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Watchung's Hometown Newspaper

WATCHUNG

SENIORS

APRIL

MEETING

APRIL 13, 2016

All members are

invited to attend

a luncheon at the

Trexler House

Museum.

Information, contact Carolyn at

908-279-7809

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ISSUE 41 • APRIL 2016

WHRHS NEWS ATHLETIC LETTERS OF INTENT

Four student-athlete, seniors at Watchung Hills Regional High School, signed letters of intent on Wednesday, Feb. 3, to play football or soccer at the colleges they plan to attend in the Fall. All live in Warren Township. They are, seated, from left, Frank Rica, wide receiver, who plans to attend and play for Colgate University, Hamilton, N.Y.; Ally Grunstein, forward, who plans to attend and play for Quinnipiac University, Hamden, Conn.; Mark Ball, quarterback, who plans to attend and play for Pace University, New York City, N.Y.; and Tyler Helbing, defensive end, who plans to attend and play for Alderson Broaddus University, Philippi, W. Va. And, standing behind their children, the parents are, from left: Frank and Lisa Rica; Helene and John Grunstein; Nicole and Mark Ball; and Katrina and Fred Helbing.



PAINTING SERIES BY WHRHS ART TEACHER PART OF KEAN UNIVERSITY GRADUATE STUDENT SHOW

By Denis J. Kelly

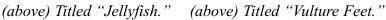
Watchung Hills Regional High School (WHRHS), will exhibit 12 original paintings in the Masters of Art Education Graduate Show, called "Collective Visions," Thursday, April 14, to Friday, May 13, in the James Howe Gallery at Kean paintings on canvas board. University, Union.

Kate Griffin, who has been an art teacher since 2009 at Sunday, April 17, at the Howe Gallery in the Vaughn Eames Fine Arts Building, 1000 Morris Avenue, Union. Gallery hours are 10 a.m. to 4:30 p.m., Monday through Friday. Griffin's series, titled "Seen and Heard," is 12 self-portrait Acrylic

For more information about exhibit at Kean, log onto An opening reception will be held from 1 to 4 p.m., www.kean.edu/~gallery or call (908) 737-5326.

(below) Part of Kate Griffin's self-portrait series from Masters of Art Education Graduate Show, Thursday, April 14, to Friday, May 13, at Kean University, Union.











(above) Titled "Eden."

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Watchung Post

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Renna Media welcomes the comments and concerns of its readers put into writing and sent via fax or email to:

Renna Media, LLC 202 Walnut Ave. Cranford, NJ 07016 Phone: 908-447-1295 Fax: 908-709-9209 Email: joerenna@rennamedia.com

PROMOTE YOUR COMMUNITY EVENT

Community service organizations and sports teams are encouraged to submit news of upcoming events or highlights and photos on recent events.

> Organizations who are interested in submitting content can email Lori Theiss at lori@rennamedia.com or call 908-858-4012

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WATCHUNG RECREATION'S ANNUAL COMMUNITY PICNIC SATURDAY, MAY 21TH, 2016 (RAIN DATE MAY 22nd) 12:00 NOON – 3:00PM MOBUS FIELD Please join the Watchung Recreation Commission for a fun day of activities for the entire family. Refreshments, hot dogs, pizza, Italian ice, popcorn, cotton candy and more!

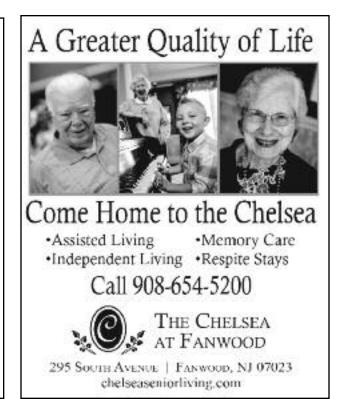


Music, Games, Amusements, Crafts and giveaways! Call Watchung Recreation @ (908)756-0080 Ext. 210 for more information. This is a free event for all Watchung residents!



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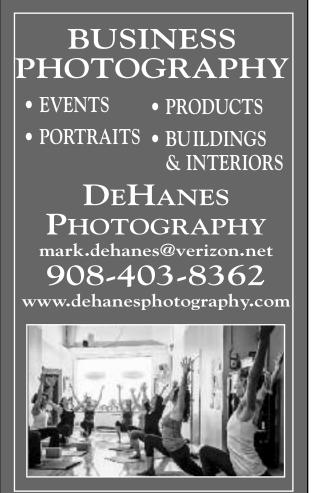
FAT LOSS CONSULTATION 2 A personally integrated session with a NRF Technology Specialist to discuss how this revolutionary technology can help you naturally detox and heal your body, restore balance to your hormones and neurotransmitters, and reset your metabolism.



"WHAT'S BREWING?" AT WILSON MEMORIAL CHURCH **ERWIN GANZ TO SPEAK ON "KRISTALLNACHT AND BEYOND"**



(above) Erwin Ganz



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Memorial Church in Watchung will host holocaust survivor Erwin Ganz for its on-going series of discussions and presentations, "What's Brewing at Wilson"? Mr Ganz will speak on "My Story: Kristallnacht and Beyond", his personal story about growing up as a young Jewish boy in Germany at the beginning of the Nazi regime. His description of Kristallnacht, "The Night of Broken Glass," in 1938, is seen through the eyes of an eight year old boy. He speaks about his family life before Hitler, and how all of that changed in a short period of time. The public is invited to attend this presentation which will begin at 11:20 AM, following the 10 AM worship service.

Born in Frankfurt, Germany in August 1929, Erwin Ganz lived there until he was three years old, when his family was forced to leave, and had

On Sunday April 10, Mary E. Wilson to relocate to Bernkastel Koos, Germany. They emigrated to the United States in April, 1939, when Erwin was age 9, and settled in Newark, New Jersey.

> Ganz grew up in New Jersey, learned English, graduated from Weequahic High School and Seton Hall University, and also served nine years in the New Jersey National Guard. He also raised his own family while serving six-plus decades with the Ronson Corporation, retiring as a Director of the corporation.

> Erwin Ganz now speaks of his experiences at colleges, high schools, synagogues and churches and has spoken at the NJ State House in Trenton.

> Wilson Memorial Church is located at 7 Valley Road in Watchung, at the intersection with Hillcrest Road, just off the Watchung circle. For further information, contact the church office at (908) 755-5020.

ANNUAL SWAP MEET AND FLEA MARKET

Antique Auto Club of America is seeking a variety of vendors for its 50th Annual Swap Meet and Flea Market, held Sunday, April 10, 2016. Event held indoors and outdoors at Long Hill Community Center, So. Warren Avenue, off Valley Road (across from Jaeger Lumber). Gates open at 6:30AM for vendors and 8:00AM for public and end at 3:00PM. Spectator admission

The Watchung Mountain Chapter of the is \$2.00 per person, and children are free. Event will be held rain or shine. Indoor spaces are 9'x18' and include one free table. Outdoor spaces are 10'x18' (on blacktop).

> Breakfast and lunch available. For additional information call George at 908 403-7441, or download flyer for registration form at www.njaaca.org. then click Watchung Mountain Chapter.

SMALL FRONT GARDENS OF THE NETHERLANDS

The Garden Club of Watchung will present an illustrated program on Small Front Gardens of the Netherlands on April 6 at 1 p.m. The public is invited to hear, Marty Oostveen, professional garden designer and owner of The Dutch Touch LLC and president of the Gardeners of Somerset Valley Garden Club. Marty grew up in Holland

where tiny pocket gardens are common in front of houses. She shares her gardening knowledge with us as we see small spaces turned into floral wonders. The program will be held at Murray Hall, St. Mary's Stony Hill Church, 125 Mountain Blvd., Watchung. For further information, call 908-754-5766.





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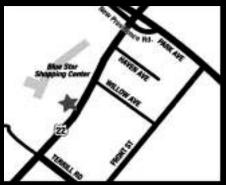
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ds 7-10\$5.9	9 Kids 7-10\$6.99					

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Kids 3-6\$3.99	Kids 3-6\$5
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FRIDAY - SATURDAY

Lunch 11am - 3:30pm	Dinner 3:30pm - 10:30pm
Adult\$7.99	Adult\$11.59
Kids 7-10\$5.99	Kids 7-10\$6.99
Kids 3-6\$3.99	Kids 3-6\$5.99
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(above) Assemblywoman Nancy Munoz visits with Mrs. Stack's 2nd grade at Bayberry Elementary School in Watchung class to talk about civics and government at the district level, and how a bill becomes a law.



(above) Watchung Mayor Steve Pote visits with Mrs. Korner's 2nd grade class at Bayberry Elementary School in Watchung talk about the role of local government, in addition to the three branches of local government.

WASHINGTON





where dancers train 2016 Summer Dance Camps Mini Movers Camp (Ages 3-6): July 25-28, 10-12PM

Junior Reach Intensive (Ages 6-11): July 25-28, 3-6PM

Advanced Ballet Summer Intensive (Ages 11 & up): July 11-15, 4-8PM

Advanced Contemporary Intensive (Ages 11 & up): August 1-5, 4-8PM

Senior Reach Intensive (Ages 11-18): August 8-12, 5-8PM

Ballet Company Nutcracker Intensive : August 15-19, 5-8PM

To register and for more information visit washingtonrockdance.com or call 908-561-9699 10 G Community Pl. Warren, NJ 07059

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WATCHUNG LIBRARY

Watchung Library is located at 12 Stirling Road in Watchung, behind the Watchung Arts Center.

For complete program registration information, please check the online calendar

(www.somerset.lib.nj.us, then go to Events/Programs for Watchung).

All SCLSNJ library branches except the Bridgewater Library branch will have the following operating hours:

Monday through Thursday, 9:30 am - 9 pm and Friday and Saturday, 9:30 am - 5 pm.

More Fun for Munchkins!

Monday, April 11 at 10:30 AM Ages: 2 1/2 to 3 with Caregiver Presented by: Mrs. Fine

Enjoy books, songs, fingerplays, flannelboard stories, puppets and crafts - of course!

Miss June's Room

Thursday, April 7 at 4:00 PM Ages: 4 to 6 Listen to stories, make a project, and enjoy a snack.

Miss June's BINGO ROOM!

Friday, April 1 from 4:00 PM to 4:30 PM

in the Seniors Room Ages: 4 an up Calling all kids who love to play bingo! Come to the

library and see if you can win a prize! Art with Ms. Bea

Thursday, April 14 at 4:15 PM

Ages: 4 to 7 with Caregiver Presented by: Beata Makowski, Artist Create your own masterpiece inspired by Claude Monet's YELLOW IRISES.

Thursday, April 14 at 4:15 PM

Leisa's Crafty Class for Kids

Wednesday, April 27 from 4:00 PM to 5:00 PM in the Children's Area Ages: 5 to 8 (Must be 5 when program begins)

Try something new! Make a craft, have a snack and hear great stories.

Watchung Library Chess Club

Wednesday, April 13 at 7:00 PM Ages: Students in Grades 3 to 8 Presented by: Martin Carroll Play and learn chess and have fun! We will learn some great new moves and strategies every month! Beginners and advanced players are welcome! Also, returning to facilitate the class is Martin Carroll.

Spring Craft for Teens and Adults

Wednesday, April 13 at 4:00 PM Ages: Adults and Teens Ages 12 and up Presented by: Hannah Kerwin Learn how to make whimsical pom-poms by folding and cutting tissue paper. The instructions are simple. Choose your favorite color combination. Create a festive party decoration! Brighten any room in your home! Please bring sharp scissors. Craft will take place at the main table in front of the Circulation Desk. Armchair Art Tours: Eternal Spring Wednesday, April 6 at 1:00 PM Ages: Adults Presented by Dr. Michael Norris, Armchair Art Tours Wander vicariously through fabulous private gardens, from ancient to medieval, brought to you by the art and plants of the Metropolitan Museum of Art and its branch museum, The Cloisters. About the Presenter: Mike spent twenty years at the Cloisters Museum and the

Metropolitan Museum of Art in New York and has lectured on trips all over the world. He received his BA in classics from the University of California at San Diego and his MA in classics and Ph.D. in art history at

the University of California at Santa Barbara. **Mah Jong Club of Watchung**

Mondays and Tuesdays from 1:00 PM to 4:00 PM Ages: All Ages

The Mah Jong Club of Watchung meets every Monday and Tuesday from 1:00 to 4:00 at Watchung when the library is open. Contact Melanie Novello at

Novello1800@aol.com for more information, or to be placed on the distribution list to receive evites for both clubs. No fee - All welcome.

Download Library Materials to Your Device

Friday, April 8 from 10:30 AM to 11:30 AM Ages: Adults

Presented by: Jonathan Sherer Learn how to download FREE audiobooks and music from thousands of choices offered by the Somerset County Library System. Bring your card and your device – make sure it's charged. After you learn how, you can

download from any wifi-enabled location. Watchung Writers Group

Thursdays, from 10:30 AM to 12:30 PM Ages: Adult

If you're interested in writing of any kind and want to improve your skills and share your experiences, The Watchung Writers Group would like to meet you. The aim of the Group is to stimulate better writing. We work toward this goal through critiquing, spontaneous writing and examining the various technical aspects of writing. Also, we periodically have guest speakers such as agents, editors and publishers. So, mark your calendar. We look forward to your participation in the writing group. Any question, contact Pat Rydberg at pattijeanr@aol.com.

Energy Meditation

Friday, April 1, 8, 22, 29 at 10:45 AM Ages: Adults

Presented by: Patricia Barron This seated meditation will be guided by the instructor with meditative music to circulate your energy and heal on a physical, mental and emotional basis. This class is based on principles of Chinese Medicine. It will inform you how to quiet the mind by using the structure of your

body and the focus on certain points on the body to become more mindful of the present moment. This practice will free up your energy so you will feel calm yet enlivened and rejuvenated. All mediations are done while seated on a chair so all are welcome to participate. About the Presenter:

Patricia Barron, L.Ac. Licensed Acupuncturist, offers treatments of Traditional Chinese Medicine which

include Acupuncture, Moxabustion, Ear Seeds, Cupping, Gua Sha, Tuina (Asian-form of massage), Qigong

exercises, and lifestyle/dietary counseling. Facial Rejuvenation Cosmetic Acupuncture is also available. Chinese Medicine can be used to treat conditions when they are very minor and simple, thus preventing a more serious condition or it may be used to treat more

complex disorders.

2 for 1 Book Club Monday, April 18 at 11:30 AM:

Ages: Adult

The Storied Life of A. J. Fikry by Gabrielle Zevin When his most prized possession, a rare collection of Poe poems, is stolen, bookstore owner A. J. Fikry begins isolating himself from his friends, family and associates before receiving a mysterious package that compels him to remake his life.

Social Action Book Club

Third Thursday of the month at 7:00 PM Watchung Book Discussion Group

Second Thursday of the Month at 7:00 PM

Ages: Adults We throw in books you would otherwise never read, but

are worth reading! Drop-ins are always welcome. Mao's Last Dancer by Cuxin Li

Thursday, April 14 at 7:00 PM:

In a memoir of life in Maoist China, the author describes how he was taken from his family in rural China to study ballet in Beijing, his rise in the world of Chinese ballet, and his defection at age eighteen to the United States.



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Team up with friends, loved ones and co-workers to change the world for everyone affected by multiple sclerosis. Together we can end MS.

Saturday, April 16, 2016

Hudson County: Liberty State Park, Jersey City Union County: Oak Ridge Park, Clark Hunterdon County: Solberg Airport, Readington Ocean County: Boardwalk, Seaside Park

Sunday, April 17, 2016

Bergen County: Overpeck County Park, Ridgefield Park Morris County: Horseshoe Lake Recreation Complex, Roxbury Essex County: Orange Reservoir, West Orange Middlesex County: Parsons Elementary School, North Brunswick Mercer County: Veterans Park, Hamilton Monmouth County: Battlefield State Park, Manalapan Monmouth County: Bar Anticipation, Lake Como

Visit WalkMS.org to register or call 732.660.1005 (Option 2). For questions or more information email NJMWalk@nmss.org.

LIBRARY HAPPENINGS



(above) Young music lovers and their parents rocked the house as Jamie Fawcett created a morning of movement and music at Watchung Library on March 2.





(above) There's always room for green eggs and ham on March 2, Dr. Seuss' birthday. Children and grown-ups gathered around Watchung Library's favorite Cat in the Hat, Jessica Wexler, to celebrate both the Cat's and Dr. Seuss' birthdays. The party included stories, games, cupcakes, and plenty of happy memories. When the Cat's in town, you can never have too many whiskers and smiles!

(left) Families met Michelangelo, a miniature therapy horse, and his second "Mom", owner Maureen Coultas of Hope's Promise on February 17 at Watchung Library. Children had a chance to groom and pet Michelangelo. Maureen read the book, Michelangelo, The Little Therapy Horse, which is the story of Michelangelo's life. And some children even learned how to walk a horse - because miniature horses are too small to ride! NJ FOUNDATION FOR OPEN GOVERNMENT TO PRESENT FREE SEMINAR Tuesday, April 26 6:30 – 8:30 PM

The Cranford Community Center 220 Walnut Ave. • Cranford, NJ Community Room Located on the First Floor

Join the New Jersey Foundation for Open Government (NJFOG) the evening of April 26, 2016 for a discussion of the state's open public records and meetings laws.

Don't miss this opportunity to learn about the laws that provide public access to government meetings and documents and that allow citizens greater insight into the operations of state and local governments in New Jersey.

The seminar is free and open to everyone, so please help us spread the word and feel free to bring your questions on April 26. Handouts and light refreshments will be provided.

Please let us know you will be attending by registering via email to info@njfog.org.

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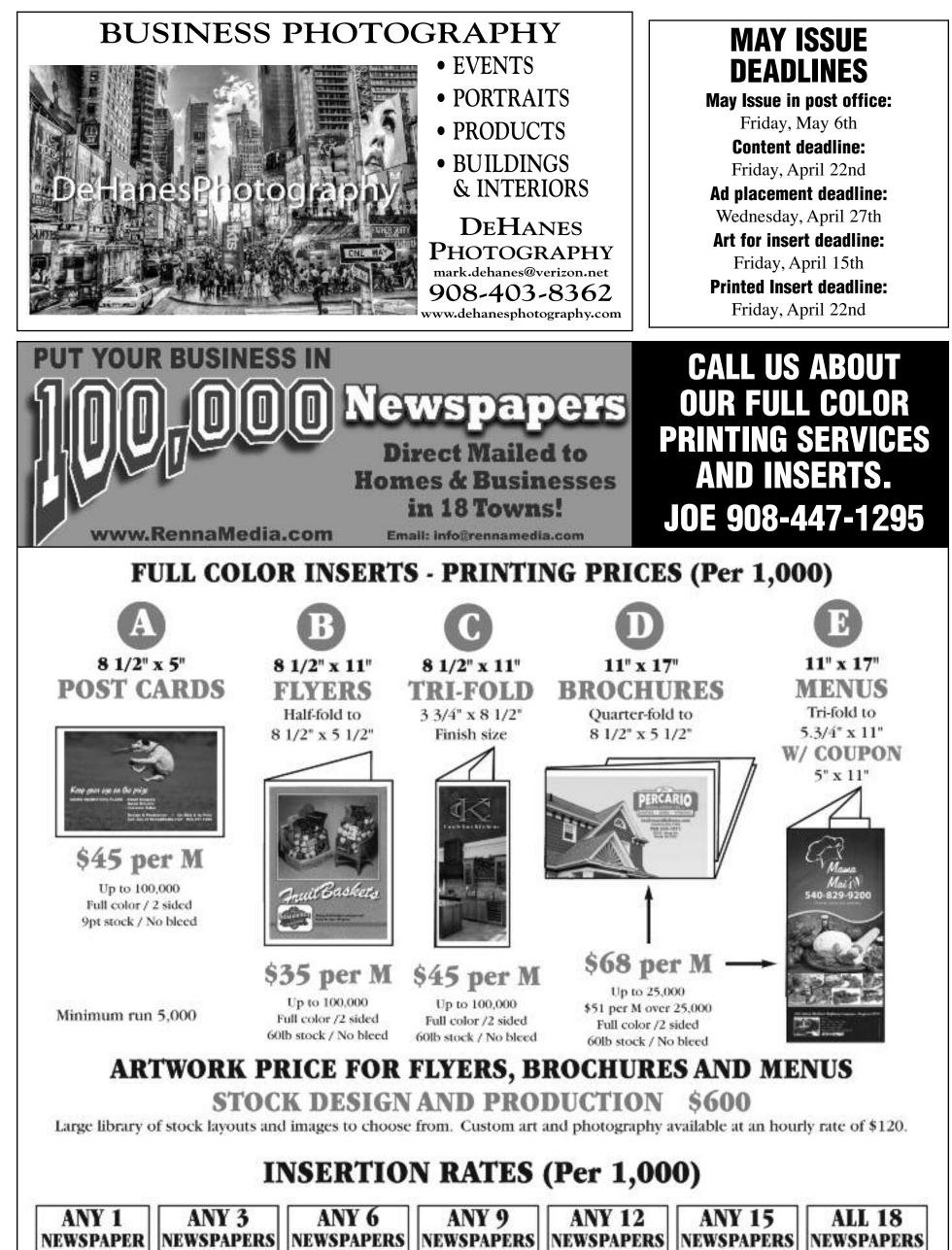
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