

Berkeley Heights

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Issue 8 • May 2016

**MEMORIAL
DAY PARADE
MAY 30TH
begins at 9:30am
VFW POST
Locust Ave.
Berkeley Heights
VETERANS
MEMORIAL
PARK
DEDICATION
IMMEDIATELY
FOLLOWS
THE PARADE**

VETERANS MEMORIAL PARK DEDICATION A SPECIAL MEMORIAL DAY IN BERKELEY HEIGHTS

Berkeley Heights has had a long and proud tradition of honoring those who have served our Country on Memorial Day. This year's celebration will be particularly special. After over a year of planning, fundraising, and the hard work of many volunteers, the newly renovated and renamed Veterans Memorial Park will be formally dedicated. The Memorial Park Renewal Committee has worked tirelessly toward this undertaking. From the design of the new park and Memorial, to raising necessary funds, to its actual construction, the renewal of the park included much more than just a physical renovation. Through its launch of "Operation: We Remember" the Committee sought to educate the community about the importance of honoring our veterans and those currently serving in the military and to teach the critical importance of creating, building, and maintaining memorials to that service. "So many have sacrificed their lives so that we may have our freedom," commented Committee Chairman Ted Romankow adding, "It is our duty and responsibility to ensure they are memorialized, honored, appreciated, and never forgotten." Our schools embraced this premise by sharing the message of "Operation: We Remember" with our youngest citizens during the school year.

Funding efforts reached out to all of Berkeley Heights: residents, local businesses, corporations, service organizations and foundations. In six months, the response to the over \$110,000 renovation project has been amazing, with a record number of funds raised thus far. The kickoff of the campaign began in September with Governor Livingston High School students publicizing the Renewal Effort through a poster campaign throughout town. A Charity Softball Game between the Police and Fire Departments quickly followed and was a huge success. A concert featuring patriotic performances by local choirs and musicians in December expanded the effort. A highly successful direct mail campaign was launched in January. The Berkeley Heights Elementary School Quest Program presented their salute to Veterans in February. Grants were received from area foundations, and a matching grant of \$55,000 was generously awarded from the Union County Kids Recreational Trust Fund. The entire community has embraced the project with passion and pride. Contributions are still welcome.

Memorial Park was officially renamed Veterans Memorial Park by the township this past Veterans Day. The newly renovated park dedication takes place on May 30, 2016 immediately following the annual Memorial Day Parade



which begins at 9:30am at the VFW Post on Locust Ave. The Veterans Park Renewal Committee is seeking to recognize all our local veterans. The Committee invites those who have served most recently in the Persian Gulf and the ongoing War on Terror to share in the dedication of a new monument designed to recognize these recent military heroes. This new monument will be unveiled and take its place alongside existing monuments to those who served in World War I, World War II, Korea, Vietnam and Southeast Asia. "A Time to Pause and Remember" is the inscription on the Memorial Wall.

A special "Operation: We Remember" Challenge Coin has been designed for the occasion. It depicts the new park statue entitled "Fallen Soldier" donated by the late Vito Mondelli, Jr. on one side and the newly renovated park design on the other. Mr. Mondelli served as a Corporal in the U.S. Marine Corps during the Korean War and had been selected as this year's Grand Marshall. Sadly, he passed away in December. He was also a member of the Renewal Park Committee. Challenge Coins have a long tradition and are of special significance to members of our military. The Committee invites all veterans and currently enlisted service personnel to come to the event sign-in table and receive this gift. Community members who would like to make a donation to the park to honor a family member or friend who has served or to have as a keepsake of the renewed efforts of our town to honor them are welcome to receive the Challenge Coin. A Field of Flags will surround the new Memorial recognizing all those who have given their lives in service to the United States of America. The public is invited to share in this special tribute.

There are many important traditions in Berkeley Heights. Be sure not to miss this one! Additional information may be found at www.BHMemorialPark.com. The Memorial Park Renewal Committee is a non-profit 501(c)3 organization. Donations are tax deductible. Please join us in honoring and memorializing all those who have served and sacrificed for our freedom.

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MARCH FOR MEALS WITH THE RESCUE SQUAD

Berkeley Heights Rescue Squad Members Samantha Lloyd, Allie Deegan, Cornelia Wacaster delivered meals to older adults in Berkeley Heights on March 22nd. They participated in celebrating SAGE Meals on Wheels 50th Anniversary and Meals on Wheels America's "March For Meals" campaign, which is coordinated by SAGE Eldercare in Summit.

Berkeley Heights Rescue Squad Members Nicole Segalini, Toni Gestone and Cate Dougherty delivered meals to older adults in

Berkeley Heights on March 25th. They also participated in celebrating SAGE Meals on Wheels 50th Anniversary and Meals on Wheels America's "March For Meals" campaign.

On a daily basis, SAGE volunteers deliver meals and check in on approximately 120 older residents in parts of Union, Essex, and Morris Counties. For more information on the program, call 908.273.5554

or visit www.sageeldercare.org



(above, l-r) Samantha Lloyd, Allie Deegan, Cornelia Wacaster



(right, l-r) Nicole Segalini, Toni Gestone and Cate Dougherty

SPECIAL PRESENTATION TEACHES KIDS HOW TO KEEP THE EARTH CLEAN AND GREEN

Mrs. Kathleen DeAngelo, parent of a Mountain Park School Third Grader, recently organized a special presentation called "The Green Machine" for students at the school.

This program was generously funded by the Mountain Park PTO Cultural Arts Committee. The presentation began with a discussion and an experiment with hydrogen. Then, while in groups, students made compost and a "green" cleaner. Students learned about renewable energy sources. They recognized how important it is to do their best to avoid harsh chemicals and keep our Earth clean and green!



(above) Students gathered around and made compost and a "green" cleaner.

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FIVE STUDENTS PLACE THIRD IN UNIQUE NATIONAL COMPETITION

Five Berkeley Heights, New Jersey, students have figured out the formula for excelling in a national championship. The group placed third in a one-of-a-kind national math competition, rising above thousands of other students for a prize of \$10,000 in college scholarships.

The prestigious Moody's Mega Math (M3) Challenge drew 5,000 eleventh and twelfth-graders who were asked to use mathematical modeling to determine the best solutions for issues facing the future of mobility, from car-sharing to driverless technologies. A total of \$150,000 was up for grabs, divided among the finalist teams and top performers nationally.

Eleventh-graders Michael Wu, Gianna Miggins, and Niyant Narang and twelfth-graders Anna Song and Alexander Ju from Berkeley Heights-based Governor Livingston High School placed third in delivering what was found to be an outstanding mathematical solution to how and where car-sharing companies can flourish in a rapidly-shifting automotive landscape. The students presented their findings at Moody's corporate headquarters in New York City on Monday, along with five other finalist teams.

Organized by the Philadelphia, PA-based Society for Industrial and Applied Mathematics (SIAM) and sponsored by New York, NY-based The Moody's Foundation, the competition attracted more than 1,100 teams of three to five students who put the problem-solving skills they have learned in the classroom to the test – from recommending U.S. markets where automakers should put their car-sharing dollars, to determining the best business models and

technologies to help car companies stay ahead of the curve in a highly competitive market that aims to decrease traffic, pollution and oil dependence.

The M3 Challenge – designed to spotlight the relevancy and power of mathematics in solving real-world issues, as well as motivate students to consider further education and careers in math and science – gave participants 14 consecutive hours during the last weekend of February to study the issue in question, collect data and devise models before uploading their solutions online.

"Participating in the M3Challenge has been an exciting and eye opening experience that gave us a taste for career options that involve math," said Niyant Narang of the winning team, adding that the team members bonded as a result of their

participation. "What we learned most is how much math is used in the real world and how it can be applied to solve real life problems." The team was coached by Steven Hess, math teacher at Governor Livingston High School.

Judges serving on the panel to review the final presentations were impressed with the students' performance and character. "Each of the teams demonstrated an enormous amount of creativity, and that's something people might not always associate with mathematics," said Dr. Ben Galluzzo, Associate Professor of Mathematics at Shippensburg University and one of the M3 Challenge judges. "In addition to their creativity, the teams came up with solutions that were made up of much more than numbers – they could actually affect change within a real world problem."



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Competing in a pool of 1,084 submissions, the Governor Livingston High School team comprised of Anna Song, Gianna Miggins, Michael Wu, Alexander Ju and Niyant Narang was recently named as one of the Top 6 Teams in the Nation in the 2016 Moody's Mega Math Challenge.

The Moody's Mega Math Challenge is an annual Applied Math contest in which high school students use mathematical modeling to devise solutions to relevant everyday issues. The Challenge gives students the opportunity to answer questions by applying Mathematics while

encouraging them to study and pursue careers in Math and Science. The focus of the 2016 Moody's Mega Math Challenge is "the rapidly-changing landscape of the automotive industry, in which automakers are transforming themselves from car builders into 'mobility companies'".

This team of Governor Livingston students will traveled to Manhattan on April 25th, where they presented their findings from this competition to a panel of professional Mathematicians. Mr. Steven Hess, Teacher of Mathematics at GLHS, is the team's faculty advisor.



(above) Governor Livingston Math Team.

SUBURBAN CHAMBER LAUNCHES BH BRANCH

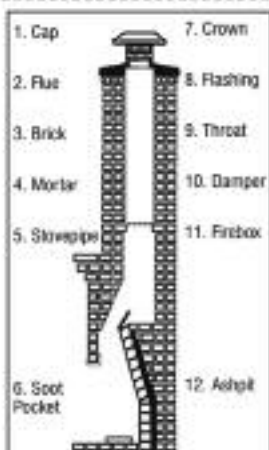


(above) SCC/BH team members Alison (collection staff), Dr Patrick Smith and SCC executive director Karen Hadley pose with the new banner at the very 1st SCC/BH monthly member networking meeting/workshop at BH town hall April 22nd.

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GLHS BREAKS GOALS FOR FUNDRAISING



Governor Livingston High School recently hosted its Fourth Annual St. Baldrick's Foundation event to help raise money in support of finding cures for childhood cancers.

Teachers, administrators, students, and community members came together in support of this amazing cause. As a result of this group effort, Governor Livingston surpassed its four-year goal of raising \$100,000 to fund pediatric cancer research. This is a tremendous accomplishment, which will go a long way toward conquering childhood cancers.

Thank you to Mrs. Kimberly Fleming, Mrs. Jeanette Gates and Ms. Staci Toporek of the Governor Livingston faculty, who worked hard to make this event a great success. A big thanks also goes out to those individuals who made monetary donations and actively participated in this fundraiser.

NICOLE AND GIANNA DORIA WIN SCHOLARSHIPS TO STUDY IN ITALY

Mrs. Teresa Sengel, the World Language Department Chair at Mount Saint Mary Academy in Watchung, announced on April 18 that Nicole and Gianna Doria, of Berkeley Heights, and Sarah Burke of Westfield earned grants to study in Italy from the Italian American Committee on Education (IACE).

The students were recommended by their teachers, Mrs. Sengel and Ms. Giuseppina Lane. Each submitted a multimedia project in which they presented customs, styles and designs, as

well as brands typical of Umbria and Narni, Italy.

Every year, only 20 students are selected nationwide to study there. Students are given the opportunity to spend two weeks in Narni, where they take full immersion language classes in the morning, and participate in local cultural and recreational activities in the afternoon.

If you would like more information about this topic, please contact Michelle H. Daino, Director of Communications at 908.757.0108, ext. 4549 or email at mdaino@mountsaintmary.org

THE TEEN WOMEN INTERESTED IN SCIENCE AND TECHNOLOGY EXPERIMENT ON POTATO CHIPS

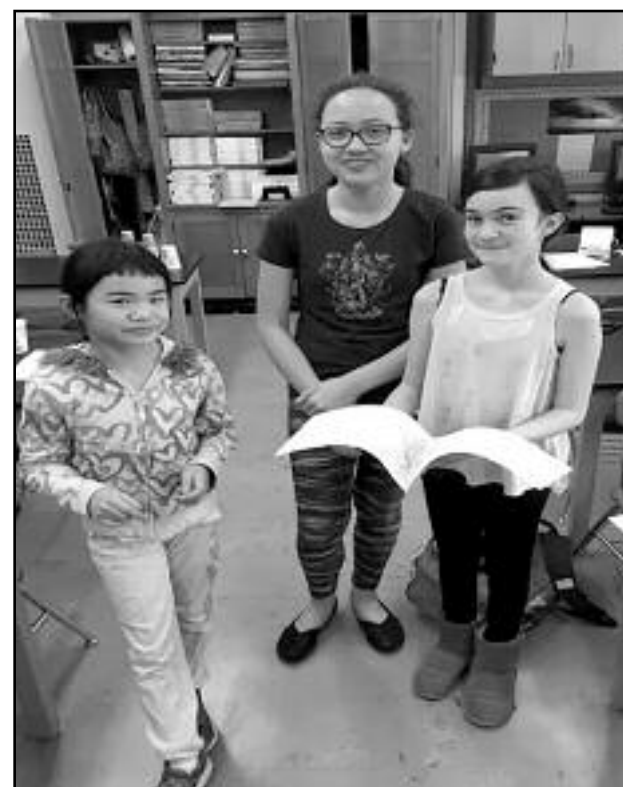
The Teen Women Interested in Science and Technology (TWIST) group at Columbia Middle School recently experimented with potato chips. The question they posed was "Is what's good tasting actually good for you?"

The process included first smashing a portion of chips onto graph paper and letting the oils seep in. Then, after waiting a few minutes, the students used that graph paper to determine the area of the oil stain.

Students are shown here conducting their experiments. The results were fairly consistent, with at least one student concluding: "My mom was right. What she says is healthy seems to have much less oil."

Mr. Frank Geiger, Principal of Columbia Middle School, came to the following conclusion, stating, "According to my research, the most oily chip seemed to be the best tasting."

Mrs. Kimberly Tota is the faculty advisor to the TWIST organization at CMS.



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*The Journal of Arthroscopic Surgery & Related Surgery, January 2016

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SADAL WINE CELLAR GRAND OPENING

Submitted by Andrew Goldberg

On Saturday, March 26th Sadal Wine Cellar had their grand opening. The owners Jigisha Parekh and her husband were joined by Mayor Robert Woodruff for the cake-cutting ceremony. There was also wine and beer tasting. In addition

to the retail store, the lower level has a catering room that can host between 70 – 75 people. It can be rented out for birthday parties, baby showers and business meetings. The store is located at 440 Springfield Avenue, Berkeley Heights.



(above) Mrs. Jigisha Parekh and her family members with Mayor Woodruff.



(above) Mayor Woodruff samples the cake at the Grand Opening.



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GOVERNOR LIVINGSTON ENVIRONMENTAL CLASS AWARDED \$2,000 SUSTAINABILITY GRANT

Sustainable Jersey announced that the Governor Livingston Environmental Class, taught by Lara Mendenhall, has been awarded a \$2,000 Sustainable Jersey for Schools capacity-building grant funded by the PSEG Foundation. Four \$10,000 grants and thirty \$2,000 grants were distributed to fund a variety of projects including food composting, outdoor classrooms, sustainability education, rainwater collection, recycling and more.

"The students, faculty, and administration at Governor Livingston High School are excited and honored to be chosen to receive a PSEG Sustainable Jersey for School Grant. This Grant will help fund GL students as they conduct action research and develop sustainability initiatives for the school that they have developed. Students have formulated ideas, designed research methodologies, and carried out independent investigations geared around the sustainability of our school and community. Thank you for your

support in empowering our students to make real changes in how our school impacts the world in which we live and study." —Lara Mendenhall, Governor Livingston High School Science Teacher

"The grants create an opportunity for teachers, administrators and their respective communities to shape the future of their students and schools for years to come," said Donna Drewes, who co-directs Sustainable Jersey with Randall Solomon. She extended her congratulations to all of the schools and districts that received grants. "Grant funding will build capacity as schools embark on sustainability projects making today's real winners the students," Drewes said.

The PSEG Foundation has contributed over one million dollars in funding to the Sustainable

Jersey Small Grants Program. "Our long standing partnership with Sustainable Jersey has helped to empower schools to develop projects that provide students with the opportunity to learn more about sustainability, protecting the environment and STEM education," said Ellen Lambert, president of the PSEG Foundation.

Proposals were evaluated by an independent Blue Ribbon Selection Committee. The Sustainable Jersey for Schools grants are intended to help school districts and schools make progress toward a sustainable future in general, and specifically toward Sustainable Jersey for Schools certification. Currently 161 districts and 427 schools have registered to work toward Sustainable Jersey for Schools certification.



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(above l-r) Donna Drewes, Co-Director, Sustainable Jersey, Russell J. Furnari, Manager, Environmental Policy Enterprise PSEG Services Corporation, Lara Mendenhall, Environmental Science Teacher at Governor Livingston High School, James Finley, Science Supervisor for Berkeley Heights School District, and Rick Dovey, Chair, Sustainable Jersey Board of Trustees

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APPETIZERS

<i>Fried Veggie Mini Rolls (4 pcs)</i>	4
<i>Shumai (6 pcs)</i> Steamed or fried Japanese shrimp dumplings	5
<i>Edamame</i> ☞	5
☛ <i>Indian Pancake w. Chicken Curry Dipping</i> Extra pancakes are \$2 each	6
<i>Vietnamese Pork Spring Roll (4 pcs)</i>	6
<i>Gyoza (6 pcs)</i> Choice of steamed or pan fried	6
<i>Crystal Dumplings (6 pcs)</i>	7
<i>Chicken Skewers (3 pcs)</i> Marinated, char-grilled, serve w. peanut, satay dipping	7
<i>Fried Crab Cheese Wonton (6 pcs)</i>	6
<i>Peking Duck Steam Buns (2 pcs)</i>	8
☛ <i>Lettuce Wrap</i> ☞ Choice of chicken or tofu, stir-fried w. basil, onion, chili pepper, pineapple, fresh lime juice, served w. lettuce leaves	10
☛ <i>Hawaii Shrimp Roll (2 pcs)</i> Shredded mango, jicama, avocado and crispy shrimp, wrapped in roti pancake, served w. special sauce	8
<i>Summer Roll (2 pcs)</i> ☞	5
☛ <i>Calamari</i> Battered calamari rings, deep fried to crispy, served w. citrus mayo dipping	8
☛ <i>Rock Shrimp</i> Battered rock shrimp fried to golden crispy, w. citrus mayo dipping	10

SOUPS AND SALAD

	Cup / Bowl
<i>Wonton Soup</i>	3 / 5
☛ <i>Hot and Sour Soup</i>	3 / 5
☛ <i>Lemongrass Seafood Soup</i> Shrimp, scallop, crab meat, prince mushroom, vermicelli and coconut milk	6 / 10
<i>Spicy Mango Salad</i> ☞ Shredded mango, jicama, avocado, crispy vermicelli and crushed peanuts in sweet chili sauce	7
<i>Avocado Salad</i>	6
<i>Seaweed Salad</i>	5
<i>Grilled Chicken Salad</i> ☞	9
<i>Grilled Salmon Salad</i> ☞	10

VEGETARIAN

Lightly sauteed and erved w. white rice

<i>Mixed Veggies</i> ☞	10
<i>Broccoli</i> ☞	10
<i>Mushroom and Tofu</i> ☞	11
<i>Baby Bok-Choy</i> ☞	10
<i>String Beans</i>	10

NOODLE AND RICE

☛ <i>Ye's Stir-fried Rice Noodles</i> <i>Vegetable / Chicken / Beef / Shrimp</i> ☞	11 / 12 / 13 / 14
Stir-fried w. dry tofu, onion, pepper and bean sprouts, top w. peanuts	
☛ <i>House Pineapple Fried Rice</i> <i>Vegetable / Chicken / Beef / Shrimp</i> ☞	11 / 12 / 13 / 14
Stir-fried w. pineapple, corn, onion, bell pepper, carrots and raising	
☛ <i>Vietnamese Basil Fried Rice</i> <i>Vegetable / Chicken / Beef / Shrimp</i>	11 / 12 / 13 / 14
Stir-fried w. onion, bell peppers, basils, peas, carrots and corn	
<i>Yaki Udon</i> <i>Vegetable / Chicken / Beef / Shrimp</i>	11 / 12 / 13 / 14
Stir-fried w. baby bok-choy, onion, bell peppers and carrots	
☛ <i>Singapore Vermicelli</i> <i>Vegetable / Chicken / Beef / Shrimp</i> ☞	11 / 12 / 13 / 14
Stir-fried w. onion, bell peppers, bean sprouts and egg	
<i>Classic Fried Rice</i> <i>Vegetable / Chicken / Beef / Shrimp</i> ☞	11 / 12 / 13 / 14
Stir-fried w. egg, onion, peas and carrots	
<i>Roast Duck Egg Noodle Soup</i>	12
<i>Seafood Udon Noodle Soup</i>	13

PHO ☞

Pho starts with fragrant broth which is made fresh daily. The aromatic broth made by simmering light, quality meat, beef knuckle bones, served with fresh flat rice noodles, and topped with your meat selection, also fresh Asian herbs and spices.

<i>Pho Dac Biet</i>	13
This Pho bowl is pocked with rare eye round steak, well-done skirt flank, soft tendon, and beef bolts. It's a different texture in every bite.	
<i>Pho Tai</i>	12
A layer of thin rare eye round steak is cooked by the beef broth right in your bowl, bringing out the sweetness & tenderness of beef slies in to each bite.	
<i>Pho Bo Vien</i>	11
Seasoned beef and soft tendon meaeet balls cut into bite-size portions further creamte on undertone of sweetness to the already fragrant beef broth. It is a favorite among children.	
<i>Pho Tom</i>	13
Plum shrimp are topped over beef broth, low in calories but amazing in taste.	
<i>Pork Chop</i>	12
Selected pork chop marenated in lemongrass special sauce	
<i>Grilled Chicken</i>	12
Selected chicken breast marenated in lemongrass special sauce	
VERMICELLI OR RICE ON PLATE Vermicelli or rice dish with lettuce, tomato, cucumber and roasted peanuts and fried onion, served with homemade chilli lime sauce.	
<i>Vietnamese Grill Chicken</i>	12
<i>Vietnamese Grill Pork Chop</i>	13
<i>Vietnamese Grill Shrimp</i>	14
<i>Pork Spring Roll</i>	10

☛ Indicates choice of mild, medium or hot, seasoned to your taste.
☞ Gluten Free options are available.
Every entree is prepared with fresh ingedients. No MSG or preservatives are used.



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<i>Teriyaki</i> <i>Chicken / Beef / Shrimp / Salmon</i>	13 / 16 / 16 / 18
☛ <i>Crispy Chicken Cutlet</i> Breaded chicken breast deep fried to golden crispy, w. chef special sauce	13
☛ <i>Tropical Mango Chicken / Shrimp</i> ☞	13 / 15
Fresh mango, onion, bell peppers, prince mushroom and sweet peas, sauteed w. splicy sweet mango sauce	
<i>Sangria Crispy Duck</i>	20
Crispy duck glazed w. fruity red wine sauce over baby bok-cho	
☛ <i>Vietnamese Basil</i> <i>Tofu / Chicken / Beef / Shrimp</i>	13 / 13 / 15 / 15
Sauteed w. eggplant, prince mushroom, onion, sweet peas and fresh basil leaves w. spicy basil sauce	
☛ <i>House Green Curry</i> <i>Tofu / Chicken / Shrimp</i> ☞	12 / 13 / 15
Broccoli, eggplant, prince mushroom, onion and bell pepper cooked in green curry sauce	
<i>Korean Grilled Baby Back Ribs</i>	20
Marinated short ribs, grilled in Korean style	
☛ <i>Crispy Tangerine Chicken / Beef</i>	13 / 15
Seasoned chicken shreds fried to crispy and glazed w. tangerine sauce	
☛ <i>XO Sauce Chicken / Shrimp / Sea Bass</i>	13 / 15 / 26
Sauteed w. sweet peas, broccoli, prince mushroom and onion	
<i>Seafood Pan Fried Noodles</i>	20
Shrimp, scallop, crabmeat, squid, prince mushroom sauteed w. house special brown sauce, over crispy fried noodles	
☛ <i>Butter Shrimp</i>	18
Jumbo shrimp sauteed w. chef's special sauce, served w. fried black kerneled rice	
<i>Char-Grilled Chilean Sea Bass</i> ☞	26
Served over steamed mixed veggies w. miso-orange sauce	
☛ <i>Mandarin Fish</i>	18
Fresh red snapper lightly breaded to golden crispy w. sweet peas, pineapple, onion and bell peppers over special spicy sauce	
☛ <i>Hot and Spicy Chicken / Beef</i>	13 / 15
Onion, bell peppers, prince mushroom, sweet peas, stir-fried w. chef special sauce	
<i>Crispy Cumin Lamp Chop</i>	26
Lightly breaded flash-fried golden brown w. peppers and onion	
☛ <i>Indian Curry Chicken</i>	13
<i>Broccoli Chicken / Beef / Shrimp</i>	12 / 13 / 14
☛ <i>Garlic Chicken / Beef / Shrimp</i>	12 / 13 / 14
☛ <i>General Tso's Chicken / Shrimp</i>	13 / 15
<i>Sesame Seed Chicken / Shrimp</i>	13 / 15
☛ <i>Szechuan Chicken / Beef / Shrimp</i>	12 / 13 / 14

LUNCH MENU

Mon.-Sat.: 11:30 am - 3:00 pm

Choose a side: wonton soup or hot and sour soup or veggie spring roll.

ENTREES

Choose rice: white rice, fried rice or brown rice.

<i>Teriyaki Chicken / Salmon</i>	9 / 10
☛ <i>Crispy Chicken Cutlet</i>	9
☛ <i>Tropical Mango Chicken / Shrimp</i> ☞	9 / 10
☛ <i>Indian Curry Chicken</i>	9
☛ <i>Vietnamese Basil Chicken / Beef / Shrimp</i>	9 / 10 / 10
☛ <i>House Green Curry Tofu / Chicken / Shrimp</i> ☞	9 / 9 / 10
☛ <i>Crispy Tangerine Chicken</i>	9
<i>Broccoli Chicken / Beef / Shrimp</i>	9 / 10 / 10
☛ <i>Szechuan Chicken / Beef / Shrimp</i>	9 / 10 / 10
☛ <i>Garlic Chicken / Beef / Shrimp</i>	9 / 10 / 10
<i>Sesame Seed Chicken</i>	9
☛ <i>General Tso's Chicken</i>	9
<i>Sauteed Mixed Veggies</i> ☞	8
<i>Sauteed String Beans</i>	8

NOODLE AND RICE

☛ <i>Ye's Stir-fried Rice Noodles</i> <i>Vegetable / Chicken / Beef / Shrimp</i> ☞	9
☛ <i>House Pineapple Fried Rice</i> <i>Vegetable / Chicken / Beef / Shrimp</i> ☞	9
☛ <i>Vietnamese Basil Fried Rice</i> <i>Vegetable / Chicken / Beef / Shrimp</i>	9
<i>Yaki Udon Vegetable / Chicken / Beef / Shrimp</i>	9
☛ <i>Singapore Vermicelli</i> <i>Vegetable / Chicken / Beef / Shrimp</i> ☞	9
<i>Classic Fried Rice Vegetable / Chicken / Beef / Shrimp</i> ☞	9
<i>Roast Duck Egg Noodle Soup</i>	12
<i>Seafood Udon Noodle Soup</i>	13

VERMICELLI OR RICE ON PLATE

Vermicelli or rice dish with lettuce, tomato, cucumber and roasted peanuts and fried onion. served with homemade chilli lime sauce.

<i>Vietnamese Grill Chicken</i>	9
<i>Vietnamese Grill Pork Chop</i>	9
<i>Vietnamese Grill Shrimp</i>	10
<i>Pork Spring Roll</i>	8

DRINKS

Cold Drinks 16oz, Hot Drinks 12oz

<i>Bubble Tea (Cold)</i>	4	<i>Flavored Tea (Cold)</i>	3.50
Free topping bubble, jelly or herb pudding (additional topping 50¢)		<i>Rose Green / Black Tea</i>	
<i>Black Tea</i>		<i>Passion Fruit Green Tea</i>	
<i>Taro</i>		<i>Honey Green / Black Tea</i>	
<i>Green Tea</i>		<i>Lychee Black Tea</i>	
<i>Coconut</i>		<i>Grapefruit Green Tea</i>	
<i>Strawberry</i>		<i>Lemon Green / Black Tea</i>	
<i>Mango</i>		<i>Flavored Tea (Hot)</i>	
<i>Chocolate</i>		<i>Rose Green / Black Tea</i>	
<i>Almond</i>		<i>Honey Green / Black Tea</i>	
<i>Bubble Tea (Hot)</i>		<i>Grapefruit Green Tea</i>	
Free topping bubble, jelly or herb pudding (additional topping 50¢)		<i>Hot Tea</i> (Per table)	
<i>Black Tea</i>		2.00	
<i>Taro</i>		<i>Coffee (Cold or Hot)</i>	
<i>Green Tea</i>		4	
<i>Almond</i>		<i>Coconut Mocha</i>	
<i>Soft Drink</i> (Can)		<i>Cappuccino</i>	
1.25		<i>Matcha Latte</i>	
<i>Coke</i>		<i>Vietnamese Coffee</i>	
<i>Diet Coke</i>		<i>Fresh Juice</i>	
<i>Sprite</i>		4	
<i>Fanta</i>		<i>Watermelon</i>	
<i>Mountain Dew</i>		<i>Cucumber</i>	
<i>Ice Tea</i>		<i>Kiwi</i>	
		<i>Orange</i>	

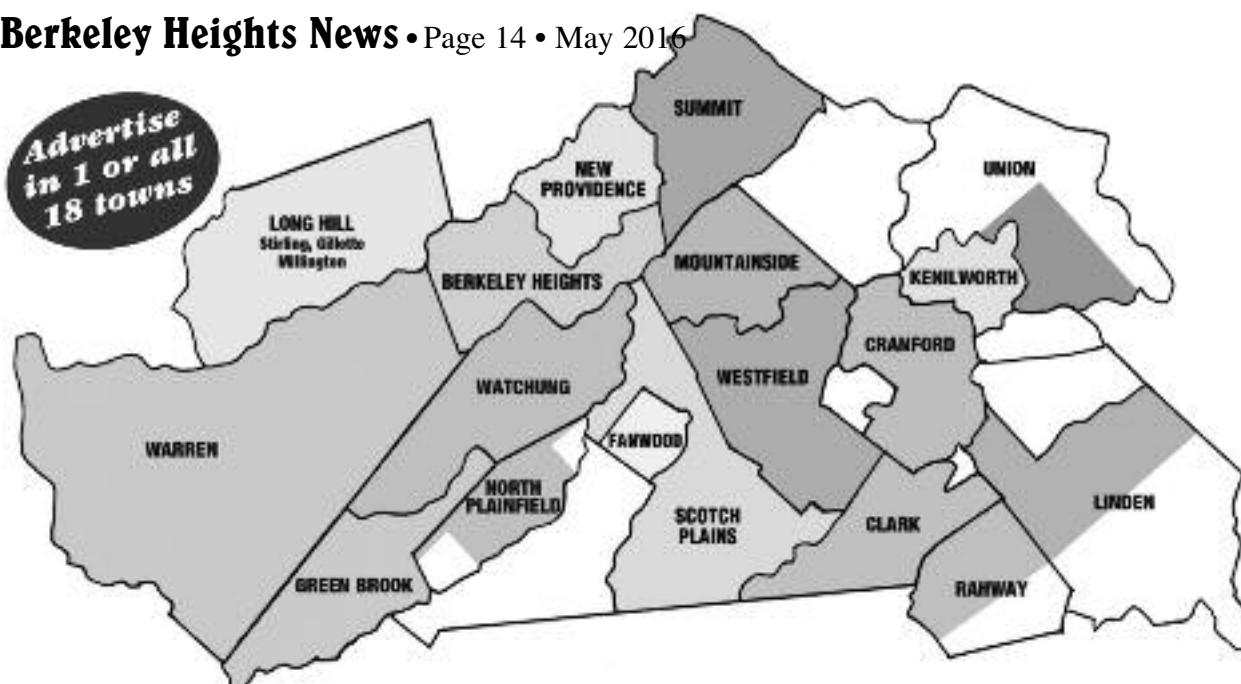
DESSERT

<i>New York Cheese Cake</i>	5
<i>Green Tea Ice Cream</i>	5
<i>Mango Sorbet</i>	6
<i>Coconut Sorbet</i>	6
<i>Tiramisu</i>	6
<i>Mochi Ball Choice of Flavors:</i> <i>Mango, Strawberry, Vanilla, and Green Tea</i>	4

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4 Units	6.5" x 4"	\$180	\$450	\$700	\$950	\$1100	\$1300	\$1500
6 Units	10" x 4"	\$240	\$600	\$900	\$1250	\$1400	\$1650	\$1900
9 HALF PAGE	10" x 6"	\$320	\$800	\$1000	\$1350	\$1500	\$1800	\$2100
12 Units	10" x 8"	\$360	\$900	\$1200	\$1550	\$1800	\$2150	\$2500
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BHVRs HOSTING A FLOWER/PLANT FOR RELAY FOR LIFE TEAM

The Berkeley Heights Volunteer Rescue Squad (BHVRs) will be hosting a Flower/Plant sale to raise money to be donated on behalf of the BHVRs Relay for Life Team - BH EMS (Bringing Hope Every Minute to Survivors). The Plant Sale will be held on Sunday, May 15 at the Squad building (378 Snyder Ave) from 11am to 3pm. There will also be a selection of mouthwatering baked goods to purchase. Please come out and support both the rescue squad and your community, all while raising money for a great cause. All proceeds will be donated to Relay for Life and The American Cancer Society.

The cadets are very involved with supporting the community. Every year they hold a holiday food drive to raise awareness and aid the fight for hunger in our community and across the nation. Food items collected are donated to the Community Food Bank of NJ, which distributes food to feeding programs at some 1,500 non-profit charities including shelters, soup kitchens, after school programs and senior centers in NJ. The cadets are also instrumental in hosting and organizing a blood drive every year on Black Friday.

The BHVRs is proud to have been an integral part of the community since 1942. Whatever their reason for joining, the BHVRs offers members an opportunity to become part of a supportive, like-minded community of dedicated men and women. Long-standing member and current Vehicles Lieutenant Bill Schulz re-started the squad's cadet program in 2008. In its early years, the cadets were primarily the children of members but the program has since evolved to be mainly students from surrounding high schools.

Governor Livingston sophomore Cate Dougherty says, "I decided to volunteer at the Berkeley Heights Volunteer Rescue Squad as a way to learn some basic medical skills, as I have been thinking of pursuing a career in medicine. What was supposed to be just an after-school activity, deciding-what-I-should-do-with-my-life venture, has become something so much more as its own special part in my weekly life." For many of the cadets, it is an opportunity to test out a career in the medical industry and gain a valuable set of skills, all while learning the ins and outs of the Emergency Medical System (EMS) in a hands-on and integrative way. The cadets meet as a whole every month to go over skills and various trainings to prepare them for different types of calls they might see. They practice with equipment, prepare the ambulances at the start of their shift, and fill out call sheets using mock-up patient information. The cadet meetings are the



perfect mix between having fun on a Wednesday evening and embracing the opportunity to learn as much as possible about the EMS system.

Every cadet is very eager to learn more and continue their education. The program not only trains students in EMS, but allows them to respond to emergency calls as well. The cadets train in CPR, First-aid, and receive hands on training during emergency situations. Cadets serve as an integral part of the workings of every call. Depending on their level of experience and time riding with the squad, cadets have many jobs while on a call ranging from recording patient's information on a call sheet, assisting the patient with their oxygen, or taking the patient's vitals, with an Emergency Medical Technician is present(EMT).

There are a number of cadets that obtain their EMT license while handling their numerous other responsibilities and volunteering with the BHVRs. The squad encourages its cadets to further their education and if the cadet has proven to be a valued member, BHVRs will fund their EMT certification course. The squad highly values their cadets and members are eager to assist them by answering their questions or serving as study partners. Nicole Segalini, a junior at GL, says, "The rescue squad is a group of the most caring and dedicated people I've ever met. As soon as I joined they made me feel like one of the family and being a member on the squad means the world to me."

Whether you are interested in riding on the ambulance or would prefer to help organize community events, the BHVRs is always looking

Bringing Hope Every Minute to Survivors

Plant Sale:

When: Sun. 5/15

Time: 11am-3pm

Where: BH Rescue Squad

BHVRs

All proceeds support the Squad's Relay for Life team. BH EMS and will be donated to the American Cancer Society.

for people who are eager to lend a hand. The squad is staffed 100% by volunteers, 24 hours a day, every day of the year and is funded primarily through donations.

For more information on the squad, making a donation or volunteering with the Berkeley Heights Volunteer Rescue Squad, visit their website at bhvrs.org, call 908-464-0013, or email membership@bhvrs.org.

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908-647-7868

call for a meet and greet

Fresh Fruit &

Vegetable Market

Freshly baked Portuguese and Italian bread delivered daily!

somersetfarms@verizon.net
somersetfarmsnj.com

908-757-7730

950 Route 22 East • North Plainfield, NJ



Store Hours: Mon-Sat: 9:00 am to 7:00 pm
Sun: 9:00 am to 5:00pm

"We're Not Just Produce"



**Your One-stop
Party Place**

FRESH FRUIT OR VEGETABLE PLATTERS

Platters over stuffed with the best the season has to offer.



- 14 inch 24.99
- 16 inch 29.99
- 18 inch 39.99

Perfect for Special Occasions!



**Large selection of
annuals, perennials,
herb plants, trees,
plant, shrubs
& much much more.**



COUPON

FRESH SHRIMP

\$9⁹⁹ lb 16/20 size



By the pound only. Limit 1 lb per customer per coupon per day.
Not to be combined with other offer. Offers good thru 6/15/16.

COUPON

SICURRO SLICING PROVOLONE

\$4⁹⁹ lb



By the pound only. Limit 1 lb per customer per coupon per day.
Not to be combined with other offer. Offers good thru 6/15/16.

COUPON

BOAR'S HEAD OVEN GOLD TURKEY BREAST

\$7⁹⁹ lb



Must purchase 1 lb. Limit 1 lb. per coupon. Coupon may not be combined
with other offers. Limit 1 offer and coupon per day. Offer expires 6/15/16.

COUPON

BOAR'S HEAD DOMESTIC SWISS

\$5⁹⁹ lb



Must purchase 1 lb. Limit 1 lb. per coupon. Coupon may not be combined
with other offers. Limit 1 offer and coupon per day. Offer expires 6/15/16.

Call Today To Order! 908-757-7730 • 950 Route 22 East North Plainfield

Open 7 Days Daily 9am-7pm / Sunday 9am-5pm



**Fruitful
Creations**
By Somerset Farms

**Fresh Fruit Arrangements &
Chocolate Covered Strawberries**

PERFECT GIFT FOR

- Birthdays • Thank You
- Get Well
- Deepest Sympathy
- I Love You
- Centerpieces

PERFECT DESSERT ADD ON

**Available For
Pick Up Or Delivery**



**Send Mom a Gift
with Taste!**

**Strawberry Touchdown
Special - Pick up only**

\$5 OFF

**YOUR
FRUITFUL
CREATION
\$39.99
OR MORE**



BER5
Offer expires 6/15/16.