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## SISTER & BROTHER OF WESTFIELD WORKING HARD TO RAISE CRITICAL FUNDS AND AWARENESS FOR LOCAL PATIENTS

Alicia and Cooper Harris from Westfield motivated the local community to find cures by participating in the Crohn's & Colitis Foundation's New Jersey Chapter's Take Steps walk. This year's walk took place on Sunday, June 12th at Liberty State Park. Their team surpassed their goal to raise \$20,000, and raised \$23,915 to date.

The siblings are living with Crohn's disease which combined with ulcerative colitis, are painful, debilitating digestive diseases affecting more than 1.6 million American adults and children, including an estimated 80,000 patients under the age of 18.

Alicia, a 15 year old freshman at Westfield High School, was diagnosed at age 11, after a series of tests, she found out that she was severely anemic and was diagnosed with moderate to severe Crohn's Disease. Along with Crohn's Disease, Alicia has been diagnosed with Juvenile Idiopathic Arthritis, and experiences tendonitis and fluid in her knees. She has been on Remicade® for the past three years and her infusions range from every 6-8 weeks at Goryeb Children's Hospital in Morristown, New Jersey.

Last year, her brother Cooper, 13 years old, was diagnosed with Crohn's Disease. He doesn't get stomach pain like his sister, but his Crohn's damaged his intestines and interferes with his ability to absorb protein and vitamins from his food. He was put on Remicade® right away. The treatments make Alicia feel better. It is tougher for Cooper, while he is fortunate not to have stomach pain, he doesn't even feel like he has a



*(above) Cooper and Alicia Harris were the 2016 Pediatric Honored Heroes of the Crohn's & Colitis Foundation Walk.*

disease, but he has to get infusions. He doesn't like the IVs, but he has been brave about it and deals with it. The siblings are on different schedules but a few times over the last year they have had their infusions on the same day and they enjoy seeing who finishes first. You can read their stories at [online.ccfa.org/goto/aliciaandcooper](http://online.ccfa.org/goto/aliciaandcooper).

"At last year's walk, they gave bracelets out to the walkers with Crohn's and Colitis, and for our family it was three out of four of us wearing the bracelets. I wasn't surprised how many people that had the diseases, but instead was impressed about how many people weren't wearing bracelets, friends and family supporting those with Crohn's and Colitis." said Cooper Harris.

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Westfield NJ - According to industry experts, there are over 33 physical problems that will come under scrutiny during a home inspection when your home is for sale. A new report has been prepared which identifies the eleven most common of these problems, and what you should know about them before you list your home for sale. Whether you own an old home or a brand new one, there are a number of things that can fall short of requirements during a home inspection. If not identified and dealt with, any of these 11 items could cost you dearly in terms of repair. That's why it's critical that you read this report before you list your home. If you wait until the building inspector flags these issues for you, you will almost certainly experience costly delays in the close of your home sale or, worse, turn prospective buyers away altogether. In most cases, you can make a reasonable pre-inspection yourself if you know what you're looking for, and knowing what you're looking for can help you prevent little problems from growing into costly and unmanageable ones.

To help homesellers deal with this issue before their homes are listed, a free report entitled "11 Things You Need to Know to Pass Your Home Inspection" has been compiled which explains the issues involved.

To hear a brief recorded message about how to order your FREE copy of this report call toll-free 1-888-243-5861 and enter 3002. You can call any time, 24 hours a day, 7 days a week.

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This report is courtesy of All Towne Realty Realtor. Not intended to solicit buyers or sellers currently under contract. Copyright © 2014

## WESTFIELD HIGH SCHOOL STAGES MOCK TRIAL

Westfield High School students in Kimberly Leegan's Mock Trial classes ended the semester with a courtroom atmosphere complete with judge, jury, bailiff, witnesses, plaintiff, and defense counsel.

Mock Trial, a new elective offered this year at Westfield High School, involves learning about the stages of a civil trial and performing each of those stages in class. "This project-based class enables students to gain valuable real life experience and to put what they have learned in the classroom in action," stated Leegan. "In addition to learning the stages of a civil trial, students also develop public speaking skills, problem solving, and analytical reasoning as they work to either prove or defend their case," she explained.

Ms. Leegan, whose career as an attorney preceded her role as a social studies teacher, divided both her Mock Trial classes into trial

teams who "held court" in the Board of Education meeting room on May 24th. Each trial team had to collaborate and work together in order to be ready for trial. In the second trial of the day, Samantha Colucci, standing at left, prepared as the attorney for the plaintiff, while Douglas Logan, seated, was cross-examined as a witness for the defense in a simulated personal injury case.

Roosevelt Intermediate School's Mock Trial and Debate class served as the jury in the second trial. "I think both of our Mock Trial classes did an excellent job today and truly mastered the most important part of success as a litigator. I am very proud of the work the students have put into the class," remarked Leegan. The Mock Trial event was presided over by Ms. Leegan's husband, Michael Leegan, Esq., a 1988 graduate of Westfield High School, who has practiced law in NJ as a civil defense litigator for 20 years.



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Registration is OPEN for all Summer Programs at the Westfield Recreation Department. Residents are encouraged to get out of the house this summer beginning with our Outdoor Tai Chi program on Tuesday mornings 10:00am at the Mindowaskin Park Gazebo and by joining the "party" with our new Zumba Fitness Class on Mondays 7:30-8:20pm! BootCampWF for Adults is an outdoor program held in Tamaques Park for those who appreciate the comradery of group fitness.

Enrichment camps for kids include: Fashion Design, Junior Scientist, Creative Kids, Groovy Girls, Tech-gineering, and Lego-Engineering! Check out our New BootCampWF for Teens this Summer! Great way to get your Teen out of the house and moving!!!

Kids can "Be Active" this summer with our new Weekly Soccer Classes with United Soccer Academy and Weekly USSI Multi-Sports classes for ages 2-6. Back by popular demand our USA and USSI instructors are also hosting week-long camps to ages 3 to 14. Lacrosse, Field Hockey, Soccer, Multi-Sports, and Golf are just a few offered. There is a camp program for every age, with full and half days and evenings available. Our Traditional Sport Camps with area coaches are great camps for any athlete. Register now for Basketball, Flag Football, Golf Academy, Tennis (adults/kids), Volleyball, and Wrestling. If you

are looking for a flexible camp that is affordable, then our Summer Playground Program is for you. Playground offers arts and crafts, multiple sports, board games, special days, playground swims and local trips. Playground is offered to Westfield Resident Children Only who completed kindergarten through 8th grade. This program requires in-person registration only.

If you love to attend amusement parks, the department offers Consignment Tickets for Westfield residents that include attractions such as: Morey's Piers, Great Adventure, Hurricane Harbor, Hershey Park, Dorney Park/Wildwater Kingdom, Action Park/Mountain Creek, Clementon Park, Splash Zone, Sahara Sam's Oasis, iPlay America, Casino Pier & Breakwater Beach, Splash zone, Adventure Aquarium, DiggerLand USA, Medieval Times, Crayola and Blue Mountain Adventures. Tickets are purchased at the Rec Office during office hours only with checks or exact cash only.

"Be Active" with one of the programs offered through the Recreation Department this summer. For additional information, please visit our website: [www.westfieldnj.gov/recreation](http://www.westfieldnj.gov/recreation), visit our

FaceBook page: [www.FaceBook.com/WestfieldRecreation](http://www.FaceBook.com/WestfieldRecreation), or contact the Westfield Recreation Department at 425 East Broad St., Westfield at 908-789-4080, or by email: [recreation@westfieldnj.gov](mailto:recreation@westfieldnj.gov).

## ALLEGATIONS OF DOMESTIC VIOLENCE AND THE ROLE OF THE COURT

By: James McGlew II, Esq.

Domestic violence is a serious issue concerning all segments of our society. It affects couples, their children, friends, relatives and employers. New Jersey courts take allegations of domestic violence very seriously and have established protocols in place to protect victims.

In order for an act to be considered a domestic violence offense the incident must be committed against an individual designated under the law as a protected person. Generally it is assumed that domestic incidents occur between husband and wife. While this may often be the case, there are other situations and relationships that can qualify for protection under the law. In order for an individual to obtain court ordered protection from acts of domestic violence, the violent act must have occurred between two people who have or have had one of the following relationships:

- Current or former spouse
- Current or former roommate
- Current or former girlfriend or boyfriend
- Two people who share a child, whether born or in utero
- Current or former living companion

The most common domestic violence offenses alleged to have occurred include assault, terroristic threats, criminal trespass, harassment, criminal restraint and stalking. When an incident is found to have occurred or there is significant reason to believe that it has occurred, Judges have the authority to enter a restraining order. Such an order can provide various form of relief on an interim or permanent basis such as:

- Prohibiting the defendant from returning to the residence of the victim
- Prohibiting the defendant from going to the victim's place of employment
- Prohibiting the defendant from returning to the scene of the domestic violence
- Prohibiting the defendant any type of contact or communication with the victim (verbal, written, telephonic, text, email or on any form of social media)
- Prohibiting the defendant from any form of contact or communication with any other individuals named by the victim on such a restraining order
- Prohibiting the defendant from possessing any firearms or other weapons
- Awarding the victim custody of the children

- Ordering the defendant to pay the victim support and/or child support
- Ordering a search for weapons at any appropriate location
- Ordering the defendant to attend professional counseling
- Ordering that the victim shall have use and possession of the home

When a complaint alleging domestic violence is filed with the Court a Judge will enter a temporary restraining order if there is reason to believe the offense was committed. Approximately ten to fourteen days after the issuance of the temporary restraining order a hearing will be scheduled in Superior Court. At this hearing testimony will be taken from witnesses and the proceeding will conclude with the Judge issuing a determination as to whether or not a permanent or final restraining order is to be entered. At the hearing the Court will decide if the allegation of domestic violence has been proven by a preponderance of the evidence. In doing so, the Court is to consider, but not be limited to, the following factors:

- Any prior history of domestic violence between the parties, including threats, harassment or physical abuse
- The existence of an immediate danger to the person or property
- What serves the best interest of the victim or any child
- If there is to be a determination concerning custody and parenting time, there is to be consideration for the protection of the victim.

Both the defendant and the plaintiff have the right to have an attorney represent them during this hearing. A restraining order might be necessary for the plaintiff's protection and that of their children.

With regards to the defendant, having a final restraining order entered against an individual means that he or she will be fingerprinted and have a record of committing an act of Domestic Violence. This could affect certain professional licenses, employment and prospects for future employment.

Lindabury's Family Law Group has decades of experience representing clients in pursuing and defending allegations of domestic violence. We provide the full range of divorce and family law services and are easily accessible from our Westfield New Jersey office. Call today to schedule a consultation with James McGlew at (908) 897-0055.



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## WESTFIELD RESIDENTS HONORED AT THE BOY SCOUTS OF AMERICA 2016 UNION LIFETIME ACHIEVEMENT AWARDS DINNER

Boy Scouts of America, Patriots' Path Council honored local citizens at the annual Boy Scouts of America Union Lifetime Achievement Awards Dinner held on June 8, 2016 at The Shackamaxon Country Club in Scotch Plains.

The event recognized outstanding citizens for their community service, as evidenced by their leadership and interests within the Union County community, and for their embodiment of the values of the century old Scout Oath and Law in their personal and professional lives.

Christopher and Timothy Boyle are Westfield natives that have owned 16 Prospect Wine Bar & Bistro in Westfield since 2001. 16 Prospect hosts annual benefits for Brendon's Meadows Animal Rescue, The Center for Hope, Bonds of Courage which helps veterans and their families and S., Joseph's Food Bank.

Gene Jannotti is the Executive Director of the Greater Westfield Area Chamber of Commerce (GWACC), which serves Fanwood, Garwood, Mountainside, Scotch Plains, and Westfield. He has grown the Chamber from 280 members to 500 in just 22 months and has expanded its reach and activities. Gene has co-produced two "Dancing with the Stars" charity events for Children's Specialized Hospital, raising over \$80,000. He currently serves on the Board of Directors of the Union County Performing Arts Center and the Trinitas Hospital Foundation. Gene has been a member of the Livingston Masonic Lodge for 25 years and is the Chairman of their Board of Trustees.



(above l-r) Westfield residents Gene Jannotti, Chris Boyle and Timothy Boyle.

Union County is a part of the Patriots' Path Council, Boy Scouts of America which serves over 16,000 youth in over 400 Scouting units in communities throughout Union, Middlesex, Somerset, Sussex, and Morris Counties.

For more information on Scouting, contact Jennifer Volz, Sr. at 973-765-9322 ext. 249 and/or [jennifer.volz@scouting.org](mailto:jennifer.volz@scouting.org).



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(above) Jack and Leslie Crowe.

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Officially launched this past April, NeedQuest.com is an innovative take on something that's become quite familiar in the 21st century: the online local search directory.

However, what sets NeedQuest apart from other similar websites is two-fold. In addition to being a community-building site that directly connects parents of special needs children in the greater Westfield area with reputable service providers located right in their backyards, this new website is also founded by a local parent of a special needs child.

"My 14 year-old son, Jack, was diagnosed at age three with an autism spectrum disorder," says Leslie Crowe, Founder of NeedQuest LLC. "At that time, I was told by our public school district in Brooklyn to locate a Special Education Itinerant Teacher (SEIT) on my own. It was quite a jarring experience because I didn't know where to begin! The internet? The yellow pages? Our pediatrician? I really had no idea."

For Crowe and her son Jack, it took four more months before they could find an appropriate professional. Thereafter, locating an appropriate school for Jack took another three years. Over time, as Jack grew, so did his needs. From therapy to after school programs, summer camps and more, the list of concerns that Crowe found herself combing the Internet in search of answers for, as well as her own anxiety and despair steadily increased.

"I know there are a lot of special needs parents looking for resources for their children," Crowe

says. "However, I could not fathom that there wasn't a more efficient tool to navigate the Internet while searching for local providers to meet our children's needs. Eventually, after years of personal frustration, in 2015 I founded NeedQuest.com and committed myself to filling this void for the special needs community."

When it comes to affirming the need for Crowe's mission, the numbers don't lie.

According to the 2012 National Survey of Children with Special Health Care Needs (NSCSN), nearly 14 percent of children under 18 years of age in the United States, or approximately 10.2 million children overall, were estimated to have special health care needs. In New Jersey, the same study uncovered that out of the state's 1.5 million school-aged children, the number of children reported to have a disability is 4.5 percent, or 67,772 children overall.

32 percent of parents spend more than 40 hours per week with their special needs child or the amount of time equal to a second full-time job.

As such, helping her fellow special needs parents ease these kinds of concerns has become a driving force for Crowe.

"Parents are looking for services and providers at a time in their lives when they have the least amount of energy," she emphasizes. "With NeedQuest, we're aiming to be a catalyst for change when it comes to northern New Jersey special needs search - and hopefully, we'll make everyone's life, both parents and providers a little easier."

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## WESTFIELD HIGH SCHOOL NAMES TEACHER OF THE YEAR

Three teachers and one paraprofessional have been honored by the Westfield High School community with awards for excellence. The annual awards, presented this year on May 26, are a result of nominations by students, staff and parents at the school. Christopher Tafelski, a science teacher at Westfield High School since 2003, is the recipient of the Distinguished Teacher of the Year award, established to

annually recognize a teacher who, through both excellence in teaching and a demonstrated commitment to intellectual pursuits beyond the classroom, serves as a model and inspiration to the high school community to strive towards excellence. Mr. Tafelski also is the Head Coach of the Boys' Cross Country, and Track & Field teams. Nominations on his behalf described his dedication and passion as an extraordinary

educator, coach and role model for his students.

Scott Rutherford is the recipient of the Above and Beyond Award, which was established to recognize a teacher or counselor who has made a difference in the life of a struggling child either socially, emotionally or academically. A Mathematics teacher at Westfield High School since 2005, who also is the Adviser of the National Honor Society, he was commended for being kind, extremely approachable and successful in impacting his students' understanding and appreciation of Mathematics.

Christopher Vitale, WHS-PTSO Outstanding Teacher of the Year, has been an instrumental music teacher since 2011 at Westfield High School, where he is director of seven different bands, the percussion ensemble and the winter color guard. The PTSO award annually recognizes a teacher who is encouraging and motivating, is a good role model and shows respect for co-workers, students and parents. Mr. Vitale was described as being an inspiration to his students by demonstrating leadership skills, creativity, and enthusiasm for music.

Maria Martinez, Paraprofessional at Westfield High School, was honored with the Robert and Linda Foote Memorial Award, named for a former principal and teacher.

A dedicated Paraprofessional at Westfield High School for 13 years, Ms. Martinez was commended for her continued kindness and interest in encouraging students with individual and in classroom support. The awardees also was honored at a Westfield Board of Education meeting on Tuesday, June 14th, at 7:30 PM in Room 105 at 302 Elm Street.



(above) Westfield High School teaching awards were presented to (l-r) Scott Rutherford (Above and Beyond Award), Christopher Tafelski (Distinguished Teacher of the Year Award), Christopher Vitale (WHS-PTSO Outstanding Teacher of the Year Award), and Maria Martinez (Robert and Linda Foote Memorial Award).

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## SAMANTHA GARGIULO RECEIVES THE MILDRED BEESE WOMAN'S CLUB OF WESTFIELD MEMORIAL SCHOLARSHIP



Samantha Gargiulo

Samantha Gargiulo has recently been awarded the Mildred Beese WCW Memorial Scholarship. This honors Mildred, who was a former member of WCW for many years and was well thought of and very much respected. She served the club as Assistant Treasurer and was its Reception Chairperson. Mildred belonged to the Home Life/Social Services, Literature, and Antiques Departments plus served as Scholarship Luncheon Chairperson twice. A wonderful person, a wonderful friend, Mildred is sorely missed.

Samantha is the daughter of Cynthia La Pera. While at Westfield High School, she was the Brass Section Leader of the Marching Band and played the clarinet and French horn in the highest Wind Ensemble. She played and was captain of the softball team, held a leadership position with Bridges, was a church leader, worked as a child sitter and interned at a local lawyer's office. Samantha is an exceptional student, eager to learn and a hard worker. She plans to attend Ohio State University and major in Psychology.

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# SUMMER SAFETY TIPS FROM THE WESTFIELD RESCUE SQUAD

by David Sloan

Greetings fellow safety supporters! As we welcome the summer season, many changes are in the air. These changes can come with some level of danger, and therefore, it is helpful to be aware of how to protect oneself and others. The largest of these changes comes from the sun and our proximity to it.

The sun emits different forms of radiation or electromagnetic energy, which consists mostly of visible light, a small amount of ultraviolet, and some infrared light. Unfortunately, our body cannot naturally protect us from prolonged exposure to ultraviolet light. This radiation penetrates the skin and can alter our DNA, causing premature aging of the skin, and over time damage DNA that can contribute to deadly skin cancers. Our skin takes the brunt of sun damage and is susceptible to burns and blisters if exposed to the sun's rays for too long. Use of proper skin protection is vital for anyone trying to keeping themselves in good health. Sunburns are dependent on three things: skin type, the sun's intensity, and the length of exposure.

The sun's rays are strongest between 10a.m. and 4pm, so make sure to wear sun screen or sun-protective clothing such as hats, long-sleeved shirts and pants before you head outdoors into the summer fun. Sunscreen should have a sun protection factor (SPF) of at least 30, but no more than an SPF of 50, should protect against both UVA and UVB rays, and should be reapplied roughly every two hours for effectiveness. Higher SPF's tend to lull sun-bathers into staying in the sun longer, overexposing them to UVA and UVB rays. Sun-bathers also assume a higher SPF will give them double the protection, while the extra protection is often negligible. Undoubtedly, high SPF products have a higher dose of the sun-filtering chemicals than low SPF products. These

chemicals seep into the skin and can damage tissue over time or cause hormone disruption, so choosing sunscreens with lower concentrations of active ingredients is more prudent.

If you do get a sunburn, make sure to keep the burn clean so as not to cause infection. A severe burn can cause swelling and blisters to form, and could cause symptoms associated with the flu, such as chills, nausea, headache, and weakness. Treat the burn with cold compresses to sooth the burn and menthol or aloe gels to take the sting out of the sunburn. It is important to stay hydrated as well, so drink plenty of water. The signs for dehydration include: dry mouth, reduced urination, dizziness or fatigue. These can be serious and should be looked at by a medical doctor. Dehydration can also be a symptom of heat stroke and heat exhaustion.

Heat stroke and heat exhaustion are dangerous for anyone, especially the elderly, small children, and those with long-term health conditions like diabetes or a heart condition. They are both due to excessive temperatures in a hot climate, notably in heatwaves, and can be easily brought on by strenuous physical exercise. Heat exhaustion occurs when you become very hot and begin losing water or salt from your body. Symptoms of heat exhaustion include: headache, dizziness, profuse sweating, muscle cramps, intense thirst, fast pulse, weakness, and urinating less frequently. If you notice someone has heat exhaustion, have them lie down in a cool place, then remove any unnecessary clothing. Next, cool their skin with a wet sponge or use cold packs around their neck and armpits. Fanning the skin while it is moist can also help the water to evaporate. Lastly, get them to drink fluids, notably water or a rehydration drink. Most people will recover from heat exhaustion within 30

minutes. Heat exhaustion can lead to heatstroke if not identified and treated quickly. Heatstroke happens when the body can no longer keep itself cool and the body's temperature rises. Heatstroke can be life threatening from the strain it places on the brain, heart, lungs, liver and kidneys. If the person is experiencing the more severe symptoms of heatstroke, such as confusion, disorientation, seizures, or loss of consciousness, call 911, follow the treatment for heat exhaustion, and place the person in the recovery position until help arrives.

One of the last potential dangers of summer is bugs. To fend off the pesky critters during your outdoor activities, it is important to note what attracts them. Warm, stagnate pools of water are notorious breeding grounds for mosquitos, so make sure to empty or turn over anything that can collect water during a storm. If you are trying to keep the bugs from biting or stinging you, there are a few known natural remedies rather than spraying yourself with toxic chemicals from store bought repellants. The best natural repellants are essential oils like eucalyptus, lavender, peppermint and citronella. Be mindful that essential oils are not recommended for use on children under 3 years of age or women who are pregnant or nursing. Also, it is important to perform a patch test to check for allergic reaction before using an essential oil for the first time. Another useful trick is to place a dryer sheet in your pocket while you are hiking, camping, or gardening to keep the bugs away. Eating garlic can also be a natural repellent for bugs, but that may keep more than just the bugs away.

Hopefully, with these helpful tips, everyone can have a safe and fun-filled summer. Enjoy it and be sure to spread these safety tips far and wide, fellow safety supporters!

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Programs for Adults		
7/6	7:00 pm	Marc Black Talk-Music of 50's & 60's
7/8	1:30 pm	TGIF! Cruising Europe's Rivers (video)
7/9	2:00 pm	Lincoln Center Local-Patricia Miller
7/11	2 & 6:30 pm	Foreign Film: Lady in the Von (English)
7/14	7:00 pm	Edward III Hudson Shakespeare Co.
7/15	1:30 pm	TGIF! Louisa May Alcott (video)
7/18	2 & 6:30 pm	Foreign Film: Son of Saul (Hungarian)
7/20	7:00 pm	Westfielder Jean Avery Sings Songs from the Heart
7/22	1:30 pm	TGIF! Bing Crosby Rediscovered (video)
7/25	2 & 6:30 pm	Foreign Film: Samba (French)
7/29	1:30 pm	TGIF! Classic Movie: Good Night & Good Luck
Programs for Children - Check website for more info		
7/5, 26	10:30 am	Music, Movement, Songs- all ages w/caregiver
7/5, 12, 19, 26	11:30 am	Feeling Crafty 4+ yrs
7/5	3:00 pm	Afternoon LEGO Club grades 1-5
7/6, 13, 20, 27	10:30 am	Zumba Fun 2-5 years old
7/11, 18, 25	7:00 pm	Chess Club: No age limit but must know rules
7/12 & 19	10:30 am	It's Movie Time All ages welcome.
7/13	3:00 pm	LEGO K Club: Entering kindergarten only
7/15, 22, 29	10:00 am	Playgroup for Babies Up to 23 months w/caregiver
7/19 & 26	7:00 pm	Creative Dramatics 5+ yrs
7/21 & 28	10:00 am	Yoga Storytime 2-4 yrs
7/21 & 28	11:00 am	Yoga Tales 5+ yrs
7/28	2:00 pm	Library Olympics 4+ yrs

# RUTH PAUL, MEMBER OF GARDEN CLUB OF WESTFIELD, WINS NATIONAL AWARD

The Garden Club of Westfield is bursting with pride because longtime member, Mrs. Ruth Paul was recently announced as the New Jersey “Perennial Bloom Award” winner by the National Garden Club. Every year, after nominations at the local, state, and regional level, the National Garden Club picks one winner from each state. This year’s winner from New Jersey was Ruth Paul. She was named as the most dependable and knowledgeable member supporting projects and committees at both local and state levels over a period of many years.

Ruth’s volunteer activities include, helping at the state flower shows for the Garden Club of New Jersey, working to create and beautify Blue Star Garden. She originated the idea of a Blue Star Garden for Westfield. It is located at the Dixon Drive entrance to Tamaques Park. This garden honors our local veterans and service people. She also contributes her time to Garden Therapy at the Veterans Hospital in Lyons, NJ, as well as supporting other projects around town. You might see her helping plant seasonal arrangements in the large planter in the center of Westfield or making Christmas wreaths to decorate local government buildings. Ruth joined the Garden Club of Westfield in 1980, and has been an honorary member for 15 years.

On May 16th, a tree was planted in her honor at the Blue Star Garden, Tamaques Park. Barbara Mullin, the immediate Past President of the Garden Club of New Jersey, made the presentation and spoke of Ruth’s many contributions to garden clubs at local, regional, state, and national levels. She is very well known for her extensive knowledge and willingness to help.

The Garden Club of Westfield has dedicated time to the beautification of our town and the education of interested gardeners for over nine decades. Please visit our Facebook Page or



Photo by The Garden Club of Westfield.

website [www.gardenclubofwestfield.org](http://www.gardenclubofwestfield.org). For more information on the multitude of opportunities available to members and guests, call Merrilyn Crane at 908.232.3223.

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# RAKE AND HOE GARDEN CLUB RECOGNIZED BY THE GARDEN CLUB OF NEW JERSEY

Rake and Hoe Garden Club President Diana Kazazis is extremely proud to announce the Club's members achievements and special award received from the Garden Club of New Jersey (GCNJ) at the Spring Annual State Show for their participation.

Jeannie Geremia, representative of the GCNJ recognized Rake and Hoe Garden Club of Westfield as one of three garden clubs in the state to be given a Special Award for their participation. The club was acknowledged for their continuing support of the Annual GCNJ Flower Show year after year. Geremia stated "When you think of the flower show you think of several members of this dynamic club who have worn so many hats that it's hard to keep track." "There is Barbara Mullin, that little dynamo who chaired the show in 2009, has been a design consultant innumerable times, as GCNJ President provided the workers luncheon by making everything herself, entered more design competitions then a dozen of us combined, always participates in the Judges Competition, and has a can do attitude that can't be beat. Then we have Diana Kazazis who has taken the youth section in tow these many years, chaired the

flower show in 2014, snow and all, and just keeps it all together, Kay Cross, who has worn innumerable hats throughout the years, Pat Wilson with the engaging smile at our membership tables, Clare Minick and the whole Rake & Hoe team that has helped our horticulture entries run smooth and all their club members who sign up as docents year after year."

Beth Siano also won Top Exhibitor Award in Artistic Crafts for her botanical earrings. The Rake & Hoe Youth Group won most blue ribbons won in each of the three age categories. Barbara Mullin won a blue ribbon for her patriotic red white, and blue traditional design. Rake and Hoe photographers also garnered several blue ribbons as well.

The Rake & Hoe Garden Club of Westfield has a diverse membership spanning all ages, interests, and occupations. Federated with the National Council of State Garden Clubs and the Garden Club of New Jersey, the club has between 50 and 70 including a junior membership between first and eighth grades.

For more information, contact Pat Wilson, 908-389-9342 or check the club's Facebook page and its website, rakeandhoe.org.

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## MCKINLEY SCHOOL EARLYACT™ CLUB HOSTS ROTARIANS

The EarlyAct™ Club of McKinley School recently hosted members of the Rotary Club of Westfield for a “lunch and learn” experience to highlight their club’s community outreach program. Sponsored by the Rotary Club as part of an initiative of Rotary International founded on the premise that at an early age, students can be encouraged to be caring and helpful. The objective is to create in the children an awareness and knowledge of their community and the world.

According to teacher-moderators Cathy McGarry and Rochelle Sgrignoli, the McKinley club, all fifth graders, meet at lunchtime to work on student conceived and led projects such as, Bring an Extra Sandwich to Lunch. Through this program they have worked out a multi-task method of soliciting and collecting extra lunches brought to the school by its students every Wednesday in the school calendar which are then donated to the Plainfield, NJ Salvation Army.

In celebration of the winter holidays members of the club designed and made unique greeting cards for deployed American soldiers in the middle east. To promote their school-based recycling project, the EarlyAct™ members produced a video, “Using the Force to Recycle” as a teaching tool for the student body on the correct manner to dispose of recyclables. The ingenious video uses Star Wars-related tools such as light sabers made completely of trash. The sound track was provided by student-musicians.

Mrs. Liz Ensslin is Rotary’s liaison to EarlyAct™ and to the Interact program for intermediate school and high school students. “Membership in these two programs is open to all students. It is marvelous to see how well the kids work together, sometimes giving up their free time, on projects that have such a fine impact on the community.

The Rotary Club meets for lunch Tuesdays at the Westfield Area Y. Guests are always welcome.

## “ENTREPRENEURSHIP 101” WORKSHOP PREPARES YOU FOR SMALL BUSINESS OWNERSHIP

It’s the American dream – having your own business, being your own boss, setting your own hours....But before you take the plunge (or before you get in too deep in a business that you just started), you need to do some serious self-reflection and homework.

That’s why UCEDC, a statewide economic development corporation, is offering an intensive six-week workshop for start-up businesses (those in the idea/planning phase or in operation less than a year). The next session of Entrepreneurship 101 is scheduled for Tuesday evenings (6:00 – 9:00 pm), July 12 – August 23, 2016 at UCEDC’s headquarters in Cranford.

“The small business failure rate is staggering,” warns Erich Peter, UCEDC’s Director of Training. “But you’ll be more likely to succeed if you consider every challenge ahead of you and make sure you have what it takes to meet them.”

Participants will be guided through a real-world assessment of their business idea and market feasibility as well as their own ability to handle the demands of business ownership. The steps to opening a business in New Jersey, choosing a legal structure, developing a business plan and establishing cost, revenue and cash flow

projections will be addressed in a variety of interactive exercises.

“Being a business owner is hard work and this workshop is equally demanding,” says Peter. “But we’re going to work with you both in and outside of the classroom to make sure that the class material is relevant to your specific needs. And, we stick with our graduates for 12 months, providing free mentoring and counseling services.”

Entrepreneurship 101 is a component of UCEDC’s Entrepreneurial Training Initiative, an ongoing small business training effort, offered in partnership with the New Jersey Economic Development Authority.

UCEDC is dedicated to helping small business throughout New Jersey to start, grow and thrive by making loans, training and mentoring business owners, helping businesses obtain government contracts, and providing accurate and relevant business information.

Registration is now open for Entrepreneurship 101. Complete information can be found on the UCEDC website

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## “MAYHEM” TAKES OVER HIGH SCHOOL

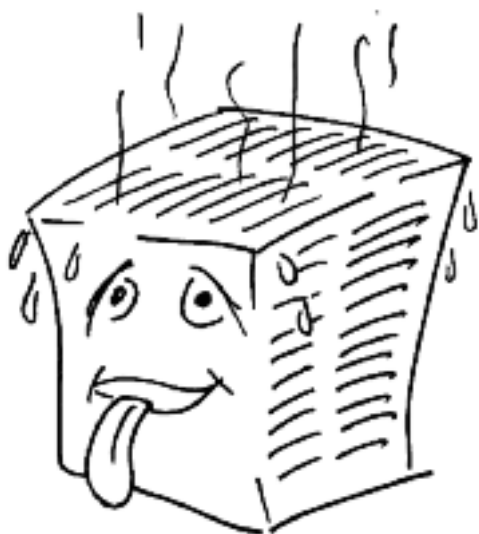
The Westfield High School Theatre Department presented Mayhem this Spring at the WHS auditorium. An audience of over 200 people from the community listened as students performed in bands, sang solos or entertained the audience with group numbers. It was a truly fun evening as light-hearted emcees kept things moving along. WHS junior, Meagan O’Connell, directed this student-run production, which involved the efforts of over 60 students who designed sets, handled lighting, and coordinated sound and set changes. In addition to a wonderful night of entertainment, many audience members went home with wonderful gift baskets that were raffled as a fun encore to the show.

Mayhem is a yearly event sponsored by the Westfield Theatre Guild. The WTG would like to express their gratitude to the businesses in the community who graciously donated items to the raffle, sponsored posters and placed ads in the playbill. All proceeds from the evening will be donated to the WHS Theatre



(above l-r) Maximillion Martin (on piano) Jack Garceau, Joe Ensslin, Justin Joseph, Jesse Katz, Duncan Cook, Ben Mizrach, Ben Kevelson, Lucy Ritter (on drums) performing “I’ve Got You Under My Skin”.

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## HOME FOR GOOD DOG RESCUE CELEBRATES GRAND RE-OPENING EVENT

Ten dogs found their forever homes at Home for Good Dog Rescue's Grand Re-opening event on June 18th. The celebration welcomed the public to the Berkeley Heights-based non-profit organization's newly renovated retail shoppe and grooming space located at 465 Springfield Ave. in Berkeley Heights, NJ.

"We are very happy with the turnout we received for our rescues today," Public Relations and Social Media Coordinator Matt Holowienka said. "Our dogs deserve loving homes, and we are thrilled to have been a part of those special moments where families and rescues come

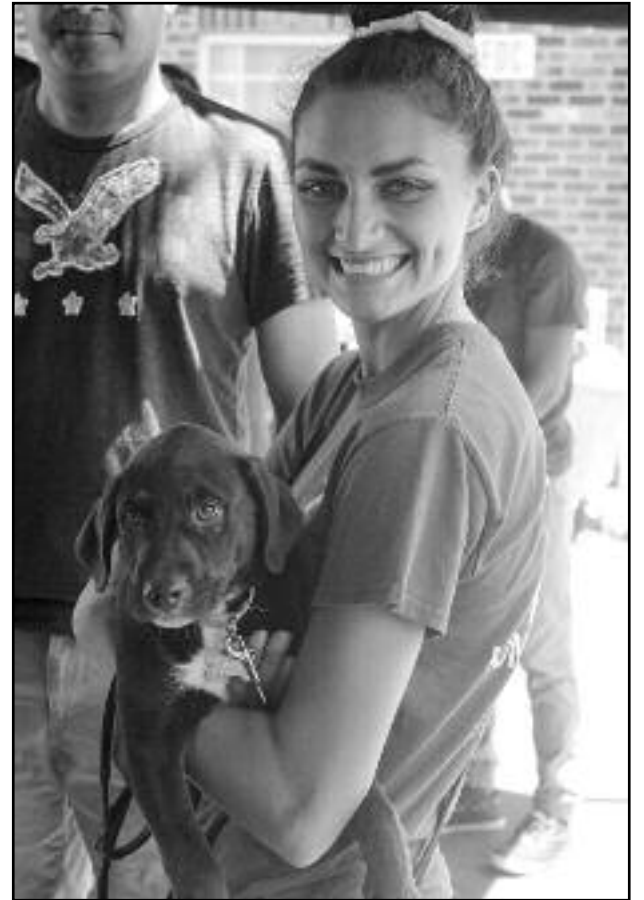
together for the first time."

That week alone, 25 rescue dogs found homes through Home For Good. Among them, dogs named Minnie, Saranac, Travis, Walt, Jilly, Belle, Rose, Dunkel, Jewels, and Emmett were adopted at the event itself.

"Through the generosity of an anonymous benefactor, we were able to revamp our facility, which now hosts a designated area for adoption 'meet and greets,' in addition to offering professional dog grooming and all the pet essentials you could need for your forever friend," Donation Manager Abbe Fried said.

Attendees at the Grand Re-opening event enjoyed a 10 percent discount on all pet products at the Home for Good retail shoppe and a special discount off their first appointment with the organization's professional groomer, who was onsite from noon onward on June 18 offering dog nail trims.

Visit [www.HomeforGoodDogs.org](http://www.HomeforGoodDogs.org) to learn more about the organization's services and upcoming events or to apply for adoption.



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The Civil Air Patrol (CAP) Composite Squadron NJ-102 recently provided orientation flights to six teenagers, also known as cadets, under the CAP Youth Program. The program offers the opportunity to complete 5 instructed flights in powered planes and 5 in gliders, which are available to the cadets multiple times throughout the year.

CAP has an after school youth program that operates year-round for students 12 to 18-years-old, and provides after school program educational opportunities that are not traditionally taught in schools. These topics include but are not limited to: Aerospace,

Character Development, Leadership, Aviation History, Aviation Navigation Theory, STEM, Physical Training, Encampment (a week-long summer camp at a military base), specialized summer camps known as NCSA's (held both nationally and internationally), and many others. Fulfilling all the requirements of a successful Cap Cadet can help in college applications and even more for those students that desire to be part of a military academy or enlisted service. Cadets learn to put into practice their leadership skills in community service activities and even their personal lives.

In addition, adults can join CAP as "Senior

Members" in order to help to run the cadet program. Senior members are essential in helping to instruct and guide the cadets who will one day be our nation's future leaders.

The CAP Squadron NJ-102 meets every Tuesday from 7:00 p.m. to 9:00 p.m., during the school year at Chatham High School. During Summer Break the squadron meets at VFW, 7 Locust Ave., Berkley Heights.

For more information, please contact Ceti Vergara at 908-789-6416, (ceti.vergara@njwg.cap.gov) or Sachin Adbe at 862-345-6736, (sachin.adbe@njwg.cap.gov).



(above l-r) Cadets Young, Vergara, Mena, 1st Lieutenant Adbe, Mrs. Mena, Mr. Mena, and Mr. Young.



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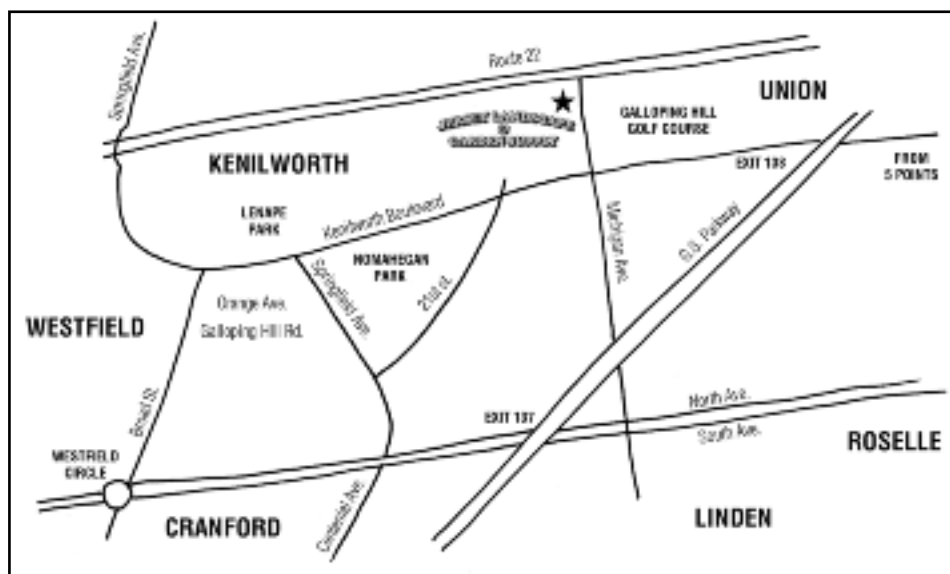
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