# Summit & Times

Published by Renna Media Issue 8 • May 2016

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### **BRIDGES OUTREACH PROGRAM KEEPS KINDERGARTENERS BUSY**

Submitted by Haley Telling, Parents Organization Board

Each year the kindergarten classes at the Central Presbyterian Church, Weekday Nursery School and Kindergarten in Summit, participate in several community service projects. For their participation in the Bridges Outreach program (BridgesOutreach.net) the children made 69 lunches.

Each child decorated lunch bags and made turkey

sandwiches. They then filled the bags with the sandwiches, drinks, fruit, chips and cookies. These were donated to Bridges for their Sunday run to Irvington. The C.P.C Weekday Nursery School has classes for 2 year olds through kindergarten. For more information about the school, you can check their website at: CPC-School.com or call the school for a tour at: 908-273-0484.



### "GODSPELL" TO BE PERFORMED IN SUMMIT HIGH SCHOOL

See Godspell before the Summit High School (SHS) troupe travels to Scotland to perform at this summer's Edinburgh Fringe Festival in August! Godspell will be rocking the SHS stage on June 4th at 2 pm and 7 pm. Show tickets are \$10 and can be purchased at the door.

Godspell is the pop hit musical composed of parables from the Gospel of Matthew. Boasting a score of chart popping songs, a community of followers share Jesus's messages of love, redemption, and tolerance through games, storytelling techniques, song, and dance.

Summit High School is one of only 40 high schools selected

by American High School Theater Festival to participate in "the Fringe," based on overall excellence of the school's program. The Edinburgh Festival Fringe, with nearly 3,000 productions, 40,000 performances and thousands of performers from around the globe, is the largest performance arts festival in the world and takes place every August in Scotland's capital city. In addition to their own performance, the Summit High School students will have the opportunity to see productions staged by other schools as well as professional troupes. Summit HS participates in the event only once every four year because of the expense of the trip.

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# Summit & Times

Summit Times is published by Renna Media. 9,600 newspapers are printed monthly and mailed to every home and business in Summit.

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# PROMOTE YOUR COMMUNITY EVENT

Community service organizations, schools and sports teams are encouraged to submit news of upcoming events or highlights and photos from recent events.

Organizations who are interested in submitting content, please email Lori Theiss at lori@rennamedia.com

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# SUMMIT FIRST AID SQUAD LAUNCHES BUY A BRICK CAMPAIGN

Thanks to the generosity of Summit residents, business, and local foundations Summit's all-volunteer First aid Squad was able to build a new headquarters to replace their aging building. Now your neighbors at the First Aid Squad need some help to put the finishing touches on the new home that is expected to serve the volunteers and the community for the next 50 years or more.

The Buy-A-Brick program allows you to support the Squad and also become part of their history. Commemorative bricks are available in 3 sizes and will be engraved with text chosen by each supporter. A logo or graphic of the donor's choosing may also be included. Each brick will installed in the walkway outside the main entrance to the Squad's new headquarters on Summit Ave.

Bricks can be ordered online or using a paper



form. For details please visit http://summitems.org/brick or contact John Staunton at: jstaunrton@summitems.org

The all-volunteer First Aid Squad is always looking for new members to join its ranks. All needed training, uniforms and equipment is provided. For information, please call 908-277-9479, or visit their web site at: www.summitems.org.

### **UNITED METHODIST CHURCH GOES TO CUMAC**

On April 23, 2016, a team from the United Methodist Church of Summit went to CUMAC, a non-profit organization dedicated to feeding people and changing lives in Paterson NJ. The team brought with them 85 pounds of donations of nonperishable foods, and spent several hours volunteering in the CUMAC warehouse. Tasks included sorting food for distribution and preparing household goods for sale.

CUMAC has been a vital ministry in Paterson for more than 30 years, currently feeds over 3,000 low-income people a month, and relies heavily on donations from individuals and groups. To learn more about CUMAC's work, check out their website cumac.org. To learn more about the United Methodist Church of Summit's ministry, check out our website umcsummit.org, or join us in worship any Sunday at 10:30 am!









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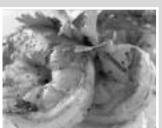
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Lunch 11am - 3:30pm	Dinner 3:30pm - 10:30pm
Adult\$7.99	Adult\$11.59
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### **7 THINGS YOU MUST KNOW BEFORE PUTTING** YOUR HOME UP FOR SALE

Summit NJ - A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that fully three quarters of homesellers don't get what they want for their homes and become disillusioned and - worse - financially disadvantaged when they put their homes on the market.

As this report uncovers, most homesellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollar".

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### **ANNUAL SCHOOL SUPPLIES DRIVE, MAY 16-20**

of Summit and Bridges Outreach are working together to collect next year's school supplies for the approximately 500 children in need in the Summit Public Schools. There will be collection bins during the week of May 16-20 by the main offices of all of the Summit public schools, at the entrances to St. Teresa's Church and Memorial Hall, and at 36 Woodland Avenue in Summit. "For many families in Summit, it is difficult to afford the high cost of the many school supplies needed each year. Donating supplies is an easy and thoughtful way for our community to help these families, and to give these children a fresh start to the new school year," commented Sally Golding and Jane Murphy, CCS Co-Chairs.

Residents can help by donating some of the following new items: 1", 2", and 3" Binders, 3hole Pencil Cases, Subject Dividers, 2-Pocket Folders, Marble Composition Books, Loose Leaf Paper (wide and college ruled), Spiral Notebooks (wide and college ruled), 8-Pack Colored Pencils or Thin Markers, #2 Pencils and Erasers, Pens (Blue, Black & Red), Highlighters, 3 x 5 lined Notecards and Glue Sticks.

In August last year, the Christ Child Society and Bridges provided 353 elementary, middle and high school children in Summit, eligible for free or reduced lunch, with new backpacks and school supplies. Parents were able to take the financial resources that would have been used for school supplies to pay for food, rent, and other necessities. The Christ Child Society is a

For the eighth year, the Christ Child Society non-profit association of volunteers dedicated to serving at-risk children in the area. Bridges is an outreach program for the homeless delivering food, clothing, toiletries, and other necessities to those who are homeless or in need in New York City, Newark, and Irvington every week and opens its doors to neighbors in need every Friday. Christ Child Society and Bridges appreciate the donations and grants from their partners: the Summit Luminary Fund, the Junior League of Summit, the Summit Area Public Foundation, Merrill Lynch employees, St. Teresa's Church and private donations. For further information: www.bridgesoutreach.org or ccssummit@gmail.com.



(above, l-r) Kathryn Colao and Co-Chairs Sally Golding and Jane Murphy of Christ Child Society, and Beth Tulloch and Lois Bhatt of Bridges prepare for the School Supplies Collection.

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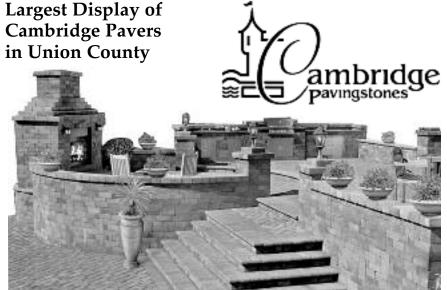


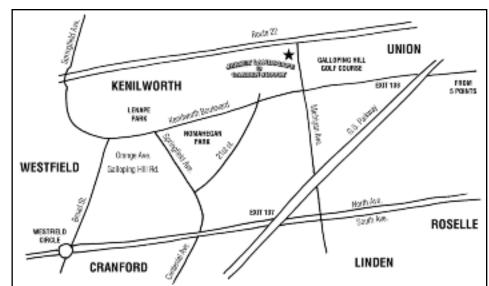
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### CITY PURCHASES AEDS FOR ALL MUNICIPAL SPORTS FIELDS

The City of Summit is announcing the inclusion of automatic external defibrillator (AED) equipment on all municipal sports fields as part of its emergency action plan to protect the safety of athletes, spectators, coaches and officials in the event of a medical emergency.

An AED is a lightweight, portable, batteryoperated, computerized device that is used to restore a regular heartbeat after sudden cardiac arrest caused by undiagnosed heart problems. AEDs are designed to allow non-medical personnel to save lives.

During a cardiac emergency, two pads connected to the AED are placed on the patient's



chest. A computer inside the AED analyzes the patient's heart rhythm and determines if an electric shock to the heart is required to save the victim. If so, the AED uses voice instructions to guide the user through the defibrillation process.

As long as an AED is turned on, it is designed to be next to foolproof. It will not prompt the operator to go to the next step until the previous step has been completed and provides a logical, well-defined, and well-documented sequence of directions. Further, the AED will not allow a shock to be administered unless the person is actually in cardiac arrest.

While it is not mandated by state law for recreation departments to have outdoor AED equipment available on athletic fields, the City of Summit chose to follow recent schools legislation and require AEDs at all athletic games and practices.

In early 2016, the City of Summit Department of Community Programs received approval for the use of Field Restoration funds to purchase 13 AEDs that will be strategically placed in locations at Investors Bank Field, Glenside Field, Upper Tatlock Field, Memorial Field, Village

Green, Summit High School, Summit Middle School and all five elementary schools. The placement of each AED, designed with a red flag and highly visible markings, will allow for no greater than a 90-second response time to a potential victim on each field. All recreation and youth sports coaches will receive training on how to operate the equipment. Most CPR classes offer additional training in the use of an AED. If someone is already trained in CPR, training on the use of an AED takes even less time. In the state of New Jersey, Good Samaritan legislation protects all lay rescuers from lawsuits.

The City Department of Community Programs will be performing monthly visual inspections to help keep AEDs in proper working order. Citizens are asked to report any equipment that appears inoperable or damaged, or is sounding an alarm to www.cityofsummit.org/reportaconcern or call the Department of Community Programs at 908-277-2932.

For more information on the Department of Community Programs and its emergency action plan for youth sports safety, visit http://summitcommunityprograms.com.



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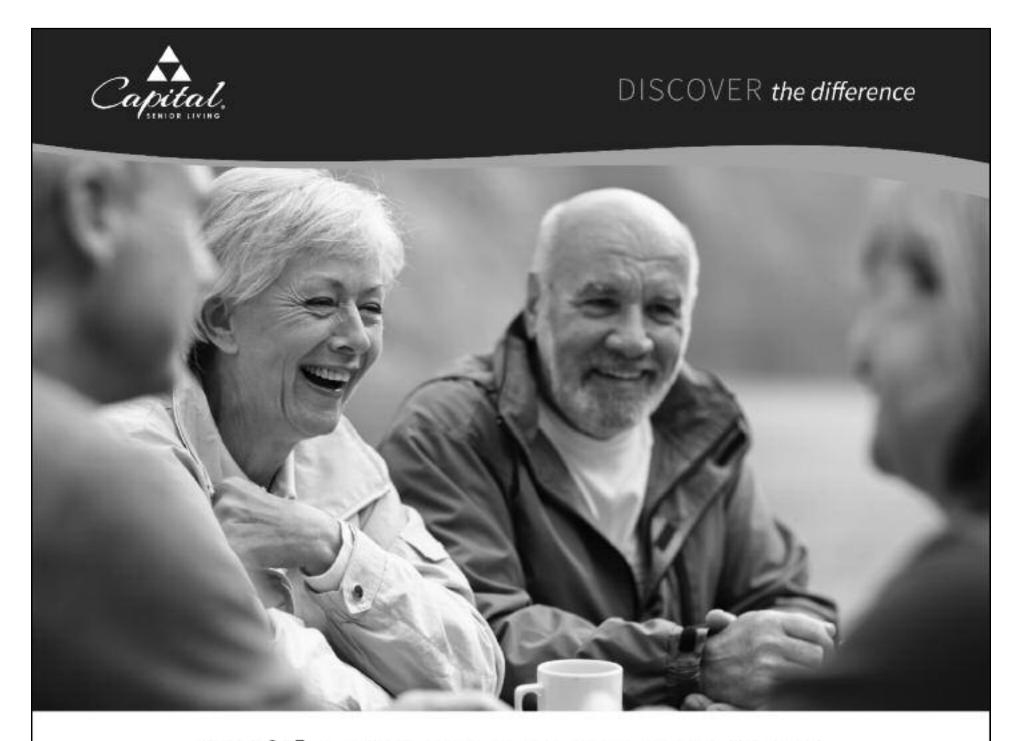


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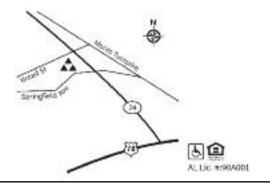
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### **3 SUMMIT RESIDENTS BECOME CASA VOLUNTEERS**

Union County Superior Court Judge Daniel R. Lindemann last month administered oaths to 16 community members who stepped up to serve as extra eyes and ears for family court judges on cases involving abused, neglected or abandoned children currently in foster care. Among them were Summit's own Cheryl Barr, Rose Franco and Craig Grosswald.

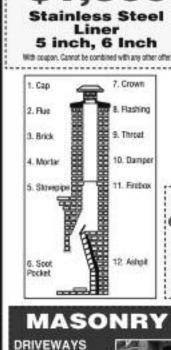
CASA volunteers have court-ordered access to all parties in a child's life, including foster parents, doctors, caseworkers, therapists and teachers, and incorporate into court reports findings from these contacts, as well as, observations from time spent with the youth.

Volunteers advocate both in the community and in court to ensure that while the youth is awaiting a safe and permanent home, their needs are met, their best interests are priority and their time in care is as short as possible.

There are currently 600 Union County children in foster care; the nonprofit serves approximately one-quarter of those youth and its mission is to provide a volunteer advocate for every child in care. CASA of Union County trains three times a year. For details on the next opportunity or for other ways to help the organization stand up for foster children, contact Lisa at (908) 527-7048 or lporis@casaofunioncounty.org.



(above) The newest CASA of Union County volunteers are, from left, standing, Emily Aschenbach of Cranford, Tom Whelan and Wigeby Toussaint of Union, Rose Franco and Craig Grosswald of Summit, Deborah Mathis of Rahway, Cheryl Barr of Summit, Doug Loffredo of Westfield, Lillie Chadwick of Union, and Julaine Bianculli of Rahway; kneeling, Rupa Motwani of Westfield, Isabella Blumberg of Springfield, Phyllis Karp and Mary Ann Foster of Westfield and Ildi Grundmann Coon of Cranford. Not shown is Maryanne Grycan of Westfield.



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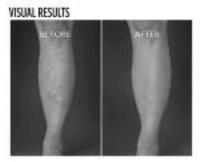


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### LET THE RHYTHMS TRANSPORT YOU AT NJIO'S SUNDAY CONCERT MAY 15

Musicians and audience members alike will be "Dancing to a New Beat" at New Jersey Intergenerational Orchestra's concert on Sunday May 15, 2016 at 3:00 p.m. at Summit High School. The concert features noted guitarist, Joel Perry, performing the hauntingly beautiful guitar Concierto de Aranjuez by Spanish composer Rodrigo in a program that includes lively music from Russian to Romania and back to the Latino rhythms of Cuba. All three NJIO ensembles and orchestras will perform, each consisting of amateur and professional musicians of all ages. Admission is free.

Joel Perry, a highly esteemed guitarist, has performed in over fifteen countries and in Carnegie Hall, Alice Tully Hall, and The Rainbow Room. He is a member of the National Academy of Recording Arts and Sciences, the National Association of Jazz Educators, Music Educators National Conference, and American Choral Directors Association.

NJIO's Symphony Orchestra, led by Maestro Warren Cohen, will begin the program with Sergei Prokofiev's Sinfonietta, a rarely

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performed work that is light in character while infusing Prokofiev's typical harmonic twists. The program continues with the Concierto de Aranjuez by Spanish composer Joaquín Rodrigo, a work inspired by the gardens at Palacio Real de Aranjuez that evokes the sounds of nature, transporting listeners to another place and time. The concert comes to a dramatic close with Arturo Márquez's Danzón No. 2. This exciting expression of the Cuban dance style "Danzón" propelled Gustavo Dudamel onto the world stage and made this work popular, when he performed it with the Simón Bolívar Youth Orchestra of Venezuela.

NJIO's Intermezzo Orchestra will perform Béla Bartók's Romanian Folk Dances and William Boyce's Symphony No. 1. The gypsy violinists that Bartók heard while traveling through Transylvania inspired the Romanian Folk Dances. While best known for his sacred music, English composer Boyce bridged the transition between Baroque and Classical Eras.

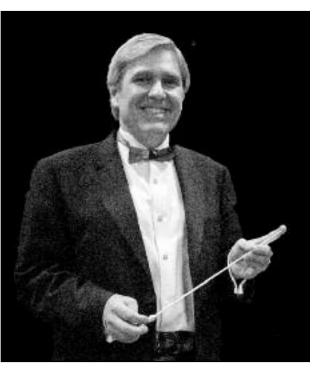
Be sure to arrive to the concert half an hour early to enjoy a short, but delightful serenade by NJIO's Prelude Ensemble, led by conductor Robert Anderson.

Concert Details - Free Admission May 15, 2016 at 3:00 p.m. Summit High School, 125 Kent Place Blvd, Summit

NJIO is committed to ensuring that its programs and concerts are accessible to all. Please contact Mary Beth Sweet, info@njio.org or (908) 603-7691, for more information regarding the concert or patron services or visit NJIO's website njio.org or Facebook page.



(above) Guitarist Joel Perry performs Rodrigo's Concierto de Aranjuez.



(above) Maestro Cohen conducts the NJIO Symphony Orchestra.

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# SEARCH ENGINE OPTIMIZATION WORKSHOP

On Tuesday, May 10, 2016 from 7:00-8:30 p.m. the Summit Free Public Library will be offering a workshop on search engine optimization(SEO) for businesses and nonprofits, led by technology expert Nirupama Mallavarupu.

Do you have a business or nonprofit or are you thinking of starting one? We bet you already have a website, maybe a blog too, and are on social media. But, since billions of other organizations and businesses also have these, if you really want to be found by search engines such as Google and Bing, you'll need an overall strategy to optimize your website and blog for the keywords you desire and also integrate your social media and website. Find out how at this free workshop. Please bring your smart phone, tablet, or laptop to this hands-on program.

The workshop is free and open to the public. Registration is required as space is limited. To register, call 908-273-0350, ext. 3. Details about upcoming programs can be found on the Library's website at www.summitlibrary.org.





### **SUMMIT FREE PUBLIC LIBRARY**

75 Maple Street, Summit, NJ 07901 • (908) 273-0350

Please note that our film licenses vary, and don't always allow us to provide the titles of films being shown.

#### **Mondays at the Movies**

showings at 12:30 PM and 6:30 PM

### Drama

May 9

The true story of the 2010 collapse of a Chilean mine and the rescue of the 33 miners who were trapped underground for 69 days. Starring Antonio Banderas and James Brolin. Rated PG-13. 120 minutes.

#### Drama

May 16

Mark Ruffalo stars as Cameron, a man who suffers from bipolar disorder. After a breakdown forces him to leave his family and move into a halfway house, he attempts to rebuild a relationship with his two daughters, and win back the trust of his wife Maggie (Zoe Saldana). When Maggie decides to go to business school in New York, they decide that he will move back in and take care of the day-to-day care for the kids. Due to his mercurial nature, this leads to a series of quirky, funny, and sometimes frightening episodes. Rated R. 90 minutes.

### Drama

**May 23** 

Based on the true love story of Danish artist Einar Wegener and his wife Gerda as he makes the pioneering journey to becoming a woman, Lili Elbe, in the 1920s. Directed by Academy Award winner Tom Hooper, starring Academy Award winner Eddie Redmayne as Einar and Alicia Vikander as Gerda.

Rated R. 120 minutes.

#### **Investing for Retirement**

Wednesdays (May 11, 18) at 7-8 PM.

Financial advisor Jon Budish will conduct a series of three workshops on how to invest for retirement, even if you're already nearing retirement.

The workshops will cover: how to invest for retirement, risks in retirement, how to pick stocks, demographics (millennial investing), and dividends. We consider investments such as stocks and bonds, mutual funds and

guaranteed investments like social security and annuities. Much of the discussion will centers on risk and how to deal with risk and volatility in uncertain times.

### SEO (Search Engine Optimization): Strategies for 2016

Tuesday, May 10, 7-8:30 PM

Do you have a business? A nonprofit organization? We bet you already have a website and maybe a blog. But so do millions of other businesses and nonprofits like yours.

How can YOU stand out?

Find out at this free hands-on workshop with technology expert Nirupama Mallavarupu.

Please bring your smartphone, tablet or laptop.

#### **Music at the Library**

Sunday, May 22, 2 PM

Violin and viola duet by Adriana Rosin and Frank Foerster of the New Jersey Symphony Orchestra, performing works by Bach, Banchieri, Sibelius and Mozart. All welcome. First come, first seated.

#### Film: Glassland

Friday, May 13, 12:30 PM

John lives with his mother, Jean, in a social housing suburb and ekes out a meager living as a nocturnal taxi driver. John returns home one morning to find his mother unconscious from an alcohol overdose; however this was not the first time. Jean violently rejects John's attempts to help as well as his intentions to unite the family. When Jean is offered an opportunity to recover, and with no savings or insurance, John is forced to offer his services to a petty criminal to help pay for his mother's costly rehab program. John is subsequently faced with a lifechanging task that may change him and his family's lives forever. Not rated. In English. 93 minutes.

#### **Brown Bag Book Group**

Friday, May 20, 2016, 12:30pm - 01:30pm
Lunchtime book group for seniors. Bring a bag lunch; beverages are provided. The group will be discussing "Without You, There is No Us" by Suki Kim, a haunting memoir of teaching English to the sons of North Korea's ruling class during the last six months of Kim Jong-il's reign

### Useful apps for your personal and business life

Tuesday, May 24, 2016, 07:00pm - 08:30pm

Today your smartphones are smarter than ever before. There are over 1.5 million apps in Apple's App Store and 1.6 million apps for Android. With so many choices, how do you pick the apps that will make your life easier?

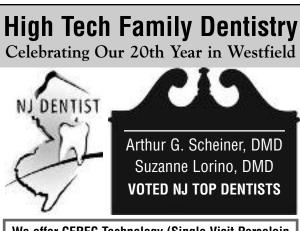
Find out in this hands-on workshop presented by technology expert Nirupama Mallavarupu. Please bring your smartphone, tablet, or laptop, and your Apple ID or Google password.

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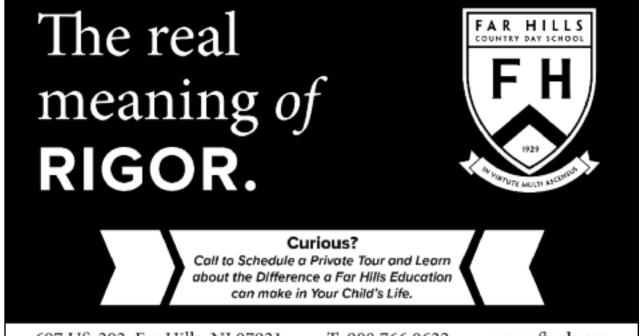
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### SAGE ELDERCARE CALENDAR OF EVENTS

290 Broad Street, Summit, NJ • (908) 598-5548

### **Facing Medical Decisions**

Tuesday, May 10

As people face changes in their health status or a chronic illness progresses, there is a higher probability of experiencing a hospitalization and having to make medical decisions. These decisions may be complicated at times. Patients and families need information and guidance to assist them at these difficult times. During this program led by Rita Dyer, Geriatric Nurse Practitioner, Overlook Medical Center, we will discuss common situations which may arise in a hospital situation, how to understand treatment options, how to arrive at goals of care for you and your family members. 7:00 pm – 8:30 pm, SAGE Eldercare, 290 Broad Street, Summit. To register or obtain more information, please call 908.598.5548 or email education@sageeldercare.org.

#### **Medicare 101**

### Wednesday, May 18

Do you have questions about Medicare? Are you overwhelmed by all the different plans and options? Join us for this monthly presentation led by SHIP Counselors of Union County. If you are unable to attend the presentation, please call 908.273.6999 to schedule an appointment. 12:00 pm -1:30 pm SAGE Eldercare, 290 Broad Street, Summit. To register for this free program, please call 908.598.5548 or email education@sageeldercare.org.

#### **PREP Caregiver Support Group**

Wednesday, May 18

SAGE's PREP caregiver support group is held monthly for caregivers and is led by a social worker specializing in eldercare. 7:00 pm – 9:00 pm, SAGE Eldercare, 290 Broad Street, Summit. To register for this free program, please call 908.598.5509.

#### Living Options as we Age Thursday, May 19

As we and our loved ones, age, we are often faced with the difficult decision of whether or not to remain in our homes. In this panel discussion, we will learn about different living options with four different speakers: Deanna Butters, CDF, Director of Spend-A-Day at SAGE, Terri Klein, RN, BSN, Director of Nursing, Bright Care, Judah Orbach, LLNHA, Administrator, Chatham Hills Subacute Nursing Center, and Cynthia Rozenberg, Executive Director, The Chelsea at Warren. 7:00-8:30 pm, SAGE Eldercare, 290 Broad Street, Summit. To register for this free program, please call 908.598.5548 or email education@sageeldercare.org.

### **Alzheimer's Association Support Group**

Tuesday, May 26

This support group provides an opportunity for caregivers, families and friends to learn more about Alzheimer's disease, share their feelings and concerns, and support each other in coping with the effects of the disease. Held monthly on the fourth Tuesday. 10:00 am,

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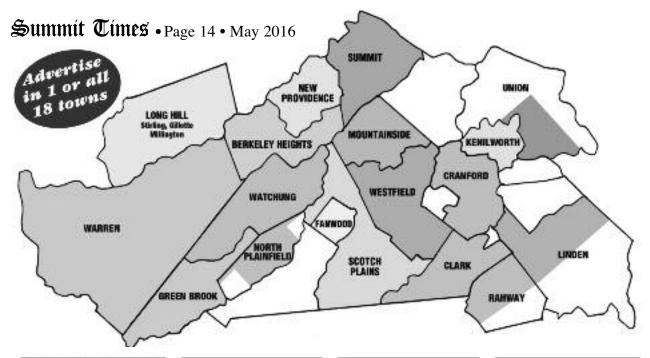
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			3 WWW	2010
APPETIZERS Fried Veggie Mini Rolls (4 pcs)	4		LUNCH MENU  MonSat.: 11:30 am - 3:00 pm  Choose a side: wonton soup or hot and sour soup or veggie spring	na roll.
Shumai (6 pcs) Steamed or fried Japanese shrimp dumplings Edamame (5)	5 5		ENTREES Choose rice: white rice, fried rice or brown rice.	
Sindian Pancake w. Chicken Curry Dipping	6	7	Teriyaki Chicken / Salmon	9/10
Extra pancakes are \$2 each  Vietnamese Pork Spring Roll (4 pcs)	6	101-	Crispy Chicken Cutlet	, 9
Gyoza (6 pcs)	6	16.6	🐿 Tropical Mango Chicken / Shrimp 🚭	9/10
Choice of steamed or pan fried  Crystal Dumplinas (6 pcs)	7		► Indian Curry Chicken	9
Chicken Skewers (3 pcs)	7	Asian Bistro	<ul> <li>Vietnamese Basil Chicken / Beef / Shrimp</li> <li>House Green Curry Tofu / Chicken / Shrimp </li> </ul>	10 / 10
Marinated, char-grilled, serve w. peanut, satay dipping  Fried Crab Cheese Wonton (6 pcs)	6	Fine Asian Cuisine	S Crispy Tangerine Chicken	9/10
Peking Duck Steam Buns (2 pcs)	8	Vietnamese and Chinese		10/10
Choice of chicken or tofu, stir-fried w. basil, onion, chili pepper,	10	vietnamese and Chinese	Szechuan Chicken / Beef / Shrimp 9 /	10/10
pineapple, fresh lime juice, served w. lettuce leaves  ** Hawaii Shrimp Roll (2 pcs)	8	Dine in a take out		10/10
Shredded mango, jicama, avocado and crispy shrimp, wrapped in roti pancake, served w. special sauce		Dine in • take out	Sesame Seed Chicken  ** General Tso's Chicken	9
Summer Roll (2 pcs) 🚭	5	b.y.o.b.	Sauteed Mixed Veggies (3)	5
Calamari Battered calamari rings, deep fried to crispy, served w. citrus mayo dipping	8	908.668.7808	Sauteed String Beans	8
Rock Shrimp Battered rock shrimp fried to golden crispy, w. citrus mayo dipping	10	300.000.1000	NOODLE AND RICE	
SOUPS AND SALAD		908.668.7807	Ye's Stir-fried Rice Noodles	
Wonton Soup	3 / 5		Vegetable / Chicken / Beef / Shrimp	5
wonton Soup  № Hot and Sour Soup	3/5	<b>Business Hours:</b> Mon – Thu: 11:30 am – 9:30 pm	Vegetable / Chicken / Beef / Shrimp (5)	9
Shrimp, scallop, crab meat, prince mushroom, vermicelli and coconut milk	5/10	Fri – Sat: 11:30 am – 10:30 pm Sunday: 12:00 noon – 9:00 pm	Vietnamese Basil Fried Rice Vegetable / Chicken / Beef / Shrimp	g
Spicy Mango Salad 🚭	7		Yaki Udon Vegetable / Chicken / Beef / Shrimp	9
Shredded mango, jicama, crispy vermicelli and crushed peanuts in sweet chili sauce		41 Mountain Blvd.	Singapore Vermicelli Vegetable / Chicken / Beef / Shrimp (3)	
Avocado Salad Seaweed Salad	6 5	Warren, NJ 07059	Classic Fried Rice Vegetable / Chicken / Beef / Shr	rimp 🚭 9
Grilled Chicken Salad 🚭	9		Roast Duck Egg Noodle Soup	12
Grilled Salmon Salad 🚭	10	Gift Certificates Available	Seafood Udon Noodle Soup	13
VEGITARIAN		Corporate Catering Welcome	VERMICELLI OR RICE ON PLAT  Vermicelli or rice dish with lettuce, tomato, cucumber	re
Lightly sauteed and erved w. white rice  Mixed Veggies	10		and roasted peanuts and fried onion, served with homemade chili lim	ne sauce.
Broccoli 📵	10		Vietnamese Grill Chicken Vietnamese Grill Pork Chop	9
Mushroom and Tofu   Raby Boly Chay   Raby Boly Boly Chay   Raby Boly Boly   Raby Boly Chay   Raby Boly Boly   Raby Boly   Raby Boly   Raby Boly Boly   Raby Boly Boly   Raby Boly Boly   Raby Bol	11 10	Order online	Vietnamese Grill Shrimp	10
Baby Bok-Choy (5) String Beans	10	www.Yesasianbistro.com	Pork Spring Roll	8
NOODLE AND RICE		WOK AND GRILL SIGNATURE	DRINKS	
Ye's Stir-fried Rice Noodles		Served w. White Rice	Cold Drinks 16oz, Hot Drinks 12oz <b>Bubble Tea (Cold) 4 Flavored Tea (Cold)</b>	3.50
Vegetable / Chicken / Beef / Shrimp (3) 11 / 12 / 13 Stir-fried w. dry tofu, onion, pepper and bean sprouts, top w. peanuts	/ 14	Teriyaki Chicken / Beef / Shrimp / Salmon 13 / 16 / 16 / 18	Free topping bubble, jelly or herb pudding (additional topping 50¢)  Rose Green / Black Tea Passion Fruit Green Tea	
House Pineapple Fried Rice Vegetable / Chicken / Beef / Shrimp  11 / 12 / 13	/14	Crispy Chicken Cutlet 13	віаск теа Taro Honey Green / Black Te	
Stir-fried w. pineapple, corn, onion, bell pepper, carrots and raising	,	Breaded chicken breast deep fried to golden crispy, w. chef special sauce  Tropical Mango Chicken / Shrimp  13 / 15	Green Tea Lychee Black Tea Coconut Grapefruit Green Tea	
Vietnamese Basil Fried Rice Vegetable / Chicken / Beef / Shrimp 11 / 12 / 13	/ 14	Fresh mango, onion, bell peppers, prince mushroom and sweet peas, sauteed w. spicy sweet mango sauce	Strawberry Lemon Green / Black To	ea
Stir-fried w. onion, bell peppers, basils, peas, carrots and corn <b>Yaki Udon</b>		Sangria Crispy Duck 20	Mango Flavored Tea (Hot) Chocolate Rose Green / Black Tea	3.50
Vegetable / Chicken / Beef / Shrimp 11 / 12 / 13 Stir-fried w. baby bok-choy, onion, bell peppers and carrots	/ 14	Crispy duck glazed w. fruity red wine sauce over baby bok-cho  Vietnamese Basil	Almona Honey Green / Black Te	
Singapore Vermicelli		Tofu / Chicken / Beef / Shrimp 13 / 13 / 15 / 15	Bubble Tea (Hot) Free topping bubble, jelly or herb  Grapefruit Green Tea	
Vegetable / Chicken / Beef / Shrimp (3) 11 / 12 / 13 Stir-fried w. onion, bell peppers, bean sprouts and egg	1/14	Sauteed w. eggplant, prince mushroom, onion, sweet peas and fresh basil leaves w. spicy basil sauce	pudding (additional topping 50¢)  Black Tea  Hot Tea (Per table)	2.00
Classic Fried Rice  Vegetable / Chicken / Beef / Shrimp  11 / 12 / 13	1/14	Nouse Green Curry Tofu / Chicken / Shrimp <a href="#"></a>	Taro Coffee (Cold or Hot	t) 4
Stir-fried w. egg, onion, peas and carrots		Broccoli, eggplant, prince mushroom, onion and bell pepper cooked in green curry sauce	Green Tea Coconut Mocha Almond Cappuccino	
Roast Duck Egg Noodle Soup Seafood Udon Noodle Soup	12 13	Korean Grilled Baby Back Ribs 20	Matcha Latte  Soft Drink (Can)  1.25 Vietnamese Coffee	
PHO @		Marinated short ribs, grilled in Korean style  Crispy Tangerine Chicken / Beef 13 / 15	Coke	
Pho starts with fragrant broth which is made fresh daily. The aromatic broth by simmering light, quality meat, beef knuckle bones, served with fresh fla	at rice	Seasoned chicken shreds fried to crispy and glazed w. tangerine sauce	Diet Coke Fresh Juice Sprite Watermelon	4
noodles, and topped with your meat selection, also fresh Asian herbs and s <b>Pho Dac Biet</b>	spices. 13	Sauteed w. sweet peas, broccoll, prince mushroom and onion	Fanta Cucumber Mountain Dew Kiwi	
This Pho bowl is pocked with rare eye round steak, well-done skirt flank, soft tendon, and beef bolts. It's a different texture in every bite.		Seafood Pan Fried Noodles 20	Ice Tea Orange	
Pho Tai  A layer of thin rare eye round steak is cooked by the beef broth right in your	12	Shrimp, scallop, crabmeat, squid, prince mushroom sauteed w. house special brown sauce, over crispy fried noodles		
bringing out the sweetness & tenderness of beef slies in to each bite.  Pho Bo Vien	11	Se Butter Shrimp  Jumbo shrimp sauteed w. chef's special sauce, served w. fried black kerneled rice	DESSERT	
Seasoned beef and soft tendon meaet balls cut into bite-size portions furthe creamte on undertone of sweetness to the already fragrant beef broth.		Char-Grilled Chilean Sea Bass	New York Cheese Cake	5
It is a favorite among children.  Pho Tom	13	Served over steamed mixed veggies w. miso-orange sauce	Green Tea Ice Cream Mango Sorbet	5 6
Plum shrimp are topped over beef broth, low in calories but amazing in taste	∋.	• Mandarin Fish Fresh red snapper lightly breaded to golden crispy	Coconut Sorbet	6
Pork Chop Selected pork chop marenated in lemongrass special sauce	12	w. sweet peas, pineapple, onion and bell peppers over special spicy sauce  * Hot and Spicy Chicken / Beef 13 / 15	Tiramisu	6
Grilled Chicken Selected chicken breast marenated in lemongrass special sauce	12	Onion, bell peppers, prince mushroom, sweet peas, stir-fried w. chef special sauce	Mochi Ball Choice of Flavors: Mango, Strawberry, Vanilla, and Green Tea	4
VERMICELLI OR RICE ON PLATE		Crispy Cumin Lamp Chop Lightly breaded flash-fried golden brown w. peppers and onion	до, элитетту, чинни, ини Огесп Тей	
Vermicelli or rice dish with lettuce, tomato, cucumber and roasted peanuts and fried onion. served with homemade chili lime so		Indian Curry Chicken 13	We want Vale Bishus to be a vilea wil	anc -
Vietnamese Grill Chicken Vietnamese Grill Pork Chop	12 13	Broccoli Chicken / Beef / Shrimp 12 / 13 / 14	We want Ye's Bistro to be a place where you feel at he can relax in a warm and casual family style atmosph	
Vietnamese Grill Shrimp	14	Garlic Chicken / Beef / Shrimp 12 / 13 / 14	and at the same time enjoy a wide variety of the most famous Asian cuisine.	
Pork Spring Roll	10	Sesame Seed Chicken / Shrimp 13 / 15  Sesame Seed Chicken / Shrimp 13 / 15		
► Indicates choice of mild, medium or hot, seasoned to your taste.  G Gluten Free options are available.		Szechuan Chicken / Beef / Shrimp 12 / 13 / 14	fresh vegetables, highest quality ingredients,	

12/13/14

Szechuan Chicken / Beef / Shrimp

and all the homemade secret sauces.

Indicates choice of mild, medium or hot, seasoned to your taste.

G Gluten Free options are available.

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