

PLEASE JOIN ALL MOUNTAINSIDE VETERANS IN DEDICATION OF MOUNTAINSIDE VETERANS MEMORIAL PARK AT CONSTITUTION PLAZA (adjacent to the Mountainside Library) NOVEMBER 12TH 2:00pm

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Mountainside View

A MEMORIAL BY VETERANS FOR VETERANS

On November 12, beginning at 2:00pm, veterans of Mountainside Veterans of Foreign Wars Post 10136 will be dedicating the new Mountainside Veterans Memorial Park to the Mountainside community. All Mountainside Veterans and the public are encouraged to attend.

This memorial has been in the works since August 2014. With design help from PS&S Architecture of Warren, NJ, the Mountainside Borough Mayor and Council approved the plan in Spring 2015. An estimated \$45,000 was donated in the form of cash, labor, and materials by numerous local businesses, organizations, and benefactors. The largest individual monetary donations came from Blanche M. & George L. Watts Mountainside Community Foundation and the Home Depot Foundation.

Many of the other donations came straight from the community through the ongoing "Buy a Brick" fundraising campaign which can be found at

<https://polarengraving.com/VFW10136> wherein individuals can donate \$100 – \$110 for an engraved 4"x8" brick that will be set into the assembly area to be on display for years to come. Checks can be mailed to Mountainside VFW Post 10136, PO BOX 1163, Mountainside, NJ 07092. Mountainside VFW Post 10136 is a 501(c) non-profit entity.

Ongoing funds donated will be used to cover various costs for perpetual care and costs for irrigation, a Purple Heart Monument, Veterans plaques, and a military statue.

The ceremony, open to all, is taking place in the Constitution Plaza, adjacent to the Mountainside Public Library. It will feature performances from the Marine Color Guard and the Emerald Society Pipes. NJ Assemblyman Jon Bramnick, Mayor Paul Mirabelli, and WWII Navy Veteran Bill Tomko are scheduled to speak to those in attendance. NJ Army National Guard tactical vehicles will be on display. For further information contact Tim McLaughlin at VFW10136@gmail.com or 908-928-9191.



(above l-r) Veterans Tim McLaughlin, Bill Tomko, Jerry Rice, Leo Corradi, Volunteers from The Home Depot – Watchung Store.



(above l-r) Veterans Tim McLaughlin, Bill Tomko, Jerry Rice, Leo Corradi along with volunteers from The Home Depot – Watchung Store.

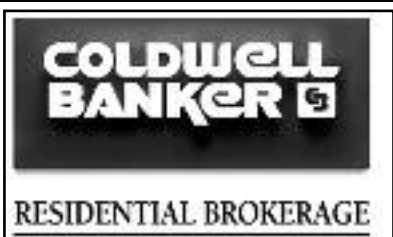
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PROMOTE YOUR COMMUNITY EVENT

Community service organizations, schools and sports teams are encouraged to submit news of upcoming events or highlights and photos from recent events.

Organizations who are interested in submitting content, please email: editor@rennamedia.com

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MOUNTAINSIDE HOLIDAY FESTIVITIES SET FOR DECEMBER 3RD

MOUNTAINSIDE CHRISTMAS TREE LIGHTING

The Mountainside Christmas Tree Lighting festivities will be held on **Saturday, December 3rd** at Borough Hall beginning at **4:30 p.m.**

There will be caroling, hot chocolate and cookies (for sale) and Santa will be available for photos.

FAMILY SKATE NIGHT

Mountainside Recreation Department Family Skake Night will be held after the Tree Lighting ceremony. Free to all Mountainside residents **from 6:30 – 8 pm** at the Union Sports Arena, located at 2441 US-22 in Union. No reservations needed.

SENIOR CLUB OF MOUNTAINSIDE AND MOUNTAINSIDE ACTIVE RETIREES EVENTS

The Mountainside Active Retirees will be hosting Saul Broudy from the New Jersey Council for the Humanities at their November 15th meeting at 10am in the upstairs Community room at the Mountainside Municipal Hall. 1285 Route 22 . Mountainside, NJ.

Before modern mass media and widespread literacy, workers in various occupations made their own songs to express emotions, convey information, tell stories, solidify group identity and help them make it through the day. Through live performances, Saul Broudy presents the songs of railroad workers, coal miners, farmers, hobos, truck-drivers, and other workers and discusses the role this music played in the workers lives. All retirees are welcome to come

to this meeting and hear Saul Broudy performing "Singing Workers: American Occupational Folksongs".

The senior citizen club of Mountainside will host a luncheon on Saturday, December 17, 2016 at public house restaurant, 899 Mountain ave., Mountainside. The luncheon menu will include house salad, a choice of herb marinated chicken breast, grilled hanger steak, or pan roasted salmon for the entrée, and coffee, tea with a choice of New York style cheesecake, brownie trifle, or crème brulee for dessert.

The cost for members is \$25.00 and non-members \$29.00.

For further information, please contact eve vitale at 908-789-8568.

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- 273 Hickory Lane - List Price 545,000 - Sales Price 530,000 - Closed 10/13/16 DOM 17
- 420 New Providence Road - List Price 789,000 - Sales Price 760,000 - Closed 10/13/16 DOM 9
- 1132 Peach Tree Lane - List Price 795,000 - Sales Price 767,500 - Closed 10/13/16 DOM 9
- 1051 Sunnyslope Drive - List Price 949,000 - Sales Price 872,500 - Closed 10/17/16 DOM 36

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Mobile Meals of Westfield does not have a financial need requirement. They serve residents in Westfield, Scotch Plains, Fanwood, Mountainside, Clark and Cranford. For \$6.25 per day for a hot meal, including dessert and beverage, with an optional lunch for an additional \$2.35 per day, they deliver Monday through Friday. The tasty, nutritious meals are prepared daily by a professional cook and delivered by volunteers around noontime each day.

So much more than just a meal, Mobile Meals of Westfield provides a friendly smile and a daily check in for residents that might otherwise be alone all day.

A Scotch Plains resident recently thanked Mobile Meals of Westfield, “Our mother looked forward to the stimulation of your daily visits and enjoyed your meals and the special occasion gifts. You cheered up her life and provided structure that was caring and helpful. Your service shared in the success of helping her to live productively till almost 100 years old.”

If Mobile Meals of Westfield can help you or someone you know, please call Josephine Walsh, Director, at 908-233-6146.

THE GREATER WESTFIELD AREA CHAMBER OF COMMERCE UPCOMING EVENTS

**Panel Discussion:
Making Business in NJ More Affordable**

**Monday, November 14
9:00 am - 12:00 pm,
Shackamaxon Country Club,**

100 Tillinghast Turn in Scotch Plains.

This will be an informative event for business professionals, small business owners, and nonprofit organizations. Panelists include Assemblyman Jon Bramnick, Speaker Vincent Prieto, advocacy leaders Tom Bracken (President and CEO of the NJ Chamber of Commerce) and Michele Siekerka (President and CEO of the NJ Business and Industry Association), and Ken Bagner of the Tax Department of Sobel & Co. Moderated by Westfield Mayor Andy Skibitsky. To register visit gwaccnj.com, or call 908-233-3021.

**Breakfast Networking
Tuesday, November 15
8:00 - 9:30 am,
Paragon Tap & Table,
77 Central Avenue in Clark.**

Join us for coffee and breakfast and don't forget to bring your business cards. You will have the opportunity to introduce yourself to the group and meet local business professionals.

Nonmembers are welcome.

Members: FREE but please RSVP.

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MOUNTAINSIDE PTA FALL FEST



On Saturday October 15th, the Mountainside PTA held its annual Fall Festival at the Deerfield School. Students and their families gathered in the field next to the school, where rides, attractions, games, and a dance contest were set up for a fun-filled afternoon. Patrons had the opportunity of enjoying delicious foods from their local businesses or hotdogs provided by the Mountainside PTA, with the purchase of a ticket. The event lasted from 12 – 4 p.m. and attendees enjoyed music from The Spinners, who have been providing tunes for the event for 15 years.

The Mountainside Police were also present at the Fall Fest, ready to meet the public they serve. They brought their special canine officer along, who was very popular among the crowd. Kids lined up eagerly to pet the friendly police dog.

The Fall Festival also held a Tricky Tray event,

where student participants had the opportunity to win several yummy grand prizes like, Ice Cream Social, at Scoops, after school with Mrs. Hain or Pizza lunch with Ms. Ianniello and the Kindergarten Team. Kids weren't the only ones with the chance of winning a prize, some lucky parents won French Nail Gift card, Hair bar Basket, and many more prizes.

The end of the Fall Festival witnessed many satisfied community members. The PTA has a been a consistent organization, when it comes to hosting these community events. In the recent past they have hosted ice cream socials and pool parties for their students. For future events please visit their Facebook page, Mountainside PTA, and for more information on the Mountainside PTA please visit [mountainsideschools.org /domain/74](http://mountainsideschools.org/domain/74).

Photos from this and other events can be found online at rennamedia.com and on the Mountainside View page on facebook.com Feel free to "Like", "Tag" and "Share".



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MOUNTAINSIDE 2ND GRADE ACTIVITIES

The 2nd graders at Beechwood School have sufficient events to occupy their young academic lives. They are in the beginning stages of mathematical educations and are exploring their naturally scientific minds, by observing the world around them.



(above) Students use blocks to understand place value and to model, write, and compare 3-digit numbers in Mrs. Bakker's 2nd grade class. Manipulatives, models, pictures, and symbols are used to build mathematical understanding as part of the Go Math! program. The program helps students engage with the Common Core State Standards.



(above) Miss Murphy's 2nd grade students spent time in Beechwood School's garden observing a monarch butterfly's behaviors and actions (and taking notes) once it was released as part of their Journey North Project. The 2nd graders learned about the life cycle of the butterfly and observed 3 of their own chrysalis in the classroom. They learned about the migration routes monarch butterflies take during the fall months to reach Mexico and other warmer habitats.



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MOUNTAINSIDE PUBLIC LIBRARY

The Mountainside Public Library is located at 1 Constitution Plaza, Mountainside, NJ.
To register for these programs, stop into the library or call 908-233-0115.

The Mountainside Public Library has scheduled the following programs for November and early December. The Library will be closed on Friday, November 11 in observance of Veterans Day and on Thursday, November 24 and Friday, November 25 in observance of Thanksgiving Day.

Tuesday Night Movies.

All movies start at 6:30 PM.

November 8 – My House in Umbria; November 15 – Whiskey Tango Foxtrot; November 22, Race; November 29 – Four Weddings and a Funeral

Brown Bag Academy,

“How to Save an Hour a Day by Getting Organized”
Thursday, November 10 at 7:30 PM.

Jaimie Novak from Scotch Plains returns to the library for a laugh-out-loud funny look at the common challenges to getting organized. Did you know the average person wastes 52 minutes a day looking for lost or misplaced items? If you lose paperwork, can't find your car keys and have to pick up things that topple out of your closets and cabinets then this program is for you! Learn a few simple organizing tricks for key areas of your home and life. Jaimie Novak is the author of multiple bestsellers including Keep This Toss That. If you could use more time and less stress, you won't want to miss this event!

“Saturday Musical Getaways”: “Petrograss”

Saturday, November 12, 2:00-3:00 PM.

In a return engagement, Union County bluegrass band, PetroGrass, will perform with guitar, fiddle, mandolin, harmonica, banjo and flute. Formed in 2011, this band of local musicians will set toes tapping and hands clapping. Their repertoire includes country and folk music, sea shanties, Irish tunes and waltzes and much more. Come early; their first concert here was SRO!

“Diabetes and Me”

Tuesday, November 15 at noon.

Here is an easy way to become more knowledgeable about your own or a family member/friend's health risk as it relates to Type 2 diabetes. Meet Martha Schinbeckler, RN and other members of the Overlook Diabetes Center, and learn more about diabetes and how to reduce your chance of developing pre-diabetes and how healthy food choices and portion control can make a difference. Have your blood sugar, blood pressure and pulse checked. You can even visit with a podiatrist who will discuss foot care and a pharmacist who will review your medication profile.

“Guided Meditation for Inner Peace”

Thursday, November 17 at 7:30 PM.

Join us every month as we explore and experience the most talked about evidence based meditation techniques for inner peace, overall well-being and stress reduction. This month Sally Younghans will be teaching Yoga Nidra (awake sleep). This is a deep relaxation technique that you can use anytime you need. Twenty minutes of Yoga Nidra is equivalent to 4 hours of sleep!

Opera on Film Series

Friday, November 18 at 1:00 PM.

Friday Operas on Film series, sponsored by the T. Robel Hill Foundation and presented by Mena Clemson, will be showing I Lombardi by Giuseppe Verdi. Recorded in 1984, this film stars José Carreras and Ghenia Dimitrova. Gianandrea Gavazzeni conducts the Chorus and Orchestra of La Scala.

“From Saint to Santa”

Thursday, December 1 at 7:00 PM.

Through centuries of art, much of it now in East Coast museums, Mike Norris will explore how a Turkish bishop, Nicholas of Myra, evolved into one of Christianity's most beloved saints. Then in American artwork, we'll see Nicholas change again—into Santa Claus. Mike Norris, Ph.D., has given lectures for more than twenty years to libraries and schools, especially in classical and medieval art, many geared especially for New Jersey audiences.

“A Story Telling with Balloon Animals”

Tuesday, December 6 at 3:45-4:30 PM.

Cheryl Anne, from Currier's Magical Mania, presents an interactive entertainment show for children Pre-K through 5th grade that combines comedy, storytelling and balloon twisting! Watch as Human and Alien take on form and travel into new galaxies; mermaids magically appear and a frog takes on the chores of the castle! Parents of the youngest audience members must stay with their kids



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ADVOCATES NEEDED FOR LOCAL FOSTER YOUTH

CASA of Union County is seeking Mountainside residents to step up and be the voice for one of the nearly 600 Union County youth, ages 0-21, currently in foster care through no fault of their own.

Traditionally, the required 30-hour training is held over six weeks, with volunteers meeting several evenings each week. However, two new training options are now available, in response to prospective volunteers seeking more scheduling flexibility. A December training — which begins Monday, Dec. 5, 2016 — allows those home during the day to complete all training within five days from 9 am to 4 pm at the CASA offices; the January training — which begins Thursday, Jan. 12 — continues the traditional six-week format, but incorporates online learning at the volunteer's convenience, and fewer in-person sessions. Lunch or light dinner is provided. At the conclusion of training, a Superior Court judge swears in the new child advocates at the Union County Courthouse.

Trained CASAs are court-empowered to speak to foster parents, teachers, doctors, lawyers, therapists and more. CASAs visit the youth regularly and incorporate findings into a report for the judge. They attend quarterly court hearings, working to ensure a youth's time in care is as short as possible and their best interests remain the priority. Although not required, there is an additional need for male advocates and advocates who speak Spanish. Just who is a typical child referred to CASA of Union County? Meet 12-year-old Marissa:

When my mother was pregnant with me, she drank alcohol and used cocaine, and I was born with Fetal Alcohol Syndrome. Even though the

state was working with my mom to help her get clean and be a better mom to me and my brother, she couldn't stay away from the drugs and alcohol. My older brother tried to take care of me, but he said it was too hard, and our house was so dirty and cluttered. A worker from the state came and took me, and put me into a foster home. That worker left and I have a new worker. When I met her, she said the plan was for me to go back with my mom as soon as she's better. I was so happy. But I just found out that now my mom is missing! I'm so worried and hope she's okay. Is she drinking again? Is she hurt? Every day I wonder what will happen to me and what's happened to

her. I'm so scared. I don't see my brother anymore at all. My family is so broken and I feel all alone.

Mountainside residents are encouraged to contact Rachel at (908) 527-7044 or rwhite@casaofunioncounty.org to RSVP for an information session below, or for more details on claiming a seat in the December or January class.

Evening information sessions are: Thursdays, Nov. 17 and Dec. 15 at the County Clerk Building, 300 North Avenue East, Westfield; morning sessions are 10 a.m. Fridays, Nov. 18 and Dec. 16 at CASA's offices, 1143-45 East Jersey Street, Second Floor, Elizabeth.



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HIGH SCHOOL'S FIRST ANNUAL COLLEGE FAIR

By: *Edir Coronado*

Students at Governor Livingston High School had the opportunity to paint a clearer picture for their future on October 5, 2016 during the school's first college fair. Orchestrated by the Director of Guidance, Ashley Janosko and Vice Principal, Tara Oliveira, these two educators wanted to give students the opportunity to meet representatives from several prominent institutions. About 85 representatives traveled from across the country to meet with Berkeley Heights and Mountainside's students and their families.

Janosko, who started working at Governor Livingston High School two years ago, first approached her colleagues with the idea of hosting a college fair shortly after she arrived at the school, the response was an overwhelming amount of support and excitement about the vision. Janosko has an extensive background in counseling and mentoring children to achieve their full potential; prior to her employment at Governor Livingston, she was a guidance counselor at Bernards High School for seven years. She holds a Master's Degree in Counseling and is completing her Doctorate Her dedication to students is reflected in her academics. It's fitting that Janosko is the person who would unveil Governor Livingston's very first college fair.

Oliveira and Janosko, with the help of Principal Robert Nixon, as well as several school employees, hosted an extremely successful event. To an unknowing observer, one might be misled into thinking that putting together a college fair is an effortless task. Janosko explained that two

years ago when the idea was presented, the blueprint as to how the event would take place had to be created. The first, and most important piece of the puzzle, is allotting enough money in the budget to host such an event. After the funds were available, the next step was securing the date, time, and location. The event planners had to be certain alternative events were not taking place simultaneously.

After the bureaucratic red tape was cut, the remaining task of contacting organizations began, which was not an easy evolution. The amount of institutions that were willing to attend was abundant and the staff was grateful. Before the event began, with knowledge of these establishment's representative's schedule in mind, a hot meal was prepared for them, as a gesture of gratitude.

The efforts put forth by the school's educators were reciprocated by the school's pupils, with an estimated 500-700 in attendance. The event was not only open to students of Governor Livingston or the towns the high school hosts; Berkeley Heights and Mountainside, it was open to students in surrounding towns. Janosko explains that not only was this the first college fair at Governor Livingston, it was also the only college fair in the area.

The college fair began at 7 p.m., from the moment the doors opened, floods of students poured into the school's gyms, where a sea of higher institutions were lined up, ready to welcome their next batch of students. Parents and children roamed the gyms bouncing from table to table, gathering more paperwork with information than they could hold.



Photos from this and other events can be found online at rennamedia.com and on the Berkeley Heights News page on facebook.com Feel free to "Like", "Tag" and "Share"

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THIRD UNION COUNTY DAY OF PRAYER DRAWS NEARLY 600

At a time when the nation is gripped by divisiveness and intolerance for those who differ from us is worn by many like a badge of courage, nearly 600 people from all walks of life came together for the Third Annual Union County Day of Prayer, held October 6 at The Parish Community of St. Helen in Westfield.

"Day of Prayer and Reflection: Honoring People of All Faith Communities" drew speakers and readers from the Christian, Jewish, Muslim, Hindu and Sikh faiths. They were joined by people of all races and nationalities, as well as more than 100 people with disabilities. The event featured prayers, meditations and songs.

The Annual Union County Day of Prayer is planned and orchestrated each year by the Union County Interfaith Coordinating Council, an organization comprising interfaith congregations and community-based nonprofits, including Community Access Unlimited (CAU). The council promotes inclusion of all people within the community and creates a clearing house of faith-based, nonprofit and government community services available to the public while bringing greater awareness of these services to

the wider community, according to Sid Blanchard, CAU executive director.

"In these times when families are being rendered asunder, when communities are being torn apart, when someone who is different is being rejected, it is essential to come together," Blanchard said.

Rabbi Joel Abraham of the Temple Sholom in Scotch Plains said, "I think it's important to stand with people of other faiths whenever possible. Especially now when there is a force of division...we want to reach across the pew and see how we are more alike than different yet also celebrate the ways we are different."

Reverend Cynthia Cochran-Carney of the Willow Grove Presbyterian Church in Scotch Plains, said, "There are many misunderstandings in our country about different faith groups, many stereotypes. I want to promote the vision we are all called by God and need to respect each other."

The Venerable Klint Kaevalin from the Buddhist Dhammakaya Meditation Center in Fanwood, said, "It's nice when we can come together and share peace and have a true commonality that we want to have goodness in

the world."

Dr. Mohammad Ali Chaudry of the Islamic Society of Basking Ridge said, "Interfaith cooperation is critical for not only the Muslim community but all communities. I've been talking about how to confront and counter bigotry. I will know I am making a difference when I see a Muslim say something hateful about another group and another Muslim stand up and say, 'That's not right.' When a Jew says something hateful and another Jew says, 'That's not right.' And a Christian and so on."

Chaudry encouraged everyone in attendance to sign a pledge to "stand up for the other" that reads: "While interacting with members of my own faith or ethnic community, or with others, if I hear hateful comments from anyone about members of any other community, I pledge to stand up for the other and challenge bigotry in any form." The pledge form is available online at www.standupfortheother.org.

"If you hear something hateful and bigoted, if you don't speak out they'll think you agree with them," Chaudry said. "If we can all take enough of a stand speaking out that that's not right, we can make a difference."



(above) Members of the Union County Interfaith Coordinating Council and other invited speakers at the Third Annual Union County Day of Prayer.



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Fried Calamari w/marinara	40.00	55.00
Mussels marinara	20.00	30.00
Zuppa di clams	25.00	40.00
Seafood salad	75.00	95.00
Broccoli rabe & sausage	40.00	65.00
Buffalo wings	7.95 per dozen	

	Small (8-10 people)	Medium (12-15 people)	Large (18-20 people)
Cold Antipasto	35.00	50.00	75.00
Fresh Mozzarella & Tomato	30.00	40.00	60.00
Roasted Peppers & Mozzarella	30.00	40.00	60.00
Fresh Tomato Bruschetta	15.00	25.00	35.00
Seasonal grilled Vegetable	20.00	30.00	45.00
Assorted imported Cheese	35.00	50.00	80.00
Seasonal fresh fruit	25.00	35.00	45.00
Vegetable Crudite	20.00	30.00	40.00

SALADS

	Small (8-10 people)	Medium (12-15 people)	Large (18-20 people)
Ciao Bello	25.00	35.00	40.00
Italian	15.00	25.00	30.00
Roasted Beet	30.00	35.00	45.00
Caesar	20.00	30.00	40.00
Fennel	30.00	40.00	50.00
Benny's Salad	30.00	40.00	50.00
Arugula	25.00	30.00	40.00

Descriptions

- Ciao Bello** – organic baby greens, fresh strawberries, walnut, goat cheese, side of raspberry vinaigrette
- House** – mixed green with cucumber tomatoes olives red onions side of Italian dressing
- Roasted Beet** – cucumber, tomatoes, red & golden beets, red onion, gorgonzola cheese side of balsamic vinaigrette
- Caesar** – crispy romaine hearts croutons & parmigiano reggiano side of caesar dressing
- Fennel** – thinly sliced fennel & baby arugula, toasted pecan, sundried cranberries, goat cheese side of figs vinaigrette
- Benny's Salad** – iceberg tomatoe, grape tomatoes, avocado, red onion, corn, black beans, cucumber side of red wine vinaigrette & parmigiano reggiano
- Arugula** – Organic baby arugula, pigaroli nuts, raisins, tomatoes, avocado, sweet corn and gorgonzola cheese in a balsamic vinaigrette

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- Grilled chicken with roasted peppers & fresh mozzarella
- Oven roasted turkey with lettuce, tomatoes & onions
- Chicken cutlet or grilled lettuce, tomatoes & honey mustard
- Chicken parm eggplant, parm roasted peppers, grilled eggplant & fresh mozzarella
- Prosciutto roasted peppers & mozzarella

Wrap It Up: Choice From		
Small-16 pieces (4-6 people)	Medium-32 pieces (8-10 people)	Large-48pieces (14-16 people)
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- Grilled chicken caesar
- Grilled vegetable with fresh mozzarella
- Sirloin steak with sautéed onions peppers mushrooms & mozzarella
- Chunky white tuna salad
- Grilled chicken sautéed spinach, onions, mushroom & fresh mozzarella
- Sliced turkey with lettuce tomatoes & onions
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Murphy (Hot or Sweet)	40.00	50.00	65.00
Oreganato	35.00	50.00	60.00
Cacciatore	35.00	50.00	60.00
Scarpariello	40.00	50.00	60.00
Ciao Bello	5.00/piece	Saltambuca alla romana	5.00/piece
Rollatine	5.00/piece	Francese	5.00/piece
Balsamico	5.00/piece	Marsala	5.00/piece
Milanese	5.00/piece	Parmigiano	5.00/piece

Descriptions

- Murphy (hot or sweet)** – medallions with onions, peppers, potatoes & mushrooms
- Oreganato** – medallions sautéed in lemon, butter white wine topped seasoned bread crumbs
- Cacciatore** – medallions sautéed with mushrooms & onions in a light basil marinara sauce
- Scarpariello** – medallions with sliced sausage, fresh rosemary in a wine demiglace
- Saltambuca alla romana** – topped with prosciutto & mozzarella over spinach in a marsala demiglace
- Francese** – breast lightly battered sauté in a lemon butter sauce
- Marsala** – breast sautéed with exotic mushroom in a marsala wine demiglace
- Parmigiana** – Lightly breaded with mozzarella & meat sauce
- Ciao Bello** – lightly battered chicken breast layered with ricotta, eggplant, tomatoes, mozzarella in a marinara sauce
- Rollatine** – breast stuffed with prosciutto mozzarella & wrapped with bacon in a mushroom marsala demiglace
- Balsamico** – breast chopped tomatoes, white wine balsamic demiglace over spinach
- Milanese** – panko crusted chicken breast cutlet with arugula, chopped tomatoes, fresh mozzarella, in a light balsamic vinaigrette

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- Oreganatto** – topped with seasoned bread crumbs in a lemon white wine butter sauce
- Livornese** – sautéed with onions, capers, olive and garlic in a light marinara sauce
- Herb crusted** – seared spinach and sun dried tomatoes drizzled a balsamic reduction
- Francese** – lightly battered sautéed in a lemon white wine sauce
- Mare Chiaro** – white wine garlic clam sauce with touch of marinara chopped shrimp
- Cajun or Blackened** – served over sautéed broccoli rabe and cherry peppers

SLIDERS PLATTERS

Small-10 pieces (4-6 people)	Medium-18 pieces (8-10 people)	Large-24pieces (14-16 people)
\$25.00	\$45.00	\$65.00

- Angus Beef slider served on potato rolls
- Angus Beef slider with cheese served on potato rolls
- Meatball Parm slider served on potato rolls
- Chicken Parm slider served on potato rolls

PASTA

	Small (8-10 people)	Medium (12-15 people)	Large (18-20 people)
Baked Ziti	25.00	40.00	50.00
Ziti Sicilian Eggplant or Sausage	35.00	45.00	55.00
Cavatelli Broccoli	35.00	45.00	55.00
Baked Lasagna	30.00	50.00	N/A
Penne Marinara	20.00	30.00	45.00
Penne Meat Sauce	25.00	35.00	50.00
Homemade Fusilli	45.00	55.00	65.00
Penne Vodka (w prosciutto)	35.00	45.00	55.00
Penne Primavera	40.00	50.00	60.00
Shell & Shrimp Marinara	45.00	55.00	70.00
Penne Broccoli Rabe & Sausage	40.00	50.00	60.00
Penne Broccoli Rabe & Shrimp	45.00	55.00	70.00
Penne Whole Wheat Ciao Bello	35.00	45.00	55.00
Ravioli Marinara	2.00 ea.		
Manicotti	2.00 ea.		

FAVORITES

	Small (8-10 people)	Large Thin (12-15 people)	Large Deep (18-20 people)
Sausage Peppers	40.00	50.00	60.00
Eggplant Parm	30.00	50.00	N/A
Eggplant Sorentino	25.00	40.00	N/A
Eggplant Rollatine	3.00 ea.		
Jumbo Meatballs with Sauce	3.00 ea.		
Mini Meatball with Sauce	3.00 ea.		

VEAL

Marsala	6.00 piece	Sorrentino	7.00 piece
Saltimbocca Alla Romana	6.00 piece	Parmigiana	7.00 piece
Francese	6.00 piece	Milanese	7.00 piece

Descriptions

- Marsala** – with exotic mushrooms in a marsala demiglace
- Saltimbocca alla romano** – topped with prosciutto & mozzarella over spinach in a marsala wine demiglace
- Francese** – lightly battered sautéed in a lemon white butter sauce
- Sorrentino** – lightly battered with eggplant, sliced tomato, prosciutto, mozzarella cheese and olives in a light pink vodka sauce
- Parmigiana** – lightly breaded with mozzarella and meat sauce
- Milanese** – panko crusted with arugula chopped, chopped tomatoes, fresh mozzarella in a light balsamic vinaigrette

VEGETABLE & SIDE DISHES

(Sautéed or Steamed)	Small (8-10 people)	Large Thin (12-15 people)
Spinach	20.00	40.00
Broccoli	25.00	45.00
Broccoli Rabe	35.00	60.00
Fresh Vegetable	25.00	45.00
Asparagus	30.00	50.00
Roasted red potatoes	20.00	40.00

HOMEMADE SAUCES & SALAD DRESSING

	Pint	Quart
Meat sauce	5.00	9.00
Marinara sauce	4.00	7.00
Vodka sauce	5.00	9.00
Our Italian dressing	4.00	8.00
Caesar dressing	6.00	8.00

DESSERTS

*For desserts, pastries and cookies
or customize cakes
for your special occasion*

Call **Ciao Bello** 908-497-0705