Green Brook Gazette

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ROBOWARRIORS HAVE IMPRESSIVE FINISH IN COMPETITION

The WHRHS Robotics Team, the RoboWarriors, in their three-team alliance, placed second in the FIRST Robotics Mid-Atlantic Mt. Olive Event on March 5th and 6th. Individually, the team finished 17th out of 39 teams representing local New Jersey and Pennsylvania area high schools.

FIRST, which stands for "For Inspiration and Recognition of Science and Technology," is a not-for-profit charity organization based in Manchester New Hampshire founded in 1989 to inspire young people's interest and participation in science and technology. The FIRST Robotics Competition (FRC) is one of several programs run by FIRST. FRC, dubbed a "varsity sport for the mind," combines the excitement of sport with the rigors of science and technology. Under strict rules, limited resources, and time limits, teams of 25 students or more are challenged to raise funds, design a team "brand," hone teamwork skills, and build and program a robot to perform prescribed tasks against a field of competitors. It is as close to "real world" engineering as a student can get. Professional mentors volunteer their time and

Submitted by Dave Schlingloff

talents to guide each team.

The WHRHS Robotics Team 41, the RoboWarriors, had another outstanding performance on April 14th through the 16th at the Mid-Atlantic Regional Championship at Lehigh University, making it to the quarterfinal round. This excellent showing is a combination of their second place finish at the Mt. Olive District Event and first place at the Montgomery Event.

During the competition at Lehigh, Team 41 had a strong performance in their 12 qualifying matches with a very impressive 10 wins and 2 losses. Going into the playoff round, they were the 8th ranked team out of 60 at the competition. Being in the top 8 put them in a position to choose the other 2 teams that would form their 3-team alliance. They were, however, chosen by a higher ranked team in the top 8 and decided to accept that team's offer to join them. Their alliance was defeated in the quarterfinals in 2 tough matches. The RoboWarriors did end the competition on a high note when they learned that their overall performance gave them a ranking of 16th.

Photo Credit: Sharon Sheridan Hausman



 (above, back, l-r) Team 41, with their award medals from the Mt. Olive competition: Peter Ponzio (faculty adviser), Joshua Schmidt, Matthew Battipaglia, Brandon Harris, Julian Bisci, Oscar Johansson, Griffith Humphrey, Sameer Howe, John O'Mullan, Anthony Rodrigues, Sean Coleman, Emanuel Savatta, Burcak Coskun, Joshua Gallic, Tyler Kocmond, Matthew Guo, Garrett Dicken (industry mentor) (front, l-r): Jonathan Soldan, Prateek Humane, Julian Lioanag, Neelay Trivedi, Giovanni Savatta, Claire Barrameda, David Schlingloff, Eva Teplitsky, Nicole Regimbal, Derek Prestera



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Community service organizations and sports teams are encouraged to submit news of upcoming events or highlights and photos on recent events.

Organizations who are interested in submitting content can email editor@rennamedia.com or call 908-418-5586

WHRHS 2016 TEACHER OF THE YEAR

History teacher Jamie Lott-Jones has been selected by a committee of her peers as the 2016 Teacher of the Year. Lott-Jones has been on the faculty at Watchung Hills Regional High School (WHRHS) for 18 years, and before that completed her student teaching assignment there.

The plaque presented to Lott-Jones by Principal George Alexis included the words, "for encouraging students to think independently, for promoting a culture of acceptance, and for inspiring students to embrace empathy, kindness, and responsibility."

"Mrs. Lott-Jones is highly respected by both her colleagues and her students," said Superintendent Elizabeth Jewett. "Her compassion for her students and her love of learning are qualities for the entire Watchung Hills learning community to aspire to and emulate."

Lott-Jones said her selection, which was announced at a meeting of faculty on Thursday, April 14, came as a complete surprise.

She said "When Principal Alexis asked me if I wanted to say anything, I said No, because I am not sure I could even state my full name, I am so surprised."

Among innovative teaching techniques she has had her students do are: read "White Man's Burden," the classic 1899 poem by Rudyard Kipling and write an answering poem from the viewpoint of the Indian. As well as create a Sikh action plan, including a mission statement, goals, and activities to educate people on the Sikh culture, so they are not labeled as Muslim



(above) Watchung Hills Regional High School (WHRHS) Principal George Alexis presents the 2016 Teacher of the Year plaque to 18-year WHRHS History Teacher Jamie Lott-Jones.

terrorists.

According to one of her fellow History teachers, many students have said that Lott-Jones' World History Classes have been among their more challenging during their school experience at WHRHS, but also their favorite.

She and her husband, Mike Jones, have two children, Luke, 13, and Jake, 10.

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	APPETIZERS	
	Fried Veggie Mini Rolls (4 pcs)	4
	Shumai (6 pcs)	5
	Steamed or fried Japanese shrimp dumplings	-
•	Edamame 🐵 Indian Pancake w. Chicken Curry Dipping	5 6
2	Indian Pancake w. Chicken Curry Dipping Extra pancakes are \$2 each	0
	Vietnamese Pork Spring Roll (4 pcs)	6
	Gyoza (6 pcs) Choice of steamed or pan fried	6
	Crystal Dumplings (6 pcs)	7
	Chicken Skewers (3 pcs)	7
	Marinated, char-grilled, serve w. peanut, satay dipping	-
	Fried Crab Cheese Wonton (6 pcs)	6
	Peking Duck Steam Buns (2 pcs)	8
	Lettuce Wrap Choice of chicken or tofu, stir-fried w. basil, onion, chili pepper, pineapple, fresh lime juice, served w. lettuce leaves	10
	Hawaii Shrimp Roll (2 pcs) Shredded mango, jicama, avocado and crispy shrimp, wrapped in roti pancake, served w. special sauce	8
	Summer Roll (2 pcs) 🐵	5
	Calamari	8
,	Battered calamari rings, deep fried to crispy, served w. citrus mayo dipping Rock Shrimp	10
	Battered rock shrimp fried to golden crispy, w. citrus mayo dipping	10
	SOUPS AND SALAD	
	Cup) / Bowl
	•	3/5
	•	3 / 5 / 10
	Lemongrass Seafood Soup 6 Shrimp, scallop, crab meat, prince mushroom, vermicelli and coconut milk	/ 10
	Spicy Mango Salad 😨	7
	Shredded mango, jicama, crispy vermicelli and crushed peanuts in sweet chili sauce	
	Avocado Salad	6
	Seaweed Salad	5
	Grilled Chicken Salad 🙃	9
	Grilled Salmon Salad 🐵	10
	VEGITARIAN	
	Lightly sauteed and erved w. white rice	
	Mixed Veggies 🚱	10
	Broccoli 🚭 Mushroom and Tofu 🚭	10 11
	Mushroom and Tofu Baby Bok-Choy	10
	String Beans	10
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	NOODLE AND RICE	
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	House Pineapple Fried Rice	
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	Vietnamese Basil Fried Rice Vegetable / Chicken / Beef / Shrimp 11 / 12 / 13	/ 1/
	Stir-fried w. onion, bell peppers, basils, peas, carrots and corn	/ 14
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Vietnamese Grill Chicken

Vietnamese Grill Shrimp

Pork Spring Roll

Vietnamese Grill Pork Chop

Indicates choice of mild, medium or hot, seasoned to your taste.
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12

13

14

10

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WOK AND GRILL SIGNA Served w. White Rice Teriyaki	IUKE
	/16/16/18 13
Breaded chicken breast deep fried to golden crispy, w. chef Tropical Mango Chicken / Shrimp Fresh mango, onion, bell peppers, prince mushroom and swe	13/15
sauteed w. spicy sweet mango sauce Sangria Crispy Duck	20
Crispy duck glazed w. fruity red wine sauce over baby bok-ct Vietnamese Basil Tofu / Chicken / Beef / Shrimp 13	no / 13 / 15 / 15
Sauteed w. eggplant, prince mushroom, onion, sweet peas and fresh basil leaves w. spicy basil sauce	
House Green Curry Tofu / Chicken / Shrimp Broccoli, eggplant, prince mushroom, onion and bell pepper cooked in green curry sauce	12/13/15
Korean Grilled Baby Back Ribs Marinated short ribs, grilled in Korean style	20
Crispy Tangerine Chicken / Beef Seasoned chicken shreds fried to crispy and glazed w. tanger	13 / 15 rine sauce
XO Sauce Chicken / Shrimp / Sea Bass Sauteed w. sweet peas, broccoli, prince mushroom and onio	13 / 15 / 26
Seafood Pan Fried Noodles Shrimp, scallop, crabmeat, squid, prince mushroom sauteed w. house special brown sauce, over crispy fried nood	20
Source Shrimp Jumbo shrimp sauteed w. chef's special sauce, served w. fried	18 d black kerneled rice
Char-Grilled Chilean Sea Bass Served over steamed mixed veggies w. miso-orange sauce	26
Mandarin Fish Fresh red snapper lightly breaded to golden crispy w. sweet peas, pineapple, onion and bell peppers over speci	18 ial spicy sauce
Hot and Spicy Chicken / Beef Onion, bell peppers, prince mushroom, sweet peas, stir-fried w	13 / 15 w. chef special sauce
Crispy Cumin Lamp Chop Lightly breaded flash-fried golden brown w. peppers and onic	26
Indian Curry Chicken Proceeding Chicken (Page (Shrimm)	13
Broccoli Chicken / Beef / Shrimp Seef / Shrimp	12 / 13 / 14 12 / 13 / 14
Seneral Tso's Chicken / Shrimp	12 / 13 / 14
Sesame Seed Chicken / Shrimp	13/15
🍽 Szechuan Chicken / Beef / Shrimp	12/13/14

le's

Asian Bistro

MonSat.: 11:30 am - 3:00 pm			
Choose a side: wonton soup or hot and sour soup or veggie spring roll.			
ENT	TREES		
	ce, fried rice or brown rice.	/ 10	
Teriyaki Chicken / Salmon	97	10 / 9	
 Security Chicken Cutlet Security Chicken Cutlet Security Chicken / Chicken / 	Shrimn (B) 9	9 / 10	
◆ Indian Curry Chicken	Sinning 😏 – 57	9	
vietnamese Basil Chicken	/Beef/Shrimp 9/10/	-	
🔊 House Green Curry Tofu			
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Sesame Seed Chicken		9	
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Sauteed Mixed Veggies @	Ð	8	
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◆ Ye's Stir-fried Rice Nood		0	
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Singapore Vermicelli		5	
Vegetable / Chicken / Beef / .	•	9	
Classic Fried Rice Vegetab			
Roast Duck Egg Noodle S	-	12	
Seafood Udon Noodle So	-	13	
	R RICE ON PLATE th lettuce, tomato, cucumber		
	n. served with homemade chili lime sau -		
Vietnamese Grill Chicker Vietnamese Grill Pork Cl		9 9	
Vietnamese Grill Shrimp	iop	9 10	
Pork Spring Roll		8	
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	NKS 2. Hot Drinks 120z		
Bubble Tea (Cold) 4		.50	
Free topping bubble, jelly or herb pudding (additional topping 50¢)	Rose Green / Black Tea Passion Fruit Green Tea		
Black Tea Taro	Honey Green / Black Tea		
Green Tea	Lychee Black Tea Grapefruit Green Tea		
Coconut Strawberry	Lemon Green / Black Tea		
Mango	Flavored Tea (Hot) 3	.50	
Chocolate Almond	Rose Green / Black Tea	. 50	
	Honey Green / Black Tea Grapefruit Green Tea		
Bubble Tea (Hot) 4 Free topping bubble, jelly or herb pudding (additional topping 50¢)		.00	
Black Tea			
Taro Green Tea	Coffee (Cold or Hot) Coconut Mocha	4	
Almond	Cappuccino		
Soft Drink (Can) 1.25	Matcha Latte Vietnamese Coffee		
Coke			
Diet Coke Sprite	Fresh Juice Watermelon	4	
Fanta	Cucumber		
Mountain Dew Ice Tea	Kiwi Orange		
nea	SERT		
New York Cheese Cake		5	
Green Tea Ice Cream		5	
Mango Sorbet		6	
Coconut Sorbet		6	
Tiramisu		6	
Mochi Ball Choice of Flavors: Mango, Strawberry, Vanilla, ana		4	
manyo, strawberry, vanilla, ana	JICCII 184		

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249 STUDENTS INDUCTED INTO HONOR SOCIETIES

In 6 languages: Spanish, Italian, French, Chinese, German and Latin; 39 for their 2nd year

Some 249 students studying one of 6 World Languages at Watchung Hills Regional High School were inducted into those languages' academic honor societies at a ceremony on Thursday, April 14th, at the school.

According to World Languages Supervisor Brad Commerford, the number of students honored this year for superior academic excellence of the six languages are: 123 in Spanish, 41 in Italian, 35 in French, 18 in Chinese, 17 in German, and 15 in Latin. The number of students repeating in those languages are; 39 in Spanish, 19 in Italian, 12 in French, 7 in German, 6 in Chinese, and 5 in Latin.

One student, junior Sonali Howe of Green Brook Township, qualified for induction into two language honor societies, in Spanish and Latin.

The induction ceremony was attended by the students, their family members, and guests. Commedford said "To them, Linguistic competence in another language is a life-long skill that will open new dimensions to your personal and professional lives. We are proud of you and thank you for allowing us to take part in recognizing your accomplishment and sharing in your success."

He continued, "Through our students' hard work and dedication, they have reached an exciting stage in their language-learning career as an inductee into a World Language Honor Society. This experience can take them beyond the high level linguistic and cultural competency they have already achieved to help them succeed in communicating with people in and from other countries and cultures."

Guest speaker for the ceremony was Amanda Seewald, board member of the Northeast Conference of the Teaching of Foreign Languages (NCTFL) and the Foreign Language Educators of New Jersey (FLENJ). "Seewald is a speaker of Spanish, French, and Japanese, is the author and director of Maracas Spanish Program for Young Learners" Commerford said. Maracas began as grant-funded pilot program developed, written, and taught by Seewald.

In congratulating the students for their academic achievement in World Languages, Seewald encouraged them to continue their language learning.

"I can tell you that living multi-lingually completely changes the trajectory of your life and you are all on your way," she said.

Seewald said "in the world today, language is an important element in making real change and mutual cultural understanding possible."

"Language is inextricably tied to culture," she said. "We need to be the connectors, the ones who understand who people are and how they live.

We need to bring ourselves to know the rest of the world. That is, after all, what America has always been about, really what being a humanitarian has always been about, representing freedom, growth, welcoming, protecting, standing up in the world, and engaging Humanity."

WHRHS teachers from each language read the names of the inducted students, who all stood to be acknowledged and receive the applause of the audience. One student from each language read aloud the induction oath for each society in that society's language. The students gave their acceptance, "I accept," in each of the six languages.

Reading the oaths were: For Chinese, Nathan James Schwartz; for French, senior Jenna Charko of Warren; for German, senior Lukas Ihringer of Gillette; for Italian, senior Olena Alexandra Hadlet of Millington; for Latin, junior Arielle Ostry of Green Brook Township; and for Spanish, senior Anjali Patel of Warren Township.



(above) Standing on either side of guest speaker Amanda Seewald, fourth left, president of the Foreign Language Educators of New Jersey, and Brad Commerford, supervisor of World Languages at WHRHS, are students (l-r) Senior Anjali J. Patel of Warren Township; senior Olena Alexandra Hadlet of Millington; junior Arielle Ostry of Green Brook Township; junior Sonali Howe of Green Brook Township; senior Jenna Charko of Warren; and senior Lukas Ihringer of Gillette. Sonali Howe, was inducted into two language honor societies, Latin and Spanish.



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WATCHUNG HILL REGIONAL HIGH SCHOOL TALENT SHOW

Some 15 acts showcased the breadth of talent among students and teachers at Watchung Hills Regional High School (WHRHS) at a Talent Show, sponsored by the student ALS Alliance Club, Tuesday, April 12, in the school's Performing Arts Center. The event benefited



(above) Junior Filapa Pamol of Green Brook Township and freshman Angelina Carano of Warren Township sang "I Will Always Love You," by Whitney Houston.



(above) Seniors Alicia Gupta of Watchung, left, and Alisha Sahay of Green Brook Township presented a medley of dances from India.

Some 15 acts showcased the breadth of talent Project ALS (Amyotrophic lateral sclerosis or and Abby Watkins. Lou Gehrig's Disease). Other performant

The Talent Show included student singers, musicians, dancers, rap artists and poets. A panel of students and teachers acted as judges. First Place, the singing trio of Juniors Veronica Mu of Warren, Hannah Melillo of Millington and Allison Horvath of Warren. They sang acapella, and in three-part harmony, the hit "Shake It Out," originally performed by Florence and the Machine; Second Place, sophomore Neha Saju of Warren, reading her original poem, "Paper Soulmate;" and Third Place, junior Anthony Speros of Stirling, playing solo electric guitar and singing "Voodoo Child," the classic song by Stevie Ray Vaughan.

Among the other highlights of the night was a presentation of "Alexander Hamilton," the opening song of the current Broadway Musical, "Hamilton," by Lin Manuel Miranda. Four WHRHS History teachers Rebecca Brown, Sean New, Ken Karnas and Greg O'Reilly, sang the song's lead parts, with a host of students singing ensemble chorus parts. The ensemble included students: Adele Rotondo, Suchir Govindarajan, Krishti Bhaumik, Angela Celeste, Hannah Melillo, Rhiannon Barone, Allison Horvath, Nikhil Bhat, Eric Bautista, Justin Panzarino, John Ray, Gabe Peraza, Owen DiDonna, Jordan Reynolds, Shaun Parimoo, Ahena Nadim, Nicole Vila, Claire Vickery, Alex Terry, Emily Krouk,

Other performances included: junior Filipa Pamol of Green Brook and freshman Angelina Cerano of Warren singing, "I Will Always Love You," by Whitney Houston, written by Dolly Parton; the band, "No Fugazi," featuring juniors David Kim on keyboards and lead vocals, and Natalie Kim of Warren on bass, sophomore Edward Cai of Watchung on guitar, and Owen DiDonna on drums, singing a medley of songs, "How Deep Is Your Love," "Weight in Gold," and "Tight Rope."

Sophomore Cherlin Zhu of Warren playing on the flute, "Concertino," by Cecile Chaminade; senior Justin Johnson, a native of Los Angeles, singing Rap songs, "Fade Me"/ "Change;" freshman Spencer Acciarito delivering an original stand-up comedy routine; senior Elizabeth Bard of Watchung playing "Lilium," on the piano; senior Walter Benitez of Green Brook singing a Rap song, "Low Key; " seniors Alicia Gupta of Watchung and Alisha Sahay of Green Brook performed ethnic dances from India; junior Colton Berry of Green Brook singing, "The Last Amazing Grays," by Sonata Arctica; And English teachers Ira Horowitz on electric guitar, Kristin Mannion on vocals, and Mike Porter on acoustic guitar and vocals, singing "Stressed Out," by Twenty-One Pilots. For an encore to close the Talent Show, they played, "Weather With You," by Crowded House.



(left) Watchung Hills Regional High School (WHRHS) History teachers, kneeling from left, Sean New, Ken Karnas, Greg O'Reilly, and Rebecca Brown, and, behind them, a cast of WHRHS student actor/singers, presented the opening number of "Hamilton," at the Talent Show.



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*The Journal of Arthroscopic Surgery & Related Surgery, January 2016

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Valerie Fund Community Service Project

The Valerie Fund's mission is to provide support for the comprehensive health care for children with cancer and blood disorders. In honor of Older American's Month, from April 18 until May 23, the center will be collecting "new" small gift items that children going to one of the two local treatment centers will be able to select from the fund's treasure chest. The item should be appropriate for children 5 to 10 years old.

"Beginner Watercolor Paint Class"

May 10, 17, 24 & 31

by Barbara Gerson, Art 4 All, 9:30-11:00 am (Watercolors are a great media and have some particular qualities that make them fun to work with. Learn tricks and techniques that will help you paint the picture you want. This class is geared to the beginner student. Class limited to 10 students, advanced registration is required).

"In the Good Old Colony Days May 9 – 10:30 am

Early America in Song" by Linda Russell, Historical Musician (While performing on guitar, penny whistle and mountain and hammered dulcimers, Linda mixes music and history for a very entertaining program. 18th Century is brought to life through ballads, broadsides, love songs, dance tunes and

Revolutionary War anthems).

"Osteoporosis 101 and Balance Screening with the Kessler Rehabilitation Institute,"

May 10 - 10:30 am (Osteoporosis or "porous bones," is a progressive disease that causes bones to weaken and become brittle-so brittle, that a sudden strain or fall can result in a fracture. A therapist from Kessler Institute will be at the center to discuss the disease and offer a FREE balance screening).

"Volunteer Appreciation Luncheon," May 11 - 10:30 am

Volunteers are exceptional people whose commitment, skills and positive energy make great things happen at the Warrenbrook Senior Center. We have over 25 volunteers who help prepare food and implement activities. This is an opportunity for you to thank them .

"Therapeutic Yoga"

May 16 - 10:30 am

by Chanchal Arora, Certified Yoga Instructor, Robert Wood Johnson University Hospital, Somerset. Wear comfortable clothing to this dynamic, interactive class.

"Photo Collage Workshop"

May 23- 10:30 am by Mansa Mussa, Arts Horizons.

(Using photographs or magazine pictures, attendees will learn the technique(s) needed to create a meaningful collage, especially the art of "layering." You can bring your own photos and create a personal "memory" collage or you can select pictures from magazines that interest you. This is a hands-on craft activity. Advanced registration is required by May 18).

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FRIDAY - SATURDAY

Lunch 11am - 3:30pm	Dinner 3:30pm - 10:30pm		
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Kids 7-10\$5.9	9 Kids 7-10	\$6.99	
Kids 3-6\$3.9	9 Kids 3-6	\$5.99	
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