

The PRIDE of North Plainfield



North Plainfield's Hometown Newspaper

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ISSUE 48 • JUNE 2016

NORTH PLAINFIELD BUSINESS ASSOCIATION MEETING

JUNE 28TH
7pm

INTERNATIONAL SPORTS CLUB
403 Somerset Street

Hosted by:
Avis of NJ

CLUBS PARTNER UP TO BENEFIT THE GIVING GARDEN

The high school service organization, known as the Interact Club, prides itself on service to others. One of the club's current projects is a partnership with the Rotary Club of Plainfield-North Plainfield, at the Giving Garden in Warren.

Working at the Wagner Farm Arboretum, the Rotarians and Interact Club members hauled planting soil and compost to prepare four planting beds for this season's vegetables.

The four foot by forty foot plots were dug, raked smooth, tamped, and then lined with string for three rows in each plot. Beets and carrots seeds were planted and covered by the excited students.

"With the Interact Club's help, we quickly prepared and planted seeds in the four beds," said Michael Townley, Rotary Club secretary and gardener. "We really enjoy working with the kids at the Garden. It's fun to work with them and see them have fun while helping others. It's just too bad that the crops aren't ready for them to harvest before school gets out in June."

The beets and carrots will be tended by the two clubs and the crops, when harvested, will go to the Star Fish Food Pantry and the Salvation Army kitchen in Plainfield.



More information about the Interact Club can be found at the Rotary Club's website at www.rotarypnp.org.

The Rotary Club of Plainfield-North Plainfield welcomes new members who have an interest in serving others while developing new friendships. The club meets Wednesdays at 12:15 PM in Giovanna's Restaurant, 1462 South Avenue, Plainfield. Come as a guest and see what Rotary is all about.

ROTARY WELCOMES NEW MEMBERS

The Rotary Club of North Plainfield and Plainfield welcomed two new members recently. Dr. Regina Riccioni, dean of the Plainfield campus of Union County College, was inducted into the club on March 23. Dr. Riccioni recently assumed her new position as dean and is responsible for oversight of the Plainfield campus during the expansion of its health care education curriculum.

The club also welcomed Debbie-Ann Anderson, executive director of Homefirst, Inc., in Plainfield. Homefirst was founded as Interfaith Council for the Homeless of Union County in a partnership with religious congregations to provide homeless women and families with shelter, food and supportive services. They now provide transitional housing, social support, and other services.

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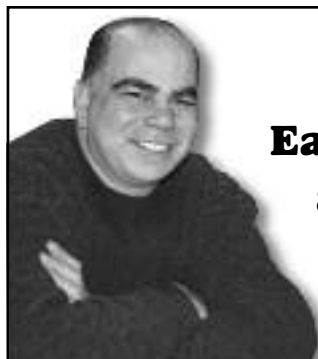
(above) Rotary President Ravenell Williams poses with Debbie-Ann Anderson, newest member of the Rotary Club of North Plainfield and Plainfield.

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The Pride of North Plainfield is published by Renna Media. 6,500 newspapers are printed monthly and are mailed to every businesses and homes in North Plainfield, NJ using the 07060 zip code and are distributed for free pick-up throughout town.

Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

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Renna Media welcomes the comments and concerns of its readers put into writing and sent via phone, fax or email to:

Renna Media, LLC

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PROMOTE YOUR COMMUNITY EVENT

Community service organizations and sports teams are encouraged to submit news of upcoming events or highlights and photos on recent events.

Organizations who are interested in submitting content can

email

editor@rennamedia.com

or call 908-418-5586

SPRING INTO SAFER DRIVING WITH THESE 8 TIPS

From North Plainfield Police Chief William G. Parenti

Potholes and puddles and glare, oh my! As the seasons change, so do road conditions. While winter snow and ice generally prevail as far as challenging road conditions go, spring also presents a variety of challenges that can affect your travel.

Stay safe on the road this spring by following these 8 driving tips from Chief William G Parenti:

Spring showers bring May flowers-and wet driving conditions. Slow down on slick roads, and increase your following distance even when mist begins to fall. Keep in mind that even a small amount of water can mix with oil and road dust to create slippery conditions.

Be sure your vehicle is ready for rain by replacing your windshield wipers at least once a year. Don't drive faster than your wipers can clear water from the windshield.

Avoid driving through large puddles, which can impair your brakes, cloud your vision, or cause you to hydroplane and lose control of your vehicle. If you can't avoid a puddle and find your vehicle hydroplaning, gently ease your foot off of the accelerator-do not brake.

Share the road. Warm weather brings motorcyclists, bicyclists, and pedestrians out on the roads. Because more and more pedestrians

have developed habits of texting, talking on cellphones, and listening to music, they can be unaware of the traffic around them. Be extra cautious around intersections and in residential communities.

Understand the impact of medications on driving. New spring growth often causes seasonal allergies, so keep in mind that over-the-counter allergy drugs can have side effects or interact with other medications to cause drowsiness or diminish your driving ability.

If possible, go around potholes. Potholes-an after-effect of winter weather-can hurt your tires or throw your car's front end out of alignment. If you can't avoid a pothole, try to slow down, as the damage can be costly to fix.

Keep your tires properly inflated. Doing so can reduce damage from potholes, uneven pavement, and other road hazards.

Change your car's cabin air filter if you suffer from seasonal allergies. The cabin air filter, which removes pollutants before they enter your vehicle, can be essential in minimizing the amount of dust or pollen that enters your vehicle, thus relieving your allergies during travel.

Spring weather can be temperamental, so be prepared for quick changes by taking the proper precautions.

AUDITIONS FOR SONDHEIM'S ASSASSINS

CDC Theatre announces auditions for a new, fresh, dark, and timely production of Assassins. A multiple Tony Award-winning theatrical tour-de-force, Assassins combines Stephen Sondheim's signature blend of intelligently stunning lyrics and beautiful music with a panoramic story of our nation's culture of celebrity and the violent means some will use to obtain it, embodied by America's four successful and five would-be presidential assassins. Bold, original, disturbing, and alarmingly funny, Assassins is perhaps the most controversial musical ever written.

Auditions will be June 13 - 7:30 p.m. and June

18th - 1:00 p.m. Callbacks by Invitation, will be June 18th 2:00 p.m. at CDC Theatre, 78 Winans Ave., Cranford, NJ. The show is set to run October 7-22, 2016.

Directed by Alan Van Antwerp, Musically Directed by Jack Bender, Choreographed by Megan Ferentinos.

Those auditioning are asked to prepare 32 bars of a song of their choosing. If you have a Sondheim song prepared and ready, that would be preferred but not required. Those who audition may be asked to read at the audition.

Additional information can be found by visiting www.cdctheatre.org.

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Entertainment Schedule

Sat June 11	"The Vinny's"	9pm
Sun June 12	Bobby Byrne	4:30pm
Fri June 17	"Sweet Chin Music"	10pm
Sat June 18	Pat Roddy	10pm
JUNE 19th - FATHER'S DAY BLOWOUT!		
Sun June 19	'Brian Kirk & the Jirks'	6pm
Sat June 25	Pat Roddy	10pm
Sun June 26	Bobby Byrne	4:30pm
Thu June 30	Backspin 50	5pm

JULY 2016

Fri July 1	'Brian Kirk & the Jirks'	6pm
Sat July 2	Pat Roddy	10pm
Sun July 3	Bobby Byrne	4:30pm
	Pat Roddy	10pm
Mon July 4	"The Barksdales"	5pm

Thu July 7	Backspin 50	5pm
Fri July 8	'Waiting on Mongo'	10pm
Sat July 9	Pat Roddy	10pm
Sun July 10	Bobby Byrne	4:30pm
Thu July 14	Backspin 50	5:00pm
Fri July 15	"Enjoy!"	10pm
Sat July 16	Pat Roddy	10pm
Sun July 17	Pat Roddy	10pm
Thu July 21	Backspin 50	5:00pm
Fri July 22	"Sweet Chin Music"	10pm
Sat July 23	Pat Roddy	10pm
Sun July 24	Bobby Byrne	4:30pm
	'Brian Kirk & the Jirks'	10pm
Thu July 28	Backspin 50	5:00pm
Sat July 30	"The Medicine Men"	6pm
	Pat Roddy	10pm

AUGUST 2016

Thu August 4	Backspin 50	5:00pm
Fri August 5	'Waiting on Mongo'	10pm
Sat August 6	Pat Roddy	10pm
Sun August 7	Bobby Byrne	4:30pm
Thu August 11	Backspin 50	5:00pm
Sat August 13	"Joebonanno and the Godsons of Soul"	7pm
Sun August 14	'Brian Kirk & the Jirks'	TBA
Thu August 18	Backspin 50	5:00pm
Sat August 20	"Enjoy!"	10pm
Sun August 21	Bobby Byrne	TBA
Thu August 25	Backspin 50	5:00pm
Sat August 27	"Joebonanno and the Godsons of Soul"	7pm
Sun August 28	'Brian Kirk & the Jirks'	TBA

SEPTEMBER 2016

Thu September 1	Backspin 50	5:00pm
Sat September 3	Pat Roddy	10pm
Sun September 4	Bobby Byrne	4:30pm
	Pat Roddy	10pm
Fri September 16	Nicole & Denise	7pm

OCTOBER 2016

Sun October 2	'Brian Kirk & the Jirks'	TBA
Fri October 14	Nicole & Denise	7pm

NOVEMBER 2016

Sun November 6	'Brian Kirk & the Jirks'	TBA
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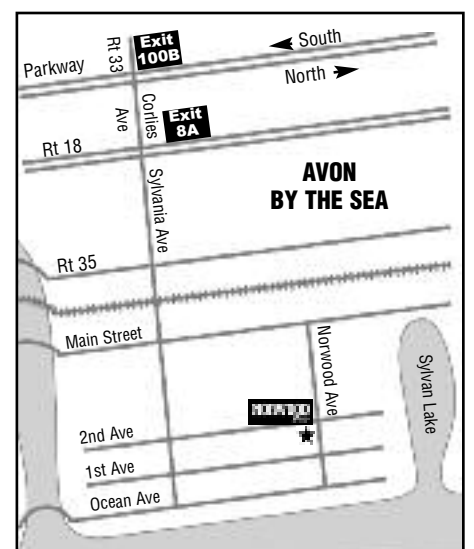
Visit NorwoodInn.com for updates to schedule.



PAT RODDY



ENJOY!



REVEREND ANN KATHRYNE URINOWSKI

The Church of the Holy Cross in North Plainfield is thrilled to announce that the Reverend Ann Kathryne Urinowski will be ordained as an Episcopal priest in her home parish at Holy Cross on June 18, 2016.

Reverend Ann grew up in Watchung, NJ. She is a cradle Episcopalian, was baptized at Holy Cross, and has been a lifelong parishioner. Her Holy Cross family has watched her grow into a compassionate young woman of integrity, dedicated to being a force for good. She is currently serving at St. Mark's Episcopal in Basking Ridge.



(above) The Rev. Ann Kathryne Urinoski at The Church of the Holy Cross in North Plainfield, New Jersey.

SCLSNJ NORTH PLAINFIELD LIBRARY BRANCH

6 Rockview Avenue, North Plainfield, NJ 07060 | 908-755-7909 | SCLSNJ.org

Program dates and times are subject to change. All programs are free and registration is required unless otherwise indicated. Visit SCLSNJ.org or call the Library for more information and to register.

SCLSNJ's Summer Reading Clubs for all ages will start June 20. Visit SCLSNJ's North Plainfield Memorial Library branch or SCLSNJ.Beanstack.org for more information or to register to participate.

FAMILY PROGRAMS

Peru's National Potato Day

June 11, 2-3:30 p.m.

Summer Reading Kick Off

June 21, 3-4:30 p.m.

North Plainfield Library Book Sale

June 24 & 25, 9:30 a.m. - 4:30 p.m.

\$2 for a bag of books

CHILDREN, TWEEN, & TEEN PROGRAMS

Dungeons & Dragons

tweens & teens

June 1, 8, 15, 22, & 29, 3:30-6:30 p.m.

Teen Game Days

teens

June 6, 13, 20, & 27, 3:30-5 p.m.

Moving Kiddos

6 months - 2 years old

June 21 & 28, 10-10:30 a.m.

Rhyme Time and Play with Miss Amy

2-3 years old

June 22 & 29, 10-11 a.m.

Elephant & Piggie: Thanks-o-Rama

3-6 years old

June 23, 3:30-4:30 p.m.

Star Wars: Episode VII - The Force Awakens Movie Viewing

teens

June 24, 2-4:45 p.m.

Video Game Theater - Games2U

grades 6-12

June 27, 4-5 p.m.

Family Stages presents: Peter Pan

3+ years old

June 28, 2-3 p.m.

Teddy Bear Sleepover

2-5 years old

June 28, 7-7:30 p.m.

(Pick up is June 28 after 3 p.m.)

ADULT PROGRAMS

ESL Class Sponsored by The Jointure

June 1, 13, & 14, 10 a.m. - 12 p.m. &

June 6 & 8, 10 a.m. - 12 p.m. & 6:45-8:45 p.m.

Citizenship Class

June 2, 9, 16, 23, & 30, 6-8:30 p.m.

English Conversation Group Meetup

June 6, 13, 20, & 27, 7-8:30 p.m.

Morning Knitting & Crochet Meetup

June 7 & 21, 10 a.m. - 12 p.m.

Gather & Game

June 7, 6-8:30 p.m.

Book Discussion

"Dead Wake: Last Crossing of the Lusitania"

by Erik Larsons

June 9, 1-2 p.m. & June 16, 7:15-8:45 p.m.

Snack & Learn: PC Security

June 14, 7-8:45 p.m.

JESSE RIVERA CINCO DE MAYO PERFORMANCE



(above) Award-winning Lopatcong musician Jesse Rivera recently visited the North Plainfield Library to perform musical tributes to Cinco de Mayo. His performances were enjoyed by all.

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CAP CADET PROGRAM IS OPEN TO STUDENTS

On May 14, 2016, teenagers from ages 12 to 18 participated in the Joint Base McGuire-Dix-Lakehurst Open House Air Show as part of the Civil Air Patrol Cadet Program for middle school and high school students.

CAP members provided STEM demonstrations, aircraft static displays, event program sales, and some had the honor of escorting distinguished visitors to the Center Stage. In addition, CAP members provided flight orientation training on computer

simulators to young visitors that stopped by the CAP booth.

Children also had the chance to pose in the CAP F-16 model. During this event, CAP members answered many questions from the public about the CAP youth program in areas such as Science, Technology, Engineering, and Math activities (STEM), Cyber Security activities, Robotics competitions, the Orientation Flight program, basic customs, courtesies, drills, and much more.

The Civil Air Patrol Capt. "Bud" Jackson Squadron is open to the youth of Union County (west area) and Morris County (south east area). Cadets meet every Tuesday from 7:00PM to 9:00PM at the Chatham High School in room L10. The CAP cadet program is open to students from ages 12 to 18 years old.

For more information about the Civil Air Patrol Cadet Program, please contact Mary Romany at 732-424-6484



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PROJECT FABRICLAND WINNERS - \$1000 DONATED TO NORTH PLAINFIELD LIBRARY

The 10th Annual Project Fabricland Fashion Show was held on May 1st at the North Plainfield High School Auditorium, with close to 200 people in attendance. Students at the Fabricland Sewing School designed, created, and modeled their garments based on this year's theme "Fairy Tales."

Keeping with the Fairy Tales theme and their long tradition of community service, Fabricland donated the proceeds of the ticket sales to the North Plainfield Memorial Library. At the

beginning of the program, Bruce Heyman, owner of Fabricland, presented a \$1,000 check to the library's branch manager, Christal Blue.

Making a celebrity appearance and taking questions from the students, was Dom Streater, a Project Runway All-Star contestant.

Information on Project Fabricland, the Fabricland Sewing School and Sewing Summer Camp can be found at fabricland.com or at their location at 855 Route 22 West, North Plainfield.



(above l-r) Dom Streater, Project Runway All-Star Contestant with age group winners - Kaylee Spiteri of Green Brook, Hannah Coward of Randolph, Felicity Anderson-Moore of Chatham, Arianna Minassian of Basking Ridge and Aleena Brown of Madison.

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REBUILD
CAPPING

GUTTERS
CLEANING
INSTALLATION
SCREENING
REPAIRS
REPLACEMENTS

WHAT WILL YOU LOOK LIKE IN 40 DAYS?



COMPARE

Today's **Most Popular** 3 Weight Loss Programs vs. **NUTRIMOST**

- | | | |
|---|---------------------------------|---|
| ✗ | State of the Art NRF Technology | ✓ |
| ✗ | Fat Burning | ✓ |
| ✗ | Targets Abdominal Fat | ✓ |
| ✗ | Resets Metabolism | ✓ |
| ✗ | Resets Weight Set Point | ✓ |
| ✗ | No Hunger | ✓ |
| ✗ | Doctor Supervised | ✓ |

TECHNOLOGY HAS GIVEN US THE ABILITY TO FIND OUT WHY YOU ARE STORING FAT AND HOW TO GET RID OF IT!

A "one-size-fits-all" weight loss program will only take you so far (and after many months of hunger and a boatload of cash).

Targeting your specific hormone makeup is the key to fast and effective weight loss. Our NRF Technology essentially takes your hormonal fingerprint to determine the exact ingredients you need to bring your body into an optimal state of fat burning. And beyond the initial weight loss, restoring balance with the system actually resets your metabolism and weight set point so that you **keep the weight off** after you lose it.

➔ **\$72⁰⁰** ➔
a \$99 value

LOSE 20-45lbs IN JUST 40 DAYS
GUARANTEED!

SIGNUP
REGISTER FOR A
CONSULTATION



BODY COMPOSITION ANALYSIS

A complete assessment and teaching of your current body composition in comparison to where you should be. This analysis includes your body fat percentage and mass, visceral fat rating, body water percentage, metabolic age and other important metrics.

& FAT LOSS CONSULTATION

A personally integrated session with a NRF Technology Specialist to discuss how this revolutionary technology can help you naturally detox and heal your body, restore balance to your hormones and neurotransmitters, and reset your metabolism.

CALL 908.279.7740 OR VISIT CENTRALJERSEYHEALTH.COM

