

WARREN MONTHLY_{NJ}

WARREN'S HOMETOWN NEWSPAPER

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WARREN TOWNSHIP CHAMBER OF COMMERCE

**MARCH 24,
2016**

8:30-9:30am

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WHRHS STUDENTS SIGN ATHLETIC LETTERS OF INTENT

The National Signing Day for high school graduates intending to play football and soccer in college was Wednesday, February 3, 2016, and four seniors at Watchung Hills Regional High School (WHRHS), signed letters of intent that day notifying the colleges they plan to attend that they do intend to compete in football or soccer.

All live in Warren Township.

The football players are: Mark Ball, quarterback, son of Mark and Nicole Ball, who plans to attend and play for Pace University, New York City, N.Y.; Tyler Helbing, defensive end, son of Fred and Katrina Helbing, who plans to attend and play for Alderson Broaddus University, Phillippi, W.Va.; and Frank Rica, wide receiver, son of Frank and Lisa Rica, who plans to attend and play for Colgate University, Hamilton, N.Y.

In soccer, Ally Grunstein, forward, daughter of John and Helene Grunstein, plans to attend and play for Quinnipiac University, Hamden, Conn. Attending the letter signing ceremony from WHRHS were Principal George Alexis, Athletic Director Christopher Van Vliet, Head Football Coach Mike Katz, and Girls Soccer Coach Brian Figueiredo.

Also attending were siblings of the students signing letters of intent: Senior Matt Grunstein, twin brother of Ally Grunstein, also a soccer player, who plans to attend, but

pursue other extracurricular interests at Tulane University, New Orleans, La., as well as Freshman Andrea Rica, who plays Girls Lacrosse and is a cheerleader at WHRHS, and Sophomore Joseph Rica, who plays Boys Lacrosse at WHRHS.

In November, 10 students at WHRHS declared their intentions to attend and play lacrosse, softball, baseball, or swimming next year at colleges or universities.

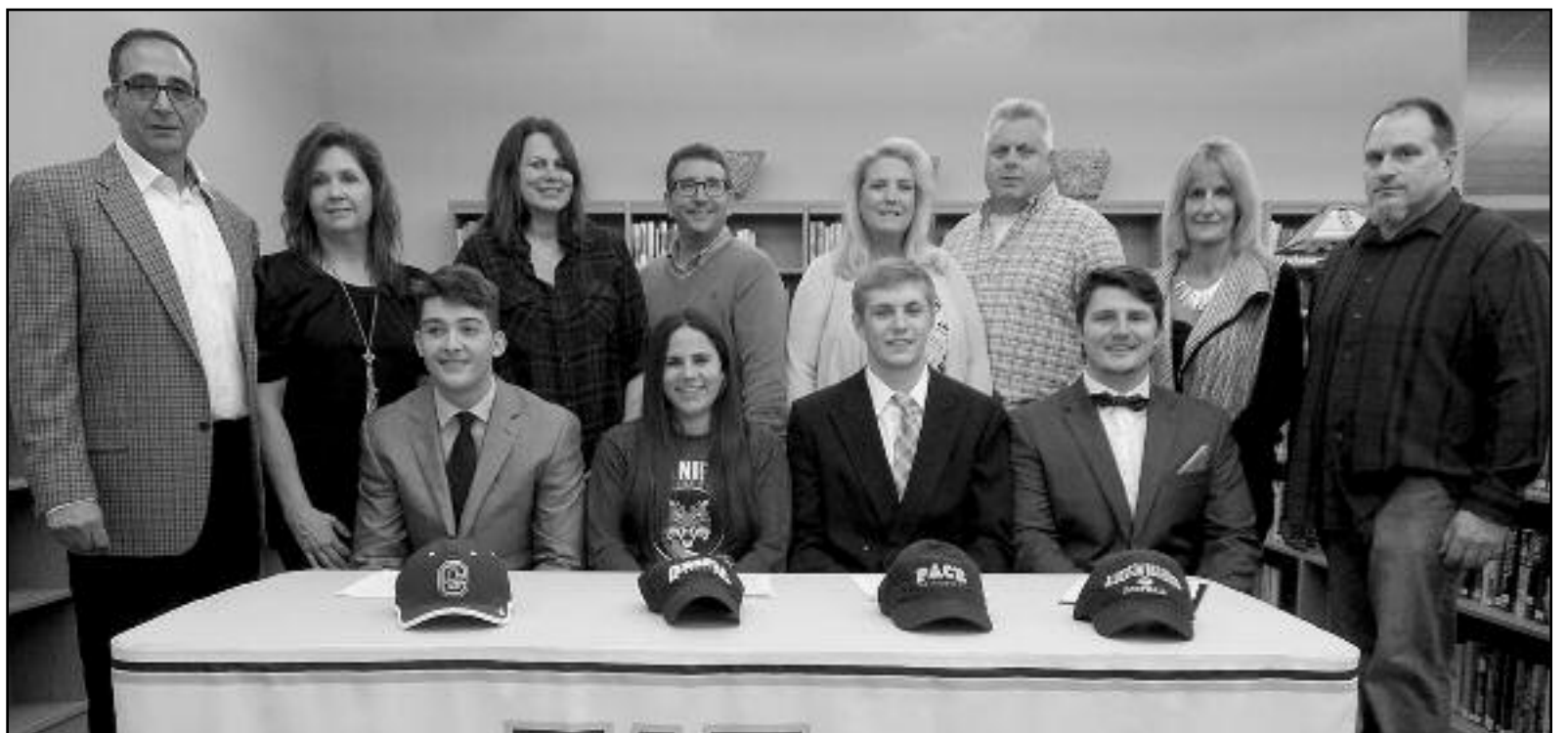
- To play lacrosse: Gabrielle Burton of Warren Township, who plans to attend LaSalle University, Philadelphia, Pa; Lindsey Carroll of Warren Township, Radford University, Radford, Va; Tyler Furlong of Warren Township, Lafayette College, Easton, Pa; Sean Mullaney of Warren Township, The College of the Holy Cross, Worcester, Mass.; Kelsey Reed of Stirling, James Madison University, Harrisonburg, Va.; and Kiera Vrindten of Warren Township, Dartmouth College, Hanover, N.H.
- To play baseball: Brian Reiss of Watchung, Monmouth University, West Long Branch.
- To play softball: Amanda Hopeck of Green Brook Township, Monmouth University; and Madison Scuderi of Warren Township, Fordham University, The Bronx, N.Y.
- To be on the swim team: Kayla Purcell of Millington, Virginia Tech, Blacksburg, Va.

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(above, seated, l-r) Frank Rica; Ally Grunstein, Mark Ball, and Tyler Helbing (standing, behind their children, l-r) Parents Frank and Lisa Rica; Helene and John Grunstein; Nicole and Mark Ball; and Katrina and Fred Helbing.



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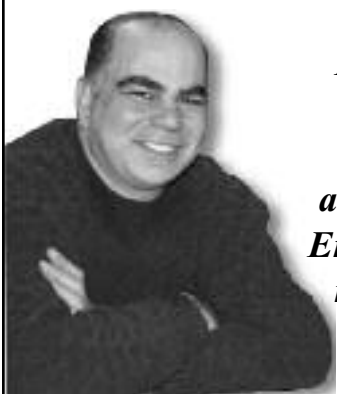
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YE'S - NEW RESTAURANT OPENS IN WARREN

A new restaurant in Warren is reaching out to its neighbors in Warren to announce their opening. Ye's Asian Bistro opened its doors in February 2016. Owners, Kevin and Yan Dong offer a unique mix of Vietnamese and Chinese Cuisine for lunch and supper. Ye's is located at 41 Mountain Boulevard, Warren, NJ.

Balancing out the Vietnamese portion of the restaurant are several dishes from other traditions, like appetizers Peking Duck Steam Buns, Indian Pancake with Chicken Curry Dipping, and Hawaii Shrimp Rolls. There are also many spicy dishes like their Rock Shrimp Singapore Vermicelli and Mandarin Fish.

Ye's drink specials are a popular attraction. Their assortments of Bubble Teas are satisfying by themselves, but Yan explains it is common to drink them with a meal. They also offer a variety of Smoothies, fresh juices, flavored teas and coffee.

Prior to opening in Warren, Kevin owned and operated Arbor Asian Bistro in the SoHo Section of Manhattan for six years. They were living in Brooklyn at the time. They saw a listing for the vacant space and after visiting the location made plans to relocate. They were impressed by not

only the restaurant space but by the town itself. Kevin and Yan now live in Warren and look forward to becoming part of the community. They have two children, three and ten years old.



(above, l-r) Kevin and Yan Dong



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* Taro

* Green Tea

Coconut

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Chocolate

* Almond

Flavored Tea \$2.50

* Rose Green/Black Tea

Passion Fruit Green Tea

* Honey Green/Black Tea

Lychee Black Tea

* Grapefruit Green Tea

Lemon Green/Black Tea

Coffee \$4

* Coconut Mocha

* Cappuccino

* Matcha Latte

* Vietnamese Coffee

(with condensed milk)

All Cold Drinks are 16 OZ; Hot Drinks are 12 OZ

* Hot Drinks Available

Smoothie \$4

Choice of Flavour

Mango

Passion Fruit

Strawberry

Kiwi

Watermelon

Lychee

Taro

Pineapple

Fresh Juice \$4

Watermelon

Cucumber

Kiwi

Mango

Orange

Soft Drink \$2.50

(Free Refill)

Coke

Diet Coke

Sprite

Fanta

Mountain Dew

Ice Tea

Lemonade

Hot Tea \$2

APPETIZERS

Fried Veggie mini Rolls (4pcs) 4

Shumai (6pcs) Steamed or fried Japanese shrimp dumplings 5

Edamame 5

* Indian Pancake w. Chicken Curry Dipping 6

Vietnamese Pork Spring Roll (4pcs) 6

Gyoza (6pcs) Choice of steamed or pan fried 6

Crystal Dumplings (6pcs) 7

Chicken Skewers (3pcs) 7

Muscle, chiu-chiu, shrimp, pork, spicy dipping

Fried Crab Cheese Wonton (6pcs) 6

Peking Duck Steam Buns (2pcs) 8

* House Spiced Lettuce Wrap 10

Choice of chicken or pork, steamed w. basil, onion, chili pepper, pineapple, fresh lime juice, served w. lettuce leaves

* Hawaii Shrimp Roll (2pcs) 8

Shredded mango, kiwi, avocado and crispy shrimp, wrapped in rice paper, served w. special sauce

Summer Roll (2pcs) 5

* Calamari 8

Battered calamari rings, deep fried to crispy, served w. citrus mayo dipping

* Rock Shrimp 10

Battered rock shrimp fried to golden crispy w. citrus mayo dipping

WOK & GRILL SIGNATURE

Served w. White Rice

Teriyaki Chicken / Beef / Shrimp / Salmon 13/16/16/18

* Ye's Crispy Chicken Cutlet 13

Breaded chicken breast deep fried to golden crispy w. chef special sauce

* Tropical Mango Chicken / Shrimp 13/15

Fresh mango, onion, bell pepper, pineapple mushroom & sweet peas sautéed w. spicy sweet mango sauce

Sangria Crispy Duck 20

Crispy duck glazed w. fruity red wine sauce over baby bok choy

* Vietnamese Basil Chicken / Beef / Shrimp 13/15/15

Sautéed w. eggplant, pineapple mushroom, onion, sweet peas and fresh basil leaves w. spicy basil sauce

House Special Curry Tofu / Chicken / Shrimp 12/13/15

Broccoli, eggplant, pineapple mushroom, onion and bell pepper cooked in green curry sauce

Korean Grilled Baby Back Ribs 20

Marinated short ribs, grilled in Korean style

* Crispy Tangerine Chicken / Beef 13/15

Sautéed chicken thighs fried to crispy and glazed w. tangerine sauce

* XO Sauce Chicken / Shrimp / Sea Bass 13/15/26

Sautéed w. wood peas, broccoli, pineapple mushroom and onion

Seafood Pan Fried Noodles 20

Shrimp, scallop, lobster, crabmeat, squid, pineapple mushroom sautéed with house special brown sauce over crispy fried noodles

* Butter Shrimp 18

Large shrimp sautéed w. chef's special sauce served w. fried black rice

Char-Grilled Chilean Sea Bass 26

Served over steamed mixed veggies with miso-orange sauce

* Mandarin Fish 18

Fresh red snapper lightly breaded to golden crispy w. sweet peas, pineapple, onion and bell peppers over special spicy sauce

* Hot & Spicy Chicken / Beef 13/15

Onion, bell peppers, pineapple mushroom, sweet peas, steamed w. chef special sauce

Crispy Cumin Lamb Chop 26

* Indian Curry Chicken 13

Broccoli Chicken / Beef / Shrimp 12/13/14

* Garlic Chicken / Beef / Shrimp 12/13/14

General Tso's Chicken / Shrimp 13/15

Sesame Seed Chicken / Shrimp 13/15

* Szechuan Chicken / Beef / Shrimp 12/13/14

SOUPS

Wonton Soup 3 5

* Hot & Sour Soup 3 5

House Special Soup 5 8

Hearty soup house made w. ground chicken, corn, potato and celery

* Lemongrass Seafood Soup 6 10

Shrimp, scallop, crab meat, pineapple mushroom, seaweed and coconut milk

SALAD

* Spicy Mango Salad 7

Shredded mango, kiwi, crispy seaweed and crushed peanuts in sweet chili sauce

Avocado Salad 6

Seaweed Salad 5

Grilled Chicken Salad 9

Grilled Salmon Salad 10

PHO

Pho starts with fragrant broth which is made fresh daily. The aromatic broth made by simmering light, quality meat, beef knuckle bones. Served with fresh flat rice noodles, and topped with your meat selection, also fresh Asian herbs and spices

Pho Bac Biet 13

The Pho bowl is packed with rare eye round steak, well-done pork flank, soft tendon, and beef balls. It's a different texture in every bite.

Pho Tai 12

A layer of thin raw eye round steak is cooked by the bowl broth right in your bowl, bringing out the sweetness & tenderness of beef slices into each bite.

Pho Bo Vien 11

Seasoned beef and soft tendon meatballs cut into bite-size portions further create an indication of sweetness to the already fragrant beef broth. It's a favorite among children.

Pho Tom 13

Pumpkin shrimp are topped over beef broth. Low in calories but amazing in taste.

BUN VERMICELLI RICE

Vermicelli rice dish with lettuce tomatoes, cucumber, roasted peanuts and fried onions. Served with homemade chili lime sauce.

Vietnamese Grill Chicken 12

Vietnamese Grill Pork Chop 13

Vietnamese Shrimp 14

Vietnamese Pork Spring Roll 10

NOODLE & RICE

* Ye's Stir Fried Rice Noodles 12/13/14

Stir-fried w. dry tofu, onion, pepper and bean sprouts, top w. peanuts

* House Pineapple Fried Rice 12/13/14

Stir-fried w. pineapple, corn, onion, bell pepper, carrots and raisins

* Vietnamese Basil Fried Rice 12/13/14

Stir-fried w. onion, bell pepper, basil, peas, carrots and corn

Yaki Udon w. Chicken / Beef / Shrimp 12/13/14

Stir-fried w. baby bok choy, onion, bell peppers and carrots

* Singapore Vermicelli 12/13/14

Stir-fried w. onion, bell pepper, bean sprouts and egg

Classic Fried Rice w. Chicken / Beef / Shrimp 11/13/14

Stir-fried w. egg, onion, peas & carrots

Roast Duck Egg Noodle Soup 12

Seafood Udon Noodle Soup 13

HEALTHY CHINESE

Choose Style, Lightly Sautéed or Bamboo Steamed, Served w. White Rice

Mixed Veggies 10

Broccoli 10

Shiitake Mushroom & Tofu 11

Baby Bok-Choy 10

String Beans 10

THE SOUND OF MUSIC AT WMS

Warren Middle School was alive with the sound of music as talented cast members of the upcoming middle school musical performed a preview at the Feb. 22 Board of Education meeting.

Seventh grader Melissa Miketen as Maria led her Von Trapp family charges in song, with "Do Re Me" and other favorites from "The Sound of Music." The full student cast, with the help of the student backstage crew, will take the stage for two nights on March 10 and 11.



(above) Warren Middle School 7th Grader Melissa Miketen (Maria) leads her Von Trapp Family charges in song at the Feb. 22 Board of Education meeting. L-R: Ariya Blow (Liesl), Paulina Przybylski (Gretl), Ally Devico (Louisa), Christopher Gagliano (Friedrich), Julia Neuwirth (Brigitta), James Young (Kurt), Marianna Renda (Marta), Melissa Miketen (Maria). Photo Credit: Mary Ann McGann

WHRHS NEWS SHE LOVES ME

By Denis J. Kelly

"She Loves Me," this year's Spring Musical at Watchung Hills Regional High School (WHRHS) will be presented at 7 p.m.,

Thursday, March 17, Friday, March 18, and Saturday, March 19, and at 2 p.m., March 19,

in the WHRHS Performing Arts Center (PAC), Stirling Road.

A free dress rehearsal performance for Senior Citizens and 8th grade students in Green Brook Township, Long Hill Township, Warren Township, and Watchung will be presented at 3:30 p.m., Wednesday, March 16, in the WHRHS PAC.

Tickets for all other performances are \$15 orchestra, \$10 rear orchestra and balcony, and \$5 for students, are available for purchase at the box office on the day of the performance or online at [www. Booktix.com](http://www.Booktix.com). All are invited.

The musical is a performance of the WHRHS Drama Department's Script and Cue Student program, directed by Drama teacher Douglas Eaton, with musical direction from Choral Music teacher Angela DiIorio Bird.

Eaton and DiIorio Bird said that the WHRHS production of *She Loves Me* involves the participation of some 45 students in the cast, another 20 in the orchestra, 20 among the crew, and countless others in set design and ancillary assistance.

Student leads in the play include Jackie Romankow as Amalia Balash, Sam Sinnott as Georg Nowak, Ryan Prestera as Seven Kodaly, Julia Sluyter as Ilona Ritter, Judy Tounsi as Arpad Lazio, Anthony Speros as Ladislav Sipos, Alex Bird as Mr. Maraczek, and Charles Buscarino as Waiter.

Book, music and lyrics for *She Loves Me* are by Joe Masteroff, Jerry Bock and Sheldon Harnick, respectively. It was originally directed and produced on Broadway by Harold Prince in association with Lawrence N. Kasha and Philip C. McKenna. Original orchestrations are by Don Walker adapted by Frank Matosich.

The story line for *She Loves Me* has been adapted for film three times in the past: For the 1940 film, titled "The Shop Around The Corner," starring James Stewart and Margaret Sullivan; for the 1949 film, titled "In The Good Old Summertime," starring Judy Garland and Van Johnson; and for the 1998 film, titled, "You've Got Mail," starring Tom Hanks and Meg Ryan. .

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Members of the HOPE (Helping Other People Everywhere) Club at Mount Saint Mary Academy (MSMA) in Watchung recognized the importance of aiding local families in need by collecting 325 boxes of cereal, which will be distributed by volunteers at the Star Fish Food Pantry in Plainfield.

The drive was held from January 25 to February 22, with donations given to Star Fish on the afternoon of February 22.

Donna Toryak, MSMA's director of admissions and the moderator of HOPE, said, "Many young students and adults will be able to start their day with a healthy breakfast thanks to these donations."

The outreach effort, which was entitled "Cereal Super Bowl," was one of many carried out during the year by the club, which boasts approximately 25 members.

Ms. Toryak added that the club has also collected paper products to benefit Project Paul in Keansburg in the fall, and prepares sandwiches for the Salvation Army in Plainfield.

Members of HOPE also play bingo on campus with the retired Sisters of Mercy and create greeting cards for them for Christmas and Valentine's Day.

A future goal for the club is to organize a "diaper drive" to benefit a local food pantry.

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independent school which provides an exemplary college preparatory education for young women in grades 9 through 12. Founded in 1908 as a sponsored work of the Sisters of Mercy, the Mount remains committed to challenging each student to develop her fullest potential in a Christian atmosphere of love and caring.



(above, l-r) Caroline Hendrix, a freshman from Westfield, Katie Butler, a sophomore from Warren, and Fiona Hadley, a freshman from Florham Park. Three members of the HOPE (Helping Other People Everywhere) club at Mount Saint Mary Academy in Watchung are pictured with some of the donated cereal boxes that will be distributed by Star Fish Food Pantry.

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BOY SCOUT PARTICIPATE IN ANNUAL KLONDIKE DERBY

Submitted by Lesley Duncan

The Annual Klondike Derby was held at Watchung Reservation on January 30, 2016. The Klondike Derby is a competition among troops in the scouting districts of Watchung Mountain

and Sussex (Patriots' Path Council). Boy Scout patrols drag Klondike sledges over predetermined routes, demonstrating their scouting skills including compass and

orienteering, lashing and knots, first aid, fire building, nature and wilderness survival, camp preparation, and team building. As you can see from the photos, the boys had a great time.



(above l-r) Daniel Brociner, Nolan Brunner, Brady Pilsbury, Nicholas Guth, Matthew Nunes, Peter Fogarty and Graham Schmidt - our younger Warren Scout team.



(above, front, l-r) Danny Brociner, Nolan Brunner, Nicholas Guth, Matthew Nunes, Graham Schmidt; (back, l-r): Michael Maloney, Dillon Monti, Chris Trovato, Brady Pilsbury, Peter Fogarty, Kyle Glorius-Patrick, David Cantone, John Trovato, Andrew Roth (scout missing, Ethan Tu).

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With this ad. From Children's menu. Can not be combined with any other offers. Expires 4/5/16

10% OFF
TOTAL BILL

With this ad. One per bill. Can not be combined with any other offers. Expires 4/5/16

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ANY \$30 BILL

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John Mangini's

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Beautiful, Traditional Colonial located in one of Warren's Desirable Neighborhoods. 10Sandalwood.com



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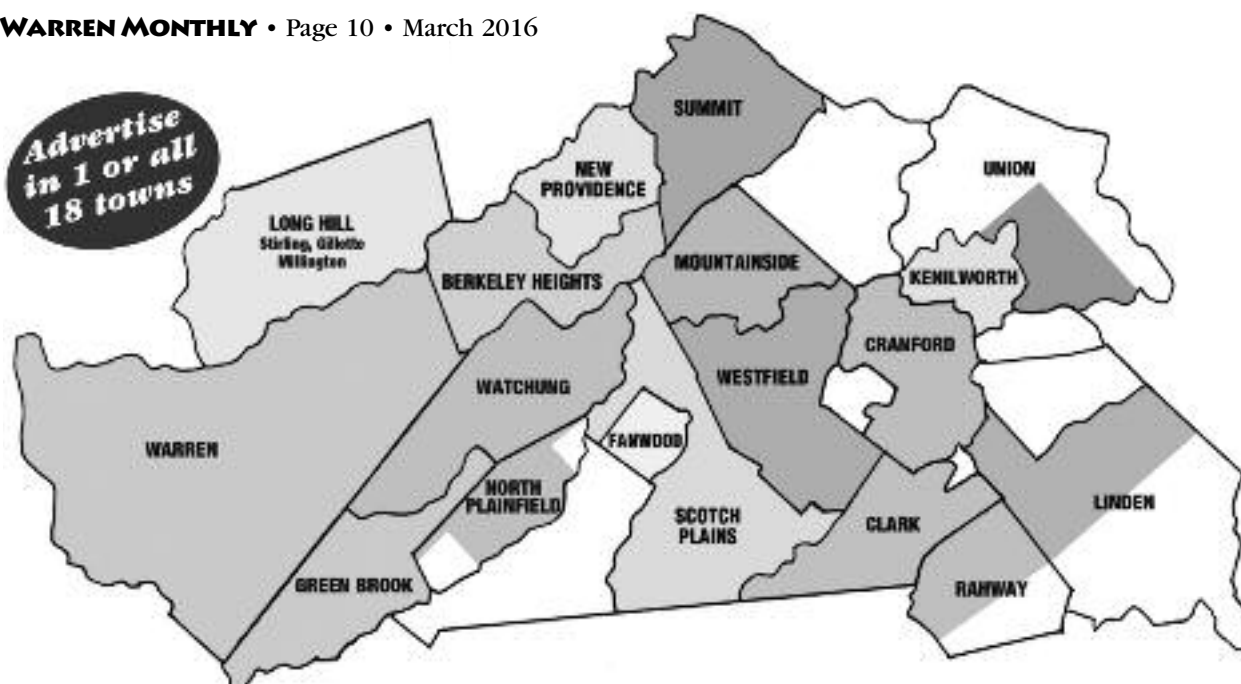
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6 Units	10" x 4"	\$240	\$600	\$900	\$1250	\$1400	\$1650	\$1900
9 HALF PAGE	10" x 6"	\$320	\$800	\$1000	\$1350	\$1500	\$1800	\$2100
12 Units	10" x 8"	\$360	\$900	\$1200	\$1550	\$1800	\$2150	\$2500
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WARRENBROOK SENIOR CENTER

500 Warrenville Road, Warren, NJ 07059 • 908-753-9440

Meals on Wheels Looking for Volunteers

The Warrenbrook Senior Center is looking for volunteers that would be willing to help prepare and portion food for their Meals on Wheels program. It would be from 8:30 – 10:30 am. We are looking for a permanent Wednesday volunteer and several on-call volunteers that are willing to fill in when needed.

Celtic Cracked Walnuts

March 14, 10:30 am

Musical duo of Jeff and Jan Ausfahl

Program features songs and stories and humor from Ireland and Scotland. In addition to the banjo and washboard that Cracked Walnuts is known for, attendees will also be treated to guitar, penny whistle, concertina and bodhran (an Irish drum) music.

What are Probiotics?

Alyssa Reyes, MS, RD, ShopRite Stirling

March 16, 10:15 am – 10:45 am

This nutrition program will highlight what probiotics are and the important role they play in good health.

After the presentation, a tasting of foods high in probiotics will be available.

State Health Insurance Program (SHIP) Counseling, March 18

Call (908) 704-6319 to make an appointment for a SHIP counselor to meet with you at the Warrenbrook Senior Center. This is a FREE service available to help New Jersey Medicare beneficiaries who have problems with, or questions about their health insurance.

SHIP is a statewide program sponsored by the New Jersey Department of Health and Senior Services.

Services available by advance appointment only and will be available the last Friday of the month.

Clay Wall Pocket Project, Art 4 All

March 21, 10:30 am

Barbara Gerson.

Join us as we make a clay pocket that can be hung on the wall and used for a dried flower arrangement or other decorative item. Advance registration is required. Class size is limited to 20 students.

Program rescheduled from January.

LUNCH and LEARN OPPORTUNITY

Art of Quilling: Snowflake Project, Art 4 All

March 21 Lunch at 11:45 am

and Project begins at 1:00 pm

Barbara Gerson. Quilling, also called paper filigree, involves rolling and combining strips of paper into highly detailed designs. Before actually making the snowflake, quilling basics will be described and “briefly” practiced. Lunch reservations are required by Wednesday, March 16th. Choice of meat-based, vegetarian or box lunch is available. Advance program registration is required. Class size is limited to 15 students. Program rescheduled from January.

Warrenbrook Book Club,

“Major Pettigrew’s Last Stand,”

March 22, 1:30 – 3:00 pm

Join the Warrenbrook Book Club to discuss this New York Times Bestseller written by Helen Simonson. New members welcome.

“Gotcha!”: Snapshots that Made History

March 28, 10:30 am

In this lecture photojournalist, Jim DelGiudance, will look at some of the accidentally historic photographs that not only changed history, but have become the icons by which we remember great events.

YOUNG ADULT SECTION LIBRARY MEETING

Katie Bojanek, youth services librarian at SCLSNJ's Warren Township Library branch and New Jersey Library Association Young Adult Section president, held a Young Adult Section meeting, open to all NJLA member teen librarians, on Friday, February 12. At the meeting, librarians from Piscataway, Paterson, Bound Brook, Madison, South Brunswick, Toms River, NJ State Library, and the NJ State Library Talking Book and Braille Center came together to share ideas, support each other, and discuss topics important to young adult patrons.



(above) Katie Bojanek

WATCHUNG BOROUGH RECREATION COMMISSION

15 Mountain Blvd., Watchung, NJ 07069 • 908-756-0080 Ext. 210 • Fax 908-757-7027

Check out Warren and Green Brook websites for programs and camps available to Watchung residents, and for all sports registration sign up information & program links www.watchungnj.gov

Mah Jongg Club

Monday & Tuesdays from 1:00 pm – 4:00 pm
(All year)

Adult Game Day

Thursdays from 1:00 pm – 4:00 pm
Both programs held in the Seniors Room
below the Watchung Library

Adult Women's Volleyball

Monday evenings 7:00 – 9:00 pm
@ Valley View School September thru May

Adult Men's Basketball

Friday evenings 7:00 – 9:00 pm
@ Bayberry School October thru June 10th

Tennis Lessons

Toddler, Youth, Teen and Adult Starting Spring and Fall

Little League

Now registering

Easter Egg Hunt

March 19th

Phillip's Field (Rain Date March 20th)

Community Picnic

May 21st

Mobus Field Noon – 3:00 pm

(Rain Date May 22nd)

Movie Night

to be determined!

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Restaurant & Pub



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AT O'ROLFY'S**

**EASTER SUNDAY
BRUNCH BUFFET**

\$27.95

10AM - 3PM



20% OFF

Food Only. Not valid on holidays, discounted promotional items or events, i.e. trivia, live music, \$5 Wing night., etc. Expires 5/1/16.



WASHINGTON ROCK DANCE
where dancers train

2016 Summer Dance Camps

Mini Movers Camp (Ages 3-6): July 25-28, 10-12PM

Junior Reach Intensive (Ages 6-11): July 25-28, 3-6PM

Advanced Ballet Summer Intensive (Ages 11 & up):
July 11-15, 4-8PM

Advanced Contemporary Intensive: (Ages 11 & up):
August 1-5, 4-8PM

Ballet Company Nutcracker Intensive : August 15-19, 5-8PM

To register and for more information visit
washingtonrockdance.com or call 908-561-9699

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- 18 inch 39.99



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WAR3

Excludes garden center and fish purchases. Limit 1 offer per customer per day. Not to be combined with other offer. Offer expires 4/15/16.

PALM CROSSES



**\$6⁹⁹
each**

COUPON

FRESH SHRIMP



\$9⁹⁹ lb 16/20 size

WAR3

By the pound only. Limit 1 lb per customer per coupon per day. Not to be combined with other offer. Offers good thru 4/15/16.

COUPON

FRESH TALAPIA



\$4⁹⁹ lb

WAR3

By the pound only. Limit 1 lb per customer per coupon per day. Not to be combined with other offer. Offers good thru 4/15/16.

COUPON

BOAR'S HEAD AMERICAN CHEESE



\$3⁹⁹ lb

WAR3

Must purchase 1 lb. Limit 1 lb. per coupon. Coupon may not be combined with other offers. Limit 1 offer and coupon per day. Offer expires 4/15/16.

COUPON

BOAR'S HEAD GENOA SALAMI



\$5⁹⁹ lb

WAR3

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WAR3

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