

Family, friends and school officials gathered to witness the induction, and to hear words from the teacher that this year's newest chapter members selected as their Teacher of the Year: Social Studies Teacher Greg Biniukow. The Teacher of the Year is also inducted as an Honorary Member of the National Honor Society.

Biniukow is in his 11th year teaching at Watchung Hills, and has taught during that time Modern European History, U.S. History 1, and AP European History. He also acts as advisor to the Mock Trial student activity.

In thanking the students for selecting him, Biniukow said he was humbled, and added he had never before been selected for such an honor.

"Thank you for allowing me to celebrate this night with you," he said.

He said he felt privileged and grateful when he was hired "to work at such a great school district and community. Tonight, I fell privileged and grateful again."

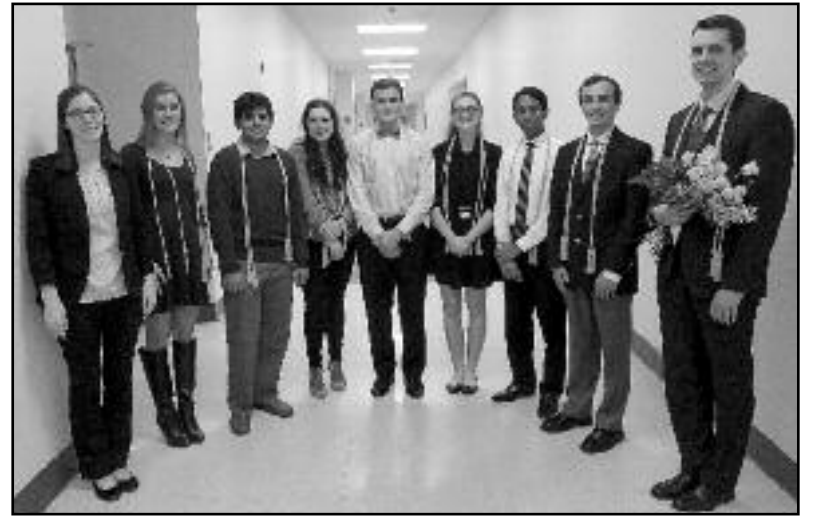
Students Dana Bernhaut of Watchung, Palmer Ferrara of Warren Township, Jack Lane of Watchung and Shivam Patel of Green Brook Township spoke about Biniukow. They said he is approachable, easy to talk to, dedicated and a hard worker.

"His class was demanding," said Bernhaut. "Tests were very challenging, and his essays were very difficult as well. We were often assigned large homework notes packets that could take hours to complete. Mr. Biniukow's class put a lot on our plates, but for as much effort as we put into our studies, Mr. Biniukow exceeded in his commitment to helping us to succeed."

Despite being a demanding class, the students said, Mr. Biniukow's passion and interest in teaching made the class enjoyable.

Connell Rae has been selected president of the Watchung Hills 2015 chapter. Vice President is Jillian Carbone, Secretary is Alyssa Rosenblum, and Treasurer is Ajey Gangwani. Community Service Coordinators are Sylvia Baeyens and Lizann Sung, and Tutoring Coordinators are Indeevar Beeram and Ari Scherzer.

Chemistry Teacher Michelle Madigan is advisor to the National Honor Society. She said this was the 37th annual induction ceremony of National Honor Society members at Watchung Hills. The National Honor Society was founded in 1921. According to society history, the objectives of the National Honor Society have been "to create an enthusiasm



(above) Some 97 seniors inducted into the Watchung Hills Regional High School chapter of the National Honor Society, on Thursday, Dec. 3, in the school's Performing Arts Center. Among the guests and faculty are, from left, Chemistry Teacher and Faculty Advisor Michelle Madigan; students Community Service Coordinators Sylvia Baeyens of Stirling, Treasurer Ajey Gangwani of Green Brook Township; Vice president Jillian Carbone of Gillette, President Connell Rae of Millington, Secretary Alyssa Rosenblum of Millington, and Tutoring Coordinators Indeevar Beeram of Green Brook Township and Ari Scherzer of Warren Township; and Social Studies Teacher Greg Biniukow, who was selected by the new inductees as their Teacher of the Year.

for scholarship, to stimulate a desire to render service, to promote worthy leadership, and to encourage the development of character in the nation's secondary school students."

Inductee David Kalwicz led the Pledge of Allegiance. Superintendent Elizabeth Jewett welcomed parents and students to the ceremony, and Principal George Alexis gave congratulatory remarks. Chapter Student Vice President Carbone played piano as guests gathered in the Performing Arts Center.

Watchung Hills chapter inductees reviewed for the audience the National Honor Society's cardinal principles: Character, Scholarship, Leadership and Community Service. Discussing what character means was Natasha Hunter; what Scholarship means was Vivian Chen and Isis Zhang; what Leadership means was Lauren Stone and Giuliana Popolillo; and what Community Service means was Allison Bernstein and Parima Kadikar.

(continued on page 2)

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Watchung Post

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Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

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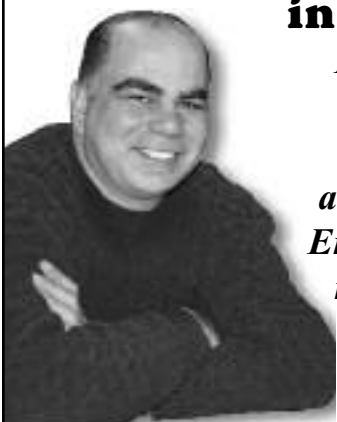
PROMOTE YOUR COMMUNITY EVENT

Community service organizations and sports teams are encouraged to submit news of upcoming events or highlights and photos on recent events.

Organizations who are interested in submitting content can email Lori Theiss at lori@rennamedia.com or call 908-858-4012

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NATIONAL HONOR SOCIETY *(continued)*

The National Honor Society Pledge is: "I pledge to uphold the high purpose of the National Honor Society to which I have been selected. I will be true to the principles for which it stands: to maintain my high scholastic standing, to hold as fundamental and worthy an untarnished character, to endeavor intelligently and courageously to be a leader, and to give myself freely in service to others."

Inductees received certificates and gold honor cords from Vice Principals Steven Searfoss and Terry MacConnell, Principal Alexis and Superintendent. Honor cords are worn at graduation. Student inductee Rohan Shah presented closing remarks.

This year's National Honor Society Inductees are: Brooke Aldrich, Hannah Ambinder, Sylvia Baeyens, Rosemarie Baratta, Claire Barrameda, Matthew Battipaglia, Indeevar Beeram, Dana Bernhaut, Allison Bernstein, Kevin Bhattacharyya, Elizabeth Buckley, Jillian Carbone, Timothy Cardona, Jenna Charko, Stephanie Chavanne, Claire Chen, Vivian Chen, Kristin Chin, Olivia Ciraulo, Matthew Corbin, and Lauren Cunningham; and

Also, Brian Dempsey, Lori Engler, Palmer

Ferrara, James Finnegan, Joshua Gallic, Ajey Gangwani, Molly Garyantes, Ryan Goldberg, Adam Goldstein, Michelle Guo, Ross Heilberg, Alexandra Hentschel, Rachel Hertzberg, Amanda Hopeck, Timothy Hsueh, Jeffrey Huang, Shailaja Humane, Natasha Hunter and Abigail Ingber; and

Also Parima Kadikar, David Kalwicz, Sohil Kapadia, Christina Karsos, Jake Karossy, Jack Lane, Devon Lauderdale, Tiffany Lin, Kevin Liu, Natalia Livcha, Lauren Loesberg, Brianna Martins, Paula Moszczynski, Teresa Nguyen, Kelly Novak, Rachel Oberman, Justin Panzarino, Nicole Parisi, Kunwoo Park, Anjali Patel, Pooja Patel, Shivam Patel, William Patterson, Giuliana Popolillo, and Kayla Purcell; and

Also, Connell Rae, Anthony Raphael, Alyssa Rosenblum, Anirudh Sagi, Alisha Sahay, Kaitlyn Santucci, Ari Scherzer, Benjamin Scherzer, Kayla Schinik, Greg Scott, Rohan Shah, Christopher Shao, Abigail Shieh, Molly Shulan, Christopher Silva, Hana Spavan, Demetrios Speros, Lauren Stone, Michelle Sucre, Annalise Suitovsky, Lizann Sung, Emily Tang, Matthew Tong, Tinpei Tung, Juhee Vaidya, Timothy Voorhees, Kiera Vrindten, Kristina Woo, Simon Yang, Isis Zhang, Eric Zhu, and Henry Zhu.

FOR THE LOVE OF READING

Angel Martinez visits the Watchung Library often with his Mom and brother. Having received an early morning call saying that he won the Gift of Reading Raffle prize basket, Angel's mom kept the surprise until Angel arrived at the library after school.

During November, each visit to the library to pick up books or participate in a program earned the visitor a raffle ticket for the Gift of Reading prize basket give-away. The basket contained books for children from preschool through middle school, along with a few plush animal reading buddies. Several books had been autographed by their authors.

Congratulations to Angel and his family for their love of reading! And thanks to all the visitors to Watchung Library who participated in the program.



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“OBSTRUCTION” - EXHIBIT AT THE WATCHUNG ARTS CENTER

During the month of January, the work of several local artists will be on display in the Heinz W. Otto Gallery of the Watchung Arts, in a group exhibit entitled “Obstruction”. There will be an opening reception on January 10, 2015 from 1 – 4 PM. The exhibit and reception are free and open to the public.

Curated by Caitlin Albright, the exhibit features work by: Haris Ahmad, Caitlin Albright, John Atura, Kat Block, Elena Caravela, Marc D'Agusto, Tracy Ditolla, Andrea Gianchiglia, Brittney Lyons, Judy Mazzucco, Katie Murdock, Diana Palermo, Joel Tidey, Katie Truk and Eric Valosin.

The show explores the types of barriers encountered or observed by artists and their methods of addressing them. Obstruction can lead to new insights and revelations just as it can lead to a standstill. Some forms of obstruction are accidental, others are self-imposed, while some forms are created by another force. The work in this show may relate very directly to the theme

of obstruction while other connections are more subtle, such as the artistic process used in the creation of the piece.

Also in January, “Focus on Still Life” in the Art Center’s Lower Gallery will highlight the photography of Theresa Hood, one of the winners of the New Art Group’s 2015 Solo Show Competition.

“RAVE ON!” RETURNS TO THE ARTS CENTER

“All the flat top cats and dungaree dolls” are headed to the Watchung Arts Center, as “RAVE ON!” returns on January 30 for an evening of 1950’s rock-n-roll. “RAVE ON!” is a band that features the music of Buddy Holly and Roy Orbison, playing hits like “That’ll Be The Day”, “Not Fade Away”, “Peggy Sue”, “Pretty Woman”, “Crying”, and “Only The Lonely”, along with other classic, early rock-n-roll songs. The show starts at 8PM and will be followed by a dessert reception and an opportunity to meet the band.

This is the music that paved the way for rock-n-roll and influenced The Beatles, The Rolling Stones, Bob Dylan, Bruce Springsteen and countless other artists.

“RAVE ON!” is living proof that Buddy Holly, Roy Orbison and the music of early rock-n-roll is timeless and continues to appeal to people of all ages.


The members of “RAVE ON!” are Chris Roselle (Guitar & Lead Vocals), Pete Farley (Bass Guitar & Background Vocals) and Don Guinta (Drums & Background Vocals). A “RAVE ON!” concert is always a crowd pleaser.



Tickets are \$16 in advance, \$20 (18 WAC members, \$10 students) at the door. You may purchase tickets securely through Eventbrite (watchungartscenter.eventbrite.com). To obtain more information about upcoming performances, classes and workshops, and monthly art exhibitions, please visit WatchungArts.org or call 908-753-0190.

The Watchung Arts Center, located at 18 Stirling Road in Watchung on the Watchung Circle, is a multi-disciplinary performing arts facility serving Watchung, the surrounding communities and the Tri-State Area.

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Lunch 11am - 3:30pm	Dinner 3:30pm - 10:30pm
Adult\$7.99	Adult\$11.59
Kids 7-10.....\$5.99	Kids 7-10.....\$6.99
Kids 3-6.....\$3.99	Kids 3-6.....\$5.99
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UNIVERSAL APPEAL

Among the holiday traditions in Watchung is the decoration of the library each year by the Garden Club of Watchung. This year's theme, PEACE ON EARTH, beautifully captures the wish in the hearts of people around the world. Stop by the library to see and share in the good will and glistening displays created by the members of the Garden Club.



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CHILDREN'S ART WORKSHOPS AT THE WATCHUNG ARTS CENTER

The Winter session of the Watchung Arts Center's Children's Drawing and Painting Enrichment Workshop program, for children ages 6-12, will begin on Tuesday, January 5, 2016. Painting classes will be held on Tuesdays from 4:30 to 6PM, with Drawing on Thursdays during those same hours. The 10-week program will run through March 10. An 8-week spring session is scheduled to begin March 22.

The full schedule can be found at www.watchungarts.org/Classes.htm.

The long-running program, which was listed in the March 2015 issue of New Jersey Family Magazine among "The Best Art Classes in New Jersey" is taught by art instructor Monica Schraiber Otero. Ms. Otero has taught Art at elementary and high school levels since 1991. She received her BA in Art from Rutgers University, Newark College of Arts and Sciences with a concentration in oil painting. In addition to teaching the Drawing and Painting classes at the WAC, she is the Director of the Summer Art Camp, and curates the Children's Juried Art Exhibition each year. She is a professional artist who shows her work in many venues throughout

NJ. She is a member of AENJ (Art Educators of NJ) and the Contemporary Art Group.

In the Drawing Enrichment Workshop, young artists develop their natural ability, improve skills and explore new techniques as they learn the fundamentals of drawing. Students will use dry and wet media such as pencil, charcoal, oil or chalk pastels, India ink and watercolors as they discover how to sketch, shade and use perspective.

Students in the Painting Enrichment Workshop create realistic pieces or let their imaginations go as they learn how to use non-toxic acrylics on canvas boards. Young artists will produce colorful works as they learn the basics of traditional technique of painting, composition and the color wheel.

The Watchung Arts Center, located at 18 Stirling Road in Watchung on the Watchung Circle, is a multi-disciplinary arts facility serving Watchung, the surrounding communities and the Tri-State Area. To obtain more information about upcoming performances, classes and workshops, and monthly art exhibitions, please visit WatchungArts.org or call 908-753-0190.

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John Lucich is the HTCN Academy Director and has been performing computer forensics for over 24 years. John is a retired state law enforcement officer from the New Jersey Attorney General's Office, Organized Crime & Racketeering Bureau and a 14 year cyber crimes instructor at Sea Girt, NJ for the State Attorney General's Academy. John is also a technical expert for Fox News and CNN news networks and has made numerous TV appearances over the past seven years. He is currently the CEO & forensic lab director for eForensix, a computer forensic consulting company who has been engaged in notable cases throughout the United States.



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WATCHUNG LIBRARY

Registration opens December 16 at 10:00 AM.

To register, go to www.sclsnj.org

Program information is subject to change, so also check online for updated programs and additions.

JANUARY AND FEBRUARY 2016 EVENTS

KIDS

Musical Fun with Miss Jamie

Wednesday, January 6 and February 3 at 10:30 AM

Presented by: Jamie Fawcett

Are you ready for some fun? In this interactive music program presented by a certified Music Together teacher, grown-ups and children will discover the joys and benefits of making music - together.

Please register for each program separately.

Ages: Babies through 6 years of age with Caregiver

Special Program!

Michelangelo, The Little Therapy Horse

Wednesday, February 17 at 4:30 PM

Michelangelo is a miniature therapy horse who visits libraries, assisted living facilities, and schools for children with special needs. Meet him and learn about miniature horses. His picture book called, Michelangelo,

The Little Therapy Horse, will be available for purchase. Have your photo taken with the "author" (Michelangelo)! Come pet and visit with him!

Miniature horses are too small to ride.

Ages 2 to 8

More Fun for Munchkins!

Monday, January 11 and February 29 at 10:30am

Presented by: Mrs. Fine

Enjoy books, songs, fingerplays, flannelboard stories, puppets and crafts - of course!

Ages: 2 to 3 with Caregiver

Miss June's Room

Thursday, January 28 and February 4 at 4:00pm

Listen to stories, make a project, and enjoy a snack.

Ages: 4 to 6

Art with Ms. Bea

Thursday, January 21, February 18 and March 1 at 4:15pm

Presented by: Beata Makowski, Artist

Great ready to learn, explore and create! Come along on a quest with great American artists, such as Jackson Pollock and Andy Warhol. Children will be introduced to an array of media: pencil, permanent marker, oil pastels, and liquid watercolor paints.

Ages: 4 to 7 with Caregiver

Leisa's Crafty Class

Wednesday, January 27 and February 24 at 4:15pm for Kids

There's lots to do when the weather gets cooler! Make a craft, have a snack and hear great stories.

Ages: 5 to 8 (Must be 5 when program begins)

Bingo with Miss June

Friday, February 5 from 4:00 PM to 5:00pm

Calling all kids who love to play bingo! Come to the library and see if you can win a prize!

Ages: 6 to 13

Teen Advisory Board (TAB)

Wednesday, January 6 and February 3 from 7:30pm to 8:30pm

Teen Advisory Board (TAB) members have a voice in activities and materials for teens in the library. Exactly what TAB does is up to its members, with approval from the teen librarian. Join the group and share your ideas! Meetings are usually the first Wednesday of the month.

Please check online to confirm that this program is happening.

Ages: For Students in Grades 6 to 12

TEENS

SAT Practice Test

Saturday, January 16 from 10:00 AM to 2:00pm

Take the SAT practice test of your choice, the current test or the new test for the class of 2017. You may also stay to practice the written portion if you wish. Your results will be provided via email. There is no cost or obligation. Test materials and results provided by

C2Educate.

Ages: Teens

ADULTS

The Lady Swings Sinatra!

Wednesday, January 13 at 1:00pm

Presented by: Francine Evans and Joel Zelnik

Francine and Joel pay tribute to the legend of Frank Sinatra, his time and his music. If you enjoy "Old Blue Eyes", you'll love this dynamic program of the "Chairman of the Board's" hit after swinging hit! This unique show features songs sung either with Sinatra or recorded by a female singer. Come and celebrate Frank's 100th birthday with the music he loved to sing.

Hypnotherapy for Empowerment

Wednesday, January 20 at 7:00pm

Presented by: Diné Potter,

Certified Master Hypnotherapist

This program will show how you can tap into the power within you and take control of your life using hypnosis.

Learn about the existence beyond your artificial limitation and your ability to live the life that is meant for you. We will review the process for self-hypnosis and the many uses of hypnotherapy such as weight loss, stress management and self-empowerment.

Energy Meditation

Friday, January 8, 15, 22, 29 and February 19, 25 from 10:45am to 12:45pm

Presented by: Patricia Barron

NEW START TIME: 10:45 AM

This seated meditation will be guided by the instructor with meditative music to circulate your energy and heal on a physical, mental and emotional basis. This class is based on principles of Chinese medicine. It will inform you how to quiet the mind by using the structure of your body and the focus on certain points on the body to become more mindful of the present moment. All meditations are done while seated on a chair so all are welcome to participate.

The Canasta Group

Thursdays, from 12:00pm to 2:00pm

Love Canasta? Want to learn? Join us!

Watchung Writers Group

Thursdays from 10:30am to 12:30pm

If you're interested in writing of any kind and want to improve your skills and share your experiences, the Watchung Writers Group would like to meet you. We look forward to your participation in the writing group.

Any question, contact Pat Rydberg at pattijeanr@aol.com.

ALL AGES

Mah Jong Club of Watchung

The Mah Jong Club of Watchung meets

every Monday and Tuesday from 1:00 to 4:00

at Watchung when the library is open. Contact Melanie Novello at Novello1800@aol.com for more information, or to be placed on the distribution list to receive evites for both clubs. No fee - All welcome.

Mondays and Tuesdays from 1:00pm to 4:00pm

Ages: All Ages

Book Clubs

Watchung Library offers three book discussion groups for adults. Check online for books, and to confirm dates and times:

2=1 Book Club

Third Monday of the 11:30am

Social Action Book Club

Third Thursday of the month at 7:00pm

Watchung Book Discussion Group

Second Thursday of the month at 7:30pm

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DISCOUNT COUPONS ON OUR WEBSITE
Pelicanshops.com

Fresh Fruit &

Vegetable Market

Freshly baked Portuguese and Italian bread delivered daily!

somersetfarms@verizon.net
somersetfarmsnj.com

908-757-7730

950 Route 22 East • North Plainfield, NJ



Store Hours: Mon-Sat: 9:00 am to 7:00 pm
Sun: 9:00 am to 5:00pm

"We're Not Just Produce"



**Your
One-stop
Party
Place**

FRESH FRUIT OR VEGETABLE PLATTERS

Platters over stuffed with the best the season has to offer.



- 14 inch 24.99
- 16 inch 29.99
- 18 inch 39.99



Perfect for Special Occasions!

COUPON

FRESH SHRIMP



\$9⁹⁹ ^{WAt1}
lb 16/20 size

By the pound only. Limit 1 lb per customer per coupon per day. Not to be combined with other offer. Offers good thru 2/15/16.

FRESH FISH Available Thursday to Sunday



*Filleted, Steaked,
Cleaned to your liking!*

COUPON

FRESH COD



\$5⁹⁹ ^{WAt1}
lb

By the pound only. Limit 1 lb per customer per coupon per day. Not to be combined with other offer. Offers good thru 2/15/16.

COUPON

BOAR'S HEAD HAM



\$6⁹⁹ ^{WAt1}
lb

Must purchase 1 lb. Limit 1 lb. per coupon. Coupon may not be combined with other offers. Limit 1 offer and coupon per day. Offer expires 2/15/16.

COUPON

SICURRO MILD SLICING PROVOLONE



\$5⁹⁹ ^{WAt1}
lb

Must purchase 1 lb. Limit 1 lb. per coupon. Coupon may not be combined with other offers. Limit 1 offer and coupon per day. Offer expires 2/15/16.

COUPON

\$1.00 OFF your purchase of \$20.00 OR MORE



Excludes garden center and fish purchases. Limit 1 offer per customer per day. Not to be combined with other offer. Offer expires 2/15/16.

SUPER PARTY TREATS

3ft - 6ft freshly baked Italian bread with Boars Head and Danielle cold cuts.

*Place you
order today!*

TOUCHDOWN - 54.99

Ham, Salami, Pepperoni,
Lettuce, Tomato

FIELD GOAL - 54.99

Turkey, Swiss, Lettuce, Tomato

THE "REF" - 59.99

Proscuitto, Mozzarella, Roasted Peppers



• Veggie Platters • Fruit Platters • Cheese Platters • Antipasto Platters

Call Today To Order! 908-757-7730 • 950 Route 22 East North Plainfield
Open 7 Days Daily 9am-7pm / Sunday 9am-5pm



*Fresh Fruit Arrangements &
Chocolate Covered Strawberries*

PERFECT GIFT FOR
• Birthdays • Thank You
• Get Well
• Deepest Sympathy
• I Love You
• Centerpieces
PERFECT DESSERT ADD ON
**Available For
Pick Up Or Delivery**

*Football Special
Chocolate Covered
Strawberries*



**\$24.99
BOX OF 12**

**Strawberry Touchdown
Special - Pick up only**

\$5 OFF

**YOUR
FRUITFUL
CREATION
\$39.99
OR MORE**



^{WAt1}
Offer expires 2/15/16.