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DOWNTOWN

Issue 9 • June 2016

WESTFIELD SIDEWALK SALE JUNE 9 - 12 The sidewalks of Westfield will be filled with top products at discounted prices. Get ready for summer with great bargains! Sidewalk Sales are a perfect time to shop locally and support the town.

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WESTFIELD MEMORIAL DAY PARADE

The impending thunderstorms, forecasted by several weather stations, caused some towns to cancel their Memorial Day Parade, but not the town of Westfield. The Memorial Day celebration proceeded as planned and members of the community, who were scheduled to walk were all present and accounted for.

Excitement filled the air as Westfield residents began to gather at the Lord and Taylor parking lot. The Westfield High School band tuned their instruments; you could hear them in the distance as they prepared to showcase their talents. Humvees rolled into the parking lot, filled with National Guardsmen and young boys from the Westfield Troop 73 Boy Scouts watched in awe.

This year's Grand Marshall was Sergeant Carlos Granados, Bravo Company, 2nd of the 113 Infantry Unit. Sergeant Granados deployed thrice; to Iraq from 2008 to 2009; to Afghanistan for one year in 2010; and in June 2014, to Qatar for support during Operation Enduring Freedom. Sergeant Granados stood firm and humbly as he awaited the vehicle that would parade him through the scores of patriotic Americans as a representation of the fallen service members he served with. The event was a success and the weather cooperated. It would take a lot more than a dreary weather forecast to stop these determined residents from honoring veterans.



(above) Grand Marshall was Sergeant Carlos Granados with his wife Leidy Varon, and sons Esteban and Matthew.







Westfield Monthly is published by Renna Media. 11,800 newspapers are printed monthly and mailed to every business and resident in Westfield.

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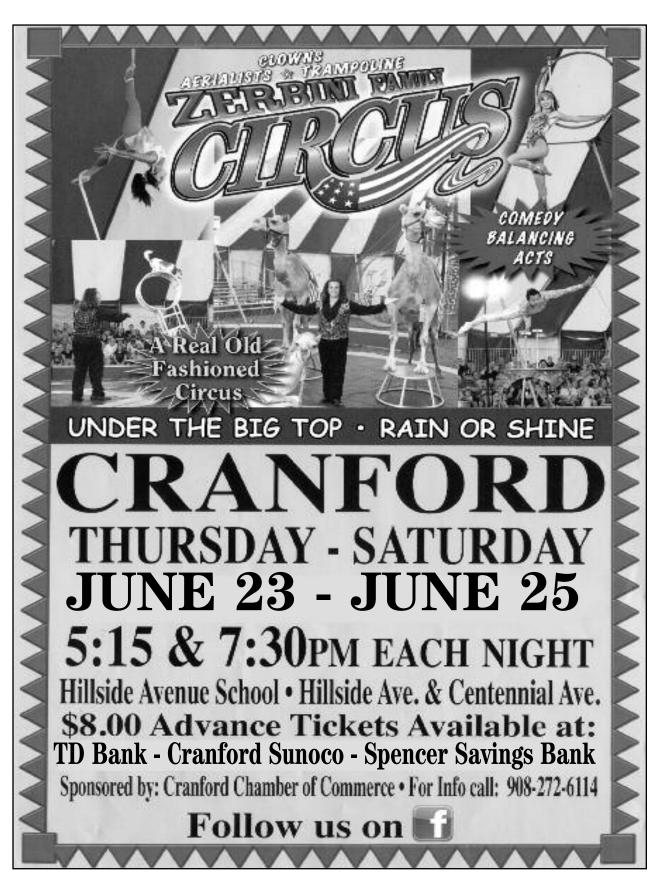
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7 THINGS YOU MUST KNOW BEFORE PUTTING YOUR HOME UP FOR SALE

Westfield NJ - A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market.

The fact of the matter is that fully three quarters of homesellers don't get what they want for their homes and become disillusioned and - worse - financially disadvantaged when they put their homes on the market.

As this report uncovers, most homesellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollar".

To order a FREE Special Report, visit www.njhomesellermistakes.com or to hear a brief recorded message about how to order your FREE copy of this report call toll-free 1-888-243-5861 and enter 2000. You can call any time, 24 hours a day, 7 days a week.

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This report is courtesy of All Towne Realty Realtor. Not intended to solicit buyers or sellers currently under contract. Copyright © 2014

WESTFIELD HIGH SCHOOL, GIRLS ICE HOCKEY

Submitted by: Beth Ellen Hornstein

A determined Westfield High School sophomore, Ally Hornstein, dreamed of playing hockey for Westfield High School. In December of 2015, Ally and four Westfield moms, Beth Hornstein, Jennifer Katz, Marty McDevitt, and Dianna Snyder helped to turn that dream into a reality. On Tuesday, May 10th, Westfield Board of Education President Gretchan Ohlig, announced the approval of a girls' hockey team for the 2016-2017 school year. WHS becomes the 11th high school in NJ to have a girls' ice hockey team and only the third public high school in the state (after Princeton and Summit).

This initiative became reality thanks to the strong support of Sandra Mamary, Athletic Director of Westfield High School, John Devin, President of The Westfield High School Ice Hockey Association, the coaches at Union Sports Arena, and the Westfield Hockey Club. We want to thank the Westfield Superintendant, Dr. Dolan and the Members of the Westfield Board of Education for seeing the need for a WHS Girls' Ice Hockey team due to the growth in the number of girls who are playing ice hockey. At the meeting, Beth Hornstein thanked the BOE, "The girls will make you very proud."



(above) Some of the future members of the WHS Girls' Ice Hockey Team sharpening their skills this spring.



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HIGH SCHOOL PAL STUDENTS SELECTED FOR NATIONAL TOWN HALL MEETING

Two Westfield High School (WHS) students were selected by their teachers to attend the National Police Athletic League (PAL) Youth Town Hall Meeting on April 19th held in Arlington, VA. Senior Erica Simmons and 11th grader Matt Reed had the opportunity to dialogue with fellow PAL members, government and community leaders, as well as law enforcement executives from across the country to continue the fostering of a positive relationship among the groups. The PAL national leadership was interested in hearing about initiatives within various communities such as Westfield, where students like Erica and Matt volunteer weekly to provide free after school tutoring sponsored by the local PAL. Earlier in the day prior to the start of the meeting, Erica, Matt, WHS teacher Gail Alston and retired Westfield detective Ron Allen, had the unique opportunity of participating in behind-the-scenes tours of an airport control tower, TSA and US Customs areas, and a joint military base in Washington, D.C.

When asked about his experience in the Washington DC area, Matt explained that he enjoyed the Digital Forensics Consortium the best. "I am taking Forensics in school this year and I'm really interested in it and learning about those types of jobs."

"We got to see and be part of things we never thought we would," said Erica, who has been in PAL since 9th grade. "The different lessons taught by Homeland Security and TSA were fascinating."

Back in Westfield, students of various ages

come to Westfield High School once a week to get tutored by PAL volunteers. Matt, who normally provides tutoring in math, and Erica, who specializes in math and science, say they don't mind giving up their free time after school to help others. Erica will be leaving the PAL program when she graduates this year and enters Johnson & Wales University to study business management and culinary arts. Looking back on her high school career in PAL, she commented, "I've had a great experience in PAL – it's like a family environment, even on the national level."



(above) Westfield High School Senior Erica Simmons and 11th grader Matt Reed had the opportunity to attend a Washington DC area event to dialogue with fellow PAL members, government and community leaders, as well as law enforcement executives from across the country. Eric and Matt volunteer their time to tutor students after school in a free program sponsored by the Westfield PAL.

MEDIATION OFFERS SOLUTIONS FOR ANY STAGE OF A DIVORCE

By: James McGlew, Esq.

For many couples experiencing marital difficulties and facing the end of their relationship, divorce mediation can be an appropriate alternative to litigation. While mediation may not fit every situation, for couples who are prepared to address all of the issues related to their relationship, a mediator can often assist in achieving a resolution. In mediation there are no determinations as to who will be the "winner" and who will be the "loser" as the mediator has no interest in advocating the position of one party in favor of the other. A mediator's role is to determine what common ground can be achieved between the parties.

Mediation can cover all divorce issues such as custody, parental time-sharing with respect to children, the amount and type of alimony, child support obligations, the disposition of the marital home, the division of pensions and other retirement benefits and the equitable distribution of marital assets.

Couples can avail themselves of mediation before either spouse files for divorce, while they are in the process of litigating their divorce and even after their divorce has been finalized. Some couples choose to take a step back and "pause" their divorce litigation and retain a mediator to assist in the process. Increasingly I see that divorced individuals are mediating the disputes that naturally arise in the years following their divorce. Ex-spouses will attempt to mediate such issues as responsibility for college costs for their children, the increase or decrease in alimony or child support based on a change in circumstances postdivorce, and the finalization of pension related issues.

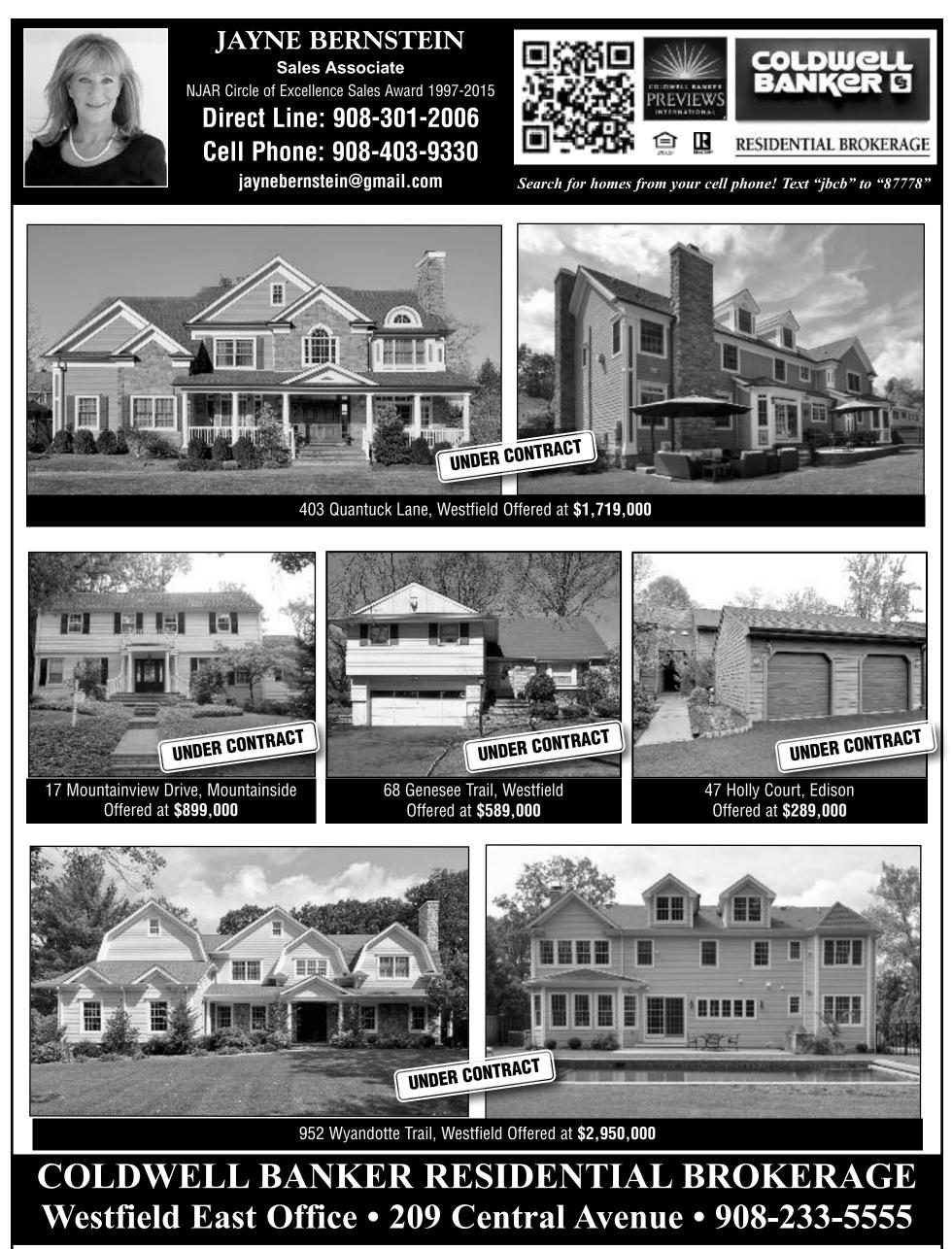
There are specific benefits to the mediation process:

- There is confidentiality between the parties and the mediator. What you say or the position you take is confidential and the Mediator cannot be called to testify.
- The parties retain control of the process.
- No matter the subject, your case can be dealt with in an unconventional way if needed. The parties are not bound by the standard means of resolving a divorce case as a Judge would be.

A mutually-acceptable settlement can be crafted by collaboration between the mediator and the parties so that the solution fits the divorcing couple's particular situation. A successful outcome is in the hands of the parties and not the Court.

Lindabury is uniquely qualified to assist divorcing couples through the mediation process. If the need arises, our attorneys have expertise in a wide range of legal areas such as questions regarding tax, real estate, estate planning, trusts and benefits.

If you or someone you know is interested in how Lindabury can have the mediation process work for you, please visit the divorce mediation page of our website www.Lindabury.com. We provide the full range of divorce and family law services and are easily accessible from our Westfield New Jersey office. Call today to schedule a consultation with James McGlew at (908) 897-0055.



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WESTFIELD FARMERS MARKET NOW OPENED ON SATURDAYS

The Westfield Farmers Market, sponsored by the Greater Westfield Area Chamber of Commerce (GWACC) and Two River Community Bank, held its grand opening on Saturday, June 4th, at 8:30 a.m.

Located in the parking lot on the south side of the Westfield Train Station, the market will be open each Saturday through October from 8:30 a.m. to 1:30 p.m. It will reopen for a special oneday event on the Saturday before Thanksgiving.

"This is our 21st season, and it will be our best," said Christopher Devine, manager of the Westfield Farmers Market and chairman of the GWACC. Featured this year are organic produce, baked goods, fresh pasta, prepared food, organic coffee, honey, nuts, fine oils, natural seasonings and more. The GWACC website contains a full list of vendors.

Among the market's highlights are organic produce from Chickadee Creek Farm, located in Pennington; organic coffee from Reign Coffee; apples and other assorted fresh produce from Donaldson's Farm in Hackettstown; a selection of organic, grass-fed beef from Creamrich Farms in Bensalem, PA; a huge selection of potted plants, flowers and vegetables from Skeba Farms in Monroe Township; and organic dog treats from Little Bear's Biscuit Barkery.

"This is my fifth year as head of the Westfield Farmer's Market, and I want it to be our best year yet," said Devine. "As the ultimate supporter of the Westfield Farmer's Market, I want our market to be the premier destination for fresh fruits and vegetables throughout the state of New Jersey."

Interested in becoming a part of the market? Contact the GWACC office at info@gwaccnj.com or at 908-233-3021.









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MONDAY - THURSDAY

Lunch 11am	, 3:30pm	Dinner 3:30p	m - 10:00pm
Adult	\$7.99	Adult	\$11.59
Kids 7-10	\$5.99	Kids 7-10	\$6.99
Kids 3-6	\$3.99	Kids 3-6	\$5.99
2 & Under	FREE!	2 & Under	FREE!

FRIDAY - SATURDAY

			•
Lunch 11am	- 3:30pm	Dinner 3:30p	m • 10:30pn
Adult	\$7.99	Adult	\$11.59
Kids 7-10	\$5.99	Kids 7-10	\$6.99
Kids 3-6		Kids 3-6	\$5.99
2 & Under			

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Kids 7-10	\$6.99
Kids 3-6	\$5.99
2 & Under	

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WESTFIELD HISTORICAL SOCIETY PRESENTS: HISTORY OF BILLBOARD 100 MUSIC EVENT

On the afternoon of Saturday June 11th from 3:00-5:00 pm the Westfield Historical Society will be hosting a fun music event with a good touch of history, to be held on the lawn at the Reeve History and Cultural Resource Center located at 314 Mountain Avenue, Westfield.

We are delighted to have Al and Efrat, from the local band The Fine Line performing "The Story of the Billboard Hot 100 in Song and Word." Their performance will trace the history of the Billboard 100 - the music industry standard for charting recorded music since the inception of the Billboard (a printing company) at the end of the nineteenth century. The band, which many of you will be familiar with from their regular Saturday evenings at 16 Prospect in downtown Westfield, will "sing" the story of Billboard through the music of some of the greatest #1 songs of all time! This includes a special treat for Westfielders as included in the line-up is "Younger Girl" - a 60s hit from "The Critters" - a local Central Jersey band with a strong Westfield connection. Come to the event to find out more!

Please pre-register for this fun event by calling 908-654-1794 or by e-mail to westfieldhistoricalsociety@gmail.com . Admission is a \$5 donation to the Westfield

Admission is a \$5 donation to the Westfield Historical Society at the door. Light refreshments will be available for sale.



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SUSANNE BONHOTE AWARDED PHILHOWER FELLOWSHIP

Susanne Bonhote, Achieve teacher at McKinley Elementary School in Westfield, is the 2016 recipient of the Westfield Rotary Club's Philhower Fellowship in recognition of outstanding teaching at the elementary school level.

Mrs. Bonhote joined the Westfield Public Schools in 1990, when she began her teaching career at McKinley Elementary School as a second grade teacher. Remaining at McKinley, she later moved to the position as Achieve Language Arts teacher.

A graduate of Boston College, Mrs. Bonhote majored in English and Elementary Education.



She holds a Master of Arts degree in Reading Specialization from Kean College and a Master of Administration & Supervision in Elementary Education from Rutgers University earning a Principal Certificate of Eligibility.

In nominations received on her behalf, Mrs. Bonhote was described as "a guiding light in reading education, creating a positive environment in order to meet the needs of all of her students."

One of her current students stated, "Mrs. Bonhote helps kids so much, they feel inspired. She cares about kids because she amazingly takes her own time to help kids and she is always happy because I have never seen her sad."

A first grader wrote, "Mrs. Bonhote helps me with my writing and when I get stuck. She works extra hard with me at lunchtime. She also helps me with trick words."

In one of many letters of nominations received by school children, a fifth grader said, "I want to thank her for all she does with me in reading and writing. Mrs. Bonhote helps me so much with my reading fluency. This is important to me because I am dyslexic. Because I am dyslexic, I read very slowly. My brain works differently than most peoples' brains and Mrs. Bonhote understands that."

A parent of one of Mrs. Bonhote's students wrote, "My third grade son now loves to read Harry Potter books every night. What he has accomplished in the past two years under the caring, dedicated direction of Mrs. Bonhote is something I wasn't sure was possible."

Added another parent, "Her patience, knowledge and love have been instrumental in

helping my reluctant reader from a struggling first grader to a confident second grader. We adore her and feel that she deserves this honor so very much."

Mrs. Bonhote was thanked by a former student, now an 8th grader, for "helping me be the best student I can be."

One of several letters of nomination from her colleagues included these comments: "Susanne continues to avidly pursue professional development, obtaining two Master degrees, training first grade teachers in reading programs, and attending conferences on Dyslexia. Her rapport with students, parents and colleagues is exceptional."

Upon receiving notification of the Philhower Fellowship, Mrs. Bonhote stated, "I am humbled and honored to have been selected as the recipient of the Charles Philhower Fellowship Award, knowing that my colleagues, both at McKinley School and across our district, are incredibly talented and dedicated to their students and the teaching profession. Working with my students and their families in a community that so strongly values and supports education has been a rewarding and inspiring experience."

Superintendent of Schools Margaret Dolan congratulated Susanne Bonhote on becoming the 24th recipient of the Philhower Fellowship. She also thanked the Rotary for "its recognition of this meaningful profession".

The Philhower Fellowship was established in 1993 by the Rotary Club to honor former Westfield Educator and Rotarian Charles Philhower and to recognize the importance of teaching in the elementary grades.



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Westfield resident Karl Gerckens is celebrating 35 years of craftsmanship to the townspeople of Westfield.

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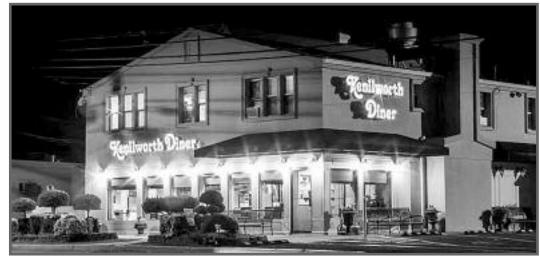
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(above) McKinley Elementary School teacher, Susanne Bonhote, this year's recipient of the Westfield Rotary's Philhower Fellowship for outstanding teaching at the elementary grades, is surrounded by pleased and approving first graders in Miss Willis's class.

Kenilworth Diner



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CRISIS HOTLINE CARING CONTACT TO HOLD ANNUAL ALIVE & RUNNING 5K JUNE 11 TO HELP SAVE LIVES

Are you alive and running? You can help others stay alive by joining the "Alive & Running" Caring Contact 5K Walk/Run being held Saturday, June 11th, at Warinanco Park in Roselle. Registration is at 8:30 a.m. and the race/walk begins at 9:30 a.m.

The cost of participation is \$25, \$15 for students. All money raised will go toward funding the operation of Caring Contact's listening line, including keeping more than 200 trained volunteer listeners available for callers in crisis. The hotline takes more than 15,000 calls each year. Just \$15 pays for one of those calls from someone in pain or crisis or having suicidal thoughts.

Caring Contact is an award-winning, volunteer-staffed caring and crisis hotline and listening community, providing active listening support and best-in-class training to the Central and Northern New Jersey community.

The suicide rate in the United States has been increasing every year since 1999, rising more

than 24 percent between 1999 and 2014. Every 13.7 minutes someone in the United States dies by suicide and more than 42,000 people died by suicide in 2013, including 4,600 young people.

"Studies show a decrease in feelings of emotional distress and suicide both during and following calls to a crisis hotline," said Joanne Oppelt, Caring Contact's executive director. "The most effective solution for preventing suicide is interaction with another human being."

To register visit http://caringcontact.org/aliveand-running-5k-run-walk/

Caring Contact serves Central and Northern New Jersey and is a primary responder to calls to the national suicide prevention line (1-800-273-TALK or 1-800-SUICIDE) that originate in New Jersey. Callers also reach Caring Contact by dialing 908-232-2880. Those preferring to seek supporting through texting may text "heart" to 741-741. The hotline also provides best-in-class training to the Central and Northern New Jersey Community.





RAKE AND HOE HELPS WITH SPRING CLEANUP AT NORTHSIDE TRAIN STATION

The Rake and Hoe Garden Club of Westfield has a long-term reputation for its service to the community. In keeping with the club's current theme, "Sharing with our Community," Rake and Hoe Members recently tended to the gardens at the north side of the Westfield Train Station. During the year they also maintain the gardens at Shadowlawn Pocket Park on Rahway Avenue; Miller-Cory House Museum and the Clare Brownell Wildflower Garden at the Westfield Historical Society's Reeve History and Cultural Resource Center. The Rake and Hoe Garden Club of Westfield has a diverse membership spanning all ages, interestsm, and occupations. Federated with the National Council of State Garden Clubs and the Garden Club of New Jersey, the club has between 50 and 70 members. For more information, call Pat Wilson at (908) 389-9342 or check the club's Facebook page and its website, rakeandhoe.org.

The Rake and Hoe Junior Garden Club, which meets once a month, also has members between first and eighth grades. If interested in joining, call Beth Siano at (908)233-4150.



(above l-r) Rake and Hoe Members Jeanie Pelikan, Kay Cross, Beth Hanscom, Richard Pelikan and Alice Cowell. Not in photo is Mary Foley Smith who also helped to clean the garden.

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JUNE 2016 EVENTS WESTFIELD MEMORIAL LIBRARY

550 East Broad Street 908.789.4090 www.wmlnj.org

Mon- Thurs 9:30 am - 9 pm Fri & Sat 9:30 am - 5 pm Closed Sunday

Programs for Adults Adult Summer Reading Club: June 27 to August 15			
6/1	7:00 pm	Creativity Workshop: In Your Hands	
6/3	1:30 pm	TGIF! Calypso's Search for Atlantis (video)	
6/6	7:00 pm	Enigma & Code Breaking During WWII	
6/8	7:00 pm	Richard II-Hudson Shakespeare Co.	
6/10	1:30 pm	TGIF! American Ballet Theatre (video)	
6/11	2:00 pm	Ken Morr Band	
6/14	10:00 am	Color Your World-Coloring for Adults	
6/15	7:00 pm	Creativity Workshop: It's About Time	
6/17	1:30 pm	TGIF! Billie Jean King (video)	
6/22	7:00 pm	Armchair Art Tour: Ancient Olympics	
6/24	1:30 pm	TGIF! Classic Movie: Midnight in Paris	
6/29	7:00 pm	The Chamlins present Life is	
	D		

Programs for Children and Teens (Check website for sign up info, dates and eligibility) Children's Book Club June 20-August 13 Tweens and Teens Online Book Club June 20-August 13

6/29 11:00 am

Kiddie Rock 'n Roll with Polka Dot. Family music show for all ages. Children must have their own full service WML card to register online starting June 1.

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July 25–August 5, 2016 Monday–Friday, 10 a.m. - 2 p.m.

Tuition is \$295.



Register online at www.kean.edu/premierestages/camp_premiere.php Questions? Contact Courtney at 908-737-4092 or colittle@kean.edu. Kean University, 1000 Morris Avenue, Union, New Jersey

THE WOMAN'S CLUB OF WESTFIELD AWARDS 2016 SCHOLARSHIPS

The Woman's Club of Westfield bestowed twelve, five thousand dollar one-time scholarships to twelve very deserving Westfield High School seniors recently at a general meeting of WCW held at the Masonic Lodge in Westfield. These included one Antique Department Scholarship and eleven general scholarships.

All the members of the WCW congratulate these winning students along with their parents and wish the students many accomplishments in their college days and much success in their future careers.

The first scholarship is The Antiques Department award bestowed in the name of devoted, former member, Ruth L. Quadenfield. The winner this year is Bryanna Reinhard, daughter of Mary Campion and Dr. Ricky Rheinhardt. Bryanna is a member of the National Honor Society, first chair violinist in the Westfield School Chamber Orchestra plus captain and goalie for the girl's school hockey team. Bryanna has volunteered at Children's Hospital and Imagine. She will attend the University of California with plans to major in Bio-Chemistry.

GENERAL SCOLARSHIPS

Billy Cook is the son of Carol and William Cook. He played Westfield High lacrosse and soccer. Billy worked with the Fish hospitality program assisting homeless families housed in local churches. Billy is an academically dedicated student, his school work and his positive attitude will be a real asset for him in his future days at Perdue University majoring in Physics.

Jessica Doyle is the daughter of Linda and Michael Doyle. She is a member of The National Honor Society and has been president of The Rotary Interact Club, The Informant News Network, and The French Club. Jessica is a creative and motivated young woman who plans to attend Franklin & Marshall College to major in Bio- Psychology.

Nicholas Kay has dedicated many hard hours to the wrestling team. He has been a tutor, teaching a student how to study and approach all subjects and has an innate ability to get along with others both inside and outside of the



295 SOUTH AVENUE | FANWOOD, NJ 07023 chelseaseniorliving.com classroom. Nick's talent and desire to succeed will serve him well as he continues his studies at Montclair State College.

Jesse Liu is the son of Tianying Jian and Ping Liu. He is a member of the National Honor Society and an AP Scholar. At school he is President of Operation Smile, co founder of the Math Club, a school swimmer and played clarinet with the Wood Ensemble. Jesse is a dedicated, hard working young man headed to Notre Dame.

Olivia Loggia is the daughter of Wendy and Christopher Loggia. She is a member of The National Society, The Spanish National Society and is an AP Scholar. Olivia has been the Feature's Editor of Westfield High School's Hi's Eye, earned herself a Girl Scout Silver Award, and played clarinet in WHS Symphonic Band. She will attend Bucknell University to major in English.

Amalia Montes is the daughter of; Mary Doherty and Hector Montes. She is the captain of the school's basketball team. She is an optimistic student who has always strived to improve herself on and off the court. Amalia is a Peer Minister, Youth Leader, soccer player, and child sits for a family of six children. She will take her drive with her to Rutgers University to major in English.

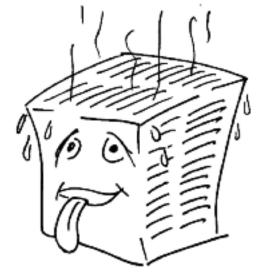
Hopper Murray is the son of Kristi and James Murray. He is a member of the National Honor Society, The French Honor Society, Class President, and Cum Laude scorer on the National Latin Exam. Hooper is also founder of Gifts for Gold, a community service volunteer, and plays centerfield as well as pitcher on the school's baseball team. He plans to attend The University of Michigan to study Business. Julia Myers is the daughter of Nancy and Daniel Myers. She is a member and tutor of The National Honor Society. Julia has been a top student and runs three seasons of track. She has volunteered at a homeless shelter, been a transition leader, and worked summers as a lifeguard. Julia will attend the University of Rochester with plans to major in Business.

Amelia Ritter is the daughter of Joelene and Joseph Ritter. She has earned the esteemed Silver and Bronze Girl Scout Awards, been part of Westfield High School Theater/ Drama productions creating sets for musicals and plays. Amelia has been active as a performer at Folio Coffeehouse and worked at Learning Express. She will attend The University of Delaware majoring in Visual Communications.

Drew Russo is the son of Christine and Vincent Russo. He is a member of the National Honor Society, sang with Sharps and Flats, and has had two pieces of artwork displayed in the district wide art show. Drew is a Community Service Volunteer, Agility Station Leader, and worked at a basketball clinic for autistic children. Drew is a serious student, a trait that will lead to success at Rochester Institute of Technology to study Engineering.

Michael Vricella-Stokes is the son of Josephine Vricella-Stokes and Douglas Stokes. He is a member of the National Honor Society, earned the well respected and highest Boy Scout Eagle Award and was awarded the Eagle Scout-Scholar-Athlete award. Michael is a pole vault stand- out at Westfield High School and a member of its Track & Field, Indoor and Cross Country Track teams. He will bring his abilities to Denver University.

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WESTFIELD MEMORIAL CREATIVITY WORKSHOP

On Wednesdays June 15th at 7:00 pm, the Expressive Arts Institute at Salve-Regina Westfield Memorial Library will present a workshops entitled, "It's about Time." The library is located at 550 East Broad Street, Westfield.

The presenter is Westfield resident and poet Wendy Rosenberg. In the workshop, "It's about Time," participants will have a chance to create a new relationship with time, one that nourishes and enhances, rather than frustrates or worries. "If you ever find yourself saying, 'There's never enough time,' or 'I can't find the time,' then it's time to change your thoughts about time," said Ms. Rosenberg. "In this workshop, we will use creativity to explore our personal relationship with time and will delve into our quantitative and qualitative experiences with time."

Ms. Rosenberg is a teacher with 21 years of experience as a poet. She became a Certified Applied Poetry Facilitator (CAPT) through the National Federation of Biblio/Poetry Therapy, and is a member of the National Association for Poetry Therapy (NAPT). She attended the Note."

OLDINGI BANKOR

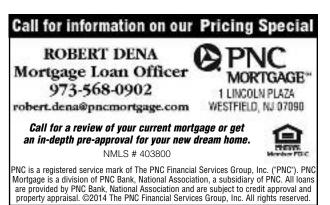
RESIDENTIAL BROKERAGE

University where she received training as an Expressive Art Education Facilitator.

The program is free and is limited to 15 people so participants must register. To do so, visit the library's website at www.wmlnj.org, click on the Online Calendar, or call 908.789.4090 option 0.

Founded in 1879, the Westfield Memorial Library-the community's destination for discovery and ideas-engages minds, entertains spirits and facilitates lifelong learning for people of all ages. Hours are 9:30 a.m. to 9:00 p.m., Monday through Thursday; 9:30 a.m. to 5:00 p.m., Friday and Saturday; and closed on Sunday beginning May 22.

For more information about library programs and services, call 908.789.4090, visit the library's website at www.wmlnj.org, and sign up for the monthly e-newsletter "Library Loop," or stop by the library at 550 East Broad Street for a copy of the award-winning quarterly newsletter "Take







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Here is a small sample of the properties in Westfield that sold in 30 days or less. Call us to find out how to get your home sold for the best price in the best time frame.



WESTFIELD LIBRARY PRESENTS KENN MORR BAND

The Kenn Morr Band will play at the library on Saturday, June 11th at 2:00 p.m. They play the music of Gordon Lightfoot, Simon and Garfunkel, and Jackson Browne. They also play original songs that are an organic collection of lush three-part vocal harmonies and sparkling acoustic instruments: real musicians playing





soulful music.

Known for these close three-part vocal harmonies and fiery instrumental interplay, the Kenn Morr Band has been together for several years, fast becoming favorites on the outdoor festival scene.

A Long Island native, Kenn has played in many venues, including New York City's Bitter End and the International Festival of Arts and Ideas in New Haven, CT. He has airplay across the country, Europe, and the Netherlands. At this show he'll be joined by master percussionist Dr. Bob Gaspar, violin virtuoso and multiinstrumentalist Tom Hagymasi, and melodic bassist Pat Ryan.

The programs are free and open to Westfield Memorial Library and MURAL cardholders. (MURAL cardholders belong to libraries that are part of the Middlesex Union Reciprocal Agreement Libraries. Check our website to see if your library participates.) To register for the program, visit the library's website at www.wmlnj.org, click on the Online Calendar, or call 908.789.4090 option 0.

Founded in 1879, the Westfield Memorial Library—the community's destination for discovery and ideas—engages minds, entertains spirits and facilitates lifelong learning for people of all ages. Hours are 9:30 a.m. to 9:00 p.m., Monday through Thursday; 9:30 a.m. to 5:00 p.m., Friday and Saturday; and closed on Sunday for the summer.

For more information call 908.789.4090, visit the library's website at www.wmlnj.org, and sign up for the monthly e-newsletter "Library Loop," or stop by the library at 550 East Broad Street for a copy of the award-winning quarterly newsletter "Take Note."



BALLET • TAP • JAZZ • POINTE • MODERN • LYRICAL • HIP HOP SUMMER DANCE WORKSHOPS - July 5th to 28th TUESDAYS 6 To 7pm Lyrical 7 To 8pm Jazz \$250.00 for all 7 classes for 4 week session



6 To 7pm	Lyrical		
7 To 8pm	Jazz		
WEDNESDAYS			
5 То 6рт	Tap		
6 To 7pm	Ballet		
7 To 8pm	Strength / Flexibility		
THURSDAYS			
6 To 7pm	Modern		
7 To 8pm	Hip Hop		

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(above) Mary Robinson, E
and founder of Imagine, A\$45.00 per class for 4 week sessionwith Loss\$250.00 for all 7 classes for 4 week session%\$12 drop in classCALL 908-322-9696
TO REGISTER

Westfield MONTHLY • Page 19 • June 2016 SYMPATHY CARDS MADE BY CHILDREN FOR CHILDREN

After searching in card stores and online for sympathy cards designed for children and teens and not finding any, Imagine, A Center for Coping with Loss decided to make its own. It invited participants in its programs to come in and work with local artist, Sara Lowry, to design the covers and spoke with children and teens who had experienced the death of a parent or sibling about what words they would most want to read inside a sympathy card.

The collaboration produced seven cards in what is intended to be a new line of greeting cards and other items more suited to the grieving process of children than what is ordinarily available. Imagine is now selling the cards on its website. Any proceeds from the sale of the cards will benefit Imagine grief support programs.

The underlying idea for the project is very personal to Imagine Founder and Executive Director Mary Robinson of Madison, whose father died when she was 14. At the time, she received the following sympathy card:



"Dear Mary, I am so sorry for your great loss. I always think unhappy times are the hardest for young people to bear. But I think they have a way of making one grow up with a lot more compassion. The thing that helps me feel better when I'm sad is to think that nothing – feelings or situations – good or bad, last forever. Take Care. Sincerely, Eleanor Schenck."

"I don't know if this was the only sympathy card I received from an adult after my father's death, but 42 years later it is the only one I have kept. It is yellowed and well-read. I held on to it like a lifeline, for it gave me hope that something good could come out of something so incomprehensible and painful," said Robinson.

The good that eventually came from Robinson's loss was the creation of two New Jersey grief support centers for children and a life now dedicated to providing children and teens the support they need following any painful loss.

Inspired by the way Mrs. Schenck's card spoke to the sadness in young Mary Robinson, these cards say to grieving young people:

I see you. Your loss matters.

Your sadness won't last forever.

These are the messages grieving children need from adults.

"Parents, teachers and family friends often ask "What should I say?" or "What should I do?" when a child they know has experienced a painful loss. At Imagine we say give them your love, your time, your attention. Give them your optimism that they will get through this. And let them lead the way. They will show you what they need.





(above) One of 7 sympathy card designs made by youth participants at Imagine for other children who have experienced loss. Cards can be purchase at www.imaginenj.org/store

"It is our hope these cards will let children and teens coping with loss know they are not alone in their grief," says Robinson.

Imagine is a free year-round peer grief support center located in Westfield, New Jersey serving all of Union County and beyond. Its services are provided free of charge and year-round. Imagine serves children age 3-18 who have had a parent or sibling die, with concurrent support groups for their parents or guardians. Support is also available for children and teens living with a parent or sibling with a life-altering physical illness. Free year-round support groups are also available for adults 18 and up who have had a friend, sibling, parent or other important person in their life die, or who have a parent, sibling or friend living with an illness.



Paralegal Studies Program American Bar Association Approved	CLASSES START
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The 2016 NJWA Summer Workshop

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YMCA Afternoon Adventures 12:30-4:30 pm

(extended care available)

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AUDITIONS FOR SONDHEIM'S ASSASSINS

CDC Theatre announces auditions for a new, fresh, dark, and timely production of Assassins. A multiple Tony Award-winning theatrical tourde-force, Assassins combines Stephen Sondheim's signature blend of intelligently stunning lyrics and beautiful music with a panoramic story of our nation's culture of celebrity and the violent means some will use to obtain it, embodied by America's four successful and five would-be presidential assassins. Bold, original, disturbing, and alarmingly funny, Assassins is perhaps the most controversial musical ever written.

Auditions will be June 13 - 7:30 p.m. and June visiting www.cdctheatre.org.

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18th - 1:00 p.m. Callbacks by Invitation, will be June 18th 2:00 p.m. at CDC Theatre, 78 Winans Ave., Cranford, NJ. The show is set to run October 7-22, 2016.

Directed by Alan Van Antwerp, Musically Directed by Jack Bender, Choreographed by Megan Ferentinos.

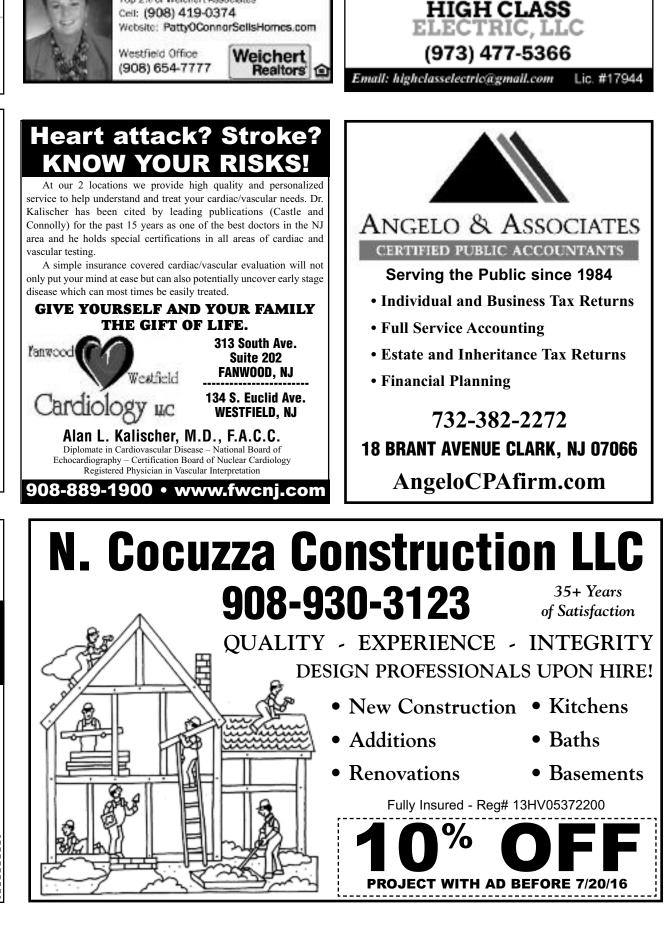
Those auditioning are asked to prepare 32 bars of a song of their choosing. If you have a Sondheim song prepared and ready, that would be preferred but not required. Those who audition may be asked to read at the audition.

Additional information can be found by visiting www.cdctheatre.org.

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STRIDES4STRENGTH: A WALK TO END DOMESTIC VIOLENCE

Annual Strides4Strength: A Walk to End Domestic Violence on Sunday, June 12th from 9am-2pm. Every step raises awareness and all event proceeds support the YWCA Union County's Domestic Violence Programs. The event is free for children under 12 & furry friends. Register today at Strides4Strength.EventBrite.com.

The YWCA Union County, now 96 years old, has been providing services to survivors of domestic violence since 1978. The YWCA is the only agency in Union County that provides an emergency domestic violence shelter, in addition to supportive and transitional housing, counseling, legal advocacy and representation, children's services, 24 hour crisis intervention and more. All YWCA services are free and confidential.

Domestic violence is a crime that impacts people regardless of race, ethnicity, economic status, education, or religion; it is estimated to

Join the YWCA Union County for the First impact 1 in every 3 women nationally, and 1 in every 7 men. It impacts more women than breast cancer, lung cancer and ovarian cancer combined.

Domestic violence breaks all barriers of race, ethnicity, religion, sexual orientation, gender and socioeconomic status. It is a crime that impacts our entire community. It is estimated that 1 in every 4 women will be effected by domestic violence in her life, which equals more than breast cancer, lung cancer, and ovarian cancer combined. Domestic violence is estimated to cost employers in the U.S. up to \$8.3 billion each year. An average of 3 women per day in the United States are killed as a result of domestic violence. Register todav at

Strides4Strength.EventBrite.com. Interested in renting vendor space at the event? Please, contact us at tpackard@ywcaunioncounty.org for more information.

If you or anyone you know is experiencing domestic violence, call the 24-Hour Hotline at 908-355-HELP (4357).



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WESTFIELD **FARMERS MARKET**



8:30 - 1:30 every Saturday from June 4th through October 29th at the

Westfield train station on South Avenue.

You'll find Jersey Fresh produce, baked goods, fresh pasta, flowers, gourmet delights, and so much more!

Vendors include High Mountain Foods, Lithuanian Bakery, Wildtree, Nicola's Pasta Fresca, Gourmet Nuts & Fruit, Donaldson Farms, Mo'Pweeze Bakery, and many others! The Westfield Farmers Market is generously

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CAP CADET PROGRAM IS OPEN TO STUDENTS

On May 14, 2016, teenagers from ages 12 to 18 participated in the Joint Base McGuire-Dix-Lakehurst Open House Air Show as part of the school and high school students.

members CAP provided STEM demonstrations, aircraft static displays, event program sales, and some had the honor of escorting distinguished visitors to the Center Stage. In addition, CAP members provided flight orientation training on computer



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simulators to young visitors that stopped by the CAP booth.

Children also had the chance to pose in the Civil Air Patrol Cadet Program for middle CAP F-16 model. During this event, CAP members answered many questions from the public about the CAP youth program in areas such as Science, Technology, Engineering, and Math activities (STEM), Cyber Security Robotics competitions, activities, the Orientation Flight program, basic customs, courtesies, drills, and much more.

The Civil Air Patrol Capt. "Bud" Jackson Squadron is open to the youth of Union County (west area) and Morris County (south east area). Cadets meet every Tuesday from 7:00PM to 9:00PM at the Chatham High School in room L10. The CAP cadet program is open to students from ages 12 to 18 years old.

For more information about the Civil Air Patrol Cadet Program, please contact Mary Romany at 732-424-6484



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Mon-Fri 4pm - 2am / Sat/Sun 12pm-2am



BRIAN KIRK & THE JIRKS



JOBONANNO & THE GODSONS of SOUL **BOBBY BYRNE**

Entertainment Schedule

"The Vinny's" Sat June 11 9pm Sun June 12 Bobby Byrne 4:30pm "Sweet Chin Music" Fri June 17 10pm Pat Roddy Sat June 18 10pm JUNE 19th - FATHER'S DAY BLOWOUT! Sun June 19 'Brian Kirk & the Jirks' 6pm Sat June 25 10pm Pat Roddy Sun June 26 4:30pm Bobby Byrne Thu June 30 Backspin 50 5pm **JULY 2016** 'Brian Kirk & the lirks' 6nm Cri July 1

Fri July 1	'Brian Kirk & the Jirks'	6pm
Sat July 2	Pat Roddy	10pm
Sun July 3	Bobby Byrne	4:30pm
	Pat Roddy	10pm
Mon July 4	"The Barksdales	5pm
Thu July 7	Backspin 50	5pm
Fri July 8	'Waiting on Mongo'	10pm
Sat July 9	Pat Roddy	10pm
Sun July 10	Bobby Byrne	4:30pm
Thu July 14	Backspin 50	5:00pm
Fri July 15	"Enjoy!"	10pm
Sat July 16	Pat Roddy	10pm
Sun July 17	Pat Roddy	10pm
Thu July 21	Backspin 50	5:00pm
Fri July 22	"Sweet Chin Music"	10pm
Sat July 23	Pat Roddy	10pm
Sun July 24	Bobby Byrne	4:30pm
	'Brian Kirk & the Jirks'	10pm
Thu July 28	Backspin 50	5:00pm
Sat July 30	"The Medicine Men"	6pm
	Pat Roddy	10pm

Thu August 4 Backspin 50 Fri August 5 'Waiting on Mongo' Sat August 6 Pat Roddy Sun August 7 **Bobby Byrne** Thu August 11 Backspin 50 Sat August 13 Sun August 14 Thu August 18 Backspin 50 Sat August 20 Sun August 21 Thu August 25 Sat August 27

"Enjoy!" Bobby Byrne Backspin 50 "Joebonanno and the Godsons of Soul"

SEPTEMBER 2016

Backspin 50

Pat Roddy

Pat Roddy

OCTOBER 2016

NOVEMBER 2016

Visit NorwoodInn.com for updates to schedule.

Nicole & Denise

'Brian Kirk & the Jirks' TBA

'Brian Kirk & the Jirks' TBA

Sun August 28

Thu September 1

Sat September 3

Sun October 2

Fri October 14

Sun November 6

Sun September 4 Bobby Byrne

Fri September 16 Nicole & Denise

4:30pm 5:00pm "Joebonanno and the Godsons of Soul" 7pm 'Brian Kirk & the Jirks' TBA

5:00pm 10pm TBA 5:00pm 7pm 'Brian Kirk & the Jirks' TBA

7pm

7pm

5:00pm

10pm

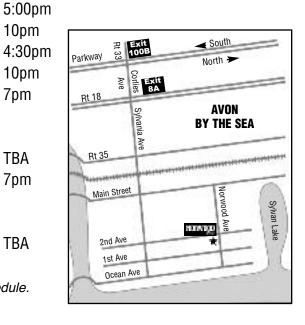
10pm



PAT RODDY



ENJOY!



AUGUST 2016

