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# **HOT FUN** IN THE **SUMMERTIME** At The **MOUNTAINSIDE PUBLIC LIBRARY SEE PAGE 9 FOR JULY PROGRAMS**



# **COLIN STEVENSON AND KELSEY COGAN AWARDED** THE 2016 WATTS FOUNDATION SCHOLARSHIP

By: Edir Coronado

Colin Stevenson and Kelsey Cogan were both awarded the 2016 Watts Foundation Scholarship. The scholarship is awarded based on academic excellence, community service and merit.

Stevenson graduated this year with a 3.9 average from Governor Livingston High School and has an extraordinary academic career to date. He is a member of the Athletic honor society and the Mu Alpha Theta, the Math Honor Society, showing his success athletically and scholastically.

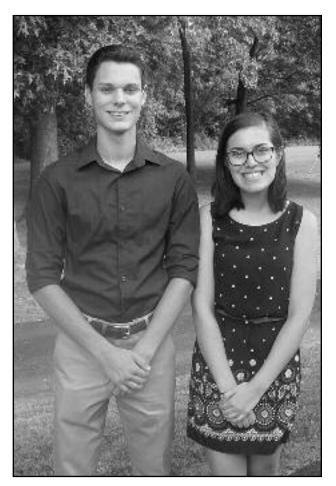
Saying Stevenson has an interest in fitness is in an understatement. In addition to the Athletic Honor Society, he has also volunteered his time in equipment set up at the USA Gymnastics Federation Competition, as well as in the Joint Motion Physical Therapy, in Scotch Plains. Stevenson plans to pursue more knowledge in fitness and health in Quinnipiac University, where he will study physical therapy.

"This award has had an amazing impact on me and my family," stated Stevenson. He believes that although he is honored to have been awarded this scholarship, the bigger picture is the financial burden that was relieved of his parent's shoulders. With three kids attending college at the same time in the fall of 2016, Stevenson is aware of the benefits of earning this scholarship from a financial standpoint.

"This award gives me the opportunity and freedom to pursue my dream job at the school of my choosing, and I am extremely grateful for that," expressed Stevenson.

Stevenson's equally impressive counterpart Kelsey Cogan recently graduated from the Academy of Allied Health Sciences in Scotch Plains and throughout her high school career she has been able to maintain superior grades and be a part of the honor roll. Cogan is in tune with the community and has made community service a major part of her life. She volunteers at Overlook Hospital and for three years has been a camp counselor at Sister Pat's Kid's Camp, a camp, which runs one week every summer for kids with cancer, sickle cell anemia, and other blood disorders.

"I love working with the other volunteers and children; I find that they have altered my outlook on life," explains Cogan. She is amazed and inspired by the positive outlook these young kids have, despite their obstacles. This experience has impacted Cogan's life so much it has motivated her to study public health at The College of New Jersey. Her ambitions are high as she hopes to work for the World Health Organization



(above) Colin Stevenson and Kelsey Cogan winners of the 2016 Watts Foundation Scholarship.

and directly affect global health, which she feels is an incredibly important issue.

"I am so beyond grateful to the Watts Foundation for this scholarship. This is an amazing opportunity and I am very thankful that I can use this money towards my future career goals," expressed Cogan.

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# **PROMOTE YOUR COMMUNITY EVENT**

Community service organizations, schools and sports teams are encouraged to submit news of upcoming events or highlights and photos from recent events.

**Organizations who are** interested in submitting content, please email: editor@rennamedia.com

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### **AL LEITER DELIVERS MEALS ON WHEELS**

studio analyst for MLB Network and a color commentator for the YES Network and Fox Sports Florida, delivered meals to older adults in Summit and Mountainside on Friday, June 10 to help celebrate SAGE Meals on Wheels 50th

Al Leiter, former MLB Pitcher and current Anniversary. On a daily basis, SAGE volunteers deliver meals and check in on approximately 120 older residents in parts of Union, Essex, and Morris Counties. For more information on the 908.273.5554 program, call www.sageeldercare.org.



(above) Al Leiter visits 100-year old Margarent Beauman, avid Yankees Fan and Mountainside resident.





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### **MOUNTAINSIDE 8U TRAVEL TEAM WINS CHAMPIONSHIP**

The Mountainside 8U travel team finished first in the Scotch Plains Spring "B" league with an undefeated 8-0 record. Their tremendous season was capped off by winning their championship game versus Bridgewater 14 to 2 on Sunday June 5th.

The team kept their composure during the game and were more anxious than nervous. They were confident they could secure a win, but the possibility the game could be rained out worried them. Fortunately the clouds parted and the two teams faced off.

The team's coach reminded them what a remarkable accomplishment this was, but because of lack of experience, the notion never sank in, it was their first year playing "real" organized baseball.

At 8 years old the biggest hurdle for the kids was keeping their composure. Their biggest weakness was their lack of baseball knowledge, but they overcame this with amazing talent with their pitching and hitting. This was proven against their toughest opponent, Scotch Plains. They were able to defeat Scotch Plains with superior pitching.

Family support played a pivotal role in the team's success. The group yearned to perform well in front of their parents, siblings, and family members. The team battled all spring and put together a perfect season and now look to continue their run into the summer by playing in the New Providence Gold "A" league.



(above l-r) Bottom Row: Loic Nasreddine, Thomas DiNorscio, Reid Bazydlo, Lance Alexander, Michael Basile, Michael Healy, Liam McLaughlin. Middle Row: Tyler Motz, Ryan D'Orsi, Ryan Hilongos, Michael Klimas, Dominic Labisi, Vinnie Ferraro. Top Row: Coach Jim Alexander, Coach Jeremy Bazydlo, Manager Mike Labisi, Coach Bob Hilongos

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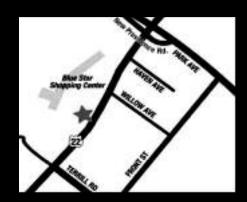
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Kids 7-10\$5.99	Kids 7-10\$6.99
Kids 3-6\$3.99	Kids 3-6\$5.99
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### 4TH ANNUAL BIKERS FOR BROOKE

By: Edir Coronado

On June 12, 2016 hundreds of bikers gathered at the New Providence Community Pool parking lot, to register and cruise through town and the surrounding communities. These biker enthusiasts revved up their engines and toured through each town, escorted by the Blue Knights NJ VIII Honor Guard for the Bikers for Brooke Ride. This annual event was founded four years ago by the Brooke Healey foundation in memory of Brooke Healey, who was diagnosed with Diffuse Intrinsic Pontine Glioma(DIPG).

The bike ride lasted just over 2 hours and ended at the Mount Carmel Hall in Berkeley Heights, NJ, where catered BBQ, live Music, and games were available. The BBQ acts as a fundraising tool. According to staff at the Brooke Healey Foundation, the annual event would not be possible without the Mount Carmel Society.

According to the Brooke Healey foundation "DIPG is an inoperable, very aggressive tumor in the middle of the brain stem." Brooke sadly passed away on January 14, 2013, from DIPG.

Part of the Brooke Healey Foundation's mission is to raise awareness, and this event accomplished its goal and in addition, raised much needed funds for research and assistance to families in need, dealing with DIPG. Since its conception The Brooke Healey Foundation has raised over \$600,000 and as a member of the DIPG collaborative, "a collection of foundations with the common interest of inspiring research into the cure of DIPG with the belief that through a cure for DIPG, significant advances in other cancer research will be made," according to the DIPG.org, The Brooke Healey Foundation has influence where the money is allocated in terms

of research.

While the Brooke Healey Foundation started locally and is based out of New Providence it now has, through the DIPG Collaborative, a national reach.z

The foundation holds 3 major fundraising events annually. Their next event is a golf outing to be held at New Jersey National Golf Club on August 22nd, 2016.

While the Brooke Healey Foundation has gained major grounds raising funds and awareness for DIPG research, they believe their work will not be completed until they've accomplish their ultimate goal, a cure for DIPG.









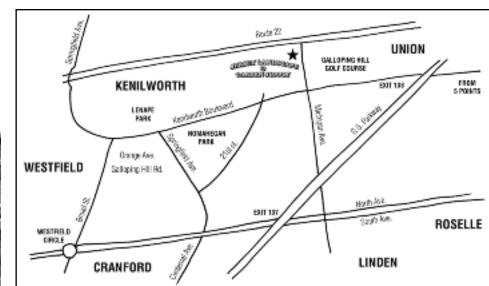
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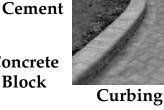
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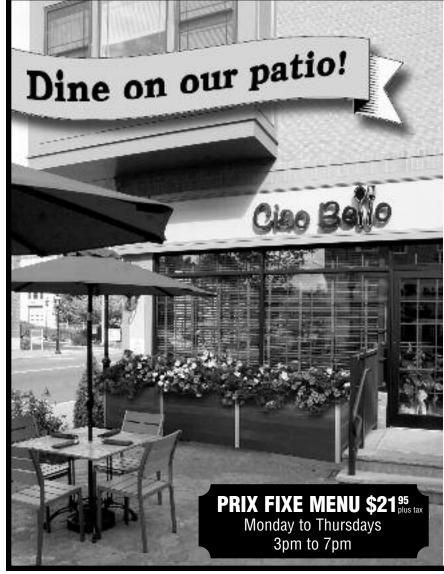
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To register for these programs, stop into the library or call 908-233-0115. The Mountainside Public Library is located at 1 Constitution Plaza, Mountainside, NJ.

#### SUMMER READING PROGRAMS

Make reading fun and interesting this summer by joining one of the Library's summer reading programs. No registration required except for the book groups! Just drop in! This summer's theme is "On Your Mark, Get Set... READ!"

#### **STORY TIMES INCLUDE**

1. July 26:

#### a.Cuddle Story Time

(Ages birth to 23 months) 10:30 - 11:00 AM and Preschool Stories

#### b. Crafts

(3, 4 and 5 year olds) 2:00 – 2:45 PM. Wednesdays, 2. July 6 through July 27

#### **Family Story Time**

for all ages, 10:30 -11:00 AM. 3. Thursday, July 7 through July 28:

#### a. Toddler Story Time

(2 year olds) 10:30 - 11:00 AM

#### b. K-2 Stories and Crafts

(Kindergarteners -2nd graders) 2:00 – 2:45 PM.

#### **SUMMER BOOK** DISCUSSION GROUPS.

#### **Bedtime Yoga / Meditation Family Story Time.**

New this summer with Donna Wolfe! Thursdays, July 28 and August 4 from 7:00 to 7:30 PM.

A calming way to end your day for all ages. Come in your PJs or comfy clothes.

Consult the library's website,

www.mountainsidelibrary.org/children/summer reading, for more details. Summer Reading is sponsored by the Friends of the Mountainside Public Library.

#### **PROGRAMS:**

#### a. "Ninja Fitness"

Mondays in July (July 11, 18, 25 and August 1) classes at 3:30

(ages 3-6) and 4:05 (ages 7-11) PM. USA Karate and Fitness instructors from Springfield will lead 3-11 year olds in a fun half hour of ninja fitness. Drop in and join the fun!

#### b. Brown Bag Academy.

Our extremely popular Great Courses series continues through July on Mondays at 1:15 PM. For "Summer School" we are featuring Books that Have Made History: Books That Can Change Your Life presented by Professor J. Rufus Fears of the University of Oklahoma. Bring your lunch; coffee, tea and cookies will be served for desert! Come early to get your seat!

#### c. Career Networking Group

Monday, July 11 at 6:30 PM.

"The Million Dollar Personal Success Plan". Career change and search success is built on setting good goals and consistently achieving them. Now you can learn a system that is time tested and used in 60 countries. This session will teach you: to develop a clear sense of purpose for greater focus, to identify your key success factor, to develop confidence and act from strength and to balance life and career success. The speaker, Terry Viney is the President of the Plus Factor, a company focused on helping successful organizations and people become more successful more quickly.

#### d. "Essential Oils"

#### Thursday, July 21 at 7:00 PM.

Essential oils are naturally occurring aromatic liquids found in trees, flowers, bushes, roots and seeds. Many have powerful medicinal properties, often without side effects. if you missed this presentation in April, Essential

Oils Consultant Delsa Richards will be back at the library for a 1 hour presentation on this fascinating topic.

#### **FILMS**

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Showtime start 6:30 pm:

#### Big Stone Gap (2014)

July 12.

Ashley Judd stars as a town's self-proclaimed spinster who works in her family's pharmacy and directs the town's annual outdoor drama. She leads a quiet life until she learns of a long-buried family secret that changes the course of her life (PG-13).

#### Suffragette (2015)

July 19.

Meryl Streep headlines a cast of a powerful drama about women who were willing to lose everything in their fight for equality in early 20th century Britain. The story centers on Maud, played by Carey Mulligan, a working wife and mother, whose life is forever changed when she is secretly recruited to join the U. K.s growing suffragette movement (PG-13).

#### Iris(documentary) (2015)

July 26

Iris pairs legendary documentarian Albert Maysles with Iris Apfel, the 93 year old flamboyantly dressed maven who has had an outsized presence on the New York fashion scene for decades. She is portrayed as a singular woman whose enthusiasm for fashion, art, and people is life's sustenance and reminds us that dressing, and indeed life, is nothing but an experiment (PG-13).





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# **MOUNTAINSIDE HISTORIC COMMITTEE PRESENTS** A TOUR OF MOUNTAINSIDE GARDENS

By: Edir Coronado

This year's Tour of Mountainside Gardens featured 6 well-manicured gardens scattered across Mountainside, with the intent to benefit the restoration and maintenance of the Hetfield and Levi Cory Houses. The gardens were breathtaking, the owners inviting, and the ambience was peaceful. The Tour of Mountainside Garden was a sight to see, full of inspiring ideas and calming moments. Although it may have escaped you this year, there's always next, so make sure plan ahead and make time to view the magnificent gardens of Mountainside.



(above) Last, but not least is the "This and That Garden", the most diverse garden for sure. Maintained by its owner and professional gardener, it features a plethora foliage. This garden while meticulously maintained has an organic feel. You will find in the front portion of the garden; basil, parsley, and rosemary, while in the back you'll see large leafed Japanese Petasites and Ostrich Ferns. All of this mingling with insects, bees, or woodpeckers.

> (right) Secret Garden. The "Secret Garden" was the next stop on the list and with every turn there is a gorgeous surprise of lushness. Just when you think the garden has no more to offer, the shrubbery opens up and surprises you with a lovely pool. Perfect for poolside parties and lolling on lounge chairs.



(above) Dinner from the Garden. The first stop on the tour was "Dinner from the garden." This quaint garden has been maintained for two generations of gardeners and the new addition to the garden are perennials and vegetables. An elegant table for six, with a large umbrella for shade, is set up in the back, perfect for enjoying a nice summer meal full of veggies with friends.









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(above) Tropical Oasis Garden. The next stop on the tour was the "Tropical Oasis Garden", which brings the feel of Hawaii to New Jersey. This garden is complete with two palm trees, colorfully decorated furniture, serene music, and a small pineapple tree. There is no need to fly across the country for a tropical vacation, when it's right in your backyard.





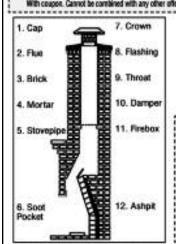
(above) Butterfly Garden. Down the road is the "Butterfly Garden" owned by a former New Yorker, whose passion for gardening runs so deep, she transported her garden from Staten Island to Mountainside before the house was even bought. It's no wonder, with this dedication, that the Butterfly Garden is flawlessly shaped. Visitors can enjoy this garden on the sunniest day and relax on the swinging bench surrounded by large, plush, trees.

(left) Fairy Garden. Right next door we have the "Fairy Garden", a massive estate, with Greek inspired artwork. What captures most visitors is the serene brook that splits the garden. One could watch the water flow over the small wooden bridge or take a seat by the small manmade pond and enjoy the scenery.



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That's why UCEDC, a statewide economic development corporation, is offering an intensive six-week workshop for start-up businesses (those in the idea/planning phase or in operation less than a year). The next session of Entrepreneurship 101 is scheduled for Tuesday evenings (6:00 – 9:00 pm), July 12 – August 23, 2016 at UCEDC's headquarters in Cranford.

"The small business failure rate is staggering," warns Erich Peter, UCEDC's Director of Training. "But you'll be more likely to succeed if you consider every challenge ahead of you and make sure you have what it takes to meet them."

Participants will be guided through a real-world assessment of their business idea and market feasibility as well as their own ability to handle the demands of business ownership. The steps to opening a business in New Jersey, choosing a legal structure, developing a business plan and establishing cost, revenue and cash flow projections will be addressed in a variety of interactive exercises.

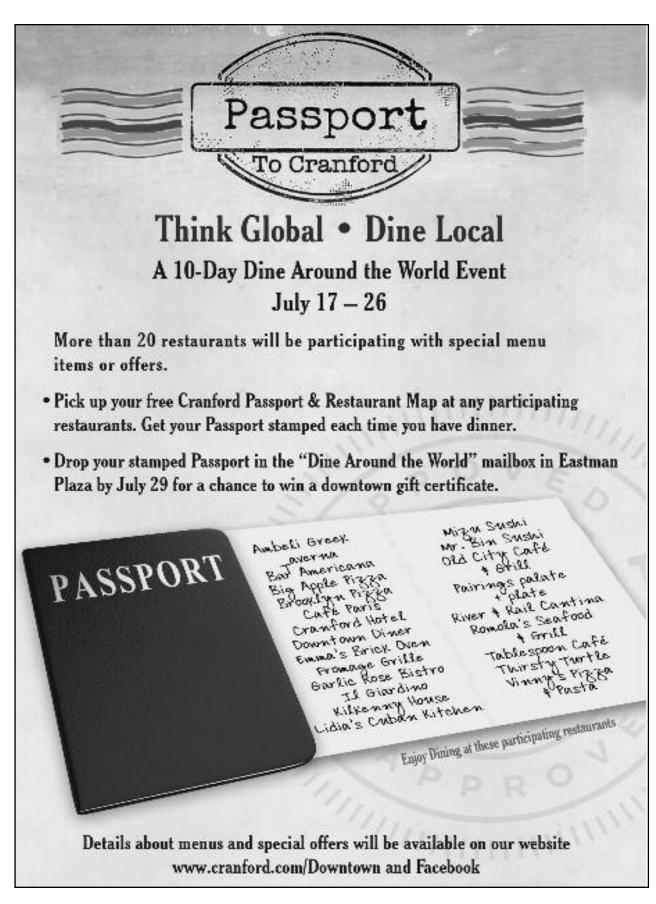
"Being a business owner is hard work and this workshop is equally demanding," says Peter. "But we're going to work with you both in and outside of the classroom to make sure that the class material is relevant to your specific needs. And, we stick with our graduates for 12 months, providing free mentoring and counseling services."

Entrepreneurship 101 is a component of UCEDC's Entrepreneurial Training Initiative, an ongoing small business training effort, offered in partnership with the New Jersey Economic Development Authority.

UCEDC is dedicated to helping small business throughout New Jersey to start, grow and thrive by making loans, training and mentoring business owners, helping businesses obtain government contracts, and providing accurate and relevant business information.

Registration is now open for Entrepreneurship 101. Complete information can be found on the UCEDC website at www.ucedc.com or by calling 908-527-1166.









# FEAST OF OUR LADY OF MT. CARMEL JULY 13 -16, 2016

#### **FEAST DAY - JULY 16**

8:00 am - Processional parade through Berkeley Heights with the statue of the Blessed Mother

The members of the Mt. Carmel Society convene at Little Flower Church, on Plainfield Avenue in Berkeley Heights dressed in their "marching attire" and sashes designating their membership. The Virgin Mary is decorated with beautiful flowers and white ribbons as she's carefully prepared to travel her journey through town. A band providing Italian/American music leads the traditional route through designated areas. Along the way, the band and members stop in the streets to allow those to pay tribute. To honor the Blessed Mother, many will pin money on the white ribbons she adorns. The funds collected during the parade are later removed and donated to the Little Flower Church. In keeping with tradition, each donor is provided with a Mt. Carmel scapular. The travel route is followed each year with designated stops at the homes of previous members. This is done to respect the family, remember loved ones and to honor the tradition. All are welcome to join in the procession and are asked to meet at Little Flower Church on July 16 at 8am est. After the procession, a mass is held at Little Flower Church. After church, for those who participated in the parade, a free picnic lunch for all is held at Peppertown Park on Plainfield

11:00 pm - Fireworks Extravaganza (RAIN OR SHINE).

Fairgrounds open at 6 pm. All parking is off site on July 16. Fireworks are provided by the world famous Garden State Fireworks/Santore Family.

#### **TICKETS ADMISSION TO FIREWORKS & RIDES**

All tickets are non-refundable rain or shine. FIREWORKS EXTRAVAGANZA (July 16th)

Admission Price is \$10 per person. Children under 5 free.

Advance tickets are available at MTCARMEL.TICKETBUD.COM.

Ticket holders must present printed ticket at entry gate for scanning. Tickets are non-refundable. Use promo code fireworks (all lower case) for a discount of \$1.50 on each admission ticket. Online ticket sales end 9pm on 7/16. All payments are made through paypal. NO MOTORCYCLES ON FIELD JULY 16th: For the evening of July 16th, there will be no parking of motorcycles on the Mt. Carmel field to allow for additional seating for those attending the fireworks show.

#### Thank you! **RIDES**

Unlimited rides Purchase of a wrist band \$25 on July 13-15 only.

Tickets can be purchased for a wrist band which can be used for unlimited rides on the evening of your choice.

#### MT. CARMEL SOCIETY

Springfield Avenue & 56 River Road Berkeley Heights, NJ.

#### **6PM EACH NIGHT TO 11PM**

#### **ENTERTAINMENT:**

There will be local entertainment appearing each evening.

#### FOOD:

A variety of foods for young and old are available along with Italian specialties. **DRINKS:** 

For adults, a beer and wine garden will be available. (ID Required)

#### RIDES:

Available for children of all ages (see ticket information below regarding wrist bands and advance ordering).

#### **SPECIAL EVENTS - JULY 15**

#### **FAMILY FRIENDLY FIREWORKS - JULY 15**

Bring the whole family for an evening of family fun and fireworks!!

#### **KIDS NIGHT - A SPECIAL FIREWORKS SHOW WILL BE HELD AT 9:30 PM**

Adults - Budweiser Beer Girls will be present in the Beer Garden with give aways!



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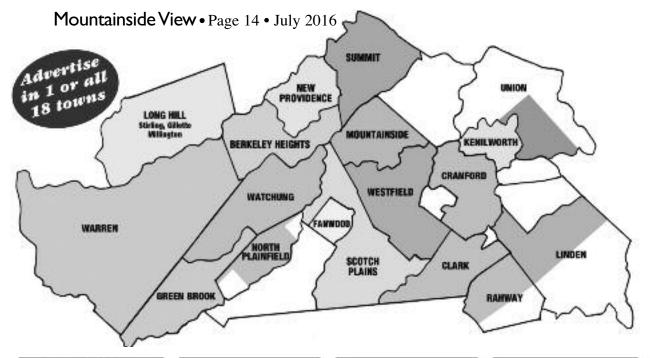
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